BEST FOR SPORT, SKY & STREAMING

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18-24 APRIL 2026

TV & Satellite Week

NEW
ORANGUTAN
A jungle family's incredible journey

EXCLUSIVE!

HALF MAN

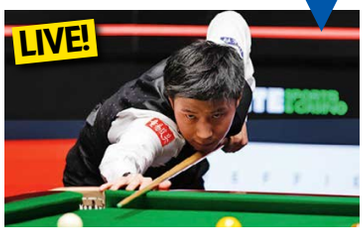
Twisted drama from *Baby Reindeer*'s **Richard Gadd**, co-starring **Jamie Bell**

NEW
APEX
Deliverance-style thriller with **Taron Egerton** and **Charlize Theron**

NEW
UNCHOSEN
Danger and desire in a religious cult

HotList This week's 28

Saturday 18



World Championship

***SNOOKER** BBC1, BBC2, BBC4 & TNT Sports, from 10am*

The opening day's play at the Crucible in Sheffield, featuring defending champion Zhao Xintong (above). The action continues all week. ***See Sport Week, p28***

Elizabeth II: The Unseen Photos

***DOCUMENTARY** 5, 7pm*

Shown to mark a century since the birth of Queen Elizabeth II (above), this collection of recently discovered photographs charts the reign of our longest-serving monarch.

Copa del Rey Final

***FOOTBALL** ITV4, kick-off 8pm*

Atlético Madrid face Real Sociedad in the finale of Spain's biggest domestic cup competition at Seville's La Cartuja – Atléti last lifted the cup back in 2013 whereas Real were the champions in 2020.

The Murder Line

***DRAMA** ITV1, 10pm & 11.10pm (box set, ITVX)*

This Canada-set six-parter stars Stephen Amell as a police officer who attempts to help out a childhood friend. Continues until Wednesday. ***See feature, page 12***

Full listings start on **p35**

Sunday 19

Premier League

***FOOTBALL** Sky Sports*

The Merseyside derby at Everton's new Hill Dickinson Stadium is one of today's 2pm kick-offs – before the table-topping clash between Manchester City and Arsenal (4.30pm). ***See Sport Week, p29***

Grace

***DRAMA** ITV1, 8pm (times vary)*

While still feeling the effects of recent distressing events, the team arrives at the scene of a car accident in which a local hotelier has been killed by a driver who fled the scene. ***See feature, page 12***

Queen Elizabeth II: Her Story, Our Century

***DOCUMENTARY** BBC1, 9pm*

In the run-up to what would have been Elizabeth II's 100th birthday, this one-off special examines the social and cultural shifts that occurred during her long reign.

Chernobyl: Inside the Meltdown

***DOCUMENTARY** National Geographic, 9pm & 10pm*

A four-part insight into the terrifying 1986 nuclear accident. Concludes tomorrow. ***See Documentaries, page 21***

Full listings start on **p45**

Monday 20

Balamory

***KIDS** CBeebies, 5pm (box set, iPlayer)*

The fictional town of Balamory returns. Miss Hoolie (Julie Wilson Nimmo, above) is back but Miles Jupp's Archie the Inventor is replaced by Ava Potts (Danielle Jam). Continues until Friday.

Mint

***DRAMA** BBC1, 9pm & 9.30pm (box set, BBC iPlayer)*

A tale of forbidden romance in Glasgow as the daughter of a crime family (Emma Laird, above) falls in love with a member of a rival gang. ***See feature, page 6***

Great British Menu

***COOKERY** BBC2, 9pm*

It's been a long slog, but today Phil Wang, Lorna McNee and Tom Kerridge (all above) decide which chefs will get to showcase their talents at the movie-related banquet. Continues all week.

Egypt with Dan Snow

***TRAVELOGUE** 5, 9pm*

The historian (above) sets off on a three-part trip through the country, beginning by sailing into Luxor on a traditional felucca before heading to the Valley of the Kings. Continues until Wednesday.

Full listings start on **p55**

Tuesday 21

Unchosen

***DRAMA** Netflix*

Fra Fee stars in this tense six-parter as a mysterious stranger who brings chaos to a strict religious order after he meets one of the community's subservient women (Molly Windsor, above). ***See feature, p8***

Springtime on the Farm

***FACTUAL** 5, 7pm*

Presenters Helen Skelton (above), Jules Hudson and JB Gill are once again invited to Cannon Hall Farm where farmers Rob and Dave Nicholson are getting set for the lambing season. Continues to Friday.

Interior Design Masters with Alan Carr

***ENTERTAINMENT** BBC1, 8pm*

The comedian offers encouragement as 10 eager designers transform beach huts on the Dorset coast, to be judged by Michelle Ogundehin (above, with Carr).

MasterChef

***COOKERY** BBC1, 9pm*

Restaurateur Anna Haugh and food critic Grace Dent (both above) are the new judges for the 22nd series, and there's now an outside area for contestants to use. Continues to Thursday.

Full listings start on **p65**

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Wednesday 22

Orangutan

***WILDLIFE** Disney+*

Josh Gad narrates this coming-of-age story of an adolescent orangutan as she prepares to leave behind her mother and baby brother and make her own way in the jungle. ***See Documentaries, page 20***

Criminal Record

***DRAMA** Apple TV*

Season 2 of this London-set thriller begins with DS Lenker (Cush Jumbo, above) trying to keep the peace at a rally in central London – but far-right activists have other ideas. ***See feature, page 17***

Making a Maestro

***MUSIC** Sky Arts, 8pm*

This three-part documentary follows the biennial Donatella Flick LSO Conducting Competition, in which young hopefuls compete for the chance to become an assistant conductor.

Saint-Pierre

***DRAMA** U&Alibi, 9pm (box set, Virgin TV Box Sets, Sky Box Sets & NOW)*

Newfoundland detective Donny 'Fitz' Fitzpatrick (Allan Hawco) is sent to a remote archipelago, and partnered with a headstrong local cop (Joséphine Jobert).

Full listings start on **p75**

Thursday 23

Stranger Things: Tales from '85

***ANIMATION** Netflix*

Following the pals from *Stranger Things* in the winter of 1985 (in between Seasons 2 and 3) after the gate to the Upside Down had closed. ***See Your Watchlist, page 16***

Taskmaster

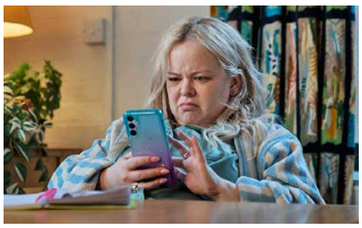
***COMEDY** C4, 9pm*

This week sees Alex Horne treating the contestants to a banger of a song, while Joanna Page reveals her favourite childhood tipple and Armando Iannucci (above, with Page) goes for an ice cream.

Bergerac

***DRAMA** U&Drama, 9pm*

The Jersey detective (Damien Molony) investigates a violent murder at a wedding reception, which leads him to suspect that one of the island's most senior police officers could be corrupt.



Big Mood

***COMEDY** C4, 10pm & 10.30pm*

It's not a great week for Maggie (above) – when Eddie offers her an olive branch, her excitement leads to an unfortunate incident. Meanwhile, a lunch with her estranged dad also proves awkward.

Full listings start on **p85**

Friday 24

Half Man

***DRAMA** BBC iPlayer*

A six-parter from Richard Gadd, the creator of *Baby Reindeer*, following the lives of two very different young men who become close friends after their mothers fall in love. ***See feature, page 4***

Apex

***DRAMA** Netflix*

Charlize Theron plays a grieving woman who embarks upon a solo rock-climbing expedition in the Australian wilderness – but finds herself the target of a serial killer (Taron Egerton). ***See Your Watchlist, p14***

Under Fire

***DRAMA** Channel 4 Streaming*

As the second season of the Belgian firefighting drama begins, we find medic Tom, whose apprenticeship is completed, being hazed by the other seniors. Plus there's a strict new lieutenant.

The Neighbourhood

***REALITY** ITV1, 9pm*

Graham Norton (above) invites families to move into a fictional Peak District village where they'll face challenges and must survive a number of votes for the chance to win a huge cash prize.

Full listings start on **p95**

Welcome to the first Editor's letter of your favourite TV guide, *TV&Satellite Week*.

Inside this issue, we have the scoop on *Baby Reindeer* creator Richard Gadd's new drama *Half Man*. Plus we're looking forward to Netflix drama *Unchosen* and Disney+'s documentary *Orangutan*.

And it wouldn't be spring without the World Snooker Championship at the Crucible Theatre in Sheffield. Don't miss our exclusive chat with Steve Davis.

As the sixth series of fan favourite *Grace* comes to an end, we are keeping our fingers crossed for a seventh series. Sunday nights won't be the same without this dark drama. Enjoy your TV week!

Claire Ruck, Editor-in-Chief

4 Cover story
Richard Gadd (*Baby Reindeer*) brings us hard-hitting psychological drama *Half Man*. Also stars Jamie Bell.

6 TV Week
Fra Fee stars in drama *Unchosen*, Emma Laird and Benjamin Coyle-Larner play forbidden lovers in *Mint*, and it's the final episode of John Simm's crime drama *Grace*

9 Soap diary
The week's top stories

14 Your Watchlist
Includes Charlize Theron in *Apex*, and the return of *Criminal Record*

20 Documentaries
Josh Gad narrates *Orangutan*, plus *Chernobyl: Inside the Meltdown*

22 Films
Includes Sam Rockwell in comedy *Good Luck, Have Fun, Don't Die*

28 Sport
World Snooker Championship

35 TV guide
Day-by-day TV listings

105 Kids' TV, Puzzle

106 Coming Soon

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NEW FROM BBC iPLAYER

Stars Jamie Bell and Richard Gadd

A hard-hitting psychological drama from *Baby Reindeer* creator **Richard Gadd**

WALKING

NEW DRAMA

Half Man

From Friday 24 April, BBC iPlayer (released weekly)

Netflix drama *Baby Reindeer* took the world by storm in 2024, becoming a huge word-of-mouth hit and winning six Emmys for its powerful portrayal of a wannabe comedian and his terrifyingly obsessive stalker.

Now Richard Gadd, the Scottish creator and star of the acclaimed series, is back on our screens with *Half Man*, another hard-hitting psychological drama exploring brotherhood, violence and the intense fragility of male relationships.

The six-parter – which drops on BBC iPlayer on Friday 24 April before coming to BBC1 next week – follows Ruben and Niall, two young men who become inseparable when their mothers fall in love. Ruben is fierce and loyal, with a history of brutal behaviour, while Niall is meek and scholarly.

But despite their differences, they become closer than brothers during their teenage years on the outskirts of Glasgow.

'I wrote the first episode before I did *Baby Reindeer* and I always hoped it would still be in my mind when I finished it,' reveals Gadd, who plays the older Ruben. 'There's been a big discussion around male behaviour, violence and repression for a while and something just sparked in my mind. Where does this come from? It was an idea that stayed with me.'

Baby Reindeer's Jessica Gunning and Gadd

FIT OF RAGE

This week's opening episode begins with Ruben turning up uninvited on the day Niall (*Billy Elliot* and *Rocketman* star Jamie Bell) is getting married, leading to an explosion of violence that has its roots in the 1980s.

Back then, we see a young Niall

WORDS: SEAN MARLAND. PHOTOS: BBC, GETTY

WOUNDED

GLASGOW BOYS

SAS Rogue Heroes' **Stuart Campbell and *Mayflies'* Mitchell Robertson (both left) play Ruben and Niall as teenagers in the opening episodes of *Half Man* – and the pair say that working so closely on the project has created a strong bond between them.**

'The other day we spoke on the phone three times!' laughs Robertson. 'We're best friends now and there are so many similarities between us – which people might not believe when they watch the show.'

When Campbell first read the script, he wanted to play the gentle Niall, but the show's producers had other ideas.

'They wanted me to tape for Ruben,' he says. 'I thought there was no way I'd be able to do it. I've never played a character like him before. The week prior to doing the first audition tape, I put on a bit of weight and got a haircut. I knew I'd have to try something different.'

'There are so many emotional journeys. It's so nuanced and the characters are so layered,' adds Robertson. 'It's a really unique Scottish story.'

(played as a teenager by Mitchell Robertson) grieving the death of his father, being bullied at school and struggling with being gay, when Ruben (Stuart Campbell) joins his class after spending two years at a young-offender institution.

Niall knows all about his new classmate because his mother Lori (Neve McIntosh) is in a relationship with Ruben's mum, Maura (Marianne McIvor), and a friendship is forged when Ruben dishes out some brutal retribution to Niall's school bullies.

'A lot of men's behaviour in later life can stem back to traumas and things they learnt in their formative years,' explains Gadd. 'When you experience those things while your brain is developing, they can become hard to uproot, which is where the whole idea for the show came from.'

'Brothers' Niall and Ruben

Gadd says he was also fascinated by the idea of two young men with completely different outlooks struggling to find acceptance.

'Both characters are full of repression,' he adds. 'Niall doesn't come from a heteronormative household so I wanted to show how the prison we sometimes build for ourselves is often far greater than any sort of external pressure. Niall is shown acceptance by his mum, and even Ruben, but he still can't accept himself.'

With Gadd, 36, becoming one of TV's hottest properties thanks to the success of *Baby Reindeer*, he says he isn't allowing all the attention to distract him from his writing.

'I've got used to people coming up to me when I'm in the supermarket,' he smiles. 'But if I sit and think about people's expectations, I'd probably drive myself a bit mad. I'll take what comes, but I'm in a place where I feel proud of things and that's all you really want at this stage.'

TV WEEK

Crimes of PASSION

A Scottish **gangster drama** with a magical romantic twist

Benjamin Coyle-Larner and Emma Laird as Arran and Shannon

NEW DRAMA

Mint

Monday, 9pm & 9.30pm, BBC1 (box set, BBC iPlayer)

Love is a dangerous game in BBC1's new drama *Mint* when the daughter of a Scottish crime family falls for a member of a rival clan.

When Shannon (*Mayor of Kingstown*'s Emma Laird) spots Arran (Benjamin Coyle-Larner) across the platform of a train station late at night, the two are instantly drawn together – not realising at first that there's bad blood between their respective families. Despite being warned to stay away when the truth becomes apparent, Shannon can't resist, and has to consider where her loyalties truly lie.

'Shannon has grown up in this world of gangsters and criminals, and she's very much the princess of the family,' explains Laird, 27. 'She's been wrapped in cotton wool all of her life, so it's actually such a beautiful thing when Arran comes along, because he gives her this whole new perspective, and allows her the space to question the environment that she's in.'

Although Arran is more worldly than sheltered Shannon, the two soon discover that their different experiences of life complement each other well.

'Arran is more emotionally mature, but Shannon seems to feel more secure within herself,' says Coyle-Larner, 31. 'At the beginning, you assume that he's the one who'll take the lead in their relationship because that's what would typically happen, but that's not the case – he needs someone to anchor him.'

The eight-part series is the brainchild of writer/director Charlotte Regan, whose vision was for a crime-family saga that centred on its female characters and their emotional conflicts, rather than the usual guns and violence.

EMOTIVE

'The crime is very secondary to our story, which is about Shannon's love story,' says Regan, 31, whose 2023 feature debut *Scrapper* received a BAFTA nomination for Outstanding British Film. 'The whole show has the backdrop and the tension of what is going on crime-wise in that world, but at the forefront is Shannon falling in love with Arran. I love romcoms, so I just wanted to make a gangster romance.'

Across the series, the whirlwind relationship between Shannon and Arran is juxtaposed with the gradual disintegration of the marriage of Shannon's parents, Dylan (*SS-GB*'s Sam Riley) and Cat (*Patience* star Laura Fraser), as Dylan attempts to step back from his role as the head of the family.

'Cat has based her entire existence on a man, and revolved her world around him,' says Regan. 'Then, he suddenly decides he doesn't want that life any more, and it's about her trying to find herself outside of that.'

Coyle-Larner, better known as musician Loyle Carner, makes his acting debut in the series, and was drawn to the role of Arran because of his admiration for Regan's previous work.

'He allows her to question the environment she's been in'

EMMA LAIRD

'I really liked that he wasn't a stereotype; I'm kind of allergic to that,' he says. 'It was important for me to play someone who was real, who had layers and was sensitive. I'm in a super-privileged position where I can do this for the love, not money, because I have a job already.'

FANTASY ELEMENT

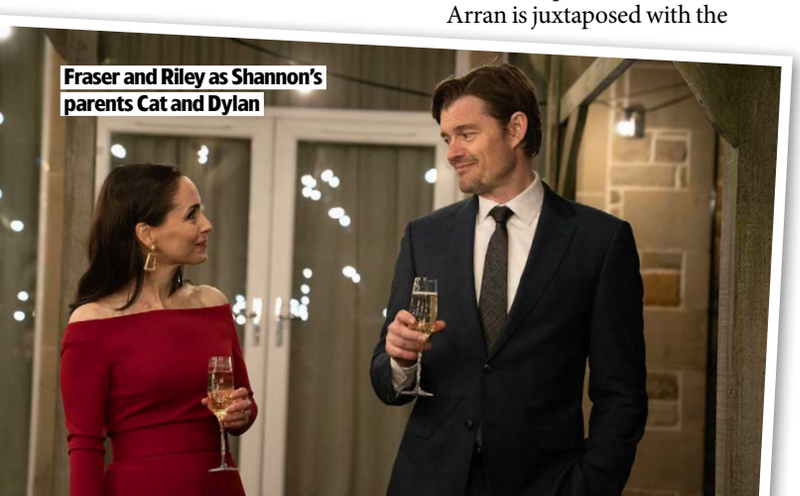
One of the stylistic trademarks is Regan's use of magical realism, deploying visual and practical effects to highlight the times when the characters experience particularly intense emotions.

'Charlotte created all these hyper-surreal moments,' says Laird. 'I'm really excited to see how it translates. I've seen snippets, but she didn't let me watch too much.'

For Coyle-Larner, moments of heightened fantasy and joy allow the viewer a welcome refuge from the gritty reality that is normally at the heart of crime dramas.

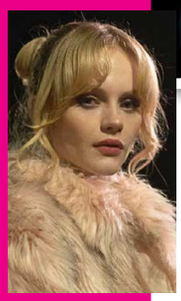
'It's much more exciting to see it be enchanting, magical and hopeful, than just bleak,' he says. 'Who doesn't need that?'

WORDS: STEVEN PERKINS. PHOTOS: BBC



Fraser and Riley as Shannon's parents Cat and Dylan

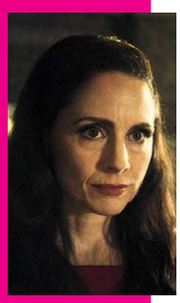
WHO'S WHO IN *MINT*



Shannon
Emma Laird
The 22-year-old pampered daughter of a crime family has a history of unsuitable boyfriends, but Arran offers her a glimpse into a new world.

Arran
Benjamin Coyle-Larner
Newly returned to the area, the sensitive young man has seen more of the world than Shannon has, but is attracted to her confidence.

Dylan
Sam Riley
Shannon's father is the head of their criminal family, but it's not a role that he feels comfortable in, and he's quietly making preparations to step down.



Cat
Laura Fraser
Dylan's wife enjoys the wealth and status that her position brings her, and chooses not to think too deeply about where all of their money comes from.

Ollie
Lindsay Duncan
With her husband in prison, Dylan's mother is embracing all life has to offer – singing karaoke, chasing men, and relishing her position of power.

NEW FROM NETFLIX

Forbidden FRUIT

Fra Fee is a scheming fugitive who infiltrates a God-fearing religious community

NEW DRAMA

Unchosen

From Tuesday 21 April, Netflix

An escaped prisoner's attempt to conceal himself within a closed Christian sect causes devastation in Netflix's thriller *Unchosen*.

The dark six-part drama follows the community of the (fictional) Fellowship of the Divine, where pensive Rosie (Molly Windsor) and her troubled husband Adam (Asa Butterfield) live by the group's strict rules that restrict technology and interaction with outsiders – seen as the 'unchosen' – while women are subservient.

Rosie becomes captivated by a mysterious stranger Sam (Fra Fee), after he rescues her daughter Grace (Olivia Pickering) from drowning. But as they grow closer and Rosie is drawn to the idea of the exciting external world that Sam represents, it emerges that he is a convict on the run, who was jailed in his teens after committing a shocking crime.

'Sam's brilliantly complex,' says Fee, 38, in an exclusive chat with *TV&Satellite Week*. 'He has saved Rosie's daughter, so he initially seems a Christ-like figure to her. With him, she also explores parts of her sexuality that she's never been able to before, as her role in the Fellowship has just been as a child-bearer. Sam needs Rosie to see the purity inside him, where others have viewed him as a monster.'

ESCAPE PLOT

As Sam inveigles his way further into the group, he becomes increasingly desperate to go to any lengths to avoid justice.

'Sam's a master manipulator with an ability to discover people's weaknesses, and he susses out things about Adam that become useful, because Adam's an obstacle he needs to overcome to remain there,' teases Fee, whose credits include *Rebel Moon* and *Lost Boys & Fairies*.

'This community is a perfect place for Sam to hide and find peace, but we see the sinister undercurrent beneath the surface. And things fall apart...'

The tormented lives of the Fellowship's leader, authoritarian but flawed Mr Phillips (Christopher Eccleston), and his stern wife Mrs Phillips (Siobhan Finneran) also come into the spotlight, as the couple try to deal with his alcohol issues and the impact of their gay son having been cast out years before.

'There are reasons for Mr Phillips' toxicity, his abuse of power and his alcoholism. He's trying to keep a community together, but he's a destroyed individual who's creating damage around him in the name of religion,' explains *The A Word*'s Eccleston, 62.

MISGUIDED VIEW

'He was brought up within this organisation so he's been indoctrinated and never known anything else,' the actor continues. 'It has corrupted him. He thinks he's doing the correct thing. But at the heart of this community is misogyny and bigotry. We examine the sacrifices made by individuals, particularly the women.'

Cult leader Mr Phillips

Mrs Phillips

Sam (left) gets in between Rosie and Adam

'We look at the sacrifices made by individuals, particularly the women'

CHRISTOPHER ECCLESTON

Fra Fee and Asa Butterfield

The cast were keen to learn more about life in real religious sects to prepare for their roles.

'I watched documentaries about groups similar to this,' reveals Fee. 'We're fascinated by ways of life that don't resemble our own, especially as the modern world is so internet-based and chaotic.'

'I read around the subject of religious organisations. I wouldn't choose to join somewhere like that, but I respect the rights of others to do so,' adds Eccleston, who relished the scenes where Mr Phillips preaches to his flock.

'It was like doing theatre and it was important that I developed a rapport with the supporting artists making up the congregation. I really felt like we were all members of the same fellowship.'

STORY OF THE WEEK

SOAP WEEK

This week's soaps at a glance

Charity is helped by Mack and Ross

EMMERDALE

Charity's life hangs in the balance as she gives birth in a lift!

» **Charity's pregnancy journey** hasn't been smooth sailing, with the surrogate gran hiding the fact that she's carrying Ross' baby and not her granddaughter Sarah's. Now, there's another shocker when Charity is forced to give birth in a lift.

Charity and Mack head off to collect the cake for Sarah's baby shower. However, their car breaks down, the pair don't have their phones and, to top it off, Charity's waters break. When they flag down an approaching car, it's none other than Ross, who takes them to the hospital.

Meanwhile, Sarah arrives at the baby shower and questions where her husband Jacob – who's in an HR meeting about Dr Todd – and Charity have gone to. When she sees a boatload of missed calls, Sarah rushes to the hospital.

Stuck after a breakdown

With Charity's contractions escalating, she ends up trapped in a broken lift with Ross and Mack. Ross delivers the baby girl with help from a midwife over the intercom, but there's panic when Charity starts bleeding. Can they save her in time?

» **PLUS** Moira's attempt to connect with Cain backfires, Jacob decides to raise a complaint about Dr Todd, and Bear's freedom is in jeopardy when Paddy discovers his dad has been moved to solitary confinement.

ALSO IN THE SOAPS THIS WEEK...

CORONATION STREET

» Lisa and Carla tie the knot (right), Debbie washes her hands of Carl, Eva, Leanne and Toyah get into a scuffle with Megan after a shock discovery, and Theo reveals his true colours when he menacingly confronts Summer.

EASTENDERS

» A car crash sends shock waves through the Square (above), Lauren explores a new business venture, the Mitchells support Lexi following her refusal to go to school, and Mark asks Grant to return to Walford as Nigel's health worsens.

WORDS: CAREN CLARK; GRACE MORRIS. PHOTOS: BBC, ITV, NETFLIX

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NEW FROM HBO max

Pitt work

Welsh actor **Gerran Howell** on life in the emergency room

Howell as doctor Dennis Whitaker

DRAMA

The Pitt

From Friday 24 April, HBO Max

Fans of *The Pitt* have watched Dr Dennis Whitaker as he's grown in confidence from a fresh-faced medical student into a vital member of the emergency-room team.

Along the way, the Nebraska 'farm boy' has been given the nickname Huckleberry by his cocky co-worker Santos, and has been splattered in pretty much every bodily fluid imaginable.

For Welsh actor Gerran Howell, the part has brought him global recognition after previous roles in *Ludwig*, *Catch-22* and *McDonald & Dodds*.

As the series continues we caught up with Barry-born Howell, 35, to hear about life in *The Pitt*…

Whitaker and colleagues attend to a patient

What makes *The Pitt* stand out from other series you've done? I've worked on a variety of shows with so many different budgets, genres and tones. But the coolest thing about *The Pitt* is that everyone really, really cares about the subject matter. People are coming together to make the most realistic procedural ever. And there are more bodily fluids!

Isa Briones plays Dr Trinity Santos

Your American accent is great. Did you work with a voice coach to perfect it? Thank you. That's very high praise and it's something I think about quite a lot. But if I do slip, I'm surrounded by Americans who can help me. To get the Nebraska one right, I did watch some random people talking on YouTube to get a good centre on it. But Whitaker has a more generalised American accent. I was grateful that he wasn't from the Bronx!

What challenges are involved in making the show? Really just making sure we're doing things accurately. We know there are a lot of professionals watching us. More than ever, there's pressure on us to give a realistic portrayal of not just the technical stuff but also the struggles of medical workers.

Why do you think people love medical dramas so much? It's something that people may have experience of, and *The Pitt* is an exaggeration of that. Everyone wants to live through characters from a distance. So, I think viewers get a lot of satisfaction out of being able to see that, but then maybe cover their eyes. It's escapist television.

The show has a very passionate fan base. Do you ever read any of their comments online? I try not to dabble in it too much, but some stuff has been shown to me against my will. There's a lot of it. It's been really surprising. We have a very varied fan base – including [amateur] artists with varying levels of detail!

WORDS: ELAINE PENN. PHOTOS: HBO MAX

LOOK WHO'S BACK...

A familiar face appearing in a new role this week

Robert Lindsay

Big Mood

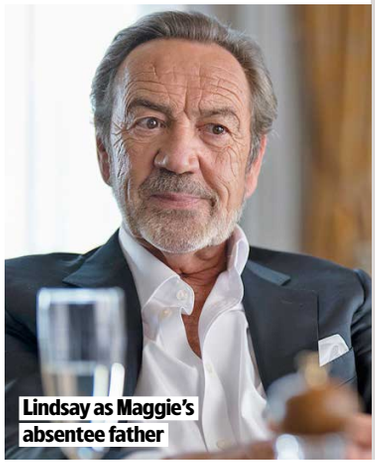
Thursday, 10pm & 10.30pm, C4

1977

Born in Derbyshire in 1949, Robert Lindsay will always be remembered as beret-wearing communist rebel 'Wolfie' Smith in much-loved BBC1 comedy *Citizen Smith* (1977-80). He also played dentist Ben Harper in BBC1 comedy *My Family* (2000-11), while other screen credits include *G.B.H.*, *The Trial of Tony Blair* and *Sherwood*. He was recently seen alongside Joanna Scanlan in 5 drama *Missed Call*.

HIS NEW ROLE

This week, Lindsay guest-stars in the second episode of this week's double bill of C4 comedy drama *Big Mood*, which follows the complicated friendship between bipolar Maggie (Nicola Coughlan) and her long-term bestie Eddie (Lydia West). Lindsay plays Maggie's estranged TV-personality father, who contacts her out of the blue. But as Maggie struggles with their relationship, Eddie pressures her to allow spiritual influencer Whitney (Hannah Onslow) to use her famous dad in a crystal-healing workshop designed to boost her Instagram following.


Lindsay as Maggie's absentee father

John Simm and Zoë Tapper as Roy and Cleo

Zoë Tapper on the crisis facing Roy and Cleo before they tie the knot

Bride & DOOM

Henry, May and Tommy

NEW DRAMA

The Murder Line

Saturday-Wednesday, times vary, ITV1 (box set, ITVX)

Shady *lady*

Minnie Driver is a powerful drug smuggler in a Canadian thriller

Best known for his role as Oliver Queen, the billionaire playboy and secret vigilante archer in superhero series such as *Arrow*, Stephen Amell is going after the bad guys once again in tense thriller *The Murder Line*, landing on ITV1 this week.

The six-parter sees Amell play Henry Roland, a small-town police officer in the Thousand Islands region of southern Ontario, on Canada's border with the USA. Called to an incident, Henry discovers that his childhood best friend Tommy (*Transplant*'s Hamza Haq) is connected to an international drug-smuggling

WORDS: EMMA BULLIMORE, REBECCA FLETCHER, NATASHA HOLT, SEAN MARLAND, VICTORIA WILSON. PHOTOS: 5, BBC, C4, ITV, BEN MARK HOLZBERG FOR SHAFTESBURY U&ALIBI

LAST ONE **DRAMA**

Grace

Sun, 8pm (Wales, 10.15pm), ITV1

Det Supt Roy Grace and his fiancée Cleo Morey have been through plenty of heartache, but the couple are looking forward to their wedding day in the final episode of *Grace*'s latest run.

However, while preparations are ramping up, Cleo (Zoë Tapper) has no idea her husband-to-be has been keeping a secret that could have dire consequences for their future together.

Roy (John Simm) hasn't told his intended about the chilling threat the Benchdale crime gang made against his son Bruno (Finn Guegan) over the unpaid debt of Roy's ex-wife Sandy, and Cleo is furious when she learns the truth this week.

Finn Guegan as Bruno

TRUST TESTED

'Cleo is a strong woman who doesn't want to be kept in the dark, and if she's in danger, she wants to know,' says Tapper. 'So it does feel like Roy hasn't learned from the past and it causes a rift between them.'

Cleo only realised what had been going on after the terrifying attack on the family of DI Glenn Branson (Richie Campbell) at the end of last week's episode and now she fears for the safety of Roy's teenage son.

'She knows there's a lifestyle that comes alongside Roy's work that's already destroyed one marriage,' explains Tapper. 'Cleo isn't naive about what she's letting herself in for, but she has deep concerns about how that side of him might eventually affect their relationship going forward.'

DARK TIMES

While Roy's trying to repair the damage, he and Glenn must also investigate a disturbing case after local hotelier Bryson Lambert is killed in a car crash.

It leads the pair to uncover a dark criminal underworld with a twisted perpetrator at its heart, before their investigation takes a shocking turn that makes the case one of the most complicated Roy's ever faced.

'The final episode certainly isn't plain sailing for Roy,' says Tapper. 'We'll have to wait and see if he and Cleo actually make it down the aisle…'

Stephen Amell as Henry Roland

operation – and a large shipment has gone missing.

'Henry and Tommy grew up together and, at a certain point, each went to one side of the law,' says Amell. 'Henry is a cop, a family man and well-intentioned, but he's got a soft spot for this knucklehead Tommy. The things they went through growing up makes their bond tough to break apart.'

DIVIDED LOYALTIES

As Henry tries to protect his oldest friend, Tommy is being pursued by British crime boss matriarch May Ferguson, played by *Good Will Hunting* star Minnie Driver.

'There are terrible things happening, but Tommy never feels he is in danger – he just ignores it,' says Haq. 'He has been in the foster system and has always been an outsider trying to find his own place. He is scrappy and not afraid to strike back.'

Amell was born in Toronto, and he welcomed the chance to film in his native Ontario.

'I specifically wanted to do a Canadian project and I'm very proud of this. Thousand Islands is a very unique place in the world and has its own little quirks,' he says. 'There's a little bit of *Fargo* to the show, and a bit of *Osark*. But it's also got a real Canadian vibe, which I enjoy.'

WHAT ELSE CAN I WATCH?

We search the TV schedules to uncover the shows you might have missed...

NEW

Saint-Pierre

Wednesday, 9pm, U&Alibi (box set, Virgin TV Box Sets, Sky Box Sets & NOW)

Allan Hawco stars as detective Donny 'Fitz' Fitzpatrick who is reassigned to the French islands of Saint-Pierre et Miquelon, off the coast of Newfoundland, following a political scandal in this Canadian crime drama. He quickly joins forces with his polar opposite, no-nonsense resident cop Genevieve 'Arch' Archambault (*Death in Paradise*'s Joséphine Jobert, left with Hawco) to investigate a murder.

MasterChef

NEW

Tuesday-Thursday, 9pm, BBC1

Chef and restaurateur Anna Haugh and food critic Grace Dent (both right) are the new judges when the revamped cooking competition returns for its 22nd series. More amateur cooks are put through their paces in various kitchen challenges, hoping to impress the duo with their culinary creations. This time, there's the addition of a new outside area where contestants can grill al fresco.

The Neighbourhood

NEW

Friday, 9pm, ITV1

Graham Norton (right) hosts this reality show set in a fictional Peak District village where six households move in to a street called KeepYourEnemies Close to compete for a prize of £250,000 by tackling a series of challenges and then voting each other out. To win, they not only need to defeat their neighbours, but remain popular, too.

Balamory

Mon-Fri, 5pm, CBeebies (box set, BBC iPlayer)

What's the story in Balamory, wouldn't you like to know? Yes, after more than 20 years off screen, the fictional Scottish town of Balamory is back for a colourful new children's series packed with stories, comedy, songs and adventures. Returning favourites include Miss Hoolie (Julie Wilson Nimmo, right), PC Plum (Andrew Agnew) and Edie McCredie (Juliet Cadzow), plus there are some new characters.

NEW

YOUR WATCHLIST

NETFLIX

prime

BBC iPLAYER

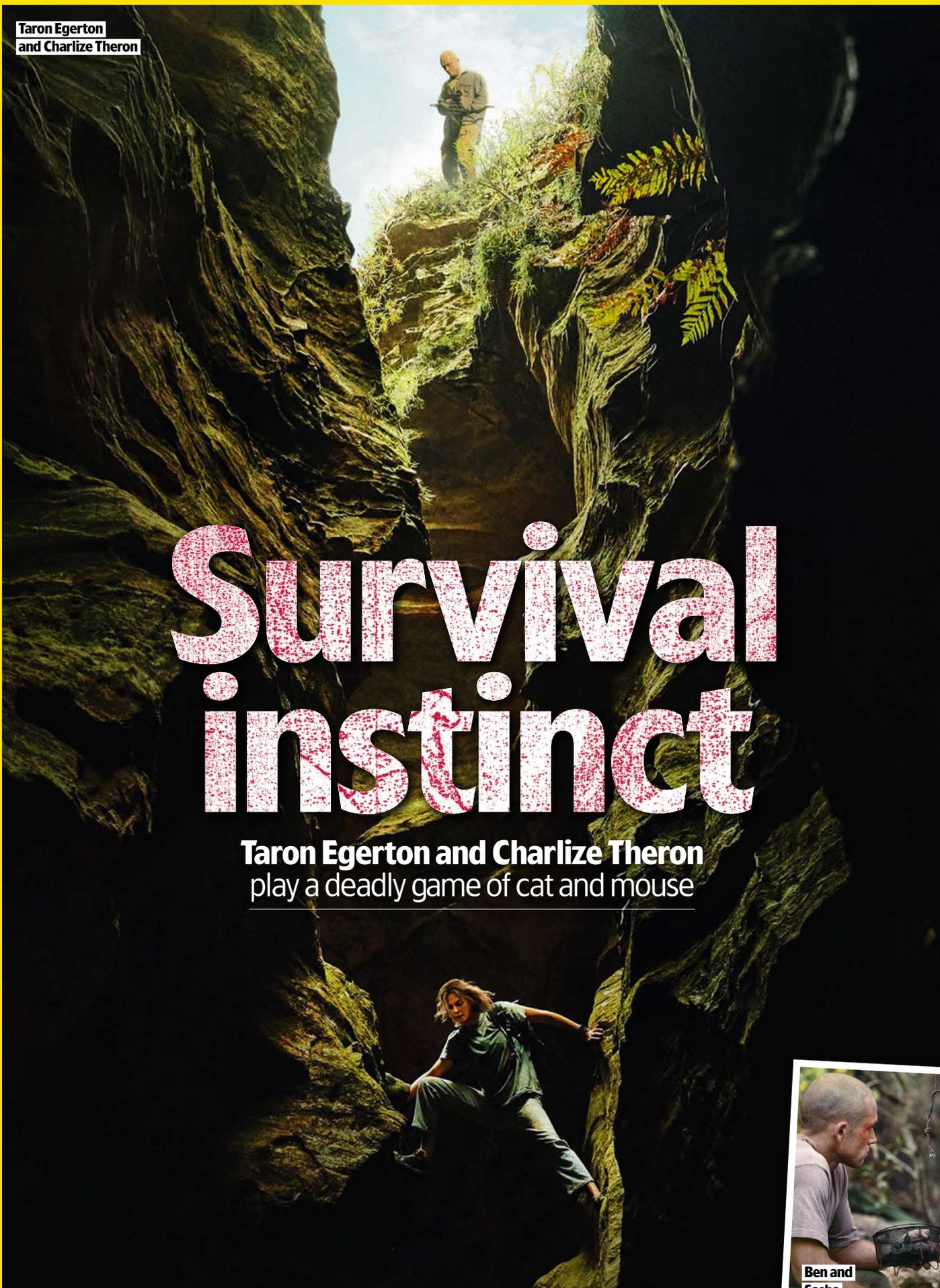
Disney+

4

Paramount+

HBO max

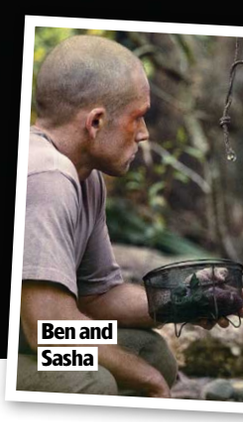
tv



Taron Egerton and Charlize Theron

Survival instinct

Taron Egerton and Charlize Theron play a deadly game of cat and mouse



Ben and Sasha

The best of **Netflix, Prime Video, Disney+** and more...

NETFLIX Apex

NEW *Available: Friday 24 April*
Genre: Action thriller

Oscar-winner Charlize Theron is hunted down by a terrifying serial killer in Netflix's *Deliverance*-style thriller *Apex*, set in the Australian Outback.

Directed by Baltasar Kormákur, the film blends physical action with psychological tension, as it follows grief-stricken Sasha (*Monster*'s Theron), who heads into the wilderness in a camper van to come to terms with the death of her husband (*Hulk*'s Eric Bana).

But her solitude is disturbed when she encounters mysterious gas-station worker Ben (*Rocketman*'s Taron Egerton), who is soon revealed to be a ruthless serial killer. As Sasha realises she is no longer safe, Ben offers her a chance to survive – giving Sasha a head start before he begins hunting her down with a crossbow.

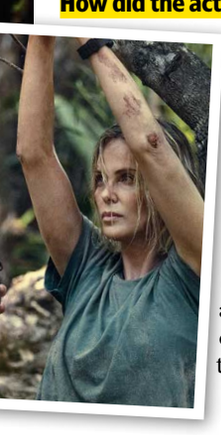
TV&Satellite Week spoke exclusively with Kormákur to hear more…

Taron Egerton's character, Ben, is incredibly scary. How would you describe him?
Taron's character is unhinged. It feels really unnerving, like when we first saw Anthony Hopkins as Hannibal Lecter. Taron is a brilliant actor, and I liked that he hadn't done a role like this before. We talked about showing the 'creep' inside him, and he really embraced that.

How did Charlize tackle such a challenging role as Sasha? Going into the wilderness is like a self-imposed purgatory for Sasha because she can't come to terms with her trauma. She feels like she has to punish herself that much to come out of the [emotional] hole she is in. Charlize is very tough in roles when she plays badass characters, but she was absolutely open to showing her vulnerability.

How difficult was it filming in such a wild location? I've shot in some difficult places before [including the Himalayas for 2015's *Everest*], but this was up there. On one occasion, we had to swim inside a cave to reach a location – it was the only way to get there. We even had helicopters dropping our equipment through a crack in the cave.

How did the actors handle the thrilling scenes? The physical demands were huge. Charlize had rock climbing scenes, and was thrown around in a kayak a lot. She did most of her own stunts – and even jumped into a river multiple times. We also improvised a lot. Taron's character constantly makes a bird sound, which we just came up with on set and thought it was great.



What we're watching...

The shows being enjoyed by the *TVSW* team

HBO max The Pitt

Genre: Medical drama Seasons: 1
Episodes: 15 (all available) Season: 2
Episodes: 15 (released weekly)

When *ER* started in 1994, Noah Wyle (left) was eager young medical student Dr John Carter. Thirty years later, the actor is back in the pressure-cooker world of an overwhelmed emergency room of a busy hospital, this time the Pittsburgh Trauma Medical Center. But his character, chief attending Dr Michael 'Robby' Robinavitch, is world-weary and traumatised, although just as dedicated and compassionate. Each episode spans one hour of a 15-hour shift with Dr Robby overseeing staff and patients in a riveting, rawly realistic series. See feature, page 11.

prime Bait

Genre: Comedy
Season: 1 Episodes: 6

Riz Ahmed (right with co-star Guz Khan) writes and stars in a funny, smart comedy as a struggling British Pakistani actor who auditions for the role of James Bond, leading to a public backlash.

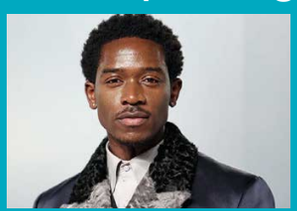
Disney+ Mike & Nick & Nick & Alice

Genre: One-off action comedy

Gangster Nick (Vince Vaughn, right) travels six months back in time to team up with his past self to save fellow gangster Mike (James Marsden) in this movie. Eiza González plays Alice.

Now in production...

Three upcoming shows to look out for soon



NETFLIX The Lords' Day

In Netflix's six-part thriller, based on Michael Dobbs' novel, Damson Idris (above) will play an ex-spy and convicted traitor who must save the day after the UK government is taken hostage during the State Opening of Parliament and the Palace of Westminster is locked down.

Paramount+ Dexter: Resurrection

Brian Cox (above) is joining the cast of Paramount+'s serial killer sequel to portray the New York Ripper, a retired murderer who continues to cause misery for those who survived his crimes. But will he cross paths with Dexter Morgan (Michael C Hall)?

tv Liminal

Apple TV's sci-fi drama, starring Vanessa Kirby (above) and Yahya Abdul-Mateen II, is inspired by the graphic novel *Telepaths*, which follows the fallout after a strange event causes part of the world's population to become telepathic. But they soon find themselves in danger...

WORDS: CAREN CLARK, JUDY EWENS, KIRA SUTTON. PHOTOS: ©2026 DISNEY AND ITS RELATED ENTITIES, GETTY, HBO MAX, NETFLIX, PRIME VIDEO

Russell Tovey as Charlie

Russell Tovey is trapped inside a dystopian nightmare

Isolation nation

viaplay The Fortress

NEW *Available: Saturday 18 April Genre: Sci-fi thriller Season: 1 Episodes: 7*

Fear, disease and lethal misinformation spread through a near-future Norway in this chillingly plausible, pandemic-set thriller starring Russell Tovey.

Set in 2037, seven-part series *The Fortress* follows life inside an isolated but thriving Norway, which has become a self-sufficient paradise after building colossal walls along its borders. But the dream quickly begins to crumble when scientist Esther Winter (Selome Emnetu) discovers a potentially disastrous issue with the country's precious salmon supply.

Meanwhile, Charlie Oldman (Russell Tovey), a refugee from England, is planning to migrate to Norway with his wife, Uma (Nina Yndis), and baby daughter, wanting a better life. But as a rapidly spreading virus takes hold inside the sealed-off nation, its defence walls quickly turn into the confines of a prison.

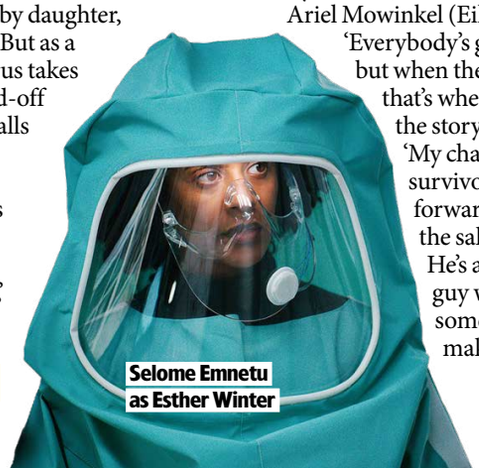
'*The Fortress* is this dystopian situation, but it's about these characters surviving,' says *Being Human* star Tovey, 44. 'It's about people trying to stay alive, connect, and remain open-hearted and have empathy. That's really compelling. At any moment, what we think is safe and secure can be taken away.

'We were shooting during Covid times, too, and we were shooting a show about a pandemic. It felt timely, and it still is,' says Tovey. 'But the world's now even more of a mess and these shows don't feel dystopian any more – they feel like real life. They feel like documentaries, and that's terrifying.'

POWER PLAY

Alternating between Norwegian and English, the drama also follows Norway's power players who scramble for control, including Prime Minister Grieg Amund Heyerdahl (Tobias Santelmann), his calculating chief adviser, Ingvild Kamfjord (Rebekka Nystabakk), and ambitious new speechwriter, Ariel Mowinkel (Eili Harboe).

'Everybody's got different storylines, but when they start to cross-pollinate, that's when it gets really juicy and the story ramps up,' says Tovey. 'My character, Charlie, is a survivor. He pushes himself forward through adversity for the sake of his wife and child. He's a regular, very emotional guy who gets caught up in something that ends up making him extraordinary.'



Selome Emnetu as Esther Winter

WORDS: CAREN CLARK, HANNAH DAVIES, NATASHA HOLT, REBECCA MAHONEY
PHOTOS: APPLE TV, BBC, ITV, NETFLIX, SKY, VIAPLAY

The Hawkins teenagers

HORROR in Hawkins

Step back in time for a new ***Stranger Things*** mystery

NETFLIX Stranger Things: Tales from '85

NEW *Available: Thursday 23 April Genre: Sci-fi animation Season: 1 Episodes: 10*

If you're missing *Stranger Things*, you can get your fix with this new animated series from the hit show's co-creators Matt and Ross Duffer, which is set in the *Stranger Things* universe between Seasons 2 and 3.

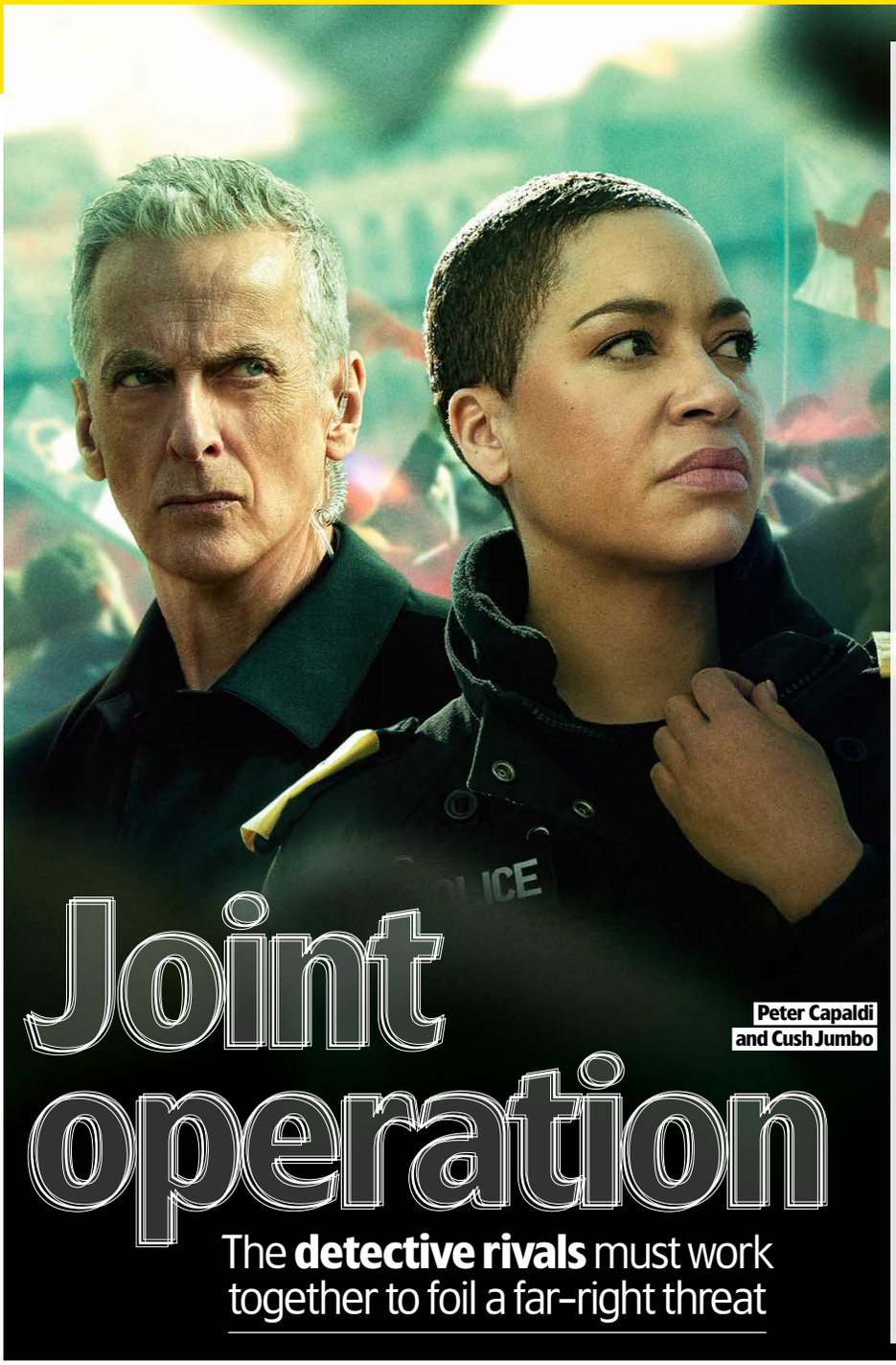
It follows the Hawkins gang, including Eleven (voiced by Brooklyn Davey Norstedt) plus chums Mike, Will, Dustin, Lucas and Max during the winter of 1985.

Dangers and monsters still lurk

With the gate to alternative world the Upside Down closed and the horrors finally fading, the kids have now returned to normal life, which includes snowball fights and games of *Dungeons & Dragons*. But beneath the ice, terrifying creatures have awoken and the friends will have to solve the mystery and save Hawkins once again.

But have the mysterious creatures come from the depths of Hawkins Lab or from somewhere else entirely?

'These kids aren't saving the world, they're saving the town. They're in Hawkins trying to figure out what's going on,' says showrunner Eric Robles. 'We want the audience to feel that these kids are in danger, the stakes are real, and that bad things can happen to anyone. We also explore some unique monsters – you never know when something is going to come out and grab you!'



Joint operation

Peter Capaldi and Cush Jumbo

The **detective rivals** must work together to foil a far-right threat

tv Criminal Record

NEW *Available: Wednesday 22 April Genre: Crime drama Season: 2 Episodes: 8 (released weekly)*

A new eight-part season of thriller *Criminal Record* comes to Apple TV this week, starring Peter Capaldi and Cush Jumbo as warring detectives who clashed over a decades-old murder case in Season 1.

Coolly calculating Daniel Hegarty (Capaldi), who's working in Intelligence, and the principled June Lenker (Jumbo), now in the CID, reluctantly join forces after a lethal stabbing at a political protest. But when their investigation spirals into an undercover mission, can they dismantle a far-right bomb attack in London?

TV&Satellite Week was invited to watch filming at London's historic Custom House, where we sat down with Capaldi, 68, and Jumbo, 40, to find out more…

What brings Hegarty and June back together?

Jumbo June has moved into CID, but a young boy's stabbing at a riot sets off a chain of events that means they have to work together. June was there and thinks the kid's death was her fault, and Hegarty offers her an opportunity to find the killer.

Capaldi Hegarty is now trying to help June. He no longer wants to destroy her: he now sees her as useful. However, he still has his own interests at heart.

What themes does Season 2 tackle?

Capaldi It deals with how, if there's an attack on truth and facts, the world is now a very difficult place. Before, a police officer would have to prove someone was lying or that an event occurred. Now, there's a whole sensibility about not believing in things.

Jumbo It also looks at young people and who they become enchanted by, and why. It's about getting to the core of what people are missing in themselves to feel like they need something to follow.

How does London play a part this time?

Jumbo We filmed a lot at Custom House, including our riot sequences outside, with Tower Bridge behind us and real police boats on the Thames, which has been amazing.

Capaldi London is a fabulously cinematic city. It feels alive and modern, but there are layers of the past everywhere, which feeds the show's noir-ish quality. Anything can happen in London, so it's the perfect setting.

EVERYONE'S TALKING ABOUT...

We point you towards the TV moments you won't want to miss on catch-up

sky box sets NOW The Miniature Wife

During a bitter argument in Sky Atlantic's comedy drama, novelist Lindy Littlejohn (Elizabeth Banks) is accidentally shrunk by the 'cellular reduction' invention of her scientist husband Les (Matthew Macfadyen).

BBC iPLAYER Secret Garden

In BBC1's natural history series, narrated by Sir David Attenborough and exploring the wildlife in Britain's gardens, cameras follow mallard 'Doris' (above) who nests near to a river in Oxfordshire but puts herself in danger to protect her offspring.

BBC iPLAYER Twenty Twenty Six

BBC2's comic sequel to *Twenty Twelve* and *W1A* finds Ian Fletcher (Hugh Bonneville, above) in Miami to oversee this summer's major football tournament, but awkwardness ensues at a local event...

itvX The Assembly

The return of ITV1's series, in which celebrities are grilled by autistic, neurodivergent and learning disabled interviewers, sees Sir Stephen Fry (above) asked about his sexual preferences, while he reflects on his mental health.

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Pick of the new releases

The best new shows to enjoy this week on streaming services...

The Fortress

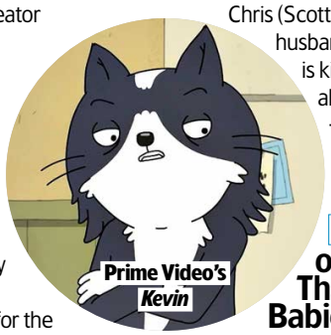
Saturday 18 April

Norwegian political thriller. In 2037, Norway has become a self-sufficient utopia – cut off from the rest of the world by a towering wall. But when a deadly virus begins to spread, the wall meant to protect its citizens becomes a way to keep them imprisoned. See feature, page 16.

Kevin

Monday 20 April

Adult animated comedy. After his owners break up, New York cat Kevin decides he doesn't want to live with people any more and moves into a local pet rescue where he meets a band of misfit animals. Voices include Jason Schwartzman, co-creator Aubrey Plaza and Whoopi Goldberg.



Tracker

Tuesday 21 April

Part two of the third season of the US action drama starring Justin Hartley as Colter Shaw who finds missing people for the reward money. Injured and framed for a string of murders, Colter must rely on an unexpected ally to stop a relentless assassin.

Unchosen

Tuesday 21 April

Psychological thriller. Rosie (Molly Windsor), a young wife and mother in a sheltered religious sect, encounters a mysterious stranger (Fra Fee) who awakens her secret desires. But does the greatest danger lie with him or with the cult? Co-starring *Sex Education*'s Asa Butterfield, Siobhan Finneran and Christopher Eccleston. See feature, page 8.

Untold: The Shooting at Hawthorne Hill

Tuesday 21 April

Documentary about retired Olympic equestrian Michael Barisone and the former student he shot at his dressage training centre in New Jersey in 2019. At Barisone's trial, his lawyers did not deny the shooting, but argued that Lauren Kanarek's alleged social-media attacks rendered him temporarily insane, driving him to pull the trigger.

Regretting You

Tuesday 21 April

Romantic drama. Morgan (Allison Williams) and her daughter Clara (McKenna Grace) are devastated when Chris (Scott Eastwood), Morgan's husband and Clara's father, is killed in a car accident alongside Morgan's sister – leading Morgan to suspect that the pair were having an affair.

Murdered or Missing: The Millionaire's Babies

Tuesday 21 April

True-crime docuseries. In 2003, millionaire businessman Amarjit Chohan, his wife, their two baby sons and his mother-in-law vanished from their London home. The missing persons' case turned into a murder investigation as a chilling plot was uncovered to steal Chohan's business and launder drug money.

Orangutan

Wednesday 22 April

Film on Indah, an inquisitive adolescent orangutan, as she prepares to venture out on her own in the rainforests of Southeast Asia. See page 20.

Lainey Wilson: Keepin' Country Cool

Wednesday 22 April

Documentary about country singer-songwriter Lainey Wilson, who played Abby in the fifth season of *Yellowstone*, giving a behind-the-scenes look at her journey from performing at a variety of small venues to becoming a Grammy-winning artist.

Criminal Record

Wednesday 22 April

Peter Capaldi and Cush Jumbo return as rival London detectives in the second season of the crime drama. When a young man is stabbed to death at a political rally, what starts as a hunt for a murderer escalates into an undercover operation to foil a far-right bomb plot. See feature, page 17.

This is a Gardening Show

Wednesday 22 April

Zach Galifianakis digs into the world of gardening, interviewing curious children and eccentric experts to provide viewers valuable educational tools to help them in their own gardens.

Stranger Things: Tales from '85

Thursday 23 April

An animated spin-off of the hit sci-fi horror series, set during the stark winter of 1985. The Hawkins gang confront new monsters and unravel a paranormal mystery. See feature, page 16.

My Brother the Minotaur

Friday 24 April

Animated children's series about a young minotaur – half-boy, half-bull – raised in the human world. With the help of his human brother, he recruits a group of friends to uncover the mystery of his minotaur past and fulfil his destiny, while battling dark forces determined to see him fail. Voices include Michael Sheen and Brian Cox.

Apex

Friday 24 April

Survival action thriller starring Charlize Theron. A grieving woman testing her limits on a solo adventure in the Australian wilderness becomes ensnared in a deadly game with a cunning serial killer. With Taron Egerton and Eric Bana. See feature, page 14.

Under Fire

Friday 24 April

In the second season of the Belgian firefighters drama from Walter Presents, the team must adapt to a new strict lieutenant following a fatal mistake, while seasoned firefighter Patrick investigates faulty hydrants.

If Wishes Could Kill

Friday 24 April

Korean teen horror drama revolving around a wish-granting app that demands a lethal price. As five high-school friends start using the app, they realise they must break the deadly chain if they are to survive.

Running Point

Thursday 23 April

The second season of the sports comedy co-created by Mindy Kaling. Isla Gordon (Kate Hudson) has stabilised her family's basketball team, the LA Waves. But what she doesn't know is that her brother Cam (Justin Theroux) is manoeuvring behind the scenes to reclaim his position.

WORDS: JUDY EWENS. PHOTOS: NETFLIX, PRIME VIDEO

NEW FROM Disney+

Cameras follow a **young orangutan** as she strikes out on her own

JUNGLE journey

An orangutan branches out

NEW WILDLIFE

Orangutan

From Wednesday 22 April, Disney+

Only found on the islands of Borneo and Sumatra, orangutans spend most of their lives high above the ground in the trees, making them particularly difficult to film – a problem the makers of the new Disney+ wildlife documentary film *Orangutan* had to overcome.

'They live high up in one of the world's tallest forests, which is why there are so few films about them, compared to chimpanzees or gorillas,' explains director and producer Mark Linfield. 'During filming, there were times when it was a challenge even to get a clear view of our subject.'

Despite being elusive, the orangutan – whose name means 'person of the forest' in Malay – has always held a particularly strong appeal. 'Orangutans are definitely my favourite ape,' says Linfield, who has also worked on wildlife shows about elephants, tigers and chimpanzees. 'They are deep thinkers, have magnetic personalities and are full of surprises.'

Diann and Bimo

REACHING INDEPENDENCE

These reddish-brown creatures with long arms and short legs also take longer than most other mammals to become independent, and the team were keen to tell the coming-of-age story of an adolescent orangutan.

'Orangutans spend 10 to 13 years with their mothers,' says co-director Vanessa Berlowitz. 'When they finally strike out on their own, suddenly they are meeting new orangutans, encountering fresh dangers and figuring out how to find food without their mother's help for the first time.'

When the camera crew came across Indah, a young female who was preparing to leave her mother Diann and baby brother Bimo, the team knew she was perfect for a starring role in the production.

'This is always an exciting time in a young orangutan's life,' says Linfield. 'We knew that Indah's coming of age, and the animals she met along the way, had the potential to provide the heart of our story.'

Those animals include tigers, bears and lots of other orangutans of all shapes, ages and sizes, who share Indah's forest habitat and feature in the film.

IMPRESSIVE

Helping to bring the story to life is narrator Josh Gad, who is best known for providing the voice of snowman Olaf in the Frozen film franchise.

'Josh's performance is stunning,' says producer Roy Conli. 'He's great at comedy, but he also has this incredible empathy and sense of drama. He inhabits the world of these animals and you can tell he cares about them.'

The Assembly

Tuesday & Wednesday, 10.05pm, ITV1

Unforgivable* and *Ludwig actor Anna Maxwell Martin takes the hot seat on Tuesday to be grilled by autistic, neurodivergent and learning-disabled interviewers, followed on Wednesday by rapper Aitch, who talks about being white in a typically Black music genre, and is even treated to a performance of one his best-known songs.

Making a Maestro

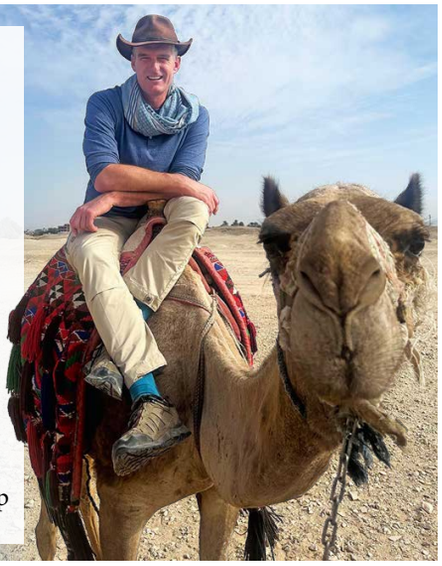
Wednesday, 8pm, Sky Arts

This three-parter follows the Donatella Flick LSO Conducting Competition. Over three rounds, 20 young conductors are whittled down to just three finalists, with a year as London Symphony Orchestra assistant conductor offered to the winner. In the first round they have 15 minutes to work with the orchestra in front of a panel of experts.

Egypt with Dan Snow

Monday-Wednesday, 9pm, 5

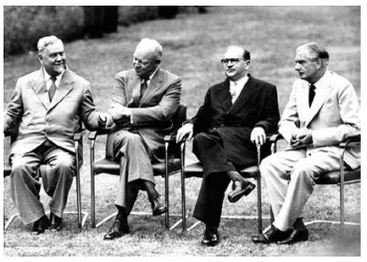
The historian (right) takes a three-part trip across Egypt, travelling along the Nile from Luxor to Aswan and on to Cairo. He begins at the Valley of the Kings, where the ancient pharaohs were buried, and visits the tomb of the boy king Tutankhamun. Along the way, he also explores centuries-old markets, sails on a steamship and takes a camel ride.



Queen Elizabeth II: Her Story, Our Century

Sunday, 9pm, BBC1

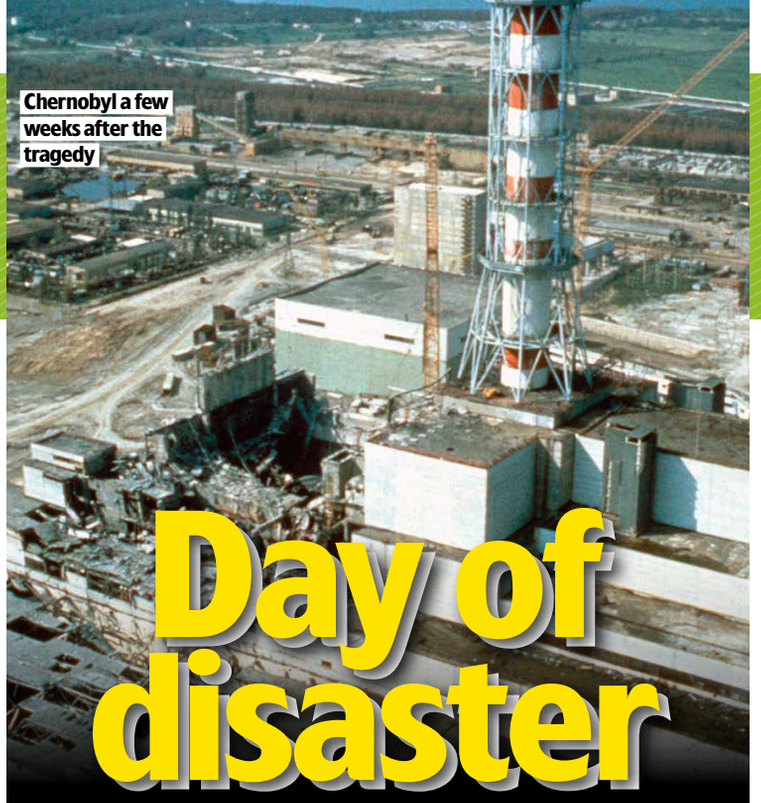
In the week that would have seen the 100th birthday of Queen Elizabeth II, this documentary explores the life and legacy of Britain's longest-reigning monarch and reflects on the cultural shifts that marked her reign. Dame Helen Mirren, Barack Obama and Sir David Attenborough contribute.



Suez: 24 Hours that Ended the British Empire

Monday & Tuesday, 9pm, C4
(box set, Channel 4 Streaming)

A dramatic story, in two parts, of the final day of the 1956 Suez Crisis when Anglo-French paratroopers landed in Egypt's Port Said in a bid to regain control of the Suez Canal. The mission ended in humiliation for UK PM Anthony Eden when troops had to withdraw.



Chernobyl a few weeks after the tragedy

Day of disaster

Forty years on, a four-part look at the **Chernobyl** nuclear catastrophe

NEW FACTUAL

Chernobyl: Inside the Meltdown

Sunday & Monday, 9pm & 10pm, National Geographic

On 26 April 1986, an explosion at the Chernobyl nuclear power plant in the former Soviet Union sent a cloud of deadly radioactive material across Europe, causing the worst nuclear catastrophe in history.

Forty years on, this four-part documentary series examines what really happened, both on that day and in the aftermath of the disaster, featuring interviews with those directly involved.

'No one knew what that level of radiation spewing in the air would do to the atmosphere, how far the contamination would spread, and how dangerous that might be,' recalls journalist Wyatt Andrews, who reported on the incident.

The series shows how the Soviet Union tried to hide the disaster, but the truth emerged when a Swedish nuclear-monitoring station detected high levels of radiation.

Eventually, the Soviets were forced to evacuate the area surrounding the power plant, but despite the obvious dangers, they still allowed nearby May Day parades to go ahead just a week after the explosion.

'The nature of the Soviet system was such that denial, secrecy and cover-up were endemic to their operation,' adds Wyatt.

DUPLICITOUS

The deception continued when the Soviets lied about the cause of the blast, blaming their operators and human error when in reality a design fault was responsible.

'Those responsible have never been punished in any way, while others who were innocent went to prison,' says Chernobyl plant operator Igor Kirshenbaum, who features in the programme.

In 2010, after the collapse of the Soviet Union, nations around the world joined forces to build a protective, sealed dome over the power plant, a project that took six years to complete. But after the shield was bombed by a Russian drone in 2025, during the invasion of Ukraine, renewed concerns were raised about its safety.

Meanwhile, the emotional and physical effects of the disaster linger.

'We were all psychologically affected by the accident,' says Kirshenbaum. 'Our lives were divided by the accident and after the accident.'

● For more on the disaster, watch *What Happened at Chernobyl* (Mon, 8.30pm (times vary), BBC1) and *Chernobyl: Days That Shocked the World* (Mon, 10pm & 11pm, C4).

A liquidator at the disaster site

WORDS: NATASHA HOLT, IAN MACEWAN. PHOTOS: 5, ALAMY, BBC, ©2026 DISNEY AND ITS RELATED ENTITIES, C4, GETTY, IHOR KOBRIN'S CHERNOBYL ARCHIVE, NATIONAL GEOGRAPHIC, ITV, SKY

Films Our pick of this

Good Luck, Have Fun, Don't Die

MOVIE OF THE WEEK

A fantastic **Sam Rockwell** is a cynical time traveller with one night to save the world

SCI-FI ACTION COMEDY

Available now, buy or rent from digital stores including Prime Video and Sky Store ★★★★

A crazy, freewheeling caper, the latest movie by Gore Verbinski (a fine director whose work includes the first three *Pirates of the Caribbean* films) has a manic, bedraggled Sam Rockwell – covered in tubes and electronic peripheral – bursting into an American diner at night, claiming he's from the future. According to him, he has only a few hours to save the Earth, and he's after recruits to assist him... Incredibly, a rag-tag bunch – including teacher couple Michael Peña and Zazie Beetz, loner Haley Ly Richardson, grieving mother Juno Temple and cab driver Asim Chaudhry – join Rockwell on this perilous adventure.

It's a film that shoots for the moon and has wit and imagination to burn, taking potshots at AI, teenage doomscrolling and, on a more general level, the dangers of unchecked tech. Even though some of the satirical targets don't quite hit, there's plenty to chew on here, with Rockwell the ideal guide through the chaos.

Recalling other time-travel and sci-fi movies (especially the likes of *12 Monkeys* and *Brazil*), this is a thoroughly entertaining, frequently funny, left-field black comedy. Momentum may be curtailed with the group's individual back stories and an overlong run-time, but for sheer audacity and bombast, this will leave you shaken and stirred. 2025, 15, 134MIN

STAR RATINGS ★★★★★ **Excellent** ★★★★ **Very good** ★★★ **Good** ★★ **Average** ★ **Poor**

WORDS: JASON BEST, LIZ MILROY, NIGEL PIZEY

More premieres and Day by Day planner ›››

week's Best Movies

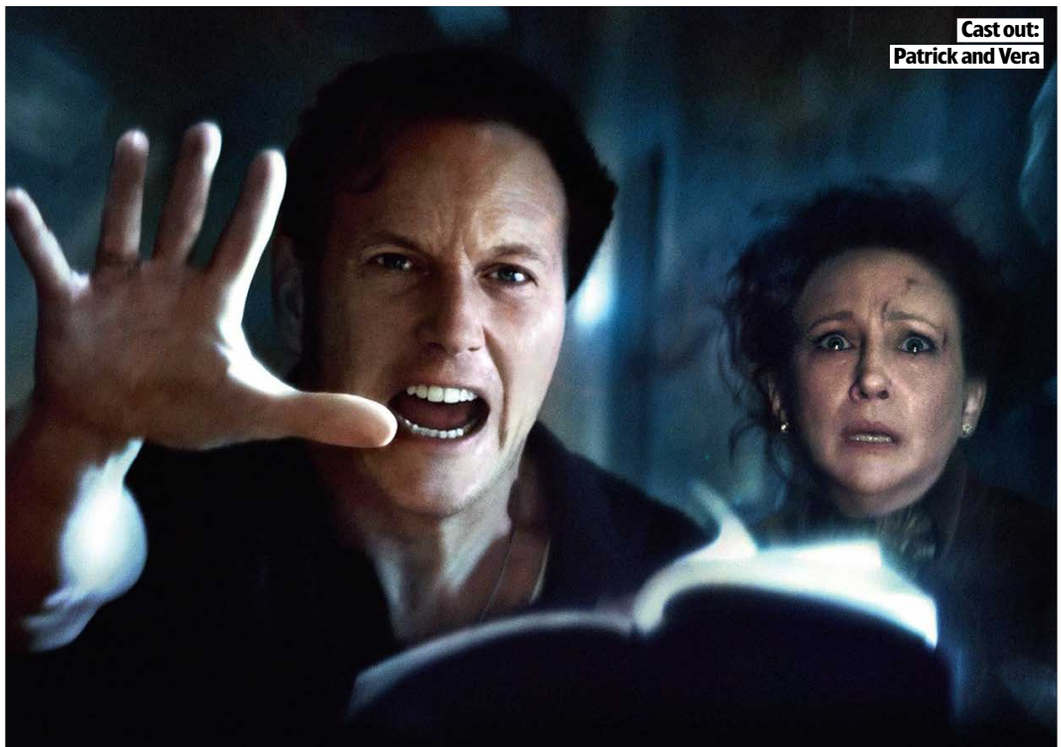
WORLD CINEMA

The Secret Agent

Available now, Mubi ★★★★★

Set in Brazil in 1977 when the country was in the midst of a decades-long military dictatorship, this superb political thriller reveals its secrets very slowly. Who exactly is the film's enigmatic protagonist, charismatically played by Oscar-nominated Wagner Moura? And why is he on the run from shadowy assassins? As he lies low during Carnival season in the northeastern city of Recife, we piece together that he is a widowed scientist who has fallen foul of a powerful figure in the regime but is hoping to reunite with his young son and go into exile. Will his pursuers get to him first? Despite his film's complex, layered plot and long running time, writer-director Kleber Mendonça Filho keeps us totally enthralled. It's a masterpiece. Subtitled. From 17 April. 2025, 15, 161MIN

Multiple looks: Wagner



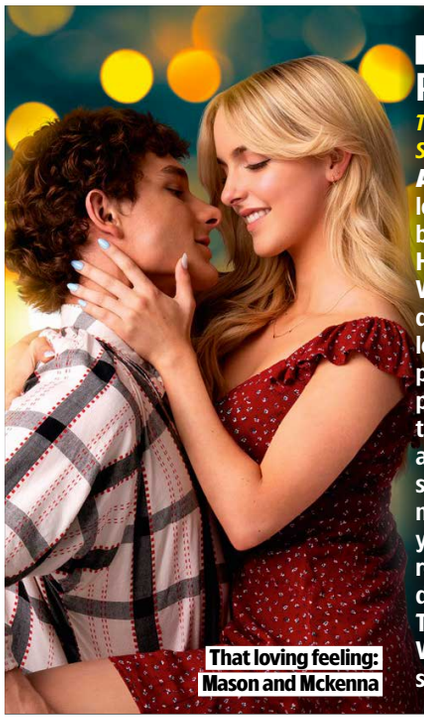
Cast out: Patrick and Vera

HORROR

The Conjuring: Last Rites

Friday, 9.35am & 8pm, Sky Premiere ★★★

The final part of the horror thriller series inspired by the supposed real-life cases of husband-and-wife ghost hunters Ed and Lorraine Warren (played over four films by Patrick Wilson and Vera Farmiga). This time, it's off to mid-1980s Pennsylvania, where the devoutly Catholic Smurl family are haunted by an evil antique mirror that has a connection with the Warrens – and their newly engaged daughter, Judy (Mia Tomlinson), who happens to be psychic like her mum. For much of its running time, *Last Rites* plays like a soapy family drama, and does this surprisingly well, but when director Michael Chaves turns the screw of tension and dread, the series' tricks and techniques are too familiar to make the same impact as previous instalments. 2025, 15, 135MIN



That loving feeling: Mason and Mckenna

MELODRAMA

Regretting You

Tuesday, 7.40am & 8pm, Sky Premiere ★★★

An overwrought tale about love and loss, this is based on the book by Colleen (*It Ends with Us*) Hoover. Tragedy hits Allison Williams and her 17-year-old daughter Mckenna Grace, leading each down different paths – with Dave Franco helping pick up the pieces. But beneath the terrible event lies betrayal, and it will eventually rise to the surface. It's a fairly routine melodrama with some surprises you will see long before they are revealed, but it's the more-than-decent cast (including Mason Thames, Scott Eastwood and Willa Fitzgerald) that adds a fine sheen. 2025, 12, 116MIN

Road trip: Ryan and Margot

COMEDY

Barbie

Available now, Netflix ★★★★

Living a perfect life, Barbie (Margot Robbie) suddenly has thoughts of death and must go into the real world to put things right, with lovesick Ken (Ryan Gosling) tagging along. She finds a realm where men rule, an idea Ken takes back home... Can Barbie (with America Ferrara and daughter Ariana Greenblatt) save her world? Director and co-writer Greta Gerwig's sophisticated satire is hilarious, cutting and emotional. Robbie is sensational and so is Gosling, getting most of the best gags, certainly the best song and an emotional arc as acute as Barbie's. 2023, 12, 114MIN

Films

Below: Chris, Mark, Barry and Halle

THRILLER

Crime 101

Available now, Prime Video ★★★★

Meticulous, organised and careful, Chris Hemsworth's thief carries out robberies leaving no trace behind him. So far so good – but things are about to get a lot more complicated. First, there's Mark Ruffalo's dogged detective who thinks he's spotted a pattern in the robberies, which all take place around highway 101, but with the police department only interested in quick results and zero evidence to show for his hunch, he's fighting a losing battle.

Then there's insurance broker Halle Berry, who deals in multi-million dollar policies but is struggling to nail her latest deal and keeps being passed over for promotion, while a keen young broker is muscling in. Hemsworth spots a chance to use Berry's skills for a risky big heist – but will she opt in..?

Add to the mix Nick Nolte's handler and a volatile, trigger-happy Barry Keoghan who wants to take over Hemsworth's patch and doesn't care who he hurts to get there and this clever, absorbing thriller has set out all its pieces.

Director and co-writer Bart Lydon's absorbing old-fashioned thriller juggles its elements with real skill, refreshingly allowing the characters to shine (Ruffalo is particularly good) while also handling the action set pieces with aplomb. 2025, 15, 140MIN

Hidden gems Great movies you might have missed...

ACTION THRILLER

Run Lola Run

BFI Player ★★★★

A triumph of energy over budget, this quirky German indie is terrific. There's virtually no dialogue in this tale of a young orange-haired punk (Franka Potente) trying to save her petty crook boyfriend (Moritz Bleibtrau). She has to race against the clock to reach her appointed destination, with something always getting in the way, at which point the clock turns back and she sets off again and again and again. It's hugely enjoyable. Subtitled. 1998, 15, 80MIN

CRIME MYSTERY

Searching

Netflix ★★★★

John Cho's distraught father frantically searches for his missing 16-year-old daughter (Michelle La) in a smart and suspenseful mystery. It takes place entirely through computer and mobile screens as Cho follows the only clues, what his daughter has left behind on various social media platforms. As he uncovers a life he knows little about, tension mounts and twists and turns come thick and fast, but it is the story's emotional truths that make it so compelling. 2018, 12, 102MIN

SUPERHERO

Black Panther: Wakanda Forever

Disney+ ★★★★

Director and co-writer Ryan Coogler honours the legacy of the late Chadwick Boseman in this ambitious and heartfelt sequel. There's plenty to grip and thrill, as well as time for reflection, and winning turns from the likes of Letitia Wright, Angela Bassett and Lupita Nyong'o. T'Challa's loss happens upfront, but a year later, another leader surfaces: Tenoch Huerta's Namor, ruler of fabulous underwater city Talokan. But is he friend of foe? 2022, 12, 161MIN

Saturday 18 April

DRAMA

The Brutalist

12.30am, Sky Drama ★★★★★

Sex ●●● Violence ●●● Language ●●●

A Jewish-Hungarian Holocaust survivor and architect (played by Adrien Brody) starts to remake his life in the postwar US, while his wife (Felicity Jones) is still stranded in Europe. He finds a patron in Guy Pearce's wealthy industrialist, who could help him achieve his architectural dreams. As director Brady Corbet carefully builds up his depiction of this uncompromising modernist, he also carries out a powerful demolition job on the myth of the American Dream. Anchored by Brody's anguished intensity, but with towering acting all round, this impressive drama is a distinctive and monumental achievement. 2024, 18, 215MIN

Big plans: Adrien

COMEDY DRAMA

Magic Mike's Last Dance

On now, Netflix ★★★★

Sex ●●● Violence ●●● Language ●●●

Channing Tatum is back as Mike in this third film. He's reluctantly persuaded to give a scorching, room-roaming lap dance to Salma Hayek Pinault's wealthy socialite, who then whisks him off to London to revitalise her dull theatre with a red-hot male-stripper show. The love story element fails to ignite, but director Steven Soderbergh constructs a good-looking, fun romp that swaggers through its cute show-staging plot, while Tatum's steamy erotic duet in an on-stage splash zone delivers the raunchy delight we've been waiting for. Starts 16 April. 2023, 15, 112MIN

DRAMA

Joker: Folie à Deux

8pm, Sky Drama ★★★★

Sex ●●● Violence ●●● Language ●●●

Following his fearless, Oscar-winning turn in Todd Phillips' controversial 2019 film, Joaquin Phoenix goes for broke again in this provocative sequel. Phoenix's Arthur Fleck is in Arkham asylum awaiting trial for murder. His notoriety as the Joker has won him legions of fans, including fellow patient and pyromaniac Harleen 'Lee' Quinzel (Lady Gaga). Their unlikely romance plays out as a series of colourful, bizarre musical fantasy sequences dripping with irony. Otherwise, it's a deliberately dour film, held together by the hypnotic stars. 2024, 15, 138MIN

ACTION

Plane

9pm, C4 ★★★

Sex ●●● Violence ●●● Language ●●●

Landing a plane full of passengers during a terrifying electrical storm is peanuts for action star Gerard Butler. But that's merely the warm-up act for this wham-bang slice of B-movie silliness, glitzed-up with a blockbuster sheen, because the plane's downed on a remote island overrun with hostile militia. Can Butler and co-star Mike Colter (as a good-guy convict) get everyone to safety and, more importantly, ensure Butler gets home to his daughter? A bone-crunching, raucous and reckless slice of pure dumb fun. 2022, 15, 107MIN

THRILLER

The Dry

4.35am, Sky Five Star Movies ★★★★

Sex ●●● Violence ●●● Language ●●●

The parched, drought-hit land around an Outback town is fertile territory for secrets and lies in this thriller based on Jane Harper's novel. Eric Bana's superb as a haunted cop forced to go back to his hometown after a childhood pal has, apparently, shot his wife, kid and then himself. But Bana's presence opens up bitter wounds of a murder 20 years before, which he may know more about than he's letting on... Wonderfully acted, well paced and shot with a masterful eye, this is gripping. 2020, 15, 117MIN

■ Full listings start on **p35**

Sunday 19 April

ANIMATION

Pets on a Train

12.35pm, Sky Animation ★★★

Sex ●●● Violence ●●● Language ●●●

This family friendly take on the action-film likes of *Die Hard*, *Speed* and *Snakes on a Plane* does exactly what it says on the tin. Daredevil raccoon Falcon (voiced by Wyatt Bowen) is fooled by bad-guy badger Hans (Chimwemwe Miller) into carrying out a heist on a locomotive, which is emptied of human passengers and left with only a collection of oddball animals – including a police dog, a snake, a couple of cats and birds and even a fish – to stop the runaway train. Although the voice work and animation is sub par, this is a decidedly fun and exciting romp with random Easter eggs for adult *Die Hard* fans. 2025, PG, 87MIN

Off the rails: Falcon and co

SUPERHERO

Wonder Woman 1984

4.55pm, ITV2 ★★★★

Sex ●●● Violence ●●● Language ●●●

Making a welcome return in her second solo adventure, Gal Gadot's whip-cracking Amazonian princess Diana is working at the Smithsonian Museum in 1984 Washington DC, while performing heroic acts as Wonder Woman on the side. In the age of rampant materialism, it is Pedro Pascal's megalomaniac huckster Max Lord who drives the plot that also pulls in Kristen Wiig's Barbara Minerva, but it's the return of Steve (Chris Pine) under mysterious circumstances that delights. Affecting, cheesy and with spectacular action, this is a rousing fantasy. 2020, 12, 151MIN

THRILLER

Trap

6.10pm, Sky Thriller ★★★★

Sex ●●● Violence ●●● Language ●●●

Long-suffering dad Cooper (Josh Hartnett) takes his teen daughter, Riley (Ariel Donoghue), to an arena concert to see her pop star idol Lady Raven (Saleka Shyamalan). But, gradually, it dawns on him that the concert is a ruse by the FBI to nab him – because he is in fact a serial killer. So, while suppressing his sociopathic rage, he has to find a way out and ensure that his daughter still has the best night ever. Writer-director M Night Shyalaman's taught thriller is wildly entertaining with ace turns from the stars. 2024, 15, 105MIN

DRAMA

Nuremberg

8pm, Sky Drama ★★★★★

Sex ●●● Violence ●●● Language ●●●

Russell Crowe delivers a mesmerising and commanding performance as Hermann Göring, the fanatical Nazi leader who became Hitler's second-in-command during World War Two, as he faces justice at the Nuremberg trial of war criminals in 1946. Göring taunts and manipulates those around him, his legal cat-and-mouse with the Allied lawyers proving intense, fascinating and chilling. It's a powerful and unsettling movie with a stellar cast including Rami Malek, Leo Woodall and Michael Shannon, anchored by the extraordinary Crowe. 2025, 15, 148MIN

PERIOD DRAMA

The King's Speech

10pm, BBC2 (not NI) ★★★★★

Sex ●●● Violence ●●● Language ●●●

It's the 1930s, the era of the wireless, but future King George VI (Colin Firth) suffers from a debilitating stutter and stammer. Then his wife (Helena Bonham Carter) takes him to eccentric Australian speech therapist Lionel Logue (Geoffrey Rush) who persuades the royal to try his unconventional methods. All three stars are word perfect in this sensational drama that's witty, clever and touching. The film won Oscars, for Firth, director Tom Hooper, David Seidler's screenplay and Best Film. 2010, 12, 118MIN

■ Full listings start on **p45**

Weekday movies over page

Films Weekday movies

Monday 20 April

DRAMA

Thirteen Lives

11.10pm, BBC1 (11.40pm Wales, 11.45pm NI, not Scot) ★★★★

Sex ●●● Violence ●●● Language ●●●

This nerve-shredding drama re-creates the extraordinary 2018 true story of 12 boys and their coach who were trapped in a flooded Thai cave for almost three weeks. Director Ron Howard skilfully wrings every ounce of tension from the drama, while Viggo Mortensen and Colin Farrell star as British cave divers Rick Stanton and John Volanthen. Along with Harry Harris (Joel Edgerton), Chris Jewell (Tom Bateman) and Jason Mallinson (Paul Gleeson), they hatch a daring, nigh-impossible rescue plan. 2022, 15, 132MIN

Get out plan: Viggo and Colin

SUPERHERO

Blue Beetle

On now, Netflix ★★★★

Sex ●●● Violence ●●● Language ●●●

One of DC's lesser-known heroes is given a spirited Latin American makeover. Xolo Maridueña's Gotham graduate Jaime Reyes is given an ancient relic that transforms him into a flying bug symbiote, which Susan Sarandon's villainous Victoria Kord is also after. As Jaime gets to grips with his new powers, his family (including his nan Adriana Barraza) get in on the action, providing a great line in humour. Starts 16 April. 2023, 12, 127MIN

BIOPIC

The Look of Love

11.05pm, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Steve Coogan is brilliant as porn and property tycoon Paul Raymond, once the richest man in Britain, in this flashy biopic that turns from fun romp to cautionary tale. Raymond is part permissive pioneer, part sleaze merchant. He makes millions from his empire, which pays for a decadent playboy lifestyle but takes its toll on his relationships with his wife (Anna Friel), mistress (Tamsin Egerton) and daughter (Imogen Poots). 2013, 18, 101MIN

ACTION

Fight or Flight

8.55am, Sky Action ★★★

Sex ●●● Violence ●●● Language ●●●

A knockabout, blood-spewing action comedy, what this really has going for it is a terrific Josh Hartnett. He's an ex-Special Service agent on a plane from Bangkok to San Francisco who must identify an elusive hacker and keep them safe from half the passengers who are actually assassins. It's beyond daft, but fun thanks to charming Hartnett and Charithra Chandran as a sassy flight attendant. 2025, 15, 101MIN

THRILLER

Nightcrawler

12.30am, Sky
Five Star Movies ★★★★

Sex ●●● Violence ●●● Language ●●●

Part scathing media satire, part scorching crime thriller, this film stars Jake Gyllenhaal as a misfit who prowls LA, shooting grisly scoops for sensation-hungry TV stations. Gyllenhaal is sensational and gets super support from Rene Russo, as a cynical TV news editor who buys his stories, and Riz Ahmed, as a homeless man he hires as his assistant. 2014, 15, 117MIN

■ Full listings start on p55

Tuesday 21 April

COMEDY DRAMA

Saturday Night

8pm, Sky Biopics ★★★★

Sex ●●● Violence ●●● Language ●●●

In almost real time, this comedy is about the 90 minutes before the first *Saturday Night* (later *Saturday Night Live*) was aired on US TV in 1975, with producer Lorne Michaels (Gabriel LaBelle) preparing his first-of-its-kind live sketch show starring a bunch of rambunctious, then-unknowns, including Chevy Chase (Cory Michael Smith), Dan Aykroyd (Dylan O'Brien) and an especially difficult John Belushi (Matt Wood). It's a smart, highly entertaining, incredibly funny carnage-filled blast. 2024, 15, 109MIN

Laugh riot: Gabriel and comics

ACTION

Furiosa: A Mad Max Saga

8pm, Sky
Five Star Movies ★★★★

Sex ●●● Violence ●●● Language ●●●

Anya Taylor-Joy is ideal as Furiosa in George Miller's tale of the character played by Charlize Theron in his previous *Mad Max* outing, *Fury Road*. It's a spectacular epic of her origins and quest to find her mum's killer. That would be Chris Hemsworth (deliciously ripe), but the excellent Taylor-Joy's tough, cunning hero proves more than a match for him. 2023, 15, 148MIN

ROMCOM

Four Weddings and a Funeral

10.40pm, BBC1 ★★★★★

Sex ●●● Violence ●●● Language ●●●

A really funny romcom with a sparkling script by Richard Curtis and a perfect performance from Hugh Grant as a bumbling toff with a habit of putting his foot in it. Andie MacDowell is the guest he gets to know over the five big events, Kristin Scott Thomas is his friend, Simon Callow, John Hannah, James Fleet and Charlotte Coleman lend cheery support, while Rowan Atkinson plays a vicar. 1994, 15, 117MIN

DRAMA

The Bikeriders

9.45pm, Sky Thriller ★★★★

Sex ●●● Violence ●●● Language ●●●

A Chicago motorcycle crew live their lives on two wheels at the tailpipe of the 1960s. A brooding Tom Hardy is the leader, Austin Butler's loner is earmarked as his successor and Jodie Comer provides most of the narration as Butler's pillion plus-one. Director Jeff Nichols' elegiac drama about the Vandal club moulds a fictional story from the photos in Danny Lyon's 1968 book, *The Bikeriders*, in a lovingly crafted tale that exudes authenticity. 2023, 15, 116MIN

COMEDY THRILLER

Lake George

12.05am, Sky
Five Star Movies ★★★★

Sex ●●● Violence ●●● Language ●●●

Just out of prison, down-on-his-luck Shea Whigham is forced into 'taking care' of a mobster's ex-girlfriend, Carrie Coon. Trouble is, Whigham isn't that kind of criminal – and Coon has a few tricks up her sleeve. With its twisty plot and eccentric characters, this Coen Brothers-esque dark comedy is tight, well paced and unexpected. 2024, 15, 108MIN

■ Full listings start on p65

Wednesday

PERIOD THRILLER

Road to Perdition

9pm, GREAT! action ★★★★

Sex ●●● Violence ●●● Language ●●●

Tom Hanks gives it his all in a brilliant performance as a trusted henchman of mobster Paul Newman in 1931 Chicago. But after Newman's trigger-happy son Daniel Craig goes off

SUPERHERO

The Flash

On now, Netflix ★★★

Sex ●●● Violence ●●● Language ●●●

An ambitious, confident outing that offers plenty of fun in a time-hopping plot that sees Barry Allen, aka The Flash, teaming up with their teen self to stop their mum's murder. Ensuring both the emotional moments and gags hit the mark, Ezra Miller does well in the lead, Michael Keaton's Batman is a real treat and, as (underused) Supergirl, Sasha Calle is great value. The CGI lets the side down, though. Starts 16 April. 2023, 12, 144MIN

COMEDY DRAMA

The Luckiest Man in America

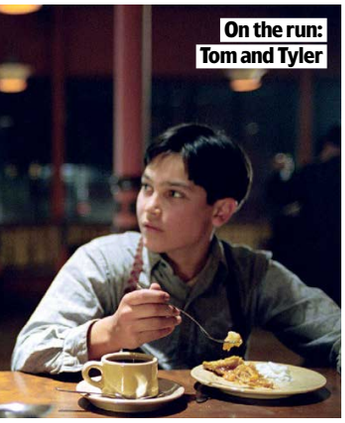
6.10am, Sky Drama ★★★★

Sex ●●● Violence ●●● Language ●●●

A terrific take on an incredible story of the greatest winning streak in gameshow history. Michael Larson (played with awkward brilliance by Paul Walter Hauser) went on to US show *Press Your Luck* in 1984 and kept winning. How? The show's bosses (including weasel-like David Strathairn) think he's cheating... It's a compelling look at a singular moment in US TV history that's delivered with style and urgency. 2024, 15, 91MIN

22 April

the handle and murders his wife and youngest boy, Hanks grabs his eldest son (Tyler Hoechlin) and hits the vengeance trail. But hunting them is a psychotic killer (Jude Law) who likes to photograph the death throes of his victims. Sam Mendes' impeccably handled and marvellously suspenseful thriller is a treat. 2002, 15, 119MIN


On the run: Tom and Tyler

Thursday 23 April

THRILLER

Widows

10.55pm, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

After her criminal husband (Liam Neeson) dies, Viola Davis has to find a way of paying back his $2million debt to a gangster. So she gathers fellow widows Elizabeth Debicki and Michelle Rodriguez, plus Cynthia Erivo, to complete a robbery planned by her husband. Though it lacks suspense, this thriller, based on Lynda La Plante's 1980s TV series, is tightly scripted by Gillian Flynn, excitingly directed by Steve McQueen and well acted by the terrific cast that also includes Colin Farrell and Daniel Kaluuya. 2018, 15, 130MIN

On the money: Viola and gang

Friday 24 April

SCI-FI THRILLER

Companion

12.20pm, Sky Five Star Movies ★★★★

Sex ●●● Violence ●●● Language ●●●

The less you know about this fiendish thriller the better. Jack Quaid takes his new girlfriend (Sophie Thatcher) away for a long weekend with his pals Megan Suri, Harvey Guillén and Lukas Gage to a fabulous, isolated house owned by a wildly over-the-top Russian (Rupert Friend). But someone isn't who they seem… Writer-director Drew Hancock's film superbly juggles genres to create something special – the comedy's genuinely funny and the thriller aspects incredibly tense, while horror fans will be happy, too. 2024, 15, 97MIN

Getaway: Sophie

CAPER

Ocean's Eleven

8pm, Sky Thriller ★★★★

Sex ●●● Violence ●●● Language ●●●

Ex-con Danny Ocean (George Clooney) has a crazy plan to rob three Las Vegas casinos in director Steven Soderbergh's cheeky remake of the 1960 film. Brad Pitt, Carl Reiner, Elliott Gould, Matt Damon and Don Cheadle make up the crack team, while Andy Garcia owns the targeted casinos and also happens to be dating Danny's ex-wife (Julia Roberts). An impressive crime caper that's very pacy, very cool and lots of fun. 2001, 12, 116MIN

COMEDY DRAMA

Thelma

4.55am, Sky Five Star Movies ★★★★

Sex ●●● Violence ●●● Language ●●●

Think of an action comedy set at 20mph and you have this utterly delightful tale. Thelma (93-year-old June Squibb) is tricked by a phone scam, but sets out to get the perps with help from Richard Roundtree (in his final film) and his electric scooter. Ageing and ageism are tackled, but it's sheer entertainment that's front and centre. 2024, 12, 98MIN

■ Full listings start on p75

SUPERHERO

Shazam! Fury of the Gods

On now, Netflix ★★★

Sex ●●● Violence ●●● Language ●●●

This sequel to the 2019 film starts promisingly with Helen Mirren and Lucy Liu causing mischief by stealing a mystical staff from a museum. So it's up to Zachary Levi's Shazam and his band of supers to save the world. This yarn becomes increasingly muddled, but the cast, including Djimon Hounsou and Rachel Zegler, is game, and among the CG-shenanigans, the unicorns are a standout. Starts 16 April. 2023, 12, 130MIN

BIOPIC

The United States vs Billie Holiday

5.45pm, Sky Biopics ★★★

Sex ●●● Violence ●●● Language ●●●

Andra Day is magnetic as legendary jazz singer Billie Holiday, whose drug addiction is exploited by the FBI as part of their plan to quell the revolutionary impact of *Strange Fruit*, a protest song against lynching. Day's husky vocals are hypnotically showcased, and she also powerfully evokes Holiday's despair and desperation off-stage. It's a pity, then, that the film as a whole lacks depth. 2021, 15, 130MIN

COMEDY DRAMA

Good Luck to You, Leo Grande

9pm, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

In a nondescript hotel room, smooth and confident sex worker Leo Grande (Daryl McCormack) meets widowed former teacher Nancy (Emma Thompson), who is determined to have the orgasm she never experienced in her 31 years of marriage. Both stars make the most of Katy Brand's perceptive script, though Thompson shines brightest in a welcome display of her formidable talent. 2022, 15, 97MIN

DRAMA

Jungleland

4.40am, Sky Drama ★★★★

Sex ●●● Violence ●●● Language ●●●

Jack O'Connell is travelling to compete in a bare-knuckle fight with his brother Charlie Hunnam, while forced to deliver a mysterious girl (Jessica Barden) to a seedy criminal. O'Connell's all quiet acquiescence, while chancer Hunnam's in debt and in need of a big score. A finely acted, emotional journey about those served a crummy hand in life. 2020, 15, 90MIN

■ Full listings start on p85

CLASSIC HORROR

Don't Look Now

11.05pm, BBC2 ★★★★★

Sex ●●● Violence ●●● Language ●●●

Donald Sutherland and Julie Christie are at their best as a married couple who go to Venice following a family tragedy. But all kinds of strange things occur, with Sutherland plagued by visions as well as glimpses of a child in a red coat – and then there are two odd sisters (Hilary Mason and Clelia Matania), one of whom is psychic… Nicolas Roeg's iconic chiller constantly surprises – right through to the famous shocking twist. 1973, 15, 106MIN

DISASTER MOVIE

Skyscraper

11.20pm, ITV1 ★★★

Sex ●●● Violence ●●● Language ●●●

Dwayne Johnson is the perfect star to save the day when bad guys set fire to the world's tallest building – and frame him. An ex-FBI and US military veteran, he thinks nothing of leaping from a crane into the blazing tower, while also trying to clear his name, nab the bad guys and save his wife (Neve Campbell) and kids who are trapped inside. It's nonsense, of course, but Johnson's towering charm and the non-stop thrills keep us glued. 2018, 12, 102MIN

SCI-FI

Chaos Walking

11.25pm, BBC1 (12.10am Scot) ★★

Sex ●●● Violence ●●● Language ●●●

PREMIERE Space traveller Daisy Ridley crashlands on a planet where women are AWOL and her only ally is Tom Holland, who joins her on a quest through perilous territory. This sci-fi struggles to articulate its interesting ideas, notably 'The Noise', an affliction that puts men's thoughts on literal display. The stars (backed by the ever-watchable Mads Mikkelsen) make this worth a look, though. 2020, 12, 109MIN

HORROR

Pearl

1.05am, C4 ★★★★

Sex ●●● Violence ●●● Language ●●●

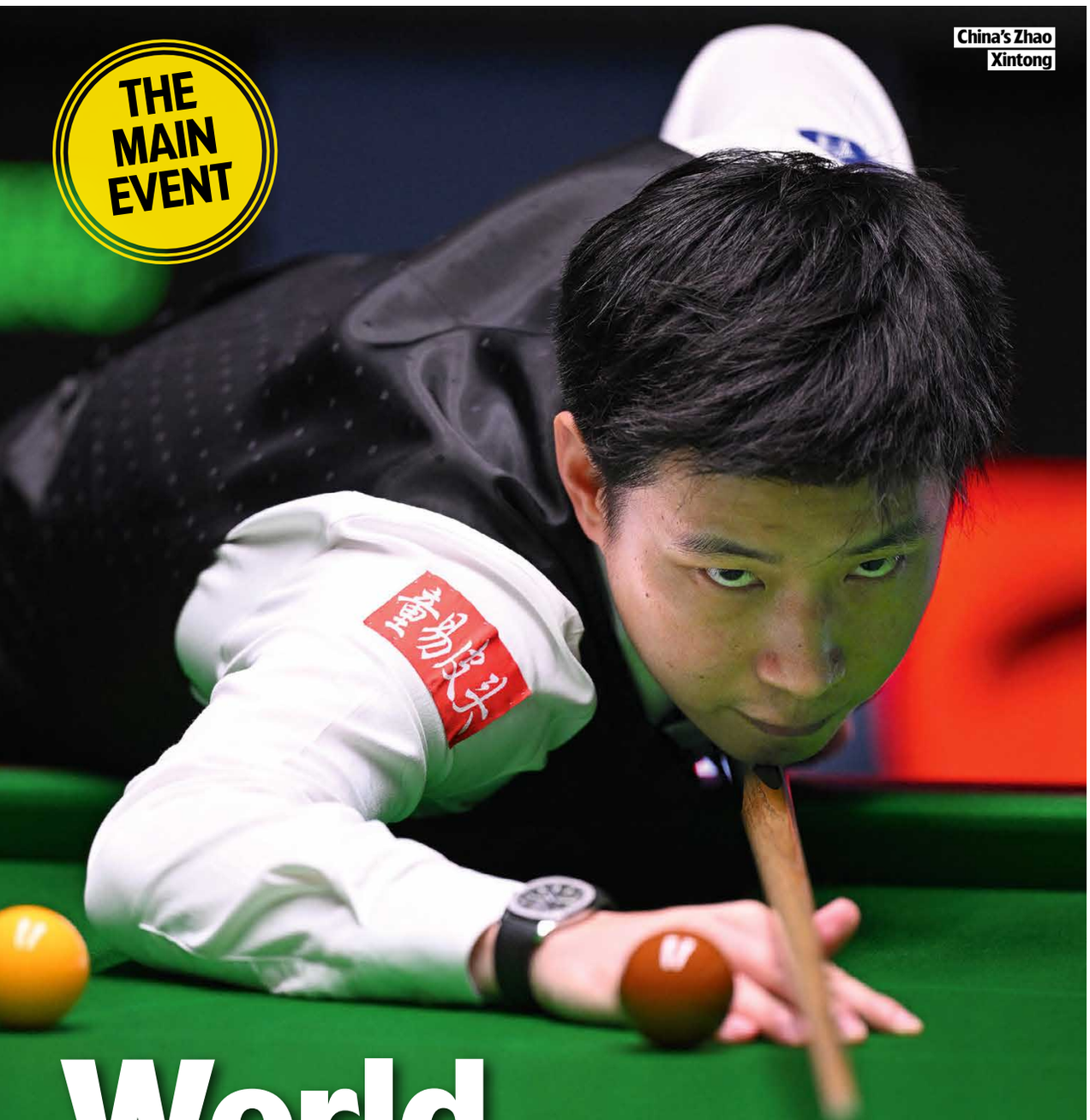
This prequel to 2022's *X*, co-written by director Ti West and star Mia Goth, is set in 1918. With her husband away in the war, Goth's Pearl is stuck on an isolated homestead with her parents. But she longs to escape to become a dancer and fury builds until her inner psycho boils over… Goth is fabulously unhinged in this clever, violent and wicked horror. 2022, 15, 102MIN

■ Full listings start on p95

Sport week

Your **ultimate guide** to the best of the week's live action

THE MAIN EVENT



China's Zhao Xintong

World Snooker Championship

Snooker legend **Steve Davis** previews the Crucible action

LIVE SNOOKER

From Sat, BBC1, BBC2, BBC4, TNT Sports 1 & TNT Sports 3

For the 50th consecutive year, Sheffield's iconic Crucible Theatre hosts the World Snooker Championship, where reigning champion Zhao Xintong will start his title defence against the likes of Ronnie O'Sullivan, Judd Trump and Mark Selby.

We caught up with six-time winner Steve Davis, part of the BBC commentary team, to cue the action…

Steve, how impressed were you with Zhao Xintong's victory last year? The way Zhao played, he had ice in his veins. If he can recreate that, he's going to be hard to beat over the distance. We're seeing more and more Chinese players in the latter stages of events. They've taken the game to their hearts and have strength in depth.

Who's in the sort of form to be in contention? Thailand's Thepchaiya Un-Nooh has put his name in the hat by beating Ronnie in amazing style in the final of the World Open, where Ronnie made his 153 break. But this season nobody's been able to string that many wins together.

This will be O'Sullivan's 34th consecutive appearance at the Championship. How long do you think he can keep going? We've been spoiled in that we've got

Ronnie O'Sullivan and Thepchaiya Un-Nooh

Steve Davis

John Higgins, Mark Williams and Ronnie still playing. Can Ronnie win it again? He can, but he needs to be playing well and have a little luck. If anyone can make people's jaws drop, it's Ronnie, who has consistently astonished us.

What are your favourite World Championship memories? Winning my first title against Doug Mountjoy in 1981, and my last against John Parrott in 1989 with a bit to spare, which was lovely. I've had times when I've wanted the ground to swallow me up, and times when I was looking at the crowd because things were going well!

Any memorable moments as a pundit? Once, John Parrott, Hazel Irvine and I were live in the studio, and the runner walked right in front of the camera with coffees for all of us!

We know Mark Williams has a phobia of teabags. Do you have any phobias? No, but Stephen Hendry has a serious problem with wasps and will get up and walk away if there's one near him!

You've had a few nicknames, including the Nugget, Romford Slim and 'Interesting'. Are there any others we're not aware of? I do a bit of DJing, and the weirdest one was given to me by a techno DJ, who nicknamed me Thunder Muscle. It's because of a cameo I had in a TV series called *The Increasingly Poor Decisions of Todd Margaret*, as the face of an energy drink with that name.

Gabriel (Arsenal) and Erling Haaland (Manchester City)

LIVE FOOTBALL

Manchester City v Arsenal

Sunday, kick-off 4.30pm, Sky Sports Main Event & Sky Sports Premier League

With their team top of the Premier League, Arsenal fans know Mikel Arteta's men are closer to winning the title than the club has ever been since they last became champions in 2004. A win at the Etihad would all but seal their crown, but Pep Guardiola's side go into the crucial match with confidence after defeating their London rivals in convincing fashion in the EFL Cup final last month. Brazil defender Gabriel has had an outstanding campaign for the Gunners – will he be able to get the better of City goal machine Erling Haaland and help his club take another step towards the title?

LIVE RUGBY UNION

Women's Six Nations

Sat, BBC1, BBC2 & BBC iPlayer

Saturday's second-round triple-header sees Scotland play a Six Nations match at Murrayfield for the first time when Sione Fukofuka's side take on England (k-o 1.30pm, BBC2; BBC1 in Wales). The fixture moves from Edinburgh's Hive Stadium with bosses hoping for a record crowd as Scotland captain Rachel Malcolm aims for a first win against the Red Roses since 1999. Next up, Wales host France in Cardiff (k-o 3.35pm, BBC2; BBC1 in Wales) before Ireland entertain Italy (k-o 5.40pm, BBC iPlayer) at Galway's Dexcom Stadium.

Scotland's Rachel Malcolm is tackled

Ferrari hope for another win

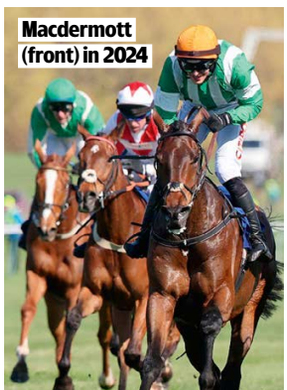
LIVE MOTORSPORT

World Endurance Championship

Sun, from 11.30am, TNT Sports

After the opening Qatar prologue was postponed due to the Middle East conflict, the 2026 season now opens in Italy with the 6 Hours of Imola. Ferrari's British driver James Calado took the honours last year in front of a jubilant Italian crowd as he went on to claim his first title in the Hypercar class of the World Endurance Championship alongside teammates Alessandro Pier Guidi and Antonio Giovinazzi.

WORDS: IAN MACEWAN, RICHARD MCCLURE, SEAN MARLAND. PHOTOS: ALAMY, GETTY


Macdermott (front) in 2024

LIVE HORSE RACING

Scottish Grand National

Sat, race starts 3.45pm, ITV1

After all the excitement at Aintree last week, the spotlight switches to Ayr where a maximum field of 30 runners tackle the four-mile course. Trainer Willie Mullins will be aiming for a history-making hat-trick of wins following back-to-back victories with Macdermott and Captain Cody. He'll be pinning his hopes on Road to Home, while Quebecois and Kim Roque are also fancied.

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Sport week A-Z GUIDE

Rugby league
George Williams and the Warrington Wolves face Wigan Warriors on Friday night

ATHLETICS

LIVE Boston Marathon
Mon 2pm TNT Sports 2

AUSTRALIAN RULES

LIVE Hawthorn Hawks v Port Adelaide Power
Sat 7am TNT Sports 1

LIVE Adelaide Crows v St Kilda Saints
Sat 10.30am TNT Sports 2

LIVE North Melbourne Kangaroos v Richmond Tigers
Sat 4am TNT Sports 2

LIVE Melbourne Demons v Brisbane Lions
Sun 6am TNT Sports 3

LIVE West Coast Eagles v Fremantle Dockers
Sun 8am TNT Sports 1

LIVE Western Bulldogs v Sydney Swans
Thu 10.15am TNT Sports 2

LIVE Richmond Tigers v Melbourne Demons
Fri 10.30am TNT Sports 1

LIVE Hawthorn Hawks v Gold Coast Suns
Fri 3am TNT Sports 2

BASEBALL

LIVE Boston Red Sox v Detroit Tigers
Sat 9pm TNT Sports 2
The MLB American League match.

LIVE Seattle Mariners v Texas Rangers
Sat 12m't TNT Sports 2
The MLB American League fixture.

LIVE Boston Red Sox v Detroit Tigers
Sun 6.30pm TNT Sports 4
The MLB American League match.

LIVE Philadelphia Phillies v Atlanta Braves
Sun 12m't TNT Sports 1

LIVE Boston Red Sox v Detroit Tigers
Mon 4pm TNT Sports 1
The MLB American League match.

LIVE Kansas City Royals v Baltimore Orioles
Mon 12.30am TNT Sports 1

LIVE Boston Red Sox v New York Yankees
Tue 11.30pm TNT Sports 1
The MLB American League game.

LIVE San Francisco Giants v Los Angeles Dodgers
Tue 2.30am TNT Sports 2

LIVE Boston Red Sox v New York Yankees
Wed 11.30pm TNT Sports 1
The MLB American League match.

LIVE San Francisco Giants v Los Angeles Dodgers
Thu 8.30pm TNT Sports 1
The MLB National League game.

LIVE Boston Red Sox v New York Yankees
Thu 11pm TNT Sports 2 & 11.30pm TNT Sports 1
The MLB American League fixture.

LIVE Atlanta Braves v Philadelphia Phillies
Fri 12m't TNT Sports 1
The MLB National League match.

BASKETBALL

LIVE NBA Play-Offs
Sun 11pm & 2am Sky Sports Main Event & Sky Sports Action

LIVE NBA Play-Offs
Mon & Tue 11.30pm & 3am Sky Sports Main Event & Sky Sports Action, 1am Sky Sports+

COMBAT SPORTS

LIVE Fight Night Prelims
Sat 11pm TNT Sports 1

LIVE Gilbert Burns v Mike Malott
Sat 1am TNT Sports 1
The welterweight bout.

CRICKET

LIVE Royal Challengers Bengaluru v Delhi Capitals
Sat 10.50am Sky Sports Cricket

LIVE Sunrisers Hyderabad v Chennai Super Kings
Sat 2.50pm Sky Sports Cricket

LIVE Kolkata Knight Riders v Rajasthan Royals
Sun 10.50am Sky Sports Cricket

LIVE Punjab Kings v Lucknow Super Giants
Sun 2.50pm Sky Sports Cricket

LIVE Gujarat Titans v Mumbai Indians
Mon 2.50pm Sky Sports Cricket & 3pm Sky Sports Main Event

LIVE Sunrisers Hyderabad v Delhi Capitals
Tue 2.50pm Sky Sports Cricket

LIVE Lucknow Super Giants v Rajasthan Royals
Wed 2.50pm Sky Sports Cricket

LIVE Mumbai Indians v Chennai Super Kings
Thu 2.50pm Sky Sports Cricket

LIVE Surrey v Essex
Fri 10.50am Sky Sports Cricket & Sky Sports+
Day one of the Division One match staged at Kia Oval in London.

LIVE Royal Challengers Bengaluru v Gujarat Titans
Fri 2.50pm Sky Sports Cricket

CYCLING

LIVE Amstel Gold
Sun 11.45am & 2pm TNT Sports 2

LIVE Tour of the Alps
Mon, Tue & Thu 12.30pm TNT Sports 1; Wed 11.30am TNT Sports 2; Fri 12.30pm TNT Sports 4

LIVE La Fleche Wallonne
Wed 11.45am TNT Sports 1

DARTS

LIVE Premier League
Thu 7pm Sky Sports Main Event & Sky Sports Action

GAELIC GAMES

LIVE Derry v Antrim
Sat 4.40pm BBC2 (N Ireland only)

LIVE Monaghan v Cavan
Sun 2.45pm BBC2 (N Ireland only)

GOLF

LIVE RBC Heritage
Sat & Sun 12noon Sky Sports Golf; Sat 8.30pm & Sun 8pm Sky Sports Main Event
Days three and four in South Carolina.

LIVE Joburg Ladies Open
Sat 12.30pm & Sun 11.30am Sky Sports Mix; Sun 11.30am Sky Sports Golf
Days three and four in South Africa.

LIVE LIV Golf
Sat 6pm TNT Sports 4; Sun 6.30pm TNT Sports 2
Days three and four in Mexico.

LIVE Senior PGA Championship
Sat & Sun 8pm Sky Sports+
Days three and four held at The Concession Golf Club in Bradenton.

LIVE JM Eagle LA Championship
Sat 11pm Sky Sports Main Event; Sat & Sun 11pm Sky Sports Golf
Rounds three and four from LA.

LIVE Volvo China Open
Wed-Fri 5.30am Sky Sports Main Event & Sky Sports Golf
Days one to three in Shanghai.

LIVE Investec South African Women's Open
Thu & Fri 12.30pm Sky Sports Mix
The first and second days held at Royal Cape Golf Club in Cape Town.

LIVE Zurich Classic of New Orleans
Thu 1pm & 8pm, Fri 1.45pm & 8pm Sky Sports Golf; Fri 10.30pm Sky Sports Main Event
Days one and two at TPC Louisiana.

LIVE Chevron Championship
Thu & Fri 4pm & 11pm Sky Sports Main Event & Sky Sports Golf
Days one and two from Houston.

HORSE RACING

LIVE Scottish Grand National
Sat 12.45pm ITV1
A meeting headlined by the Scottish Grand National from Ayr. See p29.

LIVE Sandown
Fri 1.30pm ITV4

ICE HOCKEY

LIVE NHL Play-Offs
Sat-Fri 12m't Premier Sports 1 & 3am Premier Sports 2

MOTORCYCLING

LIVE MotoGP
Fri 8am TNT Sports 2
Grand Prix of the Spain MotoGP, Moto2 and Moto3 first free practices.

LIVE MotoGP
Fri 12.15pm TNT Sports 2
Grand Prix of Spain MotoGP, Moto2 and Moto3 first practice sessions.

MOTORSPORT

LIVE World Superbikes
Sat 8.30am, 10am, 11.45am, Sun 10am & 11.45am TNT Sports 4

LIVE Women's Circuit Racing
Sat & Sun 10.45am TNT Sports 4

LIVE FIM Endurance World Championship
Sat 3.30pm & 12m't, Sun 6am TNT Sports 4
The 24 Hours of Le Mans.

LIVE Indycar
Sat 6.30pm & 11.30pm Sky Sports F1 & Sky Sports Mix

LIVE V8 Supercars
Sat 4am TNT Sports 4

LIVE European Rally Championship
Sun 9.30am TNT Sports 2

LIVE British Touring Car Championship
Sun 10.45am ITV4

LIVE FIA World Endurance Championship
Sun 11.30am TNT Sports 1 & 3.30pm TNT Sports 4
The Six Hours of Imola. See p29.

LIVE Indycar
Sun 6pm & 10.30pm Sky Sports F1 & Sky Sports Mix

LIVE NASCAR
Sun 6pm Premier Sports 2

LIVE World Rally Championship
Thu 6pm & Fri 8am TNT Sports 1; Fri 11.15am, 2.30pm & 8.15pm TNT Sports 4; Fri 5.45pm TNT Sports 2

POOL

LIVE Ultimate Pool
Mon 6pm TNT Sports 4

RUGBY LEAGUE

LIVE South Sydney Rabbitohs v St George Illawarra Dragons
Sat 8.30am Sky Sports+

LIVE Parramatta Eels v Canterbury-Bankstown Bulldogs
Sun 7.05am Sky Sports Action & Sky Sports+

LIVE York Knights v Toulouse Olympique
Thu 7.30pm Sky Sports+ & Sky One (kick-off 8pm) The Super League game at LNER Community Stadium.

LIVE Brisbane Broncos v Canterbury-Bankstown Bulldogs
Fri 11am Sky Sports Action

LIVE Warrington Wolves v Wigan Warriors
Fri 7.30pm Sky Sports+ (kick-off 8pm) The Super League fixture at Halliwell Jones Stadium.

RUGBY UNION

LIVE Chiefs v Hurricanes
Sat 8am Sky Sports Action

LIVE Brumbies v Fijian Drua
Sat 10.30am Sky Sports Action

LIVE Stormers v Connacht
Sat 12noon Premier Sports 2 (kick-off12.45pm)

LIVE Western Force v Crusaders
Sat 12.50pm Sky Sports Action

LIVE Scotland v England
Sat 1pm BBC2 (Wales, BBC1) & BBC Scotland (kick-off 1.30pm)
The Women's Six Nations match at Murrayfield. See page 29.

LIVE Exeter Chiefs v Northampton Saints
Sat 2.30pm TNT Sports 2 & 3pm TNT Sports 1 (kick-off 3.05pm)
The Gallagher Prem match staged at Sandy Park.

LIVE Lions v Glasgow Warriors
Sat 2.30pm Premier Sports 2 (kick-off 2.45pm)

LIVE Wales v France
Sat 3.20pm BBC2 (Wales, BBC1) (kick-off 3.35pm)
The Women's Six Nations match held at Cardiff Arms Park. See p29.

LIVE Scarlets v Cardiff
Sat 5pm Premier Sports 1 (kick-off 5.30pm) The United Rugby Championship match.

Sport A-Z and football planner >>>

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A free video-on-demand service from the BBC, featuring BBC dramas including *Luther*, *Doctor Who* and *Line of Duty*, as well as hits including *The Responder* and *This City Is Ours*. There are many comedies, too, from *Not Going Out* to *Ghosts* and *Mrs. Brown's Boys*, plus all episodes of *The Traitors* and *Race Across the World*. You can also watch BBC channels live. It's available online and on devices including mobile phones, tablets and smart TVs.

ITVX

This free streaming channel is the home for all ITV shows, films and much more – from drama box sets such as *Trigger Point* to *Love Island* episodes and James Bond movies. It can be accessed on smart TVs and an app to download. You can upgrade to ITVX Premium for an extra fee for even more content and ad-free viewing.

Channel 4 Streaming

A free streaming channel for all C4 content, this is home to shows from *Location, Location, Location* to *Celebrity Gogglebox*, plus a huge selection of true-crime series and documentaries, including *24 Hours in A&E*, as well as box-set comedies such as *Friday Night Dinner*, *Peep Show* and *Derry Girls*. You can access online via channel4.com, your smart TV or an app download. An upgrade to Channel 4+ for an extra fee also gives you more shows, early access and ad-free viewing.

5 Streaming

A free video-on-demand service from 5 that features bingeable box sets of American shows such as *Dexter* and *The Good Wife*, plus top British dramas including *All Creatures Great & Small*. There's also a huge selection of police documentaries, from *Traffic Cops* to *Police Interceptors*, plus kids' shows from *Peppa Pig* to *Paw Patrol*. The service is available on smart TVs and streaming devices via channel5.com and the app.

U

The free streaming service offers drama, comedy and entertainment, from recent shows like *The Marlow Murder Club* and *Bergerac* to classic series such as *Pride and Prejudice*. There are also American box sets, plus lots of true-crime documentaries and favourites such as *Canal Boat Diaries*. It can be accessed via an app and on smart TVs.

Subscription services

Netflix

This paid-for streaming channel features plenty of original content, with shows from *The Four Seasons* and *Toxic Town* to *Con Mum* and *The Real Fatal Attraction*. There are also new and classic films such as *I Swear* and *Mean Girls*. You can access Netflix via smart TVs, the website and an app to download.

Prime Video

The paid-for subscription channel features plenty of original TV shows like *Clarkson's Farm* and *Nine Perfect Strangers*. There are also comedy shows such as *Last One Laughing*, plus plenty of newly released films available to stream, buy or rent including BAFTA-winner *Conclave*. Prime Video can be accessed on TVs, mobiles, tablets and more.

Disney+

The home of most Disney content is a paid-for streaming channel that has classic movies such as *Mary Poppins* and *Dumbo*, recent films including *A Complete Unknown*, top dramas like *A Thousand Blows*, plus a large selection of National Geographic documentaries such as *Ocean with David Attenborough*. There's every Star Wars film and spin-off series such as *Andor*, plus the Muppets' catalogue of films and shows. It's available on smart TVs, an app download and online.

Apple TV

There's a selection of high-quality, exclusive, original-production films and TV series called Apple Originals. Content includes top dramas *Slow Horses*, *Smoke* and *Severance*, comedies like *Ted Lasso* and *Bad Sisters*, plus films *Napoleon* and *Blitz*. This paid-for streaming channel is available on smart TVs and the Apple TV app.

Paramount+

This is the home to blockbuster Paramount movies, new originals and hit shows, primarily from the libraries of US TV station CBS, with TV series including *Yellowstone* and *Star Trek: Discovery*. There's also a huge selection of Smithsonian documentaries and Nickelodeon shows including *SpongeBob SquarePants*. The paid-for streaming service is available on desktop, smart TVs and an app, and is also available free for Sky Cinema subscribers.

Discovery+

This is a paid-for streaming service that focuses on factual programming and original series. There's a library of real-life entertainment with eye-opening docuseries such as *Celebrity Help! My House Is Haunted*.

Sky Store

This paid-for streaming service is home to the latest blockbuster movies straight from the cinema, either to buy or rent, as well as TV shows to buy and keep including *The White Lotus* and *The Last of Us*. It's independent from Sky's TV service, meaning a Sky TV subscription isn't required, but you must create an account to access products and services.

MGM+

This is a paid-for streaming service that features a variety of content including titles from Lionsgate and US network Starz as well as original MGM+ series. Shows and films include *Godfather of Harlem* and *Legally Blonde*, plus the James Bond movies. Subscribe to MGM+ via Prime Video for a monthly fee.

Acorn TV

Many favourite dramas, murder mysteries and comedies from around the world appear here first. Current hit series include *Whitstable Pearl*, *Harry Wild*, *Darby and Joan*, *Signora Volpe* and *Recipes for Love & Murder*. The paid-for streaming service is available on smart TVs and via a mobile app.

NOW

There is a host of Sky TV shows and box sets to watch on this paid-for streaming service including *The Day of the Jackal*, *Brassic*, *Gangs of London* and *The White Lotus*. A choice of plans means that you can also stream Sky Sports to enjoy Formula One and other sporting events, and even watch the latest movies and Sky Original films. It's available to stream via your smart TV.

DAZN

This paid-for streaming sports service features boxing, NFL, kick-boxing, LIV Golf and women's football. It broadcasts both live and on-demand. You can access it via its mobile app and on smart TVs. It's also available as a Prime Video channel at an additional subscription cost.

HBO MAX

This new streaming giant is a paid-for service that offers access to the vast library of new and past HBO shows including some huge series such as *The Pitt*, *The White Lotus*, *Game of Thrones*, *House of the Dragon*, *The Comeback*, *Euphoria* and *Hacks*. It's also the new home of all seasons of *Friends* and (for extra) TNT Sports, which includes football, cricket, French Open tennis and Premiership rugby union. The service is available on smart TVs, plus on a downloadable app and online.

WORDS: NICK CANNON, HANNAH DAVIES. PHOTO: NIJAT/STOCK.ADOBE.COM

Football planner

LIVE Bath v Harlequins
Sat 5.15pm TNT Sports 2 (kick-off 5.30pm) Prem encounter from the Recreation Ground.

LIVE Ireland v Italy
Sat 5.40pm BBC iPlayer (kick-off 5.40pm) The Women's Six Nations game at Dexcom Stadium.

LIVE Benetton v Munster
Sat 7.30pm Premier Sports 1 (kick-off 7.45pm) The United Rugby Championship fixture.

LIVE Ospreys v Sharks
Sat 7.30pm Premier Sports 2 (kick-off 7.45pm) The United Rugby Championship match.

LIVE Sale Sharks v Saracens
Sun 2.30pm TNT Sports 1 (kick-off 3pm) The Prem match staged at CorpAcq Stadium.

LIVE Crusaders v NSW Waratahs
Fri 8.30am Sky Sports Action & Sky Sports+ (kick-off 8.35am)

LIVE Cardiff v Ospreys
Fri 6.30pm S4C (kick-off 7pm) United Rugby Championship game.

LIVE Newcastle Red Bulls v Bristol Bears
Fri 7pm TNT Sports 1 (kick-off 7.45pm) A Prem fixture from Kingston Park Stadium.

LIVE Edinburgh v Sharks
Fri 7pm Premier Sports 1 (kick-off 7.45pm) The United Rugby Championship game at Hive Stadium.

LIVE Zebre Parma v Dragons
Fri 7.30pm Premier Sports 2 (kick-off 7.45pm) The United Rugby Championship match.

SNOOKER

LIVE World Championship
Sat 10am BBC2, 10am, 2.15pm & 6.30pm TNT Sports 3, 2pm BBC1 (England & N Ireland) & BBC2 (Wales only), 3pm BBC1 (Scot only) & 7pm BBC4
Day one at the Crucible. See p28.

LIVE World Championship
Sun 10am BBC2, 10am, 2.15pm & 6.30pm TNT Sports 3, 2.15pm BBC2 (Eng & Wales) & 7pm BBC4
Day two at the Crucible in Sheffield.

LIVE World Championship
Mon & Tue 10am & 2.15pm BBC2; Mon & Tue 10am, 2.15pm & 6.30pm TNT Sports 3; Mon 7pm, Tue 2.30pm & 6.30pm TNT Sports 1; Mon & Tue 7pm BBC4
Days three and four at the Crucible.

LIVE World Championship
Wed 10am & 1pm, Thu 1pm, Fri 10am & 2.15pm BBC2; Wed & Fri 10am, 2.15pm & 6.30pm, Thu 1pm & 6.30pm TNT Sports 3; Wed 6.30pm, Thu 2.30pm, Fri 2.15pm TNT Sports 1; Wed-Fri 7pm BBC4
Days five to seven at the Crucible.

TENNIS

LIVE WTA Rouen Open
Sat 5pm Sky Sports+ & Sky Sports Tennis

LIVE WTA Stuttgart Open
Sun 12noon Sky Sports Tennis

LIVE ATP Barcelona Open
Sun 3pm Sky Sports Tennis

LIVE Madrid Open
Tue & Wed 10am, Thu & Fri 10.30am Sky Sports Main Event; Tue-Thu 10am Sky Sports+; Tue-Fri 10am Sky Sports Tennis

LIVE WOMEN'S WORLD CUP QUALIFIER

Iceland v England

Sat, kick-off 5.30pm, ITV4

The Lionesses go to Reykjavik having defeated Iceland 2-0 at the City Ground in March with goals from Lucy Bronze and Georgia Stanway. Sarina Wiegman's squad includes Erica Meg Parkinson, who turns 18 on 18 April and plays for Valadares Gaia in Portugal.

LIVE PREMIER LEAGUE

Tottenham Hotspur v Brighton

Saturday, kick-off 5.30pm, Sky Sports Main Event & Sky Sports Premier League

Roberto de Zerbi's appointment has divided Spurs fans and the Italian coach will be hoping for a vital three points in his first home match. He led Brighton to their highest-ever top-flight finish of sixth in 2022-23.

LIVE PREMIER LEAGUE

Everton v Liverpool

Sunday, kick-off 2pm, Sky Sports Main Event

Everton's Hill Dickinson Stadium stages its first Merseyside derby, with both sides targeting a European place. Reds striker Mohamed Salah has scored eight times in the fixture and will want to add to that tally before leaving the club at the end of the season.

Saturday 18

LIVE Wellington Phoenix v Western Sydney Wanderers
6am TNT Sports 2 (kick-off 6am)
The A-League match.

LIVE Brisbane Roar v Melbourne City
8am TNT Sports 2 (kick-off 8am)
The A-League game in Brisbane.

LIVE Portsmouth v Leicester City
11am Sky Sports Main Event & Sky Sports Football (kick-off 12.30pm)
The Championship match staged at Fratton Park.

LIVE Brentford v Fulham
11am TNT Sports 1 (kick-off 12.30pm)
The Premier League match from Gtech Community Stadium.

LIVE Dunfermline Athletic v Falkirk
12noon Premier Sports 1 & BBC1 (Scotland only) (k-o 12.30pm)
The Scottish Cup semi-final staged at Hampden Park.

LIVE Championship
12.25pm Sky Sports+ (kick-off 12.30pm)

LIVE Albania v Wales
4.45pm BBC2 (Wales only) (kick-off 5pm)
The Women's World Cup Group B1 qualifier staged at Elbasan Arena.

LIVE Iceland v England
4.45pm ITV4 (kick-off 5.30pm)
The Women's World Cup Group A3 qualifier staged at Laugardalsvollur.

LIVE Cardiff Metropolitan University v Flint Town United
5pm S4C (kick-off 5.15pm)
The JD Cymru Premier game.

LIVE Tottenham Hotspur v Brighton & Hove Albion
5pm Sky Sports Main Event & Sky Sports Premier League (kick-off 5.30pm)
The Premier League fixture from Tottenham Hotspur Stadium.

LIVE Napoli v Lazio
5.15pm TNT Sports 1
The Serie A match from Stadio Diego Armando Maradona.

LIVE Eintracht Frankfurt v RB Leipzig
5.20pm Sky Sports Football (kick-off 5.30pm) The Bundesliga game from Deutsche Bank Park.

LIVE Belgium v Scotland
6.50pm BBC Alba (kick-off 7.30pm) The Women's World Cup Group B4 qualifier.

LIVE Chelsea v Manchester United
7pm TNT Sports 1 (kick-off 8pm)
The Premier League match staged at Stamford Bridge.

LIVE Atlético Madrid v Real Sociedad
7.55pm ITV4 (kick-off 8pm)
The Copa del Rey final at La Cartuja.

LIVE Vasco da Gama v Sao Paulo
10.25pm Premier Sports 2 (kick-off 10.30pm)
The Brasileiro Serie A match.

LIVE Auckland FC v Central Coast Mariners
4am TNT Sports 3 (kick-off 4am)
The A-League game in Auckland.

Sunday 19

LIVE Adelaide United v Macarthur Bulls
7am TNT Sports 2
The A-League game in Hindmarsh.

LIVE Ipswich Town v Middlesbrough
11.30am Sky Sports Main Event & Sky Sports Football (kick-off 12noon) Championship match staged at Portman Road.

LIVE Aston Villa v Sunderland
12.30pm Sky Sports Premier League (kick-off 2pm)
The Premier League match staged at Villa Park. The reverse fixture in September saw Sunderland rescue a 1-1 draw in the 75th minute thanks to a goal from Wilson Isidor.

LIVE Nottingham Forest v Burnley
12.30pm Sky Sports+ (kick-off 2pm) The Premier League game at The City Ground.

LIVE Everton v Liverpool
1pm Sky Sports Main Event (kick-off 2pm) The Premier League fixture at Hill Dickinson Stadium.

LIVE Celtic v St Mirren
1.30pm Premier Sports 1 (kick-off 2pm) The Scottish Cup semi-final from Hampden Park.

LIVE Hellas Verona v AC Milan
1.50pm BBC Alba (kick-off 2pm) The Serie A match at Stadio Marc'Antonio Bentegodi.

LIVE Manchester City v Arsenal
4pm Sky Sports Premier League & 4.25pm Sky Sports Main Event (kick-off 4.30pm) The Premier League match at Etihad Stadium. Pep Guardiola's will be confident of the three points here after they beat Mikel Arteta's side 2-0 in the League Cup final. See p29.

LIVE Cardiff City v Swansea City
4.45pm S4C (kick-off 5pm)
The Bute Energy Welsh Cup final.

LIVE Juventus v Bologna
7.30pm TNT Sports 1 (kick-off 7.45pm) The Serie A match staged at Allianz Stadium.

LIVE River Plate v Boca Juniors
8.55pm Premier Sports 1 (kick-off 9pm) The Argentine Primera Division match.

LIVE Rosario Central v Sarmiento
12.25am Premier Sports 2 (kick-off 12.30am) The Argentine Primera Division match.

Monday 20

LIVE Baller League
5pm Sky Sports+ & Sky Sports Mix

LIVE Youth League
5.45pm TNT Sports 2 (kick-off 5.45pm) The final from Stade de la Tuilière in Lausanne.

LIVE Crystal Palace v West Ham United
6.30pm Sky Sports Main Event & Sky Sports Premier League (kick-off 8pm) The Premier League game from Selhurst Park.

Tuesday 21

LIVE LaLiga
5.55pm & 8.25pm Premier Sports 1

LIVE Dunfermline Athletic v St Johnstone
7.30pm BBC Scotland (kick-off 7.45pm)

LIVE Brighton & Hove Albion v Chelsea
7.30pm Sky Sports Main Event & Sky Sports Premier League (kick-off 8pm) The Premier League fixture at AMEX Stadium.

LIVE Championship
7.30pm Sky Sports Football (kick-off 7.45pm)

LIVE Championship
7.35pm Sky Sports+

LIVE Inter Milan v FC Como
7.55pm Premier Sports 2 (kick-off 8pm) The Coppa Italia semi-final second-leg at San Siro.

Wednesday 22

LIVE LaLiga
5.55pm & 8.25pm Premier Sports 1 & Premier Sports 2

LIVE Burnley v Manchester City
7pm Sky Sports Main Event (kick-off 8pm) The Premier League match staged at Turf Moor. Erling Haaland scored twice and Maxime Esteve scored two own goals as the Citizens claimed all three points in a 5-1 victory at Etihad Stadium last September.

LIVE Bournemouth v Leeds United
7pm Sky Sports Premier League (kick-off 8pm) The Premier League match at Vitality Stadium. Eli Kroupi scored in second-half stoppage time to secure a point for the Cherries in a 2-2 draw when the teams faced each other at Elland Road last September.

LIVE Championship
7.30pm Sky Sports Football

LIVE Championship
7.35pm Sky Sports+

Thursday 23

LIVE LaLiga
5.55pm & 8.25pm Premier Sports 1 & Premier Sports 2

LIVE Salford City v Bromley
7.30pm Sky Sports Football (kick-off 8pm) The League Two fixture from Peninsula Stadium.

Friday 24

LIVE St Johnstone v Raith Rovers
7.30pm BBC Scotland (kick-off 7.45pm)
The Scottish Championship match.

LIVE Sunderland v Nottingham Forest
7.30pm Sky Sports Main Event & Sky Sports Premier League (kick-off 8pm)
The Premier League match at the Stadium of Light. Sunderland claimed a 1-0 win in September's reverse fixture thanks to Omar Alderete's first goal for the club.

LIVE Leicester City v Millwall
7.30pm Sky Sports Football (kick-off 8pm) The Championship match from King Power Stadium. Both these teams need points, with Leicester battling to avoid the drop and the Lions going for promotion. The reverse fixture saw Millwall claim a 1-0 win thanks to Femi Azeez's strike just before half-time.

LIVE Napoli v Cremonese
7.30pm TNT Sports 2 (kick-off 7.45pm)
The Serie A match from Stadio Diego Armando Maradona.

LIVE Canberra United v Melbourne Victory
3am TNT Sports 3
The A-League Women Elimination final staged at McKellar Park.

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Saturday

18 April

Evening Planner

Snooker

World Championship

BBC1, BBC2 & BBC4, from 10am

The opening day's play at the Crucible Theatre in Sheffield – 2024 champion Kyren Wilson is one of the favourites.

Football

Copa del Rey Final

ITV4, kick-off 8pm

Atlético Madrid face Real Sociedad in the final of Spain's biggest domestic cup competition held at Estadio La Cartuja.

Documentary

Elizabeth II: The Unseen Photos

5, 7pm

Recently discovered photographs chart the reign of our longest-serving monarch.

Drama

The Murder Line

ITV1, 10pm

Stephen Amell (left) stars as a police officer whose efforts to help a friend lead to a confrontation with a crime family.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 Michael McIntyre's Big Show		8.00 The Weakest Link		8.45 Casualty		9.35 Not Going Out	10.05 News	10.25 Match of the Day
	102 BBC2	‹ 6.35 Elizabeth: The Unseen Queen		7.50 Inside Britain's National Parks		8.45 Black British Music at the BBC: Volume 1				
	103 ITV1	7.00 Britain's Got Talent		8.00 Celebrity Sabotage		9.00 The 1% Club			10.00 The Murder Line	
	104 CHANNEL 4	7.00 Secret Africa: Into the Wild		8.00 World's Most Secret Hotels		9.00 Film: Plane				
	105 5	7.00 Elizabeth II: The Unseen Photos			8.30 Philip & the Queen: A Royal Fairytale				10.00 1984: Those Were the Days	
	106 SKY ONE	7.00 Agatha Raisin				9.00 Film: Indiana Jones and the Kingdom of the Crystal Skull				
ENTERTAINMENT	115 BBC3		7.10 Doctor Who: The Day of the Doctor		8.30 Ghosts		9.30 Mrs Brown's Boys			10.30 Two Pints of...
	116 BBC4	7.00 Snooker: World Championship – Live: The evening session on day one							10.00 The Crucible: 40 Golden Snooker Years	
	118 ITV2	‹ 6.15 Film: Liar Liar		8.00 Film: Minority Report						
	136 MORE4	‹ 6.50 Four in a Bed				9.00 24 Hours in A&E				
	135 E4		7.05 The Simpsons			9.00 Celebrity Gogglebox			10.00 Gogglebox	
	107 SKY WITNESS	7.00 Nothing to Declare				9.00 Burn Notice			10.00 Doc	
	108 SKY ATLANTIC	‹ 6.30 House of the Dragon				9.00 The Miniature Wife			10.00 Hacks	
	110 U&GOLD	‹ 6.40 Only Fools and Horses		8.00 Open All Hours			9.20 This Time with Alan Partridge			10.40 Mrs...
	111 U&DAVE	7.00 Would I Lie to You?				9.00 Red Dwarf				
	119 ITV3	‹ 6.00 Midsomer Murders		8.00 Midsomer Murders					10.00 Grace	
	120 ITV4	‹ 4.45 Women's European Qualifier Live		7.55 Copa del Rey Final – Live: Atlético Madrid v Real Sociedad (Kick-off 8.00)						10.30 Film: Universal...
	112 COMEDY CENTRAL	7.00 Friends		8.00 Michael McIntyre's The Wheel		9.00 Film: Austin Powers in Goldmember				
	145 SKY SCI-FI	‹ 6.00 Film: The Hobbit: The Desolation of Smaug				9.00 The Walking Dead				
	143 U&DRAMA	7.00 The Brokenwood Mysteries				9.00 Whitechapel			10.00 The Inspector Lynley Mysteries	
	109 U&ALIBI	7.00 Shakespeare & Hathaway		8.00 Allegiance		9.00 Father Brown			10.00 Death in Paradise	
	122 SKY ARTS	‹ 6.25 Cream Reunion Concert				9.00 The Yardbirds				
	132 U&W	7.00 First Responders				9.00 Gavin & Stacey				
DOCUMENTARY	125 DISCOVERY	7.00 Filthy Fortunes		8.00 Maine Cabin Masters		9.00 Naked and Afraid				
	162 ANIMAL PLANET	7.00 How Do Animals Do That?		8.00 Extinct or Alive: The Lost Shark		9.00 Alaska: Surviving the Last Frontier			10.00 Tanked	
	129 NAT GEO	7.00 Oklahoma City Bombing: One Day in America							10.00 Nazi Megastructures	
	123 SKY HISTORY	7.00 Secrets of Great British Castles				9.00 Royal Kill List				
	155 U&YESTERDAY	7.00 Planet Earth		8.00 Bangers & Cash					10.00 Train Truckers	
	114 SKY DOCS		7.10 I Am Heath Ledger			9.00 The Essex Murders: Who Killed Goldfinger?				
FILMS – Sky Cinema	301 PREMIERE	‹ 6.00 A Big Bold Beautiful Journey		8.00 Roofman						10.15 Pillion
	302 5 STAR MOVIES	‹ 5.45 Spider-Man: Homecoming		8.00 Spider-Man: No Way Home						10.30 Jurassic Park
	303 THE HOBBIT	‹ 5.20 The Hobbit: The Desolation of Smaug		8.00 The Hobbit: The Battle of the Five Armies						10.25 The Hobbit: An...
	307 GREATS	‹ 5.50 Batman Returns		8.00 Batman Forever					10.05 Batman & Robin	
	312 ANIMATION	‹ 5.55 Happy Feet Two		7.45 Paws of Fury: The Legend of Hank			9.30 Scarygirl			
	304 FAMILY	‹ 6.00 Hook			8.25 The Boss Baby				10.05 Shark Tale	
	306 ACTION	‹ 5.50 Indiana Jones and the Last Crusade		8.00 Indiana Jones and the Kingdom of the Crystal Skull						10.15 Raiders of the Lost Ark
	308 COMEDY	‹ 6.20 The Wedding Singer		8.00 Instant Family					10.00 American Pie: The Wedding	
	309 THRILLER	‹ 5.45 Captain Phillips		8.00 The Accountant						10.10 Lethal Weapon 2
	310 DRAMA	‹ 5.50 I, Tonya		8.00 Joker: Folie à Deux						10.20 On Swift Horses
	311 SCI-FI	‹ 5.30 Ready Player One		8.00 The Nun				9.40 Pitch Black		
	313 FILM4	‹ 6.15 Battleship				9.00 Anna				
SPORT	401 MAIN EVENT	‹ 5.00 SNF – Live: Tottenham Hotspur v Brighton & Hove Albion			8.30 PGA Tour Golf – Live: The RBC Heritage					
	402 PREMIER LEAGUE	‹ 5.00 SNF – Live: Tottenham Hotspur v Brighton & Hove Albion			8.30 James Milner...	9.00 Transfer 360	9.30 Big Interview	10.00 PL Stories		10.30 PL Highlights
	403 FOOTBALL	‹ 5.20 Bundesliga...		7.30 EFL			9.30 EFL Trophy...		10.00 EFL Highlights	
	405 CRICKET	7.00 Best of ICC WT20		8.00 IPL						
	410 TNT SPORTS 1	7.00 Premier League – Live: Chelsea v Manchester United (Kick-off 8.00)								10.30 UEFA...
	411 TNT SPORTS 2	‹ 5.15 The Gallagher...		7.30 MLB Plays of...		8.00 MLB Highlights		9.00 MLB – Live: Boston Red Sox v Detroit Tigers (Start-time 9.10)		

‹ Denotes programmes starting before 7.00pm † Regions vary

SATURDAY

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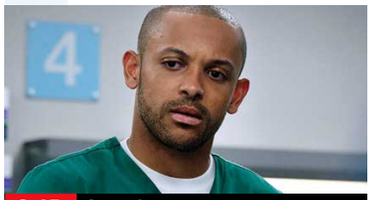
Saturday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
10.00 **Saturday Kitchen** New edition (S)
11.30 **Homes Under the Hammer** (S)(R)
12.00 NOON **Football Focus** (S)
12.45 PM **BBC News** (S)
1.00 **Bargain Hunt** Danny Sebastian presents from Harrogate. (S)(R)
2.00 **LIVE Snooker: World Championship** The afternoon session on day one at the Crucible Theatre in Sheffield, featuring the opening frames of two first-round matches. *See feature, page 28. Continues at 7.00pm on BBC4.* (S)
4.30 **Final Score** Results round-up. (S)
5.20 **BBC News** (S)
5.30 **Local News** (S)
5.40 **Celebrity Bridge of Lies** New edition 2/10. Amy Dowden, Nina Wadia, Montell Douglas and Toyah Willcox take part. (S)



8.45 Casualty

6 PM

6.25 **Blankety Blank** New edition 2/9. Bradley Walsh hosts the comedy quiz show. Tonight, Rhod Gilbert, Jill Scott, Aisling Bea, Nitro, Guz Khan, and the Rev Kate Bottley attempt to fill in the blanks. (S)

7 PM

7.00 **Michael McIntyre's Big Show** 4/6. One lucky football fan's childhood dream comes true , and Lewis Capaldi hands over his phone in Send to All before taking to the stage to perform his single *Forget Me*. (S)(R)

8 PM

8.00 **The Weakest Link** WIth Mel B, Eamonn Holmes, Shobna Gulati, Nick Pickard, Rob Bent, Denis Lawson, Arielle Free and Briony May Williams. (S)(R)
8.45 **Casualty** *Learning Curve – Part 12:* A desperate race is under way to ensure Faith makes it to the ED in time to give birth. (S)(AD)

9 PM

9.35 **Not Going Out** 3/6. Lee borrows an aged campervan to take Lucy away for the weekend. (S14) (S)(R)(AD)

10 PM

10.05 **BBC News** (S)
10.25 **Match of the Day** Highlights of the latest Premier League matches, including Chelsea v Manchester United and Tottenham Hotspur v Brighton & Hove Albion. (S) ■ More tomorrow at 10.30pm
11.45 **The Football Interview** With midfielder Elliot Anderson. (S)
12.00 M'T **FILM Planet of the Apes** Director Tim Burton's sci-fi adventure remake starring Mark Wahlberg. An astronaut crash-lands on an alien planet where apes are the dominant species. (S)(AD) (2001, 12, 115min) ★★★
1.55 AM **Weather for the Week Ahead**
2.00 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.30 AM **Children's Programmes**
9.00 **Gardeners' World** (S)(R)
10.00 **LIVE Snooker: World Championship** Coverage of the morning session on day one from the Crucible Theatre in Sheffield, featuring the start of Zhao Xintong and Mark Allen's first-round matches. *See feature, page 28. Continues at 2.00pm on BBC1.* (S)
1.00 PM **LIVE Rugby Union: Women's Six Nations** Scotland v England: The opening match in the second round of fixtures staged at Murrayfield. Kick-off is at 1.30. (S)
3.20 **LIVE Rugby Union: Women's Six Nations** Wales v France: Coverage of the second match for both teams staged at Cardiff Arms Park. Kick-off is at 3.35. (S)
5.45 **Flog It!** From Ragley Hall. (S)(R)

7.50 Inside Britain's National Parks

6 PM

6.35 **Elizabeth: The Unseen Queen** The life story of Elizabeth II in her own words, featuring home movie footage from her childhood up to her 1953 Coronation at the age of 27. It features a clip marking the first extended visit of Prince Philip to Balmoral in 1946, while the couple's engagement was still not public. (S)(R)(AD)

7 PM

7.50 **Inside Britain's National Parks** New edition 3/4. A look at Dartmoor's open heathland, grassy hills and granite tors, which provide a sanctuary for plants and animals. (S)(AD) ■ Entire series on iPlayer

8 PM

8.45 **NEW Black British Music at the BBC: Volume 1** Trevor Nelson hosts archive hits in a celebration of some of the very best in Black British music from over the decades. Including artists Soul II Soul, Hot Chocolate, Neneh Cherry, Sade, Winifred Atwell, Olivia Dean, and Stormzy. (S)

9 PM

11.15 **Stormzy: Live at Glastonbury 2019** The rapper's Friday night headline set on the Pyramid Stage, featuring guest appearances by Coldplay's Chris Martin and fellow rapper Dave. (S)(R)
12.30 AM **Snooker: World Championship Extra** Highlights of a match from day one. (S)
2.30 **Sign Zone: The Capture** (S)(R)(AD)
3.45 **Sign Zone: Babies** (S)(R)(AD)
4.45 **to 6.15** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **James Martin's French Adventure** Canal du Midi. (S)(R)
7.00 **FILM Jurassic Park** Thriller. (S)(AD) (1993, PG, 145min) ★★★★★
9.25 **ITV News** (S)
9.30 **James Martin's Saturday Morning** New edition With Nigel Havers. (S)
12.00 NOON **Raymond Blanc's Royal Kitchen Gardens** (S)(R)(AD)
12.30 PM **ITV News** (S)
12.45 **LIVE Racing: Scottish Grand National** Ed Chamberlin presents coverage of a meeting headlined by the Scottish Grand National in Ayr, plus flat racing from Newbury. (S)
4.00 **Tipping Point: Best Ever Finals** Compilation of some of the show's most dramatic endgames. (S)(R)
4.30 **The Chase** Quiz show. (S)(R)
5.30 **ITV News** (S)
5.45 **Local News** (S)

7.00 Britain's Got Talent

6 PM

6.00 **Celebrity Catchphrase** New edition Stephen Mulhern hosts a charity edition of the game show, with Guz Khan, Angela Scanlon and Joel Corry guessing well-known phrases in a bid to win £50,000. (S)(AD)

7 PM

7.00 **Britain's Got Talent** New edition Ant and Dec host as the auditions reach their conclusion and the final assortment of acts take to the stage in Blackpool hoping to impress the judges. (S)(AD)

8 PM

8.00 **Celebrity Sabotage** New edition 5/6. Judi Love, Joel Dommett, Sam Thompson and GK Barry take part in a dog-themed challenge show hosted by Clare Balding, with guest Harry Redknapp. (S)(AD)

9 PM

9.00 **The 1% Club** Quiz hosted by Lee Mack in which the questions are based around logic and common sense, with 100 contestants having a chance of winning up to £100,000. (S)(R)(AD)

10 PM

10.00 **NEW SERIES The Murder Line** *Blue Beetle:* 1/6. Canadian crime thriller starring Minnie Driver. A police officer becomes entangled in a dangerous plot. *See feature, page 12.* (S1) (S) ■ Entire series available on ITVX
10.50 **ITV News** (S)
11.10 **The Murder Line** New episode *Strange River:* 2/6. Henry scrambles to cover his tracks. (S1) (S)
12.05 AM **English Football League Highlights** Recent EFL action. (S)
1.30 **Teleshopping**
3.00 **The Murder Line** (S)(SL)(R)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Fern Britton: Inside the Vet's** (S)(SL)(R)(AD)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

5.50 AM **The King of Queens** (S)(R)(AD)
7.30 **Everybody Loves Raymond** (S)(R)
8.50 **Frasier** 6-8/24. (S10) (S)(R)(AD)
10.15 **The Simpsons** (S)(R)(AD)
11.40 **Four in a Bed** Five editions of the B&B challenge. (S)(R)
2.15 PM **Location, Location, Location** Catching up with couples searching Swindon and Bolton. (S)(R)
3.15 **Kirstie and Phil's Love It or List It** Phil reunites with Andrew and Carol from Harrogate. (S)(R)(AD)
4.20 **Your Song** 1/6. Alison Hammond hosts the touring singing showcase, beginning in Liverpool. (S)(R)(AD)
5.20 **The Great Celebrity Bake Off for Stand Up to Cancer** Mark Wright, Emmett J Scanlan, Mutya Buena, Nella Rose and Ralf Little recreate their most ridiculous purchase ever in cake form. (S)(R)(AD)

7.00 Secret Africa: Into the Wild

6 PM

6.30 **News** (S)

7 PM

7.00 **NEW SERIES Secret Africa: Into the Wild** 1/3. Adventurer and explorer Lucy Shepherd self-films as she undertakes a high-risk, on-foot expedition across remote regions of Tanzania. (S)(AD)

8 PM

8.00 **NEW SERIES World's Most Secret Hotels** A collection of extraordinary hotels around the globe, featuring a brutalist lodge in Bolivia and a mirrored resort near a Norwegian fjord. (S)(AD)

9 PM

9.00 **FILM Plane** Action thriller starring Gerard Butler and Mike Colter. On New Year's Eve, Trailblazer Air pilot Captain Brodie Torrance takes off with a handcuffed prisoner aboard. A direct lightning strike forces Torrance and his co-pilot to emergency land on a remote island which is controlled by a militia leader. Also stars Tony Goldwyn and Yoson An. (S)(AD) (2023, 15, 130min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

11.10 **FILM Commando** Action thriller starring Arnold Schwarzenegger. (S)(AD) (1985, 18, 100min) ★★★
12.50 AM **Taskmaster** (S)(SL)(R)(AD)
1.45 **Ramsay's Kitchen Nightmares USA** A struggling Italian restaurant in Lancaster, California. (S)(SL)(R)
2.35 **Couples Come Dine with Me** (R)
3.30 **George Clarke's Old House, New Home** (S)(SL)(R)(AD)
4.25 **to 6.00** AM **The Simpsons** (S)(R)

+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 | 105 | 5 | 105 | 105 | 5

5.35 AM **Milkshake!**
9.15 **Entertainment News** (S)
9.20 **Susan Calman's Grand Day Out** A visit to Dumfries House. (S)(R)
10.10 **Ben Fogle: New Lives in the Wild** Double bill. (S)(R)
12.05 PM **Dogs Behaving (Very) Badly** Double bill. (S)(R)
2.05 **Catching Up with the Royals with Rev Richard Coles & Emily Andrews** New edition (S)
3.00 **FILM Matilda** Fantasy starring Danny DeVito and Mara Wilson. The bright young daughter of selfish parents discovers that she has magical powers. (S) (1996, PG, 120min) ★★★★
5.00 **News** (S)
5.05 **Reuben: Life in the Dales** 4/6. Reuben and his friends head to France on a road trip. (S)(R)

3.00 Matilda

6.05 **Reuben: Life in the Dales** 5/6. Reuben, Tommy and Sarah get started on their busy autumn schedule, cleaning out the yard's barn and replacing their neighbour's septic tank. (S)(R)

7.00 **NEW Elizabeth II: The Unseen Photos** One-off documentary shown to mark a century since the birth of Queen Elizabeth II, which use photographs to chart the life of Britain's longest-serving monarch. Royal insiders reveal how she became a global icon. (S)

8.30 **NEW Philip & the Queen: A Royal Fairytale** One-off documentary which uses archive footage and interviews with historians, journalists and royal insiders to chart the relationship of Elizabeth II and Prince Philip, a marriage that shape the modern monarchy. (S)

10.00 **1984: Those Were the Days** A look back at key events in TV, film and politics in 1984, a year in which *Spitting Image* and *The Young Ones* revolutionised comedy and enraged the old guard. (S)(R)

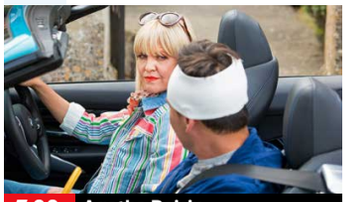
12.05 AM **Noel Edmonds: The Rise & Fall of Mr Saturday Night** A profile of the unpredictable TV and radio presenter. (S)(R)
1.20 **Teleshopping** (S)(R)
2.25 **Cash in the Attic** (S)(R)(AD)
4.45 **Paul Martin's Antiques Showdown** (S)(SL)(R)
5.30 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 | 305 | 38 | 128 | 253

SKY ONE

106 106 | 109 | 346 | 361

6.00 AM **Hawaii Five-0** (S2) (S)(R)
9.00 **The Simpsons** (S)(R)
12.00 NOON **Gillette Labs Soccer Saturday** A look ahead to today's key football fixtures.
3.00 PM **Gillette Labs Soccer Saturday** Stay up to speed with the afternoon's football up and down the country.
5.00 **The Simpsons** *Wild Barts Can't Be Broken:* Springfield Elementary is vandalised, prompting Chief Wiggum to enforce a curfew. With the voice of Cyndi Lauper. (S)(R) **5.30** *Sunday, Cruddy Sunday:* Homer organises a trip to the Super Bowl with a busload of friends and acquaintances. With the voices of Dolly Parton and Rupert Murdoch. (S)(R)



7.00 Agatha Raisin

6.00 **The Simpsons** *Homer to the Max:* Homer adopts a new identity. (S)(R) **6.30** *I'm with Cupid:* Apu showers his wife with gifts. Featuring the guest voice of Elton John. (S)(R)

7.00 **Agatha Raisin** *Love from Hell:* 3/4. When James vanishes after a blazing row with Agatha leaving behind only a trail of blood and a dead body, everyone is left fearing the worst and it is up to the detective to find out what really happened and bring her friend home safely. Stars Ashley Jensen and Jamie Glover. (S3) (S)(R)(AD)

9.00 **FILM Indiana Jones and the Kingdom of the Crystal Skull** Steven Spielberg's action adventure sequel starring Harrison Ford and Cate Blanchett. In 1957, Indiana Jones tries to stop Soviet agents from seizing a crystal skull with psychic powers. With Shia LaBeouf, Karen Allen and John Hurt. (S) (2008, 12, 135min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

11.15 **Ricky Gervais: Politics** The stand-up comedian performs at the Palace Theatre in the West End in 2004. (S)(R)
12.45 AM **The Force: North East** The discovery of a trail of blood leaves officers puzzled. (S)(R) **1.45** Officers respond to a flood of 999 calls. (S)(R)
2.45 **Road Wars** Triple bill. (S)(R)
5.00 **to 6.00** AM **Highway Patrol** (S)(R)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **964**, Virgin **862**, Freesat **964**
12.00noon LIVE Sportscene Scottish Cup Football (S) **3.00-4.30pm LIVE** Snooker: World Championship (S)

N. IRELAND
Sky **966**, Virgin **863**, Freesat **966**
No variations

WALES
Sky **965**, Virgin **864**, Freesat **965**
1.00pm LIVE Rugby Union: Women's Six Nations (S) **3.20 LIVE** Rugby Union: Women's Six Nations (S) **5.45** Best of Weatherman Walking New edition (S) **6.00-6.15** BBC News (S) **6.20** Weather (S) **6.25** Celebrity Bridge of Lies (S)(R) **7.10** Blankety Blank (S)(R) **7.45-8.45pm** Michael McIntyre's Big Show New edition (S)

BBC2

N. IRELAND
Sky **969**, Freesat **969**
3.20pm Elizabeth: The Unseen Queen (S)(R)(AD) **4.40 LIVE** The Championship (S) **7.00-7.50pm** Flog It! (S)(R)

WALES
Sky **968**, Freesat **968**
1.00pm Bargain Hunt (S)(R) **2.00 LIVE** Snooker: The World Championship (S) **4.30** Hairy Bakers: Celebration Cakes (S)(R) **4.45 LIVE** Match of the Day Wales (S) **7.00-7.50pm** Flog It! (S)(R)

ITV1

No variations

S4C

Sky **134**, Virgin **164**, Freesat **120**
6.00am Cyw **8.00** Stwnsh Sadwrn **10.00** Ne-wff-ion **10.15** Garddio a Mwy **10.45** Priodas Pum Mil **11.45** Ffermio **12.20pm** Gwladfa: Gwilym Bowen Rhys **12.50** Cysgu O Gwmpas (AD) **1.25** Am Dro! (AD) **2.25** Cynefin **3.25** Hen Dy Newydd (AD) **4.25** Nol o'r Dibyn gyda Iolo Williams (AD) **5.00 LIVE** Sgorio **7.15** Newyddion a'r Tywydd **7.30** Gwlad y Basg: Gwilym Bowen Rhys **8.00** Noson Lawen **9.00** Clwb Rygbi Rhyngwladol **10.00** Pel-Droed Rhyngwladol **11.00-11.35pm** Elis James: Cic Lan Yr Archif

BBC3

115/117/121 118 | 107/113 | 23 | 107 | 107 | 10

BBC3 programmes start at 7.00pm

7.00 PM **Proper Ladies** Short comedy about four schoolgirls in detention.
7.10 **Doctor Who** *The Day of the Doctor:* 15/16. Three Time Lords join forces in this 50th anniversary special. (S7)
8.30 **Ghosts** 5/6. Robin has an epiphany that has a profound impact on everyone. **9.00** 6/6. Mike and Alison receive a life-changing offer far beyond either of their expectations. (S5)
9.30 **Mrs Brown's Boys** 3/4. Agnes and the gang help Winnie learn to drive, risking life and limb across Finglas. **10.00** 4/4. Agnes gatecrashes Cathy's book club and shares her growing love of saucy stories. (S5)
10.30 **Two Pints of Lager and a Packet of Crisps** 12/14. Gaz gets in touch with his feminine side. (S5)
11.00 **Two Pints of Lager and a Packet of Crisps** (S5&6)
2.00 AM **Proper Ladies**
2.10 **Doctor Who: Unleashed**
2.40 **to 4.00** AM **Doctor Who**

BBC4

116 119 | 107/108 | 9/24 | 106 | 108 | 11

BBC4 programmes start at 7.00pm

7.00 PM **LIVE Snooker: World Championship** Catrin Heledd presents coverage of the evening session on day one from the Crucible Theatre in Sheffield, featuring the conclusion of Zhao Xintong's first-round match against a qualifier, and the start of Barry Hawkins' opener.
10.00 **The Crucible: 40 Golden Snooker Years** Steve Davis celebrates the World Snooker Championship's time at the venue, talking to Stephen Hendry, Dennis Taylor and Jimmy White, along with celebrity fans Richard Osman and Stephen Fry.
11.00 **On Cue with Steve Davis: The 1985 World Championship Final**
11.35 **FILM The Promised Land** Danish historical drama. (2023, 15, 127min) ★★★★
1.35 AM **Keeping Up Appearances**
2.05 **Sorry!**
2.40 **to 3.40** AM **The Crucible: 40 Golden Snooker Years**

MORE4

136/137 127 | 147 | 18 | 124 | 15

8.55 AM **Four in a Bed**
11.30 **A Place in the Sun**
3.40 PM **Come Dine with Me** Five editions of the dinner party challenge staged in Southend-on-Sea, Essex.
6.20 **Four in a Bed** The contest begins at the Buck Inn in Malham, North Yorkshire. **6.50** The rivals head to Smithson Farm in Reedley Hallows, Lancashire. **7.25** The third visit takes place at Mallard House in Gilling West, North Yorkshire.
7.55 **Four in a Bed** The fourth and final visit of the week is to the Bryn Derwen B&B in Rhayader, Powys. **8.25** The B&Bers find out how much they've been paid.
9.00 **24 Hours in A&E** The medics treat a 40-year-old doorman stabbed multiple times outside the social club where he works, and an 18-year-old student with blood coming from his ear who is behaving erratically.
10.00 **24 Hours in A&E** The lives of patients facing adversity head-on, including a former cancer patient now battling an aggressive ear infection. Plus,a charity fundraiser involved in a bicycle accident.
11.05 **Emergency Helicopter Medics** Double bill.
1.10 AM **24 Hours in A&E**
3.20 **to 3.50** AM **Supermarkets Unwrapped: Vegan Aisle**

+1 hour 236/237 | 347 | 125

E4

135/136 126 | 106 | 13 | 122 | 13

6.00 AM **Lego Masters Australia**
7.05 **The Amazing Race Australia** The celebs push on without a break in Langkawi.
8.35 **Made in Chelsea**
9.40 **Ramsay's Kitchen Nightmares USA**
11.35 **Married at First Sight Australia** Double bill.
2.50 PM **The Great Celebrity Bake Off for SU2C**
4.15 **FILM Soul** Animation with the voice of Jamie Foxx. (2020, PG, 97min) ★★★★
6.05 **The Simpsons** Double bill.
7.05 **The Simpsons** *The Regina Monologues:* The family go on holiday to London **7.35** *The Fat and the Furriest:* Homer is filmed fleeing from a wild bear and becomes a laughing stock. **8.00** *Today I Am a Clown:* Homer takes over Krusty's TV slot with his own show. **8.30** *Pretty Whittle Liars:* Cletus discovers that his wife has been hiding a secret.
9.00 **Celebrity Gogglebox** Famous faces appraise *Who Wants to Be a Millionaire?* and *Stranger Things*.
10.00 **Gogglebox** Opinions on *Starstruck, The Piano, You* and *Rick Stein's Cornwall*.
11.05 **Gogglebox**
12.10 AM **Celebrity First Dates**
1.15 **First Dates**
2.20 **Gogglebox**
4.10 **to 6.00** AM **Don't Tell the Bride**

+1 hr 235/236 | 306 | 30 | 123 | 256

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

SATURDAY Entertainment

Saturday

Sky Witness

107 107 110 341 356

6.00 AM **Bondi Rescue**
8.00 **Brit Cops: Law & Disorder**
9.00 **UK Border Force**
10.00 **Caught on Dashcam**
11.00 **Brit Cops: Law & Disorder**
12.00 NOON **Caught Red Handed**
2.00 PM **Stop, Search, Seize**
3.00 **Nothing to Declare** Eight editions, including at: **5.30** Security staff discover a hoard of deadly weapons. **6.00** Officers question a suspected drug carrier. **6.30** A South African man is caught with a false passport.

9.00 **Burn Notice**

7 PM
7.00 Nothing to Declare Customs officials arrest a man carrying heroin. **7.30** Officials are worried about a girl's mental state.

8 PM
8.00 Nothing to Declare A Chinese man is quizzed about his place of birth. **8.30** Officials track a suspicious passenger.

9 PM
9.00 Burn Notice *Fight or Flight:* 4/14. Michael helps a woman who is being threatened by a dangerous drug dealer. (S1)

10 PM
10.00 Doc *Family Matters:* 11/22. The search for Amy's hacker intensifies when the hospital finally brings in the FBI. (S2)
11.00 **Law & Order: Special Victims Unit** 15/22. (S26)
12.00 M'T **Matlock** 4/16. (S2)
1.00 AM **Chicago Fire** 6/13. (S12)
2.00 **Watson** New episode (S2)
3.00 **The Good Doctor** 3/22. (S6)
4.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 310

Sky Atlantic

108/109 108/109 111 342 357

6.00 AM **Urban Secrets**
8.00 **Billions** 10&11/12. (S1)
10.00 **Deadwood** 8–12/12. (S1)
3.10 PM **House of the Dragon** 9/10. Alicent enlists some help to track down Aegon.
4.15 10/10. Rhaenyra tries desperately to hold the realm together. (S1)
5.25 1/8. Rhaenyra struggles to deal with her son's murder.
6.30 2/8. Rhaenyra starts to question Daemon's loyalty, as Otto schemes to turn the public against her. (S2)

5.25 **House of the Dragon**

7.45 House of the Dragon *The Burning Mill:* 3/8. As ancient grudges resurface, Rhaenys suggests that Alicent may see reason while the men around her seek bloodshed. (S2)

9.00 The Miniature Wife *Merry Christmas, Lindy!* 2/10. Lindy attempts to adjust to life by exploring Lulu's doll's house. (S1)

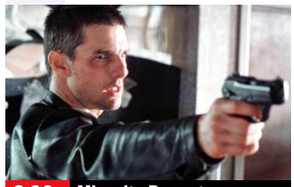
10.00 Hacks 1/10. Deborah returns to Las Vegas with Ava more determined than ever to secure her legacy as a comedian. (S5)
10.40 **Hacks** 2/10. (S5)
11.20 **True Detective: Night Country** 3/6. Navarro and Danvers receive a tip-off.
12.30 AM 4/6. (S4)
1.45 **Homicide: Life on the Street**
4.35 **Sort Of** 7/8. (S1)
5.05 **to 6.00** AM **The Guest Wing**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **Project Bakeover**
6.45 **Backyard Builds**
7.15 **Dress to Impress**
8.05 **The Only Way Is Essex**
11.00 **Deal or No Deal**
1.05 PM **Wheel of Fortune**
2.05 **Britain's Got Talent**
3.25 **Celebrity Catchphrase**
4.25 **FILM Kung Fu Panda** Animated fantasy comedy with the voice of Jack Black. (2008, PG, 92min) ★★★★
6.15 **FILM Liar Liar** Comedy with Jim Carrey and Maura Tierney. (1997, 12, 86min) ★★★★



8.00 **Minority Report**

FILM Liar Liar (started at 6.15pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8.00 FILM Minority Report Steven Spielberg's thriller starring Tom Cruise. In Washington in 2054, the authorities prevent potential murders thanks to the visions of three psychics. Then the chief of the Pre-Crime unit becomes a suspect. (2002, 12, 145min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.50 Family Guy 9/22. Peter, Joe and Cleveland go on a stakeout for a mystery woman. (S23)
11.20 **Family Guy** 13/20. Peter is mistaken for a single parent.
11.45 7/20. (S21)
12.15 AM **American Dad!** (S12)
1.15 **Plebs** 6/8. (S3)
1.45 **Piglets** 5/6. (S1)
2.20 **Deep Fake Neighbour Wars**
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Wycliffe** 5&6/6. (S5)
8.10 **Lewis** *The Quality of Mercy.*
12.05 PM **Agatha Christie's Marple**
2.10 **Midsomer Murders** *Blood Wedding:* The maid of honour is stabbed at a baron's wedding.
4.05 *The Made-to-Measure Murders:* Barnaby and Jones investigate when a woman is stabbed to death two years after her husband's death.
6.00 *Midsomer Life:* A country magazine owner is suspected of murder when a body is discovered in woodland.

10.00 **Grace**

Midsomer Murders (started at 6.00pm)

8.00 Midsomer Murders *The Magician's Nephew:* A magician becomes the prime suspect when his assistant drops dead on stage, poisoned by the toxins from a tropical frog. Guest stars Ronald Pickup and Stuart Wilson.

10.00 Grace *Dead If You Don't:* The team are called to investigate when a body in a barrel washes up on a beach, but Roy finds himself in a frantic race to save hundreds of lives.
11.50 A Touch of Frost *If Dogs Run Free – Part One:* Frost investigates a copycat killer and the murder of a teenager.
1.50 AM **On the Buses**
2.15 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **Nijinsky's Triple Crown**
6.05 **The Protectors**
6.40 **The Big Match Revisited**
8.25 **The Sweeney**
9.30 **Racing: The Opening Show**
10.30 **The Big Match Revisited**
11.30 **World of Sport**
11.40 **Made in Britain**
12.10 PM **The Adventures of Sherlock Holmes**
2.30 **Hornblower**
4.45 **LIVE Football: Women's European Qualifier** Iceland v England: From Laugardalsvollur in Reykjavik. Kick-off is at 5.30.

10.30 **Universal Soldier**

7.40 The Best of the 80s A look back at a selection of sports covered by ITV during the 1980s.
7.55 LIVE Spanish Football: Copa del Rey Final Atlético Madrid v Real Sociedad: Coverage of the showpiece match from La Cartuja. Atlético claimed a 4–3 aggregate victory over Barcelona in the semi-finals, while Sociedad defeated Athletic Bilbao 1–0 home and away in the last four. Kick-off is at 8.00.

10.30 FILM Universal Soldier Sci-fi drama starring Jean-Claude Van Damme and Dolph Lundgren. (1992, 18, 104min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.35 AM **Minder**
1.30 **Two and a Half Men** (S1)
2.20 **Auto Mundial**
2.45 **Unwind with ITV**
3.30 **to 4.00** AM **Motorsport Mundial**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
1.00 PM **LIVE Rugby Union: Women's Six Nations** Scotland v England: Coverage of the opening match in the second round of fixtures, held at Scottish Gas Murrayfield. Kick-off is at 1.30.
3.30 **This Is BBC Scotland**
7.00 **Reporting Scotland**
7.15 **Beechgrove Repotted**
7.30 **Scotland's Home of the Year** 2/7. From the Highlands and Islands.
8.00 **Meet the Clan** The inauguration of the newly confirmed chief of Clan Buchanan.
9.00 **Inside Barlinnie** 2/2. Billy fights for recognition that he has changed.
10.00 **FILM Dirt Road to Lafayette** Drama. (2018, 12, 100min) ★★
11.40 **Tune** With hip-hop artist Supermann on da Beat.
11.55 PM **to 12.00** M'T **Loop**

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Sort Of** (S2)
9.00 **American Auto** (S1)
12.30 PM **Bloods** 1–4/6. (S1)
2.30 **Will & Grace** (S6)
4.00 **Community** (S4)
6.30 **The Office (US)** 11/26. Michael takes Dwight, Andy and Oscar to New York.
7.00 12/26. Jim attempts to raise spirits.
7.30 13/26. Andy's Secret Santa gifts prove unsuccessful.
8.00 14/26. A potential buyer visits the office.
8.30 15/26. Michael has trouble adjusting to Dunder Mifflin's new acquisition. (S6)
9.00 **Rob Beckett: Wallop** Stand-up performance.
10.15 **Ania Magliano: I Can't Believe You've Done This** Stand-up show.
11.30 **Seth Meyers: Dad Man Walking** Stand-up show.
12.45 AM **The Chair Company**
3.30 **to 5.00** AM **American Auto**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **Dance On!**
7.10 **English National Ballet in Paris**
8.20 **Tales of the Unexpected**
10.50 **Alfred Hitchcock Hour**
12.50 PM **FILM Sabrina** Vintage comedy. (1954, b/w, U, 113min) ★★★★
3.00 **Discovering: Jack Nicholson**
4.00 **Spymasters: The Great Spy Writers**
5.00 **Pink Floyd: The Story of Wish You Were Here**
6.25 **Cream Reunion Concert** From 2005.
9.00 **The Yardbirds** A history of the rock band.
10.45 **Buddy Holly: Rave On** The story of Buddy Holly's life and career.
12.00 M'T **The Shadows: The Final Tour** From 2004.
3.00 AM **London Calling**
4.10 **Classic Albums**
5.10 **Discovering: Carpenters**
5.35 **to 6.00** AM **Discovering: The Beach Boys**

Sky Mix

151 158 156 11 141 23

6.00 AM **Border Patrol**
8.00 **Border Security: Canada's Front Line**
10.00 **Nothing to Declare**
12.00 NOON **Caught on Dashcam** Double bill.
2.00 PM **Caught Red Handed**
4.00 **Monkey Life**
5.00 **Islands** Double bill.
7.00 **Pride Rules** Vast herds of prey return to the banks of the Chobe.
8.00 **Caught on Dashcam** Road disasters captured on dashboard cameras.
9.00 **FILM Wynonna Earp: Vengeance** Sci-fi Western spin-off starring Melanie Scrofano. Wynonna returns home to battle her greatest foe yet – a psychotic seductress hellbent on revenge. (2024, 15, 96min) ★★★★
11.00 **Caught on Dashcam**
1.00 AM **Killer in My Village**
2.00 **Motorway Patrol**
4.00 **to 6.00** AM **Border Patrol**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point**
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** Five friends from Morecambe take part.
3.00 **The Floor** The 57 remaining contestants fight for more squares.
4.00 **Riddiculous** Quiz show hosted by Ranvir Singh.
5.00 **Deal or No Deal** Stephen Mulhern hosts as Aysha tries to open the 22 red boxes in the right order, taking on the Banker for the chance to win life-changing cash.
6.00 **Lingo** Triple bill of the word-based quiz show hosted by Adil Ray.
9.00 **Millionaire Hot Seat** Double bill of the big-money quiz hosted by Jeremy Clarkson.
10.00 **Tipping Point** Triple bill of the arcade-themed game show hosted by Ben Shephard.
12.55 AM **Tenable** Quiz show.
1.50 **to 2.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **Come Dine with Me**
2.00 PM **Couples Come Dine with Me** In Lancashire.
3.00 **George Clarke's Old House, New Home**
4.00 **A Place in the Sun**
8.00 **Help! I Bought It at Auction with Sarah Beeny** In Herne Bay, Leezac hopes to create a modern home on a modest budget.
9.00 **The Disappearance of Jay Slater** Insight into the case of a missing teenager in Tenerife in the summer of 2024.
10.20 **24 Hours in Police Custody: The Cold Case Murder** 1/2. The cold case investigation into the brutal murder of an 86-year-old woman.
11.20 2/2. Forensics get a partial DNA match to a previous suspect.
12.25 AM **Gogglebox**
2.25 **The Copenhagen Test**
4.25 **to 4.55** AM **A Place in the Sun**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Star Trek: The Next Generation** 12&13/26. (S7)
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 14-16/26. (S7)
1.30 PM **Star Trek: Voyager** 15/26. Janeway and Chakotay crash-land their shuttle. **2.20** 16/26. A crew member enters his mating phase. **3.10** 17/26. Chakotay is kidnapped by aliens. **4.00** 18/26. Kes wonders where her future lies. **5.00** 19/26. An asteroid threatens a planet. (S3)

6.00 The Desolation of Smaug

6.00 FILM **The Hobbit: The Desolation of Smaug** Peter Jackson's fantasy adventure starring Martin Freeman. Bilbo Baggins and the company of dwarves continue their quest to reclaim the dwarves' kingdom. (2013, 12, 161min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **The Walking Dead** *Nebraska:* 8/13. As the survivors bury Sophia, Shane and Rick's differences openly erupt.

10.00 **The Walking Dead** *Triggerfinger:* 9/13. Rick, Hershel and Glenn are trapped by foes both dead and alive. (S2)
11.00 **The Walking Dead** 10/13. Rick and Shane argue over how to deal with Randall. (S2)
12.00 M'T **Grimm** 5/22. A preacher asks for Nick's help when his church is robbed. **1.00** AM 6/22. A contract is put out for Monroe's life. **2.00** 7-9/22. (S2)
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S12)
10.00 **Miss Scarlet and the Duke**
12.00 NOON **Inspector George Gently** *Gently in the Blood.*
2.00 PM **Father Brown** Four episodes, including at: **4.00** *The Deserving Poor:* Blind 'Arry is arrested for murder. **5.00** *The Sisters of Aeschylus:* Lady Felicia invites a group of famous writers to Montague.
6.00 **Shakespeare & Hathaway: Private Investigators** 9/10. Paranormal activity is reported in a pub. (S3)

6.00 Shakespeare & Hathaway

7.00 **Shakespeare & Hathaway: Private Investigators** 10/10. The duo delve into the world of private tutoring. (S3)

8.00 **Allegiance** *Supply Side:* 2/10. Sabrina and the team track a batch of deadly heroin sweeping through Surrey. (S1)

9.00 **Father Brown** *The Enigma of Antigonish:* The priest investigates staff at a spa when a former employee is found dead.

10.00 **Death in Paradise** *Somewhere in Time:* 7/9. The host of a fishing trip is found harpooned on a beach. (S10)
11.00 **Father Brown** *The Cup of Calabria:* The priest hunts for a priceless holy relic. **12.00** M'T *The Lord of the Dance:* A TV dancing contest takes a deadly turn.
1.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.40 AM **The Green Green Grass**
8.15 **Only Fools and Horses**
2.40 PM **Only Fools and Horses** Del gets the chance to sell off a couple of antique urns. **3.20** Del takes up cards in his latest bid to make a fortune. **4.00** Rodney finds a girlfriend. **4.40** Del decorates the local Chinese restaurant. **5.20** The Trotters go on holiday. **6.00** Del starts his own chandelier-cleaning business. **6.40** The Trotters agree to do a spot of decorating for Denzil.

8.00 Open All Hours

7.20 **Only Fools and Horses** Del Boy pays a stripper to attend a party at the Nag's Head with Rodney.

8.00 **Open All Hours** First episode. Tight-fisted shopkeeper Arkwright buys fire-damaged stock. **8.40** Arkwright opens the shop before dawn to catch the morning rush.
9.20 **This Time with Alan Partridge** Alan worries that he may lose his job.

10.00 **This Time with Alan Partridge** Alan takes to the skies in a Spitfire.
10.40 **Mrs Brown's Boys** Cathy goes to extreme lengths to impress her psychologist boyfriend.
11.20 **Open All Hours**
12.40 AM **Only Fools and Horses**
2.00 **This Time with Alan Partridge**
2.35 **Alma's Not Normal**
3.05 **to 4.00** AM **Open All Hours**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Rick Stein's Road to Mexico** The Yucatan Peninsula.
8.00 **James May's Cars of the People** Documentary.
9.00 **Would I Lie to You?**
3.40 PM **Would I Lie to You? The Unseen Bits** Extra material.
4.20 **Would I Lie to You? At Christmas** With Bill Bailey.
5.00 **Would I Lie to You?**
5.40 **Would I Lie to You? The Unseen Bits** Extra material.
6.20 **Would I Lie to You?** With Danny Dyer, Jon Richardson, Moira Stuart and Joe Lycett.

9.00 Red Dwarf

7.00 **Would I Lie to You?** With Gabby Logan,Bob Mortimer, Steve Backshall and Katherine Parkinson. **7.40** With Greg Davies, Alex Jones, John Cooper Clarke and Rick Edwards. **8.20** With Richard Osman, Jermaine Jenas, Germaine Greer and Alan Davies.

9.00 **Red Dwarf** Lister triggers off the ship's self-destruct sequence. **9.40** Kryten discovers that a developing fluid has mutated, causing photos to come to life. **10.20** Kryten discovers that he is due to die in less than 24 hours.
11.00 **Not Going Out** Geoffrey reluctantly allows Lee to help clean up his new extension.
11.35 **Not Going Out** Double bill.
12.55 AM **Have I Got a Bit More News for You** With Clive Myrie.
2.00 **to 4.00** AM **Live at the Apollo**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.30 AM **Birds of a Feather**
8.40 **Lovejoy** Triple bill.
12.15 PM **Father Brown**
1.15 **New Tricks** Double bill.
3.55 **Jonathan Creek** *The Three Gamblers:* The duo investigate the case of a murdered drug runner who seems to have returned from the dead to exact vengeance on his killers.
5.00 **Signora Volpe** *Secrets and Sacrifices:* 2/3. Sylvia helps out on an archaeological dig, and discovers a skeleton buried in a shallow grave. (S1)

9.00 Whitechapel

7.00 **The Brokenwood Mysteries** *Publish or Be Damned:* 3/6. A writers retreat on a picturesque estate generates ample inspiration when the body of mentor Dame Audrey McKinnon is found floating under a nearby waterfall. (S10)

9.00 **Whitechapel** 4/6. As the killer runs rings around Chandler and Miles, they question the motives behind the crimes. (S4)

10.00 **The Inspector Lynley Mysteries** *One Guilty Deed:* The detectives' case against a violent criminal is thrown into jeopardy by the murder of a key witness.
12.00 M'T **New Tricks**
1.20 AM **A Small Light**
2.20 **Birds of a Feather**
2.50 **to 4.00** AM **Queens of Mystery**

+1 hour 243 316 60 260

7 PM
8 PM
9 PM
10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Cops** Documentary.
9.20 **Blue Bloods** (S8)
2.00 PM **NCIS: Los Angeles** Eight episodes of the series, including at: **6.00** *Red – Part One:* 18/24. Callen and Sam join a mobile NCIS team. **7.00** *Red – Part Two:* 19/24. The LA and Red agents continue to track down Robert Spears. **8.00** *Purity:* 20/24. The team investigate a potential poisoner. **9.00** *Resurrection:* 21/24. The body of a cartel boss is snatched from a morgue. (S4)
10.00 **Law & Order: Special Victims Unit** *Criminal:* 21/25. A criminology student is killed. (S5)
11.00 **Law & Order: Special Victims Unit** (S5)
1.50 AM **Law & Order: Criminal Intent** (S7)
3.35 **to 4.00** AM **Cops**

+1hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Car Pound Cops**
8.30 **Friends** 1-3/24. (S2)
10.00 **Dogs Behaving (Very) Badly** Double bill.
12.00 NOON **Shoplifters: Caught Red Handed**
1.00 PM **Nightmare Tenants, Slum Landlords**
5.00 FILM **Jackie Chan's The Medallion** Comedy. (2003, PG, 88min) ★
6.50 FILM **Shanghai Noon** Martial-arts comedy with Jackie Chan. (2000, 12, 109min) ★★★
9.00 FILM **Air Force One** Action drama starring Harrison Ford. (1997, 15, 124min) ★★★
11.25 FILM **Rise of the Footsoldier 3** Crime thriller prequel. (2017, 18, 99min) ★
1.30 AM **Cops 'n' Robbers: Caught on Camera**
2.25 **Fights, Camera, Action!**
3.15 **to 4.00** AM **Police Interceptors**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Winter Road Rescue**
9.35 **Police Interceptors**
12.35 PM **Mud Mountain Haulers** Triple bill.
3.30 FILM **Stagecoach Express** Vintage Western. (1942, PG, 57min) ★★★
4.35 FILM **The Quick Gun** Western. (1964, PG) ★★
6.30 FILM **Death Rides a Horse** Spaghetti Western. (1969, 15, 111min) ★
9.00 FILM **Hang 'Em High** Revenge Western. (1967, 18, 114min) ★★★★
11.25 **The X-Files** *The Host:* 2/25. An aquatic monster lurks in the sewers. **12.25** AM *Blood:* 3/25. Strange messages drive people to murder. **1.25** *Sleepless:* 4/25. A killer is able to make nightmares real. **2.25** *Duane Barry:* 5/25. An alleged abductee takes hostages. (S2)
3.25 **Winter Road Rescue**
3.55 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **The Bill**
1.00 PM **999 Rescue Squad**
7.00 **First Responders** A drag racer smashes into a concrete wall. **8.00** Four people are left fighting to keep their heads above water when their boat sinks.
9.00 **Gavin & Stacey** The happy couple return from their honeymoon. **9.40** Gavin sets out to help Smithy accept his responsibilities. **10.20** Smithy and Nessa visit the hospital for an ultrasound scan.
11.00 **The Catherine Tate Show** Guest stars Siobhan Redmond. **11.40** With Jill Halfpenny. **12.20** AM Schoolgirl Lauren visits the gym.
1.00 **DIY SOS: The Bigger Build Ireland**
1.50 **to 3.00** AM **Louis Theroux Interviews... Bear Grylls**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great Coastal Railway Journeys**
8.00 **Dream Car Fixers**
12.00 NOON **Porridge**
2.00 PM **Canal Boat Diaries**
4.00 **Tropic of Cancer with Simon Reeve**
5.00 **Simon Reeve's South America**
6.00 **Planet Earth** How the sun affects life on Earth. **7.00** The wildlife of the world's mightiest rivers.
8.00 **Bangers & Cash** Jack's baby Max makes his podium debut. **9.00** Paul collects a cherished 1924 Rover 9.
10.00 **Train Truckers** Zak and Alex face a four-day mission to deliver two steam locomotives. **11.00** A Great Western Railway 'Modified Hall' steam engine needs a safety inspection.
12.00 M'T **to 3.00** AM **Bangers & Cash**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** From Florida.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **Celebrity Yorkshire Auction House**
1.00 PM **Antiques Road Trip**
6.00 **Money for Nothing** The team transform an old washstand and a sofa. **7.00** A toolbox and a bookcase are revamped. **8.00** Sarah Moore saves tents, dining chairs and a dressing screen.
9.00 **My Lottery Dream Home** Double bill.
10.00 **100 Day Dream Home** New edition Brian and Mika are tasked to create a home for an Air Force veteran couple.
11.00 **Celebrity IOU**
12.00 M'T **Celebrity Help! My House Is Haunted**
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

SATURDAY Entertainment

Saturday

Great! TV

157 167 170 34 32

8.10 AM **Little House on the Prairie** (S3&4)
2.20 PM **Little House on the Prairie** Six episodes of the series, including at: **5.20** *The Aftermath:* 8/24. Jesse James hides out in Walnut Grove. **6.20** *The High Cost of Being Right:* 9/24. Alice's job at the Post Office causes marital discord. **7.20** *The Fighter:* 10/24. Charles takes part in a boxing match. (S4)
9.00 **Ruth Rendell Mysteries** *Vanity Dies Hard:* Drama starring Eleanor David. A bride-to-be investigates the disappearance of a friend upset at her plans to marry. With Mark Frankel and Peter Egan.
12.05 AM **Rumpole of the Bailey** 3&4/6. (S4)
2.00 **Home to Roost** (S4)
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257

Great! Action

323 319 426 42 33

9.00 AM FILM **War of the Wildcats** Western. (1943, b/w, U, 102min) ★★
11.20 FILM **Backlash** Western. (1956, PG, 84min) ★★★
1.10 PM FILM **Captain from Castile** Adventure. (1947, b/w, U, 140min) ★★★
4.10 FILM **In the Line of Fire** Crime thriller. (1993, 15, 127min) ★★★★
7.00 FILM **Stratton** Thriller starring Dominic Cooper. (2017, 15, 94min) ★★
9.00 FILM **Déjà Vu** Sci-fi thriller starring Denzel Washington, Val Kilmer and Paula Patton. (2006, 12, 126min) ★★★★
11.25 FILM **Eliminators** Thriller starring Scott Adkins and Stu Bennett. (2016, 15, 94min) ★★
1.25 AM **The Baron** (S1)
4.05 FILM **Meteor Storm** Sci-fi action thriller. (2010, 12, 90min) ★
5.30 **to 6.00** AM **Air Rescue**

+1 hour 324

Great! Mystery

321 318 425 50 48

8.00 AM **Air Rescue**
8.30 **Sue Thomas: F.B.Eye**
11.30 FILM **An Aurora Teagarden Mystery: Dead Over Heels** Drama. (2016, PG, 90min) ★★
1.20 PM FILM **Pilot** Thriller. (2019, PG, 89min) ★★
3.15 FILM **Playing Dead** Drama. (2019, PG) ★★
5.10 FILM **Words Can Kill** Thriller with Jill Wagner. (2019, PG, 90min) ★★
7.05 FILM **Dead Talk** Thriller. (2019, PG, 88min) ★★
9.00 FILM **Murder, She Baked: Just Desserts** Drama. (2017, PG) ★★
10.55 FILM **Garage Sale Mysteries: Picture a Murder** (2018, PG) ★★
12.50 AM FILM **Flirting with Danger** Thriller. (2006, PG, 90min) ★★
2.25 FILM **Pregnant and Alone** (2020, PG) ★★
4.00 **to 5.00** AM **Sue Thomas: F.B.Eye**

+1 hour 322

Great! Romance

319 317 424 52 47

8.10 AM FILM **My Best Friend's Bouquet** Drama. (2020, U, 84min) ★★
10.05 FILM **The Baker's Son** Fantasy. (2021, PG) ★★
12.00 NOON FILM **The Royal Bake Off** Romance. (2023, PG, 90min) ★★
2.00 PM FILM **A Royal Runaway Romance** Comedy. (2022, PG) ★★
3.55 FILM **Once Upon a Holiday** Romantic drama. (2015, PG, 85min) ★★
5.50 FILM **Christmas with a Prince** Romantic drama. (2018, PG, 90min) ★★
7.45 FILM **How to Win a Prince** Romantic comedy. (2023, U, 89min) ★★
9.45 FILM **Write Before Christmas** Drama. (2019, U, 90min) ★★
11.50 FILM **Belle's Christmas Gift** (2024, PG) ★★
1.50 AM **Highway to Heaven**
3.00 **to 5.00** AM FILM **Christmas with a Prince**

+1 hour 320

Together TV

170 136 83 162

11.00 AM **Garden Rescue**
1.00 PM **Country House Auction** Four editions.
5.00 FILM **Futtock's End** Silent comedy starring Ronnie Barker and Michael Hordern. (1970, 12, 47min) ★★
6.00 FILM **Buster** Comedy drama with Phil Collins. (1988, 15, 102min) ★★
8.00 **Garden Rescue** Charlie Dimmock and Chris Hull create a Mediterranean garden in Devizes. **9.00** Green-fingered Sonia from Shaftesbury needs some help fixing up her garden.
10.00 FILM **Groupie Girl** Drama with Esme Johns. (1970, 18, 87min) ★★
12.00 M'T FILM **Adventures of a Taxi Driver** Comedy. (1976, 18, 86min) ★
2.00 AM FILM **Buster** (1988)
4.00 **to 5.00** AM **Swinging London Session Musicians**

Rewind TV

182 81 141

6.00 AM **Sherlock Holmes**
7.30 **The Fenn Street Gang**
9.00 **The Gaffer** 4-6/6. (S1)
10.30 **Agony** (S1&2)
12.00 NOON **The Champions**
1.00 PM **Boon** 6/13. (S4)
2.05 **Space 1999** (S2)
5.20 **Second Thoughts** (S2)
6.50 **The Brian Conley Show** Songs, sketches, stand-up and celebrity guests.
7.50 **The Lovers** 1/6. (S1)
8.20 **Boon** *Sickness and Health:* 6/13. Helen helps a battered wife. (S4)
9.25 **Frederick Forsyth Presents** A retired spy is forced back into action.
11.20 **Mary Millington's True Blue Confessions**
12.20 AM FILM **Secrets of Sex** Erotic comedy. (1970, 18, 92min) ★★
2.10 **Stereo Underground**
3.10 **Britannia** Documentary.
3.55 **Rewind Time Machine**
4.00 **Bubblegum & Cheese**
5.00 **to 6.00** AM **Stereo Underground**

DMAX

159 151 169 39 147 35

6.00 AM **Deadliest Catch**
10.00 **Outback Opal Hunters**
1.00 PM **Gem Hunters Down Under** Triple bill.
4.00 **Aussie Gold Hunters**
7.00 **Extreme Cheapskates** A pregnant woman searches a junkyard. **7.30** A woman requests her neighbour's leftovers. **8.00** A woman has a strict budget for her daughter's wedding. **8.30** A mother-of-four looks after her family on a very tight budget.
9.00 **Paranormal: Caught on Camera** Ghosts flock to a quaint coastal farmhouse.
10.00 **Kindred Spirits** A New Jersey mine said to suffer from dark energy.
11.00 **Kindred Spirits**
12.00 M'T **Body Bizarre**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Baggage Battles**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Diners, Drive-Ins and Dives** Four editions.
8.00 **Barefoot Contessa: Back to Basics**
11.00 **Jamie Oliver: Cooking for Less**
12.00 NOON **Jamie's Money Saving Meals**
1.00 PM **James Martin's Islands to Highlands**
3.00 **Hairy Bikers Go Local**
6.00 **Hairy Bikers Go West** A visit to the Isle of Bute.
7.00 **Jamie Oliver: Cooking for Less** The chef is on a mission to make delicious dishes that won't break the budget.
8.00 **Jamie's Money Saving Meals** Recipes on a budget with Jamie Oliver. **8.30** Jamie prepares a roast half shoulder of pork and meatloaf with spaghetti and a tomato and chilli sauce.
9.00 PM **to 3.00** AM **Diners, Drive-Ins and Dives**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

7.00 AM FILM **Apocalypse of Ice** Disaster drama. (2020, PG, 88min) ★★
9.00 **Six Million Dollar Man**
2.00 PM FILM **Danger Within** Mystery. (1959, b/w, U, 97min) ★★
4.00 FILM **The Spy Who Came in from the Cold** Spy thriller. (1965, b/w, PG, 107min) ★★★★
6.10 FILM **Apache Uprising** Western starring Corinne Calvet and Rory Calhoun. (1966, PG, 90min) ★★
8.00 **The Twilight Zone** (S5)
9.00 FILM **Mr & Mrs Smith** Black comedy thriller with Brad Pitt. (2004, 15, 120min) ★★★
11.30 FILM **Hitman** Thriller with Timothy Olyphant. (2007, 15, 100min) ★★★
1.25 AM FILM **Stratton** Thriller. (2017, 15) ★★
3.15 **to 4.55** AM FILM **The Legend of the 7 Golden Vampires** Horror drama. (1974, 15, 89min) ★★

Legend Xtra

317 316 171 69 138 51

9.00 AM **The Twilight Zone**
10.00 FILM **40 Days and Nights** Disaster thriller. (2012, 15, 86min) ★
12.00 NOON FILM **Against a Crooked Sky** Western. (1976, PG, 85min) ★★
2.00 PM FILM **Alien Convergence** Thriller starring Stephen Brown. (2017, 15, 90min) ★★
4.00 **The Lost World** (S3)
8.00 **Andromeda** 1/22. (S1)
9.00 FILM **Warrior** Action drama with Joel Edgerton and Tom Hardy. (2011, 12, 140min) ★★★★
11.55 FILM **The Lawnmower Man** Sci-fi thriller starring Pierce Brosnan and Jeff Fahey. (1992, 15, 105min) ★★★
2.50 AM FILM **Collision Earth** Sci-fi thriller starring Kirk Acevedo. (2011, 12, 95min) ★★
4.35 **to 6.00** AM **The Twilight Zone**

+1 hour 318 139

Blaze

156 169 174 64 161 41

6.00 AM **Wicked Tuna**
7.30 **Swamp People: Serpent Invasion**
9.15 **Gold Wars Downunder**
10.10 **Ancient Aliens**
11.10 **The UnXplained with William Shatner**
1.05 PM **The Proof Is Out There** Double bill.
3.05 **What on Earth?**
6.00 **Cursed Histories** A beach covered in 'cursed' stones. **7.00** The curse of Timur. **8.00** How showman PT Barnum made millions off the backs of the defenceless.
9.00 **Holy Marvels with Dennis Quaid** Tales of iconic sacred weapons.
10.00 **Field of Vampires** A plot in Poland containing 30 'deviant burials.'
11.00 **Strange Evidence**
1.00 AM **National Park Mysteries** Double bill.
2.00 **to 6.00** AM **Alien Files: Unsealed**

5SELECT

153 166 138 46 133 30

9.00 AM **Murder, She Wrote**
1.00 PM **Murder, She Wrote** Six episodes, including at: **6.00** *Keep the Home Fries Burning:* Jessica investigates a poisoning.
7.00 **World War II: Secrets from Above** Events of World War Two from a unique perspective.
8.00 **Battle Front: WWII Road to Victory** A look at D-Day, one of the most pivotal moments in world history. **8.30** How the Allied forces worked to push the Germans back.
9.00 **How the Nazis Lost the War** How nepotism and corruption led to the Nazis' downfall. **10.00** A look at the Nazis' racist quest to realise the Aryan ideal. **11.00** How military blunders undermined confidence in the Nazis.
12.00 M'T **to 4.00** AM **Wentworth Prison**

Challenge

130 131 116 117 139 48 142 43

7.00 AM **The Chase**
9.00 **Dickinson's Real Deal**
11.00 **Blockbusters**
12.00 NOON **Celebrity Catchphrase**
1.00 PM **Tenable** Quiz show.
2.00 **Lily Savage's Blankety Blank** Triple bill.
4.00 **The Chase** Quiz show.
5.00 **The Chase Celebrity Special** Faye Tozer, Jamie Theakston, Ben Cohen and Sara Pascoe compete for charity. **6.00** With Aldo Zilli, Mark Billingham, Lucy Pargeter and Joey Essex.
7.00 **The Chase** Double bill.
9.00 **The Chase Celebrity Special** Ken Bruce, Paul Ince, Laila Morse and David Haye take part.
10.00 **The Chase** Quiz show.
11.00 **Bullseye** Six editions of the darts-based quiz.
2.00 AM **The Chase**
4.00 **The Chase Celebrity Special** Quiz show.
5.00 **to 6.00** AM **The Chase**

TLC

133 134 139 113 128 12 144 17

7.00 AM **Young Sheldon**
10.00 **Georgie and Mandy's First Marriage**
11.00 **The Big Bang Theory**
8.00 PM **The Big Bang Theory** 17/24. Sheldon comes up with some novel children's games. **8.30** 18/24. Sheldon and Amy try to charm the Nobel laureates. (S12)
9.00 NEW SERIES **Boy Band Confidential: A Hollywood Demons Event** 1/2. Interviews with boy band icons including Boyz II Men, Backstreet Boys and NSYNC reveal the dark side to manufactured stardom.
11.00 **People Magazine Investigates: Surviving A Serial Killer**
12.00 M'T **Young Sheldon**
1.00 AM **Dr Pimple Popper**
2.00 **My 600lb Life**
4.00 **to 6.00** AM **Say Yes to the Dress: UK**

+1 hr 233/234 313/328 99

Comedy Central

112 113 135 132 345 360

8.00 AM **Impractical Jokers**
10.00 **Friends** (S3)
7.00 PM **Friends** 19/25. Monica steals the heart of a millionaire. **7.30** 20/25. Chandler dates Rachel's boss. (S3)
8.00 **Michael McIntyre's The Wheel** Guests include Alex Jones, Sue Perkins and Seann Walsh.
9.00 FILM **Austin Powers in Goldmember** Spoof espionage thriller sequel starring Mike Myers. (2002, 12, 93min) ★★★
10.45 **Lee Evans Live at Her Majesty's Theatre**
12.05 AM **8 Out of 10 Cats**
1.45 **Whose Line Is It Anyway? USA**
2.15 **Utopia** 5/8. (S1)
2.45 **Jimmy Carr's Am I the A**hole?**
3.30 **Iain Stirling's Roast the Internet**
4.15 **to 5.00** AM **Michael McIntyre's The Wheel**

+1 hour 212/213 332

Comedy Cen. Extra

127 128 136 154

6.00 AM **Everybody Loves Raymond** (S2)
7.00 **Teleshopping**
9.00 **Friends** (S3)
10.00 **Michael McIntyre's Big Show** As 4.00pm.
11.00 **Bradley & Barney Walsh: Breaking Dad**
4.00 PM **Michael McIntyre's Big Show** With Bruno Tonioli and Rob Beckett.
5.00 **Everybody Loves Raymond** (S2)
8.00 **Friends** 17/25. Ross and Rachel's separation causes friction. **8.30** 18/25. Frank makes an announcement. **9.00** 19/25. Monica dates a millionaire. **9.30** 20/25. Chandler dates Rachel's boss. (S3)
11.00 **Friends** (S3&4)
2.00 AM **New Girl** (S3)
3.00 **South Park** (S20)
4.30 **Iain Stirling's Roast the Internet**
5.15 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **That's 60s: Best Music Live!**
8.20 **Just Good Friends** (S1)
10.50 **On the Buses** (S1)
2.25 PM **Rising Damp** (S1)
4.25 **Man About the House**
7.55 **Minder** 4/11. (S1)
9.00 **Benidorm** 3/9. Madge seizes her chance of marriage. **9.30** 4/9. Chantelle strikes up a friendship with the Oracle. (S2)
9.55 **Shameless** 1/22. Libby and Frank's wedding is thrown into chaos. (S8)
10.55 **Man About the House**
11.25 **Rising Damp** 7/7. (S3)
11.55 **Benidorm** 3&4/9. (S2)
12.55 AM **Minder** 11/11. (S4)
2.00 **In Sickness and in Health** 3/10. (S5)
2.25 **Man About the House**
2.45 **Duty Free**
3.40 **That's 60s: Best Music Live!**
4.00 **Nearest and Dearest**
4.50 **to 6.00** AM **Journeys: Welsh Highland Rail**

MTV

126 127 137 134 351 366

6.00 AM **16 and Pregnant**
7.10 **Teen Mom OG**
8.00 **Teen Mom 2**
9.00 **Teen Mom: Young & Pregnant** Reality series.
10.00 **Teen Mom: The Next Chapter** Triple bill.
1.00 PM **Catfish: The Dramatic** Reality series.
2.00 **Catfish: The TV Show** Eight editions of the series, including at: **7.00** A man seeks help in dealing with an obsessive online ex. **8.00** Jasmine writes to Nev and Max asking for help for a 'friend.'
9.00 **Ink Master Redemption** Double bill of the series.
10.00 **Dating Naked UK** Two naked newbies arrive at the house to shake things up.
11.00 **Tattoo Fixers**
12.00 M'T **Help I Sexted My Boss** Triple bill.
2.45 AM **All Star Shore**
3.35 **to 4.00** AM **Jackass**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How Do Animals Do That?**
9.00 **Jeremy Wade's Dark Waters**
11.00 **Air Jaws: Final Frontier**
12.00 NOON **Gold Rush: Mine Rescue with Freddy & Juan** Six editions, including at: **3.00** PM Freddy uses new technology to uncover gold. **4.00** A British Columbia miner is going broke on the banks of the Fraser River. **5.00** Juan must pull off a masterclass in jig upgrades.
6.00 **Gold Rush** Parker brings Sluicifer out of retirement.

12.00 Gold Rush: Mine Rescue

7.00 **Filthy Fortunes** Matt Paxton takes down a hazardous barn, and a *Spider-Man* comic sells for more than $15,000.
8.00 **Maine Cabin Masters** The team dismantle, move and restore a log cabin before the wedding of one of their own.
9.00 **Naked and Afraid** In a first, five social media influencers will attempt to use their primitive skills to survive for 14 days on a rugged, remote island in Thailand.
11.00 **Expedition X** Phil Torres and Heather Amaro board a haunted aircraft carrier.
12.00 M'T **Conspiracies & Coverups** Theories around mysterious craft in New Jersey's skies.
1.00 AM **How the Universe Works**
3.00 **to 5.00** AM **Street Outlaws: Memphis**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Must Love Cats**
10.00 **Lone Star Law**
11.00 **Dr Jeff: Rocky Mountain Vet**
1.00 PM **Pit Bulls & Parolees**
3.00 **My Cat from Hell** How a cat is helping others find homes.
4.00 **Life at Vet University**
5.00 **Treehouse Masters** A river shack-style treehouse along the banks of the Mississippi.
6.00 **Preposterous Pets** Following dog owners as they make over their poodles to compete in grooming contests.

7.00 How Do Animals Do That?

7.00 **How Do Animals Do That?** Exploring facts about cats' tongues. **7.30** A look into why some cats are cross-eyed.
8.00 **Extinct or Alive: The Lost Shark** Forrest Galante goes in search of the supposedly extinct Pondicherry shark.
9.00 **Alaska: Surviving the Last Frontier** The harsh conditions take their toll on the volunteers as they experience a blizzard.
10.00 **Tanked** Brett and Wayde look at some bizarre client requests in which they had to go the extra mile to get the job done.
11.00 **Tanked** The duo have their creativity put to the test with an eight-piece drum set.
12.00 M'T **Project Grizzly**
2.00 AM **Expedition Bigfoot**
3.00 **Extinct or Alive: The Lost Shark** As shown at 8.00pm.
4.00 **to 5.00** AM **My Extreme Animal Phobia**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Construction Fails**
9.00 **Car S.O.S** Triple bill.
12.00 NOON **Construction Fails**
1.00 PM **Toronto Airport Uncovered** Triple bill of the documentary, including at: **3.00** Two winter storms descend on North America.
4.00 **Planes That Changed History**
5.00 **Air Crash Investigation** Two float planes carrying tourists collide near a waterfall.
6.00 **Hitler's Teen Killers** The teenage soldiers of Hitler's 12th SS Panzer Division.

7.00 Oklahoma City Bombing

7.00 **Oklahoma City Bombing: One Day in America** 1/3. The story of the deadliest act of domestic terrorism in US history.
8.00 **Oklahoma City Bombing: One Day in America** 2/3. The FBI begin a nationwide search to find those responsible.
9.00 **Oklahoma City Bombing: One Day in America** 3/3. The nation grapples with the reality that the bomber is an American.
10.00 **Nazi Megastructures** How Nazi scientist Wernher von Braun developed the world's first long-range rockets.
11.00 **Nazi Megastructures** The story behind the Atlantic Wall.
12.00 M'T **Decoding History's Prophecies** The influence of clairvoyant Edgar Cayce.
1.00 AM **UFOs: Investigating the Unknown** Documentary.
2.00 **Paranatural**
3.00 **to 5.00** AM **Car S.O.S**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Ancient Aliens: Origins**
8.00 **Mountain Men**
10.00 **The Curse of Oak Island**
11.00 **Storage Wars** Six editions.
2.00 PM **The Lost City of Ramses II**
4.00 **Black Death Patient Zero** 1/2. Historian Philip Slavin traces the roots of the world's deadliest pandemic. **5.00** 2/2. New research and cutting-edge DNA analysis is used to uncover patient zero.
6.00 **The Last Hunt for Nazi Gold** Uncovering the obsession behind Hitler's art dream.

6.00 The Last Hunt for Nazi Gold

7.00 **Secrets of Great British Castles** Stirling Castle, which has long been one of the most strategically important castles.
8.00 **Secrets of Great British Castles** The history of Carrickfergus Castle, one of the most ancient castles in Northern Ireland.
9.00 **Royal Kill List** Docu-drama following Charles II's hunt for his father's killers, known as regicides. Stars Joseph Fiennes.
10.00 **Royal Kill List** Charles II faces a backlash, so he organises a lavish coronation he hopes will cement his rule.
11.00 **Royal Kill List** Charles takes steps to stamp power abroad.
12.00 M'T **Secret Sex Lives of Tyrants** The sexual power plays and obsessions that influenced Saddam Hussein.
1.00 AM **Black Death Patient Zero** 1&2/2. Double bill.
3.00 **The Lost City of Ramses II**
5.00 **to 6.00** AM **The Last Hunt for Nazi Gold**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **Discovering: Michelle Yeoh**
7.00 **Discovering: Kevin Bacon**
8.00 **The Directors**
9.00 **FILM The Kid Stays in the Picture** Documentary. (2002, 15, 93min) ★★★
11.00 **All That Breathes**
1.00 PM **On the Line: The Richard Williams Story** Documentary.
2.50 **My Icon: Heather Watson**
3.00 **FILM Dogtown and Z-Boys** Documentary. (2001, 15) ★★★
4.50 **My Icon: Shaun Gayle**
5.00 **Hitsville: The Making of Motown** Documentary.

7.10 I Am Heath Ledger

7.10 **I Am Heath Ledger** Documentary celebrating the life and work of the Australian actor, who died in 2008. Contributors include Naomi Watts, Ben Mendelsohn and Ang Lee.

7 PM
8 PM
9 PM
10 PM

11.00 **The Essex Murders: Who Killed Goldfinger?** 3/3. A hitman is suspected in John Palmer's murder.
12.00 M'T **The Two Escobars**
2.00 AM **Pete Doherty: Stranger in My Own Skin** The life of The Libertines co-frontman.
4.00 **to 6.00** AM **FILM Busby** A profile of Matt Busby. (2019, PG, 102min) ★★★

Quest

140/141 149 128/137 17 145 18

6.00 AM **Chasing Classic Cars**
8.00 **Wheeler Dealers**
3.00 PM **Shed and Buried: Classic Cars**
7.00 **Francis Bourgeois & Chris Harris: We Saved a Train** The duo have 48 hours to strip their locomotive for painting.
8.00 **Shed and Buried: Classic Cars** Henry Cole and Fuzz Townshend head to Essex to work on a Sunbeam Alpine.
9.00 **The Repair Shop** Two wind-up toys, a painted peppermill and a teddy bear are restored.
10.00 **The Derbyshire Auction House** Two families hope that their heirlooms can score big at auction.
11.00 **Aussie Gold Hunters**
12.00 M'T **The Snake Catcher**
1.00 AM **Combat Dealers**
3.00 **to 5.00** AM **How It's Made**

+1 hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Forensic Detectives**
9.00 **FBI Files** Double bill.
11.00 **The Murder of Gabby Petito: A Faking It Special** Documentary.
12.00 NOON **Forensic Detectives** Triple bill.
3.00 PM **Betrayed**
7.00 **Betrayed** The murder of Donna Bocklet. **8.00** The case of actor Pasinetta Prince.
9.00 **Inside the Arrest** After the murders of three schoolgirls, riots break out across Britain.
10.00 **Killer Confessions: Case Files of a Texas Ranger** New edition As a wedding nears, a gunman kills a mother.
11.00 **The Murder of Caroline Crouch: A Faking It Special**
12.00 M'T **Forensic Detectives** Double bill.
2.00 **to 4.00** AM **Murder on CCTV**

+1 hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **UK Crime Files: Newport Revenge Murder** A look at how an assault investigation jeopardised Robert Henry Davies' new life.
8.00 **UK Crime Files: Saturday Night Strangler** A look at the case of Joseph Kappen.
9.00 **UK Crime Files: The Railway Killers** The case of John Duffy and David Mulcahy.
10.00 **UK Crime Files: Bus Stop Rapist**
11.00 **UK Crime Files: The Longest Murder Trial**
12.00 M'T **UK Crime Files: Britain's Youngest Contract Killer**
1.00 AM **Donal MacIntyre's UK Killer Evidence**
2.00 **Fatal Fraud**
3.00 **Handsome Devils**
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Medical Detectives**
12.00 NOON **48 Hours**
3.00 PM **Fraud Squad**
4.00 **Bloodline Detectives**
6.00 **See No Evil** Atlanta entrepreneur Terry Porter is found dead.
7.00 **Judge Judy** Back-to-back real-life cases, including at: **10.00** A disagreement between a tenant and a landlord escalates. **10.25** A boy endures serious injuries as the result of a dog attack. **10.50** A daycare owner sues her former client for non-payment of services and failure to give two-weeks' notice. **11.15** A dispute between girlfriends ends in a multiple car collision.
11.40 **Judge Judy** Real-life small-claims cases.
2.00 AM **Bloodline Detectives**
4.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Stop, Search, Seize**
7.00 **A1: Britain's Longest Road** Double bill.
9.00 **Caught on Dashcam**
10.00 **Send in the Dogs**
11.00 **How I Caught the Killer**
12.00 NOON **Forensics: Catching the Killer**
1.00 PM **World's Most Evil Killers** Double bill.
3.00 **How I Caught the Killer**
5.00 **Britain's Most Evil Killers**
7.00 **Forensics: Catching the Killer** Double bill.
9.00 **World's Most Evil Killers**
10.00 **World's Most Notorious Killers**
11.40 **The Real CSI: Miami**
12.45 AM **Killing Mum and Dad** Stephen Seddon.
1.50 **How I Caught the Killer**
2.55 **The Real Manhunter: The Murder of Chris Donovan** True-crime.
4.00 **Highway Patrol**
5.00 **to 6.00** AM **Brit Cops: Law & Disorder**

+1 hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Grand Tours of the Scottish Islands**
8.40 **Impossible Peace**
1.00 PM **Grand Tours of the Scottish Islands**
1.40 **Wrecks That Changed the World** Five editions.
6.30 **Impossible Peace** The time of peace between World War One and World War Two. **7.35** How keeping Germany under-armed caused humiliation. **8.40** As Mussolini began his autocratic rule in Italy, technological advances were made across the world. **9.40** By the late 1920, Europe appeared to have come through the economic strife of war.
10.50 **Planet of the Plates** The geologic process of plate tectonics.
12.00 M'T **Animal Pride**
1.10 **to 2.00** AM **Grand Tours of the Scottish Islands**

SATURDAY

Saturday

Sky Nature

124/125 113/114 135 354 369

6.00 AM **My Best Friend's an Animal**
8.00 **Survival of the Beast**
10.00 **Bugs That Ruled the World**
12.00 NOON **The Island of Giants**
1.00 PM **The Kimberley: Australia's Wild West**
2.00 **Ireland's Wild Islands with Eoin Warner** 1-3/3. Triple bill.
5.00 **Micro Monsters with David Attenborough** Six editions of the documentary, including at: **6.30** The mating habits of bugs. **7.00** Focusing on bugs that prefer co-operation to conflict. **7.30** A look at insect colonies.
8.00 **A Cheetah's Pride** Inara looks for her kidnapped cubs.
9.00 **Big Cat Country** Documentary about three dynasties of lions.
10.00 **Over Australia** Aerial footage of the Australian wilderness. **11.00** Footage of Australia's Great Dividing Range.
12.00 M'T **A Cheetah's Pride**
1.00 AM **Big Cat Country**
2.00 NEW SERIES **Wild Philippines** A look at the landscape and wildlife of the Philippines.
3.00 **to 6.00** AM **Supersenses**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **History's Greatest Aircraft**
10.00 **Digging for Britain**
12.00 NOON **Ross Kemp: Deep Sea Treasure Hunter** Double bill.
2.00 PM **Ancient Aliens**
4.00 **The Lost Women Spies**
5.00 **The Secret Nazi Expeditions**
6.00 **WWII's Most Daring Raids**
7.00 **Clash of Ancient Warriors** The Battle of Thermopylae. **8.00** Rome's defeat at the Battle of Teutoburg Forest.
9.00 **The Abyss: Rise & Fall of the Nazis** How a protest turned into a racist and anti-Jewish movement during the 1920s. **10.00** Events of 1933 and 1934.
11.00 **Ancient Aliens** Unexplainable events witnessed by pilots. **12.00** M'T The mysteries that exist on the islands of Malta.
1.00 AM **The Third Antichrist**
2.00 **Hitler's Coup 1923**
3.00 **The Abyss: Rise & Fall of the Nazis** Documentary.
4.00 **Strangest Things**
5.00 **to 6.00** AM **Ancient Superstructures**

Discovery Science

167 148 179

8.00 AM **Blowing Up History**
10.00 **How It's Made**
12.00 NOON **How Do They Do It?**
2.00 PM **Truth Behind the Moon Landing** Double bill of editions.
4.00 **Alien Highway**
6.00 **How It's Made** Four editions of the series, including at: **7.00** Angle grinders, baskets and omnidirectional speakers. **7.30** Chocolate banana loaves and dive computers.
8.00 **Paranormal Declassified** Paul Beban treks into the woods of the Midwest to look for Bigfoot. **9.00** Paul investigates a surge in demonic activity in America.
10.00 **Curse of the Bermuda Triangle** The disappearance of five US Navy planes. **11.00** Theories surrounding a long-lost ship that disappeared in the Bermuda Triangle.
12.00 M'T **In Search of Monsters**
2.00 AM **Expedition X** Double bill.
4.00 **to 6.00** AM **How Do They Do It?**

+1hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **On the Case with Paula Zahn** Triple bill of editions.
8.55 **Court Cam**
3.40 PM **My Strange Arrest**
5.00 **Witness to Murder: Digital Evidence** Documentary.
6.00 **The Real Murders of Los Angeles** A murder case untangles a web of lies. **7.00** A Manhattan Beach police officer is gunned down during a routine traffic stop.
8.00 **Buried in the Backyard** A single tattoo is the only clue to identify a body.
9.00 **Spring Break Murders** A student vanishes on her drive back to university.
10.00 **Skegness Psycho: 28 Miles to Murder** A man who murdered his ex-girlfriend and her son.
11.00 **Interview with a Killer**
12.00 M'T **Predator Files**
1.00 AM **Ozark Law**
2.00 **I Met My Murderer Online**
3.00 **to 6.00** AM **On the Case with Paula Zahn**

+1hour 256 333

WILD

165 145 182

8.00 AM **Animal Fight Club**
9.00 **Critter Fixers: Country Vets**
10.00 **Secrets of the Zoo**
11.00 **The Incredible Dr Pol**
12.00 NOON **Yukon Vet**
2.00 PM **Wild Namib: Land of Extremes** Exploring Africa's southern coastal desert.
3.00 **Ice Road Rescue**
5.00 **Snakes in the City**
7.00 **Critter Fixers: Country Vets** The vets assist a farmer by investigating a deadly mystery with his goat herd.
8.00 **Legends of Venom** Following the fastest, longest venomous snakes in Africa – the mamba.
9.00 **Serpents Surprise** Discovering the varied lives of snakes.
10.00 **Wild Costa Rica** Documentary exploring the huge numbers of olive ridley sea turtles that migrate annually to Costa Rica.
11.00 **Snakes in the City** Simon has a close call with a black mamba in the middle of the night.
12.00 M'T **Lawless Island**
2.00 AM **World's Weirdest**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

161/172 147 181

7.00 AM **Shed and Buried**
9.00 **Combat Dealers**
12.00 NOON **Shed and Buried**
3.00 PM **Salvage Hunters: The Restorers** Triple bill of editions.
6.00 **Lost Mines: Restored** Modern-day prospectors Alex Charvat and Kevin Gilman help homesteader Judd and his family reopen a mine. **7.00** Alex and Kevin travel to the old gold mining town of Nevadaville, Colorado.
8.00 **Treasure Quest: Snake Island** The team are placed in danger trying to cross South America's Andes Mountains.
9.00 **How the Universe Works** Scientists seek to solve the mystery surrounding the Milky Way's slow demise. **10.00** An insight into the technology used to prevent asteroids hitting Earth. **11.00** The science of astronomy.
12.00 M'T **Blowing Up History: Seven Wonders** Documentary.
2.00 **to 5.00** AM **Combat Dealers**

+1hour 274 381

U&Eden

166 134/162 176 57 160 71

9.00 AM **Abandoned Engineering**
1.00 PM **Abandoned Engineering** Exploring a luxury resort that conceals a top-secret facility. **2.00** Exploring a dystopian powerhouse in Pennsylvania. **3.00** Exploring an ominous military stronghold in Russia. **4.00** Exploring the honeymoon home of a young princess.
5.00 **The Two Ronnies** Vintage comedy sketches, including dance from Pan's People. **6.00** Vintage comedy sketches, including Psychiatrist, Johnny Be Good and Boffo. Plus, a guest spot by Pan's People. **6.50** Vintage comedy sketches, including the Job Interview and the Soho Cinema, and featuring a musical interlude with Jehosophat and Jones. **7.40** Vintage sketches, including Public Service Announcement About Water Shortage and Tearful Party Guest.
8.30 **The Two Ronnies**
5.30 **to 6.00** AM **Villages by the Sea**

+1hour 266 376

ID

154 140 166

8.00 AM **Betrayed** Double bill.
10.00 **Murder Comes to Town**
12.00 NOON **Evil Stepmothers**
2.00 PM **Diabolical: Deadly Love**
4.00 **People Magazine Investigates**
6.00 **Still a Mystery** A respected police officer shot on his way home from work, and a young man found dead in his bed. **7.00** A case in which a 20-year-old disappeared after leaving her fiancé's home.
8.00 **My Father, The Serial Killer: People Magazine Investigates** Edward Wayne Edwards, who murdered at least five people.
9.00 **Married to Evil** The case of police officer Andy Kimbrel and his wife, Stephanie Keller.
10.00 **Til Death Do Us Part** A married couple shot dead in their home, witnessed by a parrot.
11.00 **Twisted Love** A love triangle that led to a murderous twist.
12.00 M'T **Deadly Sins**
2.00 AM **Death by Fame**
4.00 **to 6.00** AM **Til Death Do Us Part**

+1hour 254 366

Discovery Turbo

158 146 180

7.00 AM **Massive Engineering Mistakes** Triple bill of editions.
10.00 **Extreme RVs**
11.00 **Garage Rehab**
12.00 NOON **James May and the Dull Men** Five editions.
5.00 PM **Kindig Customs** Triple bill of the series, including at: **7.00** Dave designs a Mustang for the ages to compete in the Optima Challenge.
8.00 **Shed and Buried** An incredible Americana collection in Cornwall. **8.30** Henry and Sam consider bidding on a 1926 Ariel. **9.00** Sam and Henry view a rare 1962 Greeves Sportsman. **9.30** A farmer's eclectic collection in Herefordshire.
10.00 **Richard Hammond's Big** Richard visits the Burj Khalifa. **11.00** Richard visits the Appomattox production platform. **12.00** M'T Richard explores elements that engineering projects have in common.
1.00 **to 4.00** AM **Massive Engineering Mistakes**

+1hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

6.10 AM **On Swift Horses** Drama. (2024, 15, 119min) ★★★
8.10 **Blue Moon** As 3.10am.
10.00 **The Bad Guys 2** Animation. (2025, PG, 104min) ★★★★
11.50 **A Big Bold Beautiful Journey**
1.45 PM **Final Destination: Bloodlines** Supernatural horror. (2025, 15, 110min) ★★★★
3.45 **Superman** Fantasy adventure. (2025, 12, 129min) ★★★★
6.00 **A Big Bold Beautiful Journey** Drama. (2025, 15) ★★★

6.00 A Big Bold Beautiful...

8.00 Roofman Comedy drama starring Channing Tatum and Kirsten Dunst. A fugitive hides in a toy shop while on the run from the police, and gets into a relationship with a female employee. With Peter Dinklage. (2025, 15, 126min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 Pillion Dark comedy starring Harry Melling and Alexander Skarsgård. A directionless man is swept off his feet when an enigmatic biker takes him on as his submissive. (2025, 18, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **One Battle After Another** Oscar-winning action thriller. (2025, 15, 161min) ★★★★★
3.10 **Blue Moon** Biographical drama starring Ethan Hawke. (2025, 15, 100min) ★★★★
5.00 **to 6.45** AM **Hostages** Comedy thriller. (2025, 15, 90min) ★★★

Sky Cinema The Hobbit

303 303 403 503 517

6.00 AM **The Hobbit: An Unexpected Journey** (2012)
9.00 **The Hobbit: The Desolation of Smaug** As 5.20pm.
11.50 **The Hobbit: The Battle of the Five Armies** As 8.00pm.
2.20 PM **The Hobbit: An Unexpected Journey** (2012)
5.20 **The Hobbit: The Desolation of Smaug** Peter Jackson's fantasy adventure starring Ian McKellen and Martin Freeman. (2013, 12, 161min) ★★★★

10.25 An Unexpected Journey

8.00 The Hobbit: The Battle of the Five Armies Conclusion of Peter Jackson's epic fantasy adventure trilogy starring Martin Freeman and Ian McKellen. Dwarf king Thorin descends into madness as his homeland stands on the brink of war. (2014, 12, 144min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 The Hobbit: An Unexpected Journey Peter Jackson's epic fantasy adventure starring Martin Freeman and Ian McKellen. Home-loving hobbit Bilbo Baggins joins a company of dwarves on a perilous quest to reclaim their lost kingdom. (2012, 12, 165min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.15 AM **The Hobbit: The Desolation of Smaug** (2013)
3.55 **to 6.20** AM **The Hobbit: The Battle of the Five Armies**

Sky Cinema Drama

310 310 410 510 524

6.05 AM **Night Call** Crime thriller. (2024, 15, 97min) ★★★★
7.45 **The Cut** Psychological thriller. (2024, 12, 99min) ★★★
9.25 **It Ends with Us** Drama. (2024, 15, 125min) ★★★
11.45 **Valentine's Day** Romantic comedy. (2010, 12, 125min) ★★★
1.55 PM **On Swift Horses** (2024)
4.05 **Lost in Translation** Drama. (2003, 15, 102min) ★★★★★

5.50 I, Tonya Biopic starring Margot Robbie and Allison Janney. (2017, 15, 119min) ★★★★
8.00 Joker: Folie à Deux Musical thriller sequel starring Joaquin Phoenix. Unhinged comedian Arthur Fleck meets the love of his life while incarcerated at Arkham State Hospital. (2024, 15, 138min) ★★★★
10.20 On Swift Horses Drama starring Daisy Edgar-Jones, Jacob Elordi and Will Poulter. (2024, 15, 119min) ★★★

12.30 AM **The Brutalist** Epic period drama starring Adrien Brody. (2024, 18, 215min) ★★★★★
3.50 **I Used to Be Funny** Comedy drama starring Rachel Sennott. (2023, 15, 105min) ★★★
5.40 **to 7.20** AM **Babylon** British drama. (1980, 15, 94min) ★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

7.35 AM **Timestalker** As 3.35am.
9.15 **After Earth** Sci-fi adventure. (2013, 12, 98min) ★★
11.05 **Edge of Tomorrow** Adventure. (2014, 12, 113min) ★★★★
1.10 PM **Mickey 17** Sci-fi comedy. (2024, 15, 137min) ★★★
3.35 **Men in Black 3** Sci-fi sequel. (2012, PG, 105min) ★★★★
5.30 **Ready Player One** Adventure. (2018, 12, 140min) ★★★★

8.00 The Nun Horror starring Taissa Farmiga and Demián Bichir. A priest and a novice nun discover a religious order's secret and battle a malevolent force. (2018, 15, 96min) ★★★
9.40 Pitch Black Sci-fi chiller starring Vin Diesel and Radha Mitchell. A space transport ship crash-lands on a planet populated by voracious monsters that can only come out at night. With Cole Hauser. (1999, 15, 108min) ★★★★

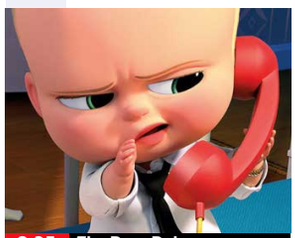
11.30 **Smile 2** Mystery horror sequel. (2024, 18, 127min) ★★★★
1.40 AM **Salem's Lot** Horror chiller. (2024, 15, 109min) ★★★
3.35 **Timestalker** Fantasy comedy. (2024, 15, 89min) ★★★★
5.10 **to 6.55** AM **The Watched** Horror. (2024, 15, 102min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

6.35 AM **Bee Movie** Animation. (2007, U, 91 min) ★★★
8.15 **Paddington** As 1.40am.
10.05 **Paddington 2** Comedy sequel. (2017, PG, 104min) ★★★★★
11.55 **Paddington in Peru** Comedy. (2024, PG, 106min) ★★★★
1.55 PM **Stardust** Adventure. (2007, PG, 127min) ★★★★
4.15 **Smurfs** Fantasy comedy. (2025, PG, 89min) ★★
6.00 **Hook** Fantasy adventure. (1991, U, 140min) ★★★



8.25 The Boss Baby

8.25 The Boss Baby Animated comedy featuring the voices of Alec Baldwin, Steve Buscemi, Jimmy Kimmel and Lisa Kudrow. A youngster believes his baby brother is a tycoon sent to destroy his perfect family life. (2017, U, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 Shark Tale Animated comedy with the voice of Will Smith. After the son of a mafia boss dies, a little fish with a big mouth claims to be his murderer. (2004, U, 90min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Spider-Man: Into the Spider-Verse** Animation. (2018, PG, 117min) ★★★★★
1.40 AM **Paddington** Comedy. (2014, PG, 95min) ★★★★★
3.20 **Harold and the Purple Crayon** Family adventure. (2024, PG, 87min) ★★★
4.55 **to 6.45** AM **Look Who's Talking** (1989, 12) ★★★

Sky Cinema Action

306 306 407 507 521

7.35 AM **Indiana Jones and the Temple of Doom** As 3.50pm.
9.35 **Indiana Jones and the Last Crusade** As 5.50pm.
11.45 **Indiana Jones and the Kingdom of the Crystal Skull**
1.50 PM **Raiders of the Lost Ark**
3.50 **Indiana Jones and the Temple of Doom** Adventure. (1984, PG, 118min) ★★★
5.50 **Indiana Jones and the Last Crusade** Action adventure. (1989, PG, 127min) ★★★★★

10.15 Raiders of the Lost Ark

8.00 Indiana Jones and the Kingdom of the Crystal Skull Action adventure starring Harrison Ford, Cate Blanchett and Shia LaBeouf. In 1957, Indiana Jones tries to stop Soviet agents from seizing a legendary crystal skull with psychic powers. (2008, 12, 122min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 Raiders of the Lost Ark Steven Spielberg's action adventure starring Harrison Ford and Karen Allen. Indiana Jones tries to stop the Ark of the Covenant from falling into Nazi hands. (1981, PG, 115min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Indiana Jones and the Temple of Doom** As 3.50pm.
2.25 **Indiana Jones and the Last Crusade** As 5.50pm.
4.45 **to 7.00** AM **Indiana Jones and the Kingdom of the Crystal Skull** As 8.00pm.

Sky Cinema Comedy

308 308 408 508 522

7.25 AM **Hope Springs** (2012) ★★★
9.10 **Miss Congeniality** Comedy. (2000, 12, 109min) ★★★★
11.05 **Miss Congeniality 2: Armed and Fabulous** (2005, 12) ★★
1.05 PM **American Pie** Comedy. (1999, 15, 96min) ★★★★
2.45 **American Pie 2** Comedy. (2001, 15, 106min) ★★★
4.35 **Two Weeks Notice** Comedy. (2002, 12, 101min) ★★★
6.20 **The Wedding Singer** Comedy. (1998, 12, 97min) ★★★★

6.20 The Wedding Singer

8.00 Instant Family Comedy starring Mark Wahlberg and Rose Byrne. A couple decide to adopt, but get more than they bargained for when they take in a rebellious teen and her two siblings. With Isabela Merced. (2018, 12, 118min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

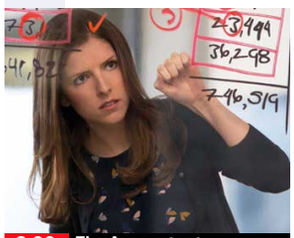
10.00 American Pie: The Wedding Comedy sequel starring Jason Biggs and Alyson Hannigan. The old high-school friends rally round when two of the gang get married. (2003, 15, 96min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **American Reunion** Comedy sequel. (2012, 15, 108min) ★★
1.35 AM **The Hangover** Comedy. (2009, 15, 99min) ★★★★
3.20 **The Hangover Part II** Comedy sequel. (2011, 15, 101min) ★★
5.05 **to 6.50** AM **The Hangover Part III** Dark comedy sequel. (2013, 15, 100min) ★★

Sky Cinema Thriller

309 309 409 509 523

7.00 AM **The Day of the Jackal** Thriller starring Edward Fox. (1973, 15, 142min) ★★★★★
9.30 **Sherlock Holmes** Adventure. (2009, 12, 128min) ★★★★
11.45 **Sherlock Holmes: A Game of Shadows** Adventure sequel. (2011, 12, 128min) ★★★
2.00 PM **The Girl on the Train**
4.00 **Cellular** Crime thriller. (2004, 15, 94min) ★★★
5.45 **Captain Phillips** Thriller. (2013, 12, 129min) ★★★★★



8.00 The Accountant

8.00 The Accountant Thriller starring Ben Affleck and Anna Kendrick. A man with autism moonlights as a money launderer for the Mob, but the Treasury Department soon closes in. With JK Simmons, John Lithgow and Jon Bernthal. (2016, 15, 123min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 Lethal Weapon 2 Action comedy thriller sequel starring Mel Gibson and Danny Glover as hard-hitting LA cops on the trail of a drug trafficker. (1989, 15, 110min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **The Girl on the Train** Thriller starring Emily Blunt. (2016, 15, 107min) ★★★★
2.20 **Dog Day Afternoon** Thriller. (1975, 15, 130min) ★★★★★
4.40 **The Cinema List: Outlaws**
5.00 **to 7.20** AM **Vanilla Sky** Romantic fantasy drama. (2001, 15, 136min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Dad's Army** World War Two comedy with Toby Jones. (2016, PG, 98min) ★★★
1.05 PM **Tora! Tora! Tora!** War epic starring Martin Balsam. (1970, U, 144min) ★★★
3.55 **Annie** Musical remake starring Quvenzhane Wallis and Jamie Foxx. (2014, PG, 115min) ★★★
6.15 **Battleship** Sci-fi action adventure with Taylor Kitsch. (2012, 12, 126min) ★★★

11.20 Last Night in Soho

8.50 Last Night in Soho Interview Special With director Edgar Wright and co-writer Krysty Wilson-Cairns.

9.00 Anna Action thriller starring Sasha Luss and Helen Mirren. A young Russian woman who is the victim of domestic abuse becomes a feared assassin for the KGB. With Luke Evans, Cillian Murphy and Lera Abova. (2019, 15, 118min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 Last Night in Soho Edgar Wright's mystery horror with Thomasin McKenzie and Anya Taylor-Joy. An aspiring fashion designer travels back to the 1960s, and discovers the dark tale of a young singer. (2021, 18, 112min) ★★★★
1.35 **to 3.50** AM **The Frighteners** Horror comedy with Michael J Fox. (1996, 15, 110min) ★★★

+1 hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema 5 Star Movies

302 302 402 502 516

6.10 AM **Teen Titans Go! to the Movies** Animated adventure. (2018, PG, 84min) ★★★
7.40 **Wallace & Gromit: The Curse of the Were-Rabbit** Animation. (2005, U, 85min) ★★★★★
9.10 **Back to the Future** (1985)
11.10 **Spider-Man** Fantasy adventure. (2002, 12, 121min) ★★★★
1.15 PM **Spider-Man 2** Fantasy. (2004, PG, 127min) ★★★★
3.25 **Spider-Man 3** Fantasy sequel. (2007, 12, 139min) ★★★
5.45 **Spider-Man: Homecoming** Adventure starring Tom Holland. (2017, 12, 133min) ★★★★
8.00 **Spider-Man: No Way Home** Comic-book adventure sequel with Tom Holland and Zendaya. (2021, 12, 148min) ★★★★
10.30 **Jurassic Park** Director Steven Spielberg's thriller starring Sam Neill, Laura Dern, Jeff Goldblum and Richard Attenborough. (1993, PG, 127min) ★★★★★
12.40 AM **Back to the Future** Time-travel comedy fantasy. (1985, PG, 115min) ★★★★★
2.40 **Sharp Corner** Thriller starring Ben Foster and Cobie Smulders. (2024, 15, 110min) ★★★★
4.35 **to 6.35** AM **The Dry** Drama. (2020, 15, 117min) ★★★★

Sky Cinema Greats

307 307 404 504 518

6.55 AM **Shenandoah** As 4.05am.
8.45 **Mr Nice Guy** Action comedy. (1996, 15, 88min) ★★★
10.20 **The Warriors** Urban thriller. (1979, 15, 94min) ★★★
11.55 **Rumble in the Bronx** Comedy. (1996, 15, 89min) ★★★
1.30 PM **The Mummy** Adventure. (1999, 15, 124min) ★★★★
3.40 **Batman** Comic-book adventure. (1989, 15, 121min) ★★★★
5.50 **Batman Returns** Adventure sequel starring Michael Keaton. (1992, 12, 121min) ★★★★
8.00 **Batman Forever** Comic-book adventure sequel starring Val Kilmer. Black-cloaked vigilante Batman and his new partner Robin tackle psychotic criminals Two-Face and The Riddler. (1995, 12, 121min) ★★★
10.05 **Batman & Robin** Adventure sequel starring George Clooney and Arnold Schwarzenegger. (1997, PG, 125min) ★★
12.10 AM **Falling Down** Drama. (1993, 18, 115min) ★★★★
2.05 **The Krays** Crime drama. (1990, 18, 119min) ★★★
4.05 **Shenandoah** Civil War Western. (1965, PG, 101min) ★★★★
5.55 **to 6.45** AM **Sky Cinema Preview**

Sky Cinema Animation

312 315 405 500 514

7.20 AM **Rock Dog 2: Rock Around the Park** As 12.55am.
9.05 **Hotel Transylvania 3: Summer Vacation** Animated comedy sequel. (2018, U, 97min) ★★
10.55 **Corpse Bride** Animated fantasy. (2005, PG, 74min) ★★★★
12.25 PM **Smallfoot** Animation. (2018, U, 96min) ★★★
2.15 **Shark Tale** Animated comedy. (2004, U, 90min) ★★★★
4.00 **Happy Feet** Animated musical. (2006, U, 108min) ★★★★
5.55 **Happy Feet Two** Animated sequel. (2011, U, 100min) ★★★
7.45 **Paws of Fury: The Legend of Hank** Animated comedy. (2022, PG, 98min) ★★★
9.30 **Scarygirl** Animated fantasy. (2023, PG, 90min) ★★★
11.10 **Rebellious** Animated fantasy. (2024, PG, 94min) ★★★
12.55 AM **Rock Dog 2: Rock Around the Park** Animated comedy sequel. (2021, U, 90min) ★★
2.35 **Fox and Hare Save the Forest** Animated family adventure. (2024, U, 71min) ★★★
3.55 **Sneaks** Animated comedy. (2025, PG, 92min) ★★
5.35 **to 7.15** AM **Pil's Adventures** Animated family adventure. (2021, U, 89min) ★★

Disney+ Cinema

305

6.00 AM **The Many Adventures of Winnie the Pooh** Animation. (1977, U, 71min) ★★★
7.25 **Bambi** Animated fantasy. (1942, U, 69min) ★★★★★
8.35 **Pocahontas** Animated adventure. (1995, U, 81min) ★★★
10.00 **The Tigger Movie** Animation. (2000, U, 77min) ★★★
11.25 **Ratatouille** Animated comedy. (2007, U, 106min) ★★★★★
1.20 PM **Monsters, Inc** Animation. (2001, U, 95min) ★★★★★
2.55 **Flubber** Fantasy comedy. (1997, U, 94min) ★★★
4.30 **Toy Story** Animated adventure. (1995, PG, 77min) ★★★★★
5.55 **WALL•E** Animated adventure. (2008, U, 98min) ★★★★★
7.40 **The Chronicles of Narnia: The Lion, The Witch and The Wardrobe** Fantasy adventure. (2005, PG, 140min) ★★★★
10.00 **28 Weeks Later** Horror sequel. (2007, 18, 99min) ★★★★
11.40 **Aliens Vs Predator: Requiem** Sci-fi action thriller sequel. (2007, 15, 89min) ★
1.20 AM **Flightplan** Crime thriller. (2005, 12, 98min) ★★★★
3.00 **A Real Pain** Comedy drama. (2024, 15, 90min) ★★★★★
4.35 **to 6.00** AM **Monsters, Inc**

Talking Pictures

328 445 82 306 36

6.00 AM **Jack London** (1943, PG) ★★
7.45 **Food Flash: Cod Liver Oil**
7.50 **Batman** 5/26. (S3)
8.25 **The Adventures of Sir Lancelot**
9.00 **Batman** 5/26. (S3)
9.30 **The Roy Rogers Show** (S5)
10.00 **Captain Scarlet and the Mysterons** 8/32. (S1)
10.30 **The Adventures of William Tell**
11.00 **The Buccaneers** 19/39. (S1)
11.30 **The Adventures of Robin Hood**
12.00 NOON **Zontar: The Thing from Venus** Horror. (1967, PG) ★★
1.40 PM **The Naked Truth** Comedy. (1957, b/w, U, 88min) ★★★
3.30 **Dial 999** 38/39. (S1)
4.00 **Whiplash** 13/34. (S1)
4.35 **Hobson's Choice** Comedy. (1953, b/w, U, 107min) ★★★★
6.45 **Look at Life** Documentary.
7.00 **Maigret** 4/13. (S4)
8.00 **The Duchess of Duke Street**
9.05 **Eyewitness** (1970, 15) ★★
10.55 **Fortean TV** Bizarre phenomena.
11.30 **One Step Beyond** 2/22. (S1)
12.05 AM **Eurotrash** 4/7. (S5)
12.35 **Night of the Demon** Chiller. (1957, b/w, PG, 91min) ★★★★
2.35 **The Rogues** 19/30. (S1)
3.30 **The Starlost: The Return** (S1)
4.35 **Green Hornet Strikes Again!**
5.00 **The Adventures of Sir Lancelot**
5.30 **to 6.00** AM **Honey West**

SATURDAY Sport

Sky Sports Main Event

401 401 501 419 439

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
9.30 **Fantasy Football Countdown**
10.00 **Soccer Saturday Pre-Match**
11.00 LIVE **EFL** **Portsmouth v Leicester City.** Coverage of the Championship match from Fratton Park, as the two relegation rivals go head to head. Kick-off is at **12.30pm**.
3.00 PM **Gillette Soccer Saturday**
5.00 LIVE **SNF** **Tottenham Hotspur v Brighton & Hove Albion.** All the action from tonight's Premier League encounter staged at Tottenham Hotspur Stadium. Kick-off **5.30pm**.
8.30 LIVE **PGA Tour Golf** Coverage of day three of the RBC Heritage at Harbour Town Golf Links, South Carolina, where America's Justin Thomas was victorious last year.
11.00 LIVE **LPGA Tour Golf** Coverage of round three of the JM Eagle LA Championship held at El Caballero Country Club in Los Angeles. Sweden's Ingrid Lindblad took the honours in this event last year, finishing one stroke clear of Japan's Akie Iwai.
2.00 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Preview**
7.30 **Fantasy Show**
8.00 **Premier League Stories**
8.30 **The Big Interview**
9.00 **Premier League Preview**
9.30 **Fantasy Football Countdown**
10.00 **Saturday Social**
11.00 **Fantasy Show**
11.30 **Premier League Preview**
12.00 NOON **Gillette Soccer Saturday**
5.00 PM LIVE **SNF** **Tottenham Hotspur v Brighton & Hove Albion.** Coverage of the Premier League match from Tottenham Hotspur Stadium, as the hosts look for three vital points in their quest to stay in the top flight. Spurs came from 2-0 down in the reverse fixture back in September thanks to a Richarlison strike and an own goal from Jan Paul van Hecke. Kick-off **5.30pm**.
8.30 **James Milner: Record Breaker**
9.00 **Transfer 360** Jurgen Klinsmann.
9.30 **The Big Interview**
10.00 **Premier League Stories**
10.30 **Premier League Highlights**
3.00 AM **PL Greatest Games**
4.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 503 421 441

6.00 AM **EFL Highlights**
6.15 **EFL** The 2024/25 play-off finals.
9.15 **EFL Greatest Games**
9.45 **EFL Highlights** Championship.
10.00 **Saturday Social**
11.00 LIVE **EFL** **Portsmouth v Leicester City.** Coverage of the Championship match from Fratton Park. The Foxes have fallen down the league drastically since the reverse fixture back in October, which wasn't helped by a six point deduction. A win here would improve their chances of staying in the division, but are facing a Portsmouth side who are also fighting for their lives and desperately need the victory as well. Kick-off **12.30pm**.
3.00 PM **Gillette Soccer Saturday**
5.20 LIVE **Bundesliga** **Eintracht Frankfurt v RB Leipzig.** Coverage of the German top-flight match from Deutsche Bank Park. Kick-off **5.30pm**.
7.30 **EFL** Portsmouth v Leicester City.
9.30 **EFL Trophy** Action from the final.
10.00 **EFL Highlights** Championship.
2.15 AM **EFL Greatest Games**
4.00 **Championship Season Review**
5.00 **to 6.00** AM **EFL Rivalries**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **IPL** T20 highlights.
10.50 LIVE **IPL** **Royal Challengers Bengaluru v Delhi Capitals.** Coverage of the T20 match from M Chinnaswamy Stadium in Bengaluru. KL Rahul led the way for the Capitals in this meeting last year as they won the game by six wickets.
2.50 PM LIVE **IPL** **Sunrisers Hyderabad v Chennai Super Kings.** Coverage of the T20 match from Rajiv Gandhi International Stadium, Hyderabad. These two sides met just once last season in Chennai as the Sunrisers won the meeting by five wickets. They chased down a relatively low total of 155 with eight balls to spare as they claimed the victory after the Super Kings were bowled out in the first innings for 154 with one ball remaining of their 20 overs.
7.00 **Best of ICC WT20**
8.00 **IPL** Recent T20 highlights.
12.00 M'T **Best of ICC WT20**
12.30 AM **IPL** Another chance to see Mumbai Indians v Punjab Kings staged at Wankhede Stadium.
4.45 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

406 406 506 423 443

6.00 AM **PGA Tour Golf**
10.00 **HotelPlanner Tour Golf**
12.00 NOON LIVE **PGA Tour Golf** Coverage of the featured groups on day three of the RBC Heritage from Harbour Town Golf Links.
6.00 PM LIVE **PGA Tour Golf** Further coverage of day three of the RBC Heritage from Harbour Town Golf Links. Justin Thomas was the victorious player here last year, overcoming his American compatriot Andrew Novak in a play-off to claim his first victory since he won the second of his PGA Championships in 2022.
11.00 LIVE **LPGA Tour Golf** Coverage of the JM Eagle LA Championship round three staged at El Caballero Country Club in Los Angeles. Sweden's Ingrid Lindblad took the honours in this event last year, finishing one stroke clear of Japan's Akie Iwai.
2.00 AM **Ryder Cup – Official Films**
3.00 **PGA Tour Golf** RBC Heritage.
5.00 **to 6.00** AM **School of Golf**

Sky Sports Tennis

408 408 508 425 445

6.00 AM **WTA & ATP Tennis**
10.00 **ATP Tour This Week**
10.30 **WTA & ATP Tennis**
12.30 PM LIVE **WTA & ATP Tennis** Coverage from the latest events on the Tours, including the ATP Barcelona Open, ATP Munich Open and WTA Stuttgart Open.
5.00 LIVE **WTA Tennis** The WTA Rouen Open semi-finals staged at Kindarena Sports Complex.
6.30 **WTA & ATP Tennis** Madrid Open.
8.00 **ATP Tennis** Monte-Carlo Masters.
9.00 **WTA & ATP Tennis**
3.00 AM **US Open Classic Matches**
4.00 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

7.00 AM LIVE **AFL** **Hawthorn Hawks v Port Adelaide Power.** From Marvel Stadium. Bounce-up **7.15am**.
10.00 **The Fantasy Show**
10.30 **Premier League Preview**
11.00 LIVE **Premier League** **Brentford v Fulham.** The top-flight match at Gtech Community Stadium. Kick-off **12.30pm**.
3.00 PM LIVE **Gallagher PREM** **Exeter Chiefs v Northampton Saints.** The top-flight match from Sandy Park. Kick-off **3.05pm**.
5.15 LIVE **Serie A** **Napoli v Lazio.** Coverage of the Italian top-flight match from Stadio Diego Armando Maradona.
7.00 LIVE **Premier League** **Chelsea v Manchester United.** The top-flight match at Stamford Bridge. Kick-off **8.00pm**.
10.30 **UEFA Champions League**
11.00 LIVE **UFC** The preliminary bouts.
1.00 AM LIVE **UFC** **Gilbert Burns v Mike Malott.** Welterweight bout in Winnipeg.
4.30 **UFC Fight Flashback**
5.00 **UEFA Champions League**
5.30 **to 7.30** AM **World Superbikes**

TNT Sports 2

411 414 522 409 431

6.00 AM LIVE **Isuzu UTE A-League** **Wellington Phoenix v Western Sydney Wanderers.** From Apollo Projects Stadium. Kick-off **6.00am**.
8.00 LIVE **Isuzu UTE A-League** **Brisbane Roar v Melbourne City.**
10.00 **UEFA Champions League**
10.30 LIVE **AFL** **Adelaide Crows v St Kilda Saints.** Bounce-up **10.35am**.
1.30 PM **MLB Highlights**
2.30 LIVE **The Gallagher PREM** **Exeter Chiefs v Northampton Saints.** Coverage of the match at Sandy Park. Kick-off **3.05pm**.
5.15 LIVE **The Gallagher PREM** **Bath v Harlequins.** Coverage of the match from The Recreation Ground. Kick-off **5.30pm**.
7.30 **MLB Highlights**
9.00 LIVE **MLB** **Boston Red Sox v Detroit Tigers.** Start-time **9.10pm**.
12.00 M'T LIVE **MLB** **Seattle Mariners v Texas Rangers.** Start-time **12.15am**.
3.00 AM **The Gallagher PREM**
4.00 **to 7.00** AM LIVE **AFL** **North Melbourne Kangaroos v Richmond Tigers.**

Sky Sports Action

412 410 510 426 446

6.00 AM **NFL Highlights**
8.00 LIVE **Super Rugby** **Chiefs v Hurricanes.** Coverage of the match from the 10th round of fixtures at FMG Stadium Waikato in Hamilton. Kick-off **8.05am**.
10.00 **Super League Highlights**
10.30 LIVE **Super Rugby** **Brumbies v Fijian Drua.** Coverage of the match from the 10th round of fixtures staged at GIO Stadium. Kick-off **10.35am**.
12.30 PM **Super League Highlights**
12.50 LIVE **Super Rugby** **Western Force v Crusaders.** Coverage of the match from the 10th round of fixtures at HBF Park in Perth. Kick-off **12.55pm**.
3.00 **Super League Highlights**
3.30 **NFL Highlights**
4.30 **Super League Highlights**
5.00 **NFL Highlights**
6.00 **Premier League Darts** The 10th night at Brighton Centre.
10.00 **Super League Highlights**
10.30 **NFL Bitesize Highlights**
11.00 **NFL Highlights**
1.00 AM **Super League**
4.45 **NFL Bitesize Highlights**
5.00 **Super Bowl LX Highlights**
5.15 **to 6.00** AM **NFL Highlights**

Sky Sports Sky Sports+

404 404 504 427 447

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
8.30 LIVE **NRL** **South Sydney Rabbitohs v St George Illawarra Dragons.** Coverage of the match in the seventh round of fixtures from Accor Stadium. Kick-off **8.30am**.
10.30 **Soccer Saturday Pre-Match**
11.00 **EFL Build-Up**
12.25 PM LIVE **EFL** A Championship match. Kick-off **12.30pm**.
3.00 LIVE **WTA & ATP Tennis** Coverage from the latest events on the Tours, including the ATP Barcelona Open, ATP Munich Open and WTA Stuttgart Open.
5.00 LIVE **WTA Tennis** The WTA Rouen Open semi-finals staged at Kindarena Sports Complex.
6.30 **Gillette Labs Soccer Saturday Fan Zone**
8.00 LIVE **PGA Tour Champions** Coverage of the third day of the Senior PGA Championship, the first Senior Major of the year staged at the Concession Golf Club in Bradenton, Florida.
11.00 **Sky Sports News**
12.00 M'T **to 6.00** AM **EFL Greatest Games**

Sky Sports Mix

416 412 511 429 449

6.00 AM **IPL** T20 highlights.
7.00 **Super League**
9.45 **EFL Greatest Games**
10.30 **Ladies European Tour Golf**
11.30 **IPL** Recent T20 highlights.
12.30 PM LIVE **Ladies European Tour Golf** Coverage of day three of the Joburg Ladies Open.
4.00 **Men's T20 World Cup**
5.30 **EFL Greatest Games**
6.30 LIVE **Indycar** Acura Grand Prix of Long Beach second practice.
8.00 **WTA Tennis** Miami Open final.
9.00 **The Masters** The fourth round.
10.30 **ATP Tennis** Monte-Carlo Masters.
11.30 LIVE **Indycar** Acura Grand Prix of Long Beach qualifying session.
1.00 AM **IPL** T20 highlights.
3.00 **Darts Gold** Archive action.
4.00 **to 6.00** AM **PDC Classics**

TNT Sports 3

413 415 523 410 432

6.30 AM **Men's Cycling Pro Series**
8.30 **LIV Golf** Round six in Mexico.
10.00 LIVE **Snooker World Championship** First-round action on day one at the Crucible Theatre. *See feature, page 28.*
1.00 PM **What I Wore** Michel Salgado.
1.15 **FEI Jumping World Cup**
2.15 LIVE **Snooker World Championship** Further coverage of the first round on day one.
5.30 **The WRC Magazine**
6.00 **The Cycling Show**
6.30 LIVE **Snooker World Championship** Continued coverage of the first round on day one at Sheffield's Crucible Theatre.
10.00 **Men's Cycling Pro Series**
12.00 M'T **Premier League**
1.30 AM **World Superbikes**
2.00 **Snooker World Championship**
4.00 **to 6.00** AM LIVE **Isuzu UTE A-League** **Auckland FC v Central Coast Mariners.** Kick-off **4.00am**.

TNT Sports 4

414 416 524 411 434

6.00 AM **Premier League Preview**
6.30 **EWC All Access**
7.30 **Superbike World Championship**
8.30 LIVE **World Superbikes** Coverage from TT Circuit Assen.
9.00 **Superbike World Championship**
10.00 LIVE **World Superbikes** From TT Circuit Assen, the Netherlands.
10.45 LIVE **Women's Circuit Racing** Coverage from TT Circuit Assen.
11.45 LIVE **World Superbikes** From TT Circuit Assen, the Netherlands.
3.30 PM LIVE **FIM Endurance World Championship** The 24 Hours of Le Mans in France.
6.00 LIVE **LIV Golf** The third day of the sixth round from Mexico.
12.00 M'T LIVE **FIM Endurance World Championship** Further coverage from the 24 Hours of Le Mans, the first round of the season.
4.00 **to 6.00** AM LIVE **V8 Supercars Championship** The Christchurch Super 440 race 13.

Premier Sports 1

419 551

6.00 AM **United Rugby Championship**
8.00 **Scottish Rally Championship**
8.30 **NASCAR Highlights**
9.30 **Football** Highlights and features.
12.00 NOON LIVE **Scottish Cup** **Dunfermline Athletic v Falkirk.** The semi-final. Kick-off **12.30pm**.
3.30 PM **Coppa Italia Show**
4.00 **Champions Cup Highlights**
5.00 LIVE **United Rugby Championship** **Scarlets v Cardiff.** From Parc y Scarlets. Kick-off **5.30pm**.
7.30 LIVE **United Rugby Championship** **Benetton v Munster.** From Stadio Comunale Monigo. K-o **7.45pm**.
10.00 **Temples of Sport**
10.30 **European Le Mans Series**
11.00 **NHL Tonight** Match preview.
12.00 M'T LIVE **NHL Ice Hockey** Coverage of a play-off match.
3.00 AM **Temples of Sport**
3.30 **Scottish Cup Football**
5.30 **to 6.00** AM **Temples of Sport**

Premier Sports 2

420 552

6.00 AM **Eredivisie**
8.00 **NHL Ice Hockey**
10.00 **United Rugby Championship**
12.00 NOON LIVE **United Rugby Championship** **Stormers v Connacht.** From DHL Stadium. Kick-off **12.45pm**.
2.30 PM LIVE **United Rugby Championship** **Lions v Glasgow Warriors.** From Emirates Airline Park. K-o **2.45pm**.
5.00 **Temples of Sport**
5.30 **The Rugby Pod**
7.00 **Temples of Sport**
7.30 LIVE **United Rugby Championship** **Ospreys v Sharks.** From Swansea.com Stadium. Kick-off **7.45pm**.
10.00 **LaLiga Match Highlights**
10.25 LIVE **Brasileiro Serie A** **Vasco da Gama v Sao Paulo.**
12.30 AM **Temples of Sport**
1.00 **Top 14 Rugby Union**
3.00 **to 6.00** AM LIVE **NHL Ice Hockey** A play-off match.

Sky Sports F1

407 407 507 424 444

6.00 AM **Indycar** Highlights.
7.00 **Ferrari Challenge Europe**
8.00 **British Kart Championships**
9.00 **Formula 1** Recent action.
12.00 NOON **British Kart Championships** Highlights.
1.00 PM **F1 Features**
6.30 LIVE **Indycar** Acura Grand Prix of Long Beach second practice.
8.00 **Hill** A profile of Damon Hill.
9.45 **Toleman Story**
10.30 **Jochen Rindt: Uncrowned Champion** A profile.
11.30 LIVE **Indycar** Acura Grand Prix of Long Beach qualifying session.
1.00 AM **Best of Australia & China**
2.00 **F1 Explained**
3.00 **The Best of Australia & China**
4.00 **F1 Explained**
5.00 **to 6.00** AM **The Best of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Sunday

19 April

Evening Planner

Football

Premier League
Sky Sports
The Merseyside derby is one of the 2pm kick-offs – before the big clash between Man City and Arsenal (k-o 4.30pm).

Drama

Grace
ITV1, 8pm
The detective's team arrive at the scene of a car accident in which a local hotelier has been killed by a hit-and-run driver.

Documentary

Queen Elizabeth II: Her Story, Our Century
BBC1, 9pm
Chronicling the social and cultural shifts that occurred during Elizabeth's reign.

Documentary

Chernobyl: Inside the Meltdown
National Geographic, 9pm
A four-part insight into the terrifying first 24 hours of the 1986 nuclear accident.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 Secret Garden		8.00 Antiques Roadshow: Royal Special		9.00 Queen Elizabeth II: Her Story, Our...		10.00 News	10.30 Match of the...
	102 BBC2	7.00 Artemis: To the Moon and Back		8.00 This Farming Life		9.00 Forensics: The Real CSI		10.00 Film: The King's Speech	
	103 ITV1	7.00 Emmerdale	7.30 Coronation Street	8.00 Grace					10.15 The Murder Line
	104 CHANNEL 4	‹ 6.40 Luxurious Yachts		7.40 The Great Celebrity Bake Off for Stand Up to Cancer		9.00 Your Song		10.00 Gogglebox	
	105 5	7.00 GAIL's: Inside Britain's Poshest Bakery		8.00 Rich Holiday, Poor Holiday		9.00 Rich House, Poor House			10.30 My Wife, My...
	106 SKY ONE	‹ 6.00 Agatha Raisin		8.00 Rob & Romesh vs UFC		9.00 Film: Fast & Furious 6			
ENTERTAINMENT	115 BBC3	7.00 EastEnders				9.00 Sort Your Life Out with Stacey Solomon		10.00 Film: Yesterday	
	116 BBC4	7.00 Snooker: World Championship – Live: Coverage of the evening session on day two						10.00 Northern Soul at the Proms	
	118 ITV2	‹ 6.00 Film: Wonder Woman 1984		8.00 Film: Pitch Perfect					10.15 Family Guy
	136 MORE4	‹ 6.50 Four in a Bed				9.00 The Emergency Ward		10.00 24 Hours in A&E	
	135 E4	‹ 6.50 The Amazing Race Australia		8.00 The Simpsons		9.00 Film: Rocketman			
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Caught on Dashcam		9.00 Watson		10.00 The Rookie	
	108 SKY ATLANTIC	‹ 6.35 House of the Dragon				9.00 All Her Fault		10.00 Euphoria	
	110 U&GOLD	7.00 The Good Life	7.40 Dad's Army		8.20 Still Open All Hours	9.00 Open All Hours	9.40 This Time with Alan Partridge		
	111 U&DAVE	7.00 Special Ops: To Catch a Criminal				9.00 Have I Got a Bit More News for You		10.00 QI: Rejoice!...	10.40 Mock...
	119 ITV3	‹ 6.00 Agatha Christie's Marple		8.00 Midsomer Murders					
	120 ITV4	7.00 American Pickers		8.00 Film: The Avengers				10.00 Film: Tremors	
	112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Big Trouble in Little China			
	145 SKY SCI-FI	‹ 5.00 Film: The Hobbit: The Battle of the...		8.00 Star Trek: Deep Space Nine				10.00 The Walking Dead	
	143 U&DRAMA	‹ 6.50 Campion		8.00 Harry Wild		9.00 Silent Witness			
	109 U&ALIBI	7.00 Murdoch Mysteries		8.00 Father Brown		9.00 Death in Paradise		10.00 NCIS: Sydney	
	122 SKY ARTS	7.00 Spymasters: The Great Spy Writers		8.00 The Bee Gees: How Can You Mend a Broken Heart				10.00 Isle of Wight Festival 2025	
	132 U&W	7.00 Inside the Ambulance: Coast and Country		8.00 Inside the Operating Theatre				10.00 The Catherine Tate Show	
DOCUMENTARY	125 DISCOVERY	7.00 Moonshiners		8.00 Vantara: Sanctuary Stories		9.00 Barnwood Builders		10.00 Moonshiners	
	162 ANIMAL PLANET	7.00 How Do Animals Do That?		8.00 The Diamond Collar		9.00 Alaska: Surviving the Last Frontier		10.00 Tanked	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Lost Treasures of the Bible		9.00 Chernobyl: Inside the Meltdown			
	123 SKY HISTORY	7.00 Greatest Prison Escapes with Billy Hayes				9.00 Original Gangsters with Sean Bean			
	155 U&YESTERDAY	7.00 Planet Earth		8.00 Whatever Happened to the Likely Lads?				10.00 Bangers & Cash	
	114 SKY DOCS	7.00 David Holmes: The Boy Who Lived				9.00 2000 Meters to Andriivka			
FILMS – Sky Cinema	301 PREMIERE	‹ 5.50 Superman		8.00 A Big Bold Beautiful Journey				10.00 Weapons	
	302 5 STAR MOVIES	‹ 6.20 Men in Black		8.00 The Bourne Ultimatum				10.00 10 Cloverfield Lane	
	303 THE HOBBIT		7.30 The Hobbit: The Desolation of Smaug						10.15 The Hobbit: The Battle of...
	307 GREATS	‹ 6.00 Dumb and Dumber		8.00 Planes, Trains and Automobiles				10.00 This Is Spinal Tap	
	312 ANIMATION		7.25 Monster Family			9.05 Monster Family 2			
	304 FAMILY	‹ 6.00 Look Who's Talking		7.50 Spy Kids 3: Game Over			9.20 The Secret Life of Pets		
	306 ACTION	‹ 5.55 Indiana Jones and the Temple of Doom		8.00 Indiana Jones and the Last Crusade					10.15 Indiana Jones and the...
	308 COMEDY	‹ 6.15 Jackie Chan's The Tuxedo		8.00 Yesterday				10.00 Bridget Jones: The Edge of Reason	
	309 THRILLER	‹ 6.10 Trap		8.00 Lethal Weapon 3				10.00 Speak No Evil	
	310 DRAMA	‹ 6.05 The Illusionist		8.00 Nuremberg					10.30 Funny Girl
	311 SCI-FI	‹ 5.10 Interstellar		8.00 Blade Runner				10.00 Blade	
	313 FILM4	‹ 6.10 Independence Day				9.00 Memory			
SPORT	401 MAIN EVENT	‹ 4.25 Super Sunday – Live		8.00 PGA Tour Golf – Live: The RBC Heritage					
	402 PREMIER LEAGUE	‹ 4.00 Super Sunday – Live		8.00 Big Interview	8.30 Premier League Highlights		9.30 SNF	10.00 Premier League Highlights	
	403 FOOTBALL	7.00 EFL League One...	7.30 EFL League Two...	8.00 EFL Highlights	8.30 EFL Awards 2025/26			10.00 EFL League...	10.30 EFL League...
	405 CRICKET	7.00 Best of ICC WT20		8.00 IPL					
	410 TNT SPORTS 1	‹ 6.30 Serie A	7.30 Serie A – Live: Juventus v Bologna (Kick-off 7.45)					10.00 World Superbikes	
	411 TNT SPORTS 2	‹ 6.30 LIV Golf – Live: Coverage from the fourth and final day of the sixth round of the season							

‹ Denotes programmes starting before 7.00pm † Regions vary

SUNDAY

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Sunday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
7.40 **Match of the Day** (S)(R)
9.00 **Sunday with Laura Kuenssberg** (S)
10.00 **Politics England** (S)
10.30 **Secrets of the Conclave** (S)(R)(AD)
11.30 **Homes Under the Hammer** (S)(R)
12.30 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.15 **Songs of Praise** New edition (S)
1.50 **Escape to the Country** (S)(R)
2.35 **Garden Rescue** (S)(R)
3.05 **FILM Despicable Me** Animated comedy featuring the voices of Steve Carell and Jason Segel. (S)(AD) (2010, U, 90min) ★★★★
4.35 **Secret Garden** 2/5. Exploring the hidden world of animals making a life for themselves in a small urban garden in Bristol. (S)(R)(AD)
5.35 **BBC News** (S)
5.50 **Local News** (S)

7.00 Secret Garden

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.15 AM **Take a Hike** (S)(R)
6.45 **Countryfile** (S)(R)
7.40 **Breakfast** (S)
9.00 **Landward** New edition (S)
9.30 **Beechgrove Garden** (S)(R)
10.00 **LIVE Snooker: World Championship** Coverage of the morning session on day two at the Crucible Theatre in Sheffield, featuring two first-round matches. *Coverage continues at 2.15pm.* (S)
12.45 PM **Andi Oliver's Fabulous Feasts** A party to thank NHS staff at the Royal Cornwall Hospital. (S)(R)(AD)
1.45 **The Best Dishes Ever** (S)(R)
2.15 **LIVE Snooker: World Championship** Further coverage of the afternoon session on day two from the Crucible Theatre, featuring two first-round matches. *Continues at 7.00pm on BBC4.* (S)

10.00 The King's Speech

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **James Martin's French Adventure** Languedoc. (S)(R)
6.55 **James Martin's Saturday Morning** With Nigel Havers. (S)(R)
9.25 **ITV News** (S)
9.30 **Love Your Weekend with Alan Titchmarsh** New edition (S)
11.25 **NEW SERIES Josie's Taste of the Westcountry** 1/5. Josie Gibson goes on a culinary tour, starting in Gloucestershire. (S)
12.25 PM **Fletchers' Family Farm** (S)(R)
1.25 **ITV News** (S)
1.35 **Love Your Garden** (S)(R)(AD)
2.05 **FILM The Lost World: Jurassic Park** Steven Spielberg's monster adventure sequel starring Jeff Goldblum and Julianne Moore. (S)(AD) (1997, PG, 150min) ★★★
4.35 **Tipping Point: Lucky Stars** (S)(R)
5.35 **The Chase Celebrity Special** (S)(R)

2.05 The Lost World: Jurassic Park

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.00 AM **The King of Queens** (S)(R)(AD)
7.40 **Everybody Loves Raymond** (S)(R)
9.00 **Frasier** 9&10/24. (S10) (S)(R)(AD)
10.00 **Sunday Brunch** New edition With Tyler West, Chloe Burrows, Jessie Ware, Damien Molony, Alex James, Paddy Young and Ania Magliano. (S)
1.00 PM **The Simpsons** (S)(R)(AD)
2.30 **George Clarke's Amazing Spaces** Exploring Portmeirion. (S)(R)(AD)
3.35 **Sailing the Shipping Forecast with the Rev Richard Coles** (S)(R)
4.40 **Our Tiny Islands** Following a special event on the Isles of Scilly, a 60-kilometre race around all five islands in one day. (S)(R)(AD)
5.40 **Devon and Cornwall** In the fold of the foothills of Exmoor, Devon farmers Rob and Sarah Taylor prepare their native ponies for the show season. (S)(R)(AD)

9.00 Your Song

6 PM

6.00 **Countryfile** New edition John Craven and Charlotte Smith explore the Peak District National Park, meeting volunteers who care for the landscape and riding on an accessible cycling route. (S)

6.00 **Flog It!** A collection of unseen finds from the show, including Scandinavian nutcrackers, as the experts visit places including Margam Country Park and Powderham Castle. (S)(R)

6.30 **ITV News** (S)
6.50 **Local News** (S)

6.10 **News** (S)
6.40 **Inside the World's Most Luxurious Yachts** 3/3. Behind the scenes on some of the world's most extravagant yachts. Cameras follow John Caudwell, the founder of Phones4u, as he takes a family holiday on the high seas. (S)(R)(AD)

7 PM

7.00 **Secret Garden** New edition 3/5. Exploring the wild world of a country garden in Cumbria, and the hidden struggles of swallows, field mice, newts and moles. (S)(AD)
■ Entire series on BBC iPlayer

7.00 **Artemis: To the Moon and Back** The inside story of NASA's mission around the Moon and back, with astronauts Christina Koch, Reid Wiseman, Jeremy Hansen and Victor Glover. (S)(R)

7.00 **Emmerdale** Moira looks forward to spending quality time with Cain. (S)(AD)
7.30 **Coronation Street** Carl tries to get Theo arrested for assault by goading him into starting a fight. (S)(AD)

7.40 **The Great Celebrity Bake Off for Stand Up to Cancer** New judge Caroline Waldegrave joins Paul Hollywood to oversee the efforts of Chris and Rosie Ramsey, and Scarlette and Stuart Douglas. The famous faces make tea-time classic scones, before taking on a chocolatey old-school favourite and recreating their career highlight in cake. (S)(R)(AD)

8 PM

8.00 **Antiques Roadshow: Royal Special** New edition A special edition from Windsor Castle marking the centenary of Queen Elizabeth II's birth, featuring personal items and cherished mementos. (S)

8.00 **This Farming Life** 8/12. King Charles pays a visit to Campbeltown's farmers market, Emma and Rob's first farm wedding and calving time collide, while Callum and Zara host sheepdog trials. (S)(R)

8.00 **Grace** Series finale *One of Us Is Dead:* 4/4. As Roy and the team deal with recent distressing events, they are called to the scene of a car accident in which a local hotelier was killed by a driver who fled the scene and left him to die. Meanwhile, DC Vee Wilde comes face-to-face with her estranged father. *See feature, page12.* (S6) (S)(AD)

9 PM

9.00 **NEW Queen Elizabeth II: Her Story, Our Century** Exploring a century of change in Britain through the prism of Queen Elizabeth II's life. Contributors include Helen Mirren and Barack Obama. (S)

9.00 **Forensics: The Real CSI** West Midlands police officers work with ballistics experts to find out whether a man with a haul of rifles in his bedroom has used a 3D printer to make assault weapons. (S)(R)(AD)

9.00 **Your Song** New edition 2/6. Host Alison Hammond takes the pop-up stage to Edinburgh, where a woman sings an Etta James number for the bus driver who left her a handwritten note. (S)

10 PM

10.00 **BBC News** (S)
10.25 **Local News** (S)
10.30 **Match of the Day** A round-up of highlights of the latest Premier League matches, including Manchester City v Arsenal at the Etihad Stadium and Everton v Liverpool at Hill Dickinson Stadium. (S)
11.45 **The Claudia Winkleman Show** 6/7. Claudia is joined by actors Phil Dunster and Cush Jumbo, and comedian Josh Widdicombe to discuss their latest projects. (S)(R)
12.30 AM **Ambulance** 6/6. Documentary series following the work of the ambulance service. (S)(R)
1.30 **Weather for the Week Ahead** (S)
1.35 **to 6.00** AM **BBC News** (S)

10.00 **FILM The King's Speech** Oscar-winning royal drama starring Colin Firth and Geoffrey Rush. An unconventional speech therapist is the future George VI's last hope to cure his crippling stammer. (S)(AD) (2010, 12, 110min) ★★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
11.50 **Snooker: World Championship Extra** Catrin Heledd presents extended highlights of a first-round match from day two at the Crucible Theatre in Sheffield. (S)
1.50 AM **Sign Zone: Question Time** Topical debate from Cardiff. (S)(R)
2.50 **Sign Zone: Babies** (S)(R)(AD)
3.50 **Sign Zone: Sort Your Life Out with Stacey Solomon** (S)(R)(AD)
4.50 **to 6.00** AM **Previews** (S)

10.00 **ITV News** (S)
10.15 **The Murder Line** New episode 3/6. Tommy is determined to recover the missing drugs and regain favour with New York kingpin Duke, whose enforcers arrive to put pressure on May. (S1) (S)
■ Entire series available on ITVX
11.05 **It'll Be Alright on the Night** Tom Allen introduces another selection of TV clangers. (S)(R)(AD)
12.00 M'T **Teleshopping**
3.00 AM **The Murder Line** (S)(SL)(R)
3.50 **DMV: Department of Motor Vehicles** 1/15. (S1) (S)(SL)(R)
4.15 **Unwind with ITV** (S)
5.30 **to 6.00** AM **Celebrity Lingo** (S)(R)

10.00 **Gogglebox** The armchair critics share their opinions on what they have been watching during the week, with cameras capturing their instant reactions. (S)(R)(AD)
11.00 **First Dates** An opera singer serenades his date. (S)(R)(AD)
12.00 M'T **Gordon Ramsay's Secret Service** Double bill. (S)(SL)(R)(AD)
1.40 AM **Outrageous Homes** (S)(R)(AD)
2.30 **George Clarke's Old House, New Home** (S)(SL)(R)(AD)
3.25 **Couples Come Dine with Me** (R)
4.15 **Sunday Brunch** (S)(R)
4.30 **The Simpsons** (S)(R)(AD)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 203 | 303 | 35 | 112 | 251

+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 | 105 | 5 | 105 | 105 | 5

5.35 AM **Milkshake!**
9.15 **Entertainment News** (S)
9.25 **Bargain-Loving Brits in the Sun** Documentary. (S)(R)
9.55 **Hotel Benidorm: Sun, Sea & Sangria** Documentary. (S)(R)
10.50 **Jane McDonald's Weekends Away** Double bill. (S)(R)
12.50 PM **FILM Jumanji** Comic fantasy starring Robin Williams. A mysterious board game unleashes a series of wild creatures upon a small town. (S) (1995, PG, 125min) ★★★★
2.55 **FILM The Firm** Legal thriller based on the novel by John Grisham, starring Tom Cruise. An ambitious graduate joins a small Memphis law firm and discovers he is working for the Mafia. (1993, 15, 185min) ★★★

8.00 **Rich Holiday, Poor Holiday**

6.00 **Aldi vs Lidl: Which Tastes Better?** A comparison of the quality of different food products from the two German supermarkets. (S)(R)
6.55 **News** (S)
7.00 **GAIL's: Inside Britain's Poshest Bakery** Documentary taking a look at the impact GAIL's bakery chain has had on shopping habits, featuring interviews with industry experts. (S)(R)
8.00 **Rich Holiday, Poor Holiday** New edition Two hard-up pals go on a couple of very different holidays with a pair of wealthy friends, staying in a Suffolk cabin, followed by a luxury break to Budapest. (S)
9.00 **Rich House, Poor House** New edition Millionaire hotel owners Gez and Rosy Chetal swap lives with the Bloor family, who are struggling to make ends meet but dream of running a music café. (S)
10.30 **My Wife, My Abuser: The Secret Footage** The story of how Richard Spencer was subjected to years of abuse at the hands of his wife Sheree. (S)(R)
11.50 **Police: Night Shift 999** PC Smith spots a suspected burglar, only for the man to take off on foot. (S)(R)
12.50 AM **Entertainment News** (S)
1.00 **Teleshopping** (S)(R)
2.00 **Cash in the Attic** (S)(R)(AD)
4.25 **Cruising with Jane McDonald**
4.35 **Paul Martin's Antiques Showdown** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 | 305 | 38 | 128 | 253

SKY ONE

106 106 | 109 | 346 | 361

6.00 AM **S.W.A.T.** (S2) (S)(R)(AD)
9.00 **The Office (US)** (S6) (S)(R)
11.00 **David Attenborough's Conquest of the Skies** (S)(R)
2.00 PM **FILM The Secret Garden** Drama with Colin Firth and Dixie Egerickx. A young girl discovers a magical garden. (S)(AD) (2020, PG, 120min) ★★★★
4.00 **The Simpsons** *Marge Simpson in 'Screaming Yellow Honkers':* Marge's driving habits catch the eye of Chief Wiggum. (S)(R)
4.30 *Make Room for Lisa:* Lisa and Bart share a room. (S)(R)
5.00 *Maximum Homerdrive:* Homer and Bart deliver a dead trucker's cargo. (S)(R)
5.30 *Simpsons Bible Stories:* Homer, Marge and the kids have biblical dreams. (S)(R)

9.00 **Fast & Furious 6**

6.00 **Agatha Raisin** *As the Pig Turns:* 4/4. To take her mind off her break-up, Agatha and the gang visit a fayre – but it is not long before the event becomes a crime scene. Stars Ashley Jensen. (S3) (S)(R)(AD)
8.00 **Rob & Romesh vs UFC** The comedians enter the world of mixed martial arts, visiting the Ultimate Fighting Championship's International Fight Week in Las Vegas to train with the stars. (S)(R)(AD)
9.00 **FILM Fast & Furious 6** Action thriller sequel starring Vin Diesel, Paul Walker and Dwayne Johnson. The gang of carjackers come out of retirement to prevent a criminal mastermind from constructing a superweapon. With Michelle Rodriguez and Jordana Brewster. (S) (2013, 12, 140min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
11.20 **Brassic** 2/6. Vinnie strikes a deal with McCann. (S2) (S)(R)(AD)
12.20 AM **Evil** 5/13. Father Mulvehill asks the team for a confidential evaluation. (S2) (S)(R)
1.15 **The Force: North East** (S)(R)
2.10 **Road Wars** Double bill. (S)(R)
3.00 **Rooster** New episode 7/10. Katie tries to deal with her evolving feelings for Archie. (S1)
3.40 **Road Wars** Double bill. (S)(R)
5.00 **to 6.00** AM **Highway Patrol** (R)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
10.00am The Sunday Show New edition (S) **11.00** Secrets of the Conclave (S)(R)(AD) **12.00noon-1.00pm** Homes Under the Hammer (S)(R) **2.35-3.05pm** Extraordinary Portraits with Bill Bailey New edition (S) **11.45** Sportscene: Scottish Cup Highlights (S)(R) **12.15am** Claudia Winkleman Show (S)(R) **1.00** Ambulance (S)(R) **2.00** Weather for the Week Ahead (S) **2.05-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
No variations

WALES
Sky 965, Virgin 864, Freesat 965
10.00am Politics Wales (S) **10.45** Weatherman Walking: The Welsh Coast (S)(R) **11.15-11.30** A to Z of TV Gardening (S)(R) **3.05pm** Secret Garden (S)(R)(AD) **4.05** Extraordinary Portraits with Bill Bailey New edition (S)(AD) **4.35** Shift the Thrift (S)(R) **5.05-5.35** 21st Century TV with Lucy Owen (S)(R) **11.45** Rewind: 60 Years of Welsh Pop (S)(R) **12.15am** The Claudia Winkleman Show (R) **1.00-6.00am** BBC News (S)

BBC2

N. IRELAND
Sky 969, Freesat 969
2.15pm Trace, Track, Get My Car Back (S)(R) **2.45** LIVE The Championship (S) **5.00** Flog It! (S)(R) **6.00** Paula McIntyre's Hamely Kitchen (S)(R) **6.30-7.00** Paula McIntyre's Hamely Kitchen (S)(R) **9.00** Hell for Leather: The Story of Gaelic Football (S)(R) **10.00** Forensics: The Real CSI (S)(R)(AD) **11.00** Sunday Politics Northern Ireland (S)(R) **11.30-11.50pm** The Chronicles of Armagh (S)(R)

WALES
Sky 968, Freesat 968
6.00pm Flaming Feasts (S)(R) **6.30-7.00pm** Flog It! (S)(R)

ITV1

As main ITV1 except:
WALES
8.00-10.00pm NEW Wales Decides – The Debate (S) **10.15-12.00m't** Grace Series finale (S)(AD)

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **9.00** Clwb Rygbi Rhyngwladol **10.00** Pel-Droed Rhyngwladol **11.00** Garddio a Mwy **11.30** Ysbyty **12.25pm** Ffermio **12.55** Cefn Gwlad (AD) **1.55** Clwb Rygbi **3.40** Pobol y Cwm Omnibws (AD) **4.45** LIVE Sgorio **7.15** Newyddion a'r Tywydd **7.30** Y Llais New edition **9.10** Anfamol New episode (AD) **9.45** Clwb Rygbi **11.30pm-12.05am** Codi Hwyl: Llydaw

BBC3

115/117/121 118 | 107/113 | 23 | 107 | 107 | 10

7.00 PM **EastEnders** Ross and Vicki embark on their stag and hen parties. **7.30** Vicky finds herself in an escalating situation. **8.00** Priya continues to worry about Ravi. **8.30** Max and Lauren continue to compete.
9.00 **Sort Your Life Out with Stacey Solomon** 6/6. Stacey and the team head north to Yorkshire to help the Mann-Monro family, a six-strong household overwhelmed by years of emotional memories.
10.00 **FILM Yesterday** Danny Boyle's comedy starring Himesh Patel. A struggling musician wakes up after being hit by a bus to find he is the only person in the world who remembers The Beatles. (2019, 12, 116min) ★★★
11.45 **The Close** Animation.
12.00 M'T **Behind Bars: Sex, Bribes and Murder** 1&2/2. Documentary.
2.00 **to 4.00** AM **Ashley Cain: Into the Danger Zone**

BBC4

116 119 | 107/108 | 9/24 | 106 | 108 | 11

7.00 PM **LIVE Snooker: World Championship** Seema Jaswal introduces coverage of the evening session on day two from the Crucible Theatre in Sheffield, featuring the conclusion of Xiao Guodong and Mark Williams' respective first-round matches against qualifiers.
10.00 **Northern Soul at the Proms** Andi Oliver presents a 2023 concert from the Royal Albert Hall in which Edwin Outwater conducts the BBC Concert Orchestra in a celebration of Northern Soul club culture, which took English towns by storm in the 1960s and 1970s.
11.30 **The Riviera: A History in Pictures** 1/2. Artists who lived and painted on France's Cote d'Azur.
12.30 AM **Discovering the Music of Antiquity**
1.30 **Buddha: Genius of the Ancient World**
2.30 **to 3.30** AM **The Riviera: A History in Pictures**

MORE4

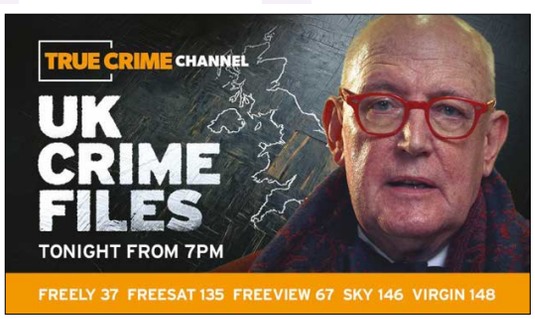
136/137 127 | 147 | 18 | 124 | 15

8.55 AM **Come Dine with Me**
11.35 **A Place in the Sun**
4.10 PM **Kirstie and Phil's Love It or List It** The duo try to help a Lothianburn couple.
5.15 **George Clarke's Remarkable Renovations** Turning a railway goods shed into a dream home.
6.20 **Four in a Bed** The week's competition kicks off at Blackfriars in Inverness. **6.50** The second visit of the week is to Bogenraith House in Aberdeenshire.
7.25 **Four in a Bed** The third visit is to Cairngorms Glamping in Aberdeenshire. **7.55** The week's final visit is to the Lovat Hotel in Perth. **8.25** The owners find out how much they've been paid.
9.00 **The Emergency Ward** New edition A father-of-two who fell off a ladder could lose his foot, and doctors examine a woman who attempted to do a backflip but landed on her head.
10.00 **24 Hours in A&E** An injury threatens to leave a man without the use of his hand.
11.05 **24 Hours in A&E** An elderly man is admitted with acute abdominal pain.
12.10 AM **The Emergency Ward**
1.15 **24 Hours in A&E**
3.20 **to 3.50** AM **Supermarkets Unwrapped: Freezer Aisle**

E4

135/136 126 | 106 | 13 | 122 | 13

6.00 AM **Hollyoaks Omnibus**
7.10 **Modern Family** (S11)
9.15 **Ramsay's Kitchen Nightmares USA**
11.20 **Married at First Sight Australia** Double bill.
2.20 PM **FILM Sonic the Hedgehog** Fantasy starring James Marsden. (2020, PG, 99min) ★★★
4.20 **The Simpsons** Five episodes, including at: **6.20** *Stealing First Base:* Bart decides to steal a kiss from his crush at school.
6.50 **The Amazing Race Australia** New edition The race continues in George Town the capital of Penang.
8.00 **The Simpsons** *The Sound of Bleeding Gums:* Lisa meets the son of musician Bleeding Gums Murphy. **8.30** *My Octopus and a Teacher:* Lisa goes underwater and befriends an octopus.
9.00 **FILM Rocketman** Biopic starring Taron Egerton. Elton John enters an addiction rehabilitation session, and recounts his life story in a flashback. With Jamie Bell. (2019, 15, 121min) ★★★★
11.25 **Gogglebox**
1.30 AM **Naked Attraction**
2.35 **First Dates**
3.25 **Gogglebox**
4.20 **to 6.00** AM **Hollyoaks Omnibus**



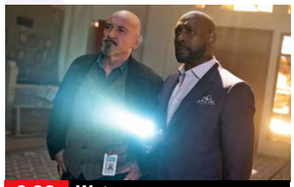
SUNDAY Entertainment

Sunday

Sky Witness

107 107 110 341 356

6.00 AM **Caught Red Handed**
8.00 **Brit Cops: Law & Disorder**
9.00 **Customs UK**
10.00 **Border Patrol**
12.00 NOON **Customs UK**
1.00 PM **Nothing to Declare UK**
2.00 **Stop, Search, Seize**
3.00 **Nothing to Declare** Eight editions, including at: **5.30** Customs officials arrest a heroin smuggler. **6.00** An immigrant is arrested for working illegally. **6.30** Frog fat is found in a Korean woman's luggage.



9.00 Watson

Sky Atlantic

108/109 108/109 111 342 357

6.00 AM **Urban Secrets**
8.00 **Billions** (S1&2)
10.00 **Deadwood** 1-5/12. (S2)
3.10 PM **House of the Dragon** 4/8. Cole begins to mount a campaign in the Crownlands. **4.15** 5/8. Daemon enlists help to try to persuade the Brackens to bend the knee. **5.25** 6/8. With few options left, Rhaenyra summons a knight for a risky venture. **6.35** 7/8. Daemon puts pressure on Oscar Tully to raise up his bannermen. (S2)

10.00 Euphoria

ITV2

118 122 115 6 113 6

6.00 AM **Project Bakeover**
6.45 **Backyard Builds**
7.10 **Guinness World Records**
7.25 **Dress to Impress**
9.20 **The Only Way Is Essex**
11.20 **Celebrity Deal or No Deal**
1.25 PM **Britain's Got Talent**
2.30 **Britain's Got Talent: Unseen** New edition A selection of ever-before-seen auditions.
2.55 **Celebrity Sabotage**
3.55 **Celebrity Catchphrase**
4.55 **FILM Wonder Woman 1984** Superhero adventure sequel. (2020, 12, 151 min) ★★★★

8.00 Pitch Perfect

ITV3

119 123 117 10 115 7

6.00 AM **Lewis** Triple bill.
12.00 NOON **Doc Martin** (S4&5)
2.00 PM **Rosemary & Thyme** *The Language of Flowers:* One of the duo's clients is killed. **3.00** *Sweet Angelica:* A handyman is murdered.
4.05 **McDonald & Dodds** 2/4. The duo are sucked into the world of Formula 1. (S3)
6.00 **Agatha Christie's Marple** *Sleeping Murder:* A woman experiences an unsettling vision after moving in to the home of her dreams.

6.00 Agatha Christie's Marple

ITV4

120 124 118 26 117 21

6.00 AM **Great Racehorses**
6.25 **Auto Mundial**
6.55 **Motorsport Mundial**
7.25 **The Protectors**
8.00 **English Football League**
9.30 **World of Sport**
9.45 **Plato Racing: All or Nothing** Behind the scenes ahead of the new BTCC season.
10.45 **LIVE British Touring Car Championship** The opening meeting of the season from Donington Park.
6.45 PM **British Touring Cars** A look back at the biggest crashes.

8.00 The Avengers

7 PM

7.00 Nothing to Declare Customs officers seize a stash of pornography. **7.30** A man arrives in Australia to meet his lover.

7.45 House of the Dragon *The Queen Who Ever Was:* 8/8. As Aemond starts to become more volatile, Larys plots an escape and Rhaenyra looks to press home whatever advantage she has. (S2)

FILM Wonder Woman 1984 (started at 4.55pm) SEX ●●● VIOLENCE ●●● LANG ●●●

Agatha Christie's Marple (started at 6.00pm)

7.00 American Pickers Mike Wolfe and Frank Fritz purchase a Japanese sword from an 88-year-old war veteran.

8 PM

8.00 Caught on Dashcam Road disasters captured on video by drivers' dashboard cameras

8.00 FILM Pitch Perfect Musical comedy set in the world of American college a cappella singing, starring Anna Kendrick. A wannabe DJ tries to shake up her college's all-female singing group. With Skylar Astin and Rebel Wilson. (2012, 12, 112min) ★★★★ SEX ●●● VIOLENCE ●●● LANG ●●●

8.00 Midsomer Murders *Days of Misrule:* A fatal explosion at a haulage yard proves a difficult case for Barnaby, whose suspects include several Territorial Army soldiers, a ruthless businessman and a grieving mother.

8.00 FILM The Avengers Offbeat thriller starring Ralph Fiennes and Uma Thurman. A secret agent and a scientist try to thwart a megalomaniac villain's efforts to control the world's weather. (1998, 12, 89min) ★ SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

9.00 Watson New episode *Never Been Crispr'd:* 10/20. John's bio-hacker friend Hobie brings his girlfriend to the clinic. (S2)

9.00 All Her Fault 7/8. Carrie's obsession with Milo takes a dark turn as she plans his kidnapping – but things go awry. (S1)

10.15 Family Guy 10/22. Peter watches some TV shows that look familiar. (S23) **10.40** 14/20. Meg joins a basketball team. (S21)
11.10 **Family Guy** 8/20. (S21)
11.35 **American Dad!** (S12)
12.35 **Plebs** 7/8. (S3)
1.05 AM **Deal or No Deal: Celebrity Special**
2.10 **Deep Fake Neighbour Wars**
2.40 **to 3.00** AM **Unwind with ITV**

10 PM

10.00 The Rookie *Fun and Games:* 9/18. Harper is tasked with training Miles, while Nolan encounters a familiar face. (S8)
11.00 **Fire Country** 14/22. (S1)
12.00 M'T **Law & Order: Criminal Intent** 5/22. (S1)
1.00 AM **Law & Order: SVU** (S26)
2.00 **FBI** 12/22. (S1)
3.00 **Brit Cops: Rapid Response**
4.00 **to 6.00** AM **Nothing to Declare**

10.00 Euphoria 1/8. Drama following young people navigating the modern world, starring Zendaya and Jacob Elordi. (S3)
11.10 **DTF St Louis** 7/7. Clark proposes a new plan. (S1)
12.10 AM **The Trip to Italy** With Steve Coogan and Rob Brydon.
2.00 **Euphoria** New episode 2/8. Drama starring Zendaya. (S3)
3.15 **Homicide: Life on the Street**
5.05 **to 6.00** AM **The Guest Wing**

10.00 Midsomer Murders *The Straw Woman:* Midsomer Parva plays host to the revival of a traditional pagan festival held to banish evil spirits.
11.50 **Code of Silence** 5/6. Alison discovers Liam's betrayal and races to stop the gang's heist. **12.50** AM 6/6. Alison is consumed with guilt. (S1)
1.55 **On the Buses**
2.20 **to 2.30** AM **Unwind with ITV**

10.00 FILM Tremors Chiller starring Kevin Bacon and Fred Ward as Nevada handymen battling giant flesh-eating worms. (1990, 15, 96min) ★★★★ SEX ●●● VIOLENCE ●●● LANG ●●●
11.50 **Black Sails** 8/8. (S1)
12.50 AM **Lost Car Rescue**
1.45 **The Sweeney**
2.40 **Unwind with ITV**
3.30 **to 4.00** AM **Auto Mundial**

+1 hour 207 310 | +1 hour 208/209 | +1 hour 218 315 29 114 254 | +1 hour 219 317 116 | +1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

10.30 AM **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.15 **Sportscene: Scottish Cup Highlights** Action from Celtic v St Mirren in the semi-finals.
7.45 **Serie A Scots: Lewis Ferguson** The midfielder talks about life at Bologna.
8.00 **Back from the Brink** Nature conservation success stories from across Europe.
9.00 **Paramedics on Scene** Call handlers in Inverness organise help for an unresponsive teenager.
10.00 **Still Game** *The Fall Guy:* 6/6. Isa is excited when an old flame returns to Craiglang. (S8)
10.30 **Scot Squad** 3/4. The officers tackle noisy neighbours and an ice-cream man serving up hard liquor. (S1)
11.00 PM **to 12.00** M'T **The Sunday Show**

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Sort Of** (S2)
9.00 **American Auto** (S2)
12.30 PM **Bloods** (S1&2)
2.30 **Will & Grace** (S6)
4.00 **Community** (S4)
6.30 **The Office (US)** 16/26. A visit from the Sabre CEO brings bad news. **7.00** 17/26. Part one of two. Pam prepares for the arrival of her baby. **7.30** 18/26. Part two of two. Pam has trouble breastfeeding her baby. **8.00** 19/26. Jim returns from paternity leave. **8.30** 20/26. Michael attempts to deflate the salespeople's egos. (S6)
9.00 **James Acaster: Hecklers Welcome**
10.30 **Katherine Ryan: First Born Daughter**
12.00 M'T **Ellie Taylor: Palavering!** Stand-up.
1.00 AM **The Chair Company**
3.30 **The Comeback** New episode 5/8. (S3)
4.10 **to 5.00** AM **American Auto**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **Turandot**
8.30 **Tales of the Unexpected**
11.00 **The Alfred Hitchcock Hour** Double bill.
1.00 PM **Sheryl Crow: Miles from Memphis**
3.30 **Tina Turner: Live in Barcelona** From 1990.
5.40 **ELO Live at Wembley 1978** A selection of hits.
7.00 **Spymasters: Great Spy Writers** Ian Fleming.
8.00 **The Bee Gees: How Can You Mend a Broken Heart**
10.10 **Isle of Wight Festival**
11.30 **Opry Live**
12.30 AM **Johnny Cash: A Night to Remember Live 1973** From LA.
1.30 **Johnny Cash: Cash for Kenya** From 1991.
3.00 **London Calling**
4.00 **Classic Albums**
5.00 **Discovering: The Monkees**
5.30 **to 6.00** AM **Discovering: Peter Gabriel**

Sky Mix

151 158 156 11 141 23

6.00 AM **Border Patrol**
8.00 **Nothing to Declare**
10.00 **Caught on Dashcam**
12.00 NOON **Nothing to Declare** Four editions.
2.00 PM **FILM A Bestselling Kind of Love** Romance. (2024, PG, 90min) ★★
4.00 **Dogs with Extraordinary Jobs**
5.00 **Airborne** Double bill.
7.00 **Caught Red Handed** Triple bill, including at: **8.20** Police close in on the culprits in a series of muggings.
9.00 **Rob & Romesh vs Crufts** Rob Beckett and Romesh Ranganathan enter their dogs in Crufts.
10.00 **Brassic** *Classic Cars:* 4/8. Mr Bishop asks Vinnie to steal his three prized classic cars. (S3)
11.00 **James Acaster: Hecklers Welcome**
12.30 AM **Caught on Dashcam**
1.30 **Motorway Patrol**
4.00 **to 6.00** AM **Border Patrol**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point**
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** A team of five colleagues take part.
3.00 **Millionaire Hot Seat**
4.00 **Ridiculous** Quiz show hosted by Ranvir Singh.
5.00 **Deal or No Deal** Stephen Mulhern hosts as Jenna tries to open the 22 red boxes in the right order, taking on the infamous Banker for the chance to win a life-changing cash prize.
6.00 **Lingo** Triple bill of the word-based quiz show hosted by Adil Ray.
9.00 **Who Wants to Be a Millionaire? Celebrity Special** Steph McGovern and Dion Dublin compete to win money for charity.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.55 AM **Tenable** Quiz show.
1.50 **to 2.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **Four in a Bed**
1.00 PM **Four in a Bed**
2.00 **Find It, Fix It, Flog It**
5.00 **A Place in the Sun**
7.00 **A Place in the Sun** Two best friends of 50 years try to find their dream holiday home in Almería.
8.00 **The Dog House** A wary stray Malinois shows up in the middle of the night.
9.00 **Gogglebox** The critics share their opinions on what they have been watching on TV.
10.00 **FILM Plane** Action thriller starring Gerard Butler and Mike Colter. A pilot is forced to ally with a murder suspect when their plane goes down in hostile land. (2023, 15, 107min) ★★
12.05 AM **FILM Commando** Action thriller starring Arnold Schwarzenegger. (1985, 18, 90min) ★★★
1.55 **Gogglebox** As 9.00pm.
2.55 **to 5.00** AM **The Copenhagen Test**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Stargate SG-1** (S4)
8.00 **Teleshopping**
11.00 **Stargate SG-1** (S4)
2.00 PM **Star Trek: Deep Space Nine** 13/26. A murder is committed on the station.
3.00 14/26. A Changeling forces Odo to reassess his life.
4.00 15/26. The holosuite suddenly malfunctions. (S7)
5.00 FILM **The Hobbit: The Battle of the Five Armies** Peter Jackson's fantasy adventure starring Martin Freeman. (2014, 12, 144min) ★★★

10.00 The Walking Dead

FILM **The Hobbit: The Battle of the Five Armies** (started at 5.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8.00 **Star Trek: Deep Space Nine** *Inter Arma Enim Silent Leges:* 16/26. Dr Bashir accepts a dangerous assignment.

9.00 **Star Trek: Deep Space Nine** *Penumbra:* 17/26. Dax defies Sisko, but the captain faces confusion over his own destiny. (S7)

10.00 **The Walking Dead** *Judge, Jury, Executioner:* 11/13. Dale fears that his fellow survivors are losing their humanity. (S2)
11.00 **The Walking Dead** 12/13. Rick decides the survivors need to change their mentality following their latest loss. (S2)
12.00 M'T **Grimm** 10/22. A vigilante tortures and murders monsters.
1.00 AM 11/22. Nick tries to clear a man on death row.
2.00 12-14/22. Triple bill. (S2)
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S12)
10.00 **Inspector George Gently**
12.00 NOON **Father Brown**
4.00 PM **Shakespeare & Hathaway: Private Investigators** 9/10. Frank and Lu are hired to locate a photo stolen from a local pub.
5.00 10/10. Frank and Lu delve into the world of private tutoring. (S3)
6.00 **Miss Scarlet** 4/6. New Detective Inspector Charlie Phelps hires Eliza for a case involving his uncle. (S6)

7.00 Murdoch Mysteries

7.00 **Murdoch Mysteries** New episode *The Fall of the House of Newsome:* 15/21. Rupert Newsome is accused of murder. (S19)

8.00 **Father Brown** *The Enigma of Antigonish:* The priest investigates staff at a spa when a former employee is found drad.

9.00 **Death in Paradise** *Somewhere in Time:* 7/9. The host of a fishing trip is found harpooned on a beach. (S10)

10.00 **NCIS: Sydney** *Blonde Ambition:* 8/8. JD's son Jack is kidnapped by an international assassin. (S1)
11.00 **Father Brown** *The New Order:* The priest clashes with an influential new parishioner.
12.00 M'T **Death in Paradise** 1/8. Richard Poole meets a sticky end at a university reunion. (S3)
1.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.00 AM **Hi-de-Hi!**
7.45 **Open All Hours**
8.20 **The Good Life**
3.00 PM **The Good Life** Tom takes the law into his own hands.
3.40 Jerry has a dilemma.
4.20 Tom and Barbara receive help with their pigs.
5.00 Tom and Barbara's visits to evening classes become unusually productive.
5.40 Tom attempts to market his garden produce.
6.20 Tom's philosophy of life gains him two eager disciples.

7.40 Dad's Army

7.00 **The Good Life** A journalist writes a story about Tom and Barbara's way of life.
7.40 **Dad's Army** An invasion alert throws Mainwaring's platoon into a panic.
8.20 **Still Open All Hours** Granville buys too much stock and needs to come up with a way of shifting it.

9.00 **Open All Hours** The milkwoman makes a pass at Granville.
9.40 **This Time with Alan Partridge** Jennie and Alan look at Scottishness, vegetarianism and corporal punishment.
10.20 Alan meets his own celebrity lookalike.
11.00 **Still Open All Hours**
11.40 **Open All Hours**
12.20 AM **The Good Life**
1.40 **Men Behaving Badly** Gary embarks on his stag night.
2.15 Gary's wedding day arrives.
2.45 **to 4.00** AM **Alma's Not Normal**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Cannonball**
8.00 **Storage Hunters UK**
9.00 **Top Gear** Double bill.
11.00 **Caribbean with Simon Reeve**
1.00 PM **Mortimer & Whitehouse: Gone Fishing** Triple bill.
3.00 **Hairy Bikers Everyday Gourmets** Double bill.
5.00 **Caribbean with Simon Reeve** 1/3. Simon visits the Dominican Republic, Haiti and Puerto Rico.
6.00 2/3. The adventurer visits Barbados, St Vincent, Venezuela and Colombia.

5.00 Caribbean with Simon...

7.00 **Special Ops: To Catch a Criminal** Raheem Sterling is one of a string of multi-millionaires targeted by a burglary gang.

8.00 **Special Ops: To Catch a Criminal** When a woman reports being held against her will, officers suspect modern-day slavery.

9.00 **Have I Got a Bit More News for You** Clive Myrie hosts the satirical quiz, with guest panellists Miles Jupp and Camilla Long.

10.00 **QI: Rejoice! A Christmas Special** With guests Holly Walsh, Chris McCausland and Justin Moorhouse.
10.40 **Mock the Week** With Loyiso Gola, Milton Jones, Miles Jupp, Ellie Taylor and Josh Widdicombe.
11.20 **Mock the Week**
12.00 M'T **Live at the Apollo**
1.00 AM **QI XL** With Bill Bailey.
2.00 **to 4.00** AM **Schitt's Creek**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.10 AM **The Bill** Five episodes.
12.05 PM **Call the Midwife**
2.40 **Catherine Cookson's A Dinner of Herbs** 2/2. Drama starring Billie Whitelaw as a herbalist who takes an 11-year-old orphan under her wing. With Tim Healy.
5.50 **Sister Boniface Mysteries** *Song for the Dead:* 6/10. To Peggy's delight, teenage heartthrobs The Queenmakers are playing Great Slaughter. However, the band's frontman is found dead from an allergic reaction to a bee sting. (S1)

8.00 Harry Wild

6.50 **Campion** *Police at the Funeral – Part One:* 3/8. Campion is contacted by a friend whose fiancée's uncle is missing. (S1)

8.00 **Harry Wild** New episode *Hold Your Horses, We've a Killer to Catch:* 3/8. A fun day at the races ends in tragedy. (S4)

9.00 **Silent Witness** *Identity:* A severed finger is brought to the Lyell Centre by a detective and immigration officer, who ask Nikki and Thomas to test for a DNA match with a 17-year-old Syrian illegal immigrant.
11.25 **New Tricks** *Shadow Show:* The squad re-examine the disappearance of an actor.
12.45 AM **A Small Light** 6/8. Miep and Jan do what they can to save the remaining Jews. (S1)
1.55 **to 4.00** AM **The Brokenwood Mysteries**

+1 hour 243 316 60 260

7 PM
8 PM
9 PM
10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **Murder, She Wrote**
2.10 PM **Blue Bloods** (S9)
7.00 **NCIS: Los Angeles** *Raven & the Swans:* 22/24. The agents try to locate a missing undercover operative.
8.00 *Parley:* 23/24. Deeks goes undercover when a thief is targeted.
9.00 *Descent:* 24/24. An unlikely allegiance is formed. (S4)
10.00 **Law & Order: Special Victims Unit** *Bound:* 23/25. An elderly woman is murdered.
11.00 *Poison:* 24/25. Novak targets a judge.
11.55 *Escape:* 11/25. A fugitive sex offender kidnaps his accuser.
12.50 AM *Brotherhood:* 12/25. A college student is murdered. (S5)
1.50 **Law & Order: Criminal Intent** 15&16/22. (S7)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Friends** (S2)
10.00 **Dogs Behaving (Very) Badly** Double bill.
12.00 NOON **Traffic Cops**
5.00 PM **Police Interceptors** Four editions of the series, including at:
8.00 Dog handler Darren tries to end a rooftop stand-off.
9.00 **Surgeons: A Matter of Life or Death** A procedure offers pain relief for an ex-soldier.
10.30 **Accused: Guilty or Innocent?** New edition A look into the case of a prank that ended in a teenage girl shooting her boyfriend dead.
11.25 **Hidden in My House**
12.20 AM **My Lover, My Killer**
1.20 **Skin A&E** Documentary.
2.15 **Casualty 24/7: Every Second Counts**
3.05 **Police Interceptors**
3.55 **to 4.00** AM **Entertainment News**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.05 **Trucking Hell**
10.05 **Outback Truckers**
1.00 PM **Outback Truckers**
3.00 FILM **Red River Range** Western drama starring John Wayne. (1938, b/w, U, 56min) ★★
4.10 FILM **Stagecoach** Vintage Western starring John Wayne. (1939, b/w, U, 99min) ★★★★★
6.20 FILM **North to Alaska** Western adventure with Stewart Granger. (1960, U, 122min) ★★★
9.00 FILM **High Plains Drifter** Western directed by and starring Clint Eastwood. A mysterious gunslinger is hired to protect a remote frontier town from three vengeful outlaws. (1972, 18, 105min) ★★★★
11.05 **Scam City** Four editions.
3.15 AM **Winter Road Rescue** Documentary.
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.15 AM **My Family**
10.00 **Tipping Point**
1.00 PM **The Supervet: Noel Fitzpatrick**
6.00 **Inside the Ambulance: Coast and Country** Crews treat a pregnant woman who has fallen on her baby bump.
7.00 Paramedics have their hands full with a motorcycle crash.
8.00 **Inside the Operating Theatre** Three-year-old Isaac requires an operation on his tongue.
9.00 Nigel has keyhole surgery to fix his hernia.
10.00 **The Catherine Tate Show** Triple bill.
12.00 M'T **Inside the Ambulance: Coast and Country** Documentary.
1.00 AM **DIY SOS: The Bigger Build Ireland**
1.50 **to 3.00** AM **Louis Theroux Interviews... Katherine Ryan**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great Coastal Railway Journeys**
8.00 **The World at War**
12.00 NOON **Canal Boat Diaries** Four editions.
2.00 PM **Britain's Ancient Capital: Secrets of Orkney** Documentary.
3.00 **Ireland with Simon Reeve** Double bill.
5.00 **Canal Boat Diaries**
6.00 **Planet Earth** Life in the world's darkest caves.
7.00 Life on top of the world's highest peaks.
8.00 **Whatever Happened to the Likely Lads?** Bob and Terry seek sanctuary from the news so they can watch highlights of a football match without knowing the result.
8.40 Bob invites Terry to a trendy dinner party.
9.20 Terry helps Bob move into his new house.
10.00 PM **to 3.00** AM **Bangers & Cash**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** From Suffolk.
7.00 **Teleshopping**
8.00 **Fantasy Homes by the Sea** Double bill.
10.00 **Derelict Rescue**
11.00 **My Lottery Dream Home** Eight editions.
3.00 PM **Escape to the Country** Double bill.
5.00 **A Place in the Sun**
9.00 **Long Lost Family** Davina McCall and Nicky Campbell help a woman search for her missing daughter.
10.00 **Who Do You Think You Are?** Gary Lineker looks into his ancestors' lives, discovering his great-great-great-grandfather was a poacher in Victorian England.
11.00 **Celebrity Help! My House Is Haunted**
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

SUNDAY Entertainment

Great! TV

157 167 170 34 32

8.10 AM **A Fine Romance**
8.40 **The Waltons** (S6&7)
1.40 PM **The Waltons** (S7)
6.40 **FILM Arachnophobia** Horror starring Jeff Daniels as a California town doctor battling against an infestation of deadly spiders. With John Goodman, Harley Jane Kozak and Julian Sands. (1990, PG, 106min) ★★★
9.00 **FILM Jumpin' Jack Flash** Comedy thriller starring Whoopi Goldberg as a computer operator who receives an electronic cry for help from a British spy trapped behind the Iron Curtain. With Jonathan Pryce. (1986, 15, 105min) ★★
11.10 **M*A*S*H** (S6&7)
1.10 AM **Home to Roost**
2.10 **Rumpole of the Bailey**
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257

Great! Action

323 319 426 42 33

9.00 AM **FILM The Monuments Men** World War Two drama. (2014, 12, 118min) ★★★
10.00 **FILM Ride in the Whirlwind** Western. (1966, PG, 83min) ★★
11.50 **FILM Wing and a Prayer** Drama. (1943, b/w, PG, 93min) ★★★
2.00 PM **FILM The Sand Pebbles** Action thriller. (1966, 15, 193min) ★★
5.35 **FILM Junior Bonner** Contemporary Western. (1972, PG, 103min) ★★★
7.50 **FILM Bandidas** Western. (2006, 12, 92min) ★★
9.50 **FILM First Kill** Thriller. (2017, 15, 97min) ★★
12.00 M'T **FILM The Nebraskan** Western. (1953, PG, 63min) ★★
1.30 AM **The Baron** (S1)
4.05 **FILM Asteroid: Final Impact** Disaster thriller. (2015, PG, 86min) ★
5.30 **to 6.00** AM **Air Rescue**

+1 hour 324

Great! Mystery

321 318 425 50 48

8.10 AM **Diagnosis Murder**
9.10 **FILM Chronicle Mysteries** Crime drama. (2021, PG, 90min) ★★
11.00 **Robin Hood** 6/13. (S1)
12.00 NOON **Murder, She Wrote** Nine episodes of the mystery drama.
9.00 PM **FILM Morning Show Mysteries: Murder Ever After** Crime thriller starring Holly Robinson Peete and Colin Lawrence. (2021, PG, 89min) ★★
10.55 **FILM An Aurora Teagarden Mystery: A Lesson in Murder** Drama starring Skyler Samuels. (2024, PG, 84min) ★★
12.50 AM **FILM Fatal Defense** Thriller with Ashley Scott. (2017, 12, 122min) ★★
2.30 **FILM The Black Widow Killer** Crime thriller. (2018, 12, 90min) ★
4.05 **to 5.00** AM **Sue Thomas: F.B.Eye**

+1 hour 322

Great! Romance

319 317 424 52 47

8.10 AM **FILM Love, Again** Drama. (2015, PG) ★★★
10.05 **FILM A Country Romance** (2021) ★★
12.00 NOON **FILM Christmas in the Highlands** Comedy. (2019, PG) ★★
1.55 PM **FILM A Winter Princess** Romance. (2019, PG, 82min) ★★
3.45 **FILM Royal New Year's Eve** (2017, U) ★★
5.40 **FILM Butlers in Love** Romantic comedy. (2022, PG, 89min) ★★
7.35 **FILM A Royal Recipe for Love** Romance. (2023, PG, 89min) ★★
9.35 **FILM Christmas with a Prince: Becoming Royal** Romantic drama. (2019, PG, 92min) ★★
11.45 **FILM Puppy Love for Christmas** Drama. (2021, PG, 87min) ★★
1.50 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM A Royal Recipe for Love**

+1 hour 320

Together TV

170 136 83 162

11.00 AM **Garden Rescue**
1.00 PM **Hello Campers**
2.00 **FILM The Assassination Bureau** Comedy thriller. (1968, PG, 110min) ★★★
4.15 **FILM The Odd Job** Comedy with David Jason. (1978, 15, 87min) ★★
6.00 **FILM Vendetta for the Saint** Crime mystery. (1968, PG, 94min) ★★★
8.00 **Garden Rescue** Flo Headlam and Charlie Dimmock create a cottage garden in Luton. **9.00** Charlie Dimmock and Chris Hull tackle an oddly-shaped garden.
10.00 **FILM Hussy** Drama starring Helen Mirren. (1979, 18, 94min) ★★
12.00 M'T **FILM School For Sex** Erotic comedy. (1969, 18, 80min) ★★
1.45 AM **FILM Comfort and Joy** Comedy drama. (1984, PG, 115min) ★★★
4.00 **to 5.00** AM **Richard Wilson's Highland Fling**

Rewind TV

182 81 141

6.00 AM **Sherlock Holmes**
7.00 **Hank the Cowboy**
7.30 **The Fenn Street Gang**
8.30 **The Gaffer** (S2)
9.30 **Bubblegum & Cheese**
10.30 **Agony** 3&4/7. (S2)
11.30 **That's My Dog**
12.00 NOON **The Champions**
2.00 PM **Boon** 7/13. (S4)
3.05 **Rewind Time Machine**
3.10 **Space 1999** (S2)
5.20 **Second Thoughts** (S2)
6.20 **The Lovers** 2&3/6. (S1)
7.20 **The Gaffer** 1&2/7. (S2)
8.20 **Boon** 7/13. (S4)
9.25 **McCallum** Drama.
10.30 **FILM Not Now, Darling** Farcical comedy. (1972, PG, 89min) ★★
12.20 AM **FILM Vampire Hookers** Horror comedy. (1978, 18, 82min) ★★
1.55 **Stereo Underground**
2.55 **We Had One of Those**
3.05 **McCallum** Drama.
4.10 **Bubblegum & Cheese**
5.00 **to 6.00** AM **Stereo Underground**

DMAX

159 151 169 39 147 35

6.00 AM **Baggage Battles**
10.00 **Garage Rehab**
2.00 PM **Kindig Customs**
5.00 **Chasing Classic Cars**
7.00 **Expedition Bigfoot** Russell finds what he believes is a Bigfoot nest. **8.00** Mireya and Ronny make a big discovery.
9.00 **Ancient Unexplained Files** New digital technology reveals the origins of two mysterious Egyptian mummies. **10.00** New technology reveals secrets about the origins of Machu Picchu.
11.00 **Expedition X** The team explore a haunted forest. **12.00** M'T Phil and Jess join Josh at a decaying hospital in Detroit. **1.00** AM The team try to communicate with the ghost of a little girl.
2.00 **Teleshopping**
5.00 **to 6.00** AM **Baggage Battles**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Diners, Drive-Ins and Dives** Four editions.
8.00 **Man v Food with Casey Webb** Ten editions.
1.00 PM **James Martin's Islands to Highlands**
3.00 **The Great British Bake Off** Four editions of the series, including at: **6.00** Noel Fielding and Matt Lucas host Dessert Week from 2022. **7.30** Noel and Matt host Halloween Week.
9.00 **Adam Richman Eats Britain** Adam samples a hot pot in Lancashire. **9.30** Adam tries cheddar in Cheddar.
10.00 **Man v Food** Adam Richman samples a Sasquatch hamburger. **10.30** Adam faces a challenge in Columbus.
11.00 **James Martin's Islands to Highlands**
1.00 **to 3.00** AM **Diners, Drive-Ins and Dives**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

7.00 AM **FILM Apache Uprising** Western. (1966, PG, 90min) ★★
9.00 **T.J. Hooker** (S2)
2.00 PM **FILM Blood River** Western adventure. (1991, PG, 88min) ★★
3.50 **FILM Boot Hill** Comedy Western. (1969, PG, 91min) ★★
5.45 **FILM The Last Command** Western. (1955, PG, 110min) ★★★
8.00 **The Twilight Zone** (S5)
9.00 **FILM The Presidio** Thriller starring Sean Connery and Meg Ryan. (1988, 15, 98min) ★★
11.05 **FILM Carlito's Way** Thriller with Al Pacino and Sean Penn. (1993, 18, 145min) ★★★★
2.00 AM **FILM Assassin** Thriller with Danny Dyer. (2014, 15, 78min) ★
3.30 **to 5.15** AM **FILM Lonesome Dove Church** Western. (2014, 15, 89min) ★★

Legend Xtra

317 316 171 69 138 51

9.00 AM **The Twilight Zone**
10.00 **FILM Battle Star Wars** Sci-fi action drama starring Alyson Gorske. (2020, 12, 86min) ★
12.00 NOON **Jules Verne's Mysterious Island**
4.00 PM **The Fall Guy** (S4)
9.00 **FILM Sinbad and the Eye of the Tiger** Fantasy adventure starring Patrick Wayne and Jane Seymour. (1977, U, 108min) ★★★
11.25 **FILM Red Sonja** Fantasy adventure starring Brigitte Nielsen. (1985, 15, 89min) ★
1.20 AM **FILM Acts of Violence** Crime drama starring Bruce Willis. (2018, 15, 86min) ★★
3.10 **FILM Crack in the World** Sci-fi thriller starring Dana Andrews. (1965, PG, 96min) ★★
5.00 **to 6.00** AM **The Twilight Zone**

+1 hour 318 139

Blaze

156 169 174 64 161 41

6.00 AM **WWE's Greatest Moments** Double bill.
6.45 **Hardcore Pawn: Behind the Deal**
7.30 **Hardcore Pawn**
9.15 **Flipping Bangers**
10.10 **Junk & Disorderly**
11.10 **Pawn Stars** Double bill.
1.05 PM **Auction Hunters**
4.05 **Storage Wars**
7.00 **Beyond Skinwalker Ranch** The site of a controversial 1965 UFO crash in Pennsylvania.
8.00 **Curse of Skinwalker Ranch** Documentary.
9.00 **A Ship Through Time: Secrets of the Newport Ship** A shipwreck.
10.00 **Kursk: 10 Days That Shaped Putin**
11.00 **History's Greatest Mysteries** Documentary.
12.00 M'T **Paranormal: Caught on Camera**
1.00 AM **The Proof Is Out There** Triple bill.
4.00 **to 6.00** AM **Britain's Most Historic Towns**

5SELECT

153 166 138 46 133 30

9.00 AM **Abandoned Engineering**
12.00 NOON **Columbo Columbo** Five episodes of the drama, including at: **5.55** PM *The Greenhouse Jungle:* A penniless plant collector fakes his nephew's kidnapping. **7.25** *The Most Crucial Game:* The owner of an American football team is found dead.
9.00 **The Most Embarrassing TV Guests** A selection of TV mishaps and gaffes.
11.05 **Taggart** *Instrument of Justice:* An informant is due to give evidence against his former boss, one of Glasgow's most powerful gang leaders, but police fail to get the witness to court.
1.45 AM **7 Wonders of the World with Bettany Hughes** Double bill.
3.35 **Trucking Hell**
3.55 **to 4.00** AM **Entertainment News**

Challenge

130/131 116/117 139 48 142 43

7.00 AM **The Chase**
9.00 **Dickinson's Real Deal**
11.00 **Blockbusters**
12.00 NOON **Catchphrase Mother's Day Special**
1.00 PM **Tenable** Quiz show.
2.00 **Lily Savage's Blankety Blank** Triple bill.
4.00 **The Chase** Quiz show.
5.00 **The Chase Celebrity Special** With Sam Quek, Basil Brush, Andi Peters and Charlie Higson. **6.00** With Danny Care, Al Murray, Mathew Horne and Jodie Kidd.
7.00 **The Chase** Double bill.
9.00 **The Celebrity Chase** With Tony Audenshaw, Beth Tweddle, Kara Tointon and Louis Walsh.
10.00 **The Chase** Quiz show hosted by Bradley Walsh.
11.00 **Bullseye** Six editions of the darts-based quiz.
2.00 AM **The Chase**
4.00 **The Chase Celebrity Special** Quiz show.
5.00 **to 6.00** AM **The Chase**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Young Sheldon**
10.00 **The Big Bang Theory**
8.00 PM **Georgie and Mandy's First Marriage** New episodes 3/22. Georgie is not ready for his mother to date again. **8.30** 4/22. Mandy grows suspicious of Georgie's lies. (S2)
9.00 **Zero Stars** New edition Roisin Conaty and Sara Pascoe explore Bergen and Voss on a budget.
10.00 **FILM The Mexican** Action comedy with Brad Pitt and Julia Roberts. A hapless crook tries to retrieve a valuable pistol from across the Mexican border. (2001, 15, 123min) ★★★
12.00 M'T **Zero Stars**
1.00 AM **Young Sheldon**
1.30 **Say Yes to the Dress**
2.00 **My 600lb Life**
4.00 **to 6.00** AM **Say Yes to the Dress: UK**

+1hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Michael McIntyre's The Wheel** As 2.00pm.
9.00 **Impractical Jokers**
10.00 **Friends** (S3&4)
2.00 PM **Michael McIntyre's The Wheel** With Alex Jones and Seann Walsh.
3.00 **Friends** (S4)
8.00 **Friends** 14/24. Rachel comes to regret asking Ross for a favour. **8.30** 15/24. Chandler's ex-girlfriend turns up out of the blue. (S4)
9.00 **FILM Big Trouble in Little China** Fantasy adventure starring Kurt Russell and Kim Cattrall. (1986, 15, 100min) ★★★
11.00 **8 Out of 10 Cats**
12.40 AM **Impractical Jokers**
1.10 **Whose Line Is It Anyway? USA**
1.40 **Lee Evans Live at Her Majesty's Theatre**
3.00 **Utopia** 6-8/8. (S1)
4.15 **to 5.00** AM **Stupid Central**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** (S2)
7.00 **Teleshopping**
9.00 **Friends** (S4)
10.00 **Everybody Loves Raymond** (S2)
12.30 PM **Criminally Funny**
2.00 **Friends** (S4)
3.00 **Criminally Funny**
9.00 **Friends** 22/25. Joey's play gets poor reviews. **9.30** 25/25. Phoebe receives shocking news about her past. (S3) **10.00** 2/24. Joey proposes to Phoebe. **10.30** 5/24. Ross learns that Rachel has a date. **11.00** 9/24. Brad Pitt guest stars in a Thanksgiving special. **11.30** 11/24. Rachel propositions Joey. (S8)
12.00 M'T **Friends** (S8)
2.00 AM **New Girl** (S4)
3.00 **The Daily Show**
4.50 **South Park** (S20)
5.15 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **That's 60s: Best Music Live!**
8.05 **You Rang, M'Lord?** (S1)
11.15 **On the Buses** (S2)
1.50 PM **Rising Damp** (S1&2)
3.55 **Man About the House**
7.55 **Minder** 5/11. (S1)
9.00 **Benidorm** 5/9. Kelly's mother Sylvia arrives. **9.30** 6/9. Donald and Jacqueline take revenge on Mateo. (S2)
9.55 **Shameless** 2/22. Libby is distraught when Monica demands custody of Stella and Liam. (S8)
10.55 **Man About the House**
11.25 **Rising Damp** 1/6. (S4)
11.55 **Benidorm** 5&6/9. (S2)
12.55AM **Minder** 1/10. (S5)
1.55 **In Sickness and in Health** 4/10. (S5)
2.25 **Man About the House**
2.50 **Duty Free** 1/7. (S1)
3.15 **That's 60: Best Music Live!**
4.00 **Nearest and Dearest**
4.50 **to 6.00** AM **Journeys: Welsh Highland Rail**

MTV

126/127 137 134 351 366

6.00 AM **MTV Cribs**
6.20 **16 and Pregnant**
7.10 **Teen Mom OG**
8.00 **Teen Mom 2**
9.00 **Teen Mom: Young & Pregnant** Reality series.
10.00 **Teen Mom: The Next Chapter** Triple bill.
1.00 PM **Catfish: The TV Show** Reality series.
4.00 **Catfish: Love Triangles**
5.00 **Catfish: The TV Show**
9.00 **Alicia Keys: MTV Unplugged** Alicia Keys performs at the Brooklyn Academy of Music.
10.00 **Tattoo Fixers** A man who wants to disguise the tattoo he got to win an argument. **11.00** Sketch, Lou and Jay try to save a wedding.
12.00 M'T **Ink Master**
1.00 AM **Dating Naked UK**
2.00 **Caught in the Act: Double Life**
2.45 **Sleeping with My Murderer** Lakhvir Singh.
3.35 **to 4.00** AM **Jackass**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **Wheeler Dealers**
12.00 NOON **Alaska: Homestead Rescue** The Raneys visit a homestead they helped save more than three years ago. **1.00** PM Marty responds to a desperate plea from a family in eastern Vermont. **3.00** The Raneys race against winter to build their first-ever 'homestead fortress'. **5.00** In Aloha State, a Hawaiian family struggle to homestead between two active volcanoes, and the Raneys build a fortified garden.

8.00 **Vantara: Sanctuary Stories**

7.00 **Moonshiners** New edition Josh plots to retrieve his still from an impound lot, while Mike and Jerry make a promise.

8.00 **NEW SERIES Vantara: Sanctuary Stories** Forrest Galante visits one of the world's most advanced wildlife sanctuaries.

9.00 **Barnwood Builders** Mark and the crew turn one of the biggest barns they have ever saved into an even bigger home.

10.00 **Moonshiners** New edition When Texas Rangers flip a local bootlegger, his knowledge of the outlaw liquor trade leads to raids.

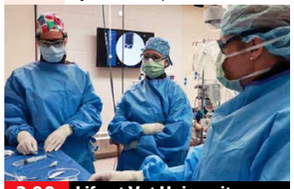
11.00 **Truck Dynasty** NBA superstar Shaquille O'Neal orders a custom 4x4 Juggernaut truck.
12.00 M'T **Shorty's Dream Shop** Shorty's friend Monty wants to rebuild the car of his youth.
1.00 AM **Shorty's Dream Shop**
3.00 **to 5.00** AM **Street Outlaws: Memphis**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Must Love Cats**
10.00 **Lone Star Law**
11.00 **Dr Jeff: Rocky Mountain Vet**
1.00 PM **Pit Bulls & Parolees**
3.00 **Life at Vet University**
5.00 **Treehouse Masters** Pete Nelson builds an outside-in treehouse in Alaska, featuring a sauna in the trees.
6.00 **Meet the Sloths** The sanctuary's 'Lothario' Randy succumbs to an infection. **6.30** The sanctuary team try to save a poisoned sloth.



3.00 **Life at Vet University**

7.00 **How Do Animals Do That?** Fun facts about eagles and squirrels. **7.30** A look at why pandas are black and white.

8.00 **The Diamond Collar** James Giuliani is asked to make a tough decision. **8.30** Rescuing a messy and unusual animal.

9.00 **Alaska: Surviving the Last Frontier** The groups leave their cabins to board the plane that will return them to civilisation.

10.00 **Tanked** Wayde tries to keep his team motivated by sending them to a boot camp in the hope they work together.

11.00 **Tanked** Tracy Morgan calls on Brett and Wayde's help.
12.00 M'T **Fish or Die**
1.00 AM **Sharkwrecked: Crash Landing** Documentary.
2.00 **Expedition Bigfoot**
3.00 **The Diamond Collar**
4.00 **to 5.00** AM **My Extreme Animal Phobia**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **WW2: Hell Under the Sea**
10.00 **Lost Ships of WW2**
12.00 NOON **Nazi Megastructures**
1.00 PM **Drain the Oceans: Deep Dive** Uncovering sea mines.
2.00 **Bloody Tales of the Tower** Triple bill, including at: **4.00** The deaths of Anne Boleyn, Catherine Howard and Lady Arabella Stuart.
5.00 **Air Crash Investigation** The cause of a deadly rollercoaster ride in the sky. **6.00** Why Air Florida Flight 90 plunged into a river.

9.00 **Chernobyl: Inside the...**

7.00 **Air Crash Investigation** A Loganair cargo flight from Edinburgh loses both engines and crashes into the icy North Sea.

8.00 **Lost Treasures of the Bible** New edition What archaeology reveals about Exodus, Canaan and the Ark of the Covenant.

9.00 **NEW SERIES Chernobyl: Inside the Meltdown** 1/4. Survivors recall the 1986 nuclear disaster. *See feature, page 21.*

10.00 **Chernobyl: Inside the Meltdown** New edition 2/4. Two days after the explosion, the true scale of the disaster emerges.

11.00 **Construction Fails** A highway bridge collapse sparks a probe into hidden structural flaws.
12.00 M'T **Car S.O.S** Tim Shaw and Fuzz Townshend take on a 1990 Nissan Pulsar GTI-R.
1.00 AM **Air Crash Investigation**
3.00 **to 5.00** AM **Colossal Machines**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Secrets of Great British Castles** Double bill.
8.00 **Storage Wars** Six editions.
11.00 **Pawn Stars** Triple bill.
2.00 PM **Container Wars** Four editions, including at: **3.30** The bidding is keen on a selection of hot items from New Orleans.
4.00 **Secrets in the Ice** Cosmic rays have experts stumped. **5.00** Exploring a mountain mystery in Ecuador. **6.00** The team explore a glacier tomb found in Iceland.

9.00 **Original Gangsters**

7.00 **Greatest Prison Escapes with Billy Hayes** How eight inmates escaped from a New Mexico detention centre.

8.00 **Greatest Prison Escapes with Billy Hayes** The exploits of Alfie Hinds, who broke out of three high-security prisons.

9.00 **Original Gangsters with Sean Bean** The Peaky Blinders, based on a real urban gang active from the 1880s to the 1920s.

10.00 **Original Gangsters with Sean Bean** The actor shines the spotlight on Al Capone, Alcatraz's most famous resident.

11.00 **Britain's Murder Map with Vicky McClure and Jonny Owen** John Christie's crimes.
12.00 M'T **History's Deadliest with Ving Rhames**
1.00 AM **Mysteries Unearthed with Danny Trejo**
2.00 **The UnBelievable with Dan Aykroyd** Unusual pastimes.
3.00 **Container Wars**
5.00 **to 6.00** AM **Secrets in the Ice**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **Discovering: Ralph Fiennes** Profile of the actor.
7.00 **Discovering: Octavia Spencer**
8.00 **The Directors**
9.00 **Being Mary Tyler Moore**
11.10 **Love Means Zero**
1.00 PM **Pantani: The Accidental Death of a Cyclist**
3.00 **Hill** A profile of ex-Formula One driver Damon Hill.
4.50 **My Icon: Leon Pryce**
5.00 **Williams & Mansell: Red 5** The rise of Nigel Mansell and the Williams F1 racing team.
6.50 **My Icon: Linford Christie**

7.00 **David Holmes**

7.00 **David Holmes: The Boy Who Lived** The story of Daniel Radcliffe's Harry Potter stunt double David Holmes, who was left paralysed from the chest down after an on-set accident in 2009.
8.45 **My Icon: Tanni Grey Thompson**

9.00 **2000 Meters to Andriivka** One-off documentary following a Ukrainian platoon as they traverse a heavily fortified mile of forest to liberate a strategic village from Russian forces.

11.10 **Flight 149: Hostage of War** The story of the passengers of a British Airways flight who were held hostage in Kuwait City in 1990.
1.00 AM **Forced Out** People dishonourably discharged from the armed forces because of their sexuality.
3.00 **The Ibiza Affair: Uncovered**
5.00 **to 6.00** AM **The Directors**

7 PM
8 PM
9 PM
10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **Find It, Fix It, Flog It**
9.00 **Antiques Road Trip**
2.00 PM **The Repair Shop**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **The Derbyshire Auction House**
8.00 **The Repair Shop** The team restore a mosaic table that is in hundreds of pieces. **9.00** The team restore a desk belonging to a Suffragette leader and a mannequin that survived the Blitz. **10.00** Items include a grandfather clock and a Turkish coffee grinder. **11.00** Restoring a violin and a replica cooker. **12.00** M'T The team restore a wartime doll.
1.00 AM **Massive Engineering Mistakes**
2.00 **Destroyed in Seconds**
4.00 **to 5.00** AM **How It's Made**

+1 hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Forensic Detectives**
9.00 **FBI Files** Double bill.
11.00 **A Killer's Mistake**
12.00 NOON **FBI Files**
3.00 PM **The Killer in My Family** Four editions.
7.00 **The Killer in My Family** Relatives of John Orr reveal how his crimes impacted the family. **8.00** Relatives of killer Russell Causley reveal how the killing of his wife has affected them.
9.00 **A Killer's Mistake** A 45-year-old mother-of-five with learning difficulties disappears.
10.00 **Evil Lives Here: My Child the Killer** A young mother begins to wonder if her once-happy, sweet boy is evil.
11.00 **Jussie Smollett: A Faking It Special**
12.00 M'T **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1 hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **UK Crime Files: Merseyside Wheelchair Murderer** A look at the case of Linda Anders.
8.00 **UK Crime Files: The Party Killer** Geoffrey Wansell revisits how Charlotte Pinkney vanished in Ilfracombe.
9.00 **UK Crime Files: The Seaside Strangler** A look at the case of Stephen Akinmurele.
10.00 **UK Crime Files: A Random Murder** The case of Kevin Bennett, who was killed in 2014.
11.00 **UK Crime Files: Murder of Rachel Manning** True-crime.
12.00 M'T **UK Crime Files: Anagram Serial Killer**
1.00 AM **Britain's Almost Perfect Murders**
2.00 **Handsome Devils**
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Medical Detectives**
12.00 NOON **48 Hours**
2.00 PM **Fraud Squad**
4.00 **Bloodline Detectives**
6.00 **See No Evil** Focusing on the case of Carl Starke.
7.00 **Judge Judy** Back-to-back real-life cases, including at: **10.00** A teenage homeowner claims she was jumped by her 53-year-old tenant. **10.25** A woman's desire to have a family leads to poor decision-making. **10.50** An innocent 15-year-old girl is allegedly punched and kicked repeatedly. **11.15** A dog owner comes up with an unbelievable story to refute accusations.
11.40 **Judge Judy** Real-life small-claims cases.
2.00 AM **Bloodline Detectives**
4.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **A1: Britain's Longest Road**
9.00 **Caught on Dashcam**
10.00 **Send in the Dogs**
11.00 **How I Caught the Killer**
12.00 NOON **Forensics: Catching the Killer**
1.00 PM **World's Most Evil Killers** Double bill.
3.00 **How I Caught the Killer**
5.00 **Britain's Most Evil Killers** Double bill.
7.00 **Forensics: Catching the Killer** Double bill.
9.00 **Monster Preacher** The crimes of a self-proclaimed pastor.
10.40 **Britain's Most Evil Killers** Ian McLoughlin.
11.45 **Murdered at First Sight**
12.50 AM **Killing Mum and Dad** Michael Clarke.
1.55 **The Real CSI: Miami**
3.00 **The Real Manhunter**
4.00 **Highway Cops**
5.00 **to 6.00** AM **Brit Cops: Law & Disorder**

+1 hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Grand Tours of the Scottish Islands**
8.40 **Impossible Peace**
1.00 PM **Grand Tours of the Scottish Islands**
1.40 **Wrecks That Changed the World** Five editions.
6.30 **Impossible Peace** When the great depression hit, all good candidates for leadership disappeared. **7.35** With the United States suffering, Japan took the opportunity to increase their empire. **8.40** By the mid-1930s, Hitler's ambitions were clear but seemed to go ignored by great powers. **9.40** Attempts to avoid repeating the disaster of World War One.
10.50 **1945: The Savage Peace** Stories of violence toward Germans following World War Two.
12.00 M'T **Lost Cities of Rome**
1.10 **to 2.00** AM **Grand Tours of the Scottish Islands**

SUNDAY

Sunday

Sky Nature

124/125 113/114 135 354 369

6.00 AM **Strange Creatures**
8.00 **Wild Castles** Double bill.
10.00 **Africa's Hidden Kingdoms**
12.00 NOON **13 Hours To Survive**
2.00 PM **Age of the Big Cats**
5.00 NEW SERIES **Wild Philippines** A look at the landscape and wildlife of the Philippines.
6.00 **The Kimberley: Australia's Wild West** New edition The animals who live in Australia's Wild West, tracking the work of those trying to protect them.
7.00 **David Attenborough's First Life** 1/2. The naturalist explores the origins of life on Earth. **8.15** 2/2. Exploring how evolution gained pace once creatures developed mobility.
9.30 **The Bachelor King** Documentary exploring the lives of king penguins, filmed on the sub-Antarctic island of South Georgia over five months.
11.00 **Wild Philippines**
12.00 M'T **The Kimberley: Australia's Wild West** As 6.00pm.
1.00 AM **Animals Decoded**
4.00 **to 6.00** AM **Volcanic Odysseys**

Crime+Investigation

139/140 142 133

6.00 AM **Killer Britain with Dermot Murnaghan** Double bill.
8.00 **Nightmare in Suburbia**
10.00 **Robbie Coltrane's Critical Evidence** Double bill.
12.00 NOON **Murder Detective**
2.00 PM **Crimes That Shook Britain**
4.00 **Murder at the Motel**
7.00 **Murder at the Motel** Cleaning staff discovered a body wrapped in bed sheets. **8.00** Police find the body of a 39-year-old at the New Falls Motel in Falls Township.
9.00 **Cold Case Files** Exploring how a DNA breakthrough helped solve a decade old case.
10.00 **Cold Case Files: The Rifkin Murders** Examining the crimes of serial killer Joel Rifkin.
12.00 M'T **Murder on Trial**
1.00 AM **Cold Case Files**
2.00 **Interview with a Killer** New edition David Scott speaks to teenage killer Julius Mullins.
3.00 **Accident, Suicide or Murder?**
4.00 **to 6.00** AM **Killer in Plain Sight**

+1 hour 256 333

U&Eden

166 134/162 176 57 160 71

9.00 AM **Great Canal Journeys**
1.00 PM **Great Canal Journeys** Timothy West and Prunella Scales visit Stockholm. **2.00** The duo down the Stratford-upon-Avon Canal. **3.00** The duo explore the islands of Scotland's coast. **4.00** Timothy and Prunella embark on an epic voyage across the Netherlands.
5.00 **The Life of Mammals**
7.00 **Life** The extraordinary strategies of animals and plants in their everyday fight for survival. **8.00** How amphibians conquer their shortcomings.
9.00 **The Life of Mammals** David Attenborough encounters vibrantly coloured monkeys in Venezuela and West Africa. **10.00** The similarities between humans and great apes.
11.00 **Life** Double bill of editions.
1.00 AM **The Life of Mammals**
3.00 **Life** Double bill of editions.
4.35 **Great Canal Journeys**
5.25 **to 6.00** AM **Villages by the Sea**

+1 hour 266 376

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **History's Greatest Aircraft**
10.00 **Digging for Britain**
12.00 NOON **Ross Kemp: Deep Sea Treasure Hunter** Double bill.
2.00 PM **Ancient Aliens**
4.00 **Life After People**
6.00 **Hitler's British Island** 1&2/2. Documentary exploring how the Channel Island of Alderney became a pre-occupation of Nazi leader Adolf Hitler.
8.00 **Forbidden History** A look at some of the darker elements of the MK Ultra programme.
9.00 **World War II: Witness to War** With the United States joining the conflict, Western forces brought the war to the Axis front. **10.00** Japan's expansion, which saw the Allies attempt to block the empire's aggression.
11.00 **Ancient Aliens** Double bill.
1.00 AM **Discovered by Disaster**
3.00 **Craig Charles: UFO Conspiracies**
4.00 **Conspiracy Files: Unsealed**
5.00 **to 6.00** AM **Full Custom Garage**

WILD

165 145 182

8.00 AM **The Incredible Dr Pol**
10.00 **America's Wild Southwest**
1.00 PM **Wild Argentina**
4.00 **Secrets of the Zoo: Tampa**
6.00 **Critter Fixers: Country Vets** New edition The vets try to save a chicken, meet a rare dog breed, and come up with a solution for a feline fiasco.
7.00 **Amur Tiger: Secret Kingdom** The secrets of how tigers function and communicate.
8.00 **Diary of a Teen Leopard** A leopard struggles to become independent of his mother.
9.00 **Wild Yellowstone** The unlikely story of a female wolf that overcame many challenges to become a pack leader in Yellowstone National Park.
10.00 **Wild Life: Resurrection Island** The wildlife inhabiting the mountainous South Georgia Island, and the impact humans have had on the ecosystem.
11.00 **Snakes in the City**
12.00 M'T **Lawless Island**
2.00 AM **World's Weirdest**
4.00 **to 5.00** AM **Yukon Vet**

ID

154 140 166

8.00 AM **On the Case with Paula Zahn** Double bill of editions.
10.00 **The 1980s: The Deadliest Decade** Double bill.
12.00 NOON **Hometown Homicide**
2.00 PM **Still a Mystery**
4.00 **People Magazine Investigates**
6.00 **Diabolical: Deadly Love** A case with origins in the deaths of three men over a span of a dozen years. **7.00** How two separate events led investigators to a criminal.
8.00 **Someone You Thought You Knew** Exploring the murders of Mike and Valerie Miller.
9.00 **Mother, May I Murder?** Police investigate the murder of a mother on a remote road.
10.00 **999 Murderer Calling** Luke D'Wit poisons his neighbours so he can take over their business.
11.00 **Murder Under the Friday Night Lights** Documentary.
12.00 M'T **The Golden State Killer: It's Not Over** Double bill.
2.00 AM **Living a Nightmare**
4.00 **to 6.00** AM **Mean Girl Murders**

+1 hour 254 366

Discovery Science

167 148 179

8.00 AM **Blowing Up History**
10.00 **How It's Made**
12.00 NOON **How Do They Do It?**
2.00 PM **Savage Builds**
4.00 **How the Universe Works**
6.00 **How It's Made** Four editions of the series, including at: **7.00** The refinement of uranium. **7.30** The manufacture of hollow disk pumps and yachts.
8.00 **Legendary Locations** Locations where stone labyrinths hide something incredible. **8.30** Exploring other great walls in India, England and Taiwan. **9.00** Exploring places where unusual heroes rule the day. **9.30** Josh Gates examines places darkened by the past.
10.00 **American Titans**
11.00 **Tesla's Death Ray: A Murder Declassified**
12.00 M'T **Truth Behind the Moon Landing** Double bill of editions.
2.00 AM **Alien Highway**
4.00 **to 6.00** AM **How Do They Do It?**

+1 hr 267 379

Discovery History

161/172 147 181

7.00 AM **Shed and Buried**
9.00 **Lost Mines: Restored**
11.00 **Treasure Quest: Snake Island**
12.00 NOON **Combat Dealers**
3.00 PM **World's Greatest Motorcycle Rides** Triple bill.
6.00 **Blowing Up History** New discoveries at the lost city of Jericho offer evidence about the biblical battle that brought its impregnable walls down. **7.00** Evidence reveals why the Pantheon was built and how it has survived. **8.00** Experts use pioneering technology to investigate the ancient city of Hierapolis.
9.00 **Salvage Hunters: The Restorers** A pair of sofas used in the *Dr Who* TV series. **10.00** Automata artisans Michael and Maria restore an acrobatic figurine from France. **11.00** Paper conservator Ashleigh tries to restore an original *Star Wars* poster.
12.00 M'T **Shed and Buried**
2.00 **to 5.00** AM **Combat Dealers**

+1 hour 274 381

Discovery Turbo

158 146 180

7.00 AM **Lucky!** Triple bill.
10.00 **Extreme RVs**
11.00 **Garage Rehab**
12.00 NOON **Mike Brewer: Born Dealer** Five editions.
5.00 PM **Shed and Buried** An Americana collection in Cornwall. **5.30** Henry and Sam consider bidding on a 1926 Ariel. **6.00** Sam and Henry view a rare 1962 Greeves Sportsman. **6.30** A farmer's eclectic collection in Herefordshire.
7.00 **Wheeler Dealers** A 2002 Chevy Corvette Z06 is restored. **8.00** Mike and Edd work on a 1973 Chevrolet Camaro. **9.00** A young mechanic aims to gather experience by working on a Ford Mustang GT. **10.00** Mike purchases a Chevrolet Corvette Stingray. **11.00** Mike searches for a Dodge Charger to restore. **12.00** M'T Mike tracks down a part-restored Camaro with its fair share of problems.
1.00 **to 4.00** AM **Lucky!**

+1 hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

6.45 AM **The Bad Guys 2** Animated adventure sequel. (2025, PG, 104min) ★★★★
8.35 **A Big Bold Beautiful Journey** As 5.50pm.
10.30 **Superman** As 5.50pm.
12.45 PM **One Battle After Another** Oscar-winning action thriller. (2025, 15, 161min) ★★★★★
3.35 **Roofman** Comedy drama. (2025, 15, 126min) ★★★★
5.50 **Superman** Fantasy adventure starring David Corenswet. (2025, 12, 129min) ★★★★

10.00 Weapons

8.00 **A Big Bold Beautiful Journey** Romantic fantasy drama starring Colin Farrell and Margot Robbie. Through a twist of fate, two strangers get to relive moments from their respective pasts. (2025, 15, 109min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Weapons** Horror starring Julia Garner. When all but one child from the same class vanish on the same night at the same time, a community is left questioning their disappearance. (2025, 18, 128min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Pillion** Dark comedy. (2025, 18, 107min) ★★★
2.00 **Caught Stealing** Comedy thriller. (2025, 15) ★★★★
3.55 **Blue Moon** Biographical drama. (2025, 15, 100min) ★★★★
5.40 **to 6.00** AM **The Cinema List: Outlaws**

Sky Cinema The Hobbit

303 303 403 503 517

6.20 AM **The Lord of the Rings: The War of the Rohirrim**
8.35 **The Hobbit: An Unexpected Journey** As 4.40pm.
11.25 **The Hobbit: The Desolation of Smaug** As 7.30pm.
2.10 PM **The Hobbit: The Battle of the Five Armies** (2014)
4.40 **The Hobbit: An Unexpected Journey** Peter Jackson's fantasy adventure starring Ian McKellen and Martin Freeman. (2012, 12, 165min) ★★★

7.30 The Desolation of Smaug

7.30 **The Hobbit: The Desolation of Smaug** Epic fantasy adventure starring Martin Freeman, Ian McKellen and Richard Armitage. Hobbit Bilbo Baggins and the company of dwarves continue their quest to reclaim the dwarves' lost kingdom. (2013, 12, 161min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **The Hobbit: The Battle of the Five Armies** Fantasy adventure with Martin Freeman. Dwarf king Thorin descends into madness as his homeland stands on the brink of war. (2014, 12, 144min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.45 AM **The Hobbit: An Unexpected Journey** (2012)
3.35 **The Lord of the Rings: The War of the Rohirrim** Animated fantasy adventure. (2024, 12, 134min) ★★★★
5.50 **to 6.00** AM **The Cinema List: Sky Originals**

Sky Cinema Drama

310 310 410 510 524

7.20 AM **The Room Next Door** Drama with Julianne Moore. (2024, 12, 102min) ★★★★
9.10 **The Blind Side** Sports drama. (2009, 12, 129min) ★★★
11.25 **An Officer and a Gentleman** Drama. (1981, 15, 125min) ★★★★
1.35 PM **I, Tonya** Biopic with Margot Robbie. (2017, 15, 119min) ★★★★
3.45 **Joker: Folie à Deux** Musical. (2024, 15, 138min) ★★★★
6.05 **The Illusionist** Period mystery starring Edward Norton, Paul Giamatti and Jessica Biel. (2006, PG, 110min) ★★★★
8.00 **Nuremberg** Thriller starring Russell Crowe and Rami Malek. A US Army psychiatrist is sent to assess high-ranking Nazi prisoners to decide if they are fit for trial. With Leo Woodall. (2025, 15, 148min) ★★★★★
10.30 **Funny Girl** Biopic of Fanny Brice, starring Barbra Streisand. (1968, U, 169min) ★★★★
1.00 AM **Touch** Icelandic drama with Egill Ólafsson. Partly subtitled. (2024, 15, 121min) ★★★★
3.05 **Night Call** French-Belgian thriller with Jonathan Feltre. Subtitled. (2024, 15, 97min) ★★★★
4.45 **to 6.15** AM **Rurangi** Drama. (2020, 15, 87min) ★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

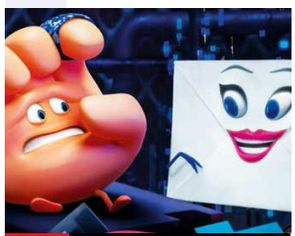
6.55 AM **Cuckoo** As 4.00am.
8.50 **Ready Player One** Adventure. (2018, 12, 140min) ★★★★
11.15 **Pitch Black** Sci-fi horror. (1999, 15, 108min) ★★★★
1.10 PM **The Nun** Horror thriller. (2018, 15, 96min) ★★★
2.55 **Nosferatu** Fantasy horror. (2024, 15, 132min) ★★★★
5.10 **Interstellar** Sci-fi adventure. (2014, 12, 166min) ★★★★
8.00 **Blade Runner** Ridley Scott's thriller starring Harrison Ford as the bounty hunter in pursuit of five highly dangerous 'replicants.' (1982, 15, 130min) ★★★★★
10.00 **Blade** Action adventure chiller starring Wesley Snipes as the half-human, half-vampire warrior Blade. With Stephen Dorff and Kris Kristofferson. (1998, 18, 121min) ★★★
12.05 AM **Blade 2** Action horror sequel starring Wesley Snipes. (2002, 18, 117min) ★★★★
2.05 **Blade: Trinity** Adventure sequel starring Wesley Snipes Ryan Reynolds and Jessica Biel. (2004, 15, 113min) ★★★
4.00 **Cuckoo** Horror starring Hunter Schafer. (2024, 15, 102min) ★★★
5.45 **to 7.25** AM **Zombie Town** Horror. (2023, 12, 92min) ★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

6.45 AM **Paddington 2** Comedy. (2017, PG, 104min) ★★★★★
8.45 **Paddington in Peru** Comedy. (2024, PG, 106min) ★★★★
10.45 **Shark Tale** (2004, U) ★★★★
12.30 PM **The Ant Bully** As 12.20am.
2.15 **The Emoji Movie** Animated adventure. (2017, U, 83min) ★
3.50 **Spider-Man: Into the Spider-Verse** Animation. (2018, PG, 117min) ★★★★★
6.00 **Look Who's Talking** Comedy. (1989, 12, 96min) ★★★


2.15 The Emoji Movie

7.50 **Spy Kids 3: Game Over** Sci-fi comedy adventure sequel starring Daryl Sabara, Alexa Vega and Sylvester Stallone. (2003, U, 84min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.20 **The Secret Life of Pets** Animated adventure with the voice of Louis CK. Two bickering hounds must put their differences aside. (2016, U, 83min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.50 **The Secret Life of Pets 2** Animated sequel with the voice of Patton Oswalt. (2019, U, 86min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **The Ant Bully** Animation. (2006, U, 89min) ★★★★
1.55 **Cats & Dogs** Fantasy comedy. (2001, PG, 87min) ★★★
3.30 **Lemony Snicket's A Series of Unfortunate Events** Fantasy starring Jim Carrey. (2004, PG, 103min) ★★★★
5.30 **to 7.25** AM **Bookworm** Comedy. (2024, 12) ★★★★

Sky Cinema Action

306 306 407 507 521

7.00 AM **Raiders of the Lost Ark**
9.05 **Indiana Jones and the Temple of Doom** As 5.55pm.
11.15 **Indiana Jones and the Last Crusade** As 8.00pm.
1.35 PM **Indiana Jones and the Kingdom of the Crystal Skull**
3.50 **Raiders of the Lost Ark** Steven Spielberg's adventure. (1981, PG, 115min) ★★★★★
5.55 **Indiana Jones and the Temple of Doom** Adventure. (1984, PG, 118min) ★★★

5.55 The Temple of Doom

8.00 **Indiana Jones and the Last Crusade** Steven Spielberg's action adventure starring Harrison Ford and Sean Connery. Indiana Jones and his father tangle with Nazis searching for the Holy Grail. With Denholm Elliott. (1989, PG, 127min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **Indiana Jones and the Kingdom of the Crystal Skull** Steven Spielberg's action adventure starring Harrison Ford. In 1957, Indiana Jones tries to stop Soviet agents from seizing a legendary crystal skull with psychic powers. (2008, 12, 122min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Raiders of the Lost Ark**
2.35 **Indiana Jones and the Temple of Doom** As 5.55pm.
4.45 **to 7.00** AM **Indiana Jones and the Last Crusade** (1989)

Sky Cinema Comedy

308 308 408 508 522

6.50 AM **Hope Springs** (2012) ★★★
8.40 **The Wedding Singer** Comedy. (1998, 12, 97min) ★★★★
10.25 **American Pie: The Wedding** Comedy sequel. (2003, 15) ★
12.15 PM **American Reunion** Comedy. (2012, 15) ★★
2.20 **Instant Family** Comedy. (2018, 12, 118min) ★★★★
4.25 **Daddy's Home 2** Comedy sequel. (2017, 12, 100min) ★★★
6.15 **Jackie Chan's The Tuxedo** Comedy. (2002, 12, 98min) ★★

6.15 Jackie Chan's The Tuxedo

8.00 **Yesterday** Danny Boyle's comedy starring Himesh Patel and Lily James. A musician wakes up after being hit by a bus to find he is the only person in the world who remembers The Beatles. With Joel Fry and Ed Sheeran. (2019, 12, 116min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Bridget Jones: The Edge of Reason** Comedy sequel starring Renée Zellweger. Bridget's blissful new relationship comes under threat on a TV assignment in Thailand. (2004, 15, 108min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Miss Congeniality 2: Armed and Fabulous** Comedy sequel. (2005, 12, 113min) ★★
1.50 AM **Mean Girls** Teen comedy. (2004, 12, 97min) ★★★★
3.30 **Sky Cinema Preview**
4.25 **to 6.10** AM **See No Evil, Hear No Evil** Comedy thriller. (1989, 15, 107min) ★★★

Sky Cinema Thriller

309 309 409 509 523

7.20 AM **The Bikeriders** (2023)
9.25 **The Accountant** Crime thriller starring Ben Affleck. (2016, 15, 123min) ★★★
11.40 **Captain Phillips** Fact-based thriller starring Tom Hanks. (2013, 12, 129min) ★★★★★
2.00 PM **Red Dragon** As 12.00m't.
4.10 **Nightcrawler** Crime thriller starring Jake Gyllenhaal. (2014, 15, 115min) ★★★★
6.10 **Trap** Thriller with Josh Hartnett. (2024, 15, 105min) ★★★★

4.10 Nightcrawler

8.00 **Lethal Weapon 3** Action comedy thriller sequel starring Mel Gibson and Danny Glover. The mismatched LA cop partners pursue a violent gunrunner. With Rene Russo and Joe Pesci. (1992, 15, 118min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Speak No Evil** Horror starring James McAvoy. A dream holiday turns into a nightmare when an American family stay at a couple's idyllic estate. (2024, 15, 110min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Red Dragon** Crime thriller starring Edward Norton, Ralph Fiennes and Anthony Hopkins. (2002, 15, 124min) ★★★
2.10 AM **American Gangster** Ridley Scott's crime drama. (2007, 18, 157min) ★★★★
4.50 **to 6.50** AM **The Bikeriders** Drama starring Tom Hardy. (2023, 15, 116min) ★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Local Hero** Bill Forsyth's whimsical comedy with Burt Lancaster ahd Peter Riegert. (1983, PG, 110min) ★★★★
1.20 PM **Cleopatra** Epic historical drama starring Elizabeth Taylor and Richard Burton. (1963, PG, 241min) ★★★★
6.10 **Independence Day** Sci-fi adventure starring Will Smith, Bill Pullman and Jeff Goldblum. (1996, 12, 145min) ★★★★

9.00 Memory

Independence Day (film started at 6.10pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Memory** Thriller starring Liam Neeson and Guy Pearce. A veteran hitman decides to retire as he confronts the symptoms of Alzheimer's but reluctantly accepts one final job. With Monica Bellucci and Taj Atwal. (2022, 15, 114min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Violent Night** Action comedy starring David Harbour. Santa Claus is called into action to save Christmas when a wealthy family are terrorised by mercenaries on Christmas Eve. (2022, 15, 107min) ★★★
1.25 **to 3.50** AM **Neds** Peter Mullan's semi-autobiographical drama with Conor McCarron. (2010, 18, 124min) ★★★★

+1 hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema 5 Star Movies

302 302 402 502 516

6.35 AM **Wallace & Gromit: The Curse of the Were-Rabbit** Animated comedy adventure. (2005, U, 85min) ★★★★★
8.05 **Grow** Comedy with Nick Frost. (2025, PG, 107min) ★★★★
9.55 **Spy Kids** Action comedy. (2001, U, 88min) ★★★★
11.25 **Spider-Man: Homecoming** Adventure starring Tom Holland. (2017, 12, 133min) ★★★★
1.40 PM **Spider-Man: No Way Home** Fantasy adventure sequel. (2021, 12, 148min) ★★★★
4.10 **Jurassic Park** Monster thriller. (1993, PG, 127min) ★★★★★
6.20 **Men in Black** Sci-fi comedy. (1997, PG, 94min) ★★★★
8.00 **The Bourne Ultimatum** Thriller sequel starring Matt Damon. (2007, 12, 115min) ★★★★
10.00 **10 Cloverfield Lane** Mystery thriller starring Mary Elizabeth Winstead and John Goodman. (2016, 12, 103min) ★★★★
11.50 **The Dry** Drama with Eric Bana. (2020, 15, 117min) ★★★★
1.50 AM **Mass** Drama starring Jason Isaacs and Martha Plimpton. (2021, 12, 111min) ★★★★★
3.45 **Sky Cinema Preview**
4.45 **to 6.25** AM **Sketch** Fantasy. (2025, 12, 93min) ★★★★

Sky Cinema Greats

307 307 404 504 518

6.45 AM **Mr Nice Guy** Action comedy. (1996, 15, 88min) ★★★
8.20 **Rumble in the Bronx** Comedy. (1996, 15, 89min) ★★★
10.00 **Batman & Robin** Fantasy sequel. (1997, PG, 125min) ★★
12.10 PM **Batman Forever** Adventure sequel. (1995, 12, 121min) ★★★
2.20 **Ghostbusters** Supernatural comedy starring Bill Murray. (1984, 12, 105min) ★★★★
4.10 **Ghostbusters II** Action comedy sequel starring Bill Murray. (1989, PG, 99min) ★★★
6.00 **Dumb and Dumber** Comedy with Jim Carrey and Jeff Daniels. (1994, 12, 107min) ★★★
8.00 **Planes, Trains and Automobiles** Comedy starring Steve Martin and John Candy. (1987, 15, 92min) ★★★★★
10.00 **This Is Spinal Tap** Spoof documentary with Christopher Guest and Michael McKean. (1983, 15, 83min) ★★★★★
11.40 **Interview with the Vampire** Horror thriller with Tom Cruise. (1994, 18, 122min) ★★★★
1.45 AM **Sleepers** Fact-based drama. (1996, 18, 146min) ★★★
4.20 **to 6.20** AM **To Catch a Thief** Romantic comedy thriller. (1955, PG, 102min) ★★★★

Sky Cinema Animation

312 315 405 500 514

7.15 AM **Rock Dog 3: Battle the Beat** Animated adventure sequel. (2022, U, 90min) ★★
8.55 **Happy Feet** Animated musical. (2006, U, 108min) ★★★★
10.50 **Happy Feet Two** Animated sequel. (2011, U, 100min) ★★★
12.35 PM **Pets on a Train** Animation. (2025, PG, 87min) ★★★
2.10 **The Wild Robot** Animation. (2024, U, 102min) ★★★★
4.00 **Mr Peabody & Sherman** Animated comedy adventure. (2014, U, 97min) ★★★★
5.40 **Despicable Me 4** Animated sequel. (2024, U, 94min) ★★★
7.25 **Monster Family** Animated comedy with the voices of Emily Watson, Jason Isaacs and Nick Frost. (2017, PG, 96min) ★★
9.05 **Monster Family 2** Animated sequel with the voice of Emily Watson. (2021, U, 90min) ★
10.55 **Sneaks** Animated comedy. (2025, PG, 92min) ★★
12.30 AM **Deep Sea** Animation. (2023, PG, 112min) ★★★
2.30 **Boonie Bears: Guardian Code** Animated family adventure. (2023, PG, 96min) ★★★
4.15 **The Sloth Lane** Animation. (2024, PG, 90min) ★★★
5.50 **to 7.40** AM **Monster Family 2**

Disney+ Cinema

305

6.00 AM **The Princess Diaries** Comedy. (2001, U, 115min) ★★★
8.00 **Frozen** Animated musical. (2013, PG, 108min) ★★★★
9.40 **Mufasa: The Lion King** Animated adventure prequel. (2024, PG, 118min) ★★★
11.40 **Pocahontas** Animated adventure. (1995, U, 81min) ★★★
1.05 PM **Bambi** Animated fantasy. (1942, U, 69min) ★★★★★
2.20 **Piglet's Big Movie** Animation. (2003, U, 75min) ★★
3.40 **Monsters, Inc** Animated comedy. (2001, U, 95min) ★★★★★
5.15 **Finding Nemo** Animation. (2003, U, 104min) ★★★★★
6.55 **Percy Jackson & the Lightning Thief** Fantasy adventure. (2010, PG, 114min) ★★★
9.00 **National Treasure** Adventure. (2004, PG, 131min) ★★★★
11.10 **Deadpool & Wolverine** Fantasy sequel starring Ryan Reynolds. (2024, 15, 128min) ★★★★
1.25 AM **The Chronicles of Narnia: The Lion, The Witch and The Wardrobe** Fantasy starring Tilda Swinton and Georgie Henley. (2005, PG, 140min) ★★★★
3.50 **to 6.00** AM **John Carter** Sci-fi fantasy adventure starring Taylor Kitsch. (2012, 12, 126min) ★★★

Talking Pictures

328 445 82 306 36

6.00 AM **Dick Tracy's Dilemma** Drama. (1947, b/w, PG) ★★★
7.15 **Up River** Drama. (1979, 12) ★★
9.00 **Unknown World** Adventure. (1951, b/w, U, 74min) ★
10.35 **The Sundowners** Western. (1950, PG, 83min) ★★★
12.20 PM **The Beverly Hillbillies** (S2)
12.50 **Batman** 60/60. (S2)
1.20 **Tawny Pipit** Comedy drama. (1944, b/w, U, 81min) ★★
3.00 **Dial 999** 39/39. (S1)
3.30 **Give Us a Clue**
4.00 **The Man from UNCLE** (S1)
5.00 **The Footage Detectives**
6.00 **Hannay** 5/7. (S2)
7.00 **That's My Boy** 5/9. (S2)
7.30 **The Vise** 7/26. (S2)
8.00 **Sergeant Cork** 13/13. (S3)
9.05 **Who Do You Do?**
9.40 **Killer Fish** Adventure thriller starring Lee Majors, Karen Black and Margaux Hemingway. (1978, 15, 97min) ★★
11.40 **The Heritage Chart Show**
12.45 AM **Casbah** (1948, b/w, PG) ★★
2.25 **Fuel Limerick Bath Water**
2.30 **Burke's Law** 8/32. (S1)
3.30 **The Rogues** 11/30. (S1)
4.30 **The Adventures of Robin Hood**
5.00 **The Buccaneers** 16/39. (S1)
5.30 **to 6.00** AM **The Adventures of William Tell**

Sunday

Sky Sports Main Event

401 401 501 419 439

6.00 AM **Sky Sports News**
7.00 **Goals on Sunday**
9.00 **The Sunday Supplement**
11.00 **Super Sunday Matchday**
11.30 LIVE **EFL** **Ipswich Town v Middlesbrough.** Coverage of the Championship match at Portman Road, as the promotion contenders battle it out. Kick-off **12.00noon**.
1.00 PM LIVE **Premier League** **Everton v Liverpool.** The top-flight match at Hill Dickinson Stadium. Kick-off **2.00pm**.
4.25 LIVE **Super Sunday** **Manchester City v Arsenal.** Coverage of the Premier League match from the Etihad Stadium, as the two rivals meet in a crucial game in the title race. Kick-off **4.30pm**. *See feature, page 29.*
8.00 LIVE **PGA Tour Golf** Day four of the RBC Heritage at Harbour Town Golf Links, where Justin Thomas was victorious last year.
11.00 LIVE **NBA Basketball** Coverage of a play-off match.
2.00 AM LIVE **NBA Basketball** Coverage of a play-off match.
5.00 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 502 420 440

6.00 AM **Premier League Highlights**
9.00 **The Sunday Supplement**
11.00 **Super Sunday Matchday**
12.30 PM LIVE **Super Sunday** **Aston Villa v Sunderland.** Coverage of the Premier League match staged at Villa Park. The reverse fixture in September saw 10-man Sunderland rescue a point in the 75th minute thanks to a goal from Wilson Isidor to earn a 1-1 draw. Kick-off **2.00pm**.
4.00 LIVE **Super Sunday** **Manchester City v Arsenal.** Coverage of the Premier League match from the Etihad Stadium. Pep Guardiola's will be confident of the three points here after they beat Mikel Arteta's side 2-0 in the League Cup final. Kick-off **4.30pm**. *See feature, page 29.*
8.00 **The Big Interview**
8.30 **Premier League Highlights** Newcastle United v Bournemouth. **9.00** Action from Leeds United v Wolverhampton Wanderers. **9.30** Highlights of Tottenham Hotspur v Brighton & Hove Albion. **10.00** Everton v Liverpool.
10.30 **Premier League Highlights**
4.00 **to 6.00** AM **PL Best Goals**

Sky Sports Football

403 403 503 421 441

6.00 AM **EFL Highlights**
11.30 LIVE **EFL** **Ipswich Town v Middlesbrough.** Coverage of the Championship match at Portman Road, as the promotion contenders battle it out. A Cédrid Kipré own goal and a strike from Morgan Whittaker helped Boro to a 2-1 win in the reverse fixture at Riverside Stadium. Kick-off **12.00noon**.
2.30 PM **EFL Highlights**
7.00 **EFL League One Goals**
7.30 **EFL League Two Goals**
8.00 **EFL Highlights** Derby County v Oxford United held at Pride Park. **8.15** Action from Millwall v QPR.
8.30 **EFL Awards 2025/26**
10.00 **EFL League One Goals**
10.30 **EFL League Two Goals**
11.00 **EFL Highlights** Championship.
11.30 **EFL Greatest Games**
12.00 M'T **EFL Cup Retro**
2.00 AM **Best Scottish Premiership Goals 2022/23**
2.30 **Best Scottish Premiership Goals 2023/24**
3.00 **EFL Greatest Games**
4.00 **Championship Season Review**
5.00 **EFL Cup Highlights**
5.30 **to 6.00** AM **EFL**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **IPL** T20 highlights.
10.50 LIVE **IPL** **Kolkata Knight Riders v Rajasthan Royals.** Coverage of the T20 match at Eden Gardens. The hosts won a thrilling match when these two sides met at this venue last season, as they claimed a one-run victory in Kolkata.
2.50 PM LIVE **IPL** **Punjab Kings v Lucknow Super Giants.** Coverage of the T20 match at Maharaja Yadavindra Singh International Cricket Stadium. The hosts won a high-scoring encounter when these sides met in this fixture last year. The Kings hit 236-5 in their innings with Prabhsimran Singh leading the way with 91 from 48 balls. In their reply, the Super Giants could only make 199-7 as Punjab won the game by 37 runs.
7.00 **Best of ICC WT20**
8.00 **IPL** Action from Kolkata Knight Riders v Rajasthan Royals.
9.00 **IPL** Recent T20 highlights.
12.00 M'T **Best of ICC WT20**
12.30 AM **IPL** A replay of Chennai Super Kings v Kolkata Knight Riders.
4.45 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

406 406 506 423 443

6.00 AM **PGA Tour Golf**
11.00 **Scotland's Greatest Golf Holes**
11.30 LIVE **Ladies European Tour Golf** Coverage of day four of the Joburg Ladies Open staged at Randpark Golf Club, South Africa.
12.00 NOON LIVE **PGA Tour Golf** Coverage of the featured groups on day four of the RBC Heritage from Harbour Town Golf Links.
6.00 PM LIVE **PGA Tour Golf** Further coverage of day four of the RBC Heritage from Harbour Town Golf Links in South Carolina.
11.00 LIVE **LPGA Tour Golf** The JM Eagle LA Championship fourth and final round from El Caballero Country Club in Los Angeles.
2.00 AM **Roots** Player profiles.
3.00 **PGA Tour Golf** RBC Heritage.
5.00 **to 6.00** AM **School of Golf**

Sky Sports Tennis

408 408 508 425 445

6.00 AM **WTA & ATP Tennis**
12.00 NOON LIVE **WTA Tennis** Coverage of the WTA Stuttgart Open final held at Porsche-Arena.
2.00 PM LIVE **WTA & ATP Tennis** Coverage from the latest events on the Tours, including the ATP Barcelona Open, ATP Munich Open and WTA Stuttgart Open.
3.00 LIVE **ATP Tennis** Coverage of the ATP Barcelona Open final at Real Club de Tenis Barcelona 1899.
5.00 **WTA Tennis** Stuttgart Open final.
7.00 **ATP Tennis** Munich Open final.
9.00 **WTA Tennis** Rouen Open final.
11.00 **ATP Tennis** Barcelona Open.
1.00 AM **US Open Classic Matches**
2.00 **WTA & ATP Tennis**
3.00 **US Open Classic Matches**
5.00 **to 6.00** AM **ATP Tennis**

TNT Sports 1

410 413 521 408 430

7.30 AM **PL: Big Interview**
8.00 LIVE **AFL** **West Coast Eagles v Fremantle Dockers.** Coverage from Optus Stadium. Bounce-up **8.10am**.
11.00 **The WRC Magazine**
11.30 LIVE **FIA World Endurance Championship** The Six Hours of Imola at Imola Circuit in Bologna.
2.30 PM LIVE **Gallagher PREM** **Sale Sharks v Saracens.** The top-flight match from CorpAcq Stadium. Kick-off **3.00pm**.
5.30 **The Breakdown**
6.00 **UEFA Champions League**
6.30 **Serie A** Napoli v Lazio.
7.30 LIVE **Serie A** **Juventus v Bologna.** Coverage of the Italian top-flight match from Allianz Stadium. Kick-off **7.45pm**.
9.45 **TNT Sports Reload**
10.00 **World Superbikes**
11.00 **MLB Highlights**
12.00 M'T LIVE **MLB** **Philadelphia Phillies v Atlanta Braves.** Coverage of the National League match staged at Citizens Bank Park. Start-time **12.20am**.
3.00 AM **MLB Classic** Archive action.
4.00 **Rolex SailGP Championship**
5.00 **to 6.00** AM **Fishing**

TNT Sports 2

411 414 522 409 431

7.00 AM LIVE **Isuzu UTE A-League** **Adelaide United v Macarthur Bulls.** The Australian top-flight match from Coopers Stadium, joining 30 minutes after kick-off.
8.30 **What I Wore** John Obi Mikel..
9.00 **The WRC Magazine**
9.30 LIVE **European Rally Championship** Special stage 10 of Rally Sierra Morena in Cordoba.
10.30 **Premier League: Big Interview**
11.00 **UEFA Champions League**
11.30 **TNT Sports Reload**
11.45 LIVE **Cycling** Coverage of the Amstel Gold women's one-day race in the Netherlands.
1.45 PM **TNT Sports Reload**
2.00 LIVE **Cycling** Coverage of the Amstel Gold men's one-day race.
4.45 **TNT Sports Reload**
5.00 **LIV Golf** Action from Mexico.
6.30 LIVE **LIV Golf** Coverage from the fourth and final day of the sixth round of the season at Club de Golf Chapultepec in Mexico.
12.30 AM **Premier League** A replay of Chelsea v Manchester United.
2.00 **Serie A** Juventus v Bologna.
3.00 **World Superbikes**
4.00 **to 6.00** AM **The Gallagher PREM**

Sky Sports Action

412 410 510 426 446

6.00 AM **NFL Highlights**
7.05 LIVE **NRL** **Parramatta Eels v Canterbury-Bankstown Bulldogs.** Coverage of the match from the seventh round of fixtures at CommBank Stadium. Kick-off **7.05am**.
9.15 **Super League Highlights**
10.00 **NFL Highlights**
12.00 NOON **Premier League Darts** Another chance to see the ninth night at AO Arena in Manchester.
4.00 PM **Super League Highlights**
5.00 **NFL Highlights** Los Angeles Chargers v Philadelphia Eagles. **6.00** Highlights from Kansas City Chiefs v Houston Texans staged at Arrowhead Stadium.
7.00 **Premier League Darts** Another chance to see the 11th night of the tournament at Rotterdam Ahoy in the Netherlands with a format featuring quarter-finals, semi-finals and a final in one night.
11.00 LIVE **NBA Basketball** Coverage of a play-off match.
2.00 AM LIVE **NBA Basketball** Coverage of a play-off match.
5.00 **Super League Highlights**
5.30 **to 6.00** AM **NFL Bitesize Highlights**

Sky Sports Sky Sports+

404 404 504 427 447

6.00 AM **Sky Sports News**
7.05 LIVE **NRL** **Parramatta Eels v Canterbury-Bankstown Bulldogs.** Coverage of the match from the seventh round of fixtures at CommBank Stadium, Sydney. Kick-off **7.05am**.
9.15 **The Sunday Supplement**
11.00 **Super Sunday Matchday**
12.30 PM LIVE **Premier League** **Nottingham Forest v Burnley.** Coverage of the top-flight mach from The City Ground. A 1-1 draw in the reverse fixture saw Ange Postecoglou earn a first point in charge of Forest, but it was to be the only one of his short tenure as he was dismissed less than one month later and replaced by Sean Dyche, who himself was replaced in the hot seat by Vitor Pereira in February. Kick-off **2.00pm**.
4.00 **Sports Sunday**
8.00 LIVE **PGA Tour Champions** Coverage of day four of the Senior PGA Championship, the first Senior Major of the year at The Concession Golf Club in Florida.
11.00 **Sky Sports News**
12.00 M'T **to 6.00** AM **EFL Greatest Games**

Sky Sports Mix

416 412 511 429 449

6.00 AM **Premier League Darts**
10.00 **IPL** Recent T20 highlights.
11.00 **PL Greatest Games**
11.30 LIVE **Ladies European Tour Golf** Coverage of day four of the Joburg Ladies Open staged at Randpark Golf Club, where Mimi Rhodes is the reigning champion.
3.00 PM **Super League**
5.45 **My Icon** Solomon Wilcots.
6.00 LIVE **Indycar** Acura Grand Prix of Long Beach warm-up session from the Streets of Long Beach.
7.00 **IPL** Recent T20 highlights.
10.00 **Darts Gold** Archive action.
10.30 LIVE **Indycar** The Acura Grand Prix of Long Beach, the fifth round of the season from the Streets of Long Beach in California.
1.00 AM **IPL** T20 highlights.
3.00 **Darts Gold** Archive action.
4.00 **to 6.00** AM **PDC Classics**

TNT Sports 3

413 415 523 410 432

6.00 AM LIVE **AFL** **Melbourne Demons v Brisbane Lions.** From Melbourne Cricket Ground. Bounce-up **6.15am**.
9.00 **UEFA Champions League**
9.30 **World Superbikes**
10.00 LIVE **Snooker World Championship** Coverage of the first round on the second day at the Crucible Theatre in Sheffield.
1.00 PM **Crouchy and Cole**
1.15 **Roll the Tape** Ronnie O'Sullivan.
2.15 LIVE **Snooker World Championship** Further coverage of the first round on day two.
5.30 **MLB Highlights**
6.30 LIVE **Snooker World Championship** Continued coverage of the first round on the second day at the Crucible Theatre.
10.00 **Cycling** Amstel Gold.
12.00 M'T **The Gallagher PREM**
1.00 AM **Snooker World Championship** Day two.
3.00 **to 6.00** AM **Cycling**

TNT Sports 4

414 416 524 411 434

6.00 AM LIVE **FIM Endurance World Championship** The 24 Hours of Le Mans in France.
10.00 LIVE **World Superbikes** Coverage from TT Circuit Assen.
10.45 LIVE **Women's Circuit Racing World Championship** Coverage from TT Circuit Assen.
11.45 LIVE **World Superbikes** Continued coverage from TT Circuit Assen in the Netherlands.
3.30 PM LIVE **FIA World Endurance Championship** The Six Hours of Imola in Bologna.
6.30 LIVE **MLB** **Boston Red Sox v Detroit Tigers.** Coverage of the American League match staged at Fenway Park. Start-time **6.35pm**.
9.30 **UFC** Gilbert Burns v Mike Malott.
12.30 AM **UFC Reloaded**
4.45 **Playing for Our Future**
5.00 **to 6.00** AM **Longines FEI Jumping World Cup**

Premier Sports 1

419 551

6.00 AM **Sporting Greats**
6.30 **Top 14 Rugby Union**
10.30 **Africa Eco Race**
10.45 **Scottish Cup Football**
1.30 PM LIVE **Scottish Cup** **Celtic v St Mirren.** Coverage of the semi-final from Hampden Park. Kick-off **2.00pm**.
5.00 **Scottish Cup Football**
6.55 **Temples of Sport**
7.25 **Champions Cup Highlights**
8.25 **Coppa Italia Show**
8.55 LIVE **Argentine Primera Division** **River Plate v Boca Juniors.** Coverage of the top-flight match staged at Estadio Más Monumental. Kick-off **9.00pm**.
11.00 **Sporting Greats**
11.30 **NHL: This is Hockey**
12.00 M'T LIVE **NHL Ice Hockey** Coverage of a play-off game.
3.00 AM **NHL: This is Hockey**
3.30 **Scottish Cup Football**
5.30 **to 6.00** AM **Football's Greatest**

Premier Sports 2

420 552

6.00 AM **Temples of Sport**
7.00 **United Rugby Championship**
9.00 **Football's Greatest**
10.00 **United Rugby Championship**
12.00 NOON **Temples of Sport**
12.30 PM **The Rugby Pod**
2.00 **United Rugby Championship**
4.00 **NHL Tonight** Play-off review.
5.00 **NASCAR Highlights**
6.00 LIVE **NASCAR** Coverage of the AdventHealth 400, the latest round of the season staged at Kansas Speedway in Kansas City.
10.30 **Bike World** Magazine.
11.00 **European Le Mans Series**
11.55 **Football's Greatest**
12.25 AM LIVE **Argentine Primera Division** **Rosario Central v Sarmiento.** Coverage of the top-flight match staged at Estadio Gigante de Arroyito. Kick-off **12.30am**.
2.30 **Football's Greatest**
3.00 **to 6.00** AM LIVE **NHL Ice Hockey** A play-off match.

Sky Sports F1

407 407 507 424 444

6.00 AM **British Kart Championships**
7.00 **Formula 1** Recent action.
10.00 **British Kart Championships**
11.00 **Formula 1** Japanese Grand Prix.
1.15 PM **Ted's Notebook**
1.45 **Oscar Piastri Drives a Supercar**
2.00 **Indycar** Recent highlights.
6.00 LIVE **Indycar** Acura Grand Prix of Long Beach warm-up session.
7.00 **British Kart Championships**
8.00 **Jochen Rindt: Uncrowned Champion** A profile.
9.00 **Indycar** Action from California.
10.30 LIVE **Indycar** The Acura Grand Prix of Long Beach in California.
1.00 AM **F1 Explained**
2.00 **The Best of Australia & China**
3.00 **F1 Explained**
4.00 **The Best of Australia & China**
5.00 **to 6.00** AM **F1 Explained**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Monday

20 April

Evening Planner

Kids

Balamory

CBeebies, 5pm (box set, BBC iPlayer)

The fictional town of Balamory returns to the TV after a gap of 20 years – Julie Wilson Nimmo is back as Miss Hoolie.

Drama

Mint

BBC1, 9pm (box set, BBC iPlayer)

A tale of forbidden romance in which the daughter of a crime family (Emma Laird) falls for a member of a rival gang.

Cookery

Great British Menu: The Finals

BBC2, 9pm

Andi Oliver hosts alongside judges Tom Kerridge, Phil Wang and Lorna McNee.

Documentary

Egypt with Dan Snow

5, 9pm

The historian sets off on a three-part trip through the country, beginning in Luxor before heading to the Valley of the Kings.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 Panorama †	8.30 What... †	9.00 Mint		10.00 News; Local News	10.40 Have I...
	102 BBC2	7.00 Global Eye	7.30 Mastermind		8.30 University...	9.00 Great British Menu: The Finals		10.00 Charmain and...	10.30 Newsnight
	103 ITV1	‹ 6.30 News; Weather	7.30 How to Clean...	8.00 Emmerdale	8.30 Coronation Street	9.00 I'm a Celebrity... South Africa		10.15 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 The Dog House		9.00 Suez: 24 Hours That Ended the British...		10.00 Chernobyl: Days That Shocked the...	
	105 5	7.00 Police Interceptors		8.00 Motorway Cops: Catching Britain's...		9.00 Egypt with Dan Snow		10.00 Police: Night Shift 999	
	106 SKY ONE	7.00 The Simpsons		8.00 UFO		9.00 Andor		10.00 Rooster	10.40 Last...
ENTERTAINMENT	115 BBC3	7.05 Deadly 60		8.00 Sort Your Life Out with Stacey Solomon		9.00 Stacey Dooley: Rape on Trial			10.40 Stacey...
	116 BBC4	7.00 Snooker: World Championship – Live: The evening session on day three						10.00 Scotland: Rome's Final Frontier	
	118 ITV2	7.00 I'm a Celebrity South Africa		8.00 The 1% Club		9.00 TikTok: Murder Gone Viral		10.00 Family Guy	
	136 MORE4	‹ 6.50 Location, Location, Location		7.55 Kirstie and Phil's Love It or List It		9.00 Our Farm Next Door: Amanda, Clive...		10.00 24 Hours in A&E	
	135 E4	7.00 Hollyoaks	7.30 Married at First Sight Australia				9.20 Made in Chelsea		10.20 Gogglebox
	107 SKY WITNESS	7.00 Police 24/7		8.00 Caught on Dashcam		9.00 Law & Order: Criminal Intent		10.00 Blue Bloods	
	108 SKY ATLANTIC	‹ 6.35 The Last of Us				9.00 Chernobyl		10.15 Euphoria	
	110 U&GOLD		7.20 Dad's Army: The Lost...	8.00 Still Open All Hours			9.20 Not Going Out...	10.00 Not Going Out	10.40 Still...
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 Have I Got a Bit More News for You		10.00 Frankie Boyle's New...	10.40 QI XL
	119 ITV3	‹ 6.55 Heartbeat		8.00 Midsomer Murders				10.00 McDonald & Dodds	
	120 ITV4	‹ 6.55 Underwater Grand Fishing Adventure		8.00 The Motorbike Show		9.00 River Monsters	9.30 Film: The Taking of Pelham 123		
	112 COMEDY CENTRAL	7.00 Friends				9.00 Michael McIntyre's The Wheel		10.00 Impractical...	10.30 Jimmy Carr's...
	145 SKY SCI-FI	7.00 Star Trek: Deep Space Nine		8.00 Stargate SG-1		9.00 From			
	143 U&DRAMA	‹ 6.40 Last of the Summer Wine		8.00 The Brokenwood Mysteries				10.00 New Tricks	
	109 U&ALIBI	7.00 Father Brown		8.00 Death in Paradise				10.00 Father Brown	
	122 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 André Rieu: King's Ball		9.00 André Rieu: Power of Love			
	132 U&W	7.00 DIY SOS: The Big Build		8.00 Tipping Point				10.00 The Supervet	
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers		8.00 Filthy Fortunes		9.00 Maine Cabin Masters		10.00 Expedition X	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Sharkwrecked: Crash Landing		9.00 Alaska: The Last Frontier		10.00 Edge of Alaska	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Construction Fails		9.00 Chernobyl: Inside the Meltdown			
	123 SKY HISTORY	7.00 Forged in Fire		8.00 History's Greatest Picks with Mike Wolfe		9.00 The Last Hunt for Nazi Gold		10.00 Secret Sex Lives of Tyrants	
	155 U&YESTERDAY	7.00 Planet Earth		8.00 Great Australian Railway Journeys		9.00 Locomotion: Dan Snow's History of...		10.00 Bangers & Cash: Restoring Classics	
	114 SKY DOCS	7.00 Dart Kings		8.00 The Girl Who Caught a Killer					10.30 Outcry
FILMS – Sky Cinema	301 PREMIERE	‹ 5.45 Superman		8.00 A Big Bold Beautiful Journey				10.00 Roofman	
	302 5 STAR MOVIES	‹ 5.45 Shazam!		8.00 Wonder Woman					10.25 Arrival
	303 BIOPICS	‹ 5.40 Captain Phillips		8.00 The Post				10.00 The Last Rifleman	
	307 GREATS	‹ 6.20 Police Academy		8.00 Police Academy 2: Their First Assignment			9.30 Police Academy 3: Back in Training		
	312 ANIMATION	‹ 5.45 Open...	7.25 Cloudy with a Chance of Meatballs			9.10 Cloudy with a Chance of Meatballs 2			
	304 FAMILY	‹ 6.00 Teenage Mutant Ninja Turtles		7.55 Cats & Dogs			9.35 The Hobbit: The Desolation of Smaug		
	306 ACTION	‹ 6.15 The Fast and the Furious: Tokyo Drift		8.00 Spider-Man: Homecoming				10.15 Venom	
	308 COMEDY	‹ 6.20 Sex Tape		8.00 You've Got Mail				10.00 Bridget Jones's Baby	
	309 THRILLER	‹ 5.50 Lethal Weapon 4		8.00 Three Days of the Condor				10.05 Snatch	
	310 DRAMA	‹ 6.05 Miss You Already		8.00 Molly's Game					10.25 ...And Justice for All
	311 SCI-FI	‹ 6.25 Zombie Town		8.00 Annabelle			9.50 Annabelle: Creation		
	313 FILM4	‹ 6.45 Dream Horse				9.00 The Contractor			
SPORT	401 MAIN EVENT	‹ 6.30 MNF – Live: Crystal Palace v West Ham United (Kick-off 8.00)							
	402 PREMIER LEAGUE	‹ 6.30 MNF – Live: Crystal Palace v West Ham United (Kick-off 8.00)							
	403 FOOTBALL	‹ 6.30 Bundesliga...	7.30 EFL League One	8.00 EFL League Two	8.30 EFL Highlights				10.30 Bundesliga...
	405 CRICKET	7.00 Best of ICC WT20		8.00 IPL					
	410 TNT SPORTS 1	7.00 Snooker World Championship – Live: Further coverage of the first round on the third day of the tournament							10.15 PL Big Interview
	411 TNT SPORTS 2	‹ 5.45 UEFA Youth League – Live		8.00 World Superbike Highlights		9.00 Fishing: On the Bank		10.00 Isuzu UTE...	10.30 Serie A

‹ Denotes programmes starting before 7.00pm † Regions vary

MONDAY

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Monday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Expert Witness** (S)(R)(AD)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** New edition (S)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Shift the Thrift** New edition (S)
2.30 **Designing the Hebrides** (S)(R)(AD)
3.00 **Escape to the Country** New edition Ginny Buckley is in rural Worcestershire. (S)
3.45 **I Made It at Market** Series finale Dominic Chinea revisits a stained-glass artist and a stone carver. (S)
4.30 **The Finish Line** Quiz show. (S)(R)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)
6.55 **Party Election Broadcast** (S)

7.30 EastEnders

7 PM
7.00 **The One Show** Alex Jones and Roman Kemp present the topical show. (S)
7.30 **EastEnders** Nugget stands up for himself, Priya attempts to help Ravi, while Lauren explores a new business venture. (S)(AD)

8 PM
8.00 **Panorama** In-depth current affairs report covering a story behind the headlines. (S)
8.30 **NEW What Happened at Chernobyl** The events that led up to the 1986 nuclear accident. (S)(AD)

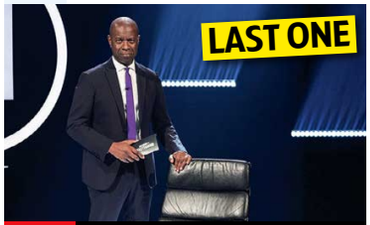
9 PM
9.00 **NEW SERIES Mint** 1/8. Dark romantic crime drama starring Emma Laird and Loyle Carner. (S)(AD)
9.30 New episode 2/8. Dylan announces a shocking decision. *See feature, page 6.* (S1) (S)(AD)
■ Entire series on BBC iPlayer

10 PM
10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **Have I Got News for You** 3/10. Gabby Logan hosts the satirical current affairs quiz, with comedians Miles Jupp and Michelle Wolf joining regular team captains Ian Hislop and Paul Merton. (S)(R)
11.10 **FILM Thirteen Lives** Ron Howard's fact-based drama starring Viggo Mortensen. A rescue mission is launched in Thailand when 12 boys from a football team and their coach are trapped in a system of underground caves that are flooding. With Colin Farrell, Joel Edgerton and Tom Bateman. (S) (2022, 15, 135min) ★★★★
1.25 AM **Weather for the Week Ahead**
1.30 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.00 AM **Bargain Hunt** (S)(R)
6.45 **Sign Zone: Secret Garden** (S)(R)
7.45 **Match of the Day** (S)(R)
9.00 **BBC News** (S)
10.00 **LIVE Snooker: World Championship** Coverage of the morning session on day three at the Crucible Theatre in Sheffield. *Coverage continues at 2.15pm.* (S)
12.45 PM **Talking Snooker** (S)(R)
1.30 **Politics Live** (S)
2.15 **LIVE Snooker: World Championship** Coverage of the afternoon session on day three at the Crucible Theatre. *Coverage continues at 7.00pm on BBC4.* (S)
6.00 **Richard Osman's House of Games** Quiz show. (S)(R)
6.30 **Great Japanese Railway Journeys** New edition A trip from Kagoshima to Chiran. (S)(AD)



7.30 Mastermind

7 PM
7.00 **Global Eye** Featuring investigations from BBC correspondents. (S)
7.30 **Mastermind** Series finale In the Grand Final, the specialist subjects are Julie Andrews, the films of Danny Boyle, Beatrix Potter, Robert Burns, Notre-Dame Cathedral and Jim Lovell. (S)
8.30 **University Challenge** Series finale Amol Rajan hosts as two teams battle it out in the Grand Final to succeed last year's winners Christ's College, Cambridge. (S)

8 PM

9 PM
9.00 **Great British Menu: The Finals** New edition Andi Oliver hosts finals week as the eight heat winners try to win a course at the banquet at Liverpool's St George's Hall. (S)(AD)
■ Continues tomorrow

10 PM
10.00 **Charmain and the Prophet** New edition 2/3. Myles Bonnar travels to Ghana to look into Charmain's death and examine the investigation that was carried out at the time. (S)(AD)
10.30 **Newsnight** (S)
11.05 **Michael Jackson: An American Tragedy** 2/3. The accusations of child sexual abuse made against Michael Jackson. (S)(R)(AD)
12.05 AM **Snooker: World Championship Extra** (S)
2.05 **Sign Zone: Countryfile** (S)(R)
3.00 **Sign Zone: Forensics – The Real CSI** A teenager is left fighting for his life after being stabbed. (S)(R)(AD)
4.00 **Sign Zone: Race Across the World** 3/9. (S)(R)(AD)
5.00 **to 6.30** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** (S)
10.00 **This Morning** (S)
12.30 PM **ITV News** (S)
12.55 **Local News** (S)
1.00 **Celebrity Catchphrase** Alex Brooker, Vicky Pattison and Max Whitlock compete. (S)(R)(AD)
2.00 **Dickinson's Real Deal** David and the team head to Hartlepool, where a Roald Dahl classic climbs to dizzy heights at auction. (S)(R)
3.00 **Lingo** Word-based quiz show hosted by Adil Ray. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.25 **Party Election Broadcast** By the Green Party. (S)
6.30 **ITV News** (S)

9.00 I'm a Celebrity... South Africa

7 PM
7.30 **How to Clean Up for Cash** New edition 2/6. Presenter Josie Gibson and the team head to north-east England to help Ashley clear out and value her mum's clutter, with items including a Victorian commode and a bust of Elvis Presley. (S)

8 PM
8.00 **Emmerdale** Charity goes into labour, and Jacob has a secret meeting with HR at the hospital. (S)(AD)
8.30 **Coronation Street** Debbie receives a call to say Carl is in hospital, while Ollie is angry with Ben. (S)(AD)

9 PM
9.00 **I'm a Celebrity... South Africa** New edition 11/16. Ant and Dec host as the contest enter enters its final week, with two of the campmates having to take on the dreaded Snakes & Ladders trial that will push both of them to their limits. (S)(AD)
■ Continues tomorrow

10 PM
10.15 **ITV News** (S)
10.50 **Local News** (S)
11.00 **The Murder Line** New episode *No Room at the No Tell Motel:* 4/6. Henry realises his family is in danger and he is forced to go along with Tommy's plan, while Miles and Ruby's drug operation takes a dangerous turn. (S1) (S)
12.00 M'T **Teleshopping**
3.00 AM **I'm a Celebrity... South Africa** As 9pm. (S)(SL)(R)(AD)
4.00 **The Murder Line** (S1) (S)(SL)(R)
4.50 **to 6.00** AM **Unwind with ITV** (S)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.25 AM **Cheers** 8-10/25. (S3) (S)(R)
7.50 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 11-14/24. (S10) (S)(R)(AD)
11.10 **Ramsay's Kitchen Nightmares USA** New York. (S)(R)
12.05 PM **News** (S)
12.10 **Find It, Fix It, Flog It** (S)(R)(AD)
1.10 **Matt Baker: Travels with Mum & Dad** 4/6. A visit to Bowes Museum in County Durham. (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **A New Life in the Sun: Where Are They Now?** (S)(R)
5.00 **Chateau DIY** New edition Erin and JB race to light up their red salon before a drinks party. (S)(AD)
6.00 **NEW SERIES Sun, Sea and Selling Houses** In Almería, the Garners juggle wow-factor villas and a bargain wildcard. (S)

9.00 Suez: 24 Hours That Ended...

7 PM
7.00 **News** (S)
7.55 **Chloe's Story: Stand Up to Cancer** After a year of treatment for stomach cancer, Chloe awaits a very important call. (S)(R)

8 PM
8.00 **The Dog House** Series finale 6/6. Twelve-year-old Ruby-Rose is ready to move up from dog sitting to having a dog of her own, and cheeky Yorkie Georgie might be the perfect match. (S)(AD)

9 PM
9.00 **NEW SERIES Suez: 24 Hours That Ended the British Empire** 1/2. The inside story of 6 November 1956, the final day of the Suez Crisis. (S)(AD)
■ Concludes tomorrow

10 PM
10.00 **NEW SERIES Chernobyl: Days That Shocked the World** 1/2. Witnesses tell the story of the world's worst nuclear accident in April 1986. Plus, an insight into efforts by the Soviet authorities to cover it up. (S)(AD)
11.00 **Chernobyl: Days That Shocked the World** Series finale 2/2. The causes of the disaster. (S)(AD)
12.05 AM **Celebrity Gogglebox** (S)(R)
1.00 **Grayson Perry Has Seen the Future** 1/2. (S)(SL)(R)(AD)
1.55 **Ramsay's Kitchen Nightmares USA** Michigan. (S)(SL)(R)
2.45 **George Clarke's Amazing Spaces**
3.30 **Britain's Most Expensive Houses**
3.55 **Unreported World** (S)(SL)(R)(AD)
4.20 **Kirstie's House of Craft** (S)(R)
4.35 **Hollyoaks Omnibus** (S)(SL)(R)(AD)
5.45 **to 6.25** AM **Countdown** (S)(R)

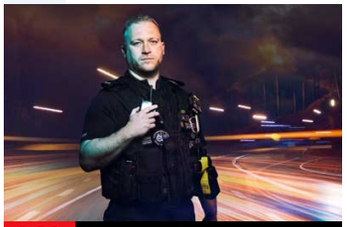
+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 | 105 | 5 | 105 | 105 | 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.45 PM **News** (S)
12.50 **Matt Allwright** (S)
2.00 **Vanessa** Topical discussion. (S)
3.00 **Castle** *Flowers for Your Grave:* 1/10. First episode of the crime drama with Nathan Fillion. (S)(R)
3.55 **Castle** *Nanny McDead:* 2/10. The team try to track down a nanny's killer. (S1) (S)(R)
4.50 **Love Nature** Featuring a story of nature helping itself. (S)(R)
5.00 **News** (S)
6.00 **Love Nature** New edition Border collies busily round up sheep on a mid Wales farm. (S)
6.05 **Susan Calman's Grand Day Out** Susan explores Kent. (S)(R)
6.55 **News** (S)



8.00 Motorway Cops

7.00 **Police Interceptors** A motorist speeds through the Nottinghamshire countryside, and an artist in a rush is clocked speeding at more than 100mph. (S)(R)
7.55 **News** (S)

8.00 **Motorway Cops: Catching Britain's Speeders** New edition Officers respond to a 999 call from a driver who is behind a van on the M6 that is all over the road and has nearly collided with the central reservation. (S)

9.00 NEW SERIES **Egypt with Dan Snow** 1/3. The historian travels through the country, heading to Valley of the Kings and going deep underground to Tutankhamun's tomb. (S)(AD) ■ Continues tomorrow

10.00 **Police: Night Shift 999** Sgt Gladwin is on patrol in Gloucestershire when a driver overtaking at speed nearly hits him, In Cheltenham, PC Smith goes in search of a driver who been reported for drug driving. (S)(R)
11.05 **Traffic Cops** Officers target the suspected trafficking of drugs in a taxi, arresting two men and a cab driver. (S)(R)
12.05 AM **Police Interceptors** (S)(R)
1.00 **Teleshopping** (S)(R)
2.00 **Cash in the Attic** (S)(R)(AD)
4.25 **Entertainment News** (S)
4.35 **Paul Martin's Antiques Showdown** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 | 305 | 38 | 128 | 253

SKY ONE

106 106 | 109 | 346 | 361

6.00 AM **Mornings**
7.00 **Mornings with Ridge and Frost**
8.00 **Stargate SG-1** (S2) (S)(R)
9.00 **NCIS: Los Angeles** (S14) (S)(R)
10.00 **Will & Grace** (S4) (S)(R)(AD)
11.00 **The Simpsons** (S)(R)
12.00 NOON **Predators** (S)(R)(AD)
1.00 PM **Hawaii Five-0** (S2) (S)(R)
2.00 **NCIS: Los Angeles** (S14) (S)(R)
3.00 **S.W.A.T.** 16/23. (S2) (S)(R)(AD)
4.00 **Police 24/7** (S)(R)
5.00 **The Simpsons** (S)(R)
6.00 **The Office (US)** 24/26. Michael enlists Dwight's help when he has suspicions that Donna is cheating on him. (S)(R) **6.30** 25/26. Michael's colleagues are shocked when he seems ready to continue seeing Donna despite learning she is married. (S6) (S)(R)

9.00 Andor

7.00 **The Simpsons** *The Old Man and the C Student:* Bart is forced to do community service. (S)(R) **7.30** *Monty Can't Buy Me Love:* Mr Burns attempts to improve his public image With Michael McKean. (S)(R)

8.00 **UFO** 4/4. The concluding part of the documentary looks at how psychiatrist John Mack began an investigation into claims of alien abduction and the shocking discoveries he made. (S)(R)(AD)

9.00 **Andor** New episode *The Axe Forgets:* 5/10. Cassian hides his past from the others on Aldhani and is met with distrust, while Blevin seizes a hotel as the ISB headquarters on the planet Ferrix. (S1) (S)

10.00 **Rooster** New episode *All the Dogs' Names:* 7/10. Walt offers Dylan a new position, and Katie deals with her evolving feelings for Archie. (S1)
10.40 **Last Week Tonight with John Oliver** New edition Talk show in which the comedian takes a satirical look at a range of news and pop culture topics from the past seven days.
11.25 **Grimm** 18/22. A fire monster kills a geologist. (S2) (S)(R)
12.20 AM **Police 24/7** (S)(R)
1.15 **The Force: North East** (S)(R)
2.10 **Road Wars** (R)
3.00 **Hawaii Five-0** (S2) (S)(R)
4.00 **S.W.A.T.** (S2) (S)(R)(AD)
5.00 **to 6.00** AM **Highway Patrol** (R)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
6.55-7.00pm Party Election Broadcast (S) **8.00** Charmain and the Prophet New edition (S) (AD) **8.30-9.00** Scotland's Home of the Year New edition (S) **11.10** Panorama New edition (S) **11.40** NEW What Happened at Chernobyl (S)(AD) **12.10am** Scotcast (S)(R) **12.40** Weather for the Week Ahead (S) **12.45-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
8.30-9.00pm Greatest Gardens with Diarmuid Gavin and Carol Klein New edition (S) **10.40** NEW What Happened at Chernobyl (S)(AD) **11.10** Have I Got News for You (S)(R) **11.45** FILM Thirteen Lives (S) (2022, 15, 135min) ★★★★ **2.00-6.00am** BBC News (S)

WALES
Sky 965, Virgin 864, Freesat 965
6.55-7.00pm Party Election Broadcast (S) **8.00-8.30** Shift the Thrift New edition (S) **10.40** Scrum V Highlights (S)(R) **11.10** Panorama New edition (S) **11.40** FILM Thirteen Lives (S) (2022, 15, 135min) ★★★★ **1.55-6.00am** BBC News (S)

BBC2

N. IRELAND
Sky 969, Freesat 969
10.00-10.30pm Éadaí SOS (S)(R) **11.05** Charmain and the Prophet New edition (S)(AD) **11.35pm-12.05am** QI (S)(R)

WALES
Sky 968, Freesat 968
7.00-7.30pm Scrum V Highlights (S)

ITV1

As main ITV1 except:
WALES
6.25-6.30pm Party Election Broadcast (S)

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Colleen Ramsey: Bywyd a Bwyd **12.30** Heno **1.00** Dylan ar Daith **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Cynefin **4.00** Awr Fawr **5.00** Stwnsh **6.00** Cymry ar Gynfas **6.25** Darlliediad Etholiadol New edition **6.30** Rownd a Rownd **6.59** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Y Byd yn ei Le New edition **8.25** Garddio a Mwy New edition **8.55** Newyddion a'r Tywydd **9.00** Ffermio New edition **9.33** Y Tywydd **9.35** Sgorio **10.05** Tabw **10.35** Arfordir Cymru: Bae Ceredigion **11.05-11.35pm** GISDA: Drws I'r Digartre (AD)

BBC3

115/117/121 118 | 107/113 | 23 | 107 | 107 | 10

BBC3 programmes start at 7.00pm

7.00 PM **The Catch Up**
7.05 **Deadly 60** Threats to the world's animal population. **7.30** A special edition about rescuing rhinos.
8.00 **Sort Your Life Out with Stacey Solomon** Stacey challenges the Paine family to declutter their home.
9.00 **Stacey Dooley: Rape on Trial** 1/2. Stacey meets four young women who have reported being raped by someone they know. **9.50** 2/2. As the women's trials near, the women learn that credibility plays a pivotal role in successful convictions.
10.40 **Stacey Dooley: Inside the Undertakers** A visit to one of the UK's busiest family-run funeral businesses.
11.40 **Ashley Cain: Into the Danger Zone** Marseille.
12.40 AM **Sort Your Life Out with Stacey Solomon**
1.40 **Proper Ladies**
1.50 **Stacey Dooley: Inside the Undertakers**
2.50 **to 3.50** AM **Ashley Cain: Into the Danger Zone**

BBC4

116 119 | 107/108 | 9/24 | 106 | 108 | 11

BBC4 programmes start at 7.00pm

7.00 PM LIVE **Snooker: World Championship** Seema Jaswal introduces coverage of the evening session on day three from the Crucible Theatre in Sheffield, featuring the start of Shaun Murphy's first-round match against a qualifier and the conclusion of Kyren Wilson's opener.
10.00 **Scotland: Rome's Final Frontier** Archaeologist Fraser Hunter reflects on three centuries of interaction and conflict between the Romans and ancient Scottish tribes.
11.00 **Tutankhamun: The Truth Uncovered** Dallas Campbell reveals new scientific research aimed at getting to the truth about the boy pharaoh's death.
12.00 M'T **Art That Made Us**
1.00 AM **Amsterdam: An Art Lovers' Guide**
2.00 **Tutankhamun: The Truth Uncovered**
3.00 **to 4.00** AM **Art That Made Us**

MORE4

136/137 127 | 147 | 18 | 124 | 15

8.55 AM **Find It, Fix It, Flog It**
10.55 **Four in a Bed**
1.35 PM **Come Dine with Me**
4.15 **Four in a Bed** The competition begins at the Vale of Berkeley Guest House in Gloucestershire. **4.50** From Artist Residence in Penzance, Cornwall. **5.20** The third visit of the week is to Edenfield Guest House in Blackpool. **5.50** The final visit of the week is to New Inn, Dorset. **6.20** Payment Day arrives.
6.50 **Location, Location, Location** Phil Spencer revisits house-hunters in Cardiff and Walthamstow.
7.55 **Kirstie and Phil's Love It or List It** The duo help a couple in Poole, Dorset.
9.00 **Our Farm Next Door: Amanda, Clive and Kids** 4/5. A major snowfall brings stunning landscapes and carefree play days for the kids, while builder Richard is hard at work fitting floors, pipes and the electrics.
10.00 **24 Hours in A&E** A 19-year-old motorcyclist is airlifted to St George's after crashing into a bus.
11.05 **24 Hours in A&E**
12.10 AM **Emergency Helicopter Medics**
1.15 **24 Hours in A&E**
3.20 **to 3.50** AM **Supermarkets Unwrapped: Fruit & Veg Aisle**

+1 hour 236/237 | 347 | 125

E4

135/136 126 | 106 | 13 | 122 | 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen...**
8.00 **The Goldbergs**
9.00 **Modern Family**
10.00 **Married at First Sight Australia** Reality series.
11.25 **First Dates**
12.25 PM **Ramsay's Kitchen Nightmares USA**
1.30 **The Simpsons**
2.30 **Modern Family**
3.30 **Married at First Sight Australia** Reality series.
5.00 **America's Next Top Model: All-Stars** The girls pose for staged fights with supermodel Coco Rocha.
6.00 **The Simpsons** Double bill.
7.00 **Hollyoaks** A discovery by Ste forces a confrontation.
7.30 **Married at First Sight Australia** New edition At the fifth Commitment Ceremony, Juliette exposes messages written by Bec.
9.20 **Made in Chelsea** New edition Everyone finds out about Chuggs and Zeyno's Scottish rendezvous.
10.20 **Gogglebox** Opinions on *Naked Attraction, I Can See Your Voice* and *Line of Duty*.
11.25 **First Dates**
12.35 AM **Naked Attraction**
1.40 **Married at First Sight Australia** As 7.30pm.
3.20 **Made in Chelsea**
4.15 **The Simpsons**
4.40 **to 6.00** AM **The Goldbergs**

+1 hr 235/236 | 306 | 30 | 123 | 256

Monday primetime

MONDAY Entertainment

Monday

Sky Witness

107 107 110 341 356

6.00 AM **Bondi Rescue**
7.00 **Border Patrol**
8.00 **Stop, Search, Seize**
9.00 **Brit Cops: Frontline Crime UK**
10.00 **A1: Britain's Longest Road**
11.00 **FBI** 21&22/22. (S1)
1.00 PM **The Rookie** 12/22. Aaron, Lopez and Harper investigate a string of robberies. **2.00** 13/22. Criminals are found hiding in the station. (S5)
3.00 **Law & Order: Criminal Intent** 10/23. A man is killed with an electrical saw. (S4)
4.00 **Nothing to Declare**

10.00 **Blue Bloods**

7 PM

7.00 Police 24/7 A traffic stop turns into a foot chase, and a disgruntled boss works with police to get an ex-employee arrested.

8 PM

8.00 Caught on Dashcam Road disasters captured on video by drivers' dashboard cameras.

9 PM

9.00 Law & Order: Criminal Intent *The Extra Man:* 6/22. A conman is found beaten to death in a hotel room. (S1)

10 PM

10.00 Blue Bloods *Cold Comfort:* 13/20. Frank contends with a potentially dirty cop within his ranks. (S12)
11.00 **The Rookie** 7/20. (S1)
12.00 M'T **FBI** 13&14/22. (S1)
2.00 AM **The Rookie** New episode 10/18. Crime drama. (S8)
3.00 **Matlock** 1/16. (S2)
4.00 **Highway Patrol**
5.00 **to 6.00** AM **Brit Cops: Law & Disorder**

+1 hour 207 310

Sky Atlantic

108/109 108/109 111 342 357

6.00 AM **Fish Town**
8.00 **Homicide: Life on the Street**
10.00 **Deadwood** 6&7/12. (S2)
12.05 PM **Billions** 7&8/12. (S2)
2.15 **My Brilliant Friend** 2/8. (S2)
3.15 **Hacks** 1/10. Deborah stops at nothing to get Ava removed. **3.55** 2/10. Ava feels even more stymied at work. (S4)
4.35 **Billions** 7/12. Axe assembles a war room in the Hamptons following a disastrous setback. **5.35** 8/12. Axe looks into who caused a breakdown in his dealings in Sandicot. (S2)

6.35 **The Last of Us**

7 PM

6.35 The Last of Us *When You're Lost in the Darkness:* 1/9. Post-apocalyptic drama starring Pedro Pascal and Bella Ramsey.

8 PM

8.00 The Last of Us *Infected:* 2/9. After escaping the QZ, Joel and Tess clash over Ellie's fate while navigating Boston. (S1)

9 PM

9.00 Chernobyl *1.23.45:* 1/5. Fact-based drama about the 1986 explosion at the Chernobyl nuclear power plant in Ukraine. (S1)

10 PM

10.15 Euphoria New episode 2/8. Drama offering a look at the complexities of life in a social-media obsessed world. (S3)
11.30 **All Her Fault** 8/8. Following the home invasion, Marissa tries to learn the truth. (S1)
12.30 AM **The Last of Us** 1&2/9. Double bill of the drama. (S1)
3.00 **Homicide: Life on the Street** 5&6/20. Double bill. (S3)
5.00 **to 6.00** AM **The Guest Wing**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **Highlights**
7.40 **Buying the View**
8.05 **Georgia and Tommy**
9.05 **The Only Way Is Essex**
10.05 **Real Housewives of Atlanta**
11.05 **Real Housewives of New...**
12.00 NOON **Limitless Win**
1.00 PM **I'm a Celebrity... South...**
2.05 **Celebrity Catchphrase**
3.05 **The Only Way Is Essex**
4.05 **Real Housewives of Atlanta**
5.00 **Real Housewives of New Jersey** Reality series.
6.00 **Celebrity Catchphrase**

9.00 **TikTok: Murder Gone Viral**

7 PM

7.00 I'm a Celebrity... South Africa Ant and Dec host as memorable campmates from past series of the show compete.

8 PM

8.00 The 1% Club Quiz show hosted by Lee Mack in which the questions are all based around logic and common sense.

9 PM

9.00 TikTok: Murder Gone Viral The investigation into the murder of 16-year-old Brianna Ghey in February 2023.

10 PM

10.00 Family Guy 15/20. Carter adopts a young girl from an orphanage. **10.30** 9/20. Peter and Chris reconnect. (S21)
11.00 **Family Guy** 10/20. Stewie and Doug face off to be their class's 'snack captain'. (S21)
11.30 **American Dad!** (S12)
12.35 AM **Bob's Burgers** (S12)
1.35 **Plebs** 8/8. (S3)
2.00 **Deal or No Deal**
2.50 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Never the Twain**
6.35 **On the Buses**
7.05 **Classic Emmerdale**
8.05 **Classic Coronation Street**
9.10 **Lewis** *Wild Justice.*
11.15 **Heartbeat** Double bill.
1.25 PM **Midsomer Murders** *Dance with the Dead:* An apparent suicide shocks the village of Morton Fendle.
3.35 **Classic Emmerdale**
4.40 **Classic Coronation Street**
5.50 **Heartbeat** *Treading Carefully:* Greengrass becomes the main suspect for lead theft.

10.00 **McDonald & Dodds**

7 PM

6.55 Heartbeat *Bad Blood:* Emily finds out she is pregnant, but the joy is tempered by ill-feeling from the Jacobs family.

8 PM

8.00 Midsomer Murders *Talking to the Dead:* Barnaby and Jones race to find a connection between a stolen antiques racket and two couples who disappeared in a village rumoured to have haunted woods. Guest stars Anton Lesser.

10 PM

10.00 McDonald & Dodds *Wedding Fever:* 3/3. A wedding ends in tragedy when the vicar is found dead in the vestry. (S4)
11.50 **Lewis** *Wild Justice:* The detective investigates when an American female bishop visiting St Gerard's College is found dead after drinking some poisoned wine.
1.45 AM **On the Buses**
2.15 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **Magnum, PI**
7.00 **Kojak**
8.05 **The Saint**
9.10 **Boon**
10.15 **The Sweeney**
11.25 **BattleBots**
12.25 PM **Magnum, PI**
1.30 **Kojak**
2.30 **The Saint**
3.40 **Boon**
4.45 **The Sweeney** *Poppy:* A villain tries to retrieve stolen loot.
5.50 **Minder** *Fatal Impression:* Arthur becomes involved with a gambler who promptly dies.

9.30 **The Taking of Pelham 123**

7 PM

6.55 Underwater Grand Fishing Adventure Ali Hamidi and Bobby Zamora head to the mighty Iktus in France.

8 PM

8.00 The Motorbike Show Henry Cole rides through the south of France, where he finds some of the twistiest roads imaginable.

9 PM

9.00 River Monsters Jeremy Wade heads to Thailand in search of the giant freshwater stingray.
9.30 FILM The Taking of Pelham 123 Thriller remake with John Travolta and Denzel Washington. (2009, 15, 105min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.40 **Wrestling: AEW Collision** Hard-hitting wrestling action, featuring stars including FTR.
1.35 AM **Lost** 18/25. (S1)
2.20 **Auto Mundial**
2.45 **Unwind with ITV**
3.30 **to 4.00** AM **Motorsport Mundial**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
2.00 PM **Sign Zone: This Farming Life**
3.00 **Sign Zone: Landward**
3.30 **Sign Zone: Beechgrove Garden**
4.00 **This Is BBC Scotland**
7.00 **Reporting Scotland**
7.30 **Icons of Football** The career of Rose Reilly.
8.00 **The Mountain** Double bill of the documentary.
9.00 **Only Child** 5/6. Richard plans a surprise birthday party for his father. **9.30** 6/6. Richard goes to great lengths to hide the fact that he is Norway-bound. (S1)
10.00 **River City** New episode Jodie is persuaded to play a prank on Drew.
10.30 **Two Doors Down** *Fish Friday:* 4/6. (S3)
11.00 **Scotcast** Topical debate.
11.30 PM **to 12.00** M'T **Street Gangs**

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace** (S7)
9.10 **I Love LA** 1&2/8. (S1)
10.20 **Based on a True Story**
11.15 **Bloods** 1–3/10. (S2)
12.45 PM **Will & Grace** (S8)
1.45 **I Love LA** 1&2/8. (S1)
3.00 **Based on a True Story**
4.00 **Breeders** 7&8/10. (S3)
5.00 **Bloods** 3&4/10. (S2)
6.00 **Will & Grace** (S9)
7.00 **The Office (US)** (S6)
8.00 **Community** S4)
9.00 **Real Time with Bill Maher** New edition The comedian and his guests discuss the week's events.
10.10 **Rob Beckett: Wallop**
11.30 **The Comeback** New episode *Valerie Lights a Candle:* 5/8. Valerie does all she can to save the day and keep her show afloat. (S3)
12.10 AM **Breeders** (S3)
1.15 **Bloods** 3&4/10. (S2)
2.10 **Community** (S4)
3.10 **I Love LA** 1&2/8. (S1)
4.30 **to 5.00** AM **American Auto**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **Highlights**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **Discovering**
12.00 NOON **André Rieu: Welcome to My World**
1.00 PM **Tales of the...**
2.00 **Wonderland: From JM Barrie to JRR Tolkien**
3.00 **Classic Albums**
4.00 **Discovering**
5.00 **Portrait Artist 2013**
6.30 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **André Rieu: King's Ball**
9.00 **André Rieu: Power of Love** A 2024 concert.
11.00 **Comedy Legends**
12.00 M'T **Nina Simone: The Lost Album**
1.30 AM **Nina Simone: Live at Montreux 1976**
2.40 **Ella Fitzgerald: Live at Montreux 1969**
4.10 **Johnny Cash: A Legend in Concert**
5.00 **to 6.00** AM **André Rieu: Welcome to My World**

Sky Mix

151 158 156 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: Canada's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: America's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Deep Space Nine** 26/26. (S2)
5.00 **Stargate SG-1** (S5)
6.00 **Stargate Atlantis** (S1)
7.00 **Star Trek: The Next Generation** 2/22. (S2)
8.00 **Nothing to Declare**
9.00 **Chernobyl** *1.23.45:* 1/5. Fact-based drama starring Jared Harris. (S1)
10.10 **FBI** 7/13. (S6)
11.10 **Star Trek: Enterprise**
12.05 AM **Warehouse 13** (S1)
1.00 **The Force: North East**
2.00 **Brit Cops: Law & Disorder** Documentary.
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Triple bill.
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** Quiz show.
3.00 **Who Wants to Be a Millionaire? Celebrity Special** With Dion Dublin and Steph McGovern.
4.00 **Riddiculous** Quiz show hosted by Ranvir Singh.
5.00 **Deal or No Deal** Stephen Mulhern hosts as Dami attempts to open the 22 red boxes in the right order.
6.00 **Lingo** Triple bill of the word-based quiz show hosted by Adil Ray.
9.00 **Who Wants to Be a Millionaire? Celebrity Special** Guests Laura Kenny and Krishnan Guru-Murthy take part.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.55 AM **Tenable** A family team from York take part in the game show.
1.50 **to 2.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **George Clarke's Old House, New Home**
10.00 **Matt Baker: Travels with Mum & Dad**
11.00 **A New Life in the Sun: Where Are They Now?**
12.00 NOON **Jasmine Harman's Renovation in the Sun**
1.00 PM **A Place in the Sun**
3.00 **Chateau DIY**
4.00 **Kirstie and Phil's Love It or List It: Brilliant Builds**
4.30 **Come Dine with Me**
7.00 **Help! I Bought It at Auction with Sarah Beeny** From Herne Bay.
8.00 **Our Welsh Chapel Dream** Transforming two dark, damp storerooms into a guest suite.
9.00 **Gogglebox**
10.00 **Gordon Ramsay's Secret Service**
12.00 M'T **Taskmaster**
1.00 AM **First Dates**
2.05 **Naked Attraction**
3.05 **Open House: The Great Sex Experiment**
4.05 **to 5.00** AM **Gogglebox**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 17/26. (S7)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: Deep Space Nine** 18/26. (S7)
2.00 **Warehouse 13** 8&9/20. (S4)
4.00 **Stargate SG-1** 14/22. (S4)
5.00 **Star Trek: Voyager** 20/26. The crew find an alien race in an unknown region of space. (S3)
6.00 **Star Trek: The Next Generation** 17/26. An alien device takes over the ship. (S7)

9.00 From

7.00 **Star Trek: Deep Space Nine** *'Til Death Do Us Part:* 18/26. Kai Winn experiences a vision. (S7)

8.00 **Stargate SG-1** *Serpent's Venom:* 14/22. The team undertake a mission to disrupt an alliance of System Lords. (S4)

9.00 **From** *Long Day's Journey Into Night:* 1/10. Sci-fi horror starring Harold Perrineau. A family's road trip takes a terrifying turn.

10.00 **From** *The Way Things Are Now:* 2/10. At Colony House, Tabitha and Julie grapple with their new nightmarish reality. (S1)
11.00 **The Walking Dead** 13/13. The scouting party return from the woods to find the farm overrun by walkers. (S2)
12.00 M'T **Grimm** 15/22. A monster feeds on human misery. (S2)
1.00 AM **Warehouse 13** (S4)
3.00 **The Walking Dead** (S2)
4.00 **From** As shown at 9.00pm.
5.00 **to 6.00** AM **The Swarm**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S17)
9.00 **Father Brown** As 7.00pm.
10.00 **The Mentalist** 8/23. (S2)
11.00 **Hudson & Rex** As 5.00pm.
12.00 NOON **My Life Is Murder** (S3)
1.00 PM **Death in Paradise** (S13)
2.00 **Murdoch Mysteries** (S17)
4.00 **The Mentalist** 8/23. (S2)
5.00 **Hudson & Rex** 4/16. Charlie and Rex head into the woods to track down a missing photographer. (S2)
6.00 **My Life Is Murder** 9/10. Alexa looks into the death of a popular male nanny. (S3)

8.00 Death in Paradise

7.00 **Father Brown** *The Sacrifice of Tantalus:* A man suspected of killing a police officer is seen near Kembleford.

8.00 **Death in Paradise** *Murder Going Down:* 6/8. A tourist is stabbed in a hotel lift with no other occupants. (S13)

9.00 **Death in Paradise** *Death of a Detective:* 1/8. Richard Poole meets a sticky end at a university reunion. (S3)

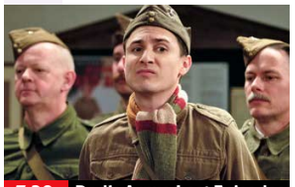
10.00 **Father Brown** *The New Order:* The priest finds his position under threat when he clashes with an influential new parishioner.
11.00 **Father Brown** As 7.00pm.
12.00 M'T **Death in Paradise** (S13)
1.00 AM **My Life Is Murder** (S3)
2.00 **Murdoch Mysteries** 2/24. Murdoch and Ogden abduct a socialite. (S17)
2.50 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.30 AM **Highlights**
9.20 **Are You Being Served?**
10.00 **Last of the Summer Wine**
11.20 **Ever Decreasing Circles**
12.00 NOON **Open All Hours**
12.40 PM **Keeping Up Appearances**
1.20 **The Green Green Grass**
2.00 **Dad's Army**
2.40 **Are You Being Served?**
3.20 **Still Open All Hours**
4.00 **Open All Hours**
4.40 **Dad's Army**
5.20 **Last of the Summer Wine**
6.40 **Keeping Up Appearances**


7.20 Dad's Army: Lost Episodes

7.20 **Dad's Army: The Lost Episodes** Private Walker is called up to serve in the regular army.

8.00 **Still Open All Hours** Granville faces being left alone at Christmas.
8.40 Granville tries to stop Madge from moving away with Mavis.

9.20 **Not Going Out Bloopers Special** A look at unscripted moments from the hit sitcom.

10.00 **Not Going Out** Lee becomes suspicious of Guy's motives.
10.40 **Still Open All Hours** As shown at 8.00pm.
11.20 **Still Open All Hours**
12.00 M'T **Men Behaving Badly**
12.40 AM **Not Going Out**
1.15 **Ever Decreasing Circles** Ann decides to get a job.
1.55 **This Time with Alan Partridge**
2.25 **Alma's Not Normal**
3.25 **to 4.00** AM **Hi-de-Hi!**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **World's Most Dangerous Roads** From Madagascar.
8.00 **Special Ops: To Catch a Criminal** Double bill.
10.00 **Aussie Road Train Truckers**
11.00 **Rick Stein's Cornwall**
12.00 NOON **Special Ops: To Catch a Criminal** Double bill.
2.00 PM **The Boat That Guy Built**
3.00 **Top Gear** Double bill.
5.00 **The Hairy Bikers: Mums Know Best** Family favourites.
6.00 **Rick Stein's Cornwall** Rick meets actor Dawn French.
6.30 The Cornish Alps.

10.00 New World Order

7.00 **Would I Lie to You?** With guests Robert Webb, Terry Wogan, Katy Wix and Kevin Bridges.
7.40 **Richard Osman's House of Games** With Sindhu Vee and Tom Rosenthal.
8.20 With Ronni Ancona, Nathan Caton, Colin Murray and Sally Phillips.

9.00 **Have I Got a Bit More News for You** Martin Clunes hosts the quiz, with Steph McGovern and Armando Iannucci.

10.00 **Frankie Boyle's New World Order** With actor and comedian Miles Jupp.
10.40 **QI XL** With guests Sarah Millican, Jason Manford and Bill Bailey.
11.40 **Mock the Week**
12.20 AM **Would I Lie to You?**
1.40 **QI XL** With Johnny Vegas.
2.30 **Frankie Boyle's New World Order** As 10.00pm.
3.05 **to 4.00** AM **Schitt's Creek**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.35 AM **The Bill**
8.30 **Doctors**
9.50 **Classic Holby City**
10.50 **Classic Casualty**
11.55 **The Bill**
12.55 PM **Classic EastEnders**
2.10 **All Creatures Great and Small** Tristan is welcomed back to Darrowby.
3.10 **Howards' Way**
4.20 **Hetty Wainthropp Investigates** 4/6. A spiritualist comes under investigation. (S2)
5.20 **Birds of a Feather**
6.00 **Last of the Summer Wine**

4.20 Hetty Wainthropp...

7.20 **Last of the Summer Wine** Compo, Clegg and Foggy put their unique talents to good use in the church concert.

8.00 **The Brokenwood Mysteries** *Hunting the Stag:* 4/4. A groom-to-be is shot dead while on a hunting excursion during his stag trip, and none of his accompanying friends will admit to firing the fatal bullet. (S1)

10.00 **New Tricks** *Shadow Show:* The squad reopen the investigation into an actor's disappearance. With Imogen Stubbs.
11.20 **Dalziel & Pascoe** *Exit Lines:* A car crash leaves Dalziel suspended from duty.
1.30 AM **Hetty Wainthropp Investigates** As 4.20pm.
2.25 **Whitstable Pearl** 1/6. (S2)
3.15 **to 4.00** AM **Birds of a Feather**

+1 hour 243 316 60 260

7 PM
8 PM
9 PM
10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 11-13/24. (S10)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Past, Present and Future:* 2/24. Tony travels to Tel Aviv to try and track down Ziva.
7.00 *Under the Radar:* 3/24. The team discover a lieutenant might be planning a suicide attack.
8.00 *Anonymous Was a Woman:* 4/24. An Afghan woman who assumed the identity of a US soldier is murdered. (S11)
9.00 New episode *Close to Home:* 14/20. Jimmy's daughter finds a big bag of money and turns it to Torres, and they learn it came from a bank robbed 15 years ago. (S22)
10.00 **Law & Order: Special Victims Unit** (S5&6)
1.50 AM **Blue Bloods**
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Filthy Britain SOS**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Shoplifters: Caught Red Handed**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts** There are problems with the generator on the hottest day of the year.
9.00 **Ambulance: Code Red** A man to has a grisly circular saw incident.
10.00 **A&E After Dark**
11.00 **Skin A&E**
12.00 M'T **999: Criminals Caught on Camera**
1.00 AM **GPs: Behind Closed Doors** Medical series.
2.00 **Casualty 24/7: Every Second Counts**
2.45 **Skin A&E**
3.35 **to 4.00** AM **Friends**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Trucking Hell**
9.20 **Police Interceptors**
11.15 FILM **Death Rides a Horse** Spaghetti Western. (1969, 15, 111 min) ★
1.50 PM FILM **Track of the Cat** Western. (1954, PG, 102min) ★★★★
4.00 **Trucking Heavy**
5.00 **Traffic Cops**
6.00 **Police Interceptors** Officers go after a man wanted on suspicion of making threats to kill.
7.00 Several units are on the tail of a white van.
8.00 **Motorway Cops: Catching Britain's Speeders** Officers attend the scene of a shocking multi-vehicle crash.
9.00 **Highway Thru Hell**
10.00 **Motorway: Hell on the Highway** Documentary.
11.00 **The X-Files** 7/25. (S2)
12.00 M'T **Scam City**
1.00 AM **Outback Truckers**
2.00 **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **Pete Wicks: For Dogs' Sake**
7.00 **Tipping Point**
10.00 **DIY SOS: The Big Build**
1.00 PM **Tipping Point**
4.00 **The Supervet**
6.00 **DIY SOS: The Big Build** Nick Knowles and the team enlarge the home of three orphaned boys living with their grandparents in Cornwall.
7.00 Nick and the team head to Bangor in Co Down to help the McCreights, who need their home to be made wheelchair friendly.
8.00 **Tipping Point** Double bill of the game show.
10.00 **The Supervet**
11.00 **Wife Swap USA**
12.50 AM **DIY SOS: The Bigger Build Ireland**
1.40 **Louis Theroux Interviews... Rita Ora**
2.30 **to 3.00** AM **Inside the Ambulance**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great Coastal Railway Journeys**
8.00 **Bangers & Cash: Restoring Classics**
10.00 **The World at War**
11.00 **Nazi Hunters**
12.00 NOON **Antiques Roadshow** Double bill.
2.00 PM **Bangers & Cash: Restoring Classics**
4.00 **The World at War**
5.00 **Nazi Hunters**
6.00 **Planet Earth** Wildlife in the world's deserts.
7.00 A look at wildlife in the polar regions.
8.00 **Great Australian Railway Journeys**
9.00 **Locomotion: Dan Snow's History of Railways** Documentary.
10.00 **Bangers & Cash: Restoring Classics**
12.00 M'T **Flipping Bangers**
1.00 AM **Find It, Fix It, Flog It**
2.00 **to 3.00** AM **The Black Death: Lucy Worsley Investigates**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** North Wales.
7.00 **Teleshopping**
8.00 **Escape to the Country**
9.00 **Salvage Hunters**
12.00 NOON **Antiques Road Trip** Double bill.
2.00 PM **The Repair Shop**
3.00 **The Yorkshire Auction House** Angus Ashworth takes a trip back in time.
4.00 **Long Lost Family: What Happened Next**
6.00 **The Yorkshire Auction House** Double bill.
8.00 **Antiques Road Trip**
9.00 **The Yorkshire Auction House** Angus helps a family find a home for a collection of motorbikes.
10.00 A man wants to raise money to adapt a house for his ill wife.
11.00 **Celebrity Help! My House Is Haunted**
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

MONDAY Entertainment

Monday

Great! TV

157 167 170 34 32

8.00 AM **Highway to Heaven**
10.00 **Little House on the Prairie** 14-16/24. (S4)
1.00 PM **The Waltons** (S7)
3.00 **Ballykissangel** (S6)
4.10 **Down to Earth** (S1)
5.20 **Bramwell** 4/10. (S3)
6.30 **Rumpole of the Bailey**
7.30 **M*A*S*H** 16/26. BJ becomes a father. **8.00** 17/26. Hawkeye falls for a Swedish doctor. **8.30** 18/26. Potter's horse goes AWOL. **9.00** 19/26. The surgeons must update their skills. **9.30** 20/26. Radar seeks Hawkeye's help. **10.00** 21/26. The unit are forced to evacuate. **10.30** 22/26. Flagg spies on Hawkeye. (S7)
11.00 **M*A*S*H** 16-18/26. (S7)
12.30 AM **The Avengers** (S5)
1.30 **Rising Damp** 1/7. (S1)
2.00 **Rumpole of the Bailey**
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257

Great! Action

323 319 426 42 33

9.00 AM **FILM The Virginian** Western. (2014, 12) ★★
11.00 **Tombstone Territory**
11.30 **Wanted: Dead or Alive**
12.00 NOON **The High Chaparral** Double bill.
2.00 PM **FILM Renegades** Action adventure. (2017, 15, 106min) ★★
4.10 **The Persuaders!**
5.10 **The Avengers** (S5)
7.10 **FILM Assault on Station 33** Thriller with Sean Patrick Flanery. (2021, 15, 110min) ★★
9.00 **FILM Safe** Action thriller starring Jason Statham and Catherine Chan. (2012, 15, 90min) ★★★
11.00 **FILM For a Few Dollars More** Western starring Clint Eastwood. (1965, 15, 128min) ★★★★
1.55 AM **The Persuaders!**
2.55 **The Avengers** (S5)
4.30 **to 6.00** AM **FILM Abilene Town** Western. (1946, b/w, 15) ★★

+1 hour 324

Great! Mystery

321 318 425 50 48

8.10 AM **FILM Lost Letter Mysteries: Lost Without You** Drama. (2016, PG, 85min) ★★
10.05 **In Plain Sight** (S3)
11.05 **Castle** 18/22. (S8)
12.05 PM **FILM Mystery 101: Dead Talk** Thriller. (2019, PG, 88min) ★★
2.00 **Diagnosis Murder**
4.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 19/22. (S8)
8.00 **Unforgettable** (S3)
9.00 **In Plain Sight** (S3)
10.00 **FILM Murder, She Baked: Just Desserts** Drama. (2017, PG) ★★
11.55 **FILM An Emma Fielding Mystery: More Bitter Than Death** Thriller. (2019, PG, 90min) ★★
2.00 AM **FILM Baby Obsession** Thriller. (2018, 12, 88min) ★★
3.25 **to 5.00** AM **FILM Ring of Deceit** Mystery thriller. (2009, PG, 90min) ★

+1 hour 322

Great! Romance

319 317 424 52 47

8.10 AM **FILM Let Love Grow** Romantic drama. (2023, U, 90min) ★★
10.10 **FILM The Wish Swap** Romantic fantasy. (2025, PG, 84min) ★★
12.05 PM **FILM When Love Came to Town** Comedy. (2014, PG, 90min) ★★
2.05 **FILM Love's Last Resort** Drama. (2017, PG) ★★
4.00 **FILM Blue Moon Ball** Drama. (2021, U) ★★
6.05 **FILM Love Off the Page** Romantic drama. (2022, PG, 87min) ★★
8.00 **FILM Love, Fall & Order** Romantic drama. (2019, U, 84min) ★★
9.55 **FILM Angel of Christmas** Drama. (2015, PG, 85min) ★★
11.50 **FILM A Joyous Christmas** Romance. (2017, U, 90min) ★★
1.55 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM Love, Fall & Order** As 8.00pm.

+1 hour 320

Together TV

170 136 83 162

11.00 AM **Garden Rescue**
1.00 PM **Love Your Garden**
2.00 **Rick Stein's Food Stories**
2.45 **Robson Green's Weekend Escapes**
3.30 **Garden Rescue**
4.30 **Country House Auction**
5.30 **Rick Stein's Food Stories**
6.15 **Robson Green's Weekend Escapes**
7.00 **You, Me, Garden?**
7.30 **New Home DIY**
8.00 **Garden Rescue** Designing a traditional courtyard garden. **9.00** Tackling an oddly-shaped garden.
10.00 **Random Series**
10.30 **New Home DIY**
11.00 **FILM Girls Come First** Drama with John Hamill. (1975, 18, 43min) ★★
12.00 M'T **FILM Groupie Girl** Drama. (1970, 18) ★★
2.00 AM **Country House Auction** Property series.
3.00 **New Home DIY**
4.00 **to 5.00** AM **Great British Food**

Rewind TV

182 81 141

6.00 AM **Highlights**
8.30 **The Fenn Street Gang**
9.00 **Bubblegum & Cheese**
10.00 **Space 1999** 20/24. (S2)
11.05 **Lady Killers**
12.10 PM **The Gaffer** (S2)
12.40 **Second Thoughts** (S2)
1.10 **Agony** 5/7. (S2)
1.40 **The Champions**
2.40 **Space 1999** 20/24. (S2)
3.45 **Hank the Cowboy**
4.00 **Tracing the Rails**
4.30 **Old Country** (S1)
5.00 **Stereo Underground**
6.00 **The Gaffer** (S2)
6.30 **Agony** 5/7. (S2)
7.00 **Second Thoughts** (S2)
7.30 **The Fenn Street Gang**
8.00 **The Champions**
9.00 **Drop the Dead Donkey**
10.00 **Rik Mayall Presents**
11.05 **FILM Game Show Models** Comedy drama. (1977, 18, 88min) ★★
12.55 AM **Stereo Underground**
1.55 **The Rewind Jukebox**
2.55 **Plymouth Rock**
3.25 **to 6.00** AM **Highlights**

DMAX

159 151 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Aussie Gold Hunters**
9.00 **Mysteries of the Deep**
10.00 **Deadliest Catch**
12.00 NOON **Cooper's Treasure** Documentary.
1.00 PM **Expedition Unknown**
3.00 **Alaska: Homestead Rescue** Documentary.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** A freak accident threatens the *Northwestern* crew. **8.00** During the biggest storm of the season, Jake faces a big decision.
9.00 **Crikey! It's the Irwins** The family race to save animals from the Australian wildfires.
10.00 **The Zoo** A sea lion eats a foreign object.
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Man v Food**
7.00 **Rick Stein's Food...**
8.00 **The Pioneer Woman**
9.00 **Jamie's Money Saving...**
10.00 **Barefoot Contessa: Back to Basics**
11.00 **Great British Bake Off**
1.00 PM **James Martin: Delicious** Triple bill.
2.30 **James Martin Digs Deep**
3.00 **Rick Stein's Food Heroes: Another Helping** Double bill.
4.00 **The Pioneer Woman**
5.00 **Jamie's Money Saving Meals** Double bill.
6.00 **Barefoot Contessa: Back to Basics**
7.00 **Great British Bake Off**
9.00 **Marcus in the Med: Mallorca** Double bill.
10.00 **Rick Stein's Food Heroes** Double bill.
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Cake Boss**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 3/25. (S7)
9.00 **T.J. Hooker** 16/22. (S2)
10.00 **Six Million Dollar Man**
11.00 **FILM 2021: War of the Worlds** Sci-fi thriller. (2021, 12, 78min) ★★
1.00 PM **FILM Law of the Lawless** Western. (1963, 15, 88min) ★★
3.00 **FILM Brothers of the Frontier** Western. (1995, U, 87min) ★★
5.00 **Star Trek** 12/30. (S1)
6.00 **Six Million Dollar Man**
7.00 **T.J. Hooker** 17/22. (S2)
8.00 **Walker, Texas Ranger**
9.00 **FILM Wild Card** Thriller starring Jason Statham. (2015, 15, 92min) ★★★
10.55 **FILM The Bounty Hunter** Comedy thriller. (2010, 12, 110min) ★★★
1.15 AM **FILM A Violent Man** Action drama. (2022, 18, 105min) ★★
3.15 **to 5.00** AM **FILM Brake** Psychological thriller. (2012, 15, 87min) ★★★

Legend Xtra

317 316 171 69 138 51

9.00 AM **FILM Crack in the World** Sci-fi thriller. (1965, PG, 96min) ★★
11.00 **Andromeda** 1/22. (S1)
12.00 NOON **FILM The Legend of Hercules** Mythological adventure. (2014, 12, 97min) ★★
2.00 PM **FILM Asteroid-a-geddon** Adventure. (2020, PG, 90min) ★★
4.00 **Walker, Texas Ranger**
5.00 **FILM Independents' Day** Sci-fi adventure. (2016, 15, 91min) ★★
7.00 **Andromeda** 2/22. (S1)
8.00 **The Fall Guy** 7/23. (S4)
9.00 **FILM Street Kings** Police thriller starring Keanu Reeves. (2008, 15, 105min) ★★★
11.15 **FILM Cross the Line** Thriller with Luke Goss. (2015, 15, 87min) ★★
1.05 AM **FILM Street Kings**
3.15 **FILM Independents' Day** As 5.00pm.
5.00 **to 6.00** AM **Andromeda**

+1 hour 318 139

Blaze

156 169 174 64 161 41

6.00 AM **Dickinson's Real Deal** From Worksop.
6.40 **Pawn Stars**
7.35 **Storage Wars**
9.20 **Storage Hunters**
10.15 **Strange Evidence**
11.10 **Evidence of the Unexplained**
12.10 PM **Curse of Skinwalker Ranch**
1.05 **Pawn Stars**
2.05 **Storage Wars**
4.00 **Ancient Aliens**
5.00 **UFO POV**
6.00 **Storage Hunters**
7.00 **Storage Wars Canada**
8.00 **Dickinson's Real Deal**
9.00 **Curse of Skinwalker Ranch** Documentary.
10.00 **Beyond Skinwalker Ranch** Documentary.
11.00 **Legends of the Pharaohs** Double bill.
1.00 AM **UFO POV**
2.00 **Ancient Aliens**
3.00 **Strange Evidence**
3.45 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **The Yorkshire Vet**
10.00 **Cruising with Jane McDonald** Iceland.
11.00 **Ben Fogle: New Lives in the Wild** Double bill.
1.00 PM **Murder, She Wrote**
3.00 **Columbo**
4.35 **Cruising with Jane McDonald** India.
5.00 **Around the World by Train with Tony Robinson** Double bill.
6.00 **Abandoned Engineering**
7.00 **Ben Fogle: New Lives in the Wild** Double bill.
9.00 **Jane McDonald: From Pole to Pole** Jane takes a tour of Ilhabela off the coast of São Paulo.
10.00 **Inside the Tower of London** A royal mystery.
11.00 **Susan Calman's Grand Day Out** Channel Islands.
12.00 M'T **Wentworth Prison**
1.00 AM **The Yorkshire Vet**
2.00 **Cruising with Jane McDonald** California.
3.00 **to 4.00** AM **Paul Martin's Antiques Showdown**

Challenge

130/131 116/117 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Quiz show.
10.00 **The Bidding Room**
11.00 **Dickinson's Real Deal**
12.00 NOON **The Crystal Maze**
1.00 PM **Celebrity Catchphrase** Richard Osman, Gregg Wallace and Penny Lancaster compete for charity.
2.00 **The Chase** Quiz show.
3.00 **Pointless Celebrities** An edition focusing on the subject of Halloween.
4.00 **Who Wants to Be a Millionaire?** Quiz show.
5.00 **The Bidding Room**
6.00 **Tenable** Quiz show.
7.00 **The Chase** Triple bill.
10.00 **The Chase Celebrity Special** With guests Mariella Frostrup, Ranvir Singh, John Sergeant and Ugo Monye.
11.00 **Bullseye** Double bill.
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **The Chase**
4.00 **to 6.00** AM **Bullseye**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Mike & Molly**
8.30 **Young Sheldon**
10.00 **The Big Bang Theory**
2.00 PM **Mike & Molly**
3.30 **Young Sheldon**
5.00 **The Big Bang Theory** Eight episodes of the sitcom, including at: **8.00** 4/23. Raj is named one of *People* magazine's '30 to Watch Under 30'. **8.30** 5/23. Sheldon is forced to overcome his fear of driving. With Octavia Spencer. (S2)
9.00 **Mock the Week** With guests Rhys James, Ahir Shah, Angela Barnes, Lou Sanders, Milton Jones and Ed Byrne.
10.00 **Zero Stars** Roisin Conaty and Sara Pascoe explore Bergen and Voss on a budget.
11.00 **Dr Pimple Popper**
2.00 AM **My 600lb Life**
4.00 **to 6.00** AM **Say Yes to the Dress: UK**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Impractical Jokers**
10.00 **Everybody Loves Raymond** (S3)
1.00 PM **Friends** (S4)
8.00 **Friends** 22/24. Joey loses Ross's wedding ring. **8.30** 23/24. Part one of two. Ross sets off for England. (S4)
9.00 **Michael McIntyre's The Wheel** With Alex Jones.
10.00 **Impractical Jokers** New edition Sal, Q and Murr test their acting chops with Richard Kind.
10.30 **Jimmy Carr's Am I the A**hole?**
11.30 **Whose Line Is It Anyway? USA**
12.30 AM **South Park** (S21)
2.30 **Kevin Bridges: The Story Continues**
3.25 **The Comedy Central Chart Show**
3.30 **Michael McIntyre's The Wheel** As 9.00pm.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** (S3)
7.00 **Teleshopping**
9.00 **Michael McIntyre's Big...**
10.00 **Whose Line Is It Anyway? USA**
11.00 **Friends** (S8)
1.00 PM **Criminally Funny**
2.30 **Bradley & Barney Walsh: Breaking Dad**
3.30 **Utopia** 1/8. (S1)
4.00 **Michael McIntyre's Big Show** With Tinie Tempah.
5.00 **Whose Line Is It Anyway? USA**
6.00 **Bradley & Barney Walsh: Breaking Dad**
7.00 **Everybody Loves Raymond** (S3)
10.00 **Friends** (S4)
1.00 AM **Bradley & Barney Walsh: Breaking Dad**
2.00 **Michael McIntyre's Big...**
3.00 **Utopia** 2/8. (S1)
3.20 **Teachers** 8/10. (S1)
3.45 **Important Things with Demetri Martin**
4.30 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **Highlights**
10.10 **Bread** 12/14. (S6)
10.45 **Steptoe and Son** (S7)
11.20 **Oh, Doctor Beeching!**
11.55 **Rising Damp** 4/7. (S3)
12.25 PM **Man About the...**
12.55 **Goodnight Sweetheart**
1.35 **When the Boat Comes In** 11/13. (S2)
2.35 **Minder** 2/13. (S8)
3.45 **Just Good Friends** (S2)
4.20 **Man About the House**
4.55 **Some Mothers Do 'Ave 'Em** 3/6. (S2)
5.30 **Birds of a Feather** (S11)
6.00 **That's 60s**
6.15 **Steptoe and Son** (S7)
6.50 **Rising Damp** 3/7. (S3)
7.20 **Whatever Happened to the Likely Lads?** (S1)
7.55 **Minder** 6/11. (S1)
9.00 **Benidorm** 1&2/9. (S2)
9.55 **Shameless** 3/22. (S8)
10.55 **Man About the House**
11.25 **Rising Damp** 2/6. (S4)
11.55 **Benidorm** 7&8/9. (S2)
12.55 AM **Minder** 2/10. (S5)
1.55 **to 6.00** AM **Highlights**

MTV

126/127 137 134 351 366

6.00 AM **MTV Cribs**
6.20 **16 and Pregnant**
7.10 **Teen Mom OG**
8.00 **Teen Mom 2**
9.00 **Teen Mom: Young & Pregnant** Reality series.
10.00 **Catfish: The TV Show**
3.00 PM **Help! I'm in a Secret Relationship!**
5.00 **Dallas Cowboys Cheerleaders**
7.00 **Rich Kids, Skint Holiday**
8.00 **Judge Geordie**
9.00 **Just Tattoo of Us** A pair of newlyweds put their vows to the test.
10.00 **Tattoo Fixers** A family man wants to amend a very crude tattoo.
11.00 **Ink Master** Difficult throat tattoos have the artists stressing out.
12.00 M'T **Ridiculousness**
1.00 AM **Black Ink Crew New York** Reality series.
2.00 **Help I Sexted My Boss**
2.45 **Ink Master**
3.35 **to 4.00** AM **Ridiculousness**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Tanked** Double bill.
9.00 **America's Backyard Gold**
11.00 **Building Off the Grid**
1.00 PM **Dr Jeff: Rocky Mountain Vet** Double bill of editions.
3.00 **How It's Made** Four editions of the series, including at: **4.00** An insight into the making of rubber gloves. **4.30** Hand-crafted moulds, pierogies and inner tubes.
5.00 **Alaska: Homestead Rescue** The Raneys try to ready their 40-acre homestead for winter.

8.00 Filthy Fortunes

7.00 **Wheeler Dealers** Mike has a tip from an unusual source – his electrician, who is selling a classic Ford Escort XR3i.
8.00 **Filthy Fortunes** New edition The team go on the hunt for *Back to the Future* self-lacing sneakers worth $100,000.
9.00 **Maine Cabin Masters** With a budget of $40,000, Chase Morrill and his team renovate a 130-year-old cabin.
10.00 **Expedition X** The team continue their investigation into a haunted lunatic asylum and capture some terrifying evidence.
11.00 **Expedition Bigfoot** Strange sounds lead to a disturbing discovery, and Bryce hears screams near the target zone.
12.00 M'T **Border Control: Spain**
1.00 AM **Maine Cabin Masters**
2.00 **Expedition X** As 10.00pm.
3.00 **Gold Divers**
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Preposterous Pets**
10.00 **Tanked** A Mob-inspired tank.
11.00 **Animal Cops Houston**
1.00 PM **Alaska: Homestead Rescue** Documentary.
2.00 **Pit Bulls & Parolees**
3.00 **Life at Vet University**
5.00 **Lone Star Law** Game Warden Benge returns to work after a life-threatening injury.
6.00 **Dr Jeff: Rocky Mountain Vet** The team try to save the life of a kitten, while a dog bought online fights a deadly disease.

8.00 Sharkwrecked

7.00 **Treehouse Masters** Pete Nelson builds a treehouse for the children of injured Marines.
8.00 **Sharkwrecked: Crash Landing** A unique exploration of the world's most remote and shark-infested waters.
9.00 **Alaska: The Last Frontier** The Kilchers work together as a family to sustain the rich heritage of homesteading.
10.00 **Edge of Alaska** Neil's project is over budget, so his partner moves to push him out of his oldest business.
11.00 **Deadly Islands**
12.00 M'T **Alaska: Homestead Rescue** Growing crops.
1.00 AM **My Extreme Animal Phobia** A fear of bees.
2.00 **Treehouse Masters: Out on a Limb** A tree recording studio.
3.00 **to 5.00** AM **Animal Cops Philadelphia**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **WW2: Hell Under the Sea**
9.00 **Air Crash Investigation: Special Report**
10.00 **Buried Secrets of the Gold Rush: Drain the Oceans**
11.00 **Lost Treasures of the Bible**
12.00 NOON **Construction Fails**
1.00 PM **Car S.O.S** An Escort RS.
2.00 **Air Crash Investigation**
3.00 **Nazi Megastructures**
4.00 **Seconds from Disaster**
5.00 **Car S.O.S** A 1972 Ford Escort.
6.00 **Airport Security: Rome** Police stop a father and son travelling with fake passports.

8.00 Construction Fails

7.00 **Air Crash Investigation** Experts investigate the crash of United Airlines Flight 173 in Oregon, in which 10 people died.
8.00 **Construction Fails** New edition Shocking engineering failures, including footage of an incident in Thailand.
9.00 **Chernobyl: Inside the Meltdown** New edition 3/4. Workers clean-up the deadly radioactive fallout from the explosion.
10.00 **Chernobyl: Inside the Meltdown** Series finale 4/4. Fourteen months after the disaster, plant operators face a show trial.
11.00 **Air Crash Investigation** A plane that crashed in a field.
12.00 M'T **Car S.O.S**
1.00 AM **To Catch a Smuggler**
2.00 **Bid & Destroy**
2.30 **Money Meltdown**
3.20 **Food Factory**
4.10 **to 5.00** AM **Prairie Dog Dynasty**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Hardcore Pawn**
8.45 **Pawn Stars** Double bill.
10.10 **Storage Wars**
12.00 NOON **History's Greatest Picks with Mike Wolfe**
1.00 PM **The Last Hunt for Nazi Gold** The Nazi gold train.
2.00 **Digging Up Britain's Past** Four editions, including at: **5.00** Searching for the remains of a World War One stable at Catterick Garrison.
6.00 **American Pickers** A collection of medical equipment is recovered.

8.00 History's Greatest Picks

7.00 **Forged in Fire** Four smiths get cooking when they are tasked with forging a chef's knife.
8.00 **NEW SERIES History's Greatest Picks with Mike Wolfe** The collector uncovers stories behind some historical items.
9.00 **The Last Hunt for Nazi Gold** New edition Guy Walters and Justine Ostrowska hunt the Nazi gold train in Poland.
10.00 **Secret Sex Lives of Tyrants** New edition The truth behind Chairman Mao, founder of the People's Republic of China.
11.00 **Hitler's Secret Sex Life** Rumours, theories and disputed historical accounts of Hitler's sexual psychology.
12.00 M'T **Digging Up Britain's Past**
2.50 AM **The Last Hunt for Nazi Gold** As shown at 9.00pm.
3.40 **Secret Sex Lives of Tyrants**
4.25 **Pawn Stars** Chum examines a rare dinosaur fossil.
5.10 **to 6.00** AM **American Pickers**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **Ren Faire**
7.05 **Discovering: Fredric March**
8.00 **The Directors**
8.55 **The Comedy Store**
10.00 **Dart Kings**
11.00 **The Eighties**
12.00 NOON **Say Hey, Willie Mays!**
2.00 PM **All That Breathes**
4.00 **The Directors** The life and work of John Frankenheimer.
5.00 **Discovering: Fredric March** Profile of the American actor.
5.55 **The Comedy Store** 1/5. The Comedy Store's founding generation in the 1970s.

8.00 The Girl Who Caught...

7.00 **Dart Kings** A look at the sport during the 1970s, 1980s and 1990s, beginning witha look at the career of Eric Bristow.
8.00 **The Girl Who Caught a Killer** 1/2. The story of Rachael Watts, who was kidnapped and left for dead by Russell Bishop.
9.10 **The Girl Who Caught a Killer** 2/2. The testimony of seven-year-old Rachael Watts puts a killer behind bars.
10.30 **Outcry** 1/5. The story of high-school football star Greg Kelley, who was sentenced to 25 years for the sexual assault of a four-year-old boy.
11.35 **Outcry** 2/5. A divide begins to form between those who believe Greg and those who believe the child.
12.40 AM **The Stroll**
2.20 **Nike's Big Bet**
4.00 **The Directors**
5.00 **to 6.00** AM **Discovering: Fredric March**

7 PM
8 PM
9 PM
10 PM

Monday

Quest

140/141 149 128/137 17 145 18

6.00 AM **The Repair Shop**
7.00 **Salvage Hunters: The Restorers**
8.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters**
11.00 **Outback Truckers**
1.00 PM **Wheeler Dealers**
2.00 **Shed and Buried**
3.00 **Shed and Buried: Classic Cars**
4.00 **Find It, Fix It, Flog It.**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip**
9.00 **Shed and Buried: Classic Cars** New edition Henry and Fuzz restore iconic vintage vehicles.
10.00 **Francis Bourgeois & Chris Harris: We Saved a Train** The locomotive is stripped for painting.
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Shed and Buried**
4.00 **to 5.00** AM **How It's Made**

+1 hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Forensic Detectives**
9.00 **FBI Files** Double bill.
11.00 **Judge Rinder's Crime Stories**
12.00 NOON **Betrayed**
1.00 PM **On the Case with Paula Zahn**
2.00 **Murder on CCTV**
3.00 **A Killer's Mistake**
4.00 **American Monster**
6.00 **Evil Lives Here**
7.00 **Judge Rinder's Crime Stories** The 13-year investigation into a pair of murders.
8.00 **Murder on CCTV** A student goes missing days before her wedding.
9.00 **The Killer in My Family** Relatives of Fred West reveal how his crimes affected the family.
10.00 **Britain's Deadliest Kids**
11.00 **Murder on CCTV**
12.00 M'T **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1 hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **UK Crime Files: Brides in the Bath Murders**
8.00 **UK Crime Files: Serial Killer in the Making?**
9.00 **New Scotland Yard Files** The case of David Morley, who was beaten to death in London.
10.00 **Donal MacIntyre's UK Killer Evidence** New edition The case of Jessica McGraa, whose murder highlighted the risks to sex workers.
11.00 **Murder UK**
12.00 M'T **UK Crime Files: Brides in the Bath Murders** George Smith.
1.00 AM **UK Crime Files: Serial Killer in the Making?** Alun Kyte.
2.00 **Donal MacIntyre's UK Killer Evidence**
3.00 **Murder UK**
4.00 **to 6.00** AM **Close Calls: On Camera**

+1 hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Killers: Caught on Camera** Double bill.
11.00 **48 Hours** Dan Howard.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **UK Crime Files: Connecting a Killer**
3.00 **UK Crime Files: Murder – A Fight for Justice**
4.00 **48 Hours** Exploring the death of Sarah Harris.
5.00 **Medical Detectives** Investigators sift through the ashes at the scenes of several fires. **5.30** When a woman is found dead in her bathroom, it initially looks like suicide. **6.00** A series of deaths span two continents. **6.30** A bomber is on the loose after a woman is killed in her home.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Road Wars**
7.00 **A1: Britain's Longest Road** Documentary.
8.00 **Caught Red Handed**
10.00 **Brit Cops** Documentary.
11.00 **Britain's Most Evil Killers**
12.00 NOON **Killer in My...**
1.00 PM **Catching the Killer**
2.00 **World's Most Evil Killers**
3.00 **Murders That Shocked the Nation**
4.00 **Killing Mum and Dad**
5.00 **Killer in My Village**
6.00 **World's Most Evil Killers**
7.00 **Catching the Killer**
8.00 **Britain's Most Evil Killers**
9.00 **World's Most Notorious Killers**
10.40 **Murder Uncut**
11.45 **World's Most Evil Killers**
12.50 AM **How I Caught the Killer** Garry Malone.
1.55 **The Real CSI: Miami**
3.00 **Britain's Most Evil Killers**
4.00 **Brit Cops** Documentary.
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **The Bush Years**
9.05 **Wrecks That Changed...**
10.05 **Conquistadors: The Rise and Fall**
11.10 **Cheating Hitler: Surviving the Holocaust**
1.00 PM **Wrecks That...**
2.10 **Conquistadors: The Rise and Fall**
3.15 **Cheating Hitler: Surviving the Holocaust**
5.05 **The Bush Years: Family, Duty, Power**
6.00 **Wrecks That Changed the World** As 10.00pm.
7.00 **Conquistadors: The Rise and Fall**
8.10 **Cheating Hitler: Surviving the Holocaust**
10.00 **Wrecks That Changed the World** Two of the greatest failed invasions in the history of naval warfare.
11.00 **Conquistadors: The Rise and Fall**
12.00 M'T **to 2.00** AM **Cheating Hitler: Surviving the Holocaust**

MONDAY

Monday

Sky Nature

124/125 113/114 135 354 369

6.00 AM **Undiscovered Vistas**
7.00 **Monkey Life**
8.00 **Great Blue Wild**
9.00 **Wild Dogs: Running with the Pack** Documentary.
10.00 **Land of Primates**
11.00 **Wildlife Icons**
12.00 NOON **Mysteries of the Mekong** Documentary.
1.00 PM **Monkey Life**
2.00 **Great Blue Wild**
3.00 **Wild Dogs: Running with the Pack** Documentary.
4.00 **Land of Primates**
5.00 **Wildlife Icons**
6.00 **Mysteries of the Mekong**
7.00 **Monkey Life** Double bill.
8.00 **Wild Philippines**
9.00 **Dawn to Dusk**
10.00 **Mysteries of the Mekong**
11.00 **Wildlife Icons**
12.00 M'T **Gangs of Baboon Falls**
1.00 AM **Undiscovered Vistas**
2.00 **Wild Philippines**
3.00 **Dawn to Dusk**
4.00 **Great Blue Wild**
5.00 **to 6.00** AM **Wild Dogs: Running with the Pack**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens: The Ultimate Evidence**
7.00 **Ancient Aliens**
8.00 **Hell on Earth: WWII**
9.00 **Hitler's Engineers**
10.00 **History's Greatest Aircraft**
11.00 **Ancient Aliens: The Ultimate Evidence**
12.00 NOON **Ancient Aliens**
1.00 PM **Digging for Britain**
5.00 **Digging for Britain: WWII Special** A search for artefacts from World War Two.
6.00 **The Proof Is Out There**
7.00 **Hitler's Engineers**
8.00 **History's Greatest Aircraft** A look at the Yakovlev Yak-3.
9.00 **Bone Detectives: Britain's Buried Secrets**
10.00 **Cracking the Code**
11.00 **Ancient Aliens: The Ultimate Evidence**
12.00 M'T **Ancient Aliens**
1.00 AM **Alien Corridors**
2.00 **Ross Kemp: Shipwreck Treasure Hunter**
3.00 **Digging for Britain**
4.00 **Mysteries from Above**
5.00 **to 6.00** AM **Dirty Old Cars**

Discovery Science

167 148 179

8.00 AM **How the Universe Works**
11.00 **Alien Highway**
1.00 PM **The Dino Hunters**
3.00 **How the Universe Works**
6.00 **How It's Made**
9.00 **How the Universe Works** New discoveries surrounding dark matter and energy. **10.00** New discoveries reveal the secrets of Nasa's *Cassini* spacecraft, which explored Saturn and its moons until it vaporised in its atmosphere.
11.00 **NASA's Unexplained Files** Former astronaut Neil Armstrong's expedition into the Amazon, seeking a library said to hold all knowledge of an advanced alien civilisation. **12.00** M'T Experts examine the possibilities of making alien contact as they look back at an experiment Nasa embarked on as they attempted to communicate with dolphins.
1.00 AM **How the Universe Works**
4.00 **to 6.00** AM **Cooper's Treasure**

+1 hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **The First 48**
7.00 **Homicide Hunter**
9.00 **Fugitives Caught on Tape**
9.30 **My Strange Arrest**
10.30 **Court Cam**
11.00 **Murdertown**
2.00 PM **I Met My Murderer Online**
3.00 **Somebody's Hiding Something**
6.00 **On the Case with Paula Zahn**
7.00 **The First 48**
8.00 **I Met My Murderer Online** New editions Focusing on the case of Ashley Pegram. **8.30** The case of Bruce Miller.
9.00 **Interview with a Killer** New edition David Scott speaks to teenage killer Julius Mullins.
10.00 **Cold Case UK** The 2005 murder of Emma Caldwell.
11.00 **Houses of Horror: Secrets of College Life** Documentary.
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **Interview with a Killer**
2.00 **Homicide Hunter**
3.00 **Imperfect Murder**
5.00 **to 6.00** AM **I Met My Murderer Online**

+1 hour 256 333

WILD

165 145 182

8.00 AM **Yukon Vet**
9.00 **Bizarre Animal Friends**
10.00 **World's Weirdest**
11.00 **Africa's Deadliest**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Critter Fixers: Country Vets**
3.00 **Wild Hunters**
4.00 **Secrets of the Zoo: Tampa**
5.00 **The Incredible Dr Pol**
6.00 **Yukon Vet**
7.00 **Built to Survive** Adventurer Phil Breslin ventures into the Australian savannah. **7.30** Phil looks at animals that thrive in Australia's most extreme conditions.
8.00 **Crocodile: Australia's Greatest Survivor** A look at saltwater crocodiles.
9.00 **Predator Fail: When Prey Attacks** Documentary.
10.00 **Alaska: The Next Generation**
11.00 **Ice Road Rescue**
12.00 M'T **Savage Kingdom**
1.00 AM **Animal Fight Club**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet**
4.00 **to 5.00** AM **Animal Fight Club**

Discovery History

161/172 147 181

7.00 AM **Expedition X**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **How the Universe Works** Scientists seek to solve the mystery surrounding the Milky Way's slow demise.
1.00 PM **NASA's Unexplained Files**
2.00 **Alien Highway**
3.00 **Expedition Unknown**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Expedition X** A new investigation into the infamous Socorro Landing Incident.
9.00 **Secrets Underground**
10.00 **How Do They Do It?**
11.00 **Salvage Hunters: The Restorers** The restoration of a cast iron 19th-century fireplace.
12.00 M'T **How the Universe Works**
1.00 AM **Mysteries at the Museum**
3.00 **Expedition X**
4.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 71

9.00 AM **Top Gear**
1.00 PM **Top Gear** Four editions of the series, including at: **4.00** Richard Hammond test-drives the BMW 6 Series cabriolet, Jeremy Clarkson looks into the history of the VW Golf GTI, and Cliff Richard is the Star in a Reasonably Priced Car.
5.00 **The Two Ronnies**
8.35 **The Two Ronnies** Featuring the classic serial *Death Can Be Fatal*, with Ronnie Corbett as Charlie Farley and Ronnie Barker as Piggy Malone. **9.25** Featuring the rhyming policeman sketch and a medical monologue from Ronnie Barker. **10.10** Continuing the saga of *Death Can Be Fatal*, as well as a guest appearance from the Aldershot Brass Ensemble. **10.55** Vintage comedy from Messrs Barker and Corbett, with music by Clodagh Rodgers.
11.35 **The Two Ronnies**
5.35 **to 6.00** AM **Great Coastal Railway Journeys**

+1 hour 266 376

ID

154 140 166

8.00 AM **On the Case with Paula Zahn** A murdered teenager's body mysteriously turns up in the rural Iowa countryside.
9.00 **Still a Mystery**
11.00 **People Magazine Investigates**
12.00 NOON **Diabolical: Deadly Love**
1.00 PM **Still a Mystery**
3.00 **People Magazine Investigates**
4.00 **Diabolical: Deadly Love**
5.00 **Betrayed** Double bill.
7.00 **Death by Fame** A body-building attorney lands her own reality series. **8.00** A deputy sheriff decides to turn in his badge in order to pursue a career in acting.
9.00 **Faking It: Tears of a Crime** The case of Alice Ruggles, who was murdered by her soldier ex-boyfriend Trimaan Dhillon. **10.00** The cases of Shafilea Ahmed and Gordon Wardell.
11.00 **A Body in the Basement**
12.00 M'T **People Magazine Investigates** Double bill.
2.00 AM **Betrayed**
4.00 **to 6.00** AM **Death by Fame**

+1 hour 254 366

Discovery Turbo

158 146 180

7.00 AM **How Do They Do It?**
8.00 **Motor Pickers**
9.00 **Salvage Hunters: Classic Cars**
10.00 **Shed and Buried**
11.00 **Richard Hammond's Workshop** Richard gambles his own money on a 1970 Mark II Jensen Interceptor.
12.00 NOON **Roadworthy Rescues**
1.00 PM **Garage Rehab**
2.00 **Ant Anstead: Born Mechanic**
3.00 **James May and the Dull Men**
4.00 **Salvage Hunters: Classic Cars**
5.00 **Mike Brewer: Born Dealer**
6.00 **Wheeler Dealers**
7.00 **Shed and Buried**
8.00 **Mike Brewer: Born Dealer** Mike attempts to sell The Stig a nice little runaround.
9.00 **Roadworthy Rescues**
10.00 **James May and the Dull Men**
11.00 **Wheeler Dealers**
12.00 M'T **Mike Brewer: Born Dealer**
1.00 AM **Richard Hammond's Workshop** As 11.00am.
2.00 **Iron Resurrection**
3.00 **to 4.00** AM **Wheeler Dealers**

+1 hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

6.00 AM **Sky Cinema Preview**
6.55 **Flavia** Family adventure. (2026, PG, 105min) ★★★
8.40 **The Bad Guys 2** Animated comedy adventure sequel. (2025, PG, 104min) ★★★★
10.35 **A Big Bold Beautiful Journey**
12.35 PM **Roofman** As 10.00pm.
2.50 **One Battle After Another** Oscar-winning action thriller. (2025, 15, 161min) ★★★★★
5.45 **Superman** Fantasy adventure. (2025, 12, 129min) ★★★★

10.00 Roofman

8.00 A Big Bold Beautiful Journey Romantic fantasy drama starring Colin Farrell and Margot Robbie. Through a twist of fate, two strangers get to relive moments from their respective pasts. (2025, 15, 109min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Roofman Comedy drama starring Channing Tatum, Kirsten Dunst and Peter Dinklage. A fugitive hides in a toy shop while on the run from the police, and gets into a relationship with a female employee. (2025, 15, 126min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Pillion** Dark comedy starring Alexander Skarsgård. (2025, 18, 107min) ★★★
2.15 **One Battle After Another**
5.10 **to 7.00** AM **Hostages** Comedy thriller with Charlotte Ritchie. (2025, 15, 90min) ★★★

Sky Cinema Biopics

303 303 403 503 517

6.00 AM **The Last Rifleman** (2022)
7.45 **Empire of the Sun** (1987)
10.25 **Der Kaiser** Biopic starring Klaus Steinbacher as Franz Beckenbauer. Subtitled. (2022, PG, 105min) ★★★
12.25 PM **Nuremberg** As 11.45pm.
2.55 **Amadeus** Historical drama starring F Murray Abraham. (1984, PG, 158min) ★★★★★
5.40 **Captain Phillips** Fact-based thriller starring Tom Hanks. (2013, 12, 129min) ★★★★★

10.00 The Last Rifleman

8.00 The Post Director Steven Spielberg's fact-based drama starring Meryl Streep and Tom Hanks. In 1971, US newspapers race to expose a government cover-up of Vietnam War secrets. With Sarah Paulson. (2017, 12, 113min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 The Last Rifleman Fact-based drama starring Pierce Brosnan. A World War Two veteran escapes his care home in Northern Ireland, and travels to France to pay his final respects to his best friend. (2022, 15, 115min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Nuremberg** Thriller starring Russell Crowe and Rami Malek. (2025, 15, 148min) ★★★★★
2.15 AM **Amadeus** As 2.55pm.
4.55 **to 7.35** AM **Empire of the Sun** Steven Spielberg's epic drama starring Christian Bale. (1987, PG, 152min) ★★★★

Sky Cinema Drama

310 310 410 510 524

6.15 AM **Am I OK?** Romantic comedy drama starring Dakota Johnson. (2022, 15, 86min) ★★★
7.45 **Funny Girl** Musical biopic. (1968, U, 169min) ★★★★
10.15 **...And Justice for All**
12.20 PM **Rob Peace** As 12.30am.
2.25 **The Illusionist** Period mystery. (2006, PG, 110min) ★★★★
4.15 **Footloose** Teen dance drama. (1984, 12, 107min) ★★★

6.05 **Miss You Already** Comedy drama starring Drew Barrymore. (2015, 12, 112min) ★★★
8.00 **Molly's Game** Fact-based drama about Molly Bloom, a skier who ran the world's most exclusive high-stakes poker game and became an FBI target. Stars Jessica Chastain, Idris Elba and Kevin Costner. (2017, 15, 137min) ★★★★
10.25 **...And Justice for All** Satirical black comedy starring Al Pacino. (1979, 15, 119min) ★★★

12.30 AM **Rob Peace** Drama directed by and starring Chiwetel Ejiofor, with Jay Will and Mary J Blige. (2024, 15, 120min) ★★★
2.35 **Turtles All the Way Down** Drama starring Isabela Merced. (2024, 12, 111min) ★★★★
4.30 **to 6.25** AM **Miss You Already**

Sky Cinema Sci-fi/Horror

311 311 411 511 525

7.25 AM **If You Were the Last** Sci-fi romantic comedy. (2023, 15, 92min) ★★★★
9.05 **Nosferatu** Horror thriller. (2024, 15, 132min) ★★★★
11.25 **Companion** As 3.45am.
1.10 PM **Interstellar** Sci-fi drama. (2014, 12, 166min) ★★★★
4.00 **The Lawnmower Man** Sci-fi thriller starring Pierce Brosnan. (1992, 15, 105min) ★★★

6.25 **Zombie Town** Horror comedy starring Marlon Kazadi and Madi Monroe. (2023, 12, 92min) ★★
8.00 **Annabelle** Horror spin-off from *The Conjuring*, starring Annabelle Wallis and Ward Horton. A couple are attacked by members of a satanic cult, who transform a vintage doll into a monster. (2014, 15, 97min) ★★
9.50 **Annabelle: Creation** Horror starring Anthony LaPaglia, Samara Lee and Miranda Otto. (2017, 15, 109min) ★★★

11.50 **28 Days Later** Horror thriller. (2002, 18, 113min) ★★★★
1.50 AM **Blade: Trinity** Adventure sequel. (2004, 15, 113min) ★★★
3.45 **Companion** Sci-fi horror. (2024, 15, 97min) ★★★★
5.30 **to 6.55** AM **Friendship's Death** Sci-fi. (1987, 15, 78min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

7.25 AM **Look Who's Talking Too**
8.50 **Stardust** (2007, PG) ★★★★
11.00 **Madagascar: Escape 2 Africa** Animation. (2008, PG) ★★★
12.40 PM **The Secret Life of Pets** Animation. (2016, U) ★★★
2.20 **The Secret Life of Pets 2** Animation. (2019, U) ★★★
4.00 **Lemony Snicket's A Series of Unfortunate Events** Fantasy. (2004, PG, 103min) ★★★★
6.00 **Teenage Mutant Ninja Turtles** Fantasy. (2014, 12, 101min) ★★

7.55 Cats & Dogs

7.55 Cats & Dogs Family comedy fantasy featuring the voices of Tobey Maguire, Alec Baldwin, Sean Hayes and Susan Sarandon. (2001, PG, 87min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.35 The Hobbit: The Desolation of Smaug Peter Jackson's fantasy adventure starring Martin Freeman. Hobbit Bilbo Baggins and the company of dwarves continue their quest to reclaim the dwarves' lost kingdom. (2013, 12, 161min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **The Hobbit: The Battle of the Five Armies** Fantasy starring Martin Freeman. (2014, 12, 144min) ★★★
3.00 **Look Who's Talking Too** Comedy sequel starring Kirstie Alley. (1990, 12, 77min) ★
4.35 **to 6.30** AM **The Tiger Rising** Drama starring Dennis Quaid. (2022, PG, 102min) ★★★

Sky Cinema Action

306 306 407 507 521

7.00 AM **Rampage** (2018, 12) ★★★
8.55 **Fight or Flight** Action thriller. (2025, 15, 98min) ★★★
10.50 **xXx: State of the Union**
12.40 PM **The Mummy: Tomb of the Dragon Emperor** As 3.50am.
2.35 **The Fast and the Furious** Thriller. (2001, 15) ★★★
4.25 **2 Fast 2 Furious** Thriller. (2003, 12, 108min) ★★★
6.15 **The Fast and the Furious: Tokyo Drift** Action thriller. (2006, 12, 104min) ★★

4.25 2 Fast 2 Furious

8.00 Spider-Man: Homecoming Adventure starring Tom Holland and Michael Keaton. Teen superhero Peter Parker tries to prove his worth by battling a winged criminal with a trade in stolen hi-tech weaponry. (2017, 12, 133min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 Venom Fantasy starring Tom Hardy. A journalist gains superhuman strength and power when his body merges with an alien organism. (2018, 15, 112min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **xXx: State of the Union** Action adventure sequel. (2005, 12, 97min) ★★
2.00 **Fast & Furious** Thriller sequel. (2009, 12, 107min) ★★★
3.50 **The Mummy: Tomb of the Dragon Emperor** Adventure. (2008, 12, 112min) ★★★
5.45 **to 7.35** AM **Long Gone Heroes** Action thriller. (2024, 15) ★★★

Sky Cinema Comedy

308 308 408 508 522

6.10 AM **Mean Machine** (2001) ★★
7.55 **The Man with Two Brains** Comedy. (1983, 15) ★★★★
9.35 **Arthur** (1981, 15) ★★★★
11.25 **See No Evil, Hear No Evil** Comedy. (1989, 15) ★★★
1.20 PM **Big Daddy** Comedy. (1999, 12, 95min) ★★★
2.55 **Blades of Glory** Comedy. (2007, 12, 93min) ★★★
4.30 **Bridget Jones: The Edge of Reason** (2004, 15) ★★★
6.20 **Sex Tape** (2014, 15) ★★

6.20 Sex Tape

8.00 You've Got Mail Romantic comedy starring Tom Hanks and Meg Ryan as two bookshop owners who hate one another in real life but are e-mail lovers in cyberspace. (1998, PG, 114min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Bridget Jones's Baby Comedy sequel starring Renée Zellweger. After a pair of one-night stands, the now single Bridget Jones winds up pregnant. (2016, 15, 123min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **Mamma Mia!** Musical. (2008, PG, 108min) ★★★★
1.55 **Mamma Mia! Here We Go Again** Musical sequel. (2018, PG, 114min) ★★★★
3.50 **The First Wives Club** Comedy. (1996, PG, 102min) ★★★
5.40 **to 7.35** AM **Hope Springs** Romantic comedy drama. (2012, 12, 98min) ★★★

Sky Cinema Thriller

309 309 409 509 523

6.50 AM **Head Count** Thriller. (2023, 15, 77min) ★★★
8.20 **Along Came a Spider** (2001)
10.10 **Nightcrawler** Crime thriller. (2014, 15, 115min) ★★★★
12.10 PM **Caddo Lake** Thriller. (2024, 12, 99min) ★★★
2.00 **Trap** Thriller with Josh Hartnett. (2024, 15, 105min) ★★★★
3.50 **Lethal Weapon 3** Thriller sequel. (1992, 15, 118min) ★★
5.50 **Lethal Weapon 4** Thriller. (1998, 15, 128min) ★★★

3.50 Lethal Weapon 3

8.00 Three Days of the Condor Conspiracy thriller starring Robert Redford and Faye Dunaway. A bookish CIA researcher on the run from rogue agents kidnaps a photographer to stay alive. (1975, 15, 118min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

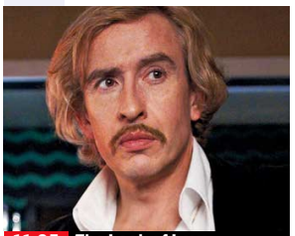
10.05 Snatch Guy Ritchie's crime comedy drama starring Jason Statham, Benicio Del Toro and Brad Pitt. A group of small-time British crooks plan to steal a diamond from an American mobster. (2000, 18, 102min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **American Gangster** Ridley Scott's epic crime drama. (2007, 18, 157min) ★★★★
2.40 AM **The Krays** Crime drama. (1990, 18, 119min) ★★★
4.50 **to 6.45** AM **Along Came a Spider** Crime thriller. (2001, 15, 103min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **The Lady Eve** Comedy. (1941, b/w, U, 93min) ★★★★
12.55 PM **Sherlock Holmes and the Secret Weapon** Thriller. (1942, b/w, PG, 68min) ★★
2.15 **Tobruk** Wartime adventure. (1967, PG, 110min) ★★★
4.30 **Stagecoach** Western remake. (1966, PG, 114min) ★★
6.45 **Dream Horse** Fact-based drama starring Toni Collette. (2020, PG, 113min) ★★★★



11.05 The Look of Love

Dream Horse (film started at 6.45pm) **8 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 The Contractor Drama starring Chris Pine. After being discharged from the Marines, a man joins a paramilitary organisation to support his family in the only way he knows how. With Ben Foster and Kiefer Sutherland. (2022, 15, 103min) ★★★ **9 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

11.05 The Look of Love Biopic starring Steve Coogan as notorious porn and property tycoon Paul Raymond. With Anna Friel and Imogen Poots. (2013, 18, 99min) ★★★
1.10 **to 3.05** AM **Wish You Were Here** Drama starring Emily Lloyd as a rebellious teenager in 1950s Britain. With Tom Bell. (1987, 15, 92min) ★★★ **11 PM**

+1 hour 314 430 47 301 257

Sky Cinema 5 Star Movies

302 302 402 502 516

6.25 AM **Spy Kids** Action comedy. (2001, U, 88min) ★★★★
8.10 **Spider-Man: Into the Spider-Verse** Animation. (2018, PG, 117min) ★★★★★
10.10 **Men in Black** Sci-fi comedy. (1997, PG, 94min) ★★★★
11.55 **10 Cloverfield Lane** Thriller. (2016, 12, 103min) ★★★★
1.55 PM **The Bourne Ultimatum** Thriller. (2007, 12, 115min) ★★★★
3.55 **Sketch** Fantasy comedy. (2025, 12, 93min) ★★★★
5.45 **Shazam!** Comedy adventure. (2019, 12, 132min) ★★★★
8.00 **Wonder Woman** Fantasy adventure starring Gal Gadot and Chris Pine. An Amazon princess leaves her isolated island during World War One, aiming to bring the conflict to an end. (2017, 12, 121min) ★★★★
10.25 **Arrival** Sci-fi drama starring Amy Adams and Jeremy Renner. (2016, 12, 116min) ★★★★★
12.30 AM **Nightcrawler** Crime thriller. (2014, 15, 115min) ★★★★
2.35 **Iron Monkey** Action thriller. (1993, 12, 90min) ★★★
4.20 **Sky Cinema Preview**
5.20 **to 7.25** AM **The Colour Room** Drama starring Phoebe Dynevor. (2021, PG, 109min) ★★★★

Sky Cinema Greats

307 307 404 504 518

6.20 AM **Caddyshack** As 2.30am.
8.10 **Blazing Saddles** As 5.15am.
9.45 **The Golden Child** As 4.45pm.
11.20 **Ghostbusters** Action comedy. (1984, 12, 105min) ★★★★
1.10 PM **Ghostbusters II** Supernatural comedy sequel. (1989, PG, 99min) ★★★
3.00 **Groundhog Day** As 12.45am.
4.45 **The Golden Child** Fantasy. (1986, PG, 93min) ★★
6.20 **Police Academy** Comedy. (1984, 15, 95min) ★★★
8.00 **Police Academy 2: Their First Assignment** Comedy sequel starring Steve Guttenberg and Colleen Camp. Six inept recruits are drafted to fight a crime wave. (1985, 12, 87min) ★★
9.30 **Police Academy 3: Back in Training** Comedy sequel with Steve Guttenberg and Bubba Smith. (1986, PG, 82min) ★
11.00 **Uncle Buck** Comedy with John Candy. (1989, 12, 94min) ★★★
12.45 AM **Groundhog Day** Comedy. (1993, PG, 103min) ★★★★★
2.30 **Caddyshack** Comedy with Chevy Chase. (1980, 15, 95min) ★★★
4.15 **Sky Cinema Preview**
5.15 **to 7.00** AM **Blazing Saddles** Mel Brooks' Western spoof. (1974, 12, 90min) ★★★★

Sky Cinema Animation

312 315 405 500 514

7.40 AM **Tom and Jerry Cowboy Up!** Animated family adventure. (2021, U, 71min) ★★★
9.10 **The Wild Robot** Animation. (2024, U, 102min) ★★★★
11.05 **The Emoji Movie** Animated adventure. (2017, U, 83min) ★
12.40 PM **Despicable Me 4** Animated sequel. (2024, U, 94min) ★★★
2.20 **Monster Family** Animated comedy. (2017, PG, 96min) ★★
4.00 **Smurfs** Fantasy comedy. (2025, PG, 89min) ★★
5.45 **Open Season** Animation. (2006, PG, 86min) ★★★★
7.25 **Cloudy with a Chance of Meatballs** Animated comedy featuring the voice of Bill Hader. (2009, U, 90min) ★★★★
9.10 **Cloudy with a Chance of Meatballs 2** Animated comedy sequel. (2013, U, 93min) ★★★
11.00 **Boonie Bears: Guardian Code** Animated family adventure. (2023, PG, 96min) ★★★
12.50 AM **The Sloth Lane** Animation. (2024, PG, 90min) ★★★
2.35 **Pets on a Train** Animation. (2025, PG, 87min) ★★★
4.15 **Into the Wonderwoods** Animation. (2024, U) ★★★
5.55 **to 7.35** AM **Extinct** Animation. (2021, U, 84min) ★★★

Disney+ Cinema

305

6.00 AM **Piglet's Big Movie** Animation. (2003, U, 75min) ★★
7.20 **Beverly Hills Chihuahua** Comedy. (2008, U, 91min) ★★
8.55 **Confessions of a Shopaholic** Romantic comedy starring Isla Fisher. (2008, PG, 104min) ★★★
10.40 **The Chronicles of Narnia: The Lion, The Witch and The Wardrobe** Fantasy adventure. (2005, PG, 140min) ★★★★
1.00 PM **WALL•E** Animation. (2008, U, 98min) ★★★★★
2.40 **The Aristocats** Animation. (1970, U, 78min) ★★★★★
4.00 **Toy Story** Animated adventure. (1995, PG, 77min) ★★★★★
5.25 **The Wild** Animated comedy adventure. (2005, U, 82min) ★★
6.50 **Tomorrowland: A World Beyond** Fantasy. (2015, 12) ★★★
9.00 **The Maze Runner** Adventure. (2014, 12, 110min) ★★★
10.55 **Flightplan** Thriller starring Jodie Foster. (2005, 12, 98min) ★★★★
12.35 AM **The East** Political thriller. (2013, 15, 111min) ★★★★
2.30 **The Haunted Mansion** Supernatural comedy. (2003, PG, 87min) ★★
4.00 **to 6.00** AM **The Princess Diaries** Family comedy. (2001, U, 115min) ★★★

Talking Pictures

328 445 82 306 36

6.00 AM **Look at Life**
6.10 **The Hills of Donegal** Thriller. (1947, b/w, PG, 85min) ★★
7.50 **What's On TPTV with Noel**
8.00 **Women without Men** Drama. (1956, b/w, PG, 80min) ★★
9.30 **Recoil** (1953, b/w, PG) ★★★
11.00 **Orders Are Orders** Comedy. (1954, b/w, U, 78min) ★★★
12.35 PM **Cover Girl Killer** Thriller. (1959, b/w, PG, 61min) ★★
1.55 **Richard the Lionheart** (S1)
2.25 **Goldeneye: The Secret Life of Ian Fleming** Biopic with Charles Dance. (1989, 15, 105min) ★★★
4.30 **Whistle Down the Wind** Vintage drama with Hayley Mills. (1961, b/w, PG, 99min) ★★★★★
6.30 **The Vise** 7/26. (S2)
7.00 **The Footage Detectives**
8.00 **Bat Out of Hell** 1/5. (S1)
8.30 **Eyewitness** Crime thriller. (1970, 15, 89min) ★★
10.20 **The Lady from Shanghai** Thriller. (1948, b/w, PG, 87min) ★★★★★
12.05 AM **The Shakedown** Thriller. (1959, b/w, 15, 92min) ★★
1.55 **Mohawk** Western adventure. (1956, PG, 79min) ★★
3.30 **You Will Remember** Biopic. (1941, b/w, U, 92min) ★★★
5.20 **Look at Life**
5.30 **to 6.00** AM **Honey West**

MONDAY Sport

Sky Sports Main Event

401 401 501 419 439

- 6.00 AM **Sky Sports News**
- 7.00 **Sky Sports Breakfast**
- 9.00 **Ref Watch** Analysing decisions.
- 10.00 **Sky Sports FC**
- 12.00 NOON **Lunchtime Live**
- 2.00 PM **Sports Desk**
- 3.00 **LIVE IPL** **Gujarat Titans v Mumbai Indians.** Coverage of the T20 match staged at Narendra Modi Stadium, Ahmedabad. The Titans won this meeting last year thanks to an impressive 36-run victory. Gujarat made 196-8 in their 20 overs before Mumbai were restricted to 160-6 in their reply.
- 6.30 **LIVE MNF** **Crystal Palace v West Ham United.** Coverage of tonight's Premier League encounter at Selhurst Park. The reverse fixture at the London Stadium saw Tyrick Mitchell score a 68th-minute winner to earn the Eagles a 2-1 victory. Kick-off **8.00pm**.
- 11.00 **Sky Sports News**
- 11.30 **LIVE NBA Basketball** Coverage of a play-off match.
- 3.00 **to 6.00** AM **LIVE NBA Basketball** Coverage of a match in the play-off stage.

Sky Sports Premier League

402 402 502 420 440

- 6.00 AM **PL Greatest Games**
- 7.00 **Premier League Legends**
- 7.30 **Premier League Highlights**
- 9.00 **Ref Watch** Analysing decisions.
- 10.00 **Sky Sports FC**
- 12.00 NOON **PL Highlights**
- 5.00 PM **The Premier League Show**
- 6.00 **Ref Watch** Analysing decisions.
- 6.30 **LIVE MNF** **Crystal Palace v West Ham United.** Coverage of the Premier League match held at Selhurst Park. The visitors are in desperate need of the three points here as they battle to stay in the top flight, while victory for Palace would near enough confirm Premier League football for another season. The reverse fixture at the London Stadium saw Tyrick Mitchell score a 68th-minute winner to earn the Eagles a 2-1 victory. Kick-off **8.00pm**.
- 11.00 **Ref Watch** Analysing decisions.
- 11.30 **Premier League Stories**
- 12.00 M'T **MNF Hlts** Action from Crystal Palace v West Ham United.
- 12.30 AM **The Big Interview**
- 1.00 **PL Retro** Man Utd v Man City.
- 3.00 **PL Greatest Games**
- 4.00 **to 6.00** AM **PL Best Goals**

Sky Sports Football

403 403 503 421 441

- 6.00 AM **EFL League One Goals**
- 6.30 **EFL League Two Goals**
- 7.00 **EFL Highlights** Championship.
- 12.00 NOON **EFL Awards 2025/26**
- 1.30 PM **EFL Highlights**
- 2.00 **EFL League One Goals**
- 2.30 **EFL League Two Goals**
- 3.00 **EFL Highlights**
- 6.30 **Bundesliga Highlights Show**
- 7.30 **EFL League One Goals**
- 8.00 **EFL League Two Goals**
- 8.30 **EFL Highlights** Portsmouth v Leicester City in the Championship. **8.45** Derby County v Oxford Utd. **9.00** Action from Millwall v QPR. **9.15** Bristol City v Norwich City. **9.30** Hull City v Birmingham City. **9.45** Action from Preston North End v West Bromwich Albion. **10.00** Action from Sheffield Wednesday v Charlton Athletic. **10.15** Action from Swansea City v Southampton in the Championship.
- 10.30 **Bundesliga Highlights Show**
- 11.30 **EFL Greatest Games**
- 12.00 M'T **EFL Cup Retro**
- 2.00 AM **Old Firm Derby Best Goals**
- 2.30 **Edinburgh Derby Best Goals**
- 3.00 **EFL Greatest Games**
- 4.00 **Championship Season Review**
- 5.00 **EFL Cup Highlights**
- 5.30 **to 6.00** AM **EFL Trophy**

Sky Sports Cricket

405 405 505 422 442

- 6.00 AM **IPL** T20 highlights.
- 7.00 **IPL** A chance to see Gujarat Titans v Kolkata Knight Riders.
- 11.15 **Best of ICC WT20**
- 12.00 NOON **IPL** T20 highlights.
- 2.50 PM **LIVE IPL** **Gujarat Titans v Mumbai Indians.** Coverage of the T20 match staged at Narendra Modi Stadium, Ahmedabad. The Titans won this meeting last year thanks to an impressive 36-run victory at this venue. Gujarat made 196-8 in their 20 overs with Sai Sudharsan top-scoring with 63 from 41 balls, before Mumbai were restricted to 160-6 in their reply.
- 7.00 **Best of ICC WT20**
- 8.00 **IPL** Action from Kolkata Knight Riders v Rajasthan Royals. **9.00** Highlights from Gujarat Titans v Mumbai Indians staged at Narendra Modi Stadium. **10.00** Action from Punjab Kings v Lucknow Super Giants. **11.00** Highlights from Gujarat Titans v Mumbai Indians.
- 12.00 M'T **Best of ICC WT20**
- 12.30 AM **IPL** Annother chance to see Gujarat Titans v Mumbai Indians.
- 4.45 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

406 406 506 423 443

- 6.00 AM **Golf Academy**
- 7.00 **PGA Tour Golf** Another chance to see day four of the Heritage.
- 12.00 NOON **LPGA Tour Golf** Fourth day of the LA Championship.
- 3.00 PM **Ladies European Tour Golf** Day four of the Joburg Ladies Open.
- 6.00 **HotelPlanner Tour Golf**
- 6.30 **PGA Tour Golf** The Heritage.
- 7.30 **DP World Tour Golf**
- 8.00 **PGA Tour Champions** Highlights from this year's Hoag Classic.
- 9.00 **Scotland's Greatest Golf Holes**
- 9.30 **DP World Tour Golf** Highlights from the Hero Indian Open.
- 10.00 **PGA Tour Golf** The Heritage.
- 11.00 **PGA Tour Champions** Highlights from this year's Hoag Classic.
- 12.00 M'T **PGA Tour Golf**
- 1.00 AM **The Greatest Solheim Cup**
- 3.00 **PGA Tour Golf** The Heritage.
- 5.00 **to 6.00** AM **School of Golf**

Sky Sports Tennis

408 408 508 425 445

- 6.00 AM **WTA Tennis** Stuttgart Open.
- 8.00 **ATP Tennis** Barcelona Open. **10.00** Munich Open final.
- 12.00 NOON **WTA Tennis** Rouen Open.
- 2.00 PM **ATP Tennis** A review of the Monte-Carlo Masters. **3.00** Madrid Open final.
- 4.00 **WTA Tennis** Madrid Open final. **5.00** The Rouen Open final.
- 6.00 **ATP Tennis** Munich Open final.
- 7.00 **WTA Tennis** The Stuttgart Open final held at Porsche-Arena.
- 8.00 **ATP Tennis** Barcelona Open at Real Club de Tenis Barcelona 1899. **9.00** The Madrid Open final held at Park Manzanares in Spain.
- 10.00 **WTA Tennis** Madrid Open final. **11.00** Stuttgart Open final.
- 12.00 M'T **WTA & ATP Tennis**
- 3.00 AM **US Open Classic Matches**
- 4.00 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

- 6.00 AM **Premier League**
- 7.30 **Men's Cycling Pro Series**
- 8.30 **LIV Golf** Sixth round in Mexico.
- 10.00 **Premier League**
- 11.30 **Men's Cycling** Amstel Gold.
- 12.30 PM **LIVE Men's Cycling Pro Series** Stage one of the Tour of the Alps around Innsbruck, Austria.
- 2.30 **Women's Cycling** Amstel Gold.
- 3.30 **Champions League Magazine**
- 4.00 **LIVE MLB** **Boston Red Sox v Detroit Tigers.** The American League match from Fenway Park. Start-time **4.10pm**.
- 7.00 **LIVE Snooker World Championship** Coverage of the first round on the third day from the Crucible Theatre in Sheffield.
- 10.00 **The Gallagher PREM: Wrap Up**
- 10.15 **Premier League: Big Interview**
- 10.45 **Champions League Magazine**
- 11.15 **The Gruppetto** Cycling news.
- 11.30 **MLB Highlights**
- 12.30 AM **LIVE MLB** **Kansas City Royals v Baltimore Orioles.** The American League match staged at Kauffman Stadium. Start-time **12.40am**.
- 3.30 **MLB Classic** Archive action.
- 4.30 **MLB: School of Rickey**
- 5.30 **to 6.00** AM **MLB Classic**

TNT Sports 2

411 414 522 409 431

- 6.00 AM **The Gallagher PREM**
- 11.00 **The WRC Magazine**
- 11.30 **Champions League Magazine**
- 12.00 NOON **Premier League Stories**
- 12.30 PM **PL: Big Interview**
- 1.00 **MLB Highlights**
- 2.00 **LIVE Marathon** Coverage of the Boston Marathon, as around 30,000 runners compete in the 130th staging of the race. Kenyans John Korir and Sharon Lokedii won the respective men's and women's races last year.
- 5.15 **AIUla** The trail race.
- 5.30 **UEFA Champions League – Stories of the Finals**
- 5.45 **LIVE UEFA Youth League** The final at Stade de la Tuilière in Lausanne, Switzerland, where Benfica or Club Brugge will face either Real Madrid or Paris Saint-Germain. Kick-off **5.45pm**.
- 8.00 **World Superbike Highlights** Round three in the Netherlands.
- 9.00 **Fishing: On the Bank**
- 10.00 **A-League Highlights** Action from the 25th round of fixtures.
- 10.30 **Serie A** Napoli v Lazio. **11.30** Juventus v Bologna.
- 12.30 AM **What I Wore**
- 1.00 **to 6.00** AM **The Gallagher PREM**

Sky Sports Action

412 410 510 426 446

- 6.00 AM **Super League** A chance to see Castleford Tigers v Hull Kingston Rovers from 2025.
- 9.00 **Super League** Another chance to see Warrington Wolves v Catalans Dragons from 2025.
- 12.00 NOON **NFL Highlights** Indianapolis Colts v San Francisco 49ers at Lucas Oil Stadium.
- 1.00 PM **Good Morning Football**
- 3.00 **NFL Highlights** Action from Los Angeles Rams v Detroit Lions.
- 4.00 **Super League Highlights**
- 5.00 **NFL Highlights** Pittsburgh Steelers v Miami Dolphins.
- 6.00 **NBC's Pro-Football Talk**
- 8.00 **NBA Basketball** Memphis Grizzlies v Philadelphia 76ers.
- 10.00 **NBA on Fire** News and highlights.
- 10.30 **NFL Bitesize Highlights** Los Angeles Chargers v Philadelphia Eagles held at SoFi Stadium. **10.45** Action from Seattle Seahawks v Minnesota Vikings.
- 11.00 **Women's Super League**
- 11.15 **Super League Highlights**
- 11.30 **LIVE NBA Basketball** Coverage of a play-off match.
- 3.00 **to 6.00** AM **LIVE NBA Basketball** Coverage of a match in the play-off stage.

Sky Sports Sky Sports+

404 404 504 427 447

- 6.00 AM **Sky Sports News**
- 7.00 **Sky Sports Breakfast**
- 9.00 **Ref Watch** Analysing decisions.
- 10.00 **Sky Sports FC**
- 12.00 NOON **Lunchtime Live**
- 2.00 PM **Sports Desk**
- 5.00 **LIVE Baller League** The six-a-side football league at Copper Box Arena in London. Each match will consist of two halves that are 15 minutes long, and the last three minutes of each half will be played under 'gamechanger rules' such as 'threeplay', which will see the teams reduced to three-a-side.
- 11.00 **Sky Sports News** Round-up of the sports news, with live analysis, comment and interviews.
- 12.00 M'T **EFL Greatest Games** Action from Norwich City v Ipswich Town in March 2015. **12.15** AM Wolverhampton Wanderers v Leeds United in the 2014/15 Championship season. **12.30** Swindon Town v Sheffield United from the 2014/15 season. **12.45** Norwich City v Ipswich Town from the 2014/15 season.
- 1.00 **LIVE NBA Basketball** Coverage of a play-off match.
- 4.00 **to 6.00** AM **EFL Greatest Games**

Sky Sports Mix

416 412 511 429 449

- 6.00 AM **EFL Greatest Games**
- 7.00 **WTA Tennis** Stuttgart Open final. **9.00** The Rouen Open final.
- 11.00 **ATP Tennis** Monte-Carlo Masters.
- 12.00 NOON **IPL** Recent T20 highlights.
- 2.00 PM **PL Greatest Games**
- 3.00 **Men's T20 World Cup** Action from Australia v Sri Lanka.
- 3.30 **The Masters** Action from the final round at Augusta National.
- 5.00 **LIVE Baller League** The six-a-side football league staged at Copper Box Arena in London.
- 11.00 **IPL** Action from Royal Challengers Bengaluru v Sunrisers Hyderabad.
- 12.00 M'T **The Insiders** NFL news.
- 1.00 AM **WTA Tennis** Recent finals.
- 3.00 **EFL Greatest Games**
- 4.00 **to 6.00** AM **T20 World Cup**

TNT Sports 3

413 415 523 410 432

- 6.00 AM **Serie A** Italian football.
- 8.00 **Snooker World Championship**
- 10.00 **LIVE Snooker World Championship** Coverage of the first round on the third day at the Crucible Theatre in Sheffield.
- 1.00 PM **World Superbikes**
- 2.00 **Crouchy and Cole** Curling.
- 2.15 **LIVE Snooker World Championship** Further coverage of the first round on the third day at the Crucible Theatre.
- 5.30 **The Gallagher PREM: Wrap Up**
- 5.45 **Ally's Social Club** Carlo Ancelotti.
- 6.30 **LIVE Snooker World Championship** Continued coverage of the first round on the third day at the Crucible Theatre.
- 10.00 **Men's Cycling Pro Series**
- 11.00 **Longines Champions Tour**
- 12.00 M'T **Roll the Tape**
- 1.00 AM **Snooker World Championship** The third day.
- 3.00 **Men's Cycling Pro Series**
- 4.00 **to 6.00** AM **PL Legends**

TNT Sports 4

414 416 524 411 434

- 6.00 AM **A-League** Melbourne Victory v Newcastle Jets highlights. **7.00** Wellington Phoenix v Western Sydney Wanderers. **8.00** The key moments from Brisbane Roar v Melbourne City. **9.00** Sydney FC v Perth Glory. **10.00** Highlights from Auckland FC v Central Coast Mariners. **11.00** Highlights from Adelaide United v Macarthur Bulls.
- 12.00 NOON **AFL** A replay of Carlton Blues v Collingwood Magpies. **1.30** PM A chance to see Geelong Cats v Western Bulldogs. **3.00** Sydney Swans v GWS Giants. **4.30** A chance to see Gold Coast Suns v Essendon Bombers.
- 6.00 **LIVE Ultimate Pool** Coverage from Group Five of the Pairs Cup.
- 9.30 **LIV Golf** The fourth and final day of the sixth round of the season.
- 11.00 **The FA Youth Cup** Manchester United v Crystal Palace.
- 12.00 M'T **to 6.00** AM **AFL**

Premier Sports 1

419 551

- 6.00 AM **Top 14 Rugby Union** Action from the French top flight.
- 8.00 **NHL Ice Hockey** Recent action.
- 10.00 **Scottish Cup Football** Another chance to see Celtic v St Mirren.
- 12.00 NOON **Football's Greatest**
- 1.00 PM **European Le Mans Series** Highlights from Barcelona.
- 2.00 **NHL Tonight** A look ahead to tonight's play-off fixtures.
- 3.00 **Scottish Cup Football** A replay of Dunfermline Athletic v Falkirk.
- 5.00 **Football's Greatest**
- 5.30 **Top 14 Rugby Union** Action from the French top flight.
- 7.30 **URC in 60** Highlights.
- 8.30 **Scottish Cup Football** Another chance to see Celtic v St Mirren.
- 10.30 **Football's Greatest**
- 11.00 **European Le Mans Series**
- 12.00 M'T **LIVE NHL Ice Hockey** Coverage of a play-off match.
- 3.00 AM **Sporting Countdowns**
- 4.00 **Champions Cup Highlights**
- 5.00 **to 6.00** AM **Sporting Greats**

Premier Sports 2

420 552

- 6.00 AM **Motorsport** Valentino Rossi.
- 6.30 **Brasileiro Serie A** A replay of Vasco da Gama v Sao Paulo.
- 8.30 **Brasileiro Serie A** A chance to see Santos v Fluminense.
- 10.30 **Bike World** Magazine.
- 11.00 **NASCAR O'Reilly Series** Action from Kansas Speedway.
- 2.00 PM **Temples of Sport**
- 2.30 **NHL Ice Hockey** Another chance to see a play-off match.
- 4.30 **United Rugby Championship** A replay of Stormers v Connacht.
- 6.30 **United Rugby Championship** Edinburgh v Zebre Parma replay.
- 8.30 **Temples of Sport** Iconic sporting venues from around the globe.
- 9.00 **NASCAR** Another chance to see the AdventHealth 400.
- 1.00 AM **Bike World** Magazine.
- 1.30 **MotorSport** Taking a look at the career of Valentino Rossi.
- 2.00 **NHL Tonight** The top 50 players.
- 3.00 **to 6.00** AM **LIVE NHL Ice Hockey** A play-off match.

Sky Sports F1

407 407 507 424 444

- 6.00 AM **Formula 1** Highlights.
- 10.00 **Indycar** Grand Prix of Long Beach.
- 12.30 PM **British Kart Championships**
- 1.30 **Formula 1** The Australian Grand Prix qualifying session. **2.30** The Australian Grand Prix.
- 3.30 **Formula 1** Action from the Chinese Grand Prix sprint race. **4.30** Highlights of the Chinese Grand Prix qualifying session. **5.30** The Chinese Grand Prix.
- 6.30 **Formula 1** The Japanese Grand Prix qualifying session. **7.30** The Japanese Grand Prix.
- 8.30 **Ted's Notebook**
- 9.00 **British Kart Championships** The latest round of the season.
- 10.00 **Indyca** Grand Prix of Long Beach.
- 12.30 AM **Ferrari Challenge UK**
- 1.00 **The Best of Australia & China**
- 2.00 **F1 Explained**
- 3.00 **The Best of Australia & China**
- 4.00 **F1 Explained**
- 5.00 **to 6.00** AM **The Best of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Tuesday

21 April

Evening Planner

Factual

Springtime on the Farm
5, 7pm
Rob and Dave Nicholson welcome the cameras to Cannon Hall in Yorkshire where the lambing season is in full swing.

Reality

Interior Design Masters with Alan Carr
BBC1, 8pm
Alan hosts as 10 eager designers get to work on beach huts on the Dorset Coast.

Cookery

MasterChef
BBC1, 9pm
Restaurateur Anna Haugh and food critic Grace Dent are the new judges for the 22nd series. Continues to Thursday.

OnDemand

NETFLIX

Unchosen
Available today
Fra Fee stars in this tense six-parter as a stranger who brings chaos to a strict religious community. With Molly Windsor.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show †	7.30 EastEnders	8.00 Interior Design Masters with Alan Carr		9.00 MasterChef		10.00 News; Local News	
	102 BBC2	7.00 Great British Menu: The Finals		8.00 Britain's Biggest Warship Goes to Sea		9.00 QI XL	9.45 Mastermind: To Think Like...		10.30 Newsnight
	103 ITV1	‹ 6.30 News; Weather	7.30 Celebrity Lingo	8.00 Emmerdale	8.30 Coronation Street	9.00 I'm a Celebrity... South Africa		10.05 The Assembly	
	104 CHANNEL 4	7.00 News		8.00 Our Welsh Chapel Dream		9.00 Suez: 24 Hours That Ended the British...		10.00 Gordon Ramsay's Secret Service	
	105 5	7.00 Springtime on the Farm		8.00 Sam & Ade Go Birding		9.00 Egypt with Dan Snow		10.00 Fare Dodgers: At War with the Law	
	106 SKY ONE	7.00 The Simpsons		8.00 The Dyers' Caravan Park		9.00 Film: Fight or Flight			
ENTERTAINMENT	115 BBC3	7.05 Deadly 60		8.00 Race Across the World		9.00 Better Date than Never		10.05 Stacey Dooley: Growing Up Gypsy	
	116 BBC4	7.00 Snooker: World Championship – Live: The evening session on day four						10.00 Speechless: Storyville	
	118 ITV2	‹ 6.45 I'm a Celebrity South Africa		8.00 The 1% Club		9.00 The Real Housewives of Cheshire		10.00 Family Guy	
	136 MORE4	‹ 6.50 Location, Location, Location		7.55 Kirstie and Phil's Love It or List It		9.00 Bill Bailey's Australian Adventure		10.00 Bill Bailey: Limboland	
	135 E4	7.00 Hollyoaks	7.30 Married at First Sight Australia			9.00 Gogglebox			
	107 SKY WITNESS	7.00 Police 24/7		8.00 Caught on Dashcam		9.00 The Rookie		10.00 Law & Order: Special Victims Unit	
	108 SKY ATLANTIC	‹ 6.35 The Last of Us				9.00 Chernobyl		10.15 Ligas	
	110 U&GOLD		7.15 Dad's Army: The Lost Episodes	8.00 Open All Hours			9.20 Not Going Out		10.35 Open All...
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 Have I Got 2021 News for You		10.00 Frankie Boyle's New...	10.40 QI XL
	119 ITV3	‹ 6.55 Heartbeat		8.00 Vera				10.00 DCI Banks	
	120 ITV4	7.00 Underwater Grand Fishing Adventure		8.00 World Superbike Highlights		9.00 Film: Rocky IV			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Austin Powers in Goldmember			
	145 SKY SCI-FI	7.00 Star Trek: Deep Space Nine		8.00 Stargate SG-1		9.00 From			
	143 U&DRAMA	‹ 6.40 Last of the Summer Wine		8.00 PD James: The Murder Room				10.00 New Tricks	
	109 U&ALIBI	7.00 Father Brown		8.00 Death in Paradise		9.00 Miss Scarlet		10.00 Death in Paradise	
	122 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Stories from the National Portrait Gallery		9.00 Spymasters: The Great Spy Writers		10.00 Douglas Adams: The Man Who...	
	132 U&W	7.00 DIY SOS: The Big Build		8.00 999 Rescue Squad		9.00 Body on the Beach: What Happened to Annie?			
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers				9.00 Gold Rush		10.00 Gold Rush: Mine Rescue with Freddy...	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 The Pool Master		9.00 Alaska: The Last Frontier		10.00 Edge of Alaska	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Hitler Youth				10.00 Killing Hitler	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Weird Britain		9.00 Britain's Murder Map with Vicky...		10.00 History's Greatest Mysteries	
	155 U&YESTERDAY	7.00 Planet Earth		8.00 Bangers & Cash				10.00 Bangers & Cash: Restoring Classics	
	114 SKY DOCS	7.00 Dart Kings		8.00 Six Silent Killings: Ireland's Vanishing Triangle				10.00 Outcry	
FILMS – Sky Cinema	301 PREMIERE	‹ 6.00 A Big Bold Beautiful Journey		8.00 Regretting You				10.05 Weapons	
	302 5 STAR MOVIES	‹ 6.05 Edge of Tomorrow		8.00 Furiosa: A Mad Max Saga					10.30 Jericho Ridge
	303 BIOPICS	‹ 6.00 Dunkirk		8.00 Saturday Night			9.50 The Glorias		
	307 GREATS	‹ 6.30 The Naked Gun		8.00 The Naked Gun 2½: The Smell of Fear			9.30 The Naked Gun 33⅓: The Final Insult		
	312 ANIMATION		7.20 Open Season 2		8.40 Fireheart			10.15 Extinct	
	304 FAMILY	‹ 6.00 Harold and the...	7.35 The Hobbit: The Desolation of Smaug						10.20 The Hobbit: The Battle...
	306 ACTION	‹ 6.00 Indiana Jones and the Temple of Doom		8.00 Justice League				10.05 Twister	
	308 COMEDY	‹ 5.40 Love Actually		8.00 The Hangover			9.45 The Hangover Part II		
	309 THRILLER	‹ 5.40 The Hunt for Red October		8.00 Black Bag			9.45 The Bikeriders		
	310 DRAMA	‹ 6.00 The Friend		8.00 Lost in Translation			9.45 Coach Carter		
	311 SCI-FI	‹ 6.20 Arcadian		8.00 Get Out				9.55 The Radleys	
	313 FILM4		7.10 Daddy's Home			9.00 Kingsman: The Secret Service			
SPORT	401 MAIN EVENT	‹ 10.00 Tennis – Live	7.30 Premier League – Live: Brighton & Hove Albion v Chelsea (Kick-off 8.00)						
	402 PREMIER LEAGUE	7.00 Netbusters	7.30 Premier League – Live: Brighton & Hove Albion v Chelsea (Kick-off 8.00)						
	403 FOOTBALL	7.00 EFL Highlights	7.30 EFL – Live: Coverage of a Championship match (Kick-off 7.45)						10.30 EFL Trophy...
	405 CRICKET	7.00 Best of ICC WT20		8.00 IPL					
	410 TNT SPORTS 1	‹ 6.30 Snooker World Championship – Live: Further coverage of the first round on the fourth day of the tournament						10.00 MLB Highlights	
	411 TNT SPORTS 2	7.00 The Cycling Show	7.30 Race Bikes	8.00 LIV Golf		9.00 UEFA...	9.30 The Muddy...	10.00 PL Reload	10.30 The Gallagher...

‹ Denotes programmes starting before 7.00pm † Regions vary

TUESDAY

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Tuesday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Expert Witness** (S)(R)(AD)
11.15 **Homes Under the Hammer** New edition County Durham. (S)
12.15 PM **Bargain Hunt** (S)(R)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Shift the Thrift** New edition A search for bargains in Midsomer Norton, Somerset. (S)(AD)
2.30 **Designing the Hebrides** (S)(R)(AD)
3.00 **Escape to the Country** New edition From Somerset. (S)
3.45 **Make It at Market** (S)(R)
4.30 **The Finish Line** Quiz show. (S)(R)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)
6.55 **Party Election Broadcast** (S)

5.15 Pointless

7 PM

7.00 **The One Show** Alex Jones and Roman Kemp present the topical show. (S)
7.30 **EastEnders** Ravi is determined to keep his family together, Mark tries to help Lauren, while Elaine and Ian attend a gala. (S)(AD)

8 PM

8.00 **NEW SERIES Interior Design Masters with Alan Carr** 1/8. Alan welcomes a new group of wannabe designers, who begin by transforming wooden beach huts in Dorset into stylish spaces that show each of their signature styles. (S)(AD)

9 PM

9.00 **NEW SERIES MasterChef** 1/21. Restaurant critic Grace Dent and chef Anna Haugh take the reins as the cookery competition returns, beginning with six amateur cooks looking to win a coveted apron. (S)(AD) ■ Continues tomorrow

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **FILM Four Weddings and a Funeral** Romantic comedy starring Hugh Grant and Andie MacDowell. An inveterate wedding-goer who fights shy of tying the knot himself becomes smitten with a beautiful and elusive American. (S)(AD) (1994, 15, 110min) ★★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.30 AM **The Repair Shop** The team revive a powered wheelchair for playing football, handcrafted jewellery, a bagatelle board and a speedway flag that tells a Glaswegian love story. (S)(R)(AD)
1.30 **Weather for the Week Ahead** (S)
1.35 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.30 AM **I Made It at Market** (S)(R)
7.15 **Bargain Hunt** (S)(R)
8.00 **Sign Zone: Farm 999** (S)(R)
8.30 **Sign Zone: Lost and Found in the Lakes** A lost ring. (S)(R)(AD)
9.00 **BBC News** (S)
10.00 **LIVE Snooker: World Championship** The morning session on day four at the Crucible Theatre. *Continues at 2.15pm.* (S)
12.45 PM **Talking Snooker** (S)(R)
1.30 **Politics Live** (S)
2.15 **LIVE Snooker: World Championship** The afternoon session on day four from Sheffield. *Continues at 7.00pm on BBC4.* (S)
6.00 **Richard Osman's House of Games** Quiz show. (S)(R)
6.30 **Great Japanese Railway Journeys** New edition A ferry trip to the Amakusa archipelago. (S)(AD)

9.45 Mastermind: To Think Like...

7.00 **Great British Menu: The Finals** New edition The eight finalists compete to win the fish course, with Will Poulter, who studied chef skills for his role in *The Bear*, as the guest judge. (S)(AD) ■ Continues tomorrow

8.00 **Britain's Biggest Warship Goes to Sea** 3/3. With just a few weeks to go before HMS *Queen Elizabeth* arrives in New York harbour in spectacular style, the F35 jets try a method of landing never attempted before. (S)(R)(AD)

9.00 **QI XL** *Vulgar:* Neil Delamere, Chris McCausland and Cariad Lloyd join regular panellist Alan Davies and host Sandi Toksvig. (S)(R)
9.45 **Mastermind: To Think Like a Killer** New edition 2/3. This edition reveals how Dr Ann Burgess balanced her research work into serial murderers with life as a mother of four. (S)(AD)
10.25 **Mortimer & Whitehouse: Gone Fishing** Lough Corrib in Ireland. (S)(R)
10.30 **Newsnight** (S)
11.00 **Mastermind: To Think Like a Killer** Series finale 3/3. The publication of Ann's groundbreaking study. (S)(AD)
11.45 **Extraordinary Portraits with Bill Bailey** (S)(R)(AD)
12.15 AM **Snooker: World Championship Extra** (S)
2.15 **Sign Zone: The Young Offenders**
2.45 **Sign Zone: Twenty Twenty Six** (R)
3.15 **Sign Zone: The Apprentice** (S)(R)
4.15 **Sign Zone: The Apprentice: Unfinished Business** (S)(R)(AD)
4.45 **to 6.15** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** (S)
10.00 **This Morning** (S)
12.30 PM **ITV News** (S)
12.55 **Local News** (S)
1.00 **Celebrity Catchphrase** Stephen Mulhern hosts the game show, with Tony Audenshaw, Tamzin Outhwaite and Phil Tufnell taking part for charity. (S)(R)(AD)
2.00 **Dickinson's Real Deal** David Dickinson and his team help people in Hartlepool. (S)(R)
3.00 **Lingo** Word-based quiz show hosted by Adil Ray. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.25 **Party Election Broadcast** (S)
6.30 **ITV News** (S)

10.05 The Assembly

7.30 **Celebrity Lingo** New edition Adil Ray hosts as tennis coach Judy Murray and sports presenter Mark Pougatch take on *Morning Live* hosts Helen Skelton and Rav Wilding in a bid to win money for their chosen charities. (S)

8.00 **Emmerdale** Charity, Mack and Ross get trapped inside a lift. (S)(AD)
8.30 **Coronation Street** Ronnie discovers that Carl is trying to blackmail Debbie into signing over the hotel. (S)(AD)

9.00 **I'm a Celebrity... South Africa** New edition 12/16. The camp reaches breaking point when two of the famous faces snap during a trial, and it remains to be seen who will stay in the running and who will leave the show. (S)(AD) ■ Continues tomorrow

10.05 **The Assembly** New edition Actor Anna Maxwell Martin faces autistic, neurodivergent and learning-disabled interviewers. (S) ■ Continues tomorrow
10.30 **ITV News** (S)
11.00 **Local News** (S)
11.15 **The Murder Line** New episode 5/6. Erica's team make a grim discovery and the investigation uncovers a long-buried secret, while Tommy makes a bold move to reshape his business alliances. (S1) (S)
12.15 AM **Teleshopping**
3.00 **I'm a Celebrity... South Africa** As 9.00pm. (S)(SL)(R)(AD)
3.50 **The Murder Line** (S1) (S)(SL)(R)
4.45 **to 6.00** AM **Unwind with ITV** (S)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.25 AM **Cheers** 11-13/25. (S3) (S)(R)
7.50 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 15-18/24. (S10) (S)(R)(AD)
11.10 **Ramsay's Kitchen Nightmares USA** New Jersey. (S)(R)
12.05 PM **News** (S)
12.10 **Find It, Fix It, Flog It** (S)(R)(AD)
1.10 **Matt Baker: Travels with Mum & Dad** 5/6. From Northumberland's Ford and Etal estates. (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **A New Life in the Sun: Where Are They Now?** (S)(R)
5.00 **Chateau DIY** New edition Roger and Louisa desperately need a new en-suite. (S)(AD)
6.00 **Sun, Sea and Selling Houses** New edition Sophie and Damon Rodriguez help retirees Jill and Dene find a place in Alicante. (S)

8.00 Our Welsh Chapel Dream

7.00 **News** (S)

8.00 **Our Welsh Chapel Dream** New edition The last space to be completed in Keith and Marj's living quarters is the entrance lobby. Marj refurbishes an old metal locker, while Keith mounts antlers to provide a touch of baronial flair. (S)(AD)

9.00 **Suez: 24 Hours That Ended the British Empire** New edition 2/2. The inside story of 6 November 1956 – the final day of the Suez Crisis – told through the eyes of historians and those at the heart of government. (S)(AD)

10.00 **Gordon Ramsay's Secret Service** New edition The no-nonsense chef investigates a problematic soul food cafe in Phoenix, Arizona, that is run by a 101-year-old woman. (S)(AD) ■ Continues tomorrow
11.00 **24 Hours in Police Custody: The Cold Case Murder** (S)(R)(AD)
1.00 AM **Emergency Helicopter Medics** Documentary. (S)(R)(AD)
1.55 **Ramsay's Kitchen Nightmares USA** New York. (S)(SL)(R)
2.45 **Big Mood** 1&2/6. (S2) (S)(R)(AD)
3.40 **Couples Come Dine with Me** (R)
4.35 **George Clarke's Old House, New Home** (S)(SL)(R)(AD)
5.30 **Sunday Brunch** (S)(R)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 | 105 | 5 | 105 | 105 | 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.45 PM **News** (S)
12.50 **Matt Allwright** (S)
2.00 **Vanessa** Topical discussion. (S)
3.00 **Castle** *Hedge Fund Homeboys:* 3/10. An 18-year-old drug dealer is found dead. (S)(R)
3.55 **Castle** *Hell Hath No Fury:* 4/10. A councillor running for re-election is killed. (S1) (S)(R)
4.50 **Love Nature** (S)(R)
5.00 **News** (S)
6.00 **Love Nature** New edition The work of a field officer for Whale and Dolphin Conservation. (S)
6.05 **Susan Calman's Grand Day Out** An adventure at Bo'ness and Kinneil Railway. (S)(R)
6.55 **News** (S)

8.00 Sam & Ade Go Birding

7.00 NEW SERIES **Springtime on the Farm** 1/4. Helen Skelton heads to Cannon Hall Farm, where lambing is in full swing. (S)
■ Continues tomorrow
7.55 **News** (S)

8.00 **Sam & Ade Go Birding** New edition 2/3. Sam West takes Adrian Edmondson to the vast Holkham Estate in Norfolk, where they witness thousands of pink-footed geese rising from their roost and filling the sky. (S)

9.00 **Egypt with Dan Snow** New edition 2/3. Dan travels to the city of Aswan on board a Nile cruiser, and explores an ancient site that nearly ended up under water – Philae Temple. (S)(AD)
■ Concludes tomorrow

10.00 **Fare Dodgers: At War with the Law** Transport for London investigators Rich and Greg are on the trail of a man they believe has run up more than £1,500 in unpaid fares in east London. (S)(R)

11.05 **Call the Bailiffs: Time to Pay Up** Documentary. (S)(R)
12.05 AM **Police Code Zero: Officer Under Attack** (S)(R)
1.00 **Teleshopping** (S)(R)
2.00 **Cash in the Attic** (S)(R)(AD)
3.35 **Friends** (S4) (S)(R)(AD)
4.25 **Entertainment News** (S)
4.35 **Paul Martin's Antiques Showdown** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 | 305 | 38 | 128 | 253

SKY ONE

106 106 | 109 | 346 | 361

6.00 AM **Mornings**
7.00 **Mornings with Ridge and Frost**
8.00 **Stargate SG-1** (S2) (S)(R)
9.00 **NCIS: Los Angeles** (S14) (S)(R)
10.00 **Will & Grace** (S4) (S)(R)(AD)
11.00 **The Simpsons** (S)(R)
12.00 NOON **Predators** (S)(R)(AD)
1.00 PM **Hawaii Five-0** (S2) (S)(R)
2.00 **NCIS: Los Angeles** (S14) (S)(R)
3.00 **S.W.A.T.** 17/23. (S2) (S)(R)(AD)
4.00 **Police 24/7** (S)(R)
5.00 **The Simpsons** (S)(R)
6.00 **The Office (US)** 26/26. Sabre CEO Jo Bennett hunts for the employee who went to the press about the company's dangerous printers. (S6) (S)(R)
6.30 1/26. Michael infuriates the staff members by hiring his apathetic nephew Luke as an assistant. (S7) (S)(R)

9.00 Fight or Flight

7.00 **The Simpsons** *Thirty Minutes Over Tokyo:* The family get stranded in Japan and are forced to take part in a game show. (S)(R)
7.30 *MoneyBart:* Lisa coaches Bart's Little League baseball team. (S)(R)

8.00 **The Dyers' Caravan Park** 1/6. Actor Danny Dyer and his daughter Dani try their hands at investing in and running a holiday caravan park in Leysdown, Kent, but face scepticism from staff and residents. (S)(R)(AD)

9.00 FILM **Fight or Flight** Action thriller starring Josh Hartnett. A mercenary is assigned a target on a flight – but when rival assassins board the plane, the hunter and the hunted team up. With Katee Sackhoff, Julian Kostov and Marko Zaror. (2025, 15, 98min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

11.00 **The 'Burbs** 4/8. The annual block party brings big fun and bigger revelations, and Samira suspects that Rob is hiding something sinister. (S1) (S)(R)
12.00 M'T **Grimm** 19/22. Nick investigates a series of attacks on cattle. (S2) (S)(R)
1.00 AM **Police 24/7** (S)(R)
2.00 **The Force: North East** (S)(R)
3.00 **Hawaii Five-0** 15/23. (S2) (S)(R)
4.00 **S.W.A.T.** 17/23. (S2) (S)(R)(AD)
5.00 **to 6.00** AM **Highway Patrol** (R)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
6.55pm Party Election Broadcast (S) **7.00-7.30** River City (S)(R)(AD) **12.30am** Scotcast (S)(R) **1.00** The Repair Shop (S) **2.00** Weather for the Week Ahead (S) **2.05-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
No variations

WALES
Sky 965, Virgin 864, Freesat 965
6.55-7.00pm Party Election Broadcast (S)

BBC2

N. IRELAND
Sky 969, Freesat 969
No variations

WALES
Sky 968, Freesat 968
No variations

ITV1

As main ITV1 except:

WALES
11.15pm-12.15am Sharp End (S)

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Sgwrs Dan y Lloer **12.30** Heno **1.00** Byd o Liw: Arlunwyr **1.30** Ffermio **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Mike Bubbins: Un Mewn Miliwn (AD) **4.00** Awr Fawr **5.00** Stwnsh **6.00** Ffasiwn Drefn (AD) **6.30** Sgorio **6.59** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm (AD) **8.25** Rownd a Rownd (AD) **8.55** Newyddion a'r Tywydd **9.00** Y Wal New edition (AD) **10.00** Nol o'r Dibyn gyda Iolo Williams **10.30-11.35pm** Nôl i'r Gwersyll

TV&Satellite week
New issue on sale today

BBC3

115/117/121 118 | 107/113 | 23 | 107 | 107 | 10

7.00 PM **The Catch Up**
7.05 **Deadly 60** Naturalist Steve Backshall heads to Gabon. **7.30** Steve heads to Bali to find giant ocean sunfish.
8.00 **Race Across the World** 3/9. The teams bid farewell to Europe and head into Asia, racing to the remote town of Halfeti in south-east Turkey.
9.00 NEW SERIES **Better Date than Never** 1/6. A group of people take their first steps into the dating scene. **9.30** New edition 2/6. Dianne is ready to find love as her authentic self.
10.05 **Stacey Dooley: Growing Up Gypsy** The balancing act young women face within a maligned ethnic minority.
10.50 **Stacey Dooley: Meet the Shoplifters** The host looks at the apparent shoplifting epidemic.
11.35 FILM **The Royal Hotel** Thriller starring Julia Garner and Jessica Henwick. (2023, 18, 91min) ★★★
1.00 **to 4.00** AM **Ashley Cain: Into the Danger Zone**

BBC4

116 119 | 107/108 | 9/24 | 106 | 108 | 11

7.00 PM LIVE **Snooker: World Championship** Seema Jaswal presents coverage of the evening session on day four from the Crucible Theatre in Sheffield, featuring the conclusion of Shaun Murphy and Judd Trump's respective first-round matches against qualifiers.
10.00 **Storyville: Speechless** Series finale *The Pendulum Swings:* 2/2. Delving into the heart of the culture wars and freedom of speech conversations that have exploded on US campuses over the last ten years.
11.30 **Britain's Nuclear Secrets: Inside Sellafield** Exploring the history of the nuclear facility in Cumbria.
12.30 AM **Horizon: Volcanoes of the Solar System**
1.30 **Timewatch: The Houdini Myth** A profile of the 20th-century escapologist.
2.20 **to 3.20** AM **Britain's Nuclear Secrets: Inside Sellafield**

MORE4

136/137 127 | 147 | 18 | 124 | 15

8.55 AM **Find It, Fix It, Flog It**
10.55 **Four in a Bed**
1.35 PM **Come Dine with Me**
4.15 **Four in a Bed** The first visit is to Old Stables, Somerset. **4.50** The second visit of the week is to Rigsby's Guest House in Hertfordshire. **5.20** The week's third visit is to The Fairway in Blackpool. **5.50** The final visit is to the converted Dent Station in the Yorkshire Dales. **6.20** The rivals discover how much they have been paid.
6.50 **Location, Location, Location** Kirstie Allsopp and Phil Spencer help house-hunters in Edinburgh.
7.55 **Kirstie and Phil's Love It or List It** Kirstie Allsopp and Phil Spencer come to the aid of a couple in the Edinburgh suburb of Portobello.
9.00 **Bill Bailey's Australian Adventure** 1/4. The comedian makes a journey across Western Australia.
10.00 **Bill Bailey: Limboland** Stand-up show in which the comedian muses on people's expectations of happiness.
11.05 **24 Hours in A&E**
1.15 AM **Emergency Helicopter Medics**
2.15 **24 Hours in A&E**
3.20 **to 3.50** AM **Supermarkets Unwrapped: The Snacks Aisle**

E4

135/136 126 | 106 | 13 | 122 | 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen...**
8.00 **The Goldbergs**
9.00 **Modern Family**
10.00 **Married at First Sight Australia** Reality series.
11.50 **First Dates**
12.55 PM **Ramsay's Kitchen Nightmares USA**
1.50 **The Simpsons**
2.50 **Rude(ish) Tube Shorts**
3.10 **Married at First Sight Australia** Reality series.
5.00 **America's Next Top Model: All-Stars** With guest judge Kathy Griffin.
6.00 **The Simpsons** Double bill.
7.00 **Hollyoaks** Cleo is ready to let off some steam.
7.30 **Married at First Sight Australia** New edition The bad blood over Bec's leaked texts is still bubbling.
9.00 **Gogglebox**. Opinions on *In With a Shout* and *Gordon Ramsay's Future Food Stars.*
10.00 **Gogglebox** Appraisals of *Big Beasts* and *Obsession*.
11.05 **First Dates**
12.10 AM **Naked Attraction**
1.15 **Married at First Sight Australia** As 7.30pm.
2.40 **Gogglebox**
3.35 **Modern Family**
4.00 **The Goldbergs**
4.50 **to 6.00** AM **Don't Tell the Bride**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Tuesday

primetime

TUESDAY Entertainment

Tuesday

Sky Witness

107 107 110 341 356

6.00 AM **Bondi Rescue**
7.00 **Border Patrol**
8.00 **Stop, Search, Seize**
9.00 **Brit Cops: Frontline Crime UK**
10.00 **A1: Britain's Longest Road**
11.00 **FBI** 1&2/19. (S2)
1.00 PM **The Rookie** 14/22. Nolan and Bailey hunt for a gunman. **2.00** 15/22. With help from the FBI, Lopez puts everything on the line to help Elijah. (S5)
3.00 **Law & Order: Criminal Intent** 11/23. Goren tracks a paranoid chess master. (S4)
4.00 **Nothing to Declare**

9.00 The Rookie

7 PM
7.00 Police 24/7 A traffic stop leads to a drug arrest, with the suspect hiding drugs in an unusual place.

8 PM
8.00 Caught on Dashcam Road disasters captured on video by drivers' dashboard cameras.

9 PM
9.00 The Rookie New episode *His Name Was Martin:* 10/18. Nolan, Harper and Miles face a dangerous situation. (S8)

10 PM
10.00 Law & Order: Special Victims Unit *Divide and Conquer:* 3/22. A couple's party ends with a home invasion and assault. (S26)
11.00 **The Rookie** 8/20. (S1)
12.00 M'T **FBI** 15&16/22. (S1)
2.00 AM **Doc** New episode 12/22. Charlie fights for his life. (S2)
3.00 **Matlock** 2/16. (S2)
4.00 **Highway Patrol**
5.00 **to 6.00** AM **Brit Cops: Law & Disorder**

+1 hour 207 310

Sky Atlantic

108/109 108/109 111 342 357

6.00 AM **Fish Town**
8.00 **Homicide: Life on the Street**
10.00 **Deadwood** 8&9/12. (S2)
12.00 NOON **Billions** 9&10/12. (S2)
2.05 PM **My Brilliant Friend** (S2)
3.15 **Hacks** 3/10. Pressure mounts to craft a perfect first episode. **3.50** 4/10. Ava makes a connection at a sex shop. (S4)
4.30 **Billions** 9/12. Lara plans a lavish birthday celebration and Chuck faces pressure. **5.35** 10/12. Axe deals with a family disturbance involving Lara, and Chuck is vetted. (S2)

10.15 Ligas

7 PM
6.35 The Last of Us *Long, Long Time:* 3/9. When a stranger approaches his compound, Bill forges an unlikely connection.

8 PM
8.00 The Last of Us *Please Hold to My Hand:* 4/9. Joel and Ellie draw the attention of a vindictive rebel leader. (S1)

9 PM
9.00 Chernobyl *Please Remain Calm:* 2/5. Ulana warns a Soviet nuclear physicist about the threat of a second explosion. (S1)

10 PM
10.15 Ligas New episode 5/6. Lorenzo defends a woman who is accused of putting her partner into a coma. Subtitled. (S1)
11.30 **The Last of Us** 3&4/9. (S1)
2.00 AM **Homicide: Life on the Street** 7/20. Kay investigates a murder in her home town. **3.05** 8/20. Munch looks into the death of a man dressed in a Santa Claus suit. (S3)
5.05 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **Highlights**
7.40 **Buying the View**
8.05 **Georgia and Tommy**
9.05 **The Only Way Is Essex**
10.05 **Real Housewives of Atlanta**
11.05 **Real Housewives of New...**
12.00 NOON **Limitless Win**
1.00 PM **I'm a Celebrity... South...**
2.20 **Catchphrase** Game show.
3.05 **The Only Way Is Essex**
4.00 **Real Housewives of Atlanta**
4.55 **Real Housewives of New Jersey** Reality series.
5.50 **Celebrity Catchphrase**

9.00 Real Housewives of Cheshire

7 PM
6.45 I'm a Celebrity... South Africa Ant and Dec host as two of the campmates take on the dreaded Snakes & Ladders trial.

8 PM
8.00 The 1% Club Quiz show hosted by Lee Mack in which the questions are all based around logic and common sense.

9 PM
9.00 NEW SERIES The Real Housewives of Cheshire Paige's life is turned upside down, and Seema tries to hide a secret.

10 PM
10.00 Family Guy 16/20. Peter tries to take advantage of a work bereavement policy. **10.30** 17/20. Stewie and Brian try to sell saltwater taffy door to door. (S21)
11.05 **Family Guy** 11/20. Stories of the guys' first loves. (S21)
11.35 **American Dad!** (S12)
12.35 AM **Bob's Burgers** (S12)
1.35 **Piglets** 6/6. (S1)
2.00 **Plebs** 1/8. (S4)
2.25 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Never the Twain**
6.35 **On the Buses**
7.05 **Classic Emmerdale**
8.05 **Classic Coronation Street**
9.10 **Lewis** *The Mind Has Mountains.*
11.15 **Heartbeat** Double bill.
1.25 PM **Midsomer Murders** *The Animal Within:* A mischievous trickster is murdered.
3.30 **Classic Emmerdale**
4.40 **Classic Coronation Street**
5.50 **Heartbeat** *Assault and Battery:* A case of vandalism at a battery egg farm proves to be far more complicated.

8.00 Vera

7 PM
6.55 Heartbeat *Lost and Found:* An open-and-shut inquiry prompted by a lost suitcase reveals a long-running family feud.

8 PM
8.00 Vera *The Way the Wind Blows:* The body of a young woman is washed up on the banks of the Tyne and DCI Stanhope uncovers a web of intrigue, betrayal and lost promises as she investigates.

10 PM
10.00 DCI Banks *Aftermath:* 1/2. DCI Alan Banks investigates the most difficult case of his life when five girls go missing.
11.00 **DCI Banks** *Aftermath:* 2/2. The death of a serial killer makes the task of finding his accomplice harder and holds up the search for Leanne Wray.
11.50 **Lewis** *The Mind Has Mountains.*
1.45 AM **On the Buses**
2.10 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **Magnum, PI**
7.05 **Kojak**
8.10 **The Saint**
9.15 **Boon**
10.25 **The Sweeney**
11.30 **BattleBots**
12.30 PM **Magnum, PI**
1.35 **Kojak**
2.40 **The Saint**
3.45 **Boon**
4.50 **The Sweeney**
5.55 **Minder** *The Last Video Show:* An incriminating tape is delivered to Daley Videos.

9.00 Rocky IV

7 PM
7.00 Underwater Grand Fishing Adventure The clock is ticking for the lads to complete their mission of catching a koi each.

8 PM
8.00 World Superbike Highlights Action from the third round of the season, held at TT Circuit Assen in the Netherlands.

9 PM
9.00 FILM Rocky IV Drama sequel starring Sylvester Stallone and Dolph Lundgren. Rocky returns to the ring to avenge the death of Apollo Creed. (1985, PG, 91 min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM
10.55 Auf Wiedersehen, Pet *The Return of the Seven – Part Two:* 2/13. Oz uses his head to get Dennis out of trouble. (S2)
11.55 **Auf Wiedersehen, Pet**
12.55 AM **The Sweeney**
1.55 **Minder**
2.50 **Unwind with ITV**
3.30 **to 4.00** AM **Auto Mundial**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **LIVE Sportscene: Championship Football** Dunfermline Athletic v St Johnstone: Coverage of the second-tier clash at KDM Group East End Park. Kick-off is at 7.45.
10.00 **Limbs in the Loch: Catching a Killer** 1/6. Documentary following a murder investigation by Strathclyde police after the discovery of human limbs in Loch Lomond and a severed head on Barassie Beach. **10.30** 2/6. A search is launched after the disappearance of prime suspect William Beggs.
11.00 **Scotcast** Topical debate.
11.30 PM **to 12.00** M'T **Jules and Greg's Wild Swim** 3/6. Julie Wilson Nimmo and Greg Hemphill explore the River Tay.

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace** (S7)
9.00 **I Love LA** 3&4/8. (S1)
10.15 **Based on a True Story**
11.30 **Bloods** 3&4/10. (S2)
12.30 PM **Will & Grace** (S9)
1.30 **I Love LA** 3&4/8. (S1)
2.45 **Based on a True Story**
4.00 **Breeders** 9&10/10. (S3)
5.00 **Bloods** 5&6/10. (S2)
6.00 **Will & Grace** (S9)
7.00 **The Office (US)** 23/26. Michael misunderstands Donna's body language. **7.30** 24/26. Michael thinks that Donna is cheating. (S6)
8.00 **Community** 1/13. Jeff helps a fellow lawyer. **8.30** 2/13. Jeff faces his first day as a teacher. (S5)
9.00 **FILM Seven Psychopaths** Dark comedy thriller. (2012, 15, 106min) ★★★★
11.05 **Breeders** 9&10/10. (S3)
12.05 AM **Bloods** 5&6/10. (S2)
1.05 **Community** (S5)
2.05 **I Love LA** 3&4/8. (S1)
3.30 **to 5.00** AM **Sort Of**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **Highlights**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **Discovering**
12.00 NOON **André Rieu: Welcome to My World**
1.00 PM **Tales of the...**
2.00 **Bill Bailey's Master Crafters**
3.00 **Classic Albums**
4.00 **Discovering**
5.00 **Portrait Artist 2013**
5.30 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Stories from National Portrait Gallery**
9.00 **Spymasters: Great Spy Writers** Series finale
10.00 **Douglas Adams: The Man Who Imagined Our Future** A profile.
11.30 **FILM Sign o' The Times** Rock concert movie. (1987, 15, 85min) ★★★★
1.00 AM **Discovering: Queen**
2.00 **NEW SERIES Making a Maestro** Documentary.
3.00 **to 6.00** AM **Highlights**

Sky Mix

151 158 156 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: Canada's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: America's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Deep Space Nine** 1/26. (S3)
5.00 **Stargate SG-1** (S5)
6.00 **Stargate Atlantis** (S1)
7.00 **Star Trek: The Next Generation** 3/22. (S2)
8.00 **Nothing to Declare**
9.00 **Chernobyl** *Please Remain Calm:* 2/5. (S1)
10.15 **Fire Country** *My Kinda Leader:* 16/22. (S1)
11.15 **Star Trek: Enterprise**
12.20 AM **Warehouse 13** (S1)
1.25 **The Force: North East**
2.30 **Brit Cops: Law & Disorder** Documentary.
3.30 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Triple bill.
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** A team of five friends compete.
3.00 **Who Wants to Be a Millionaire? Celebrity Special** Guests Laura Kenny and Krishnan Guru-Murthy compete.
4.00 **Riddiculous** Quiz show hosted by Ranvir Singh.
5.00 **Deal or No Deal** Lee tries to open the 22 red boxes in the right order.
6.00 **Lingo** Triple bill of the word-based quiz show hosted by Adil Ray.
9.00 **Alan Carr's Epic Gameshow: Celebrity Special** Shane Richie, Gabby Logan, Vick Hope and Richard Blackwood play *Name That Tune.*
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.55 AM **Tenable** A team of five friends compete.
1.50 **to 2.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **George Clarke's Old House, New Home**
10.00 **Matt Baker: Travels with Mum & Dad**
11.00 **A New Life in the Sun: Where Are They Now?**
12.00 NOON **Jasmine Harman's Renovation in the Sun**
1.00 PM **A Place in the Sun**
3.00 **Chateau DIY**
4.00 **Kirstie and Phil's Love It or List It: Brilliant Builds**
4.30 **Come Dine with Me**
7.00 **The Dog House**
8.00 **World's Most Secret Hotels** Hidden hotels in Bolivia, Northern Ireland, Wales and Norway.
9.00 **24 Hours in A&E**
10.00 **Emergency Helicopter Medics** A dialysis patient desperately needs fluids.
11.05 **Celebrity Gogglebox**
12.05 AM **Gogglebox**
1.05 **Open House: The Great Sex Experiment**
2.10 **Naked Attraction**
3.10 **Taskmaster**
4.10 **to 5.00** AM **First Dates**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 18/26. (S7)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: Deep Space Nine** 19/26. (S7)
2.00 **Warehouse 13** 10&11/20. (S4)
4.00 **Stargate SG-1** 15/22. (S4)
5.00 **Star Trek: Voyager** 21/26. Kes gets trapped in time. (S3)
6.00 **Star Trek: The Next Generation** 18/26. Troi begins to develop feelings for Worf during an investigation. (S7)

11.00 Grimm

7.00 **Star Trek: Deep Space Nine** *Strange Bedfellows:* 19/26. Worf and Dax stare death in the face on Cardassia. (S7)
8.00 **Stargate SG-1** *Chain Reaction:* 15/22. General Hammond announces that he is stepping down from his post. (S4)
9.00 **From** *Choosing Day:* 3/10. Jade comes to terms with his situation, and Boyd is faced with an impossible decision.
10.00 **From** *A Rock and a Farway:* 4/10. Julie finds comfort in her friends, while Jim and Tabitha deal with their marriage. (S1)
11.00 **Grimm** 16/22. Nick and Hank track a mysterious Wesen killer who marks his victims using an online game. (S2)
12.00 M'T **The Walking Dead** 1/16. Post-apocalyptic drama. (S3)
1.00 AM **Warehouse 13** (S4)
3.00 **The Walking Dead** (S3)
4.00 **From** 2/10. (S1)
5.00 **to 6.00** AM **The Swarm**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S17)
9.00 **Father Brown** As 7.00pm.
10.00 **The Mentalist** 9/23. (S2)
11.00 **Hudson & Rex** As 5.00pm.
12.00 NOON **My Life Is Murder** (S3)
1.00 PM **Death in Paradise** (S13)
2.00 **Murdoch Mysteries** (S17)
4.00 **The Mentalist** 9/23. (S2)
5.00 **Hudson & Rex** 5/16. Charlie and Rex investigate a fantasy role-playing game. (S2)
6.00 **My Life Is Murder** 10/10. A model's death at a fashion show sees Alexa facing off with an ex-supermodel. (S3)

9.00 Miss Scarlet

7.00 **Father Brown** *The House of God:* The holiest house in Kembleford is linked to the death of a wanton woman.
8.00 **Death in Paradise** *An Artistic Murder:* 3/8. Humphrey and the team investigate the shooting of Fidel's old friend. (S3)
9.00 **Miss Scarlet** New episode *The Night Shift:* 5/6. Dylan Cooper's gang try to spring him out of the cells. (S6)
■ Entire series on Box Sets
10.00 **Death in Paradise** *Ye of Little Faith:* 4/8. The team are called to a hotel where a flight attendant has been poisoned. (S3)
11.00 **Father Brown** As 7.00pm.
12.00 M'T **Death in Paradise** 7/8. The team work between two islands to investigate the death of a tourist. (S13)
1.00 AM **My Life Is Murder** (S3)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.35 AM **Highlights**
8.45 **The Green Green Grass**
9.20 **Are You Being Served?**
10.00 **Last of the Summer Wine**
11.20 **Ever Decreasing Circles**
12.00 NOON **Still Open All Hours**
12.40 PM **Keeping Up Appearances**
1.20 **The Green Green Grass**
1.55 **Dad's Army: Lost Episodes**
2.35 **Are You Being Served?**
3.15 **Still Open All Hours**
4.35 **Dad's Army: Lost Episodes**
5.10 **Last of the Summer Wine**
6.30 **Keeping Up Appearances**

5.10 Last of the Summer Wine

7.15 **Dad's Army: The Lost Episodes** Mainwaring instigates a competition between Frazer and Jones for a promotion.
8.00 **Open All Hours** Arkwright buys a guard dog following a break-in. **8.40** Arkwright hopes to increase his profits through advertising.
9.20 **Not Going Out** Lucy needs help writing a speech, so Tim and Lee both volunteer to help.
10.00 **Not Going Out** Lee has trouble bonding with his new lodger.
10.35 **Open All Hours** As shown at 8.00pm.
11.15 **Open All Hours** As 8.40pm.
12.00 M'T **Men Behaving Badly**
12.40 AM **Not Going Out**
1.20 **Ever Decreasing Circles**
1.55 **This Time with Alan Partridge** Alan embarks on an SAS training mission.
2.30 **to 4.00** AM **Inside No 9**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **World's Most Dangerous Roads** From Georgia.
8.00 **Special Ops: To Catch a Criminal** Double bill.
10.00 **Aussie Road Train Truckers**
11.00 **Rick Stein's Cornwall**
12.00 NOON **Special Ops: To Catch a Criminal** Double bill.
2.00 PM **The Boat That Guy Built**
3.00 **Top Gear** Double bill.
5.00 **The Hairy Bikers: Mums Know Best** The British picnic.
6.00 **Rick Stein's Cornwall** Rick goes fishing for red mullet. **6.30** The Roseland Peninsula.

6.00 Rick Stein's Cornwall

7.00 **Would I Lie to You?** With Bill Turnbull, Louie Spence, David O'Doherty and Katherine Parkinson. **7.40** **Richard Osman's House of Games** With Sindhu Vee and Anna Richardson. **8.20** With Ronni Ancona, Nathan Caton, Colin Murray and Sally Phillips.
9.00 **Have I Got 2021 News for You** A compilation edition looking back at the big news stories of 2021.
10.00 **Frankie Boyle's New World Order** Topical show. **10.40** **QI XL** With guests Janet Street-Porter, Sandi Toksvig and Johnny Vegas.
11.40 **Mock the Week** With James Acaster and Rob Beckett.
12.20 AM **Would I Lie to You?**
1.40 **QI XL** With Sue Perkins.
2.30 **Frankie Boyle's New World Order** As shown at 10.00pm.
3.05 **to 4.00** AM **Have I Got a Bit More News for You**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.30 AM **The Bill**
8.30 **Doctors**
9.50 **Classic Holby City**
10.50 **Classic Casualty**
11.55 **The Bill**
12.55 PM **Classic EastEnders**
2.05 **All Creatures Great and Small** Tristan injects a farmer with a cow vaccine.
3.10 **Howards' Way** (S6)
4.20 **Hetty Wainthropp Investigates** 5/6. Hetty checks out a gold-digging fiancé. (S2)
5.20 **Birds of a Feather**
6.00 **Last of the Summer Wine**

8.00 The Murder Room

7.20 **Last of the Summer Wine** Wally is called upon to settle an argument between Compo and Foggy.
8.00 **PD James: The Murder Room** 2/2. Conclusion of the drama. The killing of Neville Dupayne is followed by further copycat murders, while Dalgliesh's investigations are complicated by his feelings for Emma.
10.00 **New Tricks** *Death of a Timeshare Salesman:* The squad reinvestigate the mysterious death of a timeshare magnate.
11.20 **Dalziel & Pascoe** *Under World:* A man's body is found in a disused mineshaft.
1.25 AM **Hetty Wainthropp Investigates** As 4.20pm.
2.20 **Whitstable Pearl** 2/6. (S2)
3.10 **to 4.00** AM **Sister Boniface Mysteries**

+1 hour 243 316 60 260

7 PM
8 PM
9 PM
10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 14-16/24. (S10)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Once a Crook:* 5/24. A naval cryptanalyst is shot dead in a park. **7.00** *Oil and Water:* 6/24. An explosion takes place on board an oil rig. **8.00** *Better Angels:* 7/24. Gibbs helps his father track down an old friend from the war. (S11)
9.00 **Law & Order** New episode *The Hardest Thing:* 11/22. When a wealthy man is executed in his home, Shaw and Riley try uncover who was greedy enough to want him dead. (S24)
10.00 **Law & Order: Special Victims Unit** (S6&5)
1.40 AM **Criminal Minds: Evolution** 2/10. (S17)
2.40 **Law & Order: Criminal Intent** 17/22. (S7)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Filthy Britain SOS**
11.00 **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Shoplifters: Caught Red Handed**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts** A flood of patients with COVID-19 puts staff under pressure.
9.00 **A&E: Crash Scene Emergency** A 60-year-old biker has a high impact collision.
10.00 **999: Critical Condition**
11.00 **Skin A&E**
12.00 M'T **999: Emergency Call Out** Documentary.
1.00 AM **GPs: Behind Closed Doors** Medical series.
2.00 **Casualty 24/7: Every Second Counts**
2.45 **Skin A&E**
3.35 **to 4.00** AM **Friends**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.05 **Traffic Cops**
10.05 **Police Interceptors**
12.05 PM **FILM Night of the Grizzly** Western starring Clint Walker. (1966, PG, 102min) ★★
2.10 **FILM Johnny Reno** Western starring Dana Andrews and Jane Russell. (1965, PG, 83min) ★
4.00 **Trucking Heavy**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
8.00 **Motorway Cops: Catching Britain's Speeders** Documentary.
9.00 **Platoon 24/7** The soldiers reach the end of their training.
10.00 **Police: Suspect No 1** Officers respond to a violent road rage incident in Ellesmere Port.
11.00 **The X-Files** 8/25. (S2)
12.00 M'T **Scam City**
1.05 AM **Outback Truckers**
2.10 **to 4.00** AM **Trucking Hell**

U&W

132/133 131/133 125 25 156 28

6.10 AM **Pete Wicks: For Dogs' Sake**
7.00 **Tipping Point**
10.00 **DIY SOS: The Big Build**
1.00 PM **Tipping Point**
4.00 **The Supervet**
6.00 **DIY SOS: The Big Build**
8.00 **999 Rescue Squad** A landslip at a building site traps a worker under tons of earth.
9.00 **Body on the Beach: What Happened to Annie?** 1/4. Hazel Martin investigates the death of Annie Börjesson. **10.10** 2/4. Hazel tries to piece together Annie Börjesson's final hours.
11.20 **Missing Persons Investigation**
12.20 AM **Inside the Ambulance**
12.50 **Deepfake Porn: Could You Be Next?**
1.45 **to 3.00** AM **Sort Your Life Out with Stacey Solomon**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great Coastal Railway Journeys**
6.35 **Great British Railway Journeys** From Norfolk.
7.10 **Great Continental Railway Journeys**
8.00 **Bangers & Cash: Restoring Classics**
10.00 **The World at War**
11.00 **Nazi Hunters**
12.00 NOON **Antiques Roadshow** Double bill.
2.00 PM **Bangers & Cash: Restoring Classics**
4.00 **The World at War**
5.00 **Nazi Hunters**
6.00 **Planet Earth** The wildlife of the great plains. **7.00** Woodlands around the world.
8.00 **Bangers & Cash**
10.00 **Bangers & Cash: Restoring Classics**
12.00 M'T **Flipping Bangers**
1.00 AM **Find It, Fix It, Flog It**
2.00 **to 3.00** AM **Princes in the Tower: Lucy Worsley Investigates**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** East Sussex.
7.00 **Teleshopping**
8.00 **Escape to the Country**
9.00 **Salvage Hunters**
12.00 NOON **Antiques Road Trip** Double bill.
2.00 PM **The Repair Shop**
3.00 **The Yorkshire Auction House** A mysterious 17th-century artwork.
4.00 **Long Lost Family: What Happened Next**
6.00 **The Yorkshire Auction House** Double bill.
8.00 **Antiques Road Trip**
9.00 **Who Do You Think You Are?** Former *Countdown* presenter Nick Hewer researches his ancestry. **10.00** Comedian Josh Widdicombe traces his family tree.
11.00 **Celebrity Help! My House Is Haunted**
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

TUESDAY Entertainment

Tuesday

Great! TV

157 167 170 34 32

8.10 AM **Highway to Heaven**
10.20 **Little House on the Prairie** (S4)
1.00 PM **The Waltons** (S7)
3.00 **Ballykissangel** (S6)
4.10 **Down to Earth** (S1)
5.20 **Bramwell** 5/10. (S3)
6.30 **Rumpole of the Bailey**
7.30 **M*A*S*H** 23/26. Hawkeye takes drastic action. **8.00** 24/26. The medics stay over at Rosie's Bar. **8.30** 25/26. Charles falls for a Korean girl. (S7)
9.00 **Brush Strokes** 1/6. Jacko makes a life-changing decision. **9.40** 2/7. Lionel is angry with Jacko. **10.20** 3/6. Jacko and Sandra decide to call off their wedding plans. (S3)
11.00 **Robin's Nest** (S2&2)
12.00 M'T **M*A*S*H** (S7)
1.30 AM **Rising Damp** (S1)
2.00 **Rumpole of the Bailey**
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257

Great! Action

323 319 426 42 33

9.10 AM **FILM Hellgate** Western drama. (1952, b/w, PG, 87min) ★★
11.00 **Tombstone Territory**
11.30 **Wanted: Dead or Alive**
12.00 NOON **The High Chaparral** Double bill.
2.00 PM **FILM The Double** Thriller with Richard Gere. (2011, 12, 94min) ★★
3.55 **The Persuaders!** (S1)
4.55 **The Avengers** (S5)
6.55 **FILM Redemption Day** Action thriller starring Gary Dourdan. (2021, 15, 99min) ★★
9.00 **FILM American Siege** Thriller with Bruce Willis. (2021, 15, 91min) ★★
11.00 **FILM NYC: Tornado Terror** Disaster movie. (2008, PG, 90min) ★★
1.00 AM **The Persuaders!**
2.00 **The Avengers** (S5)
3.45 **FILM Rage at Dawn** Western adventure. (1955, U, 87min) ★★
5.15 **to 5.50** AM **Air Rescue**

+1 hour 324

Great! Mystery

321 318 425 50 48

8.10 AM **FILM An Aurora Teagarden Mystery: Death at the Diner** Drama. (2024, PG) ★★
10.05 **In Plain Sight** (S3)
11.05 **Castle** 19/22. (S8)
12.05 PM **FILM Picture Perfect Mysteries: Newlywed and Dead** Drama. (2019, PG) ★★
2.00 **Diagnosis Murder**
4.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 20/22. (S8)
8.00 **Unforgettable** (S3)
9.00 **In Plain Sight** (S3)
10.00 **FILM Morning Show Mysteries: Murder Ever After** Crime thriller. (2021, PG, 89min) ★★
11.55 **FILM Garage Sale Mysteries: Murder in D Minor** (2018, PG) ★★
1.50 AM **FILM Crimes of Passion** Thriller. (2005, PG, 86min) ★★★
3.20 **to 5.00** AM **FILM Crisis Point** (2012, PG) ★★

+1 hour 322

Great! Romance

319 317 424 52 47

8.10 AM **FILM Love Hacks** Drama. (2022, PG) ★★
10.15 **FILM Love, Classified** Drama. (2022, PG) ★★
12.15 PM **FILM Baked with a Kiss** Romantic comedy. (2022, PG, 90min) ★★
2.15 **FILM The Secret Ingredient** Comedy. (2020, PG, 83min) ★★
4.10 **FILM A Little Daytime Drama** Comedy. (2021, PG, 90min) ★★
6.05 **FILM Can't Buy My Love** Romantic comedy. (2017, PG, 90min) ★★
8.00 **FILM Bottled with Love** Romantic drama. (2019, PG, 85min) ★★
9.50 **FILM Candy Cane Christmas** Drama. (2020, PG, 87min) ★★
11.50 **FILM Christmas at Holly Lodge** Drama. (2017, U, 90min) ★★
1.55 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM Bottled with Love**

+1 hour 320

Together TV

170 136 83 162

11.00 AM **Garden Rescue**
1.00 PM **Love Your Garden**
2.00 **Rick Stein's Food Stories**
2.45 **Robson Green's Weekend Escapes**
3.30 **Garden Rescue**
4.30 **Country House Auction**
5.30 **Rick Stein's Food Stories**
6.15 **Robson Green's Weekend Escapes**
7.00 **Love Your Garden** Alan Titchmarsh helps create a Bollywood-style garden in Hemel Hempstead.
8.00 **Garden Rescue**
10.00 **FILM I'm Not Feeling Myself Tonight** Comedy starring Barry Andrews. (1976, 18, 84min) ★★
11.45 **Real Thick Glasses**
12.00 M'T **FILM Spaced Out** Comedy starring Barry Stokes and Tony Maiden. (1979, 18, 78min) ★
1.45 AM **Musketeer**
2.00 **Country House Auction**
3.00 **New Home DIY**
4.00 **to 5.00** AM **Great British Food**

Rewind TV

182 81 141

6.00 AM **Highlights**
9.00 **Bubblegum & Cheese**
10.00 **Space 1999** 21/24. (S2)
11.05 **Wish Me Luck** (S1)
12.05 PM **Rewind Time Machine** From 1971.
12.10 **The Gaffer** (S2)
12.40 **Second Thoughts** (S2)
1.10 **Agony** 6/7. (S2)
1.40 **Boon** 9/13. (S1)
2.40 **Rewind Time Machine**
2.45 **Space 1999** 21/24. (S2)
3.50 **We Had One of Those**
4.00 **Tracing the Rails**
4.30 **Old Country** (S1)
5.00 **Stereo Underground**
6.00 **The Gaffer** (S2)
6.30 **Agony** 6/7. (S2)
7.00 **Second Thoughts** (S2)
7.30 **The Fenn Street Gang**
8.00 **Boon** 9/13. (S4)
9.05 **Drop the Dead Donkey**
10.05 **Rik Mayall Presents**
11.10 **FILM Virgin Witch** Fantasy. (1972, 18) ★★
12.55 AM **Stereo Underground**
1.55 **The Rewind Jukebox**
2.55 **to 6.00** AM **Highlights**

DMAX

159 151 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Aussie Gold Hunters**
9.00 **Mysteries of the Deep**
10.00 **Deadliest Catch**
12.00 NOON **Cooper's Treasure** Documentary.
1.00 PM **Expedition Unknown** Double bill.
3.00 **Alaska: Homestead Rescue** Documentary.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** Jake must confront his disorderly crew, forcing him to make a tough decision.
9.00 **Harpoon Hunters** Captains Joe and Tyler hit bluefin gold.
10.00 **Deadliest Catch** Keith retrieve a lost anchor in 50-knot winds.
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Rick Stein's Food Heroes** Four editions.
8.00 **The Pioneer Woman**
9.00 **Jamie's Money Saving Meals** Double bill.
10.00 **Barefoot Contessa**
11.00 **Great British Bake Off**
1.00 PM **James Martin Digs Deep** Four editions.
3.00 **Rick Stein's Food Heroes** Double bill.
4.00 **The Pioneer Woman**
5.00 **Jamie's Money Saving Meals** Double bill.
6.00 **Barefoot Contessa**
7.00 **Great British Bake Off**
9.00 **Jamie Oliver: Cooking for Less**
10.00 **24 in 24: Last Chef Standing** New edition Chefs create a three-course meal worthy of a black-tie event.
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Cake Boss**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 4/25. (S7)
9.00 **T.J. Hooker** 17/22. (S2)
10.00 **Six Million Dollar Man**
11.00 **FILM 7 Guardians of the Tomb** Adventure. (2018, 12, 90min) ★★
1.00 PM **FILM The Hunters** Korean War drama. (1958, PG, 108min) ★★
3.05 **FILM Sahara** World War Two drama. (1943, b/w, PG, 97min) ★★★
5.00 **Star Trek** 13/30. (S1)
6.00 **Six Million Dollar Man**
7.00 **T.J. Hooker** 18/22. (S2)
8.00 **Walker, Texas Ranger**
9.00 **FILM The Island** Thriller starring Michael Caine. (1980, 18, 114min) ★
11.25 **FILM Hamburger Hill** Wartime drama. (1987, 18, 108min) ★★★★
1.40 AM **FILM Split Second** Futuristic horror thriller. (1991, 18, 90min) ★
3.30 **to 5.10** AM **FILM The Two Faces of Dr Jekyll** Horror. (1960, 15) ★★

Legend Xtra

317 316 171 69 138 51

9.00 AM **FILM Asteroid-a-geddon** Adventure. (2020, PG, 90min) ★★
11.00 **Andromeda** 2/22. (S1)
12.00 NOON **FILM Independents' Day** Sci-fi action adventure. (2016, 15, 91min) ★★
2.00 PM **FILM Troy: The Odyssey** Fantasy. (2017, PG, 90min) ★★
4.00 **Walker, Texas Ranger**
5.00 **FILM Dragonquest** Fantasy adventure. (2009, 12, 90min) ★★
7.00 **Andromeda** 3/22. (S1)
8.00 **The Fall Guy** 9/23. (S4)
9.00 **FILM Reprisal** Action thriller starring Frank Grillo and Bruce Willis. (2018, 15, 91min) ★★
11.00 **FILM Out of Sight** Steven Soderbergh's romantic thriller. (1998, 15, 122min) ★★★★
1.30 AM **FILM Reprisal**
3.20 **FILM Dragonquest**
5.00 **to 6.00** AM **Andromeda**

+1 hour 318 139

Blaze

156 169 174 64 161 41

6.00 AM **Flipping Bangers**
12.00 NOON **Junk & Disorderly** Six editions.
6.00 PM **Storage Hunters**
7.00 **Dickinson's Real Deal** From Kidderminster. **8.00** The experts visit Wilmslow, Cheshire.
9.00 **Gold Wars Downunder** There are nine weeks left of the gold season to go and the pressure is on.
10.00 **WWE's Greatest Moments** A look into the career of wrestler-turned-actor John Cena. **10.30** Unforgettable Booker T moments.
11.00 **Swamp People: Serpent Invasion**
12.00 M'T **Bermuda Triangle: Into Cursed Waters**
1.00 AM **UFOs: Secret Missions Exposed**
2.00 **Ancient Aliens**
3.00 **Strange Evidence**
3.45 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **The Yorkshire Vet**
10.00 **Cruising with Jane McDonald** Mekong.
11.00 **Ben Fogle: New Lives in the Wild** Double bill.
1.00 PM **Murder, She Wrote**
3.00 **Columbo**
5.00 **Around the World by Train with Tony Robinson** Double bill.
6.00 **Abandoned Engineering**
7.00 **Ben Fogle: New Lives in the Wild** Double bill.
9.00 **The Hotel Inspector** Rescuing Fraser's, a family business in Essex.
10.00 **Pompeii: Life in the City with Dan Snow** A look inside the homes of Pompeii's residents.
11.00 **The Frontier**
12.00 M'T **Wentworth Prison**
1.00 AM **The Yorkshire Vet**
2.00 **Cruising with Jane McDonald** Iceland.
3.00 **Paul Martin's Antiques Showdown**
3.50 **to 4.00** AM **Entertainment News**

Challenge

130/131 116/117 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Quiz show.
10.00 **The Bidding Room**
11.00 **Dickinson's Real Deal**
12.00 NOON **The Crystal Maze**
1.00 PM **Celebrity Catchphrase**
2.00 **The Chase** Quiz show.
3.00 **Pointless Celebrities** A business-themed edition of the quiz.
4.00 **Classic Who Wants to Be a Millionaire?** Quiz hosted by Chris Tarrant.
5.00 **The Bidding Room**
6.00 **Tenable** Five NHS medical staff compete.
7.00 **The Chase** Triple bill of the quiz show.
10.00 **The Chase Celebrity Special** With guests Rory Bremner, Laura Tobin, Deborah Meaden and Alan Titchmarsh.
11.00 **Bullseye** Double bill.
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **The Chase**
4.00 **to 6.00** AM **Bullseye**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Mike & Molly**
8.30 **Young Sheldon**
10.00 **The Big Bang Theory**
2.00 PM **Mike & Molly**
3.30 **Young Sheldon**
5.00 **The Big Bang Theory** Eight episodes of the sitcom, including at: **7.30** 11/23. Sheldon becomes obsessed with gift-giving etiquette. **8.00** 12/23. The boys are challenged to a duel. **8.30** 13/23. Sheldon develops a scientific procedure. (S2)
9.00 **Sister Wives** New editions It's an awkward showdown at Coyote Pass with Kody, Robyn, Janelle, and Meri. **10.00** Meri ventures out of her comfort zone and attends a dating event.
11.00 **Dr Pimple Popper**
2.00 AM **My 600lb Life**
4.00 **to 6.00** AM **Say Yes to the Dress: UK**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Michael McIntyre's The Wheel** Game show.
9.00 **Impractical Jokers**
10.00 **Everybody Loves Raymond** (S3)
12.00 NOON **Michael McIntyre's The Wheel**
1.00 PM **Friends** (S4)
8.00 **Friends** 6/24. Emily asks Ross to move away. **8.30** 7/24. Ross moves into Chandler and Joey's flat. (S5)
9.00 **FILM Austin Powers in Goldmember** Spoof espionage thriller sequel starring Mike Myers. (2002, 12, 93min) ★★★
10.45 **Lee Evans Live at Her Majesty's Theatre**
12.05 AM **Whose Line Is It Anyway? USA**
1.05 **South Park** (S21)
2.30 **Jen Brister: Meaningless** Stand-up.
3.35 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** (S3)
7.00 **Teleshopping**
9.00 **Michael McIntyre's Big...**
10.00 **Whose Line Is It Anyway? USA**
10.50 **Friends** (S8&9)
1.00 PM **Criminally Funny**
2.30 **Bradley & Barney Walsh: Breaking Dad**
3.30 **Utopia** 2/8. (S1)
4.00 **Michael McIntyre's Big Show** With Bryan Adams.
5.00 **Whose Line Is It Anyway? USA**
6.00 **Bradley & Barney Walsh: Breaking Dad**
7.00 **Everybody Loves Raymond** (S3)
10.00 **Friends** (S4)
1.00 AM **Bradley & Barney Walsh: Breaking Dad**
2.00 **Michael McIntyre's Big...**
3.00 **Utopia** 3/8. (S1)
3.20 **Teachers** 9/10. (S1)
3.45 **Iain Stirling's Roast the Internet**
4.30 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **Highlights**
10.10 **Bread** 13/14. (S6)
10.45 **Steptoe and Son** (S7)
11.20 **Oh, Doctor Beeching!**
11.55 **Rising Damp** 5/7. (S3)
12.30 PM **Man About the...**
1.00 **Goodnight Sweetheart**
1.35 **When the Boat Comes In** 12/13. (S2)
2.40 **Minder** 3/13. (S8)
3.45 **Just Good Friends** (S2)
4.25 **Man About the House**
4.55 **Some Mothers Do 'Ave 'Em** 4/6. (S2)
5.30 **Birds of a Feather** (S11)
6.00 **That's 60s**
6.15 **Steptoe and Son** (S7)
6.50 **Rising Damp** 4/7. (S3)
7.20 **Whatever Happened to the Likely Lads?** (S1)
7.55 **Minder** 7/11. (S1)
9.00 **Benidorm** 9/9. (S2)
10.00 **Shameless** 4/22. (S8)
10.55 **Man About the House**
11.25 **Rising Damp** 3/6. (S4)
11.55 **Benidorm** 9/9. (S2)
12.55 AM **Minder** 3/10. (S5)
2.00 **to 6.00** AM **Highlights**

MTV

126/127 137 134 351 366

6.00 AM **MTV Cribs**
6.20 **16 and Pregnant**
7.10 **Teen Mom**
10.00 **Catfish: On the Run**
11.00 **Catfish: The TV Show**
12.00 NOON **Catfish: On the Run** Reality series.
1.00 PM **Catfish: The TV Show** Double bill.
3.00 **Help! I'm in a Secret Relationship!**
5.00 **Dallas Cowboys Cheerleaders**
7.00 **Rich Kids, Skint Holiday**
8.00 **MTV's Greatest Cribs**
9.00 **Skin A&E** Documentary.
10.00 **Dating Naked UK** New edition
11.00 **Tattoo Fixers**
12.00 M'T **Ridiculousness** New edition
12.30 AM **Ridiculousness**
1.00 **Black Ink Crew New York** Reality series.
2.00 **Help I Sexted My Boss**
2.45 **Ink Master**
3.35 **to 4.00** AM **Ridiculousness**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Tanked** Double bill.
9.00 **America's Backyard Gold**
11.00 **Building Off the Grid**
1.00 PM **Dr Jeff: Rocky Mountain Vet** Double bill of editions.
3.00 **How It's Made** Four editions of the series, including at: **4.00** How tea, roof finials and artificial flowers are made. **4.30** The making of gel caps and frozen pancakes.
5.00 **Alaska: Homestead Rescue** The Raneys must work together to solve a mystery.

9.00 Gold Rush

7.00 **Wheeler Dealers** Mike decides to take a gamble on a TVR Griffith, and Elvis has to pick it apart before restoring it.
8.00 **Wheeler Dealers** Mike gets his hands on an Astra GTE, and the boys are determined to make a profit from the project.
9.00 **Gold Rush** New edition Following the gold miners of the Yukon as they put everything on the line in a bid to strike it rich.
10.00 **Gold Rush: Mine Rescue with Freddy & Juan** New edition Dave Turin joins Juan in Alaska for their first double rescue.
12.00 M'T **Border Control: Spain** The Civil Guard catch a trespasser in a control tower. **12.30** AM A woman is accused of being a drug mule.
1.00 **Gold Rush** As 9.00pm.
2.00 **Gold Rush: Mine Rescue with Freddy & Juan**
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Catfishin' Kings**
10.00 **Tanked** A fish-feeding issue.
11.00 **Animal Cops Houston**
1.00 PM **Alaska: Homestead Rescue** Documentary.
2.00 **Pit Bulls & Parolees**
3.00 **Life at Vet University**
4.00 **The Zoo: San Diego**
5.00 **Lone Star Law** Boone gets a tip-off about a hunter who illegally shot a deer.
6.00 **Dr Jeff: Rocky Mountain Vet** Jeff discovers a life-threatening problem in a Great Dane.

9.00 Alaska: The Last Frontier

7.00 **Treehouse Masters** Pete builds a treehouse cinema, with loungers elevated into the trees to give a perfect view of the screen.
8.00 **The Pool Master** Anthony Archer-Wills visits luxurious private pools, including a $2million private oasis.
9.00 **Alaska: The Last Frontier** As autumn draws to a close, Atz Lee confronts the reality of recovering from his accident.
10.00 **Edge of Alaska** The last days of winter threaten the locals' way of life, and they must band together to stave off disaster.
11.00 **Deadly Islands**
12.00 M'T **Alaska: Homestead Rescue** Documentary.
1.00 AM **Sharkwrecked: Crash Landing** Shark-infested waters.
2.00 **Treehouse Masters: Out on a Limb**
3.00 **to 5.00** AM **Animal Cops Philadelphia**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **WW2: Hell Under the Sea**
9.00 **Air Crash Investigation: Special Report**
10.00 **Lost Nukes of the Cold War: Drain the Oceans**
11.00 **Lost Treasures of Egypt**
12.00 NOON **Construction Fails**
1.00 PM **Car S.O.S** A campervan.
2.00 **Air Crash Investigation**
3.00 **Chernobyl: Inside the Meltdown** Documentary.
4.00 **Car S.O.S** Double bill.
6.00 **Airport Security: Rome** Police seize cocaine soaked in pyjamas and hidden in a toy.

8.00 Hitler Youth

7.00 **Air Crash Investigation** An investigation into the 2011 accident that killed a top-flight Russian ice hockey team.
8.00 **Hitler Youth** 1/2. The story of the Nazi youth organisation, which was used to indoctrinate German boys in the 1930s.
9.00 **Hitler Youth** 2/2. A look at the efforts of the Allies to counter the indoctrination of captured Nazi soldiers.
10.00 **Killing Hitler** Resistance fighters in German-occupied nations risk all to assassinate Hitler.
11.00 **Air Crash Investigation** A crash near Guantanamo Bay.
12.00 M'T **Ultimate Airport Dubai**
1.00 AM **To Catch a Smuggler**
2.00 **Bid & Destroy**
2.30 **Money Meltdown**
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Prairie Dog Dynasty**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Digging Up Britain's Past**
8.45 **Pawn Stars** Double bill.
10.10 **Storage Wars**
12.00 NOON **Bradley Walsh: Egypt's Cosmic Code**
1.00 PM **History's Greatest Mysteries** As 10.00pm.
2.00 **Walking Through History** Four editions, including at: **5.00** Tony Robinson heads to Holy Island off the coast of Northumberland.
6.00 **American Pickers** The Wolfe brothers pick a main-street grocery that's frozen in time.

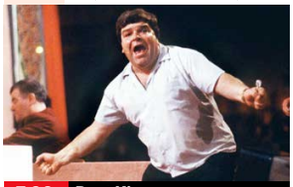
9.00 Britain's Murder Map

7.00 **Forged in Fire** The smiths are tasked with forging signature blades with metal sourced from everyday household items.
8.00 **Weird Britain** Andy McGrath watches fearless competitors from around the world chase a wheel of cheese down a hill.
9.00 **Britain's Murder Map with Vicky McClure and Jonny Owen** New edition The Bible John murders. ■ Entire series on Box Sets
10.00 **History's Greatest Mysteries** New edition Following the trail as one of the world's most famous painting vanishes.
11.00 **Mission Unexplained** An unearthly presence is reported at a nuclear launch site.
12.00 M'T **Walking Through History**
2.50 AM **Britain's Murder Map with Vicky McClure and Jonny Owen** As 9.00pm.
3.40 **History's Greatest Mysteries**
4.25 **Pawn Stars** Chum is stunned by a Versace collection.
5.10 **to 6.00** AM **American Pickers**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **Ren Faire**
7.00 **Discovering: Russell Crowe**
8.00 **The Directors**
8.55 **The Comedy Store**
10.00 **Dart Kings**
11.00 **The Eighties**
12.00 NOON **The Two Escobars**
2.10 PM **Steve McQueen: The Lost Movie** Documentary exploring an unfinished movie.
4.00 **The Directors** A look at the life and work of Robert Wise.
5.00 **Discovering: Russell Crowe**
5.55 **The Comedy Store** 2/5. The story of the 1979 comedy strike.



7.00 Dart Kings

7.00 **Dart Kings** 2/3. The story of Jocky Wilson, charting his rise and fall and the lasting impact he made on the sport he loved.
8.00 **Six Silent Killings: Ireland's Vanishing Triangle** 1/2. The story of the disappearances of six women in the 1990s.
9.00 **Six Silent Killings: Ireland's Vanishing Triangle** 2/2. Examining the investigations into the disappearances.
10.00 **Outcry** 3/5. The newly elected Williamson Country District Attorney agrees to a hearing on Greg Kelley's case.
11.10 **Outcry** 4/5. Greg Kelley awaits a final decision on his case.
12.15 AM **FILM Dogtown and Z-Boys** Documentary. (2001, 15, 91min) ★★★
2.00 **FILM Busby** A look at the life and career of Matt Busby. (2019, PG, 102min) ★★★
4.00 **The Directors**
5.00 **to 6.00** AM **Discovering: Russell Crowe**

7 PM
8 PM
9 PM
10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **The Repair Shop**
7.00 **Salvage Hunters: The Restorers**
8.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters**
11.00 **Outback Truckers**
12.00 NOON **Outback Crystal Hunters** Documentary.
1.00 PM **Wheeler Dealers**
2.00 **Shed and Buried**
3.00 **Shed and Buried: Classic Cars**
4.00 **Find It, Fix It, Flog It**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip**
9.00 **Francis Bourgeois & Chris Harris: We Saved a Train** New edition The duo face huge setbacks.
10.00 **Shed and Buried: Classic Cars**
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Shed and Buried**
4.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Forensic Detectives**
9.00 **FBI Files** Double bill.
11.00 **Judge Rinder's Crime Stories** Gary Nelson.
12.00 NOON **Betrayed**
1.00 PM **On the Case with Paula Zahn**
2.00 **Murder on CCTV**
3.00 **A Killer's Mistake**
4.00 **American Monster**
6.00 **Evil Lives Here**
7.00 **Judge Rinder's Crime Stories**
8.00 **Murder on CCTV**
9.00 **Feds** New edition The FBI track a real-life hitman calling himself the real John Wick.
10.00 **Road Rage** A man points a gun at a woman after she cuts him off. **10.30** A light collision leads to a confrontation.
11.00 **Murder on CCTV**
12.00 M'T **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **UK Crime Files: Skeleton in the Carpet**
8.00 **UK Crime Files: The Hotelier and the Hitman** The case hotelier Peter Taylor.
9.00 **New Scotland Yard Files** The murder of Nisha Patel-Nasri.
10.00 **NEW SERIES Killers: Caught on Camera** The case of nurse and mother-of-three Becky Bliefnick, who was killed by her husband Tim.
11.00 **Murder UK**
12.00 M'T **UK Crime Files: Skeleton in the Carpet**
1.00 AM **UK Crime Files: The Hotelier and the Hitman**
2.00 **Killers: Caught on Camera** As 10.00pm.
3.00 **Murder UK**
4.00 **to 6.00** AM **Close Calls: On Camera**

+1 hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **UK Crime Files: Connecting a Killer**
9.55 **UK Crime Files: Murder – A Fight for Justice**
11.00 **48 Hours** Sarah Harris.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **UK Crime Files: A Murder Without Honour**
3.00 **UK Crime Files: Murder Without Motive**
4.00 **48 Hours** The story of Jermain Charlo.
5.00 **Medical Detectives** A killer tries to destroy all evidence of his crime. **5.30** Delving into the case of a murdered young woman in 1984. **6.00** A man is found hanging from a tree. **6.30** A single mother who was looking for love vanishes without a trace.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Road Wars**
7.00 **A1: Britain's Longest Road** Documentary.
8.00 **Caught Red Handed**
10.00 **Brit Cops** Documentary.
11.00 **Britain's Most Evil Killers**
12.00 NOON **Killer in My...**
1.00 PM **Catching the Killer**
2.00 **World's Most Evil Killers**
3.00 **Murders That Shocked the Nation** Harold Jones.
4.00 **Killing Mum and Dad**
5.00 **Killer in My Village**
6.00 **World's Most Evil Killers**
7.00 **Catching the Killer**
8.00 **Britain's Most Evil Killers**
9.00 **Killer in My Village**
10.00 **Catching the Killer**
11.00 **The Real Manhunter**
12.00 M'T **World's Most Evil...**
1.00 AM **How I Caught the Killer** True-crime.
2.00 **The Real CSI: Miami**
3.00 **Britain's Most Evil Killers**
4.00 **Brit Cops** Documentary.
5.00 **to 6.00** AM **Motorway Patrol**

+1hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Grand Tours of the Scottish Islands**
8.55 **Wrecks That Changed...**
9.55 **Conquistadors...**
10.55 **Chernobyl: The New...**
12.00 NOON **Hitler's Gold**
1.00 PM **Grand Tours of the Scottish Islands**
1.40 **Wrecks That Changed...**
2.50 **Conquistadors...**
3.55 **Chernobyl: The New...**
4.55 **Hitler's Gold**
5.55 **The Bush Years: Family, Duty, Power**
6.55 **Wrecks That Changed the World** The lost fleet of World War One.
7.55 **Conquistadors: The Rise and Fall**
8.55 **Chernobyl: The New Evidence** 1/2. Exploring the run-up to the nuclear disaster.
9.55 **Hitler's Gold**
11.00 **Conquistadors...**
12.00 M'T **Chernobyl: The New Evidence**
1.10 **to 2.00** AM **Grand Tours of the Scottish Islands**

TUESDAY

Tuesday

Sky Nature

124/125 113/114 135 354 369

6.00 AM **Undiscovered Vistas**
7.00 **Monkey Life**
8.00 **Great Blue Wild**
9.00 **Wild Dogs: Running with...**
10.00 **Land of Primates**
11.00 **Wildlife Icons**
12.00 NOON **Mysteries of the Mekong** Documentary.
1.00 PM **Monkey Life**
2.00 **Great Blue Wild**
3.00 **Wild Dogs: Running with...**
4.00 **Land of Primates**
5.00 **Wildlife Icons**
6.00 **Mysteries of the Mekong**
7.00 **Monkey Life** Double bill.
8.00 **Whale with Steve Backshall**
9.00 **The Kimberley: Australia's Wild West** Documentary.
10.00 **Mysteries of the Mekong**
11.00 **Wildlife Icons**
12.00 M'T **Gangs of Baboon Falls**
1.00 AM **Undiscovered Vistas**
2.00 **Whale with Steve Backshall**
3.00 **The Kimberley: Australia's Wild West** Documentary.
4.00 **Great Blue Wild**
5.00 **to 6.00** AM **Wild Dogs: Running with the Pack**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Hell on Earth: WWII**
9.00 **Hitler's Engineers**
10.00 **History's Greatest Aircraft**
11.00 **Ancient Aliens**
1.00 PM **WWII's Most Daring Raids**
2.00 **Commando Missions**
6.00 **The Proof Is Out There**
7.00 **Hitler's Engineers** The Nazi past of NASA engineer Wernher von Braun.
8.00 **History's Greatest Aircraft** The Hawker Hurricane.
9.00 **Deadly Standoff** Documentary re-examining the 1993 Waco siege, a 51-day stand-off involving the Branch Davidians that left nearly 80 people dead.
10.00 **Dark Marvels: Killing Machines** A look at how razor sharp blades have spilled blood and forged empires.
11.00 **Ancient Aliens**
1.00 AM **Alien Corridors**
2.00 **Ross Kemp: Shipwreck Treasure Hunter**
3.00 **Digging for Britain**
4.00 **Mysteries from Above**
5.00 **to 6.00** AM **Dirty Old Cars**

Discovery Science

167 148 179

8.00 AM **How the Universe Works**
11.00 **Alien Highway**
1.00 PM **The Dino Hunters**
3.00 **How the Universe Works**
6.00 **How It's Made**
9.00 **Savage Builds** Adam Savage stages an epic food fight with his *Mythbusters* friend Tory Belleci, and the pair build a rapid-fire weapon that can shoot out hot dogs.
10.00 Adam teams up with *Lord of the Rings* filmmaker Peter Jackson to restore a deadly fleet of fighter planes. They attempt to stage a high-flying dogfight straight out of World War Two.
11.00 **You Have Been Warned** Clips include using a person as a snowboard and the opening of a bottle using a feather.
12.00 M'T Explosive-packed refrigerators and the world's first skydive from a drone.
1.00 AM **How the Universe Works**
4.00 **to 6.00** AM **Cooper's Treasure**

+1hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **The First 48**
7.00 **Homicide Hunter**
9.00 **Fugitives Caught on Tape**
9.30 **My Strange Arrest**
10.30 **Court Cam**
11.00 **Crimes That Shook Britain**
2.00 PM **I Met My Murderer Online**
3.00 **Imperfect Murder**
6.00 **On the Case with Paula Zahn**
7.00 **The First 48**
8.00 **I Met My Murderer Online** New edition The murder of online gamer Zhu Caoyuan.
8.30 **I Met My Murderer Online**
9.00 **Buried in the Backyard** New edition A late-night gaming party turns dark.
10.00 **Spring Break Murders** New edition A spring break leads to a chilling trial.
11.00 **Murder at the Motel**
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **Interrogation Raw**
2.00 **Homicide Hunter**
3.00 **Imperfect Murder**
5.00 **to 6.00** AM **I Met My Murderer Online**

+1 hour 256 333

WILD

165 145 182

8.00 AM **Yukon Vet**
9.00 **Bizarre Animal Friends**
10.00 **World's Weirdest**
11.00 **Africa's Deadliest**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Wild Bhutan: The Last Shangri-La** Exploring the world's last Shangri-La.
3.00 **Africa's Hunters**
4.00 **Secrets of the Zoo: Tampa**
5.00 **The Incredible Dr Pol**
6.00 **Yukon Vet**
7.00 **Secrets of the Zoo: Tampa** Alligators, skunks and bears emerge from hibernation.
8.00 **Predator Bloodlines** How seeking mates can improve an animal's chances of survival.
9.00 **Wild Hunters** Footage of feline predators, including cheetahs.
10.00 **Alaska: The Next Generation**
11.00 **Ice Road Rescue**
12.00 M'T **Savage Kingdom**
1.00 AM **Animal Fight Club**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet**
4.00 **to 5.00** AM **Animal Fight Club**

Discovery History

161/172 147 181

7.00 AM **Nazi UFO Conspiracy**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **How the Universe Works** An insight into the technology used to prevent asteroids hitting Earth.
1.00 PM **NASA's Unexplained Files**
2.00 **Alien Highway**
3.00 **Expedition Unknown**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Nazi UFO Conspiracy** Alleged connections between UFO sightings and the Nazis.
9.00 **Secrets Underground**
10.00 **How Do They Do It?**
11.00 **Salvage Hunters: The Restorers** French polisher Alex restores a 1930s rocking horse.
12.00 M'T **How the Universe Works**
1.00 AM **Mysteries at the Museum**
3.00 **Expedition X**
4.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 71

9.00 AM **999 Rescue Squad**
1.00 PM **999 Rescue Squad**
5.00 **Agatha Christie: Lucy Worsley on the Mystery Queen**
7.00 **A Very British Murder with Lucy Worsley** The historian examines Britain's enduring fascination with murder, beginning by exploring how stories of notorious killings entertained the public.
8.00 A look at how murder infiltrated popular culture during the Victorian era.
9.00 **Agatha Christie: Lucy Worsley on the Mystery Queen** The author's 1926 disappearance.
10.00 The author's later life.
11.00 **A Very British Murder with Lucy Worsley** Double bill.
1.00 AM **Agatha Christie: Lucy Worsley on the Mystery Queen**
3.00 **A Very British Murder with Lucy Worsley** Double bill.
4.40 **Agatha Christie: Lucy Worsley on the Mystery Queen**
5.25 **to 6.00** AM **Great Coastal Railway Journeys**

+1 hour 266 376

ID

154 140 166

8.00 AM **Betrayed**
9.00 **Still a Mystery**
11.00 **People Magazine Investigates**
12.00 NOON **Diabolical: Deadly Love**
1.00 PM **Still a Mystery**
3.00 **People Magazine Investigates**
4.00 **Diabolical: Deadly Love**
5.00 **Evil Stepmothers**
7.00 **Married with Secrets** A case in which a police officer was found dead in Illinois.
8.00 The case of Bill Douglas, a respected doctor at a university in Boston.
9.00 **A Crime to Remember** The case of 76-year-old Franklin Bradshaw, whose body was found in his auto-parts store.
10.00 **Mother, May I Murder?** Detectives uncover a tangled murder-for-hire plot driven by greed and manipulation.
11.00 **Evil Lives Here**
1.00 AM **Blood Relatives**
2.00 **Evil Stepmothers**
4.00 **to 6.00** AM **Married with Secrets**

+1 hour 254 366

Discovery Turbo

158 146 180

7.00 AM **How Do They Do It?**
8.00 **Motor Pickers**
9.00 **Salvage Hunters: Classic Cars**
10.00 **Shed and Buried**
11.00 **Richard Hammond's Workshop** Richard finds a classic Mini that needs restoring.
12.00 NOON **Roadworthy Rescues**
1.00 PM **Garage Rehab**
2.00 **Ant Anstead: Born Mechanic**
3.00 **James May and the Dull Men**
4.00 **Salvage Hunters: Classic Cars**
5.00 **Mike Brewer: Born Dealer**
6.00 **Wheeler Dealers**
7.00 **Shed and Buried**
8.00 **Mike Brewer: Born Dealer** Mike takes his family on a trip down memory lane.
9.00 **Roadworthy Rescues** Derek finds a 1937 Chevrolet Deluxe.
10.00 **James May and the Dull Men**
11.00 **Wheeler Dealers**
12.00 M'T **Mike Brewer: Born Dealer**
1.00 AM **Richard Hammond's Workshop** As 11.00am.
2.00 **Iron Resurrection**
3.00 **to 4.00** AM **Wheeler Dealers**

+1 hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

7.00 AM **Sky Cinema Preview**
7.40 **PREMIERE Regretting You**
9.45 **A Big Bold Beautiful Journey**
11.45 **The Bad Guys 2** Animated comedy adventure sequel. (2025, PG, 104min) ★★★★
1.45 PM **Roofman** As 12.20am.
4.00 **Final Destination: Bloodlines** Supernatural horror thriller. (2025, 15, 110min) ★★★★
6.00 **A Big Bold Beautiful Journey** Romantic drama. (2025, 15, 109min) ★★★

8.00 Regretting You

8.00 PREMIERE Regretting You Comedy drama starring Allison Williams and Mckenna Grace. A mother and daughter cope with matters after a devastating accident reveals a shocking betrayal. (2025, 12, 116min) ★★★
See review, page 23.
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 Weapons Horror starring Julia Garner. When all but one child from the same class vanish on the same night at the same time, a community is left questioning their disappearance. (2025, 18, 128min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **Roofman** Comedy drama. (2025, 15, 126min) ★★★★
2.35 **Pillion** Dark comedy drama. (2025, 18, 107min) ★★★
4.25 **Sky Cinema Preview**
5.05 **to 7.00** AM **Blue Moon** Biographical comedy drama. (2025, 15, 100min) ★★★★

Sky Cinema Biopics

303 303 403 503 517

7.35 AM **Der Kaiser** Biopic. (2022, PG, 105min) ★★★
9.35 **Dance First** Biopic. (2023, 12, 100min) ★★★
11.35 **Billionaire Boys Club** (2018)
1.35 PM **Captain Phillips** Fact-based thriller starring Tom Hanks and Barkhad Abdi. (2013, 12, 129min) ★★★★★
4.00 **The Post** Fact-based drama. (2017, 12, 113min) ★★★★
6.00 **Dunkirk** Wartime drama. (2017, 12, 106min) ★★★★★

9.50 The Glorias

8.00 Saturday Night Comedy drama starring Gabriel LaBelle. During the build-up to the first broadcast of *Saturday Night Live*, comedians and writers prepare to change TV for ever. (2024, 15, 109min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 The Glorias The story of Gloria Steinem's itinerant childhood and its influence on her life as a writer, activist and organiser for women's rights worldwide. Stars Julianne Moore, Alicia Vikander, Lulu Wilson and Ryan Kiera Armstrong. (2020, 12, 139min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **Ferrari** Biopic with Adam Driver. (2023, 15, 130min) ★★★
2.40 **Billionaire Boys Club** Fact-based drama with Ansel Elgort. (2018, 15, 108min) ★
4.45 **to 6.45** AM **Dunkirk** (2017)

Sky Cinema Drama

310 310 410 510 524

6.25 AM **Boy Meets Boy** Drama. (2021, 15, 75min) ★★★
7.45 **A Mistake** As 4.25am.
9.35 **Let's Dance** Musical with Betty Hutton. (1950, U, 112min) ★★
11.30 **Footloose** Teen dance drama. (1984, 12, 107min) ★★★
1.20 PM **Molly's Game** Drama. (2017, 15, 137min) ★★★★
3.45 **It Ends with Us** Drama. (2024, 15, 125min) ★★★
6.00 **The Friend** Drama with Naomi Watts. (2024, 15, 120min) ★★★★
8.00 **Lost in Translation** Bittersweet romantic comedy drama with Bill Murray and Scarlett Johansson. (2003, 15, 102min) ★★★★★
9.45 **Coach Carter** Fact-based sports drama starring Samuel L Jackson as a high-school basketball coach who creates a scandal when he suspends his undefeated team for failing to keep up their academic grades. (2004, 12, 136min) ★★★
12.15 AM **Footloose** Teen dance drama remake starring Kenny Wormald and Julianne Hough. (2011, 12, 113min) ★★★
2.15 **The Friend** As 6.00pm.
4.25 **to 6.10** AM **A Mistake** Medical drama starring Elizabeth Banks. (2024, 15, 101min) ★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

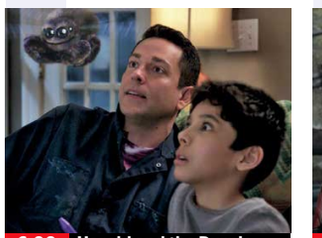
6.55 AM **After Earth** Sci-fi adventure. (2013, 12, 98min) ★★
8.40 **Arcadian** As shown at 6.20pm.
10.15 **The Lawnmower Man** Sci-fi thriller. (1992, 15, 105min) ★★★
12.40 PM **It Feeds** Horror thriller. (2025, 15, 102min) ★★★
2.30 **Annabelle** Horror spin-off. (2014, 15, 97min) ★★
4.20 **Annabelle: Creation** Horror. (2017, 15, 109min) ★★★
6.20 **Arcadian** Dystopian horror thriller starring Nicolas Cage. (2024, 15, 92min) ★★★★
8.00 **Get Out** Jordan Peele's thriller starring Daniel Kaluuya. After a photographer and his girlfriend visit her parents, he suspects there is more to the locals than meets the eye. (2017, 15, 104min) ★★★★★
9.55 **The Radleys** Horror comedy with Kelly Macdonald, Damian Lewis and Sophia Di Martino. (2024, 15, 115min) ★★★
11.55 **Strange Darling** Thriller. (2023, 18, 97min) ★★★★
1.45 AM **The Running Man** Adventure. (1987, 18, 101min) ★★★
3.35 **Friendship's Death** Sci-fi drama. (1987, 15, 78min) ★★★
5.00 **to 6.35** AM **Lovely, Dark, and Deep** Horror. (2023, 15) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

6.30 AM **Sketch** As 12.55am.
8.15 **Look Who's Talking Now**
10.00 **Friend or Foe** As 4.15am.
11.15 **The Hobbit: An Unexpected Journey** Fantasy adventure. (2012, 12, 165min) ★★★
2.05 PM **Teenage Mutant Ninja Turtles** Fantasy adventure. (2014, 12, 101 min) ★★
3.50 **Stardust** Fantasy comedy. (2007, PG, 127min) ★★★★
6.00 **Harold and the Purple Crayon** Adventure. (2024, PG) ★★★



6.00 Harold and the Purple...

7.35 **The Hobbit: The Desolation of Smaug** Peter Jackson's epic fantasy adventure starring Martin Freeman, Ian McKellen and Richard Armitage. Hobbit Bilbo Baggins and the company of dwarves continue their quest to reclaim the dwarves' lost kingdom. (2013, 12, 161 min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **The Hobbit: The Battle of the Five Armies** Conclusion of the epic fantasy adventure trilogy starring Martin Freeman. (2014, 12, 144min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.55 AM **Sketch** Fantasy comedy. (2025, 12, 93min) ★★★★
2.35 **Look Who's Talking Now** Comedy sequel starring John Travolta. (1993, 12, 95min) ★
4.15 **Friend or Foe** Family drama. (1981, U, 70min) ★★★
5.30 **to 7.20** AM **Bookworm** Comedy. (2024, 12) ★★★★

Sky Cinema Action

306 306 407 507 521

7.35 AM **Fast & Furious 5** Thriller sequel. (2011, 12, 130min) ★★★
9.55 **Venom** Fantasy adventure. (2018, 15, 112min) ★★★
11.50 **Rampage** Fantasy adventure. (2018, 12, 107min) ★★★
1.40 PM **Spider-Man: Homecoming** Adventure. (2017, 12) ★★★★
4.00 **Clash of the Titans** Fantasy. (2010, 12, 106min) ★★
6.00 **Indiana Jones and the Temple of Doom** Adventure. (1984, PG, 118min) ★★★

8.00 Justice League

8.00 **Justice League** Sci-fi adventure starring Ben Affleck, Gal Gadot and Henry Cavill. Bruce Wayne enlists the help of Wonder Woman, Aquaman, Cyborg and The Flash in the fight against supervillain Steppenwolf. (2017, 12, 120min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **Twister** Disaster movie starring Helen Hunt and Bill Paxton. An estranged married couple of meteorologists reunite to chase tornadoes across the American Midwest. (1996, PG, 114min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **The Italian Job** Crime caper. (1969, PG) ★★★★★
1.45 AM **2 Fast 2 Furious** Thriller. (2003, 12, 108min) ★★★
3.35 **The Fast and the Furious: Tokyo Drift** (2006, 12) ★★
5.25 **to 7.10** AM **Rumble in the Bronx** Action comedy. (1996, 15, 89min) ★★★

Sky Cinema Comedy

308 308 408 508 522

7.35 AM **Two Weeks Notice** Comedy. (2002, 12) ★★★
9.25 **Superbad** Teen comedy. (2007, 15, 113min) ★★★★
11.25 **Sleepless in Seattle** Comedy. (1993, PG, 105min) ★★★★★
1.20 PM **You've Got Mail** Comedy. (1998, PG, 114min) ★★★
3.30 **Bridget Jones's Baby** Comedy. (2016, 15, 123min) ★★★
5.40 **Love Actually** Romantic comedy starring Hugh Grant. (2003, 15, 135min) ★★★

8.00 The Hangover

8.00 **The Hangover** Comedy starring Bradley Cooper, Zach Galifianakis and Ed Helms. Three friends try to find the missing groom after a riotous bachelor party in Las Vegas. (2009, 15, 99min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **The Hangover Part II** Dark comedy sequel starring Bradley Cooper, Ed Helms and Zach Galifianakis. A drug-fuelled bachelor party in Bangkok leaves three friends looking for the bride's vanished brother. (2011, 15, 101 min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **The Hangover Part III** Comedy sequel. (2013, 15, 100min) ★★
1.15 AM **In & Out** Comedy. (1997, 12, 91 min) ★★★
2.50 **Risky Business** Comedy drama. (1983, 18, 98min) ★★★★
4.30 **to 6.25** AM **Friendship** Comedy starring Paul Rudd. (2025, 15, 101 min) ★★★★

Sky Cinema Thriller

309 309 409 509 523

6.45 AM **The Cinema List: Outlaws**
7.05 **The Line** Drama starring Alex Wolff. (2023, 15, 100min) ★★★
8.50 **Lethal Weapon 4** Thriller. (1998, 15, 128min) ★★★
11.00 **Ocean's Eight** Crime caper. (2018, 12, 110min) ★★★★
1.00 PM **Three Days of the Condor** Thriller. (1975, 15) ★★★★
3.00 **The Firm** Legal thriller. (1993, 15, 155min) ★★★
5.40 **The Hunt for Red October** Thriller. (1990, PG) ★★★★

9.45 The Bikeriders

8.00 **Black Bag** Espionage thriller starring Michael Fassbender and Cate Blanchett. When a spy is suspected of treason, her husband faces the ultimate test. (2024, 15, 94min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

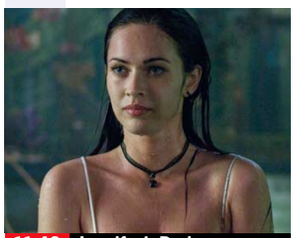
9.45 **The Bikeriders** Drama starring Tom Hardy, Jodie Comer and Austin Butler. Over a decade, a motorcycle club evolves from a gathering of local outsiders to a sinister gang. With Mike Faist and Michael Shannon. (2023, 15, 116min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **The Krays** Crime drama starring Martin and Gary Kemp. (1990, 18, 119min) ★★★
2.00 AM **Sleepers** Fact-based drama starring Kevin Bacon. (1996, 18, 146min) ★★★
4.35 **to 6.20** AM **Caddo Lake** Thriller starring Dylan O'Brien. (2024, 12, 99min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **A Foreign Affair** Billy Wilder's comedy drama. (1948, b/w, PG, 116min) ★★★
1.20 PM **Forty Guns** Cult Western. (1957, b/w, PG, 76min) ★★★
3.00 **Winchester '73** Western. (1950, b/w, U, 92min) ★★★
4.50 **Von Ryan's Express** Wartime drama starring Frank Sinatra. (1965, PG, 117min) ★★★★
7.10 **Daddy's Home** Comedy. (2015, 12, 96min) ★★★



11.40 Jennifer's Body

Daddy's Home (film started at 7.10pm) **8 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Kingsman: The Secret Service** Action comedy based on a comic book starring Colin Firth and Taron Egerton. A streetwise teenager is given the opportunity to work with a super-secret spy organisation. (2015, 15, 128min) ★★★★ **9 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Jennifer's Body** Darkly comic horror starring Megan Fox and Amanda Seyfried. A mousy teenager realises that her teen queen best friend has turned into an evil, man-eating demon. (2009, 15, 102min) ★★★ **10 PM**
1.45 **to 3.40** AM **I Am Not a Witch** Drama starring Maggie Mulubwa. Partly subtitled. (2017, 12, 100min) ★★★★ **11 PM**

+1 hour 314 430 47 301 257

Sky Cinema 5 Star Movies

302 302 402 502 516

7.25 AM **Chuck Chuck Baby** (2023)
9.15 **Shazam!** Comedy adventure. (2019, 12, 132min) ★★★★
11.35 **Wonder Woman** Fantasy. (2017, 12, 121 min) ★★★★
2.00 PM **Arrival** Sci-fi drama. (2016, 12, 116min) ★★★★★
4.05 **Nightcrawler** Crime thriller. (2014, 15, 115min) ★★★★
6.05 **Edge of Tomorrow** Adventure. (2014, 12, 113min) ★★★★

8.00 **Furiosa: A Mad Max Saga** Fantasy adventure starring Anya Taylor-Joy and Chris Hemsworth. A warrior seeks vengeance against a biker horde led by the crazed Dementus. (2023, 15, 148min) ★★★★
10.30 **Jericho Ridge** Thriller starring Nikki Amuka-Bird. Trapped and alone, a small-town cop must fight for her life when her remote office is targeted by lethal enemies. With Zack Morris. (2023, 15, 87min) ★★★

12.05 AM **Lake George** Crime thriller. (2024, 15, 118min) ★★★★
2.00 **The Colour Room** Drama. (2021, PG, 109min) ★★★★
3.55 **Chuck Chuck Baby** Drama. (2023, 15, 101 min) ★★★★
5.40 **to 8.10** AM **Funny Girl** Musical. (1968, U, 169min) ★★★★

Sky Cinema Greats

307 307 404 504 518

7.00 AM **The First Wives Club** (1996)
8.50 **Arthur** Comedy starring Dudley Moore. (1981, 15, 93min) ★★★★
10.30 **Uncle Buck** Comedy with John Candy. (1989, 12, 94min) ★★★
12.15 PM **In & Out** As 10.55pm.
1.50 **Police Academy** Comedy. (1984, 15, 95min) ★★★
3.30 **Police Academy 2: Their First Assignment** Comedy sequel. (1985, 12, 87min) ★★

5.00 **Police Academy 3: Back in Training** Comedy sequel. (1986, PG, 82min) ★
6.30 **The Naked Gun** Spoof police thriller starring Leslie Nielsen. (1988, 15, 85min) ★★★★
8.00 **The Naked Gun 2½: The Smell of Fear** Spoof police thriller sequel starring Leslie Nielsen. (1991, 15, 81 min) ★★★
9.30 **The Naked Gun 33⅓: The Final Insult** Spoof police thriller sequel starring Leslie Nielsen. (1994, 12, 83min) ★★★

10.55 **In & Out** Comedy starring Kevin Kline. (1997, 12, 91 min) ★★★
12.30 AM **The First Wives Club** Comedy. (1996, PG) ★★★
2.15 **Arthur** As shown at 8.50am.
3.55 **Sky Cinema Preview**
4.55 **to 6.40** AM **See No Evil, Hear No Evil** Comedy. (1989, 15) ★★★

Sky Cinema Animation

312 315 405 500 514

7.35 AM **The Amazing Maurice**
9.20 **Fireheart** As 8.40pm.
11.05 **Open Season** Animation. (2006, PG, 86min) ★★★★
12.45 PM **Smurfs** Fantasy comedy. (2025, PG, 89min) ★★
2.25 **Into the Wonderwoods** Animation. (2024, U) ★★★
4.00 **Cloudy with a Chance of Meatballs 2** Animated comedy sequel. (2013, U, 93min) ★★★

5.40 **The Amazing Maurice** Animated family adventure. (2022, PG, 93min) ★★★★
7.20 **Open Season 2** Animated comedy adventure sequel with the voice of Joel McHale. (2008, PG, 73min) ★★★
8.40 **Fireheart** Animated adventure with the voice of Olivia Cooke. (2022, U, 92min) ★★★
10.15 **Extinct** Animated adventure. (2021, U, 84min) ★★★
11.45 **Pets on a Train** Animation. (2025, PG, 87min) ★★★

1.15 AM **Into the Wonderwoods**
2.50 **Riverdance: The Animated Adventure** Family animation. (2021, U, 90min) ★★★
4.25 **Open Season 2** As 7.20pm.
5.45 **to 7.20** AM **The Ogglies** Animated family adventure. (2021, PG, 85min) ★★★

Disney+ Cinema

305

6.00 AM **Toy Story** Animation. (1995, PG, 77min) ★★★★★
7.25 **Monsters, Inc** Animation. (2001, U, 95min) ★★★★★
9.00 **Flubber** Fantasy comedy. (1997, U, 94min) ★★★
10.35 **George of the Jungle** Spoof adventure. (1997, U, 92min) ★★
12.10 PM **Confessions of a Shopaholic** Romantic comedy. (2008, PG, 104min) ★★★

1.55 **Ratatouille** Animated comedy. (2007, U, 106min) ★★★★★
3.50 **The Princess Diaries** Comedy. (2001, U, 115min) ★★★
5.45 **Bedtime Stories** Fantasy. (2008, PG, 99min) ★★★
7.30 **The Haunted Mansion** Comedy. (2003, PG, 87min) ★★
9.00 **Spy** Comedy adventure. (2015, 15, 115min) ★★★★
11.00 **The Beach** Exotic drama. (2000, 15, 118min) ★★★
1.00 AM **28 Weeks Later** Horror sequel. (2007, 18, 99min) ★★★★

2.40 **Aliens Vs Predator: Requiem** Sci-fi action sequel with Steven Pasquale. (2007, 15, 89min) ★★
4.25 **Beverly Hills Chihuahua** Comedy with the voice of Drew Barrymore. (2008, U, 91 min) ★★
5.55 **to 6.00** AM **Forky Asks a Question** Animated short.

Talking Pictures

328 445 82 306 36

6.00 AM **Adventures of Jim Bowie**
6.35 **No Resting Place** Crime drama. (1951, b/w, PG, 80min) ★★★
8.10 **A Woman's Temptation** Drama. (1959, b/w, U, 60min) ★★★
9.25 **The Gambler and the Lady** Thriller. (1952, b/w, PG, 74min) ★
10.55 **Jane Eyre** Classic drama.
1.10 PM **Adventures of William Tell**
1.40 **The Captain's Paradise** Comedy. (1953, b/w, U, 89min) ★★★

3.25 **No Fire in Bedroom**
3.30 **The Affairs of a Rogue** Drama. (1948, PG, 111 min) ★★★★
5.20 **Jodie Foster: Hollywood Under the Skin** Documentary.
6.25 **Whiplash** 11/34. (S1)
6.55 **The Man from UNCLE** (S1)
8.00 **The Mind of Mr JG Reeder** (S1)
9.00 **PREMIERE** **Murders in Martinique** French thriller with Olivier Marchal. Subtitled. (2016, 15, 96min) ★★★
10.50 **She Played with Fire** Drama. (1957, b/w, PG, 95min) ★★★

12.45 AM **House on Haunted Hill** Chiller. (1958, b/w, 12) ★★★
2.20 **The Black Book** Drama. (1949, b/w, PG, 89min) ★★★
4.10 **A Lifetime Ago with The Baim Collection** A guide to Florence.
4.30 **Target: The Corruptors** (S1)
5.30 **to 6.00** AM **Beverly Hillbillies**

TUESDAY Sport 21 April

Tuesday

Sky Sports Main Event

401 401 501 419 439

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
10.00 **LIVE WTA & ATP Tennis** Coverage of the opening day of the Madrid Open, a clay-court tournament at La Caja Mágica, featuring matches from the first round of the women's draw. Emma Raducanu was in action at this stage last year, and successfully navigated her way into the second round with a 7-6 6-4 win over Suzan Lamens.
7.30 PM **LIVE Premier League Brighton & Hove Albion v Chelsea.** The top-flight match staged at the AMEX Stadium. The Seagulls claimed an impressive 3-1 win when the teams met at Stamford Bridge last September, when the second-half dismissal of Chelsea's Trevoh Chalobah appeared to be the turning point, with the Blues leading 1-0 prior to his red card. Kick-off **8.00pm**.
10.45 **Back Pages Tonight**
11.00 **Sky Sports News**
11.30 **LIVE NBA Basketball** Coverage of a play-off match.
3.00 **to 6.00** AM **LIVE NBA Basketball** A play-off match.

Sky Sports Premier League

402 402 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
7.30 **Premier League Highlights**
10.00 **Sky Sports FC**
12.00 NOON **PL Highlights**
4.00 PM **Premier League Review**
5.00 **The Premier League Show**
7.00 **Netbusters** Recent action.
7.30 **LIVE Premier League Brighton & Hove Albion v Chelsea.** The top-flight match staged at the AMEX Stadium. The Seagulls claimed a 3-1 win when the teams met last September, when the second-half dismissal of Chelsea's Trevoh Chalobah appeared to be the turning point, with the Blues leading 1-0 prior to his red card. While the Londoners have the better record overall in fixtures between these teams, Brighton have won the last three meetings. Kick-off **8.00pm**.
10.45 **Premier League Review**
11.45 **PL Greatest Games**
12.00 M'T **Premier League Highlights**
12.30 AM **Netbusters** Recent action.
1.00 **PL Retro** Arsenal v Leicester City.
3.00 **PL Greatest Games**
4.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 503 421 441

6.00 AM **EFL Cup Retro**
8.45 **EFL Greatest Games**
10.00 **Championship Season Review**
11.00 **Craig Brown: My Scotland**
11.30 **There's Only One Sauzee**
12.00 NOON **EFL Highlights**
12.30 PM **Bundesliga Highlights**
1.30 **EFL League One Goals**
2.00 **EFL League Two Goals**
2.30 **EFL Highlights** Championship.
4.30 **Bundesliga Highlights Show**
5.30 **EFL Highlights**
6.00 **EFL League One Goals**
6.30 **EFL League Two Goals**
7.00 **EFL Highlights** Action from Watford v Sheffield United.
7.15 Wrexham v Stoke City.
7.30 **LIVE EFL** A Championship match. Kick-off **7.45pm**.
10.30 **EFL Trophy** Luton Town v Stockport County in the final.
11.00 **EFL Greatest Games**
12.00 M'T **EFL Cup Retro** Chelsea v Tottenham in the 2015 final.
2.00 AM **Craig Brown: My Scotland**
2.30 **Jimmy Glass: The Great Escape** Action from 1999.
3.00 **EFL Greatest Games**
4.00 **Championship Season Review**
5.00 **Best Goals: EFL Cup 2020/21**
5.30 **to 6.00** AM **EFL Trophy**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **IPL** T20 highlights.
7.00 **IPL** Another chance to see Gujarat Titans v Mumbai Indians.
11.15 **Best of ICC WT20**
12.00 NOON **IPL** T20 highlights.
2.50 PM **LIVE IPL Sunrisers Hyderabad v Delhi Capitals.** The T20 match at Rajiv Gandhi International Stadium. The visitors won the only meeting between the two sides last season as they came away with a simple seven-wicket victory. Sunrisers were bowled out for 163 inside 18.4 overs as Mitchell Starc took 5-35 from 22 balls. In response, the Capitals chased down their target with 24 balls remaining as Faf du Plessis hit 50 from 27 balls.
7.00 **Best of ICC WT20**
8.00 **IPL** Gujarat Titans v Mumbai Indians at Narendra Modi Stadium.
9.00 Highlights of Sunrisers Hyderabad v Delhi Capitals.
10.00 **IPL** Kolkata Knight Riders v Rajasthan Royals at Eden Gardens.
11.00 Sunrisers Hyderabad v Delhi Capitals from Hyderabad.
12.00 M'T **Best of ICC WT20**
12.30 AM **IPL** A match replay.
4.45 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

406 406 506 423 443

6.00 AM **Golf Academy**
7.00 **Playing Lessons**
8.00 **Nick Dougherty's Tee Time Tips**
9.00 **Best of the Open Zone 2017**
10.00 **PGA Tour Golf** RBC Heritage.
11.00 **School of Golf**
12.00 NOON **Best of the Open Zone**
1.00 PM **Golf Academy**
2.00 **Mark Roe's Short Game School**
2.30 **PGA Tour Golf** RBC Heritage.
3.30 **DP World Tour Golf**
4.00 **HotelPlanner Tour Golf**
4.30 **The Improvers**
5.00 **Chronicles of a Champion Golfer** Profiles of leading players.
6.00 **Ladies European Tour Golf**
7.00 **Final Cut: The Long Game**
8.00 **PGA Tour Champions**
9.00 **Scotland's Greatest Golf Holes**
9.30 **DP World Tour Golf**
10.00 **PGA Tour Golf** RBC Heritage.
11.00 **Perfection in Paris**
1.00 AM **How the 2002 Ryder Cup Was Won** At the Belfry.
4.00 **Golf Academy** Expert tips.
5.00 **to 6.00** AM **School of Golf**

Sky Sports Tennis

408 408 508 425 445

6.00 AM **Tennis** Madrid Open finals.
8.00 **ATP Tour This Week**
8.30 **WTA & ATP Tennis** Madrid Open.
10.00 **LIVE WTA & ATP Tennis** Coverage of the opening day of the Madrid Open held at La Caja Mágica, featuring matches from the first round of the women's draw. Emma Raducanu was in action at this stage last year, and successfully navigated her way into the second round with a 7-6 6-4 win over Suzan Lamens, where she would be joined by fellow British stars Sonay Kartal and Katie Boulter, who triumphed over Jaqueline Cristian and Katerina Siniaková respectively.
8.00 PM **ATP Tennis** Barcelona Open.
9.00 **ATP Tennis** Munich Open.
10.00 **WTA & ATP Tennis** Madrid Open.
1.00 AM **WTA & ATP Tennis**
3.00 **US Open Classic Matches**
4.00 **ATP/WTA Tour Classic Matches**
5.00 **to 6.00** AM **ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **Premier League Review**
7.00 **Premier League: Big Interview**
7.30 **Premier League Stories**
8.00 **The FA Youth Cup**
9.00 **Serie A** Action from Italy.
11.00 **Men's Cycling Pro Series**
12.00 NOON **Race Bikes**
12.30 PM **LIVE Men's Cycling Pro Series** Coverage of the second stage of the Tour of the Alps.
2.30 **LIVE Snooker World Championship** Coverage of the first round on the fourth day from the Crucible Theatre in Sheffield.
5.30 **UEFA Champions League**
6.00 **European Rally Championship**
6.30 **LIVE Snooker World Championship** Further coverage of the first round on the fourth day at the Crucible Theatre.
10.00 **MLB Highlights**
11.00 **MLB Lead Off** A look ahead.
11.30 **LIVE MLB Boston Red Sox v New York Yankees.** Coverage of the American League match from Fenway Park. Start-time **11.45pm**.
2.30 AM **MLB Closer** A look back.
3.00 **UEFA Champions League**
3.30 **Isuzu UTE A-League Highlights**
4.00 **to 6.00** AM **Serie A**

TNT Sports 2

411 414 522 409 431

6.00 AM **The Gallagher PREM**
6.15 **The Gruppetto** Cycling news.
6.30 **Cycling** Event highlights.
9.30 **Motocross World Championship**
12.30 PM **World Superbike**
1.30 **Premier League Review**
2.30 **The WRC Magazine**
3.00 **UEFA Champions League**
5.00 **Premier League Review**
6.00 **Premier League Netbusters**
6.30 **Premier League Stories**
7.00 **The Cycling Show**
7.30 **Race Bikes** Mountain Bike racing.
8.00 **LIV Golf** Action from Mexico.
9.00 **UEFA Champions League**
9.30 **The Muddy Roots of Football**
10.00 **Premier League Reload**
10.15 **World Superbike Rewind**
10.30 **The Gallagher PREM**
10.45 **The Gruppetto** Cycling news.
11.00 **Men's Cycling Pro Series**
12.00 M'T **LIV Golf** From Mexico.
1.00 AM **European Rally Championship Highlights**
1.30 **World Superbike Highlights**
2.30 **LIVE MLB San Francisco Giants v Los Angeles Dodgers.** Coverage of the National League match from Oracle Park. Start-time **2.45am**.
5.30 **to 6.00** AM **MLB Classic**

Sky Sports Action

412 410 510 426 446

6.00 AM **Super League**
12.00 NOON **NFL Highlights** San Francisco 49ers v Chicago Bears.
1.00 PM **Good Morning Football**
3.00 **NFL Highlights** Denver Broncos v Jacksonville Jaguars.
4.00 **Super League Highlights** Action from Warrington Wolves v Huddersfield Giants in 2024.
4.15 Leeds Rhinos v St Helens.
4.30 Hull Kingston Rovers v Wigan Warriors from 2024.
4.45 Leeds Rhinos v St Helens.
5.00 **NFL Highlights** Baltimore Ravens v New England Patriots.
6.00 **NBC's Pro-Football Talk**
8.00 **NBA Basketball** A replay of Detroit Pistons v Boston Celtics.
10.00 **NBA on Fire** The latest news.
10.30 **NFL Bitesize Highlights** Las Vegas Raiders v Denver Broncos.
10.45 Highlights from Kansas City Chiefs v Houston Texans.
11.00 **Super League Highlights** St Helens v Catalans Dragons.
11.15 Action from Leigh Leopards v Salford Red Devils.
11.30 **LIVE NBA Basketball** Coverage of a play-off match.
3.00 **to 6.00** AM **LIVE NBA Basketball** A play-off match.

Sky Sports Sky Sports+

404 404 504 427 447

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
10.00 **LIVE WTA & ATP Tennis** Coverage of the opening day of the Madrid Open, a clay-court tournament staged at La Caja Mágica, featuring matches from the first round of the women's draw. Emma Raducanu was in action at this stage last year, and successfully navigated her way into the second round with a 7-6 6-4 win over Suzan Lamens, where she would be joined by fellow British stars Sonay Kartal and Katie Boulter, who triumphed over Jaqueline Cristian and Katerina Siniaková respectively.
7.35 PM **LIVE EFL** A Championship match. Kick-off **7.45pm**.
9.45 **EFL Greatest Games**
10.00 **Sky Sports News** A round-up of the day's sports news, featuring interviews and highlights.
10.30 **Back Pages Tonight**
11.00 **Sky Sports News**
12.00 M'T **EFL Greatest Games**
1.00 AM **LIVE NBA Basketball** Coverage of a play-off match.
4.00 **to 6.00** AM **EFL Greatest Games**

Sky Sports Mix

416 412 511 429 449

6.00 AM **EFL Greatest Games**
7.00 **WTA & ATP Tennis**
11.00 **PGA Tour Golf** RBC Heritage.
12.00 NOON **IPL** T20 highlights.
2.00 PM **PL Greatest Games**
3.00 **Men's T20 World Cup**
3.30 **WTA Tennis** Stuttgart Open final.
4.30 **ATP Tennis** Munich Open final.
5.30 **PDC Classics** Archive action.
6.00 **Premier League Darts** Action from the 11th night of the tournament at Rotterdam Ahoy.
10.00 **IPL** Recent T20 highlights.
12.00 M'T **The Insiders** NFL news.
1.00 AM **WTA Tennis** Recent finals.
3.00 **EFL Greatest Games**
4.00 **to 6.00** AM **T20 World Cup**

TNT Sports 3

413 415 523 410 432

6.00 AM **Fishing: On the Bank**
7.00 **World Superbike Highlights**
8.00 **Snooker World Championship**
10.00 **LIVE Snooker World Championship** Coverage of the first round on the fourth day from the Crucible Theatre in Sheffield.
1.00 PM **MLB Highlights**
2.00 **The Gallagher PREM**
2.15 **LIVE Snooker World Championship** Further coverage of the first round on the fourth day at the Crucible Theatre.
5.30 **MLB Highlights**
6.30 **LIVE Snooker World Championship** Continued coverage of the first round on the fourth day at the Crucible Theatre.
10.00 **Isuzu UTE A-League Highlights**
10.30 **The WRC Magazine**
11.00 **UEFA Champions League**
1.00 AM **Snooker** Highlights.
3.00 **Men's Cycling Pro Series**
4.00 **Fishing: On the Bank**
5.00 **to 6.00** AM **Champions League**

TNT Sports 4

414 416 524 411 434

6.00 AM **AFL** Four match replays.
12.00 NOON **AFL** A replay of West Coast Eagles v Fremantle Dockers.
1.30 PM **Longines Global Champions Tour** In Mexico City.
2.30 **Isuzu UTE A-League** Action from Wellington Phoenix v Western Sydney Wanderers.
3.30 Highlights from Brisbane Roar v Melbourne City.
4.30 Sydney FC v Perth Glory.
5.30 Action from Auckland FC v Central Coast Mariners.
6.30 Highlights from Adelaide United v Macarthur Bulls.
7.30 **Motocross World Championship** Highlights from MX2 race one in Trentino, Italy.
8.15 MXGP race one in Trentino.
9.00 Highlights from the MX2 second race in Trentino, Italy.
9.45 MXGP race two in Trentino.
10.30 **AFL** A chance to see Hawthorn Hawks v Port Adelaide Power.
12.00 M'T **to 6.00** AM **AFL**

Premier Sports 1

419 551

6.00 AM **Top 14 Rugby Union**
8.00 **NHL Ice Hockey**
10.00 **NASCAR Highlights**
11.00 **Scottish Football Social Club**
12.00 NOON **LaLiga Match Highlights**
12.30 PM **URC in 60**
1.30 **Top 14 Rugby Union Highlights**
2.00 **NHL Tonight** Play-off preview.
3.00 **Scottish Cup Football**
5.00 **Football's Greatest**
5.30 **LaLiga Match Highlights**
5.55 **LIVE LaLiga** Coverage of a Spanish top-flight match.
8.00 **LaLiga Match Highlights**
8.25 **LIVE LaLiga** Coverage of a Spanish top-flight match.
10.30 **Football's Greatest**
11.00 **NASCAR Highlights**
12.00 M'T **LIVE NHL Ice Hockey** Coverage of a play-off game.
3.00 AM **Sporting Countdowns**
3.30 **Coppa Italia** Inter Milan v Como.
5.30 **to 6.00** AM **Sporting Countdowns**

Premier Sports 2

420 552

6.00 AM **Bike World** Magazine.
6.30 **NASCAR O'Reilly Series**
9.30 **Motorsport** Valentino Rossi.
10.00 **Temples of Sport**
10.30 **Argentine Primera** A chance to see River Plate v Boca Juniors.
12.30 PM **United Rugby Championship** Another chance to see Edinburgh v Zebre Parma.
2.30 **Temples of Sport**
3.00 **NHL Ice Hockey** A play-off.
5.00 **NHL: This is Hockey**
5.30 **Coppa Italia** Another chance to see FC Como v Inter Milan.
7.25 **Coppa Italia Show**
7.55 **LIVE Coppa Italia Inter Milan v FC Como.** The semi-final second-leg staged at the San Siro. Kick-off **8.00pm**.
10.45 **LaLiga Match Highlights**
11.00 **United Rugby Championship**
1.00 AM **Football's Greatest**
2.00 **NHL Tonight** Top 50 players.
3.00 **to 6.00** AM **LIVE NHL Ice Hockey** A play-off match.

Sky Sports F1

407 407 507 424 444

6.00 AM **Formula 1** Highlights.
10.00 **Formula 3** Australian Grand Prix.
12.15 PM **Formula 2** From Australia. .
3.00 **Formula 1** Australian Grand Prix.
6.00 **Ted's Notebook**
6.30 **British Kart Championships**
7.30 **Ferrari Challenge UK Highlights**
8.00 **Formula 1** Japanese Grand Prix.
9.00 **Indycar** Grand Prix of Long Beach.
10.00 **British Kart Championships**
11.00 **Indycar** Recent highlights.
12.00 M'T **British Kart Championships**
1.00 AM **F1 Explained**
2.00 **The Best of Australia & China**
3.00 **F1 Explained**
4.00 **The Best of Australia & China**
5.00 **to 6.00** AM **F1 Explained**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Wednesday 22 April Evening Planner

Wednesday

Drama

Saint-Pierre

U&Alibi, 9pm

A Newfoundland detective Donny 'Fitz' Fitzpatrick (Allan Hawco, right) is sent to work in a remote Canadian archipelago.

Music

Making a Maestro

Sky Arts, 8pm

This three-parter follows young hopefuls competing for the chance to become an assistant conductor at the famous LSO.

OnDemand

Disney+

Orangutan

Available today

Josh Gad narrates this coming-of-age story of an adolescent female orangutan as she prepares to leave her mother behind.

OnDemand

tv

Criminal Record

Available today

Season two begins with DS Lenker (Cush Jumbo) trying to keep the peace at a political rally in London.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 The Repair Shop		9.00 MasterChef		10.00 News; Local News	
	102 BBC2	7.00 Great British Menu: The Finals		8.00 Digging for Britain		9.00 Michael Jackson: An American Tragedy		10.00 Twenty Twenty...	10.30 Newsnight
	103 ITV1	‹ 6.30 News; Weather	7.30 Celebrity Lingo	8.00 Emmerdale	8.30 Coronation Street	9.00 I'm a Celebrity... South Africa		10.05 The Assembly	
	104 CHANNEL 4	7.00 News		8.00 Help! I Bought It at Auction with Sarah...		9.00 Grayson Perry Has Seen the Future		10.00 Gordon Ramsay's Secret Service	
	105 5	7.00 Springtime on the Farm		8.00 Warship: Life in the Royal Navy		9.00 Egypt with Dan Snow		10.00 A&E After Dark	
	106 SKY ONE	7.00 The Simpsons		8.00 Joe Lycett's United States of Birmingham		9.00 The 'Burbs		10.00 Ricky Gervais: Politics	
ENTERTAINMENT	115 BBC3	7.05 Deadly 60		8.00 Interior Design Masters with Alan Carr		9.00 The Apprentice		10.00 Ashley Cain: Into the Danger Zone	
	116 BBC4	7.00 Snooker: World Championship – Live: The evening session on day five						10.00 This Life	
	118 ITV2	7.00 I'm a Celebrity South Africa		8.00 The 1% Club Valentine's Special		9.00 Hell's Kitchen		10.00 Family Guy	
	136 MORE4	‹ 6.50 Location, Location, Location		7.55 Kirstie and Phil's Love It or List It		9.00 Grand Designs		10.00 24 Hours in A&E	
	135 E4	7.00 Hollyoaks	7.30 Married at First Sight Australia			9.00 Gogglebox			
	107 SKY WITNESS	7.00 Police 24/7		8.00 Caught on Dashcam		9.00 Doc		10.00 Matlock	
	108 SKY ATLANTIC	‹ 6.40 The Last of Us				9.00 Chernobyl		10.15 Euphoria	
	110 U&GOLD		7.20 Dad's Army	8.00 Still Open All Hours	8.40 Open All Hours	9.20 Not Going Out			10.40 Still...
	111 U&DAVE	7.00 Would I Lie to You?		7.40 Richard Osman's House of Games		9.00 QI XL		10.00 Frankie Boyle's New...	10.40 Have I...
	119 ITV3	‹ 6.55 Heartbeat		8.00 Midsomer Murders				10.00 DCI Banks	
	120 ITV4	7.00 Gallagher PREM Unleashed		8.00 Junk & Disorderly		9.00 Film: A View to a Kill			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Michael McIntyre's Big Show		10.00 8 Out of 10 Cats	
	145 SKY SCI-FI	7.00 Star Trek: Deep Space Nine		8.00 Stargate SG-1		9.00 From			
	143 U&DRAMA	‹ 6.40 Last of the Summer Wine		8.00 Father Brown		9.00 Sister Boniface Mysteries		10.00 New Tricks	
	109 U&ALIBI	7.00 Father Brown		8.00 Death in Paradise		9.00 Saint-Pierre		10.00 Father Brown	
	122 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Making a Maestro		9.00 Sir Simon Rattle: The Joy of Conducting		10.15 Welcome to the Eighties	
	132 U&W	7.00 DIY SOS: The Big Build		8.00 999 Rescue Squad		9.00 Annika		10.00 Inside the Ambulance: Coast and...	
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers						10.00 Truck Dynasty	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Rugged Justice		9.00 Alaska: The Last Frontier		10.00 Edge of Alaska	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Decoding History's Prophecies		9.00 Area 51: The CIA's Secret Files		10.00 Area 51: I Was There	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Celts: The Untold Story		9.00 The Curse of Oak Island		10.00 Mysteries Unearthed with Danny Trejo	
	155 U&YESTERDAY	7.00 Planet Earth		8.00 Train Truckers		9.00 Trawlermen: Hunting the Catch		10.00 Bangers & Cash	
	114 SKY DOCS	7.00 Dart Kings		8.00 The Mortician					
FILMS – Sky Cinema	301 PREMIERE	‹ 5.40 Superman		8.00 A Big Bold Beautiful Journey				10.00 Regretting You	
	302 5 STAR MOVIES	‹ 6.00 Tootsie		8.00 Singin' in the Rain				10.00 Risky Business	
	303 BIOPICS	‹ 5.45 The Survivor		8.00 Molly's Game					10.20 Jackie
	307 GREATS	‹ 6.05 Beverly Hills Cop		8.00 Beverly Hills Cop II			9.45 Beverly Hills Cop 3		
	312 ANIMATION	7.05 Smurfs: The Lost Village			8.45 Mr Peabody & Sherman				10.25 Riverdance: The...
	304 FAMILY	‹ 6.00 Stuart Little	7.35 Stuart Little 2			9.05 Trolls			
	306 ACTION	‹ 6.00 Morbius		8.00 The Meg				10.00 Fast & Furious 8	
	308 COMEDY	‹ 6.00 Mamma Mia!		8.00 Mamma Mia! Here We Go Again				10.00 Sex Tape	
	309 THRILLER	‹ 6.00 The Bikeriders		8.00 Ocean's Eleven				10.00 Sleepers	
	310 DRAMA	‹ 5.35 Coach Carter		8.00 Jerry Maguire					10.25 Anora
	311 SCI-FI	‹ 6.15 The Watched		8.00 Mad Max			9.40 Battleship		
	313 FILM4	‹ 6.55 The Adjustment Bureau				9.00 Transporter 3			
SPORT	401 MAIN EVENT	7.00 Premier League – Live: Burnley v Manchester City (Kick-off 8.00)							
	402 PREMIER LEAGUE	7.00 Premier League – Live: Bournemouth v Leeds United (Kick-off 8.00)							
	403 FOOTBALL	7.00 EFL Highlights	7.30 EFL – Live: Coverage of a Championship match						10.30 EFL Highlights
	405 CRICKET	7.00 Best of ICC WT20		8.00 IPL					
	410 TNT SPORTS 1	‹ 6.30 Snooker World Championship – Live: Further coverage of the first round on the fifth day of the tournament						10.00 TNT Sports...	10.30 MLB Highlights
	411 TNT SPORTS 2	7.00 Premier League			8.30 FIA World Endurance Championship...		9.30 Discovery Golf	10.00 Men's Cycling Pro Series	

‹ Denotes programmes starting before 7.00pm † Regions vary

WEDNESDAY

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Wednesday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Expert Witness** (S)(R)(AD)
11.15 **Homes Under the Hammer** New edition Essex. (S)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Shift the Thrift** New edition A search for bargains in Hebden Bridge, West Yorkshire. (S)(AD)
2.30 **Designing the Hebrides** (S)(R)(AD)
3.00 **Escape to the Country** (S)(R)
3.45 **Make It at Market** A crocheter and a ceramic artist seek advice. (S)(R)
4.30 **The Finish Line** Quiz show. (S)(R)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)
6.55 **Party Election Broadcast** (S)

9.00 MasterChef

7 PM

7.00 **The One Show** Alex Jones and Vernon Kay present the topical show. (S)
7.30 **EastEnders** Suki starts to worry about the family, Max and Cindy grow ever closer, while the Mitchells must rally together. (S)(AD)

8 PM

8.00 **The Repair Shop** New edition Suzie Fletcher restores a football used in a Scottish Cup final replay, Chris Shaw works on a magazine written in a Japanese PoW camp, and Rebecca Houghton repairs a Cretan lyra. (S)(AD)

9 PM

9.00 **MasterChef** New edition 2/21. Grace Dent and Anna Haugh put six more amateur cooks through their paces, asking them to follow a recipe that has vital information missing. (S)(AD)
■ Continues tomorrow

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **Queen Elizabeth II: Her Story, Our Century** Documentary exploring a century of change in Britain through the prism of Queen Elizabeth II's life. Featuring contributions from Helen Mirren, David Attenborough and Barack Obama. (S)(R)(AD)
11.40 **Celebrity Bridge of Lies** Ross Kemp presents a celebrity edition of the high-stakes quiz show, with Amy Dowden, Nina Wadia, Montell Douglas and Toyah Willcox playing to win money for their chosen charities. (S)(R)
12.25 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.30 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.15 AM **Homes Under the Hammer** (R)
7.15 **Escape to the Country** (S)(R)
8.00 **Sign Zone: Great British Menu: The Finals** (S)(R)(AD)
9.00 **BBC News** (S)
10.00 **LIVE Snooker: World Championship** The morning session on day five at the Crucible Theatre. *Continues at 1.00pm.* (S)
11.15 **Politics Live** (S)
1.00 PM **LIVE Snooker: World Championship** Coverage of the afternoon session on day five at the Crucible Theatre in Sheffield. *Continues at 7.00pm on BBC4.* (S)
6.00 **Richard Osman's House of Games** Quiz show. (S)(R)
6.30 **Great Japanese Railway Journeys** New edition Michael Portillo visits a Kyushu tea farm and the city of Nagasaki. (S)(AD)

9.00 Michael Jackson

7.00 **Great British Menu: The Finals** New edition Eight regional champions cook their main courses in a bid to secure a place at a banquet celebrating the British film industry. (S)(AD)
■ Continues tomorrow

8.00 **Digging for Britain** Alice Roberts visits archaeological digs in the east of the country, where finds include Britain's biggest Roman letter hoard, sunken treasure and Caesar's Fort. (S)(R)(AD)

9.00 **Michael Jackson: An American Tragedy** Series finale 3/3. A look at Michael Jackson's attempts at an ambitious comeback tour after he was cleared of further abuse allegations. (S)(AD)
■ Entire series on BBC iPlayer

10.00 **Twenty Twenty Six** New episode *Ambassador:* 3/6. The team finalise their plans for the unveiling of the tournament ambassador. (S1) (S)(AD)
■ Entire series on BBC iPlayer
10.30 **Newsnight** (S)

11.05 **Unspun World with John Simpson** A look at the week's major global news stories.(S)
11.30 **Inside Britain's National Parks** 3/4. From Dartmoor. (S)(R)(AD)
12.25 AM **Snooker: World Championship Extra** (S)
2.25 **Sign Zone: Beyond Paradise** (S)(R)
3.20 **Sign Zone: Great British Menu: The Finals** (S)(R)(AD)
4.20 **Sign Zone: Pilgrimage: The Road to Holy Island** (S)(R)(AD)
5.20 **to 6.15** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
10.00 **This Morning** (S)
12.30 PM **ITV News** (S)
12.55 **Local News** (S)
1.00 **Celebrity Catchphrase** Stephen Mulhern hosts the game show, with guests Georgia Taylor, Nikki Fox and Robert Rinder. (S)(R)(AD)
2.00 **Dickinson's Real Deal** David Dickinson and the team are in Bridlington, East Yorkshire. (S)(R)
3.00 **Lingo** Word-based quiz show hosted by Adil Ray. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.25 **Party Election Broadcast** By the Liberal Democrats. (S)
6.30 **ITV News** (S)

8.00 Emmerdale

7.30 **Celebrity Lingo** New edition *RuPaul's Drag Race UK* stars Danny Beard and Tia Kofi take on former England goalkeeper David Seaman and his wife, *Dancing on Ice* professional Frankie Seaman, in the word-based quiz show. (S)

8.00 **Emmerdale** Charity is at risk despite giving birth successfully, while Dr Todd learns a secret. (S)(AD)
8.30 **Coronation Street** Eva, Leanne and Toyah set off to confront Megan, and Todd hopes he is finally rid of Theo. (S)(AD)

9.00 **I'm a Celebrity... South Africa** New edition 13/16. As the show heads to its conclusion, two more celebrities must leave the African Savannah, while a cruel trial leaves a campmate frustrated. (S)(AD)
■ Continues tomorrow

10.05 **The Assembly** New edition Rapper Aitch faces a panel of autistic, neurodivergent and learning-disabled interviewers. (S)
10.30 **ITV News** (S)

11.00 **Local News** (S)
11.15 **Peston** Political magazine. (S)
12.00 M'T **The Murder Line** Series finale 6/6. An unexpected arrival leads to a deadly confrontation. (S1) (S)
12.50 AM **Gallagher PREM Unleashed** The 13th round of fixtures. (S)(R)
1.15 **Teleshoping**
3.00 **Tonight: Shoplifting – Are We Paying the Price?** (S)(SL)(R)
3.25 **I'm a Celebrity... South Africa** (R)
4.15 **Unwind with ITV** (S)
5.35 **to 6.00** AM **How to Clean Up for Cash** (S)(SL)(R)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.25 AM **Cheers** 14-16/25. (S3) (S)(R)
7.50 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 19-22/24. (S10) (S)(R)(AD)
11.10 **Ramsay's Kitchen Nightmares USA** New Jersey. (S)(R)
12.05 PM **News** (S)
12.10 **Find It, Fix It, Flog It** (S)(R)(AD)
1.10 **Matt Baker: Travels with Mum & Dad** 6/6. A visit to Co Durham's Ushaw House. (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **A New Life in the Sun: Where Are They Now?** (S)(R)
5.00 **Chateau DIY** New edition DIY novices Lionel and Claire tackle a luxury en-suite. (S)(AD)
6.00 **Sun, Sea and Selling Houses** New edition The Garners help a couple find the perfect villa for their new Spanish life. (S)

10.00 Gordon Ramsay's Secret Service

7.00 **News** (S)

8.00 **Help! I Bought It at Auction with Sarah Beeny** New edition Danielle and Danny take on a mansion in Cornwall with several problems, while Aled and Sarah try to get their north Wales home ready before their wedding. (S)(AD)

9.00 **Grayson Perry Has Seen the Future** Series finale 2/2. Grayson concludes his tour of Silicon Valley by considering the motivations of the individuals behind the technology. (S)(AD)

10.00 **Gordon Ramsay's Secret Service** New edition Gordon turns up at a restaurant in Maryland where the dining room is said to be haunted – only to find much scarier things. (S)(AD)
11.00 **24 Hours in A&E**. (S)(R)(AD)
12.00 M'T **Rescue: Extreme Medics** (S)(R)
12.55 AM **Ramsay's Kitchen Nightmares USA** (S)(SL)(R)
1.45 **Travel Man: 48 Hours in Marseilles** With Asim Chaudhry. (S)(R)
2.10 **FILM Like a Boss** Comedy starring Tiffany Haddish and Rose Byrne. (S)(SL) (2020, 15, 85min) ★★★
3.35 **George Clarke's Old House, New Home** (S)(SL)(R)(AD)
4.30 **Couples Come Dine with Me** (R)
5.25 **Find It, Fix It, Flog It** (S)(R)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 | 105 | 5 | 105 | 105 | 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.45 PM **News** (S)
12.50 **Matt Allwright** (S)
2.00 **Vanessa** Topical discussion. (S)
3.00 **Castle** *A Chill Goes Through Her Veins:* 5/10. A frozen corpse is found at a building site. (S)(R)
3.55 **Castle** *Always Buy Retail:* 6/10. A man is killed in an apparent voodoo ceremony. (S1) (S)(R)
4.50 **Love Nature** (S)(R)
5.00 **News** (S)
6.00 **Love Nature** New edition In Walsall, conservation charity FrogLife lead the Coalface to Wild Space project. (S)
6.05 **Susan Calman's Grand Day Out** The Channel Islands. (S)(R)
6.55 **News** (S)

8.00 Warship

7.00 **Springtime on the Farm** New edition 2/4. Cameras follow the construction of a brand new roundhouse at Cannon Hall Farm. (S)
■ Continues tomorrow
7.55 **News** (S)

8.00 **Warship: Life in the Royal Navy** New edition 4/6. JJ Chalmers heads to Dartmoor to push himself to the limit and find out whether he still has what it takes to match the standards of a Royal Marine. (S)(AD)

9.00 **Egypt with Dan Snow** Series finale 3/3. Dan ends his Egyptian adventure in the city of Cairo, where he explores centuries-old markets and discovers the country's oldest cafe. (S)(AD)

10.00 **A&E After Dark** A&E staff across Birmingham, Tunbridge Wells and Norwich handle a drunk driver's crash, a machete attack and a biker's injuries, all under intense pressure in urgent care. (S)(R)(AD)

11.05 **Cause of Death** 1/4. Documentary following real-life coronial investigations. (S)(R)
12.05 AM **Trauma Room One** (S)(R)
1.00 **Teleshopping** (S)(R)
2.00 **Cash in the Attic** (S)(R)(AD)
3.35 **Friends** (S5) (S)(R)(AD)
4.25 **Entertainment News** (S)
4.35 **Paul Martin's Antiques Showdown** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 | 305 | 38 | 128 | 253

SKY ONE

106 106 | 109 | 346 | 361

6.00 AM **Mornings**
7.00 **Mornings with Ridge and Frost**
8.00 **Stargate SG-1** (S2) (S)(R)
9.00 **NCIS: Los Angeles** (S14) (S)(R)
10.00 **Will & Grace** (S4) (S)(R)(AD)
11.00 **The Simpsons** (S)(R)
12.00 NOON **Predators** (S)(R)(AD)
1.00 PM **Hawaii Five-0** (S2) (S)(R)
2.00 **Magnum P.I.** (S5) (S)(R)(AD)
3.00 **S.W.A.T.** 18/23. (S2) (S)(R)(AD)
4.00 **Police 24/7** (S)(R)
5.00 **The Simpsons** *Elementary School Musical:* Lisa attends a performing arts camp. (S)(R)
5.30 *Mom and Pop Art:* Homer becomes an artist. (S)(R)
6.00 **The Office (US)** 2/26. Michael is forced to take counselling sessions with Toby. (S)(R)
6.30 3/26. Andy stars in a local theatre production. (S7) (S)(R)

9.00 The 'Burbs

7.00 **The Simpsons** *Loan-a-Lisa:* Grampa decides to give each member of the family $50. (S)(R)
7.30 *Lisa Simpson, This Isn't Your Life:* Lisa discovers her mother was an A-grade student in school. (S)(R)

8.00 **Joe Lycett's United States of Birmingham** 2/4. Joe continues his US road trip by moving on to Ohio, the state with the highest concentration of Birminghams. (S)(R)(AD)

9.00 **The 'Burbs** New episode *The Old Face-to-Face:* 5/8. As glimpses of Rob and Naveen's past surface, Samira makes a startling discovery about her strange neighbour across the street. (S1) (S)

10.00 **Ricky Gervais: Politics** The stand-up comedian and actor performs his second show – filmed at the Palace Theatre in London's West End in 2004. (S)(R)

11.30 **Grimm** 20/22. A mysterious woman has a bewitching effect on Nick, while Juliette finds her memories come flooding back. (S2) (S)(R)
12.30 AM **Police 24/7** Officers pursue a man riding a motorcycle recklessly. (S)(R)
1.30 **The Force: North East** (S)(R)
2.30 **Road Wars** (S)(R)
3.00 **Hawaii Five-0** 16/23. (S2) (S)(R)
4.00 **S.W.A.T.** 18/23. (S2) (S)(R)(AD)
5.00 **to 6.00** AM **Highway Patrol** (R)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **964**, Virgin **862**, Freesat **964**
6.55-7.00pm Party Election Broadcast (S)
10.40 Debate Night (S)(R)
11.40 Scotcast (S)(R)
12.10am Queen Elizabeth II: Her Story, Our Century (S)(R)(AD) **1.10** Weather for the Week Ahead (S)
1.15-6.00am BBC News (S)

N. IRELAND
Sky **966**, Virgin **863**, Freesat **966**
No variations

WALES
Sky **965**, Virgin **864**, Freesat **965**
6.55-7.00pm Party Election Broadcast (S)

BBC2

N. IRELAND
Sky **969**, Freesat **969**
10.00-10.30pm Greatest Gardens with Diarmuid Gavin and Carol Klein (S)(R)
11.05 Twenty Twenty Six New episode (S)(AD) **11.35** Unspun World with John Simpson (S) **12.00m't-12.25am** BBC News (S)

WALES
Sky **968**, Freesat **968**
No variations

ITV1

As main ITV1 except:

WALES
6.25-6.30pm Party Election Broadcast (S)
7.30-8.00pm NEW Wales Decides – The Interviews (S)

S4C

Sky **134**, Virgin **164**, Freesat **120**
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Ffasiwn Drefn (AD) **12.30** Heno **1.00** Y Sioe Fwyd **1.30** Garddio a Mwy **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Y Wal (AD) **4.00** Awr Fawr **5.00** Stwnsh **6.00** Cegin Bryn: Y Dosbarth Meistr **6.25** Darllediad Etholiadol New edition **6.30** Rownd a Rownd (AD) **6.59** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm (AD) **8.25** Nol o'r Dibyn gyda Iolo Williams Series finale (AD) **8.55** Newyddion a'r Tywydd **9.00** Anfamol (AD) **9.30** Noson Lawen **10.30-11.35pm** Ysbyty

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BBC3

115/117/121 118 | 107/113 | 23 | 107 | 107 | 10

BBC3 programmes start at 7.00pm

7.00 PM **The Catch Up**
7.05 **Deadly 60** Naturalist Steve Backshall witnesses a serval hunting in South Africa. **7.30** Steve heads to Norway to dive with the orca.
8.00 **Interior Design Masters with Alan Carr** 1/8. A fresh group of wannabe interior designers transform beach huts in Dorset.
9.00 **The Apprentice** 12/12. The two finalists launch their businesses to a roomful of industry experts, before Lord Sugar decides who will become his next partner.
10.00 **Ashley Cain: Into the Danger Zone** 4/6. The former footballer travels to Colombia to meet men drawn into the country's illegal gold mining venture.
11.00 **Ashley Cain: Into the Danger Zone** Double bill.
1.00 AM **Stacey Dooley: Growing Up Gypsy**
1.45 **My Mate's a Bad Date**
2.10 **to 3.50** AM **Stacey Dooley: Rape on Trial**

MORE4

136/137 127 | 147 | 18 | 124 | 15

8.55 AM **Find It, Fix It, Flog It**
10.55 **Four in a Bed**
1.35 PM **Come Dine with Me**
4.15 **Four in a Bed** The first visit of the week is to the Black Lion in Halland, East Sussex. **4.50** The week's second visit is to the Wheatsheaf Inn in Exning, near Newmarket. **5.20** The third visit of the week is to the Sherwood Guesthouse in New Brighton. **5.50** The final visit is to the Big Bear Lodge, Shropshire. **6.20** Payment Day arrives.
6.50 **Location, Location, Location** Kirstie Allsopp and Phil Spencer help first-time buyers in Manchester.
7.55 **Kirstie and Phil's Love It or List It** Kirstie and Phil help a couple in Aylesbury, Buckinghamshire.
9.00 **Grand Designs** Kevin McCloud follows a couple who have just £100,000 to build a luxurious off-grid family home in 20-acre woodland in Pembrokeshire.
10.00 **24 Hours in A&E** A 10-year-old has severed his finger at school, and a stonemason has dropped a marble slab on his hand.
11.05 **999: On the Front Line**
12.10 AM **Emergency Helicopter Medics**
1.15 **24 Hours in A&E**
2.15 **999: On the Front Line**
3.20 **to 3.50** AM **Food Unwrapped**

+1 hour 236/237 | 347 | 125

BBC4

116 119 | 107/108 | 9/24 | 106 | 108 | 11

BBC4 programmes start at 7.00pm

7.00 PM LIVE **Snooker: World Championship** Seema Jaswal presents coverage of the evening session on day five from the Crucible Theatre in Sheffield, featuring the start of Neil Robertson's first-round match against a qualifier and the conclusion of Mark Selby's opener.
10.00 **This Life** 11/11. Anna is forced to defend a dealer who sold her drugs, while Milly feels hurt and confused at being given the cold shoulder by O'Donnell. (S1)
10.40 **Concorde: A Supersonic Story** The life of the most glamorous plane ever built, as told by the people whose lives it touched. Narrated by actor Sophie Okonedo.
11.40 **Shark: Beneath the Surface** 3/3. How scientists are challenging perceptions of the ocean predators.
12.40 AM **Horizon: Volcanoes of the Solar System**
1.40 **to 2.40** AM **Concorde: A Supersonic Story**

E4

135/136 126 | 106 | 13 | 122 | 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen...**
8.00 **The Goldbergs**
9.00 **Modern Family**
10.00 **Married at First Sight Australia** Reality series.
11.30 **First Dates**
12.30 PM **Ramsay's Kitchen Nightmares USA**
1.30 **The Simpsons**
2.30 **Modern Family**
3.30 **Married at First Sight Australia** Reality series.
5.00 **America's Next Top Model: All-Stars** The girls create a music video with the help of rapper Game.
6.00 **The Simpsons** Double bill.
7.00 **Hollyoaks** Mercedes gives Theresa some advice.
7.30 **Married at First Sight Australia** New edition As Feedback Week continues, one bride decides she's had enough of the experts' advice.
9.00 **Gogglebox** Opinions on *Celebrity Hunted, Britain's Got Talent* and *Citadel*.
10.05 **Gogglebox** Views on *This Morning* and *Dragons' Den*.
11.05 **First Dates**
12.10 AM **Naked Attraction**
1.15 **Married at First Sight Australia** As 7.30pm.
2.45 **Gogglebox**
3.35 **The Simpsons**
4.00 **The Goldbergs**
4.50 **to 6.00** AM **Don't Tell the Bride**

+1 hr 235/236 | 306 | 30 | 123 | 256

WEDNESDAY Entertainment

Wednesday

Sky Witness

107 107 110 341 356

6.00 AM **Bondi Rescue**
7.00 **Border Patrol**
8.00 **Stop, Search, Seize**
9.00 **Brit Cops: Rapid Response**
10.00 **A1: Britain's Longest Road**
11.00 **FBI** 3&4/19. (S2)
1.00 PM **The Rookie** 16/22. A militia group wreak havoc. **2.00** 17/22. The team must rely on Monica to uncover Elijah and Abril's plans. (S5)
3.00 **Law & Order: Criminal Intent** 12/23. A con artist engineers a police shooting. (S4)
4.00 **Nothing to Declare**

9.00 Doc

7 PM
7.00 **Police 24/7** Officers must use discretion as a high-speed chase gets close to a school zone.

8 PM
8.00 **Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras.

9 PM
9.00 **Doc** New episode *Inquisition:* 12/22. Charlie fights for his life at Westside, and a familiar face returns. (S2)

10 PM
10.00 **Matlock** *Mousetrap:* 5/16. Matty and Olympia try to protect each other from Julian's suspicions. (S2)
11.00 **The Rookie** 9/20. (S1)
12.00 M'T **FBI** 17/22. (S1)
1.00 AM **Law & Order: Special Victims Unit** 3/22. (S26)
2.00 **FBI** New episode 12/22. (S8)
3.00 **Matlock** 3/16. (S2)
4.00 **Highway Patrol**
5.00 **to 6.00** AM **Brit Cops: Law & Disorder**

+1 hour 207 310

Sky Atlantic

108/109 108/109 111 342 357

6.00 AM **Richard E Grant's Hotel Secrets** Double bill.
8.00 **Homicide: Life on the Street**
10.00 **Deadwood** 10&11/12. (S2)
12.00 NOON **Billions** 11&12/12. (S2)
2.10 PM **My Brilliant Friend** (S2)
3.15 **Hacks** 5&6/10. (S4)
4.30 **Billions** 11/12. Chuck and his father find they have much riding on Ice Juice's new IPO. **5.35** 12/12. Axelrod and Rhoades compete. (S2)
6.40 **The Last of Us** 5/9. Joel and Ellie encounter the most wanted man in Kansas City. (S1)

4.30 Billions

7 PM
7.50 **The Last of Us** *Kin:* 6/9. After ignoring the advice of locals, Joel and Ellie descend deeper into dangerous territory in search of the Fireflies – and Tommy. (S1)

8 PM
9 PM
9.00 **Chernobyl** *Open Wide, O Earth:* 3/5. Lyudmilla ignores warnings about her firefighter husband's contamination. (S1)

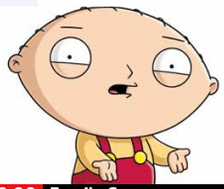
10 PM
10.15 **Euphoria** 2/8. Drama offering a look at the complexities of life in a social-media obsessed world. Stars Zendaya. (S3)
11.30 **The White Lotus** 6/7. Tanya gives Portia a warning about Jack, and Lucia helps the Di Grassos search for long-lost relatives. (S2)
12.45 AM **The Last of Us** (S1)
3.05 **Homicide: Life on the Street**
5.05 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **Highlights**
7.40 **Buying the View**
8.05 **Georgia and Tommy**
9.05 **The Only Way Is Essex**
10.05 **Real Housewives of Atlanta**
11.05 **Real Housewives of New...**
12.00 NOON **Limitless Win**
1.00 PM **I'm a Celebrity... South...**
2.05 **Celebrity Catchphrase**
3.05 **The Only Way Is Essex: Italia**
4.05 **Real Housewives of Atlanta**
5.00 **Real Housewives of New Jersey** Reality series.
6.00 **Celebrity Catchphrase**



10.00 Family Guy

7 PM
7.00 **I'm a Celebrity... South Africa** The camp reaches breaking point when two of the famous face snap during a trial.

8 PM
8.00 **The 1% Club Valentine's Special** Lee Mack hosts a romantic edition of the quiz in which couples and singles take part.

9 PM
9.00 **Hell's Kitchen** New edition 11/16. The chefs face a high-pressure Chinese cuisine tag team challenge.

10 PM
10.00 **Family Guy** New episode 11/22. Stewie and Brian are mistaken for American spies in China. (S23) **10.30** 18/20. Peter gets a job as a night watchman at the brewery. (S21)
11.00 **Family Guy** 12/20. (S21)
11.30 **American Dad!** (S12)
12.35 AM **Bob's Burgers** (S12)
1.30 **Deal or No Deal**
2.25 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Never the Twain**
6.35 **On the Buses**
7.05 **Classic Emmerdale**
8.05 **Classic Coronation Street**
9.10 **Lewis** *Music to Die For.*
11.15 **Heartbeat** Double bill.
1.25 PM **Midsomer Murders** *King's Crystal:* The collapse of a family glassware business leads to murder.
3.30 **Classic Emmerdale**
4.40 **Classic Coronation Street**
5.50 **Heartbeat** *A Bird in the Hand:* Nick vows to resolve a dispute between neighbouring farms.

8.00 Midsomer Murders

7 PM
6.55 **Heartbeat** *A Winter's Tale:* Kate meets a couple trying to raise money to send their son to a Swiss sanatorium to cure his TB.

8 PM
8.00 **Midsomer Murders** *The Dogleg Murders:* The peaceful setting of a prestigious local golf club is rocked by murder when a player is bludgeoned to death on the 13th hole. Guest stars Nicholas Le Prevost.

9 PM

10 PM
10.00 **DCI Banks** *Playing with Fire – Part One:* The detective and sidekick Annie Cabbot investigate the deaths of two people on a canal boat that was destroyed in a fire.
11.00 **DCI Banks** *Playing with Fire – Part Two:* The detective realises he is trailing a serial killer.
11.50 **Lewis** *Music to Die For.*
1.50 AM **On the Buses**
2.15 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **Magnum, PI**
7.05 **Kojak**
8.10 **The Saint**
9.15 **Boon**
10.20 **The Sweeney**
11.25 **BattleBots**
12.30 PM **Magnum, PI**
1.35 **Kojak**
2.40 **The Saint**
3.45 **Boon**
4.50 **The Sweeney**
5.55 **Minder** *Fiddler on the Hoof:* Arthur's safe is targeted by an old acquaintance.

9.00 A View to a Kill

7 PM
7.00 **Gallagher PREM Unleashed** Action from the 13th round of fixtures, including Exeter Chiefs v Northampton Saints.

8 PM
8.00 **Junk & Disorderly** The guys head to the Cotswold Oil Engine and Preservation Society's bring and buy sale.

9 PM
9.00 **FILM A View to a Kill** James Bond espionage adventure starring Roger Moore and Christopher Walken. Agent 007 strives to arrest the ambitions of a crazed industrialist. With Grace Jones. (1985, PG, 121 min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM
11.45 **Wrestling: AEW Collision** Hard-hitting wrestling action, featuring stars including FTR, Thunder Rosa and Jon Moxley.
1.40 AM **The Sweeney**
2.40 **Unwind with ITV**
3.30 **to 4.00** AM **Motorsport Mundial**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **Scotland's Home of the Year** 3/7. Examining three properties in central Scotland.
8.00 **This Farming Life** New edition 9/12. The Williamsons go for glory at their local show on the Isle of Lewis.
9.00 **Debate Night** Topical discussion on the big issues affecting Scotland and beyond.
10.00 **River City** New episode Nicole tests if her theory has any weight, while Sam's plans for a getaway are hijacked.
10.30 **Jules and Greg's Wild Swim** 4/6. The lochs of the Highlands.
11.00 **Scotcast** Topical debate.
11.30 PM **to 12.00** M'T **Scotland's Greatest Escape** Three different escapes in Ayrshire.

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace** (S7)
9.00 **I Love LA** 5&6/8. (S1)
10.15 **Based on a True Story**
11.30 **Bloods** 5&6/10. (S2)
12.30 PM **Will & Grace** (S9)
1.30 **I Love LA** 5&6/8. (S1)
2.45 **Based on a True Story**
4.00 **Breeders** 1&2/10. (S4)
5.00 **Bloods** 7&8/10. (S2)
6.00 **Will & Grace** (S9)
7.00 **The Office (US)** (S6)
8.00 **Community** 3&4/13. Double bill. (S5)
9.00 **The Comeback** *Valerie Lights a Candle:* 5/8. Valerie does everything she can to save the day and keep her show afloat. (S3)
9.40 **Last Week Tonight with John Oliver** Talk show.
10.25 **Ania Magliano: I Can't Believe You've Done This** Stand-up show.
11.40 **Breeders** 1&2/10. (S4)
12.40 AM **Bloods** 7&8/10. (S2)
1.40 **Community** (S5)
2.40 **I Love LA** 5&6/8. (S1)
4.00 **to 5.00** AM **Sort Of**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **Highlights**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **Discovering**
12.00 NOON **André Rieu: Welcome to My World**
1.00 PM **Tales of the...**
2.00 **Painting Birds with Jim and Nancy Moir**
3.00 **Classic Albums**
4.00 **Discovering**
5.00 **Portrait Artist 2014**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **NEW SERIES Making a Maestro** Documentary.
9.00 **Sir Simon Rattle: The Joy of Conducting**
10.15 **Welcome to the Eighties** Paradise Club.
11.30 **Rolling Stone: Stories from the Edge**
12.30 AM **Spike Milligan: The Unseen Archive**
2.05 **Offended by Irvine Welsh** Documentary.
3.00 **Unmuted** Double bill.
4.00 **to 6.00** AM **Highlights**

Sky Mix

151 158 156 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: Canada's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: America's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Deep Space Nine** 2/26. (S3)
5.00 **Stargate SG-1** (S5)
6.00 **Stargate Atlantis** (S1)
7.00 **Star Trek: The Next Generation** *The Outrageous Okona:* 4/22. The crew rescue a stricken cargo ship. (S2)
8.00 **Nothing to Declare**
9.00 **Chernobyl** 3/5. (S1)
10.15 **The Rookie** 1/14. (S3)
11.15 **Star Trek: Enterprise**
12.20 AM **Warehouse 13** (S1)
1.25 **The Force: North East**
2.30 **Brit Cops: War on Crime**
3.30 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Triple bill.
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** Five family members from Blackpool take part.
3.00 **Wheel of Fortune** Game show hosted by Graham Norton.
4.00 **Riddiculous** Quiz show hosted by Ranvir Singh.
5.00 **Deal or No Deal** Stephen Mulhern hosts as Luke tries to open the 22 red boxes in the right order for the chance to win big money.
6.00 **Lingo** Triple bill of the word-based quiz show hosted by Adil Ray.
9.00 **Beat the Chasers** Bradley Walsh hosts as people from across the country compete against the most formidable quiz team on TV.
10.00 **Tipping Point** Triple bill of the game show.
12.55 AM **Tenable** Quiz show.
1.50 **to 2.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

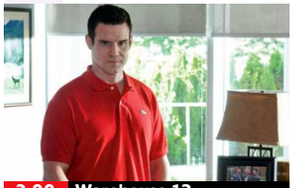
9.00 AM **George Clarke's Old House, New Home**
10.00 **Matt Baker: Travels with Mum & Dad**
11.00 **A New Life in the Sun: Where Are They Now?**
12.00 NOON **Sun, Sea and Selling Houses**
1.00 PM **A Place in the Sun**
3.00 **Chateau DIY**
4.00 **Kirstie and Phil's Love It or List It: Brilliant Builds**
4.30 **Come Dine with Me**
7.00 **Paul Merton: Driving Amazing Trains**
8.00 **The Dog House**
9.00 **Your Song**
10.05 **Sky Coppers**
11.05 **Gogglebox**
12.05 AM **Celebrity Gogglebox**
1.10 **FILM Miss Peregrine's Home for Peculiar Children** Fantasy adventure with Eva Green. (2016, 12, 127min) ★★★
3.30 **Emergency Helicopter Medics** Documentary.
4.30 **to 5.00** AM **Unreported World**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 19/26. (S7)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: Deep Space Nine** 20/26. (S7)
2.00 **Warehouse 13** 12&13/20. (S4)
4.00 **Stargate SG-1** 16/22. (S4)
5.00 **Star Trek: Voyager** (S3)
6.00 **Star Trek: The Next Generation** 19/26. Picard and Data discover *Enterprise* crew members have turned into prehistoric beings. (S7)



2.00 Warehouse 13

7.00 **Star Trek: Deep Space Nine** *The Changing Face of Evil:* 20/26. The Breen launch an attack on the Federation HQ. (S7)

8.00 **Stargate SG-1** *2010:* 16/22. Carter uncovers the truth behind an alien race that gave Earth a cure for cancer. (S4)

9.00 **From** *Silhouettes:* 5/10. Jim, Tabitha and Ethan ask questions about where they are in the hope it may lead them home.

10.00 **From** *Book 74:* 6/10. Boyd's plan to head off into the forest provokes an unexpected response from Kenny. (S1)
11.00 **Grimm** 17/22. Rosalee falls under a lawyer's spell. (S2)
12.00 M'T **The Walking Dead** 2/16. Rick and the others collaborate with the new group of survivors. (S3)
1.00 AM **Warehouse 13** (S4)
3.00 **The Walking Dead** (S3)
4.00 **From** 3/10. (S1)
5.00 **to 6.00** AM **The Swarm**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S17)
9.00 **Father Brown** As 7.00pm.
10.00 **The Mentalist** 10/23. (S2)
11.00 **Hudson & Rex** As 5.00pm.
12.00 NOON **My Life Is Murder** (S4)
1.00 PM **Death in Paradise** (S13)
2.00 **Murdoch Mysteries** (S17)
4.00 **The Mentalist** 10/23. (S2)
5.00 **Hudson & Rex** 6/16. Charlie and Rex investigate after a university rower is shot by a sniper during training. (S2)
6.00 **My Life Is Murder** 1/8. A wealthy socialite dies in suspicious circumstances. (S4)

9.00 Saint-Pierre

7.00 **Father Brown** *The Blood of the Anarchists:* Tensions rise when a performance troupe of anarchists arrive in Kembleford.

8.00 **Death in Paradise** *A Murder in the Skies:* 8/8. A passenger seemingly disappears from a flight to Dominica. (S13)

9.00 **NEW SERIES Saint-Pierre** *Queen Bee:* 1/10. Canadian crime drama starring Allan Hawco and Joséphine Jobert. (S1)

10.00 **Father Brown** *The Island of Dreams:* A visit to Chummy's holiday camp leads to another murder mystery for the priest.
11.00 **Father Brown** As 7.00pm.
12.00 M'T **Death in Paradise** (S13)
1.00 AM **My Life Is Murder** (S4)
2.00 **Murdoch Mysteries** 6/24. Ogden, Watts and Effie attend a health retreat. (S17)
2.50 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.20 AM **Highlights**
8.30 **The Green Green Grass**
9.10 **Are You Being Served?**
9.50 **Last of the Summer Wine**
11.10 **Ever Decreasing Circles**
11.50 **Open All Hours**
12.30 PM **Keeping Up Appearances**
1.10 **The Green Green Grass**
1.50 **Dad's Army: Lost Episodes**
2.35 **Are You Being Served?**
3.15 **Open All Hours**
4.35 **Dad's Army: Lost Episodes**
5.20 **Last of the Summer Wine**
6.40 **Keeping Up Appearances**

12.30 Keeping Up Appearances

7.20 **Dad's Army** Sgt Wilson struggles to concentrate on his Home Guard duties when he has a personal problem to contend with.

8.00 **Still Open All Hours** Mrs Featherstone continues her search for a husband.
8.40 **Open All Hours** Arkwright plots to get into Nurse Gladys's bedroom.
9.20 **Not Going Out** A confused old woman wanders into Lucy's flat, so Lee throws her out.

10.00 **Not Going Out** Lee feels stressed after agreeing to give Kate driving lessons.
10.40 **Still Open All Hours** As shown at 8.00pm.
11.20 **Open All Hours** As 8.40pm.
12.00 M'T **Men Behaving Badly**
12.40 AM **Not Going Out**
1.20 **Ever Decreasing Circles**
2.00 **This Time with Alan Partridge** Alan delivers a hard-hitting exposé.
2.30 **to 4.00** AM **Inside No 9**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **World's Most Dangerous Roads** From Bolivia.
8.00 **Special Ops: To Catch a Criminal** Documentary.
9.00 **Highland Cops**
10.00 **Aussie Road Train Truckers**
11.00 **Rick Stein's Cornwall**
12.00 NOON **Special Ops: To Catch a Criminal** Double bill.
2.00 PM **The Boat That Guy Built**
3.00 **Top Gear** Double bill.
5.00 **The Hairy Bikers: Mums Know Best** The nation's favourite pre-bedtime meals.
6.00 **Rick Stein's Cornwall**

9.00 QI XL

7.00 **Would I Lie to You?** With guests Greg Davies, Konnie Huq, Phil Tufnell and Marcus Brigstocke.
7.40 **Richard Osman's House of Games** With Sindhu Vee and Tom Rosenthal.
8.20 With Ronni Ancona, Nathan Caton, Colin Murray and Sally Phillips.

9.00 **QI XL** Victoria Coren Mitchell, Sue Perkins and the Rev Richard Coles join regular Alan Davies and host Stephen Fry.

10.00 **Frankie Boyle's New World Order** Frankie dissects the week's news.
10.40 **Have I Got a Bit More News for You** Hosted by actor Damian Lewis.
11.40 **Mock the Week**
12.20 AM **Would I Lie to You?**
1.40 **QI XL** With Victoria Wood.
2.30 **Frankie Boyle's New World Order** As shown at 10.00pm.
3.05 **to 4.00** AM **Schitt's Creek**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.30 AM **The Bill**
8.30 **Doctors**
9.50 **Classic Holby City**
10.50 **Classic Casualty**
11.55 **The Bill**
12.55 PM **Classic EastEnders**
2.05 **All Creatures Great and Small** The vets are puzzled by Farmer Biggins' behaviour.
3.10 **Howards' Way**
4.20 **Hetty Wainthropp Investigates** 6/6. Hetty poses as a victim of abuse. (S2)
5.20 **Birds of a Feather**
6.00 **Last of the Summer Wine**

9.00 Sister Boniface Mysteries

7.20 **Last of the Summer Wine** Foggy, Compo and Clegg are in hot pursuit of Digby's runaway donkey.

8.00 **Father Brown** *Two Deaths of Hercule Flambeau:* The sleuth protects a crown that contains a nail from the crucifixion of Christ.

9.00 **Sister Boniface Mysteries** *Sister Town:* 9/10. Sister Boniface investigates after tragedy strikes at a war memorial ceremony. (S1)

10.00 **New Tricks** *The Last Laugh:* The squad reinvestigate the disappearance of a political activist.
11.20 **Dalziel & Pascoe** *Child's Play:* Mystery surrounds the death of a stranger.
1.25 AM **Hetty Wainthropp Investigates** As 4.20pm.
2.20 **Whitstable Pearl** 3/6. (S2)
3.10 **to 4.00** AM **Sister Boniface Mysteries**

+1 hour 243 316 60 260

7 PM
8 PM
9 PM
10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 17-19/24. (S10)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Alibi:* 8/24. A sergeant's alibi for a hit-and-run is that he was killing someone else at the time.
7.00 *Gut Check:* 9/24. A covert listening device is discovered in a pen belonging to the Secretary of the Navy.
8.00 *Devil's Triad:* 10/24. The team investigate the murder of a Marine. (S11)
9.00 **Criminal Minds: Evolution** New episode *Homesick:* 3/10. Special Agent David Rossi probe the mind of diabolical serial killer Elias Voit aka Sicarius. (S17)
10.00 **Law & Order: Special Victims Unit** (S6&5)
1.50 AM **NCIS** (S22)
2.40 **Law & Order** (S24)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Filthy Britain SOS**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Shoplifters: Caught Red Handed**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts** A patient who did not know she was pregnant goes into labour.
9.00 **FILM Air Force One** Action drama starring Harrison Ford. (1997, 15, 124min) ★★★
11.30 **FILM Rise of the Footsoldier Part II** Thriller sequel with Ricci Harnett and Luke Mably. (2015, 18, 111 min) ★
1.45 AM **Police Interceptors**
3.30 **Friends** 3/24. (S2)
3.55 **to 4.00** AM **Entertainment News**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Traffic Cops**
10.00 **Police Interceptors**
1.00 PM **FILM Bandits of the West** Western. (1953, b/w, PG, 54min) ★★
2.10 **FILM Ride in the Whirlwind** Western. (1966, PG, 83min) ★★
4.00 **Trucking Heavy**
5.00 **Traffic Cops**
6.00 **Police Interceptors** Two men in a van embark on a dangerous race through four counties.
7.00 Officers pursue knife-wielding criminals driving a stolen vehicle.
8.00 **Motorway Cops: Catching Britain's Speeders** An urgent call leads to a multi-vehicle pursuit to rescue a child.
9.00 **Police Interceptors**
10.00 **Police: Night Shift 999**
11.00 **The X-Files** 9/25. (S2)
12.00 M'T **Scam City**
1.00 AM **Outback Truckers**
2.00 **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **Pete Wicks: For Dogs' Sake**
7.00 **Tipping Point**
10.00 **DIY SOS: The Big Build**
1.00 PM **Tipping Point**
4.00 **The Supervet: Noel Fitzpatrick** Double bill.
6.00 **DIY SOS: The Big Build** The team renovate an adventure playground in Southmead, Bristol.
7.00 The team head to Northumberland to finish a build they started just before the pandemic.
8.00 **999 Rescue Squad** A car crash victim is put into an induced coma.
9.00 **Annika** 1/6. A recording of a brutal drowning is handed in to MHU headquarters. (S2)
10.00 **Inside the Ambulance: Coast and Country**
12.00 M'T **Katie Piper: Locked Up in Louisiana**
1.00 **to 3.00** AM **Amber: The Girl Behind the Alert**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great Continental Railway Journeys**
8.00 **Bangers & Cash: Restoring Classics**
10.00 **The World at War**
11.00 **Nazi Hunters**
12.00 NOON **Antiques Roadshow** Double bill.
2.00 PM **Bangers & Cash**
4.00 **The World at War**
5.00 **Nazi Hunters**
6.00 **Planet Earth** Species in tropical rainforests.
7.00 The epic journey of a humpback whale.
8.00 **Train Truckers** Ian Bagladi and Jamie Turnbull move a classic locomotive through the English countryside.
9.00 **Trawlermen: Hunting the Catch** Documentary.
10.00 **Bangers & Cash**
12.00 M'T **Flipping Bangers**
1.00 AM **Find It, Fix It, Flog It**
2.00 **to 3.00** AM **Madness of King George: Lucy Worsley Investigates**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** From Portugal.
7.00 **Teleshopping**
8.00 **Escape to the Country**
9.00 **Salvage Hunters**
12.00 NOON **Antiques Road Trip** Double bill.
2.00 PM **The Repair Shop**
3.00 **The Yorkshire Auction House** Two cherished childhood collections.
4.00 **Long Lost Family**
6.00 **The Yorkshire Auction House** Double bill.
8.00 **Antiques Road Trip** Paul Laidlaw and Christina Trevanion head to Nantwich, Cheshire.
9.00 **Who Do You Think You Are?** Lesley Manville traces her family tree.
10.00 Nick Hewer researches his ancestry.
11.00 **Celebrity Help! My House Is Haunted**
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

WEDNESDAY Entertainment

Wednesday

Great! TV

157 167 170 34 32

8.00 AM **Highway to Heaven**
10.00 **Little House on the Prairie** 21-23/24. (S4)
1.00 PM **The Waltons** (S7)
3.00 **Ballykissangel** (S6)
4.10 **Down to Earth** (S2)
5.20 **Bramwell** 6/10. (S3)
6.30 **Rumpole of the Bailey**
7.30 **M*A*S*H** (S7&8)
9.00 **FILM Arachnophobia** Horror starring Jeff Daniels as a California town doctor battling against an infestation of deadly spiders. With John Goodman, Harley Jane Kozak and Julian Sands. (1990, PG, 106min) ★★★
11.20 **M*A*S*H** 26/26. BJ plans a reunion. (S7)
11.50 **M*A*S*H** 1&2/25. (S8)
12.50 AM **Man About the House** 3/7. (S1)
1.20 **Rising Damp** 3/7. (S1)
2.00 **Rumpole of the Bailey**
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257

Great! Action

323 319 426 42 33

9.00 AM **FILM Wrangler** Australian Western. (1989, 12, 92min) ★★
11.00 **Tombstone Territory**
11.30 **Wanted: Dead or Alive**
12.00 NOON **The High Chaparral** Double bill.
2.00 PM **FILM Shadow Wolves** Crime drama. (2019, 15, 95min) ★★
4.05 **The Persuaders!**
5.05 **The Avengers** (S5)
7.05 **FILM The Hatton Garden Job** Fact-based crime drama. (2017, 15, 93min) ★★★
9.00 **FILM Road to Perdition** Period crime drama with Tom Hanks. (2002, 15, 119min) ★★★★
11.30 **FILM Seattle Superstorm** Thriller. (2012, PG, 95min) ★★
1.25 AM **The Persuaders!**
2.25 **The Avengers** (S5)
4.05 **to 5.50** AM **FILM Bad Man's River** Western. (1972, 12, 90min) ★

+1 hour 324

Great! Mystery

321 318 425 50 48

8.10 AM **FILM Mystery 101: Pilot** Crime drama. (2019, PG, 89min) ★★
10.05 **In Plain Sight** (S3)
11.05 **Castle** 20/22. (S8)
12.05 PM **FILM Morning Show Mysteries: A Murder in Mind** Crime thriller. (2019, PG, 84min) ★★
2.00 **Diagnosis Murder**
4.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 21/22. (S8)
8.00 **Unforgettable** (S3)
9.00 **In Plain Sight** (S3)
10.00 **The Chronicle Mysteries: Deep End**
11.55 **FILM An Aurora Teagarden Mystery: Three Bedrooms, One Corpse** Crime drama. (2016, PG, 84min) ★★
1.50 AM **FILM Dying for a Baby** Crime thriller. (2019, 12, 88min) ★★
3.20 **to 5.00** AM **FILM A Bride's Nightmare** Thriller. (2020, PG) ★★

+1 hour 322

Great! Romance

319 317 424 52 47

8.10 AM **FILM Falling for the Manny** Romantic drama. (2023, PG, 89min) ★★
10.20 **FILM Romance in Hawaii** Comedy. (2023, U) ★★
12.15 PM **FILM Love at Mariposa Beach** Drama. (2022, PG, 90min) ★★
2.15 **FILM Two Tickets to Paradise** Romance. (2022, PG, 84min) ★★
4.10 **FILM Brimming with Love** (2017, PG) ★★
6.05 **FILM Welcome to Valentine** Drama. (2023, PG, 85min) ★★
8.00 **FILM Flowers and Honey** Romantic drama. (2021, PG, 90min) ★★
10.00 **FILM Christmas Bells Are Ringing** Drama. (2018, PG, 90min) ★★
11.55 **FILM Christmas in Homestead** Drama. (2016, PG, 88min) ★★
1.50 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM Flowers and Honey**

+1 hour 320

Together TV

170 136 83 162

11.00 AM **Garden Rescue**
1.00 PM **Love Your Garden**
2.00 **Rick Stein's Food Stories**
2.45 **The Wild Gardener**
3.30 **Garden Rescue**
4.30 **Country House Auction**
5.30 **Rick Stein's Food Stories**
6.15 **The Wild Gardener**
7.00 **Our Journey with Lobular Cancer**
9.00 **Garden Rescue** Chris Hull and Lee Burkhill redesign an empty garden in Oldbury.
10.00 **FILM Vendetta for the Saint** Crime mystery starring Roger Moore and Ian Hendry. (1968, PG, 94min) ★★★
12.00 M'T **FILM Can You Keep It Up for a Week?** Bawdy comedy starring Jeremy Bulloch. (1974, 18, 94min) ★
2.00 AM **Country House Auction** An amulet.
3.00 **My Floating Home**
4.00 **to 5.00** AM **Great British Food**

Rewind TV

182 81 141

6.00 AM **Highlights**
9.00 **Bubblegum & Cheese**
10.00 **Space 1999** 22/24. (S2)
11.05 **Wish Me Luck** (S1)
12.05 PM **Rewind Time Machine** With Eric Sykes.
12.10 **The Gaffer** (S2)
12.40 **Second Thoughts** (S2)
1.10 **Agony** 7/7. (S2)
1.40 **The Champions**
2.40 **Space 1999** 22/24. (S2)
3.45 **Hank the Cowboy**
4.00 **Tracing the Rails**
4.30 **Old Country** (S1)
5.00 **Stereo Underground**
6.00 **The Gaffer** (S2)
6.30 **Agony** 7/7. (S2)
7.00 **Second Thoughts** (S2)
7.30 **The Fenn Street Gang**
8.00 **The Champions**
9.00 **Drop the Dead Donkey**
10.00 **Rik Mayall Presents**
11.05 **FILM Hot Girls for Men Only** (1967, 18) ★★
11.55 **FILM Confessions of a Sex Maniac** (1974) ★★
1.30 AM **Stereo Underground**
2.30 **to 6.00** AM **Highlights**

DMAX

159 151 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Aussie Gold Hunters**
9.00 **Mysteries of the Deep**
10.00 **Deadliest Catch**
12.00 NOON **Cooper's Treasure** Documentary.
1.00 PM **Expedition Unknown** Double bill.
3.00 **Alaska: Homestead Rescue** Documentary.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch**
9.00 **Maine Cabin Masters** New edition The crew help a couple turn their chopped up, suburban cabin into a spacious, rustic Maine getaway.
10.00 **Barnwood Builders** New edition The crew head to Pennsylvania to save a classic bank barn.
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Jamie Oliver: Cooking for Less**
7.00 **Rick Stein's Food Heroes** Double bill.
8.00 **The Pioneer Woman**
9.00 **Jamie's Money Saving Meals** Double bill.
10.00 **Barefoot Contessa**
11.00 **Great British Bake Off**
1.00 PM **James Martin Digs Deep** Four editions.
3.00 **Rick Stein's Food Heroes** Double bill.
4.00 **The Pioneer Woman**
5.00 **Jamie's Money Saving Meals** Double bill.
6.00 **Barefoot Contessa**
7.00 **Great British Bake Off**
9.00 **Paul Hollywood: City Bakes** Paul visits the Belgian city of Antwerp.
10.00 **Jamie Oliver: Cooking for Less**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Cake Boss**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 5/25. (S7)
9.00 **T.J. Hooker** 18/22. (S2)
10.00 **Six Million Dollar Man**
11.00 **FILM Meteor Apocalypse** Adventure. (2010, 15, 90min) ★
1.00 PM **FILM Flying Tigers** War adventure. (1942, b/w, PG, 103min) ★★
3.00 **FILM The Bridges at Toko-Ri** War drama. (1954, U, 99min) ★★★
5.00 **Star Trek** 14/30. (S1)
6.00 **Six Million Dollar Man**
7.00 **T.J. Hooker** 19/22. (S2)
8.00 **Walker, Texas Ranger**
9.00 **FILM Man of Tai Chi** Martial arts adventure. (2013, 15, 100min) ★★★
11.10 **FILM Things to Do in Denver When You're Dead** Thriller. (1995, 18, 115min) ★★★★
1.35 AM **FILM Legacy of Lies** (2020, 15) ★★
3.30 **to 5.10** AM **FILM Burning Rubber** Drama. (2019, 15, 83min) ★★

Legend Xtra

317 316 171 69 138 51

9.00 AM **FILM Troy: The Odyssey** Fantasy. (2017, PG, 90min) ★★
11.00 **Andromeda** 3/22. (S1)
12.00 NOON **FILM Dragonquest** Fantasy. (2009, 12, 90min) ★★
2.00 PM **FILM Prince Valiant** Arthurian adventure. (1997, PG, 91min) ★★
4.00 **Walker, Texas Ranger**
5.00 **FILM Magma: Volcanic Disaster** Disaster movie. (2006, PG, 87min) ★★
7.00 **Andromeda** 4/22. (S1)
8.00 **The Fall Guy** (S4)
9.00 **FILM Officer Down** Action drama starring Stephen Dorff. (2013, 15, 93min) ★★
11.00 **FILM The Hunted** Martial arts thriller with Christopher Lambert. (1995, 18, 105min) ★★
1.20 AM **FILM Officer Down**
3.20 **FILM Magma: Volcanic Disaster** As 5.00pm.
5.00 **to 6.00** AM **Andromeda**

+1 hour 318 139

Blaze

156 169 174 64 161 41

6.00 AM **Dickinson's Real Deal** From Wilmslow.
6.40 **Pawn Stars**
7.35 **Storage Wars**
9.20 **Storage Hunters**
10.15 **Strange Evidence**
11.10 **Alien Corridors**
12.10 PM **Curse of Skinwalker Ranch**
1.05 **Pawn Stars**
2.05 **Storage Wars**
4.00 **Ancient Aliens**
5.00 **UFO POV**
6.00 **Storage Hunters**
7.00 **Storage Wars Canada**
8.00 **Dickinson's Real Deal**
9.00 **The UnBelievable**
10.00 **Paranormal: Caught on Camera**
11.00 **The Proof Is Out There**
12.00 M'T **Mysteries from Above**
1.00 AM **UFO POV**
2.00 **Ancient Aliens**
3.00 **Strange Evidence**
3.45 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **The Yorkshire Vet**
10.00 **Cruising Mississippi with Jane McDonald**
11.00 **Ben Fogle: New Lives in the Wild** Double bill.
1.00 PM **Murder, She Wrote**
3.00 **Columbo**
4.35 **Cruising with Jane McDonald** Miami.
5.00 **Around the World by Train with Tony Robinson** Double bill.
6.00 **Abandoned Engineering**
7.00 **Ben Fogle: New Lives in the Wild** Double bill.
9.00 **The Lost Scrolls of Pompeii: New Revelation** Documentary.
10.00 **The Colosseum: The Arena of Death**
11.00 **The Colosseum: Blood & Sand with Dan Snow**
12.00 M'T **Wentworth Prison**
1.00 AM **The Yorkshire Vet**
2.00 **Cruising with Jane McDonald** Mekong.
3.00 **Antiques Showdown**
3.50 **to 4.00** AM **Entertainment News**

Challenge

130/131 116/117 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Quiz show.
10.00 **The Bidding Room**
11.00 **Dickinson's Real Deal**
12.00 NOON **The Crystal Maze**
1.00 PM **Celebrity Catchphrase**
2.00 **The Chase** Quiz show.
3.00 **Pointless Celebrities** A family-themed edition of the quiz show.
4.00 **Classic Who Wants to Be a Millionaire?** Big-money quiz show.
5.00 **The Bidding Room**
6.00 **Tenable** Five students from Belfast take part.
7.00 **The Chase** Triple bill of the quiz show.
10.00 **The Chase Celebrity Special** With guests Dr Christian Jessen, JB Gill, Helen Lederer and Stephen Hendry.
11.00 **Bullseye** Double bill.
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **The Chase**
4.00 **to 6.00** AM **Bullseye**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Mike & Molly**
8.30 **Young Sheldon**
10.00 **The Big Bang Theory**
2.00 PM **Mike & Molly**
3.30 **Young Sheldon**
5.00 **The Big Bang Theory** Eight episodes of the sitcom, including at: **8.00** 20/23. Penny begins dating comic-book shopkeeper Stuart. **8.30** 21/23. Leonard and Raj take a heartbroken Howard to Las Vegas. (S2)
9.00 **Dr Pimple Popper: Breaking Out** New editions Dr Lee is taking her practice to the next level with some exciting new additions. **10.00** Dr Lee shares self-shot footage of her life outside the office.
11.00 **Dr Pimple Popper**
2.00 AM **My 600lb Life**
4.00 **to 6.00** AM **Say Yes to the Dress: UK**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Impractical Jokers**
10.00 **Everybody Loves Raymond** (S4)
1.00 PM **Friends** (S4&5)
8.00 **Friends** 14/24. Monica and Chandler's relationship becomes public knowledge. **8.30** 15/24. Ross makes a bad impression on his new neighbours. (S5)
9.00 **Michael McIntyre's Big Show** Ellie Goulding hands over her phone for Send to All, and tenor Andrea Bocelli performs.
10.00 **8 Out of 10 Cats**
11.40 **Jimmy Carr's Am I the A**hole?**
12.40 AM **Whose Line Is It Anyway? USA**
1.40 **South Park** (S22)
3.05 **Michael McIntyre's Big Show** As 9.00pm.
3.50 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** (S3)
7.00 **Teleshopping**
9.00 **Michael McIntyre's Big Show** With Rod Stewart.
10.00 **Whose Line Is It Anyway? USA**
10.50 **Friends** (S9)
1.00 PM **Criminally Funny**
2.30 **Bradley & Barney Walsh: Breaking Dad**
3.30 **Utopia** 3/8. (S1)
4.00 **Michael McIntyre's Big Show** With Rod Stewart.
5.00 **Whose Line Is It Anyway? USA**
6.00 **Breaking Dad**
7.00 **Everybody Loves Raymond** (S4)
10.00 **South Park** (S2)
1.00 AM **Breaking Dad**
2.00 **Michael McIntyre's Big Show** With Rod Stewart.
3.00 **Utopia** 4/8. (S1)
3.20 **Teachers** 10/10. (S1)
3.45 **Important Things**
4.30 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **Highlights**
10.05 **Bread** 1/11. (S7)
10.40 **Steptoe and Son** (S7)
11.20 **Oh, Doctor Beeching!**
11.55 **Rising Damp** 6/7. (S3)
12.25 PM **Man About the...**
12.55 **Goodnight Sweetheart**
1.35 **When the Boat Comes In** 13/13. (S2)
2.35 **Minder** 4/13. (S8)
3.45 **Just Good Friends** (S2)
4.25 **Man About the House**
4.55 **Some Mothers Do 'Ave 'Em** 5/6. (S2)
5.30 **Birds of a Feather** (S11)
6.00 **That's 60s**
6.10 **Steptoe and Son** (S7)
6.50 **Rising Damp** 5/7. (S3)
7.20 **Whatever Happened to the Likely Lads?** (S1)
8.00 **Minder** 8/11. (S1)
9.00 **Benidorm** 1/7. (S3)
9.55 **Shameless** 5/22. (S8)
10.55 **Man About the House**
11.30 **Rising Damp** 4/6. (S4)
12.00 M'T **Benidorm** 1/7. (S3)
1.00 AM **Minder** 4/10. (S5)
2.05 **to 6.00** AM **Highlights**

MTV

126/127 137 134 351 366

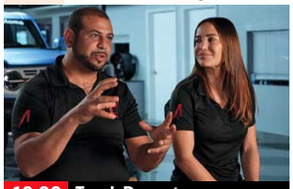
6.00 AM **MTV Cribs**
6.20 **16 and Pregnant**
7.10 **Teen Mom OG**
8.00 **Teen Mom 2**
9.00 **Teen Mom: Young & Pregnant** Reality series.
10.00 **Catfish: The TV Show**
3.00 PM **Help! I'm in a Secret Relationship!**
5.00 **Dallas Cowboys Cheerleaders**
6.30 **MTV Cribs**
7.00 **Rich Kids, Skint Holiday**
8.00 **Teen Mom: Young Moms Club** Five mums navigate their friendships.
9.00 **My Lover, My Killer**
10.00 **Caught in the Act: Double Life** New edition
11.00 **Help I Sexted My Boss**
12.00 M'T **Ridiculousness** New edition
12.30 AM **Ridiculousness**
1.00 **Black Ink Crew New York** Reality series.
2.00 **Help I Sexted My Boss**
2.45 **Ink Master**
3.35 **to 4.00** AM **Ridiculousness**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Tanked** Double bill.
9.00 **Gold Rush: Parker's Trail**
11.00 **Building Off the Grid**
1.00 PM **Dr Jeff: Rocky Mountain Vet** Double bill of editions.
3.00 **How It's Made** Four editions of the series, including at: **4.30** How customised knee replacements, lavender oil and leaf springs are made.
5.00 **Alaska: Homestead Rescue** The Raneys help a couple in Maine whose homestead is overrun with boglands.


10.00 Truck Dynasty

7.00 **Wheeler Dealers** The boys fix up a BMW 335i estate with the styling and performance usually expected from an M3.
8.00 **Wheeler Dealers** Mike finds a rare Land Rover Series 1 that becomes a complicated and expensive restoration.
9.00 **Wheeler Dealers** Mike decides to take a gamble on a TVR Griffith, and Elvis has to pick it apart before restoring it.
10.00 **Truck Dynasty** New edition A customer from Texas wants a Ford Bronco converted into a boat-towing pickup.
11.00 **Expedition Bigfoot** The team split up to investigate mysterious tracks that lead to an icy and perilous glacier.
12.00 M'T **Border Control: Spain**
1.00 AM **Wheeler Dealers**
2.00 **Truck Dynasty** As 10.00pm.
3.00 **Gold Divers**
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Dogs: The Untold Story**
10.00 **Tanked** A quarantine tank.
11.00 **Animal Cops Houston**
1.00 PM **Alaska: Homestead Rescue** Documentary.
2.00 **Pit Bulls & Parolees**
3.00 **The Zoo: San Diego**
5.00 **Lone Star Law** The wardens are on high alert at the start of oyster season.
6.00 **Dr Jeff: Rocky Mountain Vet** The team head to Romania to help with an out-of-control street dog problem.

8.00 Rugged Justice

7.00 **Treehouse Masters** Pete Nelson builds a space complete with a wine bar, loft and even a hot tub for a friend.
8.00 **Rugged Justice** Following the work of the Washington Department of Fish and Wildlife Law Enforcement Programme.
9.00 **Alaska: The Last Frontier** The Kilchers prepare for the winter, and Otto clashes with Charlotte while building a staircase.
10.00 **Edge of Alaska** Neil starts the first Motherlode tour, but complications could bring his work to an abrupt end.
11.00 **Deadly Islands** An island in the Galapagos archipelago.
12.00 M'T **Alaska: Homestead Rescue** Documentary.
1.00 AM **The Pool Master**
2.00 **Treehouse Masters: Out on a Limb** A 'Texan man cave'.
3.00 **to 5.00** AM **Animal Cops Philadelphia**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **WW2: Hell Under the Sea**
9.00 **Air Crash Investigation: Special Report**
10.00 **Draining New York: What Lies Beneath?**
11.00 **Lost Treasures of Egypt**
12.00 NOON **Construction Fails**
1.00 PM **Car S.O.S** A Jaguar.
2.00 **Air Crash Investigation**
3.00 **Chernobyl: Inside the Meltdown** Documentary.
4.00 **Construction Fails**
5.00 **Car S.O.S** Tim Shaw and Fuzz Townshend restore a Porsche.
6.00 A Nissan Pulsar GTI-R.

6.00 Car S.O.S

7.00 **Air Crash Investigation** Investigating the death of Poland's President Lech Kaczynski, who was killed in a plane crash in 2010.
8.00 **Decoding History's Prophecies** New edition Cases of psychic detectives, miracle healers and ancient prophets.
9.00 **Area 51: The CIA's Secret Files** An exposé of the ground-breaking research at the Groom Lake Testing Facility.
10.00 **Area 51: I Was There** Insiders reveal what they worked on at the secret military base and alleged UFO storage facility.
11.00 **Air Crash Investigation** A plane crash in Miami.
12.00 M'T **Ultimate Airport Dubai**
1.00 AM **To Catch a Smuggler**
2.00 **Bid & Destroy**
2.30 **Money Meltdown**
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Prairie Dog Dynasty**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Walking Through History**
8.45 **Pawn Stars** Double bill.
10.10 **Storage Wars** Triple bill.
12.00 NOON **Bradley Walsh: Egypt's Cosmic Code**
1.00 PM **The Curse of Oak Island**
2.00 **Mysteries Unearthed with Danny Trejo** As 10.00pm.
3.00 **Junk & Disorderly** Triple bill of the series, including at: **5.00** Henry and Sam visit the Bristol Classic Car Show.
6.00 **American Pickers** Mike and Jersey go hog-wild over a West Virginia honey hole.

10.00 Mysteries Unearthed

7.00 **Forged in Fire** Two previous champions face off in a five-hour forging round making their own signature san mai blades.
8.00 **Celts: The Untold Story** Documentary exploring the mysteries, myths and arcane history of the Celts.
9.00 **The Curse of Oak Island** New edition A shocking artefact is discovered on Lot 8, suggesting a link to the American Revolution.
10.00 **Mysteries Unearthed with Danny Trejo** New edition Shocking discoveries from asteroids to ancient creatures.
11.00 **Hazardous History with Henry Winkler** A feast of food horrors from the past, from radioactive energy drinks to snacks made with Olestra.
12.00 M'T **Junk & Disorderly**
2.50 AM **The Curse of Oak Island**
3.40 **Mysteries Unearthed with Danny Trejo** As 10.00pm.
4.25 **Pawn Stars**
5.10 **to 6.00** AM **American Pickers**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **Ren Faire**
7.05 **Discovering: Julianne Moore**
8.00 **The Directors**
8.55 **The Comedy Store**
10.00 **Dart Kings**
11.00 **The Eighties**
12.00 NOON **Nike's Big Bet**
1.40 PM **My Icon: Tanni Grey Thompson**
2.00 **Pantani: The Accidental Death of a Cyclist** The rise and fall of Marco Pantani.
4.00 **The Directors**
5.00 **Discovering: Julianne Moore**
5.55 **The Comedy Store**

5.00 Discovering

7.00 **Dart Kings** 3/3. Focusing on the life and career of Phil Taylor, the most successful darts player in the history of the sport.
8.00 **The Mortician** 1/3. Documentary series exploring the story of Los Angeles' most infamous family-run mortuary.
9.05 **The Mortician** 2/3. While a fire in 1986 does little to deter him, abuse allegations lead to David Sconce's arrest.
10.10 **The Mortician** 3/3. Members of the Lamb family are convicted of fraud and various other crimes.
11.10 **Outcry** 5/5. After two years of legal limbo, Greg Kelley's fate is finally determined.
12.15 AM **Love Means Zero** Documentary about famed tennis coach Nick Bollettieri.
2.00 **Say Hey, Willie Mays!** The life of the baseball player.
4.00 **The Directors**
5.00 **to 6.00** AM **Discovering: Julianne Moore**

7 PM
8 PM
9 PM
10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **The Repair Shop**
7.00 **Salvage Hunters: The Restorers**
8.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters**
11.00 **Outback Crystal Hunters** Double bill.
1.00 PM **Wheeler Dealers**
2.00 **Shed and Buried**
3.00 **Shed and Buried: Classic Cars**
4.00 **Find It, Fix It, Flog It**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip**
9.00 **The Derbyshire Auction House** New edition A football fan banks on Irita to deliver cash at auction.
10.00 **The Yorkshire Auction House** Vintage oil cans.
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Shed and Buried**
4.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Forensic Detectives**
9.00 **FBI Files** Double bill.
11.00 **Judge Rinder's Crime Stories**
12.00 NOON **Betrayed**
1.00 PM **On the Case with Paula Zahn**
2.00 **Murder on CCTV**
3.00 **A Killer's Mistake**
4.00 **American Monster**
6.00 **Evil Lives Here: Shadows of Death**
7.00 **Judge Rinder's Crime Stories** Robert Rinder examines the case of Kenneth Noye.
8.00 **Murder on CCTV**
9.00 **Killer Confessions: Case Files of a Texas Ranger** As a wedding nears, a gunman kills a mother at home.
10.00 **Inside the Arrest**
11.00 **Murder on CCTV**
12.00 M'T **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **UK Crime Files: Seaside Lady Macbeth** A scandalous love triangle that took place in 1930s Bournemouth.
8.00 **UK Crime Files: Acid Bath Murders** A look at the case of John George Haigh, who came up with a plan for the perfect murder.
9.00 **New Scotland Yard Files** The case of Alice Gross.
10.00 **Fatal Fraud** New edition The disappearance of the McStay family, which shook California.
11.00 **Murder UK**
12.00 M'T **UK Crime Files: Seaside Lady Macbeth**
1.00 AM **UK Crime Files: Acid Bath Murders**
2.00 **Fatal Fraud**
3.00 **Murder UK**
4.00 **to 6.00** AM **Close Calls: On Camera**

+1hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **UK Crime Files: A Murder Without Honour**
9.55 **UK Crime Files: Murder Without Motive**
11.00 **48 Hours** Documentary.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **UK Crime Files Murder – Tattoo Clue**
3.00 **UK Crime Files: Tracking a Serial Killer**
4.00 **48 Hours** Aileen Seiden.
5.00 **Medical Detectives** A woman sets out on her bike and never returns. **5.30** A navy lieutenant is murdered out at sea. **6.00** A building manager finds the lifeless body of a woman in her apartment. **6.30** A murder victim's final moments are caught on tape.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Road Wars**
7.00 **Send in the Dogs**
8.00 **Caught Red Handed**
10.00 **Brit Cops** Documentary.
11.00 **Britain's Most Evil Killers**
12.00 NOON **Killer in My...**
1.00 PM **Catching the Killer**
2.00 **World's Most Evil Killers**
3.00 **Murders That Shocked the Nation**
4.00 **Killing Mum and Dad**
5.00 **Killer in My Village**
6.00 **World's Most Evil Killers**
7.00 **Catching the Killer**
8.00 **Britain's Most Evil Killers**
9.00 **Murdered at First Sight**
10.00 **Kemper on Kemper: Inside the Mind of a Serial Killer**
11.40 **World's Most Evil Killers**
12.45 AM **How I Caught the Killer** Wendy Mann.
1.50 **The Real CSI: Miami**
2.55 **Britain's Most Evil Killers**
4.00 **Brit Cops** Documentary.
5.00 **to 6.00** AM **Motorway Patrol**

+1hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Grand Tours of...**
8.55 **Wrecks That Changed...**
9.55 **Conquistadors...**
10.55 **Chernobyl: The New...**
12.00 NOON **Hitler's Gold**
1.00 PM **Grand Tours of the Scottish Islands**
1.40 **Wrecks That Changed...**
2.50 **Conquistadors...**
3.50 **Chernobyl: The New...**
4.55 **Hitler's Gold**
5.55 **The Bush Years: Family, Duty, Power**
6.55 **Wrecks That Changed the World** A look at how investigations into three collisions exposed the volatile risks at sea.
7.55 **Conquistadors: The Rise and Fall**
8.55 **Chernobyl: The New Evidence** 2/2. Exploring how Soviet leaders tried to cover up the disaster.
9.55 **Hitler's Gold**
10.55 **Conquistadors**
12.00 M'T **Chernobyl: The...**
1.10 **to 2.00** AM **Grand Tours of the Scottish Islands**

WEDNESDAY

Wednesday

Sky Nature

124/125 113/114 135 354 369

6.00 AM **Undiscovered Vistas**
7.00 **Monkey Life**
8.00 **Great Blue Wild**
9.00 **Wild Dogs: Running with the Pack** Documentary.
10.00 **Land of Primates**
11.00 **Wildlife Icons**
12.00 NOON **Mysteries of the Mekong** Documentary.
1.00 PM **Monkey Life**
2.00 **Great Blue Wild**
3.00 **Wild Dogs: Running with the Pack** Documentary.
4.00 **Land of Primates**
5.00 **Wildlife Icons**
6.00 **Mysteries of the Mekong**
7.00 **Monkey Life** Double bill.
8.00 **Coral City**
9.00 **Tales from Zambia**
10.00 **Mysteries of the Mekong**
11.00 **Wildlife Icons**
12.00 M'T **Gangs of Baboon Falls**
1.00 AM **Undiscovered Vistas**
2.00 **Coral City**
3.00 **Tales from Zambia**
4.00 **Great Blue Wild**
5.00 **to 6.00** AM **Wild Dogs: Running with the Pack**

Crime+Investigation

139/140 142 133

6.00 AM **The First 48**
7.00 **Homicide Hunter**
9.00 **Fugitives Caught on Tape**
9.30 **My Strange Arrest**
10.30 **Court Cam**
11.00 **Killer Britain with Dermot Murnaghan** Triple bill.
2.00 PM **I Met My Murderer Online**
3.00 **Murder by Medic**
6.00 **On the Case with Paula Zahn**
7.00 **The First 48**
8.00 **I Met My Murderer Online**
9.00 **Murder at the Motel** New edition Blood evidence and a palm print are discovered.
10.00 **Don't Open the Door** Paramedics rush to the scene of a single-vehicle accident and find a man behind the wheel with multiple stab wounds.
11.00 **Interview with a Killer**
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **Interrogation Raw**
2.00 **Homicide Hunter**
3.00 **Imperfect Murder**
5.00 **to 6.00** AM **I Met My Murderer Online**

+1 hour 256 333

U&Eden

166 134/162 176 57 160 71

9.00 AM **Martin Clunes: Islands of America** Documentary.
10.00 **Sue Perkins: Along the US-Mexico Border**
12.40 PM **Frozen Planet**
1.40 **Martin Clunes: Islands of America** Documentary.
2.40 **Sue Perkins: Along the US-Mexico Border**
5.20 **Frozen Planet**
6.20 **Doctor Who** *Death to the Daleks – Part One:* 11/26. The Doctor discovers that the Daleks are searching for a cure to a space plague. **6.55** *Death to the Daleks – Part Two:* 12/26. The Doctor has to form an unlikely alliance with the Daleks. **7.30** *Death to the Daleks – Part Three:* 13/26. The Doctor and Sarah meet Bellal, who helps them evade the Daleks. **8.00** *Death to the Daleks – Part Four:* 14/26. The Doctor penetrates the city's defences. Stars Jon Pertwee. (S11)
8.35 PM **to 6.00** AM **Doctor Who**

+1 hour 266 376

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Hell on Earth: WWII**
9.00 **Hitler's Engineers**
10.00 **History's Greatest Aircraft**
11.00 **Ancient Aliens**
1.00 PM **Ancient Aliens: The Ultimate Evidence**
6.00 **The Proof Is Out There**
7.00 **Hitler's Engineers** A profile of scientist Walter Heisenberg, who was key in the Nazis' efforts to building an atomic bomb.
8.00 **History's Greatest Aircraft** A look at the McDonnell Douglas F-4 Phantom II.
9.00 **Ghost Ships** Following efforts to locate wreckage of the SS *Mont Blanc* and the SS *Imo*.
10.00 **Rome: Rise and Fall of an Empire** A look at how the Barbarian tribes brought about the Empire's downfall.
11.00 **Ancient Aliens**
1.00 AM **Alien Corridors**
2.00 **Ross Kemp: Shipwreck Treasure Hunter**
3.00 **Digging for Britain**
4.00 **Mysteries from Above**
5.00 **to 6.00** AM **Dirty Old Cars**

WILD

165 145 182

8.00 AM **Yukon Vet**
9.00 **Bizarre Animal Friends**
10.00 **World's Weirdest**
11.00 **Python Hunters**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Pristine Seas: The Power of Protection** Enric Sala travels the globe to save the oceans.
3.00 **Africa's Hunters**
4.00 **Secrets of the Zoo: Tampa**
5.00 **The Incredible Dr Pol**
6.00 **Yukon Vet**
7.00 **Secrets of the Bees** 1/2. Insights into bee intelligence. **8.00** 2/2. Challenges facing bees around the world.
9.00 **Secrets of the Penguins** Documentary following the lives of penguins in the Southern Hemisphere. **10.00** The penguins venture far beyond their icy homes.
11.00 **Ice Road Rescue**
12.00 M'T **Savage Kingdom**
1.00 AM **Animal Fight Club**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet**
4.00 **to 5.00** AM **Animal Fight Club**

ID

154 140 166

8.00 AM **Evil Stepmothers**
9.00 **Still a Mystery**
11.00 **People Magazine Investigates**
12.00 NOON **Diabolical: Deadly Love**
1.00 PM **Still a Mystery**
3.00 **People Magazine Investigates**
4.00 **Diabolical: Deadly Love**
5.00 **Murder Comes to Town**
7.00 **Hometown Homicide** A case in which a fisherman in Georgia recovered a body with a gun in its hand.
8.00 **The Perfect Suspect** The disappearance of FBI informant Susan Smith.
9.00 **999 Murderer Calling** The case of Luke D'Wit, who poisoned his millionaire neighbours so he could take over their business.
10.00 **Police 911: Michigan**
11.00 **Murder in the Heartland**
1.00 AM **Man with a Van**
2.00 **Hometown Homicide**
3.00 **The Perfect Suspect**
4.00 **to 6.00** AM **Murder Comes to Town**

+1 hour 254 366

Discovery Science

167 148 179

8.00 AM **How the Universe Works**
11.00 **The Gamechangers: Inventing the World**
1.00 PM **The Dino Hunters**
3.00 **How the Universe Works**
6.00 **How It's Made**
9.00 **In Search of Monsters** Experts analyse new evidence that could prove the Beast of Bray Road terrorised a Wisconsin town. Plus, the question of whether a human-wolf hybrid is spreading across America. **10.00** Experts analyse new evidence that could prove the legendary beast known as Chupacabra is real – and that there are two versions of the bloodsucking creature.
11.00 **Expedition X** A strange phenomenon that has been haunting Mammoth Cave in Kentucky for generations. **12.00** M'T Phil and Jessica follow strange orbs of light into an active volcano in Washington.
1.00 AM **How the Universe Works**
4.00 **to 6.00** AM **Cooper's Treasure**

+1 hr 267 379

Discovery History

161/172 147 181

7.00 AM **Spontaneous Combustion: Investigation X**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **How the Universe Works** Focusing on Mercury.
1.00 PM **NASA's Unexplained Files**
2.00 **Aliens in Alaska**
3.00 **Expedition Unknown**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Spontaneous Combustion: Investigation X** An investigation into the phenomenon in humans.
9.00 **Secrets Underground**
10.00 **How Do They Do It?**
11.00 **Salvage Hunters: The Restorers** A World War Two RAF hero's bomber jacket.
12.00 M'T **How the Universe Works**
1.00 AM **Mysteries at the Museum**
3.00 **Expedition X**
4.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

Discovery Turbo

158 146 180

7.00 AM **How Do They Do It?**
8.00 **Motor Pickers**
9.00 **Salvage Hunters: Classic Cars**
10.00 **Shed and Buried**
11.00 **Richard Hammond's Workshop** Some of the classic cars and motorbikes go to auction with no reserve.
12.00 NOON **Roadworthy Rescues**
1.00 PM **Garage Rehab**
2.00 **Ant Anstead: Born Mechanic**
3.00 **James May and the Dull Men**
4.00 **Salvage Hunters: Classic Cars**
5.00 **Mike Brewer: Born Dealer**
6.00 **Wheeler Dealers**
7.00 **Shed and Buried**
8.00 **Mike Brewer: Born Dealer** A visit to a car show inspires Mike to organise his own event.
9.00 **Roadworthy Rescues**
10.00 **James May and the Dull Men**
11.00 **Wheeler Dealers**
12.00 M'T **Mike Brewer: Born Dealer**
1.00 AM **Richard Hammond's Workshop** As 11.00am.
2.00 **Iron Resurrection**
3.00 **to 4.00** AM **Wheeler Dealers**

+1 hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

7.00 AM **Flavia** Family adventure. (2026, PG, 105min) ★★★
8.45 **The Bad Guys 2** Animated comedy adventure sequel. (2025, PG, 104min) ★★★★
10.45 **Regretting You** As 10.00pm.
12.50 PM **A Big Bold Beautiful Journey** As 8.00pm.
2.50 **One Battle After Another** Oscar-winning action thriller. (2025, 15, 161min) ★★★★★
5.40 **Superman** Fantasy adventure. (2025, 12, 129min) ★★★★

5.40 Superman

8.00 A Big Bold Beautiful Journey Romantic fantasy drama starring Colin Farrell and Margot Robbie. Through a twist of fate, two strangers get to relive moments from their respective pasts. (2025, 15, 109min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Regretting You Comedy drama starring Allison Williams and Mckenna Grace. A mother and daughter cope with matters after a devastating accident reveals a shocking betrayal. (2025, 12, 116min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Weapons** Horror thriller. (2025, 18, 128min) ★★★★★
2.10 AM **Pillion** Dark comedy. (2025, 18, 107min) ★★★
4.00 **Caught Stealing** Comedy thriller. (2025, 15) ★★★★
5.50 **to 6.15** AM **The Cinema List: Outlaws**

Sky Cinema Biopics

303 303 403 503 517

6.45 AM **Rob Peace** As 5.10am.
8.55 **Funny Girl** As 12.05am.
11.30 **Saturday Night** Comedy. (2024, 15, 109min) ★★★★
1.30 PM **The Glorias** Biopic starring Julianne Moore. (2020, 12, 139min) ★★★
4.00 **Widow Clicquot** Drama starring Haley Bennett. (2023, 15, 90min) ★★★★
5.45 **The Survivor** Fact-based drama starring Ben Foster. (2021, 15, 129min) ★★★★

10.20 Jackie

8.00 Molly's Game Fact-based drama about Molly Bloom, a skier who ran the world's most exclusive high-stakes poker game and became an FBI target. Stars Jessica Chastain and Idris Elba and Kevin Costner. (2017, 15, 137min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 Jackie Biopic starring Natalie Portman. Jacqueline Kennedy battles with grief following the assassination of her husband, President John F Kennedy. (2016, 15, 100min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **Funny Girl** Musical biopic starring Barbra Streisand. (1968, U, 169min) ★★★★
2.35 **Widow Clicquot** As 4.00pm.
4.10 **Sky Cinema Preview**
5.10 **to 7.10** AM **Rob Peace** Drama directed by and starring Chiwetel Ejiofor, with Jay Will. (2024, 15, 120min) ★★★

Sky Cinema Drama

310 310 410 510 524

6.10 AM **The Luckiest Man in America** Fact-based drama. (2024, 15, 90min) ★★★★
7.50 **Drift** Drama starring Cynthia Erivo. (2023, 15, 93min) ★★★★
9.40 **September 5** Fact-based thriller. (2024, 15, 95min) ★★★★
11.25 **Lost in Translation** Bittersweet romantic comedy drama written and directed by Sofia Coppola. (2003, 15, 102min) ★★★★★
1.20 PM **Footloose** Dance drama remake. (2011, 12, 113min) ★★★
3.20 **The Blind Side** Fact-based drama. (2009, 12, 129min) ★★★
5.35 **Coach Carter** Fact-based sports drama with Samuel L Jackson. (2004, 12, 136min) ★★★
8.00 **Jerry Maguire** Comedy drama starring Tom Cruise, Renée Zellweger and Cuba Gooding Jr. (1996, 15, 139min) ★★★★
10.25 **Anora** Romantic comedy drama starring Mikey Madison. (2024, 18, 139min) ★★★★★
12.50 AM **The Room Next Door** Drama starring Julianne Moore. (2024, 12, 102min) ★★★★
2.45 **Poison** Drama with Tim Roth. (2024, PG, 86min) ★★★★
4.30 **to 6.30** AM **Turtles All the Way Down** Romantic drama. (2024, 12, 111 min) ★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.35 AM **Gator Creek** As 2.50pm.
8.10 **Dark Skies** Paranormal thriller. (2013, 15, 97min) ★★★
9.50 **AfrAId** Sci-fi horror with John Cho. (2024, 15, 84min) ★★
11.25 **Get Out** Psychological thriller. (2017, 15, 104min) ★★★★★
1.10 PM **Lovely, Dark, and Deep** Horror. (2023, 15, 87min) ★★★
2.50 **Gator Creek** Horror with Athena Strates. (2025, 15, 87min) ★
4.20 **The Radleys** Horror comedy. (2024, 15, 115min) ★★★
6.15 **The Watched** Horror thriller. (2024, 15, 102min) ★★★
8.00 **Mad Max** Cult thriller starring Mel Gibson as a tough cop seeking revenge on the crazed bikers who murdered his wife and child. With Joanne Samuel. (1979, 15, 93min) ★★★★★
9.40 **Battleship** Sci-fi adventure starring Taylor Kitsch, Alexander Skarsgård and Rihanna. (2012, 12, 126min) ★★★
11.55 **Interview with the Vampire** Horror with Tom Cruise and Brad Pitt. (1994, 18, 122min) ★★★★
2.00 AM **After Earth** Adventure. (2013, 12, 98min) ★★
3.45 **Sky Cinema Preview**
4.15 **to 6.10** AM **Salem's Lot** Horror. (2024, 15, 109min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

7.20 AM **The Hobbit: An Unexpected Journey** Fantasy. (2012, 12, 165min) ★★★
10.10 **The Hobbit: The Desolation of Smaug** Fantasy adventure. (2013, 12, 161 min) ★★★★
12.55 PM **Trolls** As 9.05pm.
2.30 **The SpongeBob Movie: Sponge Out of Water** (2015)
4.05 **Peter Pan** Family adventure. (2003, PG, 113min) ★★★★
6.00 **Stuart Little** Fantasy. (1999, U, 84min) ★★★★★

9.05 Trolls

7.35 **Stuart Little 2** Fantasy adventure sequel with the voice of Michael J Fox. (2002, U, 78min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.05 **Trolls** Animation with the voices of Anna Kendrick and Justin Timberlake. A pair of trolls embark on a daring rescue mission when members of their tribe are kidnapped. (2016, U, 92min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.50 **The Hobbit: The Battle of the Five Armies** Conclusion of the epic fantasy adventure trilogy. (2014, 12, 144min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.25 AM **The SpongeBob Movie: Sponge Out of Water** Animation. (2015, U) ★★★
3.10 **Cats & Dogs: The Revenge of Kitty Galore** Fantasy sequel. (2010, U, 82min) ★★
4.40 **to 6.50** AM **Ride On** Action drama. (2023, PG) ★★★

Sky Cinema Action

306 306 407 507 521

7.10 AM **Twister** Disaster movie. (1996, PG, 114min) ★★★
9.10 **Fast & Furious 6** Thriller. (2013, 12, 125min) ★★★
11.25 **Fast & Furious 7** Thriller. (2015, 12, 132min) ★★★★
1.45 PM **Justice League** Sci-fi adventure starring Ben Affleck. (2017, 12, 120min) ★★
4.00 **Clash of the Titans** Fantasy. (2010, 12, 106min) ★★
6.00 **Morbius** Fantasy adventure. (2022, 12, 104min) ★★

8.00 The Meg

8.00 **The Meg** Action thriller starring Jason Statham. A rescue diver is hired to save the crew of a deep-sea submersible from a 75ft-long prehistoric shark. With Bingbing Li, Rainn Wilson and Ruby Rose. (2018, 12, 113min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Fast & Furious 8** Action thriller sequel starring Vin Diesel. Street racing criminal Dominic Toretto is recruited by a terrorist, setting him at odds with his old gang. (2017, 12, 136min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **Indiana Jones and the Temple of Doom** Adventure. (1984, PG, 118min) ★★★
2.20 **Bad Boys II** Action comedy sequel. (2003, 15) ★★★
4.50 **Sky Cinema Preview**
5.20 **to 7.10** AM **xXx: Return of Xander Cage** Action thriller. (2016, 12, 107min) ★★★

Sky Cinema Comedy

308 308 408 508 522

6.25 AM **Miss Congeniality 2: Armed and Fabulous** Comedy sequel. (2005, 12, 113min) ★★
8.25 **Finding Your Feet** Comedy. (2017, 12, 109min) ★★
10.20 **Hope Springs** (2012, 12) ★★★
12.05 PM **Quartet** (2012, 12) ★★★★
1.50 **Love Actually** Comedy. (2003, 15, 135min) ★★★
4.10 **Mean Girls** Teen comedy. (2004, 12, 97min) ★★★★
6.00 **Mamma Mia!** Musical. (2008, PG, 108min) ★★★★

6.00 Mamma Mia!

8.00 **Mamma Mia! Here We Go Again** ABBA-themed musical sequel starring Amanda Seyfried and Lily James. The reopening of the Hotel Bella Donna leads to a reunion for Sophie's family. With Pierce Brosnan and Cher. (2018, PG, 114min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

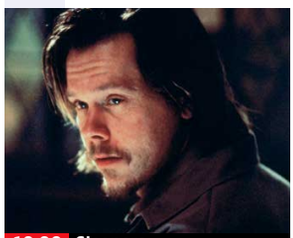
10.00 **Sex Tape** Comedy starring Cameron Diaz and Jason Segel. A couple try to spice up their marriage by filming themselves having sex. With Rob Lowe. (2014, 15, 94min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Caddyshack** Comedy. (1980, 15, 95min) ★★★
1.30 AM **Blades of Glory** Comedy. (2007, 12, 93min) ★★★
3.05 **Seven Psychopaths** Comedy thriller starring Colin Farrell. (2012, 15, 106min) ★★★★
5.00 **to 6.45** AM **Mean Machine** Sports drama starring Vinnie Jones. (2001, 15, 99min) ★★

Sky Cinema Thriller

309 309 409 509 523

6.20 AM **Thieves Highway** Thriller. (2025, 15, 110min) ★★★
7.50 **The Day of the Jackal** Thriller. (1973, 15, 142min) ★★★★★
10.15 **The Hunt for Red October** Thriller. (1990, PG) ★★★★
12.35 PM **Caddo Lake** Thriller. (2024, 12, 99min) ★★★
2.20 **Black Bag** (2024, 15) ★★★★
4.00 **Patriot Games** Action thriller. (1992, 15, 116min) ★★★
6.00 **The Bikeriders** Crime drama. (2023, 15, 116min) ★★★★



10.00 Sleepers

8.00 **Ocean's Eleven** Caper thriller starring George Clooney, Brad Pitt, Julia Roberts, Matt Damon and Andy Garcia. A charismatic thief recruits a team of specialists to rob three Las Vegas casinos on a single night. (2001, 12, 116min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

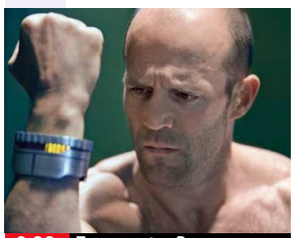
10.00 **Sleepers** Fact-based drama starring Kevin Bacon, Robert De Niro, Dustin Hoffman, Jason Patric and Brad Pitt. Years after being abused by guards at a reform school, four former teenage friends take their revenge. (1996, 18, 146min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Three Days of the Condor** Conspiracy thriller. (1975, 15, 118min) ★★★★
2.35 **True Romance** Crime thriller. (1993, 18, 118min) ★★★★
4.40 **to 6.30** AM **Cult Killer** Thriller. (2024, 15, 105min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **The Son of Robin Hood** Swashbuckling adventure. (1958, U, 77min) ★★
12.40 PM **Prince Valiant** Adventure. (1954, PG, 100min) ★★★
2.45 **The Desert Fox** Biopic. (1951, b/w, PG, 88min) ★★★
4.30 **The Tall Men** Adventure. (1955, PG, 122min) ★★★
6.55 **The Adjustment Bureau** Romantic sci-fi thriller. (2011, 12, 105min) ★★★★



9.00 Transporter 3

The Adjustment Bureau (film started at 6.55pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Transporter 3** Action thriller sequel starring Jason Statham and Natalya Rudakova. The Transporter is pressured into taking the kidnapped daughter of a Ukranian official from Marseilles to Odessa. (2008, 15, 103min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.05 **Knock at the Cabin** Horror mystery with Dave Bautista. A girl and her parents are taken hostage while vacationing and are given an impossible choice to avert the apocalypse. (2022, 15, 100min) ★★★★
1.00 **to 3.10** AM **Other People's Children** French drama with Virginie Efira. Subtitled. (2022, 15, 104min) ★★★★

11 PM

+1 hour 314 430 47 301 257

Sky Cinema 5 Star Movies

302 302 402 502 516

8.10 AM **The Death of Stalin** (2017)
10.00 **Edge of Tomorrow** Adventure. (2014, 12, 113min) ★★★★
12.00 NOON **Furiosa: A Mad Max Saga** Fantasy adventure. (2023, 15, 148min) ★★★★
2.30 PM **The Death of Stalin** Armando Iannucci's political satire. (2017, 15, 106min) ★★★★
4.20 **48 Hrs** Action comedy thriller. (1982, 15, 97min) ★★★★★

6.00 **Tootsie** Comedy starring Dustin Hoffman and Jessica Lange. (1982, 15, 116min) ★★★★
8.00 **Singin' in the Rain** Musical starring Gene Kelly, Donald O'Connor and Debbie Reynolds. (1952, U, 102min) ★★★★★
10.00 **Risky Business** Comedy drama starring Tom Cruise and Rebecca De Mornay. An enterprising teenager turns his house into a high-class brothel while his parents are away. (1983, 18, 98min) ★★★★

11.50 **This Is Spinal Tap** Spoof rock documentary with Christopher Guest and Michael McKean. (1983, 15, 83min) ★★★★★
1.25 AM **The Brutalist** Epic drama. (2024, 18, 215min) ★★★★★
4.55 **to 6.50** AM **Thelma** Comedy. (2024, 12, 98min) ★★★★

Sky Cinema Greats

307 307 404 504 518

6.40 AM **The Blues Brothers** Comedy. (1980, 15, 135min) ★★★★★
8.55 **The Man with Two Brains** Comedy. (1983, 15) ★★★★
10.30 **Billy Madison** As 2.50am.
12.05 PM **The Naked Gun** Spoof thriller starring Leslie Nielsen. (1988, 15, 85min) ★★★★
1.35 **The Naked Gun 2½: The Smell of Fear** Spoof thriller sequel. (1991, 15, 81 min) ★★★

3.05 **The Naked Gun 33⅓: The Final Insult** Spoof police thriller sequel. (1994, 12, 83min) ★★★
4.30 **Big Daddy** Comedy with Adam Sandler. (1999, 12, 95min) ★★★
6.05 **Beverly Hills Cop** Comedy thriller starring Eddie Murphy. (1984, 15, 105min) ★★★★
8.00 **Beverly Hills Cop II** Comedy thriller sequel starring Eddie Murphy. (1987, 15, 99min) ★★★
9.45 **Beverly Hills Cop 3** Comedy thriller sequel starring Eddie Murphy. (1994, 15, 104min) ★★

11.30 **Big Daddy** As 4.30pm
1.05 AM **See No Evil, Hear No Evil** Comedy thriller starring Gene Wilder. (1989, 15, 107min) ★★★
2.50 **Billy Madison** Comedy. (1995, PG, 90min) ★★
4.25 **to 6.00** AM **The Man with Two Brains** As shown at 8.55am.

Sky Cinema Animation

312 315 405 500 514

7.20 AM **Dragon Rider** Animation. (2020, PG, 91 min) ★★★
9.05 **Smurfs: The Lost Village**
10.50 **Mr Peabody & Sherman**
12.35 PM **Shrek** Animated comedy. (2001, U, 90min) ★★★★★
2.20 **Shrek 2** Animated sequel. (2004, U, 93min) ★★★★★
4.00 **Shrek the Third** Animated comedy adventure sequel. (2007, U, 88min) ★★★★

5.40 **Open Season 3** Animated comedy adventure sequel. (2010, U, 74min) ★★
7.05 **Smurfs: The Lost Village** Animated family adventure. (2017, U, 87min) ★★★
8.45 **Mr Peabody & Sherman** Animated family comedy. (2014, U, 97min) ★★★★
10.25 **Riverdance: The Animated Adventure** Family animation. (2021, U, 90min) ★★★
12.05 AM **Noah's Ark** Animation. (2024, U, 96min) ★★★

1.50 **Super Charlie** Animation. (2025, PG, 82min) ★★★
3.20 **Open Season 3** As 5.40pm.
4.45 **to 6.20** AM **Wallace & Gromit: The Curse of the Were-Rabbit** Animated comedy adventure with the voice of Peter Sallis. (2005, U, 85min) ★★★★★

Disney+ Cinema

305

6.00 AM **Alice in Wonderland** Cartoon. (1951, U, 75min) ★★★★
7.25 **Pocahontas** Animation. (1995, U, 81min) ★★★
8.45 **Monsters, Inc** Animation. (2001, U, 95min) ★★★★★
10.20 **The Tigger Movie** Cartoon. (2000, U, 77min) ★★★
11.45 **Hannah Montana: The Movie** Teen musical comedy spin-off. (2009, U, 98min) ★★★

1.25 PM **Finding Nemo** Animation. (2003, U, 104min) ★★★★★
3.10 **The Sorcerer's Apprentice** Action fantasy with Nicolas Cage. (2010, PG, 109min) ★★★★
5.00 **Ratatouille** Animated comedy. (2007, U, 106min) ★★★★★
6.55 **Mufasa: The Lion King** Musical prequel with the voice of Aaron Pierre. (2024, PG, 118min) ★★★
9.00 **Death on the Nile** Mystery. (2021, 12, 127min) ★★★
11.05 **The East** Political thriller. (2013, 15, 111 min) ★★★★

1.05 AM **The Chronicles of Narnia: The Lion, The Witch and The Wardrobe** Fantasy adventure. (2005, PG, 140min) ★★★★
3.25 **Lady and the Tramp** Animation. (1955, U, 76min) ★★★★★
4.45 **to 6.00** AM **The Aristocats** Animation. (1970, U) ★★★★★

Talking Pictures

328 445 82 306 36

6.00 AM **A Good Read with Mike Read** *The Ides of March.*
6.35 **Dr Morelle: The Case of the Missing Heiress** Mystery. (1949, b/w, PG, 73min) ★★★
8.05 **A Woman of Mystery** Drama. (1957, b/w, U, 71min) ★★★
9.25 **The Limping Man** Thriller. (1954, b/w, PG, 76min) ★★★
10.55 **Jassy** Period melodrama. (1947, PG, 102min) ★★

12.55 PM **What's On TPTV with Noel**
1.10 **The Buccaneers** 6/39. (S1)
1.40 **Woman to Woman** Drama. (1947, b/w, PG, 100min) ★★★
3.30 **Dial 999** 8/39. (S1)
4.00 **Charade** Comedy thriller. (1963, PG, 114min) ★★★★
6.20 **Look at Life**
6.30 **Those British Faces**
7.00 **Out of Town**
7.30 **Scotland Yard** 30/39. (S1)
8.05 **Buccaneer** 9/13. (S1)
9.10 **Lost Command** Wartime drama. (1966, 15, 130min) ★★

11.45 **Love and Pain and the Whole Damn Thing** (1972, PG) ★★
2.00 AM **Indiscretion of an American Wife** Drama. (1954, b/w, PG) ★
3.15 **Fighting Mad** (1957, b/w, U) ★★
4.20 **Superjet to the USA**
4.50 **Stagecoach West** 5/38. (S1)
5.50 **to 6.00** AM **Look at Life**

WEDNESDAY Sport 22 April

Wednesday

Sky Sports Main Event

401 401 501 419 439

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
10.00 **LIVE WTA & ATP Tennis** Coverage of day two of the Madrid Open, a clay-court tournament held at La Caja Mágica, featuring matches from the first round of the men's and women's draws.
7.00 PM **LIVE Premier League Burnley v Manchester City.** Coverage of the top-flight match held at Turf Moor. Erling Haaland scored twice and the unfortunate Maxime Estève scored two own-goals as the Citizens claimed all three points in a 5-1 victory at Etihad Stadium last September, in a match that was all square at half-time with the teams level at 1-1. Kick-off **8.00pm**.
10.45 **Back Pages Tonight**
11.00 **Sky Sports News**
5.30 **to 6.00** AM **LIVE DP World Tour Golf** Coverage of the opening day of the Volvo China Open held at Shanghai Enhance Anting Golf Club. Home player Wu Ashun emulated his 2015 triumph in this competition last year when he finished one stroke clear of England's Jordan Smith.

Sky Sports Premier League

402 402 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League Icons**
9.00 **The Big Interview**
9.30 **Netbusters** Recent highlights.
10.00 **Sky Sports FC**
12.00 NOON **Premier League Years** Clips from the 2001/02 season.
2.00 PM **PL Retro** A chance to see Liverpool v Newcastle from 1996.
4.30 **Netbusters** Recent highlights.
5.00 **The Premier League Show**
7.00 **LIVE Premier League Bournemouth v Leeds United.** Coverage of the match staged at Vitality Stadium. Eli Kroupi scored in second-half stoppage time to secure a point for the Cherries in a 2-2 draw when the teams faced each other at Elland Road last September. Kick-off **8.00pm**.
10.45 **Premier League Stories** An interview with Harry Kewell.
11.15 **Netbusters** Recent highlights.
11.45 **PL Greatest Games**
12.00 M'T **Premier League Highlights**
1.00 AM **PL Retro** A match replay.
3.00 **PL Greatest Games**
4.00 **Best PL Goals 2006/07**
5.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 503 421 441

6.00 AM **EFL Cup Retro** Aston Villa v Manchester United from 2010.
8.00 **SPFL Best Goals** Archive action.
9.00 **EFL Greatest Games**
10.00 **Championship Season Review**
11.00 **Best Moments from the Championship Play-Off Final (1993-2019)** Memorable finals.
11.30 **Best Moments from the League 1 & 2 Play-Off Final (1993-2019)** Classic finals.
12.00 NOON **EFL League One Goals**
12.30 PM **EFL League Two Goals**
1.00 **EFL Rivalries** Double bill.
2.00 **Bundesliga Highlights Show**
3.00 **EFL League One Goals**
3.30 **EFL League Two Goals**
4.00 **EFL Highlights** Championship.
7.30 **LIVE EFL** Coverage of a Championship match.
10.30 **EFL Highlights** Coventry City v Portsmouth in the Championship. **10.45** Norwich City v Derby County staged at Carrow Road.
11.00 **EFL Trophy** Action from the final.
11.30 **EFL Greatest Games**
12.00 M'T **EFL Cup Retro**
2.45 AM **EFL Greatest Games**
4.00 **Championship Season Review**
5.00 **Best Goals: EFL Cup 2021/22**
5.30 **to 6.00** AM **EFL Trophy**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **IPL** T20 highlights.
11.15 **Best of ICC WT20**
12.00 NOON **IPL** Recent highlights.
2.50 PM **LIVE IPL Lucknow Super Giants v Rajasthan Royals.** Coverage of the T20 match staged at Ekana Cricket Stadium. The Super Giants prevailed by two runs when the teams met in Jaipur last year with the help of an innings of 66 from Aiden Markram and Avesh Khan's bowling figures of 3/37.
3.55 **IPL** A chance to see Sunrisers Hyderabad v Delhi Capitals.
7.00 **Best of ICC WT20**
8.00 **IPL** Sunrisers Hyderabad v Delhi Capitals from Rajiv Gandhi International Stadium, Hyderabad. **9.00** Lucknow Super Giants v Rajasthan Royals: The T20 match held at Ekana Cricket Stadium. **10.00** Sunrisers Hyderabad v Delhi Capitals from Rajiv Gandhi International Stadium, Hyderabad. **11.00** Highlights of Lucknow Super Giants v Rajasthan Royals.
12.00 M'T **Best of ICC WT20**
12.30 AM **IPL** A replay of Lucknow Super Giants v Rajasthan Royals.
4.45 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

406 406 506 423 443

6.00 AM **Ladies European Tour Golf**
7.00 **LPGA Tour Golf**
11.00 **US Women's Open Golf**
12.00 NOON **Women's PGA Championship** Highlights.
1.00 PM **LPGA Tour Golf**
2.00 **Women's Golf** Highlights.
3.00 **Ladies European Tour Golf**
6.00 **PGA Tour Champions**
7.00 **PGA Tour: The Cut**
7.30 **HotelPlanner Tour Golf**
8.00 **Scotland's Greatest Golf Holes**
8.30 **PGA Tour Golf** RBC Heritage.
9.30 **PGA Tour: The Cut**
10.00 **HotelPlanner Tour Golf Hlts**
10.30 **Final Cut: The Long Game**
11.30 **PGA Tour Champions**
12.30 AM **HotelPlanner Tour Golf**
1.00 **PGA Tour Golf** Highlights.
4.00 **LPGA Tour Golf**
5.00 **School of Golf** Expert advice.
5.30 **to 6.00** AM **LIVE DP World Tour Golf** Day one of the Volvo China Open held at Shanghai Enhance Anting Golf Club.

TNT Sports 1

410 413 521 408 430

6.00 AM **Premier League Review**
7.00 **Premier League: Big Interview**
7.30 **Premier League Stories**
8.00 **Premier League Netbusters**
8.30 **UEFA Champions League Magazine** News and updates.
9.00 **The WRC Magazine**
9.30 **Serie A** Highlights from Italy.
11.30 **World Superbike Rewind**
11.45 **LIVE Cycling** The men's one-day La Fleche Wallonne in Belgium.
3.45 PM **LIVE Cycling** The women's one-day La Fleche Wallonne.
5.15 **Premier League Reload**
5.30 **Premier League Stories**
6.00 **TNT Sports Reload**
6.30 **LIVE Snooker World Championship** Coverage of the first round on the fifth day held at the Crucible Theatre in Sheffield.
10.00 **TNT Sports Reload**
10.30 **MLB Highlights**
11.30 **LIVE MLB Boston Red Sox v New York Yankees.** Coverage of the American League match from Fenway Park. Start-time **11.45pm**.
2.30 AM **TNT Sports Reload**
3.00 **LIV Golf** Round six in Mexico.
4.00 **to 6.00** AM **UEFA Champions League: Classics**

TNT Sports 2

411 414 522 409 431

6.00 AM **Men's Cycling Pro Series**
7.00 **UEFA Champions League – Classics** Archive action.
9.00 **Sign Up – Into Football**
9.45 **The Cycling Show**
10.15 **The Gruppetto** Cycling news.
10.30 **Men's Cycling Pro Series**
11.30 **LIVE Men's Cycling Pro Series** Coverage of the Tour of the Alps, the third stage of the race from Latsch to Arco in Italy.
1.30 PM **European Rally Championship Highlights**
2.00 **Premier League Review**
3.00 **LIV Golf** Round six in Mexico.
4.00 **UEFA Youth League**
5.00 **AFL** A replay of West Coast Eagles v Fremantle Dockers.
6.30 **Serie A – Full Impact**
7.00 **Premier League** Another chance to see Brentford v Fulham.
8.30 **FIA World Endurance Championship Highlights** Action from the Six Hours of Imola.
9.30 **Discovery Golf** The latest news.
10.00 **Men's Cycling Pro Series**
11.00 **Cycling** La Fleche Wallonne.
1.00 AM **Snooker World Championship** The fifth day.
3.00 **to 6.00** AM **Motocross World Championship**

Sky Sports Action

412 410 510 426 446

6.00 AM **Super League** Catalans Dragons v Wigan Warriors.
8.30 **NFL Bitesize Highlights**
8.45 **Super League Highlights**
9.00 **Super League** Wigan Warriors v Hull Kingston Rovers from 2025.
12.00 NOON **NFL Highlights** Atlanta Falcons v Los Angeles Rams.
1.00 PM **Good Morning Football**
3.00 **NFL Highlights** Action from Atlanta Falcons v Los Angeles Rams.
4.00 **Women's Super League**
4.15 **Super League Highlights**
5.00 **NFL Highlights** San Francisco 49ers v Chicago Bears.
6.00 **NBC's Pro-Football Talk**
8.00 **NBA on Fire** The latest news.
8.30 **NBA Basketball** Another chance to see Minnesota Timberwolves v Golden State Warriors.
10.30 **NFL Bitesize Highlights**
11.00 **Super Bowl LX Highlights** Seattle Seahawks v New England Patriots held at Levi's Stadium.
12.00 M'T **The Insiders** NFL news.
1.00 AM **Super League Highlights**
2.00 **Super League** Leeds Rhinos v Warrington Wolves from 2025.
5.00 **Super Bowl LX Highlights**
5.15 **to 6.00** AM **NFL Bitesize Highlights**

Sky Sports Sky Sports+

404 404 504 427 447

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
10.00 **LIVE WTA & ATP Tennis** Coverage of day two of the Madrid Open, a clay-court tournament held at La Caja Mágica, featuring matches from the first round of the men's and women's draws. Great Britain's Jacob Fearnley and Cameron Norrie both secured victories at this stage last year, booking their places in the second round by beating Bu Yunchaokete 6-3 7-6 and Martín Landaluce 6-7 7-5 6-4 respectively.
7.35 PM **LIVE EFL** Coverage of a Championship match.
9.45 **EFL Greatest Games**
10.00 **Sky Sports News**
10.30 **Back Pages Tonight**
11.00 **Sky Sports News**
12.00 M'T **EFL Greatest Games** Gillingham v Manchester City. **12.15** AM Bolton Wanderers v Watford from 1998/99. **12.30** Bolton Wanderers v Preston North End in 2000/01. **12.45** Highlights of Sheffield United v Wolverhampton Wanderers from 2002/03.
1.00 **to 6.00** AM **EFL Greatest Games**

Sky Sports Tennis

408 408 508 425 445

6.00 AM **ATP Tennis** Monte Carlo.
7.00 **WTA & ATP Tennis** Madrid Open.
10.00 **LIVE WTA & ATP Tennis** Coverage of day two of the Madrid Open at La Caja Mágica, featuring matches from the first round of the men's and women's draws. Great Britain's Jacob Fearnley and Cameron Norrie both secured victories at this stage last year, booking their places in the second round by beating Bu Yunchaokete 6-3 7-6 and Martín Landaluce 6-7 7-5 6-4 respectively.
8.00 PM **ATP Tour This Week**
8.30 **Tennis** Indian Wells Open finals.
9.00 **ATP Tennis** Monte-Carlo Masters.
10.00 **WTA & ATP Tennis** Action from the second day of the Madrid Open held at La Caja Mágica.
1.00 AM **WTA & ATP Tennis**
3.00 **US Open Classic Matches**
4.00 **ATP/WTA Tour Classic Matches**
5.00 **to 6.00** AM **ATP Tennis**

Sky Sports Mix

416 412 511 429 449

6.00 AM **EFL Greatest Games**
7.00 **Ladies European Tour Golf**
8.00 **PGA Tour Golf** RBC Heritage.
9.00 **Super League** Another chance to see Hull FC v St Helens.
11.45 **PL Greatest Games**
12.00 NOON **IPL** T20 highlights.
2.00 PM **PL Greatest Games**
3.00 **Men's T20 World Cup**
4.00 **WTA Tennis** Rouen Open final.
5.00 **ATP Tennis** The Barcelona Open.
6.00 **Super League** Huddersfield Giants v Leeds Rhinos.
8.45 **PL Greatest Games**
9.00 **PGA Tour Golf** Highlights of the fourth day of the RBC Heritage.
10.00 **IPL** Recent T20 action.
12.00 M'T **PL Greatest Games**
1.00 AM **WTA Tennis** Recent finals.
3.00 **EFL Greatest Games**
4.00 **to 6.00** AM **T20 World Cup**

TNT Sports 3

413 415 523 410 432

6.00 AM **World Superbike Rewind**
6.15 **The Gallagher PREM: Wrap Up**
6.30 **Kenny Allstar's Number 1's**
6.45 **Ally's Social Club**
7.30 **Roll the Tape** Ronnie O'Sullivan.
8.00 **Snooker World Championship**
10.00 **LIVE Snooker World Championship** The first round on the fifth day in Sheffield.
1.00 PM **MLB Highlights**
2.00 **Premier League Reload**
2.15 **LIVE Snooker World Championship** Further coverage of the first round on the fifth day at the Crucible Theatre.
5.30 **Crouchy and Cole**
6.00 **What I Wore** Glenn Hoddle.
6.30 **LIVE Snooker World Championship** Continued coverage of the first round.
10.00 **Ultimate Pool** Pairs Cup.
11.30 **UFC** Gilbert Burns v Mike Malott.
2.30 AM **UFC Reloaded** UFC 213.
5.15 **Formula E Unplugged**
5.45 **to 6.00** AM **TNT Sports Reload**

TNT Sports 4

414 416 524 411 434

6.00 AM **Isuzu UTE A-League**
12.00 NOON **The Gallagher PREM**
5.00 PM **MLB Highlights**
6.00 **UEFA Champions League Magazine** News and action.
6.30 **UEFA Champions League** Highlights of Club Brugge v Arsenal. **7.00** Real Madrid v Man City. **7.30** Real Madrid v Monaco.
8.00 **The Cycling Show** All the latest news from the world of cycling.
8.30 **Race Bikes** A deeper look into the world of Mountain Bike racing.
9.00 **Marathons** Highlights from the Boston Marathon.
10.00 **Lions Uncut: Australia 2025** Behind-the-scenes documentary of the British and Irish Lions' 2025 rugby tour to Australia.
11.45 **The Gallagher PREM** Action from Bristol Bears v Gloucester.
12.45 AM **The Gallagher PREM**
4.45 **The Gallagher PREM: Wrap Up**
5.00 **to 6.00** AM **Isuzu UTE A-League Highlights**

Premier Sports 1

419 551

6.00 AM **URC in 60** Highlights.
7.00 **NASCAR Highlights**
8.00 **NHL Ice Hockey**
10.00 **Coppa Italia** Inter Milan v Como.
12.00 NOON **European Le Mans Series** Action from Barcelona.
12.30 PM **Top 14 Rugby Union**
1.00 **URC in 60** Highlights from the 15th round of fixtures.
2.00 **NHL Tonight** Play-off preview.
3.00 **Coppa Italia** Inter Milan v Como.
4.55 **LaLiga Match Highlights**
5.55 **LIVE LaLiga** Coverage of a Spanish top-flight match.
8.00 **LaLiga Match Highlights**
8.25 **LIVE LaLiga** Coverage of a Spanish top-flight match.
10.30 **Football's Greatest**
11.00 **KOTV Boxing Weekly**
11.30 **Women's Football Weekly**
12.00 M'T **LIVE NHL Ice Hockey** Coverage of a play-off match.
3.00 AM **Sporting Countdowns**
3.30 **Coppa Italia** Atalanta v Lazio.
5.30 **to 6.00** AM **Sporting Greats**

Premier Sports 2

420 552

6.00 AM **Football's Greatest**
6.30 **Eredivisie** Heracles v Ajax.
8.30 **Football's Greatest**
9.30 **Argentine Primera** A replay of Rosario Central v Sarmiento.
11.30 **United Rugby Championship** A replay of Ospreys v Sharks.
1.30 PM **Temples of Sport** Sporting venues from around the globe.
2.00 **LaLiga** Las Palmas v Alavés. **4.00** Another chance to see a Spanish top-flight match.
5.55 **LIVE LaLiga** Coverage of a Spanish top-flight match.
8.00 **LaLiga Match Highlights**
8.25 **LIVE LaLiga** Coverage of a Spanish top-flight match.
10.30 **Football's Greatest** The finest players discuss their careers.
11.00 **Coppa Italia** Atalanta v Lazio in the semi-final second leg.
1.00 AM **Football's Greatest**
2.00 **NHL Tonight** Top 50 players.
3.00 **to 6.00** AM **LIVE NHL Ice Hockey** A play-off match.

Sky Sports F1

407 407 507 424 444

6.00 AM **Formula 1** Archive action.
10.00 **Indycar** Grand Prix of Long Beach.
11.00 **British Kart Championships**
12.00 NOON **F1 Academy Highlights**
2.00 PM **Formula 1** Another chance to see the Chinese Grand Prix.
6.20 **Ted's Notebook**
6.50 **Cycle to Work with Leclerc**
7.00 **Indycar** Grand Prix of Long Beach.
8.00 **F1 Classic Races** Archive action.
1.00 AM **The Best of F1**
2.00 **F1 Explained**
3.00 **The Best of Australia & China**
4.00 **F1 Explained**
5.00 **to 6.00** AM **The Best of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Thursday

23 April

Evening Planner

Entertainment

Taskmaster
C4, 9pm
Joanna Page reveals her favourite childhood tipple, while co-host Alex Horne treates the contestants to a song.

Drama

Bergerac
U&Drama, 9pm
The Jersey detective's (Damien Molony) investigation leads him to suspect that a senior police officer could be corrupt.

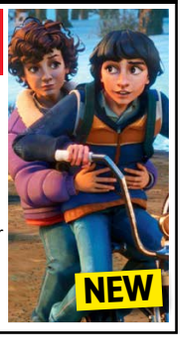
Comedy

Big Mood
C4, 10pm
Maggie's (Nicola Coughlan) eagerness to accept the olive branch offered by Eddie leads to an unfortunate incident.

OnDemand

NETFLIX

Stranger Things: Tales from '85
Available today
Animation about the pals in *Stranger Things* after the gate to the Upside Down had closed.



SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show †	7.30 EastEnders	8.00 Race Across the World		9.00 MasterChef		10.00 News; Local News	
	102 BBC2	7.00 Great British Menu: The Finals		8.00 This Farming Life		9.00 Saving Lives at Sea		10.00 Mortimer &...	10.30 Newsnight
	103 ITV1	‹ 6.30 News; Weather	7.30 Tonight †	8.00 Emmerdale	8.30 Coronation Street	9.00 I'm a Celebrity... South Africa			10.20 News; Local News
	104 CHANNEL 4	7.00 News		8.00 Paul Merton: Driving Amazing Trains		9.00 Taskmaster		10.00 Big Mood	
	105 5	7.00 Springtime on the Farm		8.00 Casualty 24/7: Every Second Counts		9.00 The Hotel Inspector		10.00 Snatched	
	106 SKY ONE	7.00 The Simpsons	7.30 Betfred Super League – Live: York Knights v Toulouse Olympique (Kick-off 8.00)						10.15 Rob & Romesh vs UFC
ENTERTAINMENT	115 BBC3		7.05 Deadly 60	8.00 Top Gear		9.00 The Beauty Queen and the Catfish			
	116 BBC4	7.00 Snooker: World Championship – Live: The evening session on day six						10.00 Film: The Wicker Man	
	118 ITV2	7.00 I'm a Celebrity South Africa		8.00 The 1% Club		9.00 Hell's Kitchen		10.00 Family Guy	
	136 MORE4	‹ 6.50 Location, Location, Location		7.55 Kirstie and Phil's Love It or List It		9.00 The Orient Express: A Golden Era of...		10.00 24 Hours in A&E	
	135 E4	7.00 The Simpsons	7.30 Married at First Sight Australia			9.00 MAFS Australia: After the Dinner Party		10.00 Gogglebox	
	107 SKY WITNESS	7.00 Police 24/7		8.00 Caught on Dashcam		9.00 FBI		10.00 Burn Notice	
	108 SKY ATLANTIC	‹ 6.55 The Last of Us				9.00 Chernobyl			10.15 The Miniature Wife
	110 U&GOLD		7.20 Dad's Army: The Lost...	8.00 Still Open All Hours	8.40 Open All Hours		9.20 Not Going Out		10.40 Still...
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 Frankie Boyle's New...	10.40 Have I...
	119 ITV3	‹ 6.55 Heartbeat		8.00 Vera				10.00 DCI Banks	
	120 ITV4	7.00 American Pickers		8.00 Ice Road Truckers		9.00 Film: Rocky V			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Big Trouble in Little China			
	145 SKY SCI-FI	7.00 Star Trek: Deep Space Nine		8.00 Stargate SG-1		9.00 From			
	143 U&DRAMA	‹ 6.40 Last of the Summer Wine		8.00 Queens of Mystery		9.00 Bergerac		10.00 New Tricks	
	109 U&ALIBI	7.00 Father Brown		8.00 Saint-Pierre		9.00 Father Brown		10.00 Death in Paradise	
	122 SKY ARTS	7.00 Making a Maestro		8.00 Discovering: Harvey Keitel		9.00 Film: Roman Holiday			
	132 U&W	7.00 DIY SOS: The Big Build		8.00 Pete Wicks: For Dogs' Sake		9.00 One Born Every Minute			
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers				9.00 Naked and Afraid			
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Gator Boys		9.00 Alaska: The Last Frontier		10.00 Edge of Alaska	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Car S.O.S.				10.00 Engineering Europe	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Swamp People		9.00 History's Deadliest with Ving Rhames		10.00 The UnBelievable with Dan Aykroyd	
	155 U&YESTERDAY	7.00 Planet Earth II		8.00 Bangers & Cash				10.00 Resto My Ride	
	114 SKY DOCS	7.00 Bobby Robson: More Than a Manager				9.00 Spitfire			
FILMS – Sky Cinema	301 PREMIERE	‹ 6.00 A Big Bold Beautiful Journey		8.00 Regretting You				10.05 Pillion	
	302 5 STAR MOVIES	‹ 6.10 Companion		8.00 Mad Max 2			9.40 The Last Stop in Yuma County		
	303 BIOPICS	‹ 5.45 The United States vs. Billie Holiday		8.00 I, Tonya				10.00 Save the Cinema	
	307 GREATS	‹ 6.00 Raiders of the Lost Ark		8.00 Indiana Jones and the Temple of Doom				10.00 Indiana Jones and the Last Crusade	
	312 ANIMATION	‹ 5.40 Antz	7.20 Bee Movie			9.05 10 Lives			
	304 FAMILY	‹ 6.00 Hook			8.25 Paddington in Peru				10.25 The Hobbit: The...
	306 ACTION	‹ 5.35 The Amazing Spider-Man 2		8.00 Bad Boys II					10.30 Uncharted
	308 COMEDY	‹ 6.25 Zoolander		8.00 Zoolander 2			9.45 The Naked Gun		
	309 THRILLER	‹ 5.50 Ocean's Twelve		8.00 The Bourne Identity				10.00 Hannibal	
	310 DRAMA	‹ 5.50 About Time		8.00 Chicago				10.00 Amadeus	
	311 SCI-FI	‹ 6.20 Gravity		8.00 10 Cloverfield Lane			9.50 Cloverfield		
	313 FILM4	‹ 6.25 A Knight's Tale				9.00 Good Luck to You, Leo Grande			
SPORT	401 MAIN EVENT	7.00 Premier League Darts – Live: Coverage of the 12th night of the tournament at M&S Bank Arena in Liverpool							
	402 PREMIER LEAGUE	7.00 Big Interview	7.30 PL Stories	8.00 Netbusters	8.30 PL Review		9.30 Big Interview	10.00 PL Stories	10.30 Netbusters
	403 FOOTBALL	7.00 EFL League Two	7.30 EFL – Live: Salford City v Bromley (Kick-off 8.00)						10.30 Bundesliga...
	405 CRICKET	7.00 Best of ICC WT20		8.00 IPL					
	410 TNT SPORTS 1	‹ 6.00 World Rally Championship – Live		8.00 MLB Plays of	8.30 MLB – Live: San Francisco Giants v Los Angeles Dodgers (Start-time 8.45)				
	411 TNT SPORTS 2	7.00 MLB Highlights		8.00 AFL			9.30 Sign Up – Into Football	10.15 Serie A – Full Impact	

‹ Denotes programmes starting before 7.00pm † Regions vary

THURSDAY

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Thursday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Expert Witness** (S)(R)(AD)
11.15 **Homes Under the Hammer** New edition Properties in Bath, Norfolk and Nottinghamshire. (S)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Shift the Thrift** New edition Joanna Page presents a thrifting showdown in Aberystwyth. (S)(AD)
2.30 **Designing the Hebrides** (S)(R)(AD)
3.00 **Escape to the Country** (S)(R)
3.45 **Make It at Market** (S)(R)
4.30 **The Finish Line** Quiz show. (S)(R)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)
6.55 **Party Election Broadcast** (S)

8.00 **Race Across the World**

7 PM

7.00 **The One Show** Alex Jones and Roman Kemp present the topical show. (S)
7.30 **EastEnders** Max and Cindy share a moment together, Ravi finally gets the help he needs, while Sam gives Mark an idea. (S)(AD)

8 PM

8.00 **Race Across the World** New edition 4/9. With more than 4,500km behind them, the race steps up a gear as the remaining teams learn the fourth checkpoint lies in the Georgia capital, Tbilisi. (S)(AD)

9 PM

9.00 **MasterChef** New edition 3/21. Anna Haugh and Grace Dent introduce the first quarter-final, in which the contestants make pancakes of their own choosing before guest judge Jay Rayner briefs them to make a salad. (S)(AD)

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **Question Time** Fiona Bruce presents the topical debate from Aberdeen, with a panel of politicians and other guests facing questions from the audience. (S)
11.40 **Newscast** A panel of journalists hosts a weekly round-up from Westminster, delivering the usual mix of serious analysis and light-hearted gossip about the biggest stories in politics. (S)
12.10 AM **Blankety Blank** Bradley Walsh hosts the comedy quiz show, with Rhod Gilbert, Jill Scott, Aisling Bea, Guz Khan, Nitro and the Rev Kate Bottley filling in the blanks. (S)(R)
12.45 **Weather for the Week Ahead** (S)
12.50 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.15 AM **Homes Under the Hammer** (R)
7.15 **Escape to the Country** (S)(R)
8.00 **Sign Zone: Gardeners' World** (R)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **LIVE Snooker: World Championship** Seema Jaswal introduces coverage of the afternoon session on day six at the Crucible Theatre in Sheffield. *Continues at 7.00pm on BBC4.* (S)
5.00 **Flog It!** From Herstmonceux Castle in East Sussex. (S)(R)
6.00 **Richard Osman's House of Games** With Sam Campbell, Cherry Healey, Anthony Ogogo and Catherine Tyldesley. (S)(R)
6.30 **Great Japanese Railway Journeys** New edition Michael Portillo arrives in the home of Japanese porcelain, Arita. (S)(AD)

8.00 **This Farming Life**

7 PM

7.00 **Great British Menu: The Finals** New edition The dessert final marks the last chance for the chefs to win a dish on the banquet menu. Author Joanne Harris is the guest judge. (S)(AD)
■ Concludes tomorrow

8 PM

8.00 **This Farming Life** New edition 9/12. The Williamsons go for glory at their local show on Lewis, Lucy and Adam's baby arrives, while Callum and Zara head south for a safety awareness event. (S)
■ Entire series on BBC iPlayer

9 PM

9.00 **Saving Lives at Sea** RNLI crews race to the rescue of a female casualty with a serious spinal injury, a capsized dinghy with three people in the water, and seven missing kayakers. (S)(R)(AD)

10 PM

10.00 **Mortimer & Whitehouse: Gone Fishing** Bob and Paul fish for wild brown trout at Driffield Beck in East Yorkshire. (S)(R)(AD)
10.30 **Newsnight** (S)
11.00 **The Misadventures of Romesh Ranganathan** 2/3. The comedian travels to Rwanda to discover how the country has rebuilt itself after the 1994 genocide. (S)(R)(AD)
12.00 M'T **Snooker: World Championship Extra** Extended highlights of a day six match. (S)
2.00 AM **Sign Zone: Great British Menu – The Finals** (S)(R)(AD)
4.00 **Sign Zone: Michael Jackson – An American Tragedy** (S)(R)(AD)
5.00 **to 6.15** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** (S)
10.00 **This Morning** (S)
12.30 PM **ITV News** (S)
12.55 **Local News** (S)
1.00 **Celebrity Catchphrase** Stephen Mulhern hosts the game show, with guests Charlie Hedges, Jeremy Vine and Luke Kempner. (S)(R)(AD)
2.00 **Dickinson's Real Deal** David and his team head to Middlesbrough, where items include an oboe and a haul of gold jewellery. (S)(R)
3.00 **Lingo** Word-based quiz show hosted by Adil Ray. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.25 **Party Election Broadcast** (S)
6.30 **ITV News** (S)

8.30 **Coronation Street**

7 PM

7.30 **Tonight: Pet Stars – Can My Pet Pay My Bills?** Chris Choi reports on the pet owners turning their animals into so-called influencers and cashing in on a booming billion-pound industry. (S)

8 PM

8.00 **Emmerdale** Robert is left feeling guilty about Moira's situation. (S)(AD)
8.30 **Coronation Street** With the hotel function room out of action, Lisa hatches a secret plan to make sure the wedding goes ahead. (S)(AD)

9 PM

9.00 **I'm a Celebrity... South Africa** New edition 14/16. On the penultimate day of the series, the remaining contestants take on Cyclone, hoping to be victorious and win their dinner for this evening and not have to settle for rice and beans. Hosted by Ant and Dec. (S)(AD)
■ Continues tomorrow

10 PM

10.20 **ITV News** (S)
10.50 **Local News** (S)
11.00 **The Real Stonehouse** Documentary looking at the life of disgraced Labour minister John Stonehouse. (S)(R)(AD)
12.00 M'T **Teleshopping**
3.00 AM **I'm a Celebrity... South Africa** As 9pm. (S)(SL)(R)(AD)
4.05 **The Murder Line** 5/6. Erica's team make a grim discovery and the investigation uncovers a long-buried secret. (S1) (S)(R)
4.50 **to 6.00** AM **Unwind with ITV** (S)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.25 AM **Cheers** 17-19/25. (S3) (S)(R)
7.50 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** (S10&11) (S)(R)(AD)
11.10 **Ramsay's Kitchen Nightmares USA** New Jersey. (S)(R)
12.05 PM **News** (S)
12.10 **Find It, Fix It, Flog It** (S)(R)(AD)
1.10 **Matt Baker: Travels with Mum & Dad** A visit to the Northumberland County Show. (S)(R)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **A New Life in the Sun: Where Are They Now?** (S)(R)
5.00 **Chateau DIY** New edition Paul dabbles with DIY danger to tackle a utility room. (S)(AD)
6.00 **Sun, Sea and Selling Houses** New edition In Almería, the Garners help Andy and Kathy find their forever home. (S)

8.00 **Paul Merton: Driving Amazing...**

7 PM

7.00 **News** (S)

8 PM

8.00 **Paul Merton: Driving Amazing Trains** New edition Paul travels the French Riviera, taking control of a steam engine on the Pine Cone line, visiting the 'other' D-Day landing site and riding along the coast from Nice. (S)(AD)

9 PM

9.00 **Taskmaster** New edition 3/10. Alex Horne treats the contestants to a song, Kumail Nanjiani holds Amy Gledhill and Joe Dommett while they ask him questions, and Armando Iannucci goes for an ice cream. (S)(AD)

10 PM

10.00 **Big Mood** New episodes *Cubits:* 3/6. Maggie gets her night and day medication mixed up. (S)(AD)
10.30 *Hands:* 4/6. Maggie is reunited with her estranged famous father. Guest stars Robert Lindsay. (S2) (S)(AD)
11.05 **Gogglebox** (S)(SL)(R)(AD)
12.05 AM **Naked Attraction** (S)(R)(AD)
1.05 **Open House: The Great Sex Experiment** (S)(R)(AD)
1.55 **Ramsay's Kitchen Nightmares USA** A New York diner. (S)(SL)(R)
2.45 **Your Song** (S)(SL)(R)(AD)
3.40 **George Clarke's Old House, New Home** (S)(SL)(R)(AD)
4.35 **Couples Come Dine with Me** (R)
5.30 **Find It, Fix It, Flog It** (S)(R)
5.45 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.45 PM **News** (S)
12.50 **Matt Allwright** (S)
2.00 **Vanessa** Topical discussion. (S)
3.00 **Castle** *Home Is Where the Heart Stops:* 7/10. Beckett and Castle investigate a series of burglaries that ended in murder. (S)(R)
3.55 **Castle** *Ghosts:* 8/10. A woman is drowned in motor oil in a hotel bathtub. (S1) (S)(R)
4.50 **Love Nature** (S)(R)
5.00 **News** (S)
6.00 **Love Nature** New edition David Lindo explores his love for birdwatching. (S)
6.05 **Susan Calman's Grand Day Out** Nottinghamshire. (S)(R)
6.55 **News** (S)

9.00 The Hotel Inspector

7.00 **Springtime on the Farm** New edition 3/4. A cow's newborn calf needs urgent help in order to get off to the best possible start. (S)
■ Concludes tomorrow

7.55 **News** (S)

8.00 **Casualty 24/7: Every Second Counts** New edition A 53-year-old man is rushed in with chest pains and shortness of breath, and a woman arriving for a hospital appointment has fallen down the escalator. (S)

9.00 **The Hotel Inspector** New edition Alex Polizzi travels to the Malvern Hills, Worcestershire, to face one of her toughest challenges yet – a 24-year-old landlord who's never worked behind a bar in his life. (S)(AD)

10.00 **Snatched** New edition *Dead or Alive?* The story of how schoolgirls Lisa Hoodless and Charlene Lunnon disappeared in 1999, sparking a huge missing persons operation. (S)

11.05 **My Boyfriend Made Me Do It** Documentary. (S)(R)(AD)
12.05 AM **Murder 360** (S)(R)
1.00 **Teleshopping** (S)(R)
2.00 **Cash in the Attic** (S)(R)(AD)
2.50 **Fare Dodgers: At War with the Law** (S)(R)
3.35 **Friends** (S5) (S)(R)(AD)
4.25 **Entertainment News** (S)
4.35 **Paul Martin's Antiques Showdown** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY ONE

106 106 109 346 361

6.00 AM **Mornings**
7.00 **Mornings with Ridge and Frost**
8.00 **Stargate SG-1** (S2) (S)(R)
9.00 **Magnum P.I.** (S5) (S)(R)(AD)
10.00 **Will & Grace** (S4) (S)(R)(AD)
11.00 **The Simpsons** (S)(R)
12.00 NOON **Predators** (S)(R)(AD)
1.00 PM **Hawaii Five-0** (S2) (S)(R)
2.00 **Magnum P.I.** (S5) (S)(R)(AD)
3.00 **S.W.A.T.** 19/23. (S2) (S)(R)(AD)
4.00 **Police 24/7** (S)(R)
5.00 **The Simpsons** *The Fool Monty:* Mr Burns suffers from a severe bout of amnesia. (S)(R)
5.30 *They Saved Lisa's Brain:* Lisa joins Mensa. (S)(R)
6.00 **The Office (US)** 4/26. Michael is forced to get in touch with his former lovers. (S)(R)
6.30 5/26. Michael, Dwight and Jim spy on a rival. (S7) (S)(R)

10.15 Rob & Romesh vs UFC

7.00 **The Simpsons** *How Munched Is That Birdie in the Window?* A psychiatrist recommends that the family find Santa's Little Helper a new home. (S)(R)

7.30 **LIVE Rugby League: Super League** York Knights v Toulouse Olympique: Coverage of the top-flight match from LNER Community Stadium. These two teams will be more than familiar with each other after competing for honours in the Championship last season, when they finished first and second in the table respectively. The French outfit went on to defeat the English side 10-8 in the Grand Final that took place on this ground. Kick-off is at 8.00.

10.15 **Rob & Romesh vs UFC** Rob Beckett and Romesh Ranganathan enter the world of mixed martial arts, visiting the Ultimate Fighting Championship's International Fight Week in Las Vegas to train with the stars. (S)(R)(AD)

11.15 **Grimm** 21/22. Nick gets back together with Juliette before investigating a plot to create an army of zombies. (S2) (S)(R)
12.15 AM **Police 24/7** A suspect's neighbour tips off officers. (S)(R)
1.10 **The Force: North East** A man suspected of assault collapses in the custody suite. (S)(R)
2.05 **Road Wars** (R)
3.00 **Hawaii Five-0** 17/23. (S2) (S)(R)
4.00 **S.W.A.T.** 19/23. (S2) (S)(R)(AD)
5.00 **to 6.00** AM **Highway Patrol** (R)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
7.00-7.30pm River City (S)(R)(AD) **12.10am** Scotcast (S)(R) **12.40** Blankety Blank (S)(R) **1.15** Weather for the Week Ahead (S) **1.20-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.40pm The View (S)
11.20 Question Time (S)
12.20am Newscast (S)
12.50 Blankety Blank (S)(R)
1.25-6.00am BBC News (S)

WALES
Sky 965, Virgin 864, Freesat 965
7.00-7.30pm 21st Century TV with Lucy Owen New edition (S)

BBC2

N. IRELAND
Sky 969, Freesat 969
No variations

WALES
Sky 968, Freesat 968
7.00pm The One Show (S)
7.30 Great British Menu: The Finals New edition (S)(AD) **8.30-9.00pm** Scrum V: The Warm Up (S)

ITV1

As main ITV1 except:

WALES
6.25-6.30pm Party Election Broadcast (S)
11.00 Celebrity Lingo (S)(R) **11.30pm-12.00m't** Coast & Country (S)(R)

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Y Ci Perffaith **12.30** Heno **1.00** Caeau Cymru **1.30** Y Deis **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Sean Fletcher: Cyfrinachau'r Llong **4.00** Awr Fawr **5.00** Stwnsh **6.00** Arfordir Cymru: Bae Ceredigion **6.25** Darllediad Etholiadol New edition **6.30** Nol o'r Dibyn gyda Iolo Williams **6.59** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** **NEW** Y Ddadl Fawr: Etholiad Senedd 2026 **9.30** Newyddion a'r Tywydd **9.35** Rownd a Rownd New episode **10.05** Y Wal (AD) **11.05-11.40pm** Cymry ar Gynfas

TV&Satellite week
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BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **The Catch Up**
7.05 **Deadly 60** A look at how animals protect themselves. **7.30** Steve Backshall looks for ocean giants in Ecuador.
8.00 **Top Gear** The presenters bid to prove that cars can be art by filling a gallery in Middlesbrough with motoring-related works.
9.00 **The Beauty Queen and the Catfish** 1/3. The story of Kilmarnock nurse Adele Rennie, who targeted, harassed, exploited and stalked hundreds of women. **9.45** 2/3. Abbie Draper takes her findings to the police but they are unable to do anything about it. **10.30** 3/3. The victims finally have justice but are still left urgently searching for answers about the motives of the perpetrator.
11.15 **Better Date than Never**
12.20 AM **Stacey Dooley: Rape on Trial** 1&2/2.
2.00 **Top Gear** As 8.00pm.
3.00 **to 4.00** AM **Stacey Dooley: Inside the Undertakers**

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **LIVE Snooker: World Championship** Hazel Irvine presents live coverage of the evening session on day six from the Crucible Theatre in Sheffield, featuring the opening frames of a second-round match and the conclusion of Neil Robertson's first-round contest against a qualifier.
10.00 **FILM The Wicker Man** British horror starring Edward Woodward as a police sergeant who arrives on a remote Scottish island to investigate the mysterious disappearance of a young girl. Also stars Britt Ekland and Christopher Lee. (1973, 15, 99min) ★★★★★
11.30 **Ex-S: The Wicker Man** Documentary about the making of the 1973 horror.
12.00 M'T **Why the Industrial Revolution Happened Here** Documentary.
1.00 AM **Scotland: Rome's Final Frontier**
2.00 **to 3.00** AM **Shark: Beneath the Surface**

MORE4

136/137 127 147 18 124 15

8.55 AM **Find It, Fix It, Flog It**
10.55 **Four in a Bed**
1.35 PM **Come Dine with Me**
4.15 **Four in a Bed** The week's contest begins at One4 B&B in Cheltenham. **4.50** The week's second visit to the Windy Bottom B&B in Maidstone, Kent. **5.20** The third visit is to the Jolly Carter pub in Bolton, Greater Manchester. **5.50** The final visit is to Alexandra Hotel, Llandudno. **6.20** Payment Day arrives.
6.50 **Location, Location, Location** Kirstie and Phil are in the West Midlands.
7.55 **Kirstie and Phil's Love It or List It** The duo help Nikki and Bash in Birmingham.
9.00 **The Orient Express: A Golden Era of Travel** The train leaves Paris and heads east to Pforzheim, Munich, a city haunted by its dark past, and Salzburg, a city that pays tribute to its famous musical family.
10.00 **24 Hours in A&E** A mechanic is brought in after being crushed against a brick wall by his own car
11.05 **24 Hours in A&E** A girl is rushed into St George's struggling to breathe.
12.10 AM **Emergency Helicopter Medics**
1.15 **24 Hours in A&E**
3.20 **to 3.50** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Modern Family**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen...**
8.00 **The Goldbergs**
9.00 **Modern Family**
10.00 **Married at First Sight Australia** Reality series.
11.30 **First Dates**
12.35 PM **Ramsay's Kitchen Nightmares USA**
1.30 **The Simpsons**
2.30 **Modern Family**
3.30 **Married at First Sight Australia** Reality series.
5.00 **America's Next Top Model: All-Stars**
6.00 **The Simpsons** Triple bill.
7.30 **Married at First Sight Australia** New edition Bec attempts to apologise for her text scandal at the sixth dinner party.
9.00 **MAFS Australia: After the Dinner Party** New edition Alissa, David and Joel unpack the screenshot saga with some unseen footage exposing the manipulation.
10.00 **Gogglebox** Opinions on *Citadel, I Kissed a Boy* and *The Big Celebrity Detox.*
11.05 **Naked Attraction**
12.05 AM **First Dates**
1.10 **Married at First Sight Australia** As 7.30pm.
2.30 **Gogglebox**
3.25 **The Simpsons**
3.50 **The Goldbergs**
4.40 **to 6.00** AM **Don't Tell the Bride**

+1 hr 235/236 306 30 123 256

THURSDAY Entertainment

Thursday

Sky Witness

107 107 110 341 356

6.00 AM **Bondi Rescue**
7.00 **Border Patrol**
8.00 **Stop, Search, Seize**
9.00 **Brit Cops: Rapid Response**
10.00 **A1: Britain's Longest Road**
11.00 **FBI** 5&6/19. (S2)
1.00 PM **The Rookie** 18/22. Dim goes missing after targeting wealthy individuals. **2.00** 19/22. The team look into a series of kidnappings. (S5)
3.00 **Law & Order: Criminal Intent** 13/23. A prison guard is found murdered. (S4)
4.00 **Nothing to Declare**

9.00 FBI

7 PM
7.00 **Police 24/7** Officers are forced to deploy a taser while pursuing a suspect on foot, and help a man overdosing in the street.

8 PM
8.00 **Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras.

9 PM
9.00 **FBI** New episode *Daybreak:* 12/22. A federal whistleblower is murdered while in FBI custody along with two agents. (S8)

10 PM
10.00 **Burn Notice** *Old Friends:* 5/14. One of Michael's friends asks for help in freeing his daughter from a prostitution ring. (S1)
11.00 **The Rookie** 10/20. Andersen shakes up the pairings. (S1)
12.00 M'T **FBI** 18&19/22. (S1)
2.00 AM **FBI: International** (S1)
3.00 **Matlock** 4/16. (S2)
4.00 **Highway Patrol**
5.00 **to 6.00** AM **Brit Cops: Law & Disorder**

+1 hour 207 310

Sky Atlantic

108/109 108/109 111 342 357

6.00 AM **Richard E Grant's Hotel Secrets** Double bill.
8.00 **Homicide: Life on the Street**
10.00 **Deadwood** (S2&3)
12.10 PM **Billions** 1&2/12. (S3)
2.20 **My Brilliant Friend** 5/8. (S2)
3.30 **Hacks** 7/10. Jimmy and Kayla attempt to rein in Dance Mom's newfound success. **4.05** 8/10. Deborah pitches a bold new strategy. (S4)
4.45 **Billions** 1/12. Chuck receives a mandate from a new boss. **5.50** 2/12. Chuck tries to cash in a favour owed to him. (S3)

10.15 The Miniature Wife

7.00 **Police 24/7** Officers are forced to deploy a taser while pursuing a suspect on foot, and help a man overdosing in the street.

8.00 **Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras.

9.00 **Chernobyl** *Happiness of All Mankind:* 4/5. Legasov and Shcherbina come up with an idea to remove radioactive debris. (S1)

10.15 **The Miniature Wife** New episode 3/10. Les comes up with ways to test his formula. (S1)
■ Entire series on Box Sets
11.15 **The Last of Us** As 6.55pm.
12.20 AM **Homicide: Life on the Street** 12&13/20. (S3)
2.00 **Hacks** New episode 3/10. Comedy drama. (S5)
2.40 **Sort Of** 7/8. (S1)
3.10 **Homicide: Life on the Street**
4.10 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **Highlights**
7.40 **Buying the View**
8.05 **Georgia and Tommy**
9.05 **The Only Way Is Essex: Italia**
10.10 **Real Housewives of Atlanta**
11.05 **Real Housewives of New...**
12.00 NOON **Limitless Win**
1.00 PM **I'm a Celebrity...**
2.05 **Celebrity Catchphrase**
3.05 **The Only Way Is Essex**
4.05 **Real Housewives of Atlanta**
5.00 **Real Housewives of New Jersey** Reality series.
6.00 **Celebrity Catchphrase**

6.00 Celebrity Catchphrase

7.00 **I'm a Celebrity... South Africa** Ant and Dec host as a cruel trial leaves a campmate frustrated.

8.00 **The 1% Club** Quiz show hosted by Lee Mack in which the questions are all based around logic and common sense.

9.00 **Hell's Kitchen** New edition WWE champions Liv Morgan, Braun Strowman and Big E join Chef Ramsay.

10.00 **Family Guy** New episode 12/22. Brian is made to wear a shock collar. (S23) **10.30** 19/20. Meg, Brian and Stewie go to Russia to avenge a hacking. (S21)
11.00 **Family Guy** 13/20. Peter is mistaken for being a single parent and hailed a star. (S21)
11.30 **American Dad!** (S12)
12.35 AM **Bob's Burgers** (S12)
1.30 **Deal or No Deal**
2.25 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **Never the Twain**
6.35 **On the Buses**
7.05 **Classic Emmerdale**
8.05 **Classic Coronation Street**
9.05 **Lewis** As 11.50pm.
11.05 **Heartbeat** Double bill.
1.15 PM **Midsomer Murders** *The Axeman Cometh:* A rock band's reunion is doomed. Guest stars Suzi Quatro.
3.10 **Classic Emmerdale**
4.15 **Classic Coronation Street**
5.50 **Heartbeat** *Wishing Well:* Mayhem and disorder erupts when stolen loot resurfaces.

10.00 DCI Banks

6.55 **Heartbeat** *Expectations:* Kate goes into labour, but there's heartbreak for Nick when he learns of his wife's condition.

8.00 **Vera** *Against the Tide:* DCI Stanhope is called to a lighthouse when the body of a council worker is found in a sailing boat, and it is not long before she discovers evidence suggesting foul play.

10.00 **DCI Banks** *Friend of the Devil – Part One:* Cabbot investigates the murder of a woman discovered murdered on the moors.
11.00 **DCI Banks** *Friend of the Devil – Part Two:* The detective finds himself investigating the murder of one of his team.
11.50 **Lewis** *The Soul of Genius:* A botanist unearths a body.
1.50 AM **On the Buses**
2.15 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **Magnum, PI**
7.05 **Kojak**
8.10 **The Saint**
9.15 **Boon**
10.20 **The Sweeney**
11.25 **BattleBots**
12.30 PM **Magnum, PI**
1.35 **Kojak**
2.40 **The Saint**
3.45 **Boon**
4.50 **The Sweeney**
5.55 **Minder** *The Wrong Goodbye:* Terry helps Arthur get out of a deal with a dubious consortium of property developers.

9.00 Rocky V

7.00 **American Pickers** The boys are excited by the prospect of a visit to a home which is reportedly brimming with antiques.

8.00 **Ice Road Truckers** Hugh Rowland risks a head-on collision by driving on the wrong side of the road over the Atigun pass.

9.00 **FILM Rocky V** Boxing drama sequel starring Sylvester Stallone and Talia Shire. Rocky Balboa returns to his roots in the slums of Philadelphia to train a young fighter. (1990, PG, 104min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.10 **Ligue 1 Highlights**
11.40 **Hell's Kitchen**
12.30 AM **Minder**
1.30 **Rabbit Hole** New episode (S1)
2.15 **Auto Mundial**
2.45 **Unwind with ITV**
3.30 **to 4.00** AM **Motorsport Mundial**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **Scotland's Greatest Escape** Judith Ralston and Grado explore the Scottish Borders.
8.00 **Beechgrove Garden** New edition George Anderson plants a bed of new raspberry varieties in his fruit cage.
8.30 **Landward** New edition Dougie Vipond visits a Dumfriesshire dairy farm at calving time
9.00 **Since Yesterday: The Untold Story of Scotland's Girl Bands** The pioneering female bands who challenged a male-dominated industry.
10.30 **Scot Squad** 3/4. The officers tackle an ice-cream man serving up hard liquor. (S1)
11.00 **Scotcast** Topical debate.
11.30 PM **to 12.00** M'T **T in the Park: Best Bits**

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace** (S7)
9.00 **I Love LA** 7&8/8. (S1)
10.15 **Based on a True Story**
11.30 **Bloods** 7&8/10. (S2)
12.30 PM **Will & Grace** (S9)
1.30 **I Love LA** 7&8/8. (S1)
2.45 **Based on a True Story**
4.00 **Breeders** 3&4/10. (S4)
5.00 **Bloods** 9&10/10. (S2)
6.00 **Will & Grace** (S9)
7.00 **The Office (US)** (S7)
8.00 **Community** 5/13. A game gets out of hand. **8.30** 6/13. Annie sets up a college dance. (S5)
9.00 **Last Week Tonight with John Oliver** Talk show.
9.45 **Katherine Ryan: First Born Daughter** Stand-up performance.
11.15 **Breeders** 3/10. Ally is appalled that she is about to turn 50. **11.45** 4/10. A calendar mix-up ruins Paul and Ally's fun night out. (S4)
12.15 AM **Bloods** (S2)
1.15 **Community** (S5)
2.15 **I Love LA** 7&8/8. (S1)
3.30 **to 5.00** AM **Sort Of**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **HMS Pinafore**
8.00 **Artist of the Year: Masterclass** Double bill.
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **Discovering**
12.00 NOON **André Rieu: Starry Night**
1.00 PM **Tales of the...**
2.00 **Reinventing the Orchestra**
3.00 **Classic Albums**
4.00 **Discovering**
5.00 **Portrait Artist 2014**
6.00 **Tales of the Unexpected**
7.00 **Making a Maestro**
8.00 **Discovering**
9.00 **FILM Roman Holiday** Comedy. (1953, b/w, U, 118min) ★★★★★
11.20 **The Directors**
12.20 AM **Westerns on Film**
1.50 **Miyazaki: Spirit of Nature** Hayao Miyazaki.
3.25 **Inside Art**
3.55 **National Treasures: The Art of Collecting**
4.50 **to 6.00** AM **Highlights**

Sky Mix

151 158 156 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: Canada's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: America's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Deep Space Nine** 3/26. (S3)
5.00 **Stargate SG-1** (S5)
6.00 **Stargate Atlantis** (S1)
7.00 **Star Trek: The Next Generation** 5/22. (S2)
8.00 **Nothing to Declare**
9.00 **Chernobyl** *The Happiness of All Mankind:* 4/5. (S1)
10.15 **World's Most Evil Killers** Donald Henry Gaskins.
11.15 **Star Trek: Enterprise**
12.20 AM **Warehouse 13** (S1)
1.25 **The Force: North East**
2.30 **Brit Cops: War on Crime**
3.30 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Triple bill.
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** A team of five quizzing friends answer top 10 list questions.
3.00 **Beat the Chasers**
4.00 **Riddiculous** Quiz show hosted by Ranvir Singh.
5.00 **Deal or No Deal** Stephen Mulhern hosts as Kev tries to open the 22 red boxes in the right order, taking on the infamous Banker for the chance to win a life-changing cash prize.
6.00 **Lingo** Triple bill of the word-based quiz show hosted by Adil Ray.
9.00 **Ant & Dec's Limitless Win** A father-and-daughter duo take on the challenge in the hope of winning big.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.55 AM **Tenable** Quiz show.
1.50 **to 2.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **George Clarke's Old House, New Home**
10.00 **Matt Baker: Travels with Mum & Dad**
11.00 **A New Life in the Sun: Where Are They Now?**
12.00 NOON **Sun, Sea and Selling Houses**
1.00 PM **A Place in the Sun**
3.00 **Chateau DIY**
4.00 **Kirstie and Phil's Love It or List It: Brilliant Builds**
4.30 **Come Dine with Me**
7.00 **Cadbury vs McVitie's: Battle of the Brands**
8.00 **Help! I Bought It at Auction with Sarah Beeny** A multimillion-pound Cornish mansion.
9.00 **Celebrity Gogglebox**
10.00 **Suez: 24 Hours That Ended the British Empire** 1&2/2.
12.05 AM **Gordon Ramsay's Secret Service**
2.05 **Driving Amazing Trains**
3.10 **Emergency Helicopter Medics** Documentary.
4.05 **to 5.00** AM **24 Hours in A&E**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 20/26. (S7)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: Deep Space Nine** 21/26. (S7)
2.00 **Warehouse 13** (S4)
4.00 **Stargate SG-1** 17/22. (S4)
5.00 **Star Trek: Voyager** (S3)
6.00 **Star Trek: The Next Generation** 20/26. Captain Picard is tasked with relocating a tribe of Native Americans to a new planet. (S7)

8.00 Stargate SG-1

7.00 **Star Trek: Deep Space Nine** *When It Rains:* 21/26. Kira is ordered to help an enemy as Dukat faces failure on Bajor. (S7)

8.00 **Stargate SG-1** *Absolute Power:* 17/22. The Harsesis child Shifu teaches Daniel how to defend Earth from the Goa'uld. (S4)

9.00 **From** *All Good Things...* 7/10. Colony House celebrates the one-year anniversary of Fatima's arrival with a party.

10.00 **From** *Broken Windows, Open Doors:* 8/10. In the wake of another death, Boyd questions his decision to leave. (S1)
11.00 **The Walking Dead** 3/16. Andrea and Michonne encounter a group of heavily armed survivors. (S3)
12.00 M'T **Grimm** 18/22. A geologist is killed by a fire monster. (S2)
1.00 AM **Warehouse 13** (S4)
3.00 **The Walking Dead** (S3)
4.00 **From** 4/10. (S1)
5.00 **to 6.00** AM **The Swarm**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S17)
9.00 **Father Brown** As 7.00pm.
10.00 **The Mentalist** 11/23. (S2)
11.00 **Hudson & Rex** As 5.00pm.
12.00 NOON **My Life Is Murder**
1.00 PM **Death in Paradise** (S3)
2.00 **Murdoch Mysteries** (S17)
4.00 **The Mentalist** 11/23. (S2)
5.00 **Hudson & Rex** 7/16. Charlie and Rex partner with a French detective following the death of a culinary journalist. (S2)
6.00 **My Life Is Murder** 2/8. Alexa investigates the death of a tough tennis coach. (S4)

6.00 My Life Is Murder

7.00 **Father Brown** *The Skylark Scandal:* The local lord is strangled during a rambling trip.

8.00 **Saint-Pierre** *Queen Bee:* 1/10. Crime drama following a Newfoundland police officer exiled to Saint-Pierre et Miquelon.

9.00 **Father Brown** *The Island of Dreams:* A visit to Chummy's holiday camp leads to another murder mystery for the priest.

10.00 **Death in Paradise** *Political Suicide:* 5/8. Humphrey investigates the shooting of the commerce minister. (S3)
11.00 **Father Brown** As 7.00pm.
12.00 M'T **Death in Paradise** 1/8. Richard Poole meets a sticky end at a university reunion on the island. (S3)
1.00 AM **My Life Is Murder** (S4)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.25 AM **Highlights**
9.20 **Are You Being Served?**
10.00 **Last of the Summer Wine**
11.20 **Ever Decreasing Circles**
12.00 NOON **Open All Hours**
12.40 PM **Keeping Up Appearances**
1.20 **The Green Green Grass**
2.00 **Dad's Army**
2.40 **Are You Being Served?**
3.20 **Still Open All Hours**
4.00 **Open All Hours**
4.35 **Dad's Army**
5.20 **Last of the Summer Wine**
6.40 **Keeping Up Appearances**

9.20 Not Going Out

7.20 **Dad's Army: The Lost Episodes** The platoon suspect that someone may have been signalling to enemy aircraft.

8.00 **Still Open All Hours** Granville and Gastric act as marriage counsellors. **8.40** Granville decides he needs a makeover to impress a local beauty.

9.20 **Not Going Out** Tim and Lee plan a surprise party for Lucy's 30th birthday. Guest stars Timothy West.

10.00 **Not Going Out** Lucy worries about the age gap between her and Guy.
10.40 **Still Open All Hours** As shown at 8.00pm.
11.20 **Open All Hours** As 8.40pm.
12.00 M'T **Men Behaving Badly**
12.35 AM **Not Going Out**
1.15 **Ever Decreasing Circles**
1.55 **This Time with Alan Partridge**
2.30 **Inside No 9**
3.30 **to 4.00** AM **Men Behaving Badly**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Pointless** Quiz show.
8.00 **Highland Cops** Double bill.
10.00 **Aussie Road Train Truckers**
11.00 **Rick Stein's Cornwall**
12.00 NOON **Special Ops: To Catch a Criminal** Double bill.
2.00 PM **Speed with Guy Martin: F1 Challenge** Guy joins a Formula One pit crew during the 2017 Belgian Grand Prix,
3.00 **Top Gear** Double bill.
5.00 **The Hairy Bikers: Mums Know Best** Celebrating traditional Sunday dinners.
6.00 **Rick Stein's Cornwall**

5.00 The Hairy Bikers: Mums...

7.00 **Would I Lie to You?** With Bill Oddie, Frank Skinner, Sarah Millican and Jon Richardson.
7.40 **Richard Osman's House of Games** With Sindhu Vee and Anna Richardson. **8.20** With Ronni Ancona, Colin Murray, Nathan Caton and Sally Phillips.

9.00 **QI XL** Richard Osman, Victoria Wood and Jason Manford join regular panellist Alan Davies and host Stephen Fry.

10.00 **Frankie Boyle's New World Order** Topical show.
10.40 **Have I Got a Bit More News for You** Adil Ray hosts the satirical quiz.
11.40 **Mock the Week** With James Acaster, Rob Beckett, Sara Pascoe and Ed Gamble.
12.20 AM **Would I Lie to You?**
1.40 **QI XL** With Jo Brand.
2.30 **Frankie Boyle's New World Order** As shown at 10.00pm.
3.05 **to 4.00** AM **Schitt's Creek**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.30 AM **The Bill**
8.30 **Doctors**
9.50 **Classic Holby City**
10.50 **Classic Casualty**
11.55 **The Bill**
12.55 PM **Classic EastEnders**
2.10 **All Creatures Great and Small** A herd of dairy farm cows becomes seriously ill.
3.20 **The Doctor Blake Mysteries**
4.20 **Hetty Wainthropp Investigates** 1/9. Hetty tries to expose an arsonist. (S3)
5.20 **Birds of a Feather**
6.00 **Last of the Summer Wine**

9.00 Bergerac

7.20 **Last of the Summer Wine** A reluctant Clegg is persuaded to deliver a note to Marina at her place of employment.

8.00 **Queens of Mystery** New episode *The Modern Art of Murder:* 4/6. A second murder takes place at the gallery. (S2)

9.00 **Bergerac** New episode *A Small Affair:* 2/6. Bergerac is forced to look into Nicola's shocking accusation. (S2)

10.00 **New Tricks** *Blood Is Thicker Than Water:* The team are asked to investigate a fatal boating accident.
11.20 **Dalziel & Pascoe** *Bones and Silence:* A husband is suspected of shooting his wife.
1.25 AM **Hetty Wainthropp Investigates** As 4.20pm.
2.25 **Bergerac** As 9.00pm.
3.15 **to 4.00** AM **Birds of a Feather**

+1 hour 243 316 60 260

7 PM
8 PM
9 PM
10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 20-22/24. (S10)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Homesick:* 11/24. A mysterious illness strikes children from military families. **7.00** *Kill Chain:* 12/24. A stolen drone is linked to an elusive terrorist. **8.00** *Double Back:* 13/24. The team try to track down a terrorist. (S11)
9.00 **Blue Bloods** *The Puzzle Palace:* 17/19. Erin and Anthony must put their trust in a risky source. **10.00** *Hide in Plain Sight:* 18/19. Danny and Baez track down a drug dealer after two models are found dead from overdoses. (S10)
11.00 **Law & Order: Special Victims Unit** (S6&5)
2.45 AM **Law & Order: Criminal Intent** (S7)
3.35 **to 4.00** AM **Cops**

+1hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Filthy Britain SOS**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Shoplifters: Caught Red Handed**
6.00 **Home and Away**
7.00 **Casualty 24/7: Every Second Counts**
8.00 **GPs: Behind Closed Doors** Medical series.
9.00 **A&E After Dark** New edition A man suspected of being drunk causes disruption.
10.00 **Ambulance: Code Red** A man has a grisly circular saw incident.
11.00 **Skin A&E** Documentary.
12.00 M'T **A&E: Crash Scene Emergency**
1.00 AM **Nightmare Tenants, Slum Landlords**
2.00 **GPs: Behind Closed Doors** Medical series.
2.45 **Skin A&E** Documentary.
3.35 **to 4.00** AM **Friends**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Trucking Hell**
9.20 **Traffic Cops**
10.20 **Police Interceptors**
11.15 FILM **Stagecoach** Western. (1939, b/w, U, 99min) ★★★★★
1.25 PM FILM **Bite the Bullet** Western. (1975, PG, 131 min) ★★★★
4.00 **Trucking Heavy**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
8.00 **Motorway Cops: Catching Britain's Speeders** An inspector follows a white van being driven erratically.
9.00 **Trucking Hell: Rollover Specials** Compilation.
10.00 **Ice Road Truckers** The trucking companies deal with predictions of the shortest winter on record.
11.00 **The X-Files** 10/25. (S2)
12.00 M'T **Scam City**
1.00 AM **Outback Truckers**
2.00 **Trucking Hell**
3.55 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **Pete Wicks: For Dogs' Sake**
7.00 **Tipping Point**
10.00 **DIY SOS Strictly Special**
11.00 **DIY SOS: The Big Build**
12.00 NOON **DIY SOS: EastEnders Special**
1.00 PM **Tipping Point**
4.00 **The Supervet: Noel Fitzpatrick** Double bill.
6.00 **DIY SOS Strictly Special**
7.00 **DIY SOS: The Big Build** In Huntingdon, the team transform the home of a mother-of-three who has vowed to raise her dying friend's five children.
8.00 **Pete Wicks: For Dogs' Sake** Newborn pups face a fight for survival.
9.00 **One Born Every Minute**
11.00 **Emergency: First Time Medics** Double bill.
1.00 AM **Selena and Yolanda: The Secrets Between Them**
2.30 **to 3.00** AM **Inside the Ambulance**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great Continental Railway Journeys**
8.00 **Bangers & Cash: Restoring Classics**
10.00 **The World at War**
11.00 **Nazi Hunters**
12.00 NOON **Antiques Roadshow** Double bill.
2.00 PM **Bangers & Cash**
4.00 **The World at War**
5.00 **Nazi Hunters**
6.00 **Planet Earth**
7.00 **Planet Earth II**
8.00 **Bangers & Cash** New edition Derek acquires a collection of classics, including a Vincent Rapide. **9.00** Derek picks up a 1963 Austin J2 Paralanian campervan.
10.00 **Resto My Ride** New edition Dec builds a 1968 Ford Mustang.
11.00 **Bangers & Cash**
12.00 M'T **Flipping Bangers**
1.00 AM **Find It, Fix It, Flog It**
2.00 **to 3.00** AM **Trawlermen**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** North Yorkshire.
7.00 **Teleshopping**
8.00 **Escape to the Country**
9.00 **Salvage Hunters**
12.00 **Antiques Road Trip**
2.00 PM **The Repair Shop**
3.00 **The Yorkshire Auction House** Angus helps a widow clear her late husband's collection.
4.00 **Long Lost Family**
6.00 **The Yorkshire Auction House** Double bill.
8.00 **Antiques Road Trip** A trip through Shropshire and Worcestershire.
9.00 **Death Walker with Nick Groff** New edition Nick and Tessa Groff investigate a theatre rumoured to be haunted by a shadow man.
10.00 **Celebrity Help! My House Is Haunted**
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

THURSDAY Entertainment

Thursday

Great! TV

157 167 170 34 32

8.00 AM **Highway to Heaven**
10.00 **Little House on the Prairie** (S4&5)
1.00 PM **The Waltons** (S7)
3.00 **Ballykissangel** 1/6. (S1)
4.10 **Down to Earth** (S2)
5.20 **Bramwell** 7/10. (S3)
6.30 **Rumpole of the Bailey**
7.30 **M*A*S*H** 3/25. A Korean casualty sparks a row. **8.00** 4/25. Part one of two. Klinger fails to fill Radar's shoes in a crisis. **8.30** 5/25. Part two of two. Radar prepares to leave the unit. (S8)
9.00 **FILM Jumpin' Jack Flash** Comedy thriller. (1986, 15, 105min) ★★
11.10 **M*A*S*H** 3-5/25. (S8)
12.40 AM **Man About the House** 4/7. (S1)
1.10 **Rising Damp** 4/7. (S1)
1.40 **Robin's Nest** 1/13. (S3)
2.10 **Rumpole of the Bailey**
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257

Great! Action

323 319 426 42 33

9.10 AM **FILM Ride in the Whirlwind** Western. (1966, PG, 83min) ★★
11.00 **Tombstone Territory**
11.30 **Wanted: Dead or Alive**
12.00 NOON **The High Chaparral** Double bill.
2.00 PM **FILM Mercenary for Justice** Action thriller starring Steven Seagal. (2006, 18, 91min) ★★
4.00 **The Persuaders!**
5.00 **The Avengers** (S6)
7.00 **FILM Bandidas** Western starring Penélope Cruz and Salma Hayek. (2006, 12, 92min) ★★
9.00 **FILM For a Few Dollars More** Spaghetti Western starring Clint Eastwood and Lee Van Cleef. (1965, 15, 128min) ★★★★
11.55 **FILM The Ballad of Lefty Brown** Western. (2017, 15, 111min) ★★★
2.15 AM **The Persuaders!**
3.10 **The Avengers** (S6)
4.40 **to 6.00** AM **Air Rescue**

+1 hour 324

Great! Mystery

321 318 425 50 48

8.10 AM **FILM Mystery 101: Playing Dead** Drama. (2019, PG, 90min) ★★
10.05 **In Plain Sight** 6/13. (S3)
11.05 **Castle** 21/22. (S8)
12.05 PM **FILM Lost Letter Mysteries: The Road Less Travelled** Drama. (2018, U, 72min) ★★
2.00 **People Magazine Investigates**
3.00 **Diagnosis Murder**
4.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 22/22. (S8)
8.00 **Unforgettable** (S3)
9.00 **In Plain Sight** 7/13. (S3)
10.00 **FILM Garage Sale Mysteries: The Mask Murders** (2018, PG) ★★
11.55 **FILM Lost Letter Mysteries: Lost Without You** (2016, PG) ★★
1.50 AM **FILM Final Verdict** Drama. (2009, PG) ★★
3.25 **to 5.00** AM **FILM Lies and Deception** Thriller. (2005, PG, 82min) ★

+1 hour 322

Great! Romance

319 317 424 52 47

8.10 AM **FILM Make Me a Match** (2023, U) ★★
10.15 **FILM After the Storm** Drama. (2019, PG) ★★
12.15 PM **FILM The Way to the Heart** Comedy. (2022, PG, 86min) ★★
2.15 **FILM A Slice of Romance** Drama. (2021, PG, 84min) ★★
4.15 **FILM Shifting Gears** Drama. (2024, U) ★★
6.05 **FILM Diagnosis Delicious** Drama. (2016, PG) ★★
8.00 **FILM The Perfect Pairing** Romantic drama. (2022, U, 82min) ★★
9.50 **FILM Christmas in Evergreen: Tidings of Joy** Romantic drama. (2019, U, 90min) ★★
11.45 **FILM Christmas in Evergreen: Letters to Santa** Drama sequel. (2018, PG, 84min) ★★
1.50 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM The Perfect Pairing** (2022)

+1 hour 320

Together TV

170 136 83 162

11.00 AM **Garden Rescue**
1.00 PM **Love Your Garden**
2.00 **Rick Stein's Food Stories**
2.45 **The Wild Gardener**
3.30 **Garden Rescue**
4.30 **Country House Auction**
5.30 **Rick Stein's Food Stories**
6.15 **The Wild Gardener**
7.00 **Love Your Garden**
8.00 **Garden Rescue** Charlie Dimmock and Chris Hull travel to Somerset to design a family friendly garden. **9.00** Charlie and Chris transform a garden full of weeds and cobble.
10.00 **FILM Intimate Games** Comedy starring George Baker and Suzy Mandel. (1976, 18, 90min) ★★
12.00 M'T **FILM Come Play with Me** Sex comedy. (1977, 18, 90min) ★★
2.00 AM **Country House Auction** Property series.
3.00 **My Floating Home**
4.00 **to 5.00** AM **Great British Food**

Rewind TV

182 81 141

6.00 AM **Highlights**
9.00 **Bubblegum & Cheese**
10.00 **Space 1999** 23/24. (S2)
11.05 **Wish Me Luck** 3/8. (S1)
12.05 PM **Rewind Time...**
12.10 **The Gaffer** 6/7. (S2)
12.40 **Second Thoughts** (S2)
1.10 **Agony** 1/7. (S3)
1.40 **Boon** 10/13. (S1)
2.40 **Rewind Time Machine**
2.45 **Space 1999** 23/24. (S2)
3.50 **We Had One of Those**
4.00 **Tracing the Rails**
4.30 **Old Country** (S1)
5.00 **Stereo Underground**
6.00 **The Gaffer** 6/7. (S2)
6.30 **Agony** 1/7. (S3)
7.00 **Second Thoughts** (S2)
7.30 **The Fenn Street Gang**
8.00 **Boon** 10/13. (S4)
9.05 **Drop the Dead Donkey**
10.05 **FILM Sex and the Other Woman** Comedy. (1972, 18, 105min) ★★
11.50 **FILM Secrets of Sex** Comedy. (1970, 18) ★★
1.40 AM **Stereo Underground**
2.40 **to 6.00** AM **Highlights**

DMAX

159 151 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Aussie Gold Hunters**
9.00 **Mysteries of the Deep**
10.00 **Deadliest Catch**
12.00 NOON **Cooper's Treasure** Documentary.
1.00 PM **Expedition Unknown** Double bill.
3.00 **Alaska: Homestead Rescue** Documentary.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** With winter intensifying, Sean has an engine room fire. **8.00** Josh and Casey risk a 500-mile trek north to the Russian line.
9.00 **Expedition X** Phil and Jess gain unprecedented access to investigate ghostly voices.
10.00 **Expedition Unknown**
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Paul Hollywood: City Bakes** Antwerp.
7.00 **Rick Stein's Food Heroes** A fish market.
7.30 **Rick Stein's Fruits of the Sea**
8.00 **The Pioneer Woman**
9.00 **Jamie's Comfort Food**
10.00 **Barefoot Contessa**
11.00 **Great British Bake Off**
1.00 PM **James Martin Digs Deep**
1.30 **James Martin's Brittany**
3.00 **Rick Stein's Food Heroes** A fish market.
3.30 **Rick Stein's Fruits of the Sea** Seafood paella.
4.00 **The Pioneer Woman**
5.00 **Jamie's Comfort Food**
6.00 **Barefoot Contessa**
7.00 **Great British Bake Off**
9.00 **James Martin's Great British Adventure**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Cake Boss**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 6/25. (S7)
9.00 **T.J. Hooker** 19/22. (S2)
10.00 **Six Million Dollar Man**
11.00 **FILM Warbirds** Drama. (2008, 15, 87min) ★★
1.00 PM **FILM Cowboy** Western with Glenn Ford. (1958, PG, 90min) ★★★
2.55 **FILM Sitting Bull** Western. (1954, U, 106min) ★★
5.00 **Star Trek** 15/30. (S1)
6.00 **Six Million Dollar Man**
7.00 **T.J. Hooker** 20/22. (S2)
8.00 **Walker, Texas Ranger**
9.00 **FILM Sudden Death** Thriller starring Jean-Claude Van Damme. (1995, 18, 110min) ★★★
11.20 **FILM Death Wish** Vigilante action drama. (1974, 18, 89min) ★★★
1.20 AM **FILM The Escapist** Drama with Brian Cox. (2007, 15, 102min) ★★
3.20 **to 5.10** AM **FILM Mercenaries** Thriller. (2011, 15, 97min) ★★

Legend Xtra

317 316 171 69 138 51

9.00 AM **FILM Prince Valiant** Arthurian adventure. (1997, PG, 91min) ★★
11.00 **Andromeda** 4/22. (S1)
12.00 NOON **FILM Magma: Volcanic Disaster** Disaster movie. (2006, PG, 87min) ★★
2.00 PM **FILM Island of Terror** Sci-fi horror. (1966, PG, 90min) ★★★
4.00 **Walker, Texas Ranger**
5.00 **The Gambler: The Adventure Continues**
7.00 **Andromeda** 5/22. (S1)
8.00 **The Fall Guy** 11/23. (S4)
9.00 **FILM Bullet to the Head** Action thriller with Sylvester Stallone. (2012, 15, 89min) ★★★
10.55 **FILM The Hard Way** Action comedy. (1991, 15, 111min) ★★★
1.20 AM **FILM Bullet to the Head** As 9.00pm.
3.10 **The Gambler: The Adventure Continues**
5.00 **to 6.00** AM **Andromeda**

+1 hour 318 139

Blaze

156 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Pawn Stars**
7.35 **Storage Wars**
9.20 **Storage Hunters**
10.15 **Strange Evidence**
11.10 **Alien Corridors**
12.10 PM **Curse of Skinwalker Ranch**
1.05 **Pawn Stars**
2.05 **Storage Wars**
3.05 **Storage Wars Canada**
4.00 **Ancient Aliens**
5.00 **UFO POV**
6.00 **Storage Hunters**
7.00 **Storage Wars Canada**
8.00 **Dickinson's Real Deal**
9.00 **Ancient Aliens**
10.00 **The Proof Is Out There**
11.00 **UnXplained: Mysteries of the Universe**
12.00 M'T **Curse of Skinwalker Ranch**
1.00 AM **UFO POV**
2.00 **Ancient Aliens**
3.00 **Strange Evidence**
3.45 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **The Yorkshire Vet**
10.00 **Cruising the South Pacific with Jane McDonald** Sydney.
11.00 **Ben Fogle: New Lives in the Wild** Double bill.
1.00 PM **Murder, She Wrote**
3.00 **Columbo**
4.35 **Cruising with Jane McDonald** Danube.
5.00 **Around the World by Train with Tony Robinson** Double bill.
6.00 **Abandoned Engineering**
7.00 **Ben Fogle: New Lives in the Wild** Double bill.
9.00 **Royal Births, Marriages & Deaths** The funeral of Diana, Princess of Wales.
10.00 **Secrets of the Royal Kitchen** Royal tastes.
11.00 **Inside the Tower of London** Documentary.
12.00 M'T **Wentworth Prison**
1.00 AM **The Yorkshire Vet**
2.00 **Cruising Mississippi with Jane McDonald**
3.00 **to 4.00** AM **Paul Martin's Antiques Showdown**

Challenge

130/131 116/117 139 48 142 43

7.00 AM **The Chase** Quiz.
9.00 **Tenable** Game show.
10.00 **The Bidding Room**
11.00 **Dickinson's Real Deal**
12.00 NOON **The Crystal Maze**
1.00 PM **Catchphrase Mother's Day Special**
2.00 **The Chase** Quiz show.
3.00 **Pointless Celebrities** A 'health and fitness' edition of the quiz show.
4.00 **Classic Who Wants to Be a Millionaire?** Quiz hosted by Chris Tarrant.
5.00 **The Bidding Room**
6.00 **Tenable** Quiz hosted by Warwick Davis.
7.00 **The Chase** Triple bill of the quiz show hosted by Bradley Walsh.
10.00 **The Chase Celebrity Special** With Louise Hazel, Joel Dommett, Sinitta and Les Dennis.
11.00 **Bullseye** Double bill.
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **The Chase**
4.00 **to 6.00** AM **Bullseye**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Mike & Molly**
8.30 **Young Sheldon**
10.00 **The Big Bang Theory**
2.00 PM **Mike & Molly**
3.30 **Young Sheldon**
5.00 **The Big Bang Theory** Ten episodes of the sitcom, including at: **9.00** 7/23. Leonard argues with Penny. **9.30** 8/23. Leonard, Raj and Howard go on a camping trip. (S3)
10.00 **FILM The Mexican** Comedy starring Brad Pitt. A hapless crook tries to retrieve a valuable pistol from across the Mexican border. (2001, 15, 123min) ★★★
12.00 M'T **Dr Pimple Popper: Breaking Out**
1.00 AM **Dr Pimple Popper**
2.00 **My 600lb Life**
4.00 **Say Yes to the Dress: UK** Reality series.
5.00 **to 6.00** AM **Say Yes to the Dress**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Michael McIntyre's Big Show** Variety show.
9.00 **Impractical Jokers**
10.00 **Everybody Loves Raymond** 8-13/24. (S4)
1.00 PM **Friends** (S5)
8.00 **Friends** 22/24. Joey gets a shock in Las Vegas. **8.30** 23/24. The pals visit Las Vegas. (S5)
9.00 **FILM Big Trouble in Little China** Fantasy starring Kurt Russell. (1986, 15, 100min) ★★★
11.00 **Impractical Jokers**
11.30 **Iain Stirling's Roast the Internet**
12.30 AM **Whose Line Is It Anyway? USA**
2.00 **South Park** (S22)
3.00 **The Comedy Central Chart Show**
3.05 **Kevin Bridges – The Story Continues**
3.50 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** 6&7/24. (S4)
7.00 **Teleshopping**
9.00 **Michael McIntyre's Big Show** With Rob Beckett.
10.00 **Whose Line Is It Anyway? USA**
11.00 **Friends** (S9)
1.00 PM **Criminally Funny**
2.30 **Bradley & Barney Walsh: Breaking Dad**
3.30 **Utopia** 4/8. (S1)
4.00 **Michael McIntyre's Big Show** With Rob Beckett.
5.00 **Whose Line Is It Anyway? USA**
6.00 **Bradley & Barney...**
7.00 **Everybody Loves Raymond** 8-13/24. (S4)
10.00 **Friends** (S4&5)
1.00 AM **Bradley & Barney...**
2.00 **Michael McIntyre's Big Show** With Rob Beckett.
3.00 **Utopia** 5/8. (S1)
3.20 **Teachers** 1/20. (S2)
3.45 **Important Things**
4.30 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **Highlights**
10.10 **Bread** 2/11. (S7)
10.45 **Steptoe and Son** (S7)
11.25 **Oh, Doctor Beeching!**
12.00 NOON **Rising Damp**
12.35 PM **Man About the...**
1.05 **Goodnight Sweetheart**
1.35 **When the Boat Comes In** 1/15. (S3)
2.40 **Minder** 5/13. (S8)
3.45 **Just Good Friends** (S3)
4.25 **Man About the House**
4.55 **Some Mothers Do 'Ave 'Em** 6/6. (S2)
5.30 **Birds of a Feather** (S11)
6.00 **That's 60s**
6.10 **Steptoe and Son** (S7)
6.50 **Rising Damp** 6/7. (S3)
7.20 **Whatever Happened to the Likely Lads?** (S1)
7.55 **Minder** 9/11. (S1)
9.00 **Benidorm** 2/7. (S3)
10.00 **Shameless** 6/22. (S8)
10.55 **Man About the House**
11.25 **Rising Damp** 5/6. (S4)
11.55 **Benidorm** 2/7. (S3)
12.55 AM **Minder** 5/10. (S5)
2.05 **to 6.00** AM **Highlights**

MTV

126/127 137 134 351 366

6.00 AM **MTV Cribs**
6.20 **16 and Pregnant**
7.10 **Teen Mom OG**
8.00 **Teen Mom 2**
9.00 **Teen Mom: Young & Pregnant** Reality series.
10.00 **Catfish: The TV Show**
3.00 PM **Help! I'm in a Secret Relationship!**
5.00 **Dallas Cowboys Cheerleaders**
7.00 **Rich Kids, Skint Holiday**
8.00 **90's House**
9.00 **Skin A&E** A patient comes all the way from Glasgow to have 10 facial moles treated.
10.00 **Sleeping with My Murderer** The crimes of Damien Bendall.
11.00 **Help I Sexted My Boss**
12.00 M'T **Love & Hip Hop: Atlanta** Reality series.
1.00 AM **Black Ink Crew New York**
2.00 **Help I Sexted My Boss**
2.45 **Ink Master**
3.35 **to 4.00** AM **Ridiculousness**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Tanked** Double bill.
9.00 **Gold Rush: Parker's Trail**
11.00 **Building Off the Grid**
1.00 PM **Dr Jeff: Rocky Mountain Vet** Double bill of the series.
3.00 **How It's Made** Four editions of the series, including at: **4.00** Silk and scuba tanks. **4.30** Electric stand-up vehicles and beer coasters.
5.00 **Alaska: Homestead Rescue** Marty must work to restore a settling berm and construct a concrete storm in Ohio.

9.00 Naked and Afraid

7.00 **Wheeler Dealers** Mike Brewer snaps up a Jaguar S-Type with 195,000 miles for just £3,000.

8.00 **Wheeler Dealers** Mike gets his hands on a car that has evaded him for decades – a Mark 1 Ford Transit.

9.00 **Naked and Afraid** New edition A hairdresser and a former correctional officer attempt to survive 14 days in Zambia, where a herd of aggressive elephants stalks them.

11.00 **Expedition Bigfoot** Bryce Johnson, Dr. Mireya Mayor and Russell Acord return to northern California to unlock the mystery of Bigfoot.
12.00 M'T **Border Control: Spain**
1.00 AM **Naked and Afraid**
3.00 **Gold Divers**
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Meet the Sloths** Double bill.
10.00 **Tanked** A 57,000-gallon tank.
11.00 **Animal Cops Houston**
12.00 NOON **Animal Cops Philadelphia** Documentary.
1.00 PM **Alaska: Homestead Rescue** From Montana.
2.00 **Pit Bulls & Parolees**
3.00 **The Zoo: San Diego**
5.00 **Lone Star Law** The wardens find a new home for a bobcat.
6.00 **Dr Jeff: Rocky Mountain Vet** The doctor helps out rescued animals after Hurricane Harvey.

5.00 Lone Star Law

7.00 **Treehouse Masters** A friend wants a treehouse bed-and-breakfast, so Pete Nelson lets his imagination run wild.

8.00 **Gator Boys** The boys capture gators in the run-up to a hatchling hunt, but they are faced with a female ready to fight.

9.00 **Alaska: The Last Frontier** Otto and Charlotte must herd the Kilchers' cattle along a cold and deadly path.

10.00 **Edge of Alaska** Jeremy battles against rising river levels to secure timber for the lumber project, and Neil takes a gamble.

11.00 **Deadly Islands** A rainforest island with a dark secret.
12.00 M'T **Alaska: Homestead Rescue** From Montana.
1.00 AM **Dog Detectives**
2.00 **Treehouse Masters: Out on a Limb** A Scottish cottage.
3.00 **to 5.00** AM **Animal Cops Philadelphia**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **WW2: Hell Under the Sea**
9.00 **Air Crash Investigation: Special Report**
10.00 **Drain the Oceans: Thai Cave Rescue** Documentary.
11.00 **Lost Treasures of Egypt**
12.00 NOON **Construction Fails**
1.00 PM **Car S.O.S**
2.00 **Air Crash Investigation**
3.00 **Chernobyl: Inside the Meltdown** Documentary.
4.00 **Seconds from Disaster**
5.00 **Car S.O.S** An Austin Healey is secretly fixed up in Co Durham.
6.00 **Airport Security: Rome**

10.00 Drain the Oceans

7.00 **Air Crash Investigation** A look at the crash of Ethiopian Airlines Flight 409, which plunged into the Mediterranean.

8.00 **Car S.O.S** New edition Tim Shaw and Fuzz Townshend race to save a rusted Alfa Romeo and restore a stolen dream.

9.00 **Car S.O.S** Fuzz and Tim secretly restore an Aston Martin DB6 for an owner who has been prevented from working on it.

10.00 **Engineering Europe** New edition Denmark's Storstrøm Bridge, Castle de Haar and the new Super Sewer in London.

11.00 **Air Crash Investigation**
12.00 M'T **Ultimate Airport Dubai**
1.00 AM **To Catch a Smuggler**
2.00 **Bid & Destroy**
2.30 **Money Meltdown**
2.55 **To Catch a Smuggler**
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Prairie Dog Dynasty**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Junk & Disorderly**
8.45 **Pawn Stars** Double bill.
10.10 **Storage Wars** Four editions.
12.00 NOON **Bradley Walsh: Egypt's Cosmic Code**
1.00 PM **The UnBelievable with Dan Aykroyd** As 10.00pm.
2.00 **Canadian Pickers** Four editions, including at: **4.00** A house with velvet Elvis paintings and thousands of LPs. **5.00** Scott and Sheldon explore Prince Edward Island.
6.00 **American Pickers** Mike hunts for a desirable Porsche.

8.00 Swamp People

7.00 **Forged in Fire** Previous champions face-off in a five-hour challenge, where they have to pick a box and build a blade.

8.00 **Swamp People** New edition Braving the swamps as gator hunters face flooded waters, solo missions and big gambles.

9.00 **History's Deadliest with Ving Rhames** New edition Reliving history's deadliest battles, from Cannae and Agincourt to Stalingrad.

10.00 **The UnBelievable with Dan Aykroyd** New edition Stepping inside the world's strangest places.

11.00 **The UnXplained with William Shatner** A look at the technological capabilities of distant ancestors.
12.00 M'T **Canadian Pickers**
2.50 AM **History's Deadliest with Ving Rhames** As 9.00pm.
3.40 **The UnBelievable with Dan Aykroyd** As 10.00pm.
4.25 **Pawn Stars** A knife pistol.
5.10 **to 6.00** AM **American Pickers**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **Urban Secrets**
7.00 **Discovering: Sean Penn**
8.00 **The Directors**
8.55 **The Comedy Store**
10.00 **David Frost Vs**
11.00 **The Nineties**
12.00 NOON **Spitfire**
2.00 PM **Lancaster**
4.00 **The Directors**
5.00 **Discovering: Sean Penn**
5.55 **The Comedy Store** 4/5. The huge podcast stardom of Joe Rogan and pals like Whitney Cummings and Marc Maron puts the Store back on top.

7.00 Bobby Robson

7.00 **Bobby Robson: More Than a Manager** Documentary exploring the career of the much-loved former Newcastle United, Barcelona and England manager.

9.00 **Spitfire** The story of the British single-seat fighter plane the Supermarine Spitfire, designed by RJ Mitchell and famous for its role in the Battle of Britain.

11.00 **Lancaster** The story of the legendary bomber synonymous with the Dambusters.
1.00 AM **Williams & Mansell: Red 5** The rise of Nigel Mansell and the Williams F1 racing team.
2.45 **Hill** A profile of ex-Formula One driver Damon Hill.
4.30 **PL Legends: Ian Wright**
5.00 **to 6.00** AM **Discovering: Sean Penn**

7 PM
8 PM
9 PM
10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **The Repair Shop**
7.00 **Salvage Hunters: The Restorers**
8.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters**
11.00 **Outback Crystal Hunters** Double bill.
1.00 PM **Wheeler Dealers**
2.00 **Shed and Buried**
3.00 **Shed and Buried: Classic Cars**
4.00 **Find It, Fix It, Flog It**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip**
9.00 **Aussie Gold Hunters** New edition A major mechanical failure in the mountains of Victoria puts Brent's son Cayden to the test.
10.00 **The Snake Catcher**
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Shed and Buried**
4.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Forensic Detectives**
9.00 **FBI Files** Documentary.
11.00 **Judge Rinder's Crime Stories** Kenneth Noye.
12.00 NOON **Betrayed**
1.00 PM **On the Case with Paula Zahn**
2.00 **Murder on CCTV**
3.00 **A Killer's Mistake**
4.00 **American Monster**
6.00 **Evil Lives Here: Shadows of Death**
7.00 **Judge Rinder's Crime Stories** A drugs bust.
8.00 **Murder on CCTV**
9.00 **Evil Lives Here: My Child the Killer** New edition A father discovers his son killed three people and makes the agonising choice to turn him in to the police.
10.00 **Evil Lives Here**
11.00 **Murder on CCTV**
12.00 M'T **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **UK Crime Files: Murderous Bigamist**
8.00 **UK Crime Files: Blackpool Double Murder** Two similar murders that take place ten years apart.
9.00 **New Scotland Yard Files** Exploring the case of Michael Menson.
10.00 **Britain's Almost Perfect Murders** New edition A look into the story of Lily Morris.
11.00 **Murder UK**
12.00 M'T **UK Crime Files: Murderous Bigamist**
1.00 AM **UK Crime Files: Blackpool Double Murder** As 8.00pm.
2.00 **Britain's Almost Perfect Murders**
3.00 **Murder UK**
4.00 **to 6.00** AM **Close Calls: On Camera**

+1 hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **UK Crime Files: Murder – Tattoo Clue**
9.55 **UK Crime Files: Tracking a Serial Killer**
11.00 **48 Hours** Aileen Seiden.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **UK Crime Files: Murder in the Family**
3.00 **UK Crime Files: The Road Rage Killer**
4.00 **48 Hours** Alex Pennig.
5.00 **Medical Detectives** A fatally wounded woman manages to call 911. **5.30** Deeply religious Gail Fulton is shot in the suburbs of Michigan. **6.00** An arrest is made 20 years after three sex workers were murdered. **6.30** A criminally charged sex offender and murderer attacks.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Road Wars**
7.00 **Send in the Dogs**
8.00 **Caught Red Handed**
10.00 **Brit Cops** Documentary.
11.00 **Britain's Most Evil Killers**
12.00 NOON **Killer in My...**
1.00 PM **Catching the Killer**
2.00 **World's Most Evil Killers**
3.00 **Murders That Shocked the Nation**
4.00 **Killing Mum and Dad**
5.00 **Killer in My Village**
6.00 **World's Most Evil Killers**
7.00 **Catching the Killer**
8.00 **Britain's Most Evil Killers**
9.00 **Catching the Killer**
10.00 **Killer in My Village**
11.00 **The Real Manhunter**
12.00 M'T **World's Most Evil Killers** Pawel Tuchlin.
1.00 AM **How I Caught the Killer** Maleha Masud.
2.00 **The Real CSI: Miami**
3.00 **Britain's Most Evil Killers**
4.00 **Brit Cops** Documentary.
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Grand Tours of the Scottish Islands**
8.55 **Wrecks That Changed the World**
9.55 **Conquistadors: The Rise and Fall**
10.55 **The Siege of Leningrad**
12.00 NOON **Hitler's Gold**
1.00 PM **Grand Tours of...**
1.40 **Wrecks That Changed the World**
2.50 **Conquistadors: The Rise and Fall**
3.50 **The Siege of Leningrad**
4.55 **Hitler's Gold**
5.55 **The Bush Years: Family, Duty, Power**
6.50 **Wrecks That Changed the World**
7.50 **Conquistadors: The Rise and Fall**
8.50 **The Siege of Leningrad**
9.55 **Hitler's Gold**
10.55 **Conquistadors: The Rise and Fall**
12.00 M'T **The Siege of Leningrad** As 8.50pm.
1.10 **to 2.00** AM **Grand Tours of the Scottish Islands**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

THURSDAY

Thursday

Sky Nature

124/125 113/114 135 354 369

- 6.00 AM **Undiscovered Vistas**
- 7.00 **Monkey Life**
- 8.00 **Great Blue Wild**
- 9.00 **Wild Dogs: Pack vs Pride**
- 10.00 **Over Australia**
- 11.00 **Wildlife Icons**
- 12.00 NOON **Mysteries of the Mekong** Documentary.
- 1.00 PM **Monkey Life**
- 2.00 **Great Blue Wild**
- 3.00 **Wild Dogs: Pack vs Pride**
- 4.00 **Over Australia**
- 5.00 **Wildlife Icons**
- 6.00 **Mysteries of the Mekong**
- 7.00 **Monkey Life** Double bill.
- 8.00 **Extreme Africa** Documentary exploring the Simien Mountains National Park in Ethiopia.
- 9.00 **Wild Philippines**.
- 10.00 **Mysteries of the Mekong**
- 11.00 **Wildlife Icons**
- 12.00 M'T **Gangs of Baboon Falls**
- 1.00 AM **Undiscovered Vistas**
- 2.00 **Extreme Africa** As 8.00pm.
- 3.00 **Wild Philippines**
- 4.00 **Great Blue Wild**
- 5.00 **to 6.00** AM **Wild Dogs: Pack vs Pride**

Sky History 2

163/168 143 186

- 6.00 AM **Ancient Aliens**
- 8.00 **Hell on Earth: WWII**
- 9.00 **Hitler's Engineers**
- 11.00 **Ancient Aliens**
- 1.00 PM **What on Earth?**
- 6.00 **The Proof Is Out There** The suggestion that a picture taken in the 1890s is the first-ever Bigfoot photo.
- 7.00 **Hitler's Engineers** The influence of Hans Kammler over the Third Reich's most deadly engineering projects. **8.00** The support Hitler gave to car designer Ferdinand Porsche.
- 9.00 **Hitler's Secret Sex Life** Rumours, theories and disputed historical accounts of Hitler's sexual psychology.
- 10.00 **Hitler's Handmaidens** The women who trained Hitler in the methods of high society to launch him to power.
- 11.00 **Ancient Aliens**
- 1.00 AM **Alien Files Reopened**
- 2.00 **Titanic: A Dead Reckoning**
- 3.00 **Digging for Britain**
- 4.00 **Mysteries from Above**
- 5.00 **to 6.00** AM **Dirty Old Cars**

Discovery Science

167 148 179

- 8.00 AM **How the Universe Works**
- 11.00 **The Gamechangers: Inventing the World**
- 12.00 NOON **Extreme Engineering**
- 1.00 PM **Codes and Conspiracies**
- 3.00 **How the Universe Works**
- 6.00 **How It's Made** A look at how sake and tweezers are made. **6.30** The making of ATMs and marine turbochargers. **7.00** An insight into how bladder pumps are made. **7.30** The making of espresso machines and pizza ovens. **8.00** How steam cleaners and hand-held pizzas are made. **8.30** How industrial casters and racing catamarans are made. **9.00** Exhaust headers. **9.30** Making guitars out of recycled skateboards. **10.00** Racing pulley systems. **10.30** The production of high-end motorcycles.
- 11.00 **How Do They Do It?**
- 1.00 AM **How the Universe Works**
- 4.00 **to 6.00** AM **Cooper's Treasure**

+1hr 267 379

Crime+Investigation

139/140 142 133

- 6.00 AM **The First 48**
- 7.00 **Homicide Hunter**
- 9.00 **Fugitives Caught on Tape**
- 9.30 **My Strange Arrest**
- 10.30 **Court Cam**
- 11.00 **Robbie Coltrane's Critical Evidence** Triple bill.
- 2.00 PM **I Met My Murderer Online**
- 3.00 **Sunshine Slayings**
- 6.00 **On the Case with Paula Zahn**
- 7.00 **The First 48**
- 8.00 **I Met My Murderer Online**
- 9.00 **Predator Files** New editions Part two of two. Police close in on the so-called Delivery Man. **9.30** SOSA target a former teacher with an online obsession.
- 10.00 **Ozark Law** New edition Officers hunt a wanted man and respond to a deadly dam crash.
- 11.00 **Homicide Hunter**
- 12.00 M'T **Britain's Darkest Taboos**
- 1.00 AM **Interrogation Raw**
- 2.00 **Homicide Hunter**
- 3.00 **Imperfect Murder**
- 5.00 **to 6.00** AM **I Met My Murderer Online**

+1hour 256 333

WILD

165 145 182

- 8.00 AM **Yukon Vet**
- 9.00 **Bizarre Animal Friends**
- 10.00 **World's Weirdest Animal Faces**
- 11.00 **Python Hunters**
- 12.00 NOON **The Incredible Dr Pol**
- 1.00 PM **Yukon Vet**
- 2.00 **Lake Tanganyika: Africa's Blue Heart** Exploring one of the largest lakes on Earth.
- 3.00 **Africa's Hunters**
- 4.00 **Secrets of the Zoo: Tampa**
- 5.00 **The Incredible Dr Pol**
- 6.00 **Yukon Vet**
- 7.00 **Secrets of the Zoo: Tampa** A pair of a hungry Komodo dragons enjoy a feast.
- 8.00 **Legends of Venom** Exploring the slippery world of the cobra. **9.00** Following vipers, a snake family as diverse as the challenges they face.
- 10.00 **Alaska: The Next Generation**
- 11.00 **Ice Road Rescue**
- 12.00 M'T **Savage Kingdom**
- 1.00 AM **Animal Fight Club**
- 2.00 **The Incredible Dr Pol**
- 3.00 **Yukon Vet**
- 4.00 **to 5.00** AM **Animal Fight Club**

Discovery History

161/172 147 181

- 7.00 AM **Storming Area 51**
- 8.00 **Salvage Hunters: Classic Cars**
- 9.00 **Combat Dealers**
- 10.00 **Blowing Up History**
- 12.00 NOON **How the Universe Works** Exploring the secret history of the solar system.
- 1.00 PM **NASA's Unexplained Files**
- 2.00 **Aliens in Alaska**
- 3.00 **Expedition Unknown**
- 4.00 **Expedition X**
- 5.00 **Mysteries at the Museum**
- 7.00 **How the Universe Works**
- 8.00 **Storming Area 51** Joe and Emmett Hayes head to Nevada to investigate the pandemonium of storming Area 51, and dive into the history of the facility.
- 9.00 **Legendary Locations**
- 10.00 **How Do They Do It?**
- 11.00 **Salvage Hunters: The Restorers** A 1920s trunk.
- 12.00 M'T **How the Universe Works**
- 1.00 AM **Mysteries at the Museum**
- 3.00 **Expedition X**
- 4.00 **to 5.00** AM **Expedition Unknown**

+1hour 274 381

U&Eden

166 134/162 176 57 160 71

- 9.00 AM **Rise of the Nazis: The Downfall** 1-3/3. Triple bill.
- 12.20 PM **Rise of the Nazis: The Downfall** Six editions.
- 7.00 **The Witch Hunts: Lucy Worsley Investigates**
- 8.00 **The Black Death: Lucy Worsley Investigates**
- 9.00 **Princes in the Tower: Lucy Worsley Investigates**
- 10.00 **Madness of King George: Lucy Worsley Investigates**
- 11.00 **The Witch Hunts: Lucy Worsley Investigates**
- 12.00 M'T **The Black Death: Lucy Worsley Investigates**
- 1.00 AM **Princes in the Tower: Lucy Worsley Investigates**
- 2.00 **Madness of King George: Lucy Worsley Investigates**
- 3.00 **The Witch Hunts: Lucy Worsley Investigates**
- 3.45 **The Black Death: Lucy Worsley Investigates**
- 4.35 **Princes in the Tower: Lucy Worsley Investigates**
- 5.20 **to 6.00** AM **Great Coastal Railway Journeys**

+1hour 266 376

ID

154 140 166

- 8.00 AM **Murder Comes to Town**
- 9.00 **Still a Mystery**
- 11.00 **People Magazine Investigates**
- 12.00 NOON **Diabolical: Deadly Love**
- 1.00 PM **Still a Mystery**
- 3.00 **People Magazine Investigates**
- 4.00 **Forbidden: Dying for Love**
- 5.00 **The 1990s: The Deadliest Decade** Double bill.
- 7.00 **Living a Nightmare** The body of a 27-year-old woman is discovered in a deserted alley. **8.00** The story of a long-term case in Pulaski, Tennessee.
- 9.00 **How (Not) to Get Rid of a Body** Police find a murder victim inside a Civil War crypt.
- 10.00 **A Body in the Basement** A 911 call triggers a gruesome basement discovery.
- 11.00 **Cabin in the Woods**
- 12.00 M'T **Police 911: Michigan**
- 1.00 AM **The Perfect Suspect**
- 2.00 **The 1990s: The Deadliest Decade** Double bill.
- 4.00 **to 6.00** AM **Living a Nightmare**

+1hour 254 366

Discovery Turbo

158 146 180

- 7.00 AM **How Do They Do It?**
- 8.00 **Motor Pickers**
- 9.00 **Salvage Hunters: Classic Cars**
- 10.00 **Shed and Buried**
- 11.00 **Richard Hammond's Workshop** Richard and the team enter the UK's most prestigious classic car show.
- 12.00 NOON **Roadworthy Rescues**
- 1.00 PM **Garage Rehab**
- 2.00 **Ant Anstead: Born Mechanic**
- 3.00 **James May and the Dull Men**
- 4.00 **Salvage Hunters: Classic Cars**
- 5.00 **Mike Brewer: Born Dealer**
- 6.00 **Wheeler Dealers**
- 7.00 **Shed and Buried: Classic Cars**
- 8.00 **Mike Brewer: Born Dealer** Mike shares a sneak peek into life at his dealership in Warwick.
- 9.00 **Roadworthy Rescues**
- 10.00 **James May and the Dull Men**
- 11.00 **Wheeler Dealers**
- 12.00 M'T **Mike Brewer: Born Dealer**
- 1.00 AM **Richard Hammond's Workshop** As 11.00am.
- 2.00 **Iron Resurrection**
- 3.00 **to 4.00** AM **Wheeler Dealers**

+1hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

- 6.15 AM **A Big Bold Beautiful Journey** As 6.00pm.
- 8.20 **One Battle After Another** Oscar-winning action thriller. (2025, 15, 161min) ★★★★★
- 11.15 **Roofman** As 12.00m't.
- 1.40 PM **Superman** Fantasy. (2025, 12, 129min) ★★★★
- 4.00 **The Bad Guys 2** Animation. (2025, PG, 104min) ★★★★
- 6.00 **A Big Bold Beautiful Journey** Romantic drama. (2025, 15, 109min) ★★★

10.05 Pillion

8.00 Regretting You Comedy drama starring Allison Williams and Mckenna Grace. A mother and daughter cope with matters after a devastating accident reveals a shocking betrayal. With Dave Franco. (2025, 12, 116min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

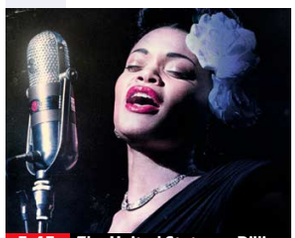
10.05 Pillion Dark comedy starring Harry Melling and Alexander Skarsgård. A directionless man is swept off his feet when an enigmatic biker takes him on as his submissive. (2025, 18, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

- 12.00 M'T **Roofman** Comedy drama. (2025, 15, 126min) ★★★★
- 2.15 AM **Final Destination: Bloodlines** Horror thriller. (2025, 15, 110min) ★★★★
- 4.10 **to 6.00** AM **Hostages** Comedy thriller with Charlotte Ritchie. (2025, 15, 90min) ★★★

Sky Cinema Biopics

303 303 403 503 517

- 7.10 AM **Detroit** As 5.10am.
- 9.40 **Freud's Last Session** (2023)
- 11.35 **Jackie** Biopic starring Natalie Portman and Greta Gerwig. (2016, 15, 100min) ★★★★
- 1.20 PM **Molly's Game** Fact-based drama with Jessica Chastain. (2017, 15, 137min) ★★★★
- 3.40 **Girl You Know It's True**
- 5.45 **The United States vs. Billie Holiday** Biopic starring Andra Day and Trevante Rhodes. (2021, 15, 126min) ★★★



5.45 The United States vs Billie...

8.00 I, Tonya Biopic starring Margot Robbie. Ice skater Tonya Harding rises through the ranks of US figure skating, but her future is thrown into question by a shocking incident. With Sebastian Stan and Allison Janney. (2017, 15, 119min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Save the Cinema Drama telling the true story of Liz Evans from Carmarthen, south-west Wales, who started a campaign in the 1990s to save the town's Lyric Cinema. Stars Samantha Morton. (2021, 12, 109min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

- 11.55 **Girl You Know It's True** Biopic. (2023, 15, 124min) ★★★
- 2.10 AM **Freud's Last Session** Drama. (2023, 12, 109min) ★★
- 4.10 **Sky Cinema Preview**
- 5.10 **to 7.45** AM **Detroit** Fact-based drama starring John Boyega. (2017, 15, 143min) ★★★★

Sky Cinema Drama

310 310 410 510 524

- 6.30 AM **Cookster: The Darkest Days** Drama. (2024, 15, 119min) ★★★
- 8.35 **Amadeus** As 10.00pm.
- 11.15 **The Blind Side** Fact-based drama. (2009, 12, 129min) ★★★
- 1.30 PM **Boyz N the Hood** Oscar-nominated urban drama. (1991, 15, 111min) ★★★★★
- 3.25 **Jerry Maguire** Romantic comedy drama with Tom Cruise. (1996, 15, 139min) ★★★★

- 5.50 **About Time** Romantic comedy fantasy. (2013, 12, 120min) ★★★
- 8.00 **Chicago** Oscar-winning musical, with Renée Zellweger, Catherine Zeta-Jones and Richard Gere. (2002, 12, 112min) ★★★★
- 10.00 **Amadeus** Milos Forman's adaptation of Peter Shaffer's play about the rivalry between 18th-century composers Antonio Salieri and Wolfgang Amadeus Mozart. Stars F Murray Abraham and Tom Hulce. (1984, PG, 158min) ★★★★★

- 12.40 AM **Turtles All the Way Down** Drama starring Isabela Merced. (2024, 12, 111min) ★★★★
- 2.40 **Black Dog** Chinese drama starring Eddie Peng. Subtitled. (2024, 12, 110min) ★★★
- 4.40 **to 6.15** AM **Jungleland** Drama. (2020, 15, 90min) ★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

- 6.10 AM **Anaconda** As 3.10am.
- 7.45 **Anacondas: The Hunt for the Blood Orchid** (2004, 12) ★
- 9.35 **Ready Player One** Adventure. (2018, 12, 140min) ★★★★
- 12.00 NOON **Battleship** Adventure. (2012, 12, 126min) ★★★
- 2.15 PM **Mad Max** Cult action thriller. (1979, 15, 93min) ★★★★★
- 3.55 **Mickey 17** Sci-fi comedy. (2024, 15, 137min) ★★★

- 6.20 **Gravity** Thriller starring Sandra Bullock and George Clooney. (2013, 12, 91min) ★★★★★
- 8.00 **10 Cloverfield Lane** Thriller starring Mary Elizabeth Winstead and John Goodman. A woman survives a car crash, only to end up trapped in a bunker by a man claiming the world is coming to an end. (2016, 12, 103min) ★★★★
- 9.50 **Cloverfield** Offbeat disaster movie with Lizzy Caplan and TJ Miller. (2007, 15, 81min) ★★★

- 11.25 **Blade** Action adventure chiller. (1998, 18, 121min) ★★★
- 1.30 AM **Aeon Flux** Sci-fi action thriller. (2005, 15, 93min) ★★
- 3.10 **Anaconda** Jungle adventure. (1997, 15, 89min) ★★★
- 4.45 **to 6.30** AM **Anacondas: The Hunt for the Blood Orchid**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

6.50 AM **Spy Kids 2: Island of Lost Dreams** (2002, U) ★★★★
8.35 **Peter Pan** (2003, PG) ★★★★
10.35 **Cats & Dogs: The Revenge of Kitty Galore** (2010, U) ★★
12.00 NOON **Spy Kids** Sci-fi comedy. (2001, U, 88min) ★★★★
1.35 PM **The Hobbit: An Unexpected Journey** Fantasy. (2012, 12, 165min) ★★★
4.35 **Stuart Little 2** Fantasy sequel. (2002, U, 78min) ★★★★
6.00 **Hook** Fantasy. (1991, U) ★★★

8.25 Paddington in Peru

8.25 Paddington in Peru Family comedy adventure featuring the voice of Ben Whishaw, and starring Hugh Bonneville, Antonio Banderas and Olivia Colman. Paddington returns to Peru to visit his beloved Aunt Lucy. (2024, PG, 106min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 The Hobbit: The Desolation of Smaug Peter Jackson's fantasy adventure, the second part of his adaptation of JRR Tolkien's novel, starring Martin Freeman and Ian McKellen. (2013, 12, 161 min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.10 AM **Stardust** Fantasy comedy. (2007, PG, 127min) ★★★★
3.20 **Harold and the Purple Crayon** Family adventure. (2024, PG, 87min) ★★★
4.55 **to 6.40** AM **Breaking Point** Drama starring Karam Singh. (2023, 12, 102min) ★★★

Sky Cinema Action

306 306 407 507 521

7.10 AM **Indiana Jones and the Kingdom of the Crystal Skull** Adventure. (2008, 12) ★★★
9.20 **Morbius** Fantasy adventure. (2022, 12, 104min) ★★
11.20 **xXx: Return of Xander Cage** Action thriller. (2016, 12) ★★★
1.10 PM **The Meg** Action thriller. (2018, 12, 113min) ★★★
3.15 **The Amazing Spider-Man** Fantasy. (2012, 12) ★★★
5.35 **The Amazing Spider-Man 2** Fantasy sequel. (2014, 12) ★★★

8.00 Bad Boys II

8.00 Bad Boys II Action comedy thriller sequel starring Martin Lawrence and Will Smith as Miami cops striving to bring down a Cuban drug lord. With Gabrielle Union, Joe Pantoliano, Jordi Mollà and Theresa Randle. (2003, 15, 147min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.30 Uncharted Action adventure starring Tom Holland and Mark Wahlberg. A pair of treasure hunters embark on a globetrotting search for a fortune that was lost 500 years previously. (2022, 12, 116min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **Fast & Furious 7** Action thriller sequel with Vin Diesel. (2015, 12, 132min) ★★★★
3.00 **Fast & Furious Presents Hobbs & Shaw** Adventure. (2019, 12, 137min) ★★★
5.20 **to 6.10** AM **Sky Cinema Preview**

Sky Cinema Comedy

308 308 408 508 522

6.45 AM **48 Hrs** Comedy thriller. (1982, 15, 97min) ★★★★★
8.25 **The Golden Child** Fantasy. (1986, PG, 93min) ★★
10.15 **The Blues Brothers** Comedy. (1980, 15, 135min) ★★★★★
12.40 PM **The Natural** Sports drama. (1984, PG, 137min) ★★★
3.00 **Billy Madison** (1995, PG) ★★
4.40 **The Whole Nine Yards** Black comedy. (2000, 15) ★★★
6.25 **Zoolander** Comedy. (2001, 12, 89min) ★★★★

6.25 Zoolander

8.00 Zoolander 2 Comedy sequel starring Ben Stiller. Supermodel Derek Zoolander steps back into the spotlight when a killer targets the world's most beautiful pop stars. (2016, 12, 102min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 The Naked Gun Comedy reboot with Liam Neeson. Following in the footsteps of his legendary father, Frank Drebin Jr must save his police department by solving a case. (2025, 15, 85min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **The Naked Gun** Spoof thriller. (1988, 15, 85min) ★★★★
12.50 AM **The Naked Gun 2½: The Smell of Fear** (1991, 15) ★★★
2.20 **The Naked Gun 33⅓: The Final Insult** (1994, 12) ★★★
3.50 **Gremlins** Horror comedy. (1984, 12, 106min) ★★★★
5.40 **to 7.30** AM **Gremlins 2: The New Batch** Comedy sequel. (1990, 12, 107min) ★★★

Sky Cinema Thriller

309 309 409 509 523

6.30 AM **The Desperate Hour** Thriller. (2021, 12) ★★★★
8.00 **Mob Cops** (2024, 15) ★
9.30 **Three Days of the Condor** Thriller. (1975, 15) ★★★★
11.30 **Patriot Games** Action thriller. (1992, 15, 116min) ★★★
1.30 PM **Vanilla Sky** Fantasy. (2001, 15, 136min) ★★★
3.50 **Ocean's Eleven** Caper thriller. (2001, 12, 116min) ★★★★
5.50 **Ocean's Twelve** Thriller sequel. (2004, 12, 125min) ★★★★

10.00 Hannibal

8.00 The Bourne Identity Spy thriller based on the novel by Robert Ludlum, starring Matt Damon as an amnesiac man who learns that he is a highly trained assassin with deadly enemies. With Franka Potente. (2002, 12, 119min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Hannibal Chiller sequel to *The Silence of the Lambs*, starring Anthony Hopkins and Julianne Moore. FBI agent Clarice Starling becomes an unwitting pawn in a perverse billionaire's plot to trap Hannibal Lecter. (2001, 18, 131 min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **The Firm** Legal thriller. (1993, 15, 155min) ★★★
2.55 **The Equalizer 2** Thriller sequel starring Denzel Washington. (2018, 15, 121 min) ★★★
5.00 **to 7.00** AM **Speak No Evil** Horror. (2024, 15) ★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **The Heiress** Romantic drama with Olivia de Havilland. (1949, b/w, U, 115min) ★★★★
1.20 PM **Anzio** War drama. (1967, PG, 117min) ★★★
3.35 **Tora! Tora! Tora!** World War Two epic with Martin Balsam. (1970, U, 144min) ★★★
6.25 **A Knight's Tale** Medieval romantic action comedy starring Heath Ledger. (2001, PG, 132min) ★★★

9.00 Good Luck to You, Leo...

A Knight's Tale (film started at 6.25pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 Good Luck to You, Leo Grande Comedy drama starring Emma Thompson and Daryl McCormack. A retired school teacher is yearning for adventure, and begins by hiring a charming sex worker. (2022, 15, 97min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.55 Widows Thriller starring Viola Davis. Four Chicago women with a debt left by their dead husbands' criminal activities plan to carry out a daring robbery. (2018, 15, 129min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.35 **to 3.50** AM **On the Come Up** Music drama starring Jamila C Gray. (2020, 12, 116min) ★★★

+1 hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema 5 Star Movies

302 302 402 502 516

6.50 AM **The Big Heat** As 4.25am.
8.30 **The Last Stop in Yuma County**
10.05 **Tootsie** Comedy starring Dustin Hoffman and Jessica Lange. (1982, 15, 116min) ★★★★
12.05 PM **Singin' in the Rain** Musical. (1952, U, 102min) ★★★★★
2.05 **This Is Spinal Tap** Spoof. (1983, 15, 83min) ★★★★★
3.45 **The Day of the Jackal** Thriller. (1973, 15, 142min) ★★★★★

6.10 **Companion** Sci-fi horror. (2024, 15, 97min) ★★★★
8.00 **Mad Max 2** Thriller sequel starring Mel Gibson. A lone road warrior rescues a beleaguered community from barbarian bikers. (1981, 18, 95min) ★★★★
9.40 **The Last Stop in Yuma County** Crime thriller starring Jim Cummings. While stuck at an Arizona rest stop, a salesman is thrust into a hostage situation by the arrival of two bank robbers. (2023, 15, 90min) ★★★★

11.15 **The Brutalist** Epic drama. (2024, 18, 215min) ★★★★★
2.35 AM **High Plains Drifter** Clint Eastwood's revenge Western. (1972, 18, 105min) ★★★★
4.25 **to 6.00** AM **The Big Heat** Fritz Lang's classic gangster thriller. (1953, b/w, 15, 90min) ★★★★

Sky Cinema Greats

307 307 404 504 518

6.00 AM **Blazing Saddles** Western spoof. (1974, 12, 90min) ★★★★
7.40 **Dumb and Dumber** (1994)
9.30 **Ace Ventura Pet Detective**
11.00 **Ace Ventura: When Nature Calls** As shown at 1.40am.
12.40 PM **Beverly Hills Cop** Comedy thriller starring Eddie Murphy. (1984, 15, 105min) ★★★★
2.30 **Beverly Hills Cop II** Comedy thriller. (1987, 15, 99min) ★★★

4.15 **Beverly Hills Cop 3** Comedy thriller sequel starring Eddie Murphy. (1994, 15, 104min) ★★
6.00 **Raiders of the Lost Ark** Steven Spielberg's action adventure. (1981, PG, 115min) ★★★★★
8.00 **Indiana Jones and the Temple of Doom** Steven Spielberg's adventure starring Harrison Ford. (1984, PG, 118min) ★★★
10.00 **Indiana Jones and the Last Crusade** Steven Spielberg's adventure with Harrison Ford. (1989, PG, 127min) ★★★★★

12.10 AM **Ace Ventura Pet Detective** Comedy. (1993, 12) ★★★★
1.40 **Ace Ventura: When Nature Calls** Comedy sequel with Jim Carrey. (1995, PG, 89min) ★★★
3.20 **Sky Cinema Preview**
4.20 **to 6.20** AM **Dumb and Dumber** Comedy. (1994, 12) ★★★

Sky Cinema Animation

312 315 405 500 514

6.20 AM **Bee Movie** As 7.20pm.
7.55 **The Lego Ninjago Movie**
9.45 **10 Lives** As 9.05pm.
11.20 **Noah's Ark** Animation. (2024, U, 96min) ★★★
1.00 PM **Super Charlie** As 10.45pm.
2.30 **Wallace & Gromit: The Curse of the Were-Rabbit** Nick Park's animated comedy adventure with the voice of Peter Sallis. (2005, U, 85min) ★★★★★

4.00 **The Secret Life of Pets** Animated family adventure. (2016, U, 83min) ★★★
5.40 **Antz** Animated comedy. (1998, PG, 83min) ★★★
7.20 **Bee Movie** Animated comedy. (2007, U, 91 min) ★★★
9.05 **10 Lives** Animated comedy with the voice of Mo Gilligan. (2024, U, 98min) ★★★
10.45 **Super Charlie** Animation. (2025, PG, 82min) ★★★
12.20 AM **Rebellious** Animation. (2024, PG, 94min) ★★★

2.10 **Scarygirl** Animated fantasy. (2023, PG, 90min) ★★★
3.55 **Fox and Hare Save the Forest** Animated family adventure. (2024, U, 71 min) ★★★
5.20 **to 7.15** AM **The Lego Ninjago Movie** Animated comedy adventure. (2017, U, 101 min) ★★

Disney+ Cinema

305

6.00 AM **Percy Jackson & the Lightning Thief** Fantasy. (2010, PG, 114min) ★★★
8.05 **Lady and the Tramp** Animation. (1955, U, 76min) ★★★★★
9.25 **The Princess Diaries** Comedy. (2001, U, 115min) ★★★
11.20 **Flubber** Fantasy comedy. (1997, U, 94min) ★★★
1.00 PM **The Aristocats** Animation. (1970, U, 78min) ★★★★★

2.20 **Ratatouille** Animated comedy. (2007, U, 106min) ★★★★★
4.10 **The Sorcerer's Apprentice** Fantasy starring Nicolas Cage. (2010, PG, 109min) ★★★★
6.05 **Beverly Hills Chihuahua** Comedy. (2008, U, 91 min) ★★
7.40 **Inspector Gadget** Live-action adaptation of the cartoon series. (1999, U, 77min) ★★★
9.00 **Alien: Romulus** Horror thriller. (2024, 15, 119min) ★★★★
11.00 **The Omen** Occult horror thriller remake. (2006, 15, 110min) ★★

12.50 AM **Veronica Guerin** Biopic. (2003, 18, 98min) ★★★
2.35 **(500) Days of Summer** Offbeat romantic comedy. (2009, 12, 95min) ★★★★
4.10 **Finding Nemo** Animation. (2003, U, 104min) ★★★★★
5.50 **to 6.00** AM **Bao**

Talking Pictures

328 445 82 306 36

6.00 AM **Black Saddle** 11/24. (S2)
6.30 **Life with the Lyons** Family comedy. (1953, U, 80min) ★★
8.10 **Don't Say Die** Comedy. (1950, b/w, U, 72min) ★★★
9.20 **Moment of Indiscretion** Drama. (1958, b/w, U, 71 min) ★★★
10.40 **The End of the Affair** Romantic drama. (1955, PG, 106min) ★★
12.50 PM **The Adventures of Sir Lancelot** 6/30. (S1)

1.20 **Law and Disorder** Comedy. (1940, PG, 74min) ★★★
2.55 **Cinebox Memories**
3.00 **Crown Court** Triple bill.
4.30 **The Naked Truth** Comedy. (1957, b/w, U, 88min) ★★★
6.20 **Strange But True**
6.55 **The Brothers** 7/13. (S2)
8.00 **Mark Saber** 36/39. (S4)
8.30 **The Wheeltappers and Shunters Social Club**
9.20 **Killer Fish** Adventure thriller starring Lee Majors and Karen Black. (1978, 15, 97min) ★★

11.20 **The Deadly Affair** Thriller. (1966, PG, 107min) ★★★
1.30 AM **Doomwatch** 11/13. (S1)
2.30 **Penny Gold** Murder mystery. (1974, PG, 90min) ★
4.15 **Gold Is Where You Find It**
4.45 **Look at Life**
5.00 **to 6.00** AM **Burke's Law**

THURSDAY Sport 23 April

Sky Sports Main Event

401 401 501 419 439

6.00 AM **LIVE DP World Tour Golf** Coverage of the opening day of the Volvo China Open at Shanghai Enhance Anting Golf Club.
10.30 **LIVE WTA & ATP Tennis** Coverage of day three of the Madrid Open, a clay-court tournament at La Caja Mágica.
4.00 PM **LIVE LPGA Tour Golf** Coverage of the first session on the opening day of the Chevron Championship, the first Major of the year from Memorial Park Golf Course in Houston, Texas.
7.00 **LIVE Premier League Darts** Coverage of the 12th night of the tournament at M&S Bank Arena in Liverpool, with a format featuring quarter-finals, semi-finals and a final all in one night.
11.00 **LIVE LPGA Tour Golf** The second session on day one of the Chevron Championship.
1.00 AM **NFL Draft** The first round of selections in Pittsburgh.
4.30 **Sky Sports News**
5.30 **to 6.00** AM **LIVE DP World Tour Golf** The second day of the Volvo China Open from Shanghai Enhance Anting Golf Club.

Sky Sports Premier League

402 402 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League Icons**
9.00 **Netbusters** Recent action.
9.30 **Premier League Stories**
10.00 **Sky Sports FC**
12.00 NOON **Premier League Years**
2.00 PM **PL Retro** A replay of Arsenal v Manchester United from 1997.
4.00 **Netbusters** Fast-paced highlights using alternative angles, featuring every goal from every game.
4.30 **Premier League Stories**
5.00 **The Premier League Show**
7.00 **The Big Interview** An interview with a top-flight player.
7.30 **Premier League Stories** An interview with Harry Kewell.
8.00 **Netbusters** Fast-paced highlights using alternative angles, featuring every goal from every game.
8.30 **Premier League Review**
9.30 **The Big Interview**
10.00 **Premier League Stories**
10.30 **Netbusters** Recent action.
11.00 **Premier League Years** A look back at the 2024/25 season.
1.00 AM **PL Retro** Arsenal v Manchester United from 1997.
3.00 **PL Greatest Games**
4.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 503 421 441

6.00 AM **EFL Cup Retro**
8.00 **SPFL** Action from 2014/15.
8.30 **Best SPFL Goals 2021/22**
9.00 **EFL Greatest Games**
10.00 **Championship Season Review**
11.00 **EFL Rivalries** East Midlands Derby.
11.30 **Jimmy Glass: The Great Escape**
12.00 NOON **EFL Highlights**
2.30 PM **EFL League One Goals**
3.00 **EFL League Two Goals**
3.30 **Bundesliga Highlights Show**
4.30 **EFL Highlights** Championship.
6.30 **Bundesliga Weekly**
7.00 **EFL League Two Goals**
7.30 **LIVE EFL** Salford City v Bromley. Coverage of the League Two match staged at the Peninsula Stadium. Bromley have impressed throughout the season and claimed a 2-0 win in November's reverse fixture. Kick-off **8.00pm**.
10.30 **Bundesliga Weekly**
11.00 **EFL League One Goals**
11.30 **EFL Greatest Games**
12.00 M'T **SPFL Greatest Games**
2.00 AM **SPFL Highlights**
2.45 **SPFL Greatest Games**
3.45 **SPFL Highlights**
5.30 **to 6.00** AM **SPFL Greatest Games**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **IPL** Action from Sunrisers Hyderabad v Delhi Capitals.
7.00 **IPL** A chance to see Lucknow Super Giants v Rajasthan Royals.
11.15 **Best of ICC WT20**
12.00 NOON **IPL** T20 highlights.
2.50 PM **LIVE IPL** Mumbai Indians v Chennai Super Kings. Coverage of the T20 match at Wankhede Stadium. The Mumbai Indians claimed a comprehensive nine-wicket victory when the teams met here last season, with Rohit Sharma scoring 76 off just 45 balls.
7.00 **Best of ICC WT20**
8.00 **IPL** Action from Lucknow Super Giants v Rajasthan Royals staged at Ekana Cricket Stadium. **9.00** Highlights from Mumbai Indians v Chennai Super Kings held at Wankhede Stadium. **10.00** Action from Sunrisers Hyderabad v Delhi Capitals. **11.00** Highlights from Mumbai Indians v Chennai Super Kings.
12.00 M'T **Best of ICC WT20**
12.30 AM **IPL** Another chance to see Mumbai Indians v Chennai Super Kings at Wankhede Stadium.
4.45 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

406 406 506 423 443

6.00 AM **LIVE DP World Tour Golf** Day one of the Volvo China Open.
10.30 **HotelPlanner Tour Golf**
11.00 **PGA Tour Champions**
12.00 NOON **PGA Tour: The Cut**
12.30 PM **Greatest Golf Holes**
1.00 **LIVE PGA Tour Golf** Day one of the Zurich Classic of New Orleans held at TPC Louisiana in Avondale.
4.00 **LIVE LPGA Tour Golf** Round one of the Chevron Championship from Memorial Park Golf Course.
8.00 **LIVE PGA Tour Golf** Further coverage of the opening day of the Zurich Classic of New Orleans.
11.00 **LIVE LPGA Tour Golf** Continued coverage of day one of the Chevron Championship.
1.00 AM **Scotland's Greatest Golf Holes** Featuring Trump Turnberry.
1.30 **HotelPlanner Tour Golf**
2.00 **PGA Tour Golf** Zurich Classic.
4.00 **Golf Academy** Expert tips.
5.00 **School of Golf**
5.30 **to 6.00** AM **LIVE DP World Tour Golf** Coverage of day two of the Volvo China Open.

Sky Sports Tennis

408 408 508 425 445

6.00 AM **WTA & ATP Tennis**
10.00 **LIVE WTA & ATP Tennis** Coverage of the third day of the Madrid Open staged at La Caja Mágica. There was disappointment for all three of the British women in action at this stage 12 months ago, as Emma Raducanu, Sonay Kartal and Katie Boulter were eliminated by seeded players in Marta Kostyuk, Elina Svitolina and Jasmine Paolini.
8.00 PM **WTA All Access**
8.30 **ATP Tour This Week**
9.00 **WTA & ATP Tennis**
1.00 AM **US Open Classic Matches**
2.00 **WTA & ATP Tennis**
3.00 **US Open Classic Matches**
4.00 **ATP/WTA Tour Classic Matches**
5.00 **ATP Tour This Week**
5.30 **to 6.00** AM **WTA Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **Snooker** World Championship.
8.00 **Discovery Golf**
8.30 **TNT Sports Reload**
9.00 **Serie A – Full Impact**
9.30 **Premier League Netbusters**
10.00 **Champions League Magazine**
10.30 **Men's Cycling** Event highlights.
12.30 PM **LIVE Men's Cycling** Stage four of the Tour of the Alps.
2.30 **LIVE Snooker World Championship** The sixth day.
4.00 **FIA World Endurance Championship Highlights**
5.00 **European Rally Championship**
5.30 **The WRC Magazine**
6.00 **LIVE World Rally Championship** Special stage one of the Rally Islas Canarias.
8.00 **MLB Plays of the Week**
8.30 **LIVE MLB** San Francisco Giants v Los Angeles Dodgers. Coverage of the National League match from Oracle Park. Start-time **8.45pm**.
11.30 **LIVE MLB** Boston Red Sox v New York Yankees. Coverage of the American League match from Fenway Park. Start-time **11.10pm**.
2.00 AM **MLB Classic** World Series.
5.00 **to 6.00** AM **LIV Golf**

TNT Sports 2

411 414 522 409 431

6.00 AM **Men's Cycling**
8.00 **Women's Cycling**
9.00 **The WRC Magazine**
9.30 **Gallagher PREM: Wrap Up**
9.45 **Isuzu UTE A-League Highlights**
10.15 **LIVE AFL** Western Bulldogs v Sydney Swans. Coverage of the match staged at Marvel Stadium in Melbourne. Bounce-up **10.30am**.
1.30 PM **Serie A – Full Impact**
2.00 **World Superbike Highlights**
3.00 **Marathons** Boston Marathon.
4.00 **MLB Highlights**
5.00 **TNT Sports Reload**
5.30 **Serie A – Full Impact**
6.00 **Premier League Stories**
6.30 **Premier League: Big Interview**
7.00 **MLB Highlights**
8.00 **AFL** A chance to see Western Bulldogs v Sydney Swans.
9.30 **Sign Up – Into Football**
10.15 **Serie A – Full Impact**
10.45 **Gallagher PREM: Wrap Up**
11.00 **LIVE MLB** Boston Red Sox v New York Yankees. Coverage of the American League match from Fenway Park. Start-time **11.10pm**.
2.00 AM **UFC Reloaded**
5.30 **to 6.00** AM **Formula E**

Sky Sports Action

412 410 510 426 446

6.00 AM **Super League** Leigh Leopards v Wigan Warriors from 2025. **9.00** Warrington Wolves v Wigan Warriors from 2025.
12.00 NOON **NFL Highlights** Buffalo Bills v Philadelphia Eagles.
1.00 PM **Good Morning Football**
3.00 **NFL Highlights** Action from Buffalo Bills v Baltimore Ravens.
4.00 **Super League Highlights**
5.00 **NBC's Pro-Football Talk**
7.00 **LIVE Premier League Darts** Coverage of the 12th night of the tournament held at M&S Bank Arena in Liverpool, with a format featuring quarter-finals, semi-finals and a final all in one night. The quarter-final matches are Gian van Veen v Gerwyn Price, Stephen Bunting v Jonny Clayton, Josh Rock v Michael van Gerwen, and Luke Humphries v Luke Littler.
11.00 **NFL Draft Kick-Off** A look ahead to the opening round of the draft in Pittsburgh, Pennsylvania.
1.00 AM **NFL Draft** The first round of selections in Pittsburgh.
4.30 **NFL Bitesize Highlights**
5.00 **Super Bowl LX Highlights**
5.15 **to 6.00** AM **NFL Bitesize Highlights**

Sky Sports Sky Sports+

404 404 504 427 447

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
10.00 **LIVE WTA & ATP Tennis** Coverage of the third day of the Madrid Open staged at La Caja Mágica. There was disappointment for all three of the British women in action at this stage 12 months ago, as Emma Raducanu, Sonay Kartal and Katie Boulter were eliminated by seeded players in Marta Kostyuk, Elina Svitolina and Jasmine Paolini.
7.00 PM **Sports Centre**
7.30 **LIVE Super League** York Knights v Toulouse Olympique. Coverage of the top-flight match staged at LNER Community Stadium. These teams will be more than familiar with each other after competing for honours in the Championship last season, when they finished first and second in the table respectively. Kick-off **8.00pm**.
10.15 **EFL Greatest Games**
10.30 **Back Pages Tonight**
11.00 **Sky Sports News**
12.00 M'T **EFL Greatest Games**
1.00 AM **Super League**
3.45 **to 6.00** AM **EFL Greatest Games**

Sky Sports Mix

416 412 511 429 449

6.00 AM **EFL Greatest Games**
7.00 **Premier League Darts**
11.00 **Ladies European Tour Golf**
12.00 NOON **PL Greatest Games**
12.30 PM **LIVE Ladies European Tour Golf** Coverage of the opening day of the Investec South African Women's Open at Royal Cape Golf Club in Cape Town.
4.30 **PL Greatest Games**
5.00 **ATP Tennis** Monte-Carlo Masters.
6.00 **WTA Tennis** Stuttgart Open final.
7.00 **NFL Draft Kick-Off** A look ahead to the opening round of the NFL draft in Pittsburgh, Pennsylvania.
1.00 AM **NFL Draft** Coverage of the first round of selections on day one in Pittsburgh, Pennsylvania.
4.30 **to 6.00** AM **EFL Greatest Games**

TNT Sports 3

413 415 523 410 432

6.00 AM **UEFA Champions League**
9.30 **Ultimate Pool** Pairs Cup.
11.00 **Snooker World Championship**
1.00 PM **LIVE Snooker World Championship** Coverage of the sixth day from the Crucible Theatre in Sheffield. Winners at this stage of last year's event include Ronnie O'Sullivan, John Higgins, Mark Allen and Lei Peifan.
4.00 **Ultimate Pool** Pairs Cup.
5.30 **The Cycling Show**
6.00 **Race Bikes** Mountain Bike racing.
6.30 **LIVE Snooker World Championship** Further coverage of the sixth day from the Crucible Theatre in Sheffield.
10.00 **Men's Cycling Pro Series** Stage four of the Tour of the Alps.
11.00 **Fencing Grand Prix**
12.00 M'T **LIV Golf** From Mexico.
1.00 AM **Snooker World Championship** The sixth day.
3.00 **Men's Cycling** Event highlights.
5.00 **to 6.00** AM **Women's Cycling**

TNT Sports 4

414 416 524 411 434

6.00 AM **MotoGP Classics**
9.00 **MotoGP Highlights**
10.00 **World Superbike Highlights**
11.00 **LIV Golf** A review of the latest round of the season in Mexico.
12.00 NOON **Fishing: On the Bank**
1.00 PM **MLB Highlights**
2.00 **The WRC Magazine**
2.30 **UEFA Champions League Magazine** News and action.
3.00 **UEFA Champions League** Recent highlights, featuring Eintracht Frankfurt v Tottenham Hotspur and Napoli v Chelsea.
10.30 **Ultimate Pool** Action from Group Five of the Pairs Cup.
12.00 M'T **AFL** A chance to see Western Bulldogs v Sydney Swans.
1.30 AM **UEFA Champions League Magazine** News and action.
2.00 **Isuzu UTE A-League Highlights**
2.30 **Serie A – Full Impact**
3.00 **TNT Sports Reload**
3.30 **Fishing: On the Bank**
4.30 **to 6.00** AM **Ultimate Pool**

Premier Sports 1

419 551

6.00 AM **NASCAR Highlights**
7.00 **URC in 60** Recent action.
8.00 **NHL Ice Hockey**
10.00 **Coppa Italia** Atalanta v Lazio.
12.00 NOON **Top 14 Rugby Union Highlights** Recent action.
12.30 PM **Scottish Football Social Club** The latest news and updates.
1.30 **LaLiga Match Highlights**
2.00 **NHL Tonight** Play-off preview.
3.00 **URC in 60** Recent action.
4.00 **LaLiga** A match replay.
5.55 **LIVE LaLiga** Coverage of a Spanish top-flight match.
8.00 **LaLiga Match Highlights**
8.25 **LIVE LaLiga** Coverage of a Spanish top-flight match.
10.30 **World of FreeSports**
11.00 **Football's Greatest**
11.30 **Sporting Countdowns**
12.00 M'T **LIVE NHL Ice Hockey** Coverage of a play-off game.
3.00 AM **Sporting Countdowns**
3.30 **Eredivisie** PSV v PEC Zwolle.
5.30 **to 6.00** AM **Sporting Greats**

Premier Sports 2

420 552

6.00 AM **Football's Greatest**
6.30 **Coppa Italia** Another chance to see Inter Milan v FC Como.
8.30 **Football's Greatest**
9.00 **German Cup** A replay of Bayer Leverkusen v Bayern Munich.
11.00 **Football's Greatest**
11.30 **LaLiga** Another chance to see a Spanish top-flight match.
1.30 PM **LaLiga** Girona v Valencia.
3.30 **Football's Greatest** The finest players discuss their careers.
4.00 **LaLiga** Another chance to see a Spanish top-flight match.
5.55 **LIVE LaLiga** Coverage of a Spanish top-flight match.
8.00 **LaLiga Match Highlights**
8.25 **LIVE LaLiga** Coverage of a Spanish top-flight match.
10.30 **Football's Greatest**
11.00 **LaLiga** Girona v Valencia.
1.00 AM **Football's Greatest**
2.00 **NHL Tonight** Top 50 players.
3.00 **to 6.00** AM **LIVE NHL Ice Hockey** A play-off match.

Sky Sports F1

407 407 507 424 444

6.00 AM **Formula 1** Highlights.
11.00 **Ted's Notebook**
11.30 **British Kart Championships**
12.30 PM **Indycar** Recent action.
3.00 **Formula 1** Japanese Grand Prix.
6.15 **Ted's Notebook**
6.45 **Oscar Piastri Drives a Supercar**
7.00 **Formula 1** The Australian Grand Prix held at Albert Park Circuit. **9.00** The Chinese Grand Prix at Shanghai International Circuit. **11.00** The Japanese Grand Prix.
1.00 AM **F1 Explained**
2.00 **The Best of Australia & China**
3.00 **F1 Explained**
4.00 **The Best of Australia & China**
5.00 **to 6.00** AM **F1 Explained**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Friday

24 April

Evening Planner

Reality

The Neighbourhood

ITV1 & ITV2, 9pm

Host Graham Norton invites families to move into a fictional Peak District village where a huge cash prize is on offer.

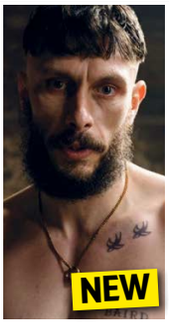
OnDemand

BBC iPLAYER

Half Man

Available today

A six-parter from Richard Gadd, the creator of *Baby Reindeer*, which follows the lives of two very different young men.



OnDemand

NETFLIX

Apex

Available today

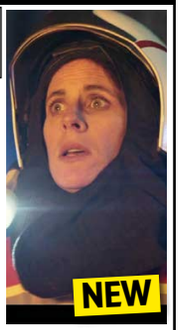
Charlize Theron plays a grieving woman who is targeted by a serial killer while on a solo rock-climbing expedition.

OnDemand

Under Fire

Available today

The second season of the Belgian firefighting drama begins with a strict new lieutenant in residence.



SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 Extraordinary... †	8.00 Beyond Paradise		9.00 Have I Got...	9.30 The Young...	10.00 News; Local News	
	102 BBC2	7.00 Greatest...	7.30 Beechgrove...	8.00 Gardeners' World		9.00 Great British Menu: Banquet Special		10.00 Live at the...	10.30 Newsnight
	103 ITV1	‹ 6.30 News; Weather	7.30 I'm a Celebrity... South Africa Live Final			9.00 The Neighbourhood		10.00 I'm a Celebrity...	10.30 News
	104 CHANNEL 4	7.00 News	7.30 Unreported World	8.00 Greggs vs McDonald's: The Fast Feud		9.00 Gogglebox		10.00 First Dates	
	105 5	7.00 Springtime on the Farm		8.00 Traffic Cops		9.00 Pompeii: The Secret DNA			
	106 SKY ONE	7.00 The Simpsons		8.00 An Idiot Abroad		9.00 Never Mind the Buzzcocks		10.00 Tom Davis: Underdog	
ENTERTAINMENT	115 BBC3	7.05 Deadly 60	7.30 Film: Despicable Me			9.00 Death in Paradise		10.00 Death Valley	
	116 BBC4	7.00 Snooker: World Championship – Live: The evening session on day seven						10.00 TOTP: 1987	10.30 TOTP: 1990
	118 ITV2	7.15 Celebrity Catchphrase		8.00 The 1% Club		9.00 The Neighbourhood		10.00 Family Guy	10.30 I'm a Celebrity...
	136 MORE4	‹ 6.50 Location, Location, Location		7.55 Kirstie and Phil's Love It or List It		9.00 Blanca			
	135 E4	7.00 The Simpsons		8.00 First Dates		9.00 Film: Rocketman			
	107 SKY WITNESS	7.00 Police 24/7		8.00 Caught on Dashcam		9.00 Chicago Fire		10.00 Fire Country	
	108 SKY ATLANTIC	‹ 6.55 The Last of Us				9.00 Chernobyl		10.15 Hacks	
	110 U&GOLD	7.20 Dad's Army		8.00 Still Open All Hours	8.40 Open All Hours		9.20 Not Going Out		10.40 Still...
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 Frankie Boyle's New...	10.40 Have I...
	119 ITV3	‹ 6.55 Heartbeat		8.00 Doc Martin				10.00 DCI Banks	
	120 ITV4	‹ 6.35 British Touring Car Championship...		8.05 Ice Road Truckers				10.00 All Elite Wrestling: Dynamite	
	112 COMEDY CENTRAL	7.00 Friends				9.00 Lee Evans: The Ultimate Experience			
	145 SKY SCI-FI	7.00 Star Trek: Deep Space Nine		8.00 Stargate SG-1		9.00 From			
	143 U&DRAMA	‹ 6.40 Last of the Summer Wine		8.00 Father Brown		9.00 Happy Valley		10.20 New Tricks	
	109 U&ALIBI	7.00 Father Brown		8.00 Death in Paradise				10.00 Allegiance	
	122 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Guy Garvey: From the Vaults		9.00 Strange Journey: The Rocky Horror Picture Show			
	132 U&W	7.00 DIY SOS: The Big Build		8.00 Inside the Ambulance: Coast and...		9.00 999 Rescue Squad			
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers		8.00 Gold Rush		9.00 Expedition X		10.00 Conspiracies & Coverups	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 My Extreme Animal Phobia		9.00 Alaska: The Last Frontier		10.00 Edge of Alaska	
	129 NAT GEO	7.00 Air Crash Investigation						10.00 Construction Fails	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Clash of Ancient Warriors				10.00 Ancient Aliens: Origins	
	155 U&YESTERDAY	7.00 Planet Earth II		8.00 Porridge				10.00 Bangers & Cash	
	114 SKY DOCS	7.00 The Essex Murders: Who Killed Goldfinger?							10.15 Chernobyl: The Lost Tapes
FILMS – Sky Cinema	301 PREMIERE	‹ 5.50 Regretting You		8.00 The Conjuring: Last Rites					10.25 Weapons
	302 5 STAR MOVIES	‹ 5.50 Cool Hand Luke		8.00 Sinners					10.20 Final Destination...
	303 BIOPICS	‹ 6.05 The Colour Room		8.00 The Blind Side					10.10 Coach Carter
	307 GREATS	‹ 5.50 Jaws		8.00 Jaws 2				10.00 Jaws 3	
	312 ANIMATION	7.15 Rebellious				9.00 Scarygirl			10.40 Fox...
	304 FAMILY	‹ 6.00 Pokemon: Detective Pikachu	7.50 Smurfs				9.25 The Hobbit: An Unexpected Journey		
	306 ACTION	‹ 5.35 Spider-Man 3		8.00 Transformers					10.30 The Toxic...
	308 COMEDY	‹ 6.20 Team America: World Police		8.00 Liar Liar			9.30 Blades of Glory		
	309 THRILLER	‹ 5.55 The Bourne Identity		8.00 The Bourne Supremacy				10.00 American Gangster	
	310 DRAMA	‹ 6.15 About a Boy		8.00 The Shawshank Redemption					10.30 Nuremberg
	311 SCI-FI	‹ 6.10 Back to the Future Part III		8.00 The Crazies			9.45 28 Years Later		
	313 FILM4	‹ 4.15 Cleopatra				9.00 Anna			
SPORT	401 MAIN EVENT	‹ 4.00 LPGA Tour...	7.30 FNF – Live: Sunderland v Nottingham Forest (Kick-off 8.00)						10.30 PGA Tour Golf...
	402 PREMIER LEAGUE	7.00 PL Preview	7.30 FNF – Live: Sunderland v Nottingham Forest (Kick-off 8.00)						10.30 PL Stories
	403 FOOTBALL	7.00 EFL Highlights	7.30 EFL – Live: Leicester City v Millwall (Kick-off 8.00)						10.30 EFL Greatest...
	405 CRICKET	7.00 Best of ICC WT20		8.00 IPL					
	410 TNT SPORTS 1	7.00 The Gallagher PREM – Live: Newcastle Red Bulls v Bristol Bears (Kick-off 7.45)						10.00 UEFA...	10.30 MLB Plays of...
	411 TNT SPORTS 2	7.00 Inside Serie A	7.30 Serie A – Live: Napoli v Cremonese (Kick-off 7.45)					9.45 MotoGP	10.15 Discovery Golf

‹ Denotes programmes starting before 7.00pm † Regions vary

FRIDAY

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Friday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Expert Witness** (S)(R)(AD)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** New edition (S)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Father Brown** *The Sands of Time:* 8/10. Brenda finds love at the home of a clock collector – but it may just be that she has fallen for a killer. (S10) (S)(R)(AD)
2.45 **Escape to the Country** (S)(R)
3.45 **Make It at Market** A woodworker seeks business advice. (S)(R)(AD)
4.30 **The Finish Line** Quiz show. (S)(R)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)
6.55 **Party Election Broadcast** (S)

8.00 **Beyond Paradise**

7 PM

7.00 **The One Show** Lauren Laverne and Angellica Bell host the topical show. (S)
7.30 **Extraordinary Portraits with Bill Bailey** New edition 5/6. A woman who was wrongly jailed as part of the Post Office scandal. (S)(AD)

8 PM

8.00 **Beyond Paradise** New episode 5/6. An off-grid community is thrust into the spotlight when a land developer is terrorised by the image of a green man. As tensions rise, secrets surface that someone wants hidden. (S4) (S)(AD)

9 PM

9.00 **Have I Got News for You** New edition 4/10. Sue Perkins hosts the satirical quiz. (S)
9.30 **The Young Offenders** New episode 4/6. Conor and Jock decide to enter the Cork dating scene. (S5) (S)(AD)
■ Entire series on BBC iPlayer

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **The Claudia Winkleman Show** Series finale 7/7. Claudia presents highlights from her first series, with Lisa Kudrow, Jennifer Saunders, Guz Khan, James McAvoy, Niall Horan, Rita Wilson and Jeff Goldblum. (S)
11.25 **FILM PREMIERE Chaos Walking** Sci-fi adventure starring Tom Holland and Daisy Ridley. A pair of unlikely companions stranded on a planet where thoughts and feelings are visible work together to survive. With Demián Bichir and Mads Mikkelsen. (S) (2020, 12, 100min) ★★ *See review, page 27.*
1.05 AM **Weather for the Week Ahead**
1.10 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.15 AM **I Made It at Market** (S)(R)
7.00 **Homes Under the Hammer** (S)(R)
8.00 **Sign Zone: Just One Thing** (S)(R)
8.30 **Sign Zone: Ronan Keating's Wild Atlantic** From Kerry. (S)(R)(AD)
9.00 **BBC News** (S)
10.00 **LIVE Snooker: World Championship** Coverage of the morning session on day seven in Sheffield. *Continues at 2.15pm.* (S)
1.00 PM **The Tournament** Quiz. (S)(R)
1.45 **Lightning** Game show. (S)(R)
2.15 **LIVE Snooker: World Championship** Coverage of the afternoon session on day seven. *Continues at 7.00pm on BBC4.* (S)
6.00 **Richard Osman's House of Games** Quiz show. (S)(R)
6.30 **Great Japanese Railway Journeys** New edition A visit to the harbour town of Shimonoseki. (S)(AD)

8.00 **Gardeners' World**

7.00 **Greatest Gardens with Diarmuid Gavin and Carol Klein** New edition With Penny Lancaster. (S)(AD)
7.30 **Beechgrove Garden** New edition George Anderson plants a bed of new raspberry varieties in his fruit cage. (S)

8.00 **Gardeners' World** New edition Monty Don adds a dash of Mediterranean flair and flavour by planting lemons in pots, Sue Kent sows tender crops, while garden designer Rosemary Alexander showcases her private plot. (S)

9.00 **Great British Menu: Banquet Special** Series finale The chefs cook a banquet for the big names of the British film industry in Liverpool to decide which of them will be voted 2026's champion of champions. (S)(AD)

10.00 **Live at the Apollo** Kerry Godliman introduces stand-up sets by Suzi Ruffell and Loyiso Gola at London's Hammersmith Apollo. (S)(R)
10.30 **Newsnight** (S)
11.05 **FILM Don't Look Now** Thriller set in Venice, starring Julie Christie and Donald Sutherland. A bereaved couple believe they are being haunted by their dead daughter. (S) (AD) (1973, 15, 105min) ★★★★★
12.50 AM **Snooker: World Championship Extra** (S)
2.50 **Sign Zone: Panorama** (S)(R)
3.20 **Sign Zone: Great British Menu – Banquet Special** (S)(R)(AD)
4.20 **Sign Zone: Global Eye** (S)(R)
4.50 **to 6.00** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** (S)
10.00 **This Morning** (S)
12.30 PM **ITV News** (S)
12.55 **Local News** (S)
1.00 **Celebrity Catchphrase** Stephen Mulhern hosts a charity edition of the game show, with guests Mel Blatt, Michelle Visage and Seann Walsh. (S)(R)(AD)
2.00 **Dickinson's Real Deal** David Dickinson and his team visit Solihull in the West Midlands. (S)(R)
3.00 **Lingo** Word-based quiz show hosted by Adil Ray. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.25 **Party Election Broadcast** (S)
6.30 **ITV News** (S)

11.20 **Skyscraper**

7.30 **I'm a Celebrity... South Africa Live Final** New edition 15/16. Ant and Dec present as the final four campmates battle it out for the win, with all of them having to take on an individual trial that will push them to their limits for a final meal. At the end of this edition, the final three celebrities pushing for Legend status will be known. (S)(AD)
■ Concludes at 10.00pm

9.00 **NEW SERIES The Neighbourhood** 1/11. Graham Norton hosts this reality entertainment show that sees six households move into a Peak District village, where real life turns into a game show with a cash prize on offer. (S)

10.00 **I'm a Celebrity... South Africa Live Final** Series finale 16/16. The series reaches its climax and one of the final three will not only win the show, but also be crowned an *I'm a Celebrity...* Legend. (S)
10.30 **ITV News** (S)
11.05 **Local News** (S)
11.20 **FILM Skyscraper** Action thriller starring Dwayne Johnson. A security expert must infiltrate a burning skyscraper when his family are trapped inside by criminals. (S) (AD) (2018, 12, 95min) ★★★
12.55 AM **Teleshopping**
3.00 **The Murder Line** 6/6. (S1) (S)(R)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Jason Atherton's Dubai Dishes** (S)(SL)(R)(AD)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.25 AM **Cheers** 20-22/25. (S3) (S)(R)
7.50 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 3-6/25. (S11) (S)(R)(AD)
11.10 **Ramsay's Kitchen Nightmares USA** Brooklyn. (S)(R)
12.05 PM **News** (S)
12.10 **Find It, Fix It, Flog It** (S)(R)(AD)
1.10 **Matt Baker: Travels with Mum & Dad** Matt, Mike and Janice attend the Durham Regatta. (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **A New Life in the Sun: Where Are They Now?** (S)(R)
5.00 **Chateau DIY** New edition Janet and Philip give their tired dining room a regal makeover. (S)(AD)
6.00 **Sun, Sea and Selling Houses** New edition In Alicante, the Rodriguezes help a father and daughter hunt for a property. (S)

9.00 **Gogglebox**

7.00 **News** (S)
7.30 **Unreported World** *Children of the Crossfire:* Paul McNamara reports on a surge in immigration raids in the US state of Minnesota. (S)(AD)

8.00 **Greggs vs McDonald's: The Fast Feud** Dani Dyer explores the rivalry between the British and US fast food chains. Greggs now more outlets in Britain than any other fast-food retailer. (S)(R)(AD)

9.00 **Gogglebox** New edition The armchair critics share their opinions on what they have been watching during the week, with cameras capturing their instant reactions and lively discussions. (S)(AD)

10.00 **First Dates** New edition A magician hopes to conjure up a meaningful connection with an artist, while a 79-year-old gentleman hopes to be a free-spirited 74-year-old widow's perfect leading man. (S)(AD)
11.05 **8 Out of 10 Cats Does Countdown** Roisin Conaty and Phil Wang are up against Joe Wilkinson and Lou Sanders. (S)(R)
12.10 AM **Taskmaster** (S)(R)(AD)
1.05 **FILM Pearl** Horror with Mia Goth. (S) (2022, 15, 105min) ★★★★
2.50 **Travel Man: 48 Hours in Dublin** With Mawaan Rizwan. (S)(R)
3.15 **Four in a Bed** Five editions. (S)(R)
5.30 **to 6.00** AM **Kirstie's House of Craft** (S)(R)

+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 | 105 | 5 | 105 | 105 | 5

5.35 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.45 PM **News** (S)
12.50 **Matt Allwright** (S)
2.00 **Vanessa** Topical discussion. (S)
3.00 **Castle** *Little Girl Lost:* 9/10. Castle and Beckett look into the kidnapping of a young girl. (S)(R)
3.55 **Castle** *A Death in the Family:* 10/10. A plastic surgeon is found dead in his car. (S1) (S)(R)
4.50 **Love Nature** (S)(R)
5.00 **News** (S)
6.00 **Love Nature** New edition Rewilding Coombeshead – a 400-acre site in Devon. (S)
6.05 **Susan Calman's Grand Day Out** The comedian explores the West Yorkshire Valleys. (S)(R)
6.55 **News** (S)

9.00 **Pompeii: The Secret DNA**

7.00 **Springtime on the Farm** Series finale 4/4. Rob and Dave Nicholson head to the Cotswolds to visit Adam Henson as they expand the farm's rare breed line-up. (S)
7.55 **News** (S)

8.00 **Traffic Cops** New edition A high-speed pursuit ends with a crash and an officer facing an internal investigation after the driver of the runaway car admits he was high on ketamine during the chase. (S)

9.00 **NEW Pompeii: The Secret DNA** Documentary offering a new portrayal of an ancient city seen as a symbol of Roman sophistication – revealing a deeply divided society marked by extreme inequality, violence and unrest. (S)

10.55 **Piers Morgan: Uncensored** Opinion-led news and debate show, blending journalism, discussion and cultural commentary. (S)

12.55 AM **Entertainment News** (S)
1.00 **Teleshopping** (S)(R)
2.00 **Aldi vs Lidl: Which Tastes Better?** A comparison of the supermarkets' products. (S)(R)
2.50 **GAIL's: Inside Britain's Poshest Bakery** (S)(R)
3.40 **Friends** (S5) (S)(R)(AD)
4.25 **Entertainment News** (S)
4.35 **Paul Martin's Antiques Showdown** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 | 305 | 38 | 128 | 253

SKY ONE

106 106 | 109 | 346 | 361

6.00 AM **Mornings with Jones and Melbourne**
8.00 **Stargate SG-1** (S2) (S)(R)
9.00 **Magnum P.I.** (S5) (S)(R)(AD)
10.00 **Will & Grace** (S4) (S)(R)(AD)
11.00 **The Simpsons** (S)(R)
12.00 NOON **Gladiators** (S)(R)(AD)
1.00 PM **Hawaii Five-0** (S2) (S)(R)
2.00 **Magnum P.I.** (S5) (S)(R)(AD)
3.00 **S.W.A.T.** 20/23. (S2) (S)(R)(AD)
4.00 **Police 24/7** (S)(R)
5.00 **The Simpsons** *Donnie Fatso:* Homer takes part in an FBI operation against Fat Tony. (S)(R)
5.30 *Loan-a-Lisa:* Grampa decides to give each member of the family $50. (S)(R)
6.00 **The Office (US)** 6/26. The staff hold a costume contest. (S)(R)
6.30 7/26. The day of Cecelia's christening arrives. (S7) (S)(R)

10.00 **Tom Davis: Underdog**

7.00 **The Simpsons** *Love Is a Many Strangled Thing:* Homer decides to enrol on a fathering enrichment course. (S)(R)
7.30 *The Great Simpsina:* Marge becomes obsessed with peach desserts. (S)(R)

8.00 **An Idiot Abroad** 7/8. Reluctant explorer Karl Pilkington visits Peru, where he fails to impress a local tribe with his hunting skills and takes in the ancient Inca city of Machu Picchu. (S)(R)

9.00 **Never Mind the Buzzcocks** Guests Alex James, Julian Clary and Sister Bliss join host Greg Davies and regulars Noel Fielding and Jamali Maddix, with Mel B standing in as captain for a 1990s special. (S)(R)(AD)

10.00 **Tom Davis: Underdog** A stand-up performance by the comedian in front of a live audience, covering topics such as leaving school with no qualifications and the tricky road to fatherhood. (S)(R)

11.15 **Intelligence** 2/6. A member of the team is exposed as a CySec mole, but is actually working as a triple agent for Christine. (S2) (S)(R)(AD)
11.45 **Grimm** 22/22. Renard and Baron Samedi unleash a horde of zombies. (S2) (S)(R)
12.40 AM **Police 24/7** (S)(R)
1.35 **The Force: North East** (S)(R)
2.30 **Road Wars** (S)(R)
3.00 **Hawaii Five-0** 18/23. (S2) (S)(R)
4.00 **S.W.A.T.** 20/23. (S2) (S)(R)(AD)
5.00 **to 6.00** AM **Highway Patrol** (R)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
7.30-8.00pm Landward (S)(R) **11.25** A View from the Terrace (S)(R) **12.10am FILM PREMIERE** Chaos Walking (S) (2020, 12, 100min) ★★ **1.50** Weather for the Week Ahead (S) **1.55-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
No variations

WALES
Sky 965, Virgin 864, Freesat 965
7.30-8.00pm Flaming Feasts New edition (S)

BBC2

N. IRELAND
Sky 969, Freesat 969
No variations

WALES
Sky 968, Freesat 968
No variations

ITV1

As main ITV1 except:

WALES
7.00-7.30pm Coast & Country New edition (S)

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Cysgu O Gwmpas (AD) **12.30** Heno **1.00** Bethesda: Pobol y Chwarel (AD) **1.30** Cegin Bryn: Y Dosbarth Meistr **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Noson Lawen **4.00** Awr Fawr **5.00** Stwnsh **6.00** Garddio a Mwy **6.30 LIVE** Clwb Rygbi New edition **9.00** Newyddion a'r Tywydd **9.35** Y Llais **11.15pm-12.20am** Eryri: Pobol y Parc

TV&Satellite week
New issue on sale now

BBC3

115/117/121 118 | 107/113 | 23 | 107 | 107 | 10

7.00 PM **The Catch Up**
7.05 **Deadly 60** Steve Backshall heads to Borneo, where he meets baby orangutans.
7.30 **FILM Despicable Me** Animated comedy with the voices of Steve Carell and Jason Segel. A criminal mastermind adopts three young girls as part of his plan to steal the moon. (2010, U, 94min) ★★★★
9.00 **Death in Paradise** *Murder Most Electric:* 4/8. The discovery of an electrocuted body leads to a hidden world of data mining. (S13)
10.00 **Death Valley** 1/6. The first episode of the light-hearted drama starring Timothy Spall and Gwyneth Keyworth. **10.50** 2/6. A walker is found dead on a trail. (S1)
11.35 **Smoggie Queens**
12.35 AM **Glue** Animated sketches.
12.50 **Stacey Dooley: Rape on Trial** 1&2/2. Double bill.
2.30 **Stacey Dooley: Growing Up Gypsy**
3.15 **to 4.00** AM **Stacey Dooley: Meet the Shoplifters**

BBC4

116 119 | 107/108 | 9/24 | 106 | 108 | 11

7.00 PM **LIVE Snooker: World Championship** Hazel Irvine introduces coverage of the evening session on day seven from the Crucible Theatre in Sheffield, featuring the of conclusion of a second-round match and the second session of another.
10.00 **TOTP: 1987** Featuring Five Star, The Smiths, Kim Wilde & Junior, Judy Boucher, Starship, Tom Jones, Glenn & Chris and Madonna.
10.30 **TOTP: 1990** Performances by artists including Sonia, The Quireboys, Adamski, The Blues Brothers, Alannah Myles and Faith No More.
11.00 **Roy Orbison at the BBC** A selection of performances from the BBC archives by the singer-songwriter.
11.35 **Roy Orbison and Friends: A Black and White Night**
12.35 AM **Roy Sings Orbison**
1.05 **TOTP: 1987** As 10.00pm.
1.35 **TOTP: 1990** As 10.30pm.
2.05 **to 2.40** AM **Roy Orbison at the BBC**

MORE4

136/137 127 | 147 | 18 | 124 | 15

8.55 AM **Find It, Fix It, Flog It**
10.55 **Four in a Bed**
1.35 PM **Come Dine with Me**
4.15 **Four in a Bed** The contest gets under way at the Golf House on the Isle of Wight. **4.50** The competition moves to St John's Wood, north-west London. **5.20** The third visit is to The Bunkroom hostel in Chester. **5.50** The fourth and final visit of the week is to The B&B in Blackpool. **6.20** Payment Day arrives.
6.50 **Location, Location, Location** Kirstie Allsopp and Phil Spencer help Priti and Shakti find their first family home while staying close to London.
7.55 **Kirstie and Phil's Love It or List It** The duo help Gloria and Tom in Lancing, West Sussex.
9.00 **Blanca** Series finale *Returning Home:* 6/6. Blanca gets an anonymous phone call where all that can be heard is the sound of running water. The next morning, Carmine Russo is found dead. Subtitled. (S1)
11.15 **24 Hours in A&E**
1.20 AM **Emergency Helicopter Medics**
2.20 **24 Hours in A&E**
3.25 **to 3.55** AM **Food Unwrapped**

E4

135/136 126 | 106 | 13 | 122 | 13

6.00 AM **Modern Family**
6.55 **Rude(ish) Tube Shorts**
7.00 **Ramsay's Kitchen...**
8.00 **The Goldbergs**
9.00 **Modern Family**
10.00 **The Simpsons**
11.30 **First Dates**
12.30 PM **Ramsay's Kitchen Nightmares USA**
1.30 **The Simpsons**
2.30 **Modern Family**
3.30 **The Simpsons** Triple bill.
5.00 **America's Next Top Model: All-Stars**
6.00 **The Simpsons** *Treehouse of Horror Presents: Simpsons Wicked This Way Comes:* **6.30** *Convenience Airways.* **7.00** *My Octopus and a Teacher:* Lisa goes underwater and befriends an octopus. **7.30** *Today I Am a Clown:* Homer hosts a talk show.
8.00 **First Dates** Dog-loving electrician Ross connects with single mother and dog groomer Brenna.
9.00 **FILM Rocketman** Biopic starring Taron Egerton. (2019, 15, 121 min) ★★★★
11.25 **Naked Attraction**
1.35 AM **Gogglebox**
2.35 **America's Next Top Model: All-Stars**
3.25 **The Simpsons**
3.50 **The Goldbergs**
4.40 **to 6.00** AM **Don't Tell the Bride**

Friday

primetime

FRIDAY Entertainment

Friday

Sky Witness

107 107 110 341 356

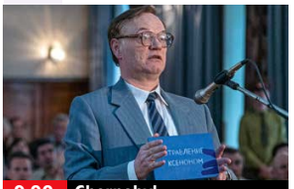
6.00 AM **Bondi Rescue**
7.00 **Border Patrol**
8.00 **Stop, Search, Seize**
9.00 **Brit Cops: Rapid Response**
10.00 **A1: Britain's Longest Road**
11.00 **FBI** 10&11/19. (S2)
1.00 PM **The Rookie** 20/22. Officer Bradford's ex-wife needs help. **2.00** 21/22. Officer Chen goes undercover to infiltrate a firearm operation. (S5)
3.00 **Law & Order: Criminal Intent** 14/23. The auction of a book leads to murder. (S4)
4.00 **Nothing to Declare**

9.00 Chicago Fire

Sky Atlantic

108/109 108/109 111 342 357

6.00 AM **Richard E Grant's Hotel Secrets** Double bill.
8.00 **Homicide: Life on the Street**
10.00 **Deadwood** 2&3/12. (S3)
12.10 PM **Billions** 3&4/12. (S3)
2.20 **My Brilliant Friend** 6/8. (S2)
3.30 **Hacks** 9/10. Deborah and Ava are embroiled in controversy. **4.10** 10/10. Comedy drama starring Jean Smart. (S4)
4.45 **Billions** 3/12. Chuck faces a dilemma when he is given a perverse directive. **5.50** 4/12. Axe explores venture philanthropy. (S3)



9.00 Chernobyl

ITV2

118 122 115 6 113 6

6.00 AM **Highlights**
7.45 **Buying the View**
8.10 **Georgia and Tommy**
9.10 **The Only Way Is Essex**
10.10 **Real Housewives of Atlanta**
11.05 **Real Housewives of New...**
12.00 NOON **Limitless Win**
1.05 PM **I'm a Celebrity... South...**
2.20 **Catchphrase** Game show.
3.05 **The Only Way Is Essex**
4.05 **Real Housewives of Atlanta**
5.00 **Real Housewives of New Jersey** Reality series.
6.00 **I'm a Celebrity... South Africa**

9.00 The Neighbourhood

ITV3

119 123 117 10 115 7

6.00 AM **Never the Twain**
6.35 **On the Buses**
7.05 **Classic Emmerdale**
8.05 **Classic Coronation Street**
9.35 **Lewis** *Generation of Vipers.*
11.35 **Heartbeat** Double bill.
1.45 PM **Midsomer Murders** *Death and Dust:* A doctor is killed by a hit-and-run driver. Guest stars Stephanie Cole.
3.50 **Classic Emmerdale**
4.50 **Classic Coronation Street**
5.50 **Heartbeat** *Thief in the Night:* There is a spate of petrol thefts in Aidensfield.

8.00 Doc Martin

ITV4

120 124 118 26 117 21

6.00 AM **Magnum, PI**
7.00 **Kojak**
8.05 **The Saint**
9.10 **Boon**
10.20 **The Sweeney**
11.25 **BattleBots**
12.25 PM **Magnum, PI**
1.30 **LIVE Racing** Coverage from Sandown Park and Perth.
4.00 **Boon**
5.05 **The Sweeney**
6.05 **River Monsters** Jeremy Wade returns to Australia's deadly Fitzroy River to investigate one of the world's rarest fish.

4.00 Boon

7 PM

7.00 Police 24/7 A vehicle pursuit quickly turns to a rescue, and a driver gets caught with prescription drugs that aren't hers.

6.55 The Last of Us *Look for the Light:* 9/9. A flashback reveals a woman placing her trust in a lifelong friend. (S1)

7.15 Catchphrase Contestants try to guess the familiar phrases hidden in animated clues for a chance to win £50,000.

6.55 Heartbeat *Domestic:* Nick struggles with parental responsibility alone, while coming to terms with Kate's death.

6.35 British Touring Car Championship Highlights Action from the opening weekend of the season at Donington Park.

8 PM

8.00 Caught on Dashcam Road disasters captured on video by drivers' dashboard cameras.

7.55 The Last of Us *Future Days:* 1/7. Five years on, Joel tries to mend his relationship with Ellie, who makes a discovery. (S2)

8.00 The 1% Club Quiz show hosted by Lee Mack in which the questions are all based around logic and common sense.

8.00 Doc Martin *Dry Your Tears:* 2/8. The GP delivers the eulogy at his aunt Joan's funeral and speaks to her sister Ruth.

8.05 Ice Road Truckers A spin-out at Ice Cut has consequences for Ray Veilleux, while Lisa Kelly tackles a dangerous haul.

9 PM

9.00 Chicago Fire *Red Flag:* 7/13. Severide discovers a hidden stash of money, and Violet clashes with her new partner. (S12)

9.00 Chernobyl *Vichnaya Pamyat:* 5/5. Legasov, Shcherbina and Khomyuk risk everything to expose the truth. (S1)

9.00 NEW SERIES The Neighbourhood 1/11. Graham Norton hosts as households compete in a street-sized reality game..

9.00 Doc Martin *Boho with a Shotgun:* 3/8. Ruth tries to deal with an intruder who has stolen the hub caps from her car. (S5)

9.00 Ice Road Truckers Alex Debogorski faces some tough questions from the police when a truck smashes into a tree.

10 PM

10.00 Fire Country *False Promises:* 15/22. A huge tree falls during a reforestation assignment, threatening Eve's life. (S1)
11.00 **The Rookie** 11/20. (S1)
12.00 M'T **FBI** 20&21/22. (S1)
2.00 AM **FBI: International** 13/21. A couple flee to Albania. (S1)
3.00 **Blue Bloods** 13/20. (S12)
4.00 **Highway Patrol**
5.00 **to 6.00** AM **Brit Cops: Law & Disorder**

10.15 Hacks New episode 3/10. Comedy drama starring Jean Smart as a Las Vegas comedian. (S5)
10.55 **The Last of Us** 8/9. Ellie encounters a vengeful group of survivors. (S1)
11.55 **The Last of Us** Double bill of the drama. (S1&2)
2.05 **Homicide: Life on the Street** 15&16/20. Double bill. (S3)
4.05 **to 6.00** AM **Urban Secrets**

10.00 Family Guy 20/20. Meg returns from Russia. (S21)
10.30 I'm a Celebrity... Unpacked Live New edition A chat with the 2026 winner.
11.35 **Family Guy** 14/20. Meg joins a basketball team. (S21)
12.05 AM **American Dad!** (S12)
1.00 **Bob's Burgers** (S12)
1.55 **Deep Fake Neighbour Wars**
2.25 **to 3.00** AM **Unwind with ITV**

10.00 DCI Banks *Cold Is the Grave – Part One:* The detective reluctantly searches for Rydell's missing daughter.
11.00 **DCI Banks** *Cold Is the Grave – Part Two:* Surveillance establishes a link between the murders of Charles McKay and Barry Clough.
11.50 **Lewis** *Generation of Vipers.*
1.45 AM **On the Buses**
2.15 **to 2.30** AM **Unwind with ITV**

10.00 Wrestling: AEW Dynamite Action from the world of All Elite Wrestling, featuring Jon Moxley and Claudio Castagnoli.
12.05 AM **Dark Side of the Ring** A profile of The Dynamite Kid.
1.00 **Minder** *Fatal Impression:* Arthur becomes involved with a gambler who promptly dies.
1.55 **Two and a Half Men** (S1)
2.45 **Unwind with ITV**
3.30 **to 4.00** AM **Auto Mundial**

+1 hour 207 310 | +1 hour 208/209 | +1 hour 218 315 29 114 254 | +1 hour 219 317 116 | +1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **LIVE Sportscene: Championship Football** St Johnstone v Raith Rovers: All the action from the second-tier match at McDiarmid Park. Kick-off is at 7.45.
10.00 **Still Game** *Local Hero:* 1/6. Winston comes to Isa's rescue when she is mugged, little realising that his heroic deed is being filmed. (S9)
10.30 **A View from the Terrace** New edition Craig G Telfer presents a sideways look at Scottish football.
11.15 **Two Doors Down** *Fish Friday:* 4/6. Ian and Gordon take Beth out to for lunch to celebrate her birthday. (S3)
11.45 PM **to 12.00** M'T **Growing Up Scottish** A discussion on food.

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace** (S7)
9.00 **Avenue 5** 1&2/9. (S1)
10.15 **Based on a True Story**
11.30 **Bloods** 9&10/10. (S2)
12.30 PM **Will & Grace** (S9)
1.30 **Avenue 5** 1&2/9. (S1)
2.45 **Based on a True Story**
4.00 **Breeders** 5&6/10. (S4)
5.00 **Community** (S5)
6.00 **Will & Grace** (S9)
7.00 **The Office (US)** (S7)
8.00 **Community** 7/13. Abed tries to bond with Professor Hickey. **8.30** 8/13. The students are asked to test out a new social networking application. (S5)
9.00 **Rose Matafeo: On and On and On** Stand-up.
10.15 **The Comeback** *Valerie Lights a Candle:* 5/8. Valerie does all she can to save the day and keep her show afloat. (S3)
10.55 **Breeders** 5&6/10. (S4)
11.55 **Community** (S5)
12.55 AM **Avenue 5** (S1)
2.55 **to 5.00** AM **Sort Of**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **Jacqueline du Pré: Genius and Tragedy**
7.55 **Artist of the Year: Masterclass** Double bill.
8.55 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.10 **Discovering**
12.10 PM **André Rieu: King's Ball** An insight.
1.10 **Tales of the Unexpected**
1.45 **FILM A Hole in the Head** Musical. (1959, U) ★★
4.00 **Discovering**
5.00 **Portrait Artist 2014**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Guy Garvey: From the Vaults** With Squeeze.
9.00 **Strange Journey: Rocky Horror Picture Show**
10.55 **FILM Midnight Movies: From the Margin to the Mainstream** (2005, 18) ★★★★
12.50 AM **Johnson & Knopfler's Legends**
1.50 **Isle of Wight Festival**
3.50 **to 6.00** AM **Highlights**

Sky Mix

151 158 156 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: Canada's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: America's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Star Trek: Deep Space Nine** 4/26. (S3)
5.00 **Stargate SG-1** (S5)
6.00 **Stargate Atlantis** (S1)
7.00 **Star Trek: The Next Generation** 6/22. (S2)
8.00 **Nothing to Declare**
9.00 **Chernobyl** *Vichnaya Pamyat:* 5/5. (S1)
10.20 **Forensics: Catching the Killer** The murder of teenager Naomi Smith.
11.20 **Star Trek: Enterprise**
12.25 AM **Warehouse 13** (S1)
1.30 **The Force: North East**
2.30 **Brit Cops: War on Crime**
3.30 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Triple bill.
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** A team of five podcast-producing friends take part.
3.00 **Ant & Dec's Limitless Win** A father-and-daughter duo take on the challenge.
4.00 **Riddiculous** Quiz show hosted by Ranvir Singh.
5.00 **Deal or No Deal** Stephen Mulhern hosts as Jason tries to open the 22 red boxes in the right order, taking on the Banker for the chance to win life-changing cash.
6.00 **Lingo** Triple bill of the word-based quiz show hosted by Adil Ray.
9.00 **The Floor** The 49 remaining contestants fight for more squares.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.55 AM **Tenable** Quiz show.
1.50 **to 2.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **George Clarke's Old House, New Home**
10.00 **Matt Baker: Travels with Mum & Dad**
11.00 **A New Life in the Sun: Where Are They Now?**
12.00 NOON **Sun, Sea and Selling Houses**
1.00 PM **A Place in the Sun**
3.00 **Chateau DIY**
4.00 **Kirstie and Phil's Love It or List It: Brilliant Builds**
4.30 **Come Dine with Me**
7.00 **George Clarke's Amazing Spaces**
7.50 **The Great Celebrity Bake Off for Stand Up to Cancer** With Chris and Rosie Ramsey.
9.00 **24 Hours in A&E**
10.00 **Emergency Helicopter Medics** A woman is trampled by a foal.
11.05 **Gogglebox** Double bill.
1.05 AM **First Dates**
2.10 **Naked Attraction**
3.10 **Open House: The Great Sex Experiment**
4.00 **to 5.00** AM **Taskmaster**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 21/26. (S7)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Star Trek: Deep Space Nine** 22/26. (S7)
2.00 **Warehouse 13** 16&17/20. (S4)
4.00 **Stargate SG-1** 18/22. (S4)
5.00 **Star Trek: Voyager** 24/26. Kes mysteriously disappears. (S3)
6.00 **Star Trek: The Next Generation** 21/26. Worf's son Alexander learns about his role as a warrior. (S7)

7.00 Star Trek: Deep Space Nine

7.00 **Star Trek: Deep Space Nine** *Tacking into the Wind:* 22/26. Bashir and O'Brien play a risky game with Section 31. (S7)

8.00 **Stargate SG-1** *The Light:* 18/22. The team are transfixed by a beautiful device encountered on another planet. (S4)

9.00 **From** *Into the Woods:* 9/10. Boyd travels deeper into the forest than ever before, encountering new and terrifying mysteries.

10.00 **From** *Oh, the Places We'll Go:* 10/10. Jim's radio tower yields consequences that rock him to his very core. (S1)
11.00 **Grimm** 19/22. Nick look into a series of attacks on cattle. (S2)
12.00 M'T **The Walking Dead** 4/16. Lives are placed in jeopardy when Rick's survivors become separated. (S3)
1.00 AM **Warehouse 13** (S4)
3.00 **The Walking Dead** (S3)
4.00 **From** 5/10. (S1)
5.00 **to 6.00** AM **The Swarm**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S17)
9.00 **Father Brown** As 7.00pm.
10.00 **The Mentalist** As 4.00pm.
11.00 **Hudson & Rex** As 5.00pm.
12.00 NOON **My Life Is Murder**
1.00 PM **Death in Paradise** (S3)
2.00 **Murdoch Mysteries** (S17)
4.00 **The Mentalist** 12/23. Guest stars Sharon Lawrence. (S2)
5.00 **Hudson & Rex** 8/16. A tech engineer is found dead in her company's self-driving car. (S2)
6.00 **My Life Is Murder** 3/8. A real-estate agent is found dead at an open home. (S4)

10.00 Allegiance

7.00 **Father Brown** *The Honourable Thief:* After Lady Felicia's home comes under threat, Father Brown seeks help.

8.00 **Death in Paradise** *The Wrong Man:* 2/8. A zombie movie being filmed on the island ends in real-life horror. (S3)

9.00 **Death in Paradise** *Political Suicide:* 5/8. Humphrey investigates the shooting of the commerce minister. (S3)

10.00 **Allegiance** *Running on Empty:* 3/10. Sabrina joins an investigation into an international car theft ring. (S1)
11.00 **Father Brown** As 7.00pm.
12.00 M'T **Death in Paradise** (S3)
1.00 AM **My Life Is Murder** (S4)
2.00 **Murdoch Mysteries** 10/24. Murdoch looks into the death of a company owner. (S4)
2.50 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.30 AM **Highlights**
8.40 **The Green Green Grass**
9.20 **Are You Being Served?**
10.00 **Last of the Summer Wine**
11.20 **Ever Decreasing Circles**
12.00 NOON **Open All Hours**
12.40 PM **Keeping Up Appearances**
1.20 **Dad's Army** Double bill.
2.40 **Are You Being Served?**
3.20 **Still Open All Hours**
4.00 **Open All Hours**
4.40 **Dad's Army: Lost Episodes**
5.20 **Last of the Summer Wine**
6.40 **Keeping Up Appearances**

8.00 Still Open All Hours

7.20 **Dad's Army** The platoon members decide to boost their defences and procure an armoured car.

8.00 **Still Open All Hours** Cyril and Eric seek some advice on how to impress their wives.
8.40 **Open All Hours** Arkwright decides to make his own product.
9.20 **Not Going Out** Lee lets out Lucy's flat to a film director for £500.

10.00 **Not Going Out** Lee and Tim attempt to befriend a gay couple.
10.40 **Still Open All Hours** As shown at 8.00pm.
11.20 **Open All Hours** As 8.40pm.
12.00 M'T **Men Behaving Badly** Tony feels depressed due to his expanding waistline and Gary's secret stash of cash.
12.40 AM **Not Going Out**
1.20 **Ever Decreasing Circles**
2.00 **to 4.00** AM **Inside No 9**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Pointless** Quiz show.
8.00 **Highland Cops** Double bill.
10.00 **Aussie Road Train Truckers**
11.00 **Rick Stein's Cornwall**
12.00 NOON **Special Ops: To Catch a Criminal** Double bill.
2.00 PM **Speed with Guy Martin: F1 Special** Guy and racing legend David Coulthard compete in the ultimate test of bike against car.
3.00 **Top Gear** Double bill.
5.00 **The Hairy Bikers: Mums Know Best** Special occasions.
6.00 **Rick Stein's Cornwall**

2.00 Speed with Guy Martin: F1

7.00 **Would I Lie to You?** With Mackenzie Crook, Chris Packham, Victoria Coren Mitchell and Rhod Gilbert.
7.40 **Richard Osman's House of Games** With Sindhu Vee and Tom Rosenthal.
8.20 With Ronni Ancona, Nathan Caton, Colin Murray and Sally Phillips.

9.00 **QI XL** Stephen Fry hosts a festive edition from 2013, with Phill Jupitus, Brendan O'Carroll, Jo Brand and Alan Davies.

10.00 **Frankie Boyle's New World Order** Topical show.
10.40 **Have I Got a Bit More News for You** Hosted by actor Stephen Mangan.
11.40 **Mock the Week** Highlights and out-takes from the series.
12.20 AM **Would I Lie to You?**
1.40 **Have I Got a Bit More News for You** As shown at 10.40pm.
2.30 **Frankie Boyle's New World Order** As shown at 10.00pm.
3.05 **to 4.00** AM **Schitt's Creek**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.35 AM **The Bill**
8.30 **Doctors**
9.50 **Classic Holby City**
10.50 **Classic Casualty**
11.55 **The Bill**
12.55 PM **Classic EastEnders**
2.10 **All Creatures Great and Small** Tristan takes a shine to the owner of a shy tortoise.
3.20 **The Doctor Blake Mysteries**
4.20 **Hetty Wainthropp Investigates** 2/9. A concerned mother hires Hetty. (S3)
5.20 **Birds of a Feather**
6.00 **Last of the Summer Wine**

9.00 Happy Valley

7.20 **Last of the Summer Wine** Seymour reveals his latest invention – a purse for men – and Compo agrees to test the product.

8.00 **Father Brown** *The Great Train Robbery:* Lady Felicia and Mrs McCarthy are taken hostage when a train robbery goes awry.

9.00 **Happy Valley** 2/6. Catherine comes face to face with Tommy, while John's panic over Vicky's threat spills out into his home life. (S2)
10.20 **New Tricks** *Meat Is Murder:* A murder at Smithfield Market leads to a shocking revelation.
11.40 **Dalziel & Pascoe** *The Wood Beyond:* Wield and Dalziel investigate a raid by animal rights activists on a pharmaceutical company.
1.40 AM **Hetty Wainthropp Investigates** As 4.20pm.
2.35 **to 4.00** AM **Harry Wild**

+1 hour 243 316 60 260

7 PM
8 PM
9 PM
10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** (S10&11)
12.00 NOON **Law & Order**
5.00 PM **NCIS** *Monsters and Men:* 14/24. A port authority officer is killed.
6.00 *Bulletproof:* 15/24. The team uncover faulty bulletproof vests in an abandoned truck.
7.00 *Dressed to Kill:* 16/24. DiNozzo confronts an impersonator.
8.00 *Rock and a Hard Place:* 17/24. A bomb detonates at a military charity concert. (S11)
9.00 **Bull** *The Necklace:* 1/23. First episode of the legal comedy drama starring Michael Weatherly as a jury consultant. (S1)
10.00 **Law & Order: Special Victims Unit** (S6&5)
1.50 AM **Law & Order: Criminal Intent** (S7)
2.40 **NCIS: Los Angeles** (S4)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Filthy Britain SOS**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Shoplifters & Scammers: At War with the Law**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **999: Critical Condition** A 52-year-old is rushed in after a head-on collision with a bus.
10.00 **999: Emergency Call Out** A paramedic and a special sergeant respond to two calls.
11.00 **Surgeons: A Matter of Life or Death**
12.35 AM **Skin A&E**
1.35 **Nightmare Tenants, Slum Landlords**
3.10 **to 4.00** AM **Police Interceptors**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Winter Road Rescue**
9.35 **Police Interceptors**
11.35 **FILM The Quick Gun** Western drama. (1964, PG, 87min) ★★
1.25 PM **FILM North to Alaska** Adventure starring John Wayne. (1960, U, 122min) ★★★
4.00 **Trucking Heavy**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
8.00 **Motorway Cops: Catching Britain's Speeders** An officer chases two suspects.
9.00 **Police: Night Shift 999** Two officers are called to a suspected fight.
10.00 **Cops** A teenager tries running from the police.
10.30 Police deploy spike strips to put an end to a vehicle pursuit.
11.00 **The X-Files** 11/25. (S2)
12.00 M'T **Scam City**
1.00 AM **Outback Truckers**
2.00 **Trucking Hell**
3.55 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **Pete Wicks: For Dogs' Sake**
7.00 **Tipping Point**
10.00 **DIY SOS: The Big Build**
1.00 PM **Tipping Point**
4.00 **The Supervet**
6.00 **DIY SOS: The Big Build**
8.00 **Inside the Ambulance: Coast and Country** In Oxford, a 14-year-old boy suffers multiple fractures from a football tackle gone wrong.
9.00 **999 Rescue Squad** A major fire breaks out in a haulage depot.
10.00 A skier falls over on a steep slope and suffers a suspected brain injury in Wakefield.
11.00 **Gavin & Stacey** Triple bill of the sitcom.
1.00 AM **Selena and Yolanda: The Secrets Between Them**
1.45 **to 3.00** AM **Deepfake Porn: Could You Be Next?**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great Continental Railway Journeys**
8.00 **Bangers & Cash: Restoring Classics**
10.00 **The World at War**
11.00 **Nazi Hunters**
12.00 NOON **Antiques Roadshow** Double bill.
2.00 PM **Bangers & Cash**
4.00 **The World at War**
5.00 **Nazi Hunters**
6.00 **Planet Earth II**
8.00 **Porridge** Mackay takes a well-earned holiday.
8.40 Fletcher yearns for peace and quiet.
9.20 Blanco entrusts the whereabouts of his fortune to Fletch.
10.00 **Bangers & Cash** The Mathewsons sell a large collection of tractors.
11.00 A Cold War Soviet classic goes under the hammer.
12.00 M'T **Flipping Bangers**
1.00 AM **Find It, Fix It, Flog It**
2.00 **to 3.00** AM **Trawlermen**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** From Cornwall.
7.00 **Teleshopping**
8.00 **Escape to the Country**
9.00 **Salvage Hunters**
12.00 NOON **Antiques Road Trip** Double bill.
2.00 PM **The Repair Shop**
3.00 **The Yorkshire Auction House** A collection of thousands of comics.
4.00 **Long Lost Family**
6.00 **Celebrity Yorkshire Auction House**
8.00 **Antiques Road Trip**
9.00 **Rock the Block** New edition The teams tackle their main suites.
10.00 **Home Town** New edition After completing a home renovation, a couple enlist Ben and Erin to help finish their backyard.
11.00 **Celebrity Help! My House Is Haunted**
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

FRIDAY Entertainment

Friday

Great! TV

157 167 170 34 32

8.10 AM **Highway to Heaven**
9.20 **Highway to Heaven**
10.20 **Little House on the Prairie** 5&6/26. (S5)
1.00 PM **The Waltons** (S7)
3.00 **Ballykissangel** 2/6. (S1)
4.10 **Down to Earth** (S2)
5.20 **Bramwell** 8/10. (S3)
6.30 **Rumpole of the Bailey**
7.30 **M*A*S*H** 6/25. Klinger takes the flak at work. **8.00** 7/25. A nurse crosses the chaplain. **8.30** 8/25. Klinger offers a Korean girl financial assistance. (S8)
9.00 **FILM Wall Street** Oliver Stone's business drama starring Charlie Sheen, Michael Douglas and Martin Sheen. (1987, 15, 124min) ★★★★
11.40 **The Avengers** 1/24. (S5)
12.40 AM **M*A*S*H** (S8)
2.10 **Rumpole of the Bailey**
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257

Great! Action

323 319 426 42 33

9.10 AM **FILM The Last Days of Frank and Jesse James** Western. (1985, PG, 99min) ★★★★
11.30 **Wanted: Dead or Alive**
12.00 NOON **The High Chaparral** Double bill.
2.00 PM **FILM NYC: Tornado Terror** Disaster movie. (2008, PG, 90min) ★★
4.00 **The Persuaders!**
5.00 **The Avengers** (S6)
7.00 **FILM The Forger** Thriller starring John Travolta. (2014, 15, 92min) ★★
9.00 **FILM Broken Arrow** Crime action thriller starring John Travolta. (1996, 15, 108min) ★★
11.20 **FILM End of a Gun** Crime action thriller. (2016, 15, 87min) ★★
1.15 AM **The Persuaders!**
2.15 **The Avengers** (S6)
3.55 **FILM Panhandle** Western. (1948, b/w, U, 85min) ★★
5.20 **to 6.00** AM **Air Rescue**

+1 hour 324

Great! Mystery

321 318 425 50 48

8.10 AM **FILM Mystery 101: Words Can Kill** Thriller. (2019, PG, 90min) ★★
10.05 **In Plain Sight** 7/13. (S3)
11.05 **Castle** 22/22. (S8)
12.05 PM **FILM Picture Perfect Mysteries: Exit Stage Death** Drama. (2020, PG, 89min) ★★
2.00 **Diagnosis Murder**
4.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 1/10. (S1)
8.00 **Unforgettable** (S3)
9.00 **In Plain Sight** 8/13. (S3)
10.00 **FILM Picture Perfect Mysteries: Newlywed and Dead** Crime drama. (2019, PG, 90min) ★★
11.55 **FILM Hart to Hart: Old Friends Never Die** Thriller. (1993, PG) ★★
1.50 AM **FILM The Daughter Stalker** Crime thriller. (2020, PG, 86min) ★★
3.20 **to 5.00** AM **FILM Amber Alert** Thriller. (2016, PG, 90min) ★★

+1 hour 322

Great! Romance

319 317 424 52 47

8.10 AM **FILM The Best Version of Love** Comedy. (2023, PG, 86min) ★★
10.20 **FILM Caribbean Summer** Comedy. (2022, PG, 84min) ★★
12.25 PM **FILM The Presence of Love** Romantic drama. (2022, PG, 84min) ★★
2.20 **FILM Love and Sunshine** Drama. (2019, PG, 100min) ★★
4.15 **FILM Taking the Reins** Comedy. (2021, PG) ★★
6.05 **FILM Two for the Win** Drama. (2021, PG) ★★
8.00 **FILM One Perfect Match** Comedy. (2023, PG, 87min) ★★
10.00 **FILM The Christmas Chocolatier** Drama. (2024, PG, 82min) ★★
11.50 **FILM Christmas Romance Al Dente** Drama. (2020, PG) ★★
1.55 AM **Highway to Heaven**
3.00 **to 5.00** AM **FILM One Perfect Match** (2023)

+1 hour 320

Together TV

170 136 83 162

11.00 AM **Garden Rescue**
1.00 PM **Love Your Garden**
2.00 **Rick Stein's Food Stories**
2.45 **The Wild Gardener**
3.30 **Garden Rescue**
4.30 **The Greatest Auction**
5.30 **Rick Stein's Food Stories**
6.15 **The Wild Gardener**
7.00 **Love Your Garden** A garden for a Dorset family coping with illness.
8.00 **Garden Rescue** Charlie and Lee create a food-producing garden. **9.00** Creating a garden with themes of India.
10.00 **FILM Let's Get Laid!** Comedy starring Robin Askwith, Anthony Steel and Fiona Richmond. (1977, 18, 90min) ★★
12.00 M'T **FILM Cruel Passion** Drama with Koo Stark. (1977, 18, 99min) ★★
2.00 AM **The Greatest Auction** Property series.
3.00 **My Floating Home**
4.00 **to 5.00** AM **Great British Food**

Rewind TV

182 81 141

6.00 AM **Highlights**
10.00 **Space 1999** 24/24. (S2)
11.05 **Wish Me Luck** (S1)
12.05 PM **Rewind Time Machine** From 1978.
12.10 **The Gaffer** 7/7. (S2)
12.40 **Second Thoughts** (S2)
1.10 **Agony** 2/7. (S3)
1.40 **Rewind Time Machine**
1.45 **The Champions**
2.45 **Space 1999** 24/24. (S2)
3.50 **We Had One of Those**
4.00 **Tracing the Rails**
4.30 **Old Country** (S1)
5.00 **Stereo Underground**
6.00 **The Gaffer** 7/7. (S2)
6.30 **Agony** 2/7. (S3)
7.00 **Second Thoughts** (S2)
7.30 **The Fenn Street Gang**
8.00 **The Champions**
9.00 **Drop the Dead Donkey**
10.00 **FILM Ups and Downs of a Handyman** Comedy. (1976, 18, 100min) ★★
11.50 **FILM A Clock Work Blue** Comedy. (1972, 18) ★★
1.35 AM **Stereo Underground**
2.35 **to 6.00** AM **Highlights**

DMAX

159 151 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Aussie Gold Hunters**
9.00 **Mysteries of the Deep**
10.00 **Deadliest Catch**
12.00 NOON **Treasure Quest: Snake Island**
1.00 PM **Expedition Unknown** Double bill.
3.00 **Alaska: Homestead Rescue** Documentary.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** The winter season strikes the fleet with Storm Elsa. **8.00** Icy blasts threaten to capsize the *Wizard*.
9.00 **Cops UK: Bodycam Squad** A 999 call from a teenager sparks a race against time for Nadiene and volunteer Matt.
10.00 **Street Cops UK**
11.00 **Aussie Gold Hunters**
12.00 M'T **Naked and Afraid**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **James Martin's Great British Adventure**
7.00 **Rick Stein's Fruits of the Sea** Double bill.
8.00 **The Pioneer Woman**
9.00 **Jamie Oliver: Cooking for Less** Cheap dishes.
10.00 **Barefoot Contessa**
11.00 **Great British Bake Off**
1.00 PM **James Martin's Brittany** Four editions.
3.00 **Rick Stein's Fruits of the Sea** Double bill.
4.00 **The Pioneer Woman**
5.00 **Jamie Oliver: Cooking for Less** Cheap dishes.
6.00 **Barefoot Contessa**
7.00 **Great British Bake Off**
9.00 **Mediterranean Feast**
10.00 **Adam Eats Italy**
11.00 **Diners, Drive-Ins and Dives** Reality series.
11.30 **Man v Food**
12.00 M'T **Diners, Drive-Ins and Dives** Double bill.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Cake Boss**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 7/25. (S7)
9.00 **T.J. Hooker** 20/22. (S2)
10.00 **Six Million Dollar Man**
11.00 **FILM Gunsmoke: Return to Dodge** Western. (1989, 15, 90min) ★★
1.00 PM **FILM Slipstream** Sci-fi adventure. (1989, PG, 101 min) ★
3.00 **FILM Impostor** Thriller. (2002, 15, 96min) ★★
5.00 **Star Trek** 16/30. (S1)
6.00 **Six Million Dollar Man**
7.00 **T.J. Hooker** 21/22. (S2)
8.00 **Walker, Texas Ranger**
9.00 **FILM Mr & Mrs Smith** Black comedy thriller starring Brad Pitt. (2004, 15, 120min) ★★★
11.30 **FILM Primal** Thriller starring Nicolas Cage. (2019, 15, 97min) ★★★
1.30 AM **FILM Jiu Jitsu** Sci-fi action thriller. (2020, 15, 102min) ★★
3.30 **to 5.15** AM **FILM Nomads** Horror thriller. (1986, 15, 89min) ★★

Legend Xtra

317 316 171 69 138 51

9.00 AM **FILM Island of Terror** Sci-fi horror. (1966, PG, 90min) ★★★
11.00 **Andromeda** 5/22. (S1)
12.00 NOON **The Gambler: The Adventure Continues**
2.00 PM **FILM Bermuda Tentacles** Sci-fi thriller. (2014, 12, 86min) ★★
4.00 **Walker, Texas Ranger**
5.00 **The Gambler: The Adventure Continues**
7.00 **Andromeda** 6/22. (S1)
8.00 **The Fall Guy** 12/23. (S4)
9.00 **FILM Robin Hood** Action adventure starring Taron Egerton. (2018, 12, 112min) ★★
11.25 **FILM Blood and Money** Thriller with Kristen Hager. (2020, 15, 89min) ★★
1.20 AM **FILM A Reason to Live, A Reason to Die** Spaghetti Western. (1972, PG, 92min) ★★★
3.10 **The Gambler: The Adventure Continues**
5.00 **to 6.00** AM **Andromeda**

+1 hour 318 139

Blaze

156 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Pawn Stars**
7.35 **Storage Wars**
9.20 **Storage Hunters**
10.15 **Strange Evidence**
11.10 **Alien Corridors**
12.10 PM **Curse of Skinwalker Ranch**
1.05 **Pawn Stars**
2.05 **Storage Wars**
4.00 **Ancient Aliens**
5.00 **UFO POV**
6.00 **Storage Hunters**
7.00 **Storage Wars Canada**
8.00 **Dickinson's Real Deal**
9.00 **WWE's Greatest Moments** New editions
10.00 **The UnBelievable**
11.00 **Paranormal: Caught on Camera**
12.00 M'T **My Paranormal Nightmare**
1.00 AM **UFO POV**
2.00 **Ancient Aliens**
3.00 **Strange Evidence**
3.45 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **The Yorkshire Vet**
10.00 **Cruising with Jane McDonald** From New Zealand and Australia.
11.00 **Ben Fogle: New Lives in the Wild** Double bill.
1.00 PM **Murder, She Wrote**
3.00 **Columbo**
5.00 **Around the World by Train with Tony Robinson** Double bill.
6.00 **Abandoned Engineering**
7.00 **Ben Fogle: New Lives in the Wild** Double bill.
9.00 **Taggart** *Forbidden Fruit:* An investigation into a woman's mysterious death prompts Taggart and Jardine to look into dubious goings-on at a fertility clinic.
11.10 **The Most Embarrassing TV Guests** TV mishaps.
1.10 AM **The Yorkshire Vet**
2.10 **Cruising the South Pacific with Jane McDonald** Sydney.
3.10 **to 4.00** AM **Paul Martin's Antiques Showdown**

Challenge

130/131 116/117 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Game show.
10.00 **The Bidding Room**
11.00 **Dickinson's Real Deal**
12.00 NOON **The Crystal Maze**
1.00 PM **Celebrity Catchphrase**
2.00 **The Chase** Quiz show.
3.00 **Pointless Celebrities** Various stars from the sporting world take part in the unorthodox quiz.
4.00 **Classic Who Wants to Be a Millionaire?** Quiz hosted by Chris Tarrant.
5.00 **The Bidding Room**
6.00 **Tenable** Five prison officers compete.
7.00 **The Chase** Triple bill.
10.00 **The Celebrity Chase** With Sally Phillips, Rick Wakeman, Jenny Jones and Alistair McGowan.
11.00 **Bullseye** Double bill of the darts-based quiz.
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **The Chase**
4.00 **to 6.00** AM **Bullseye**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Mike & Molly**
8.30 **Young Sheldon**
10.00 **The Big Bang Theory**
2.00 PM **Mike & Molly**
3.30 **Young Sheldon**
5.00 **The Big Bang Theory** Eight episodes of the sitcom, including at: **8.30** 16/23. Sheldon misses an opportunity to meet Stan Lee. (S3)
9.00 **90 Day Fiancé: Before the 90 Days** New edition Elise spirals over Josh leaving her alone, Lisa meets Daniel's uncle, while Trisha's family pressures Rick.
11.00 **90 Day: The Single Life** New edition After their international relationships fell apart, fan favourites are single and ready for romance.
12.00 M'T **Dr Pimple Popper**
2.00 AM **My 600lb Life**
4.00 **to 6.00** AM **Say Yes to the Dress**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Impractical Jokers: Fantasy Draft**
8.30 **Impractical Jokers: Filming with the Stars**
9.00 **Impractical Jokers: Sideline Smack Talk**
9.30 **Impractical Jokers: Servin' Up Laughs**
10.00 **Everybody Loves Raymond** (S4)
1.00 PM **Friends** (S5&6)
9.00 **Lee Evans: The Ultimate Experience** The funniest routines from 10 years of the comedian's career.
10.45 **Whose Line Is It Anyway? USA**
12.15 AM **8 Out of 10 Cats**
1.55 **Impractical Jokers**
2.25 **Utopia** 1/8. (S2)
2.55 **Rosie Jones Tries to Help** With Ivo Graham.
3.05 **Reno 911!** (S4)
3.30 **Key & Peele**
3.50 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** (S4)
7.00 **Teleshopping**
9.00 **Michael McIntyre's Big...**
10.00 **Whose Line Is It Anyway? USA**
11.00 **Friends** (S9)
1.00 PM **Criminally Funny**
2.30 **Bradley & Barney Walsh: Breaking Dad**
3.30 **Utopia** 5/8. (S1)
4.00 **Michael McIntyre's Big...**
5.00 **Whose Line Is It Anyway? USA**
6.00 **Bradley & Barney Walsh: Breaking Dad**
7.00 **Everybody Loves Raymond** (S4)
9.00 **Michael McIntyre's Big Show** With Colin Cloud.
10.00 **Friends** 2-5/24. (S5)
12.00 M'T **Iain Stirling's Roast the Internet**
1.00 AM **Bradley & Barney Walsh: Breaking Dad**
2.00 **Michael McIntyre's Big...**
3.00 **Whose Line Is It...**
3.45 **to 6.00** AM **Everybody Loves Raymond**

That's TV

171 150 56 164 42

8.00 AM **Highlights**
10.15 **Bread** 3/11. (S7)
10.50 **Steptoe and Son** (S7)
11.25 **Oh, Doctor Beeching!**
12.05 PM **Rising Damp** (S4)
12.35 **Man About the House**
1.00 **Goodnight Sweetheart**
1.35 **When the Boat Comes In** 2/15. (S3)
2.40 **Minder** 6/13. (S8)
3.45 **Just Good Friends** (S3)
4.20 **Man About the House**
4.50 **Some Mothers Do 'Ave 'Em** 1/6. (S3)
5.30 **Birds of a Feather** (S11)
6.00 **That's 60s**
6.10 **Steptoe and Son** (S7)
6.50 **Rising Damp** 7/7. (S3)
7.20 **Whatever Happened to the Likely Lads?** (S1)
7.55 **Minder** 10/11. (S1)
9.00 **Benidorm** 3/7. (S3)
10.00 **Shameless** 7/22. (S8)
10.55 **Man About the House**
11.30 **Rising Damp** 6/6. (S4)
11.55 **Benidorm** 3/7. (S3)
12.55 AM **Minder** 6/10. (S5)
2.00 **to 6.00** AM **Highlights**

MTV

126/127 137 134 351 366

6.00 AM **16 and Pregnant**
7.10 **Teen Mom OG**
8.00 **Teen Mom 2**
9.00 **Teen Mom: Young & Pregnant** Reality series.
10.00 **Catfish: The TV Show**
3.00 PM **Help! I'm in a Secret Relationship!**
5.00 **Dallas Cowboys Cheerleaders**
7.00 **Rich Kids, Skint Holiday**
8.00 **Just Tattoo of Us** Best mates Jack and Grant teach each other lessons with bold tattoos.
9.00 **MTV Unplugged** REM play an acoustic set.
10.00 **Tattoo Fixers** The parlour gets a visit from a man who wants to amend a crude tattoo.
11.00 **Help I Sexted My Boss**
12.00 M'T **Dating Naked UK**
1.00 AM **Black Ink Crew New York** Reality series.
2.00 **Help I Sexted My Boss**
2.45 **Ink Master**
3.35 **to 4.00** AM **Ridiculousness**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Tanked** Double bill.
9.00 **Gold Rush: Parker's Trail**
11.00 **Building Off the Grid**
1.00 PM **Dr Jeff: Rocky Mountain Vet** Double bill of the series.
3.00 **How It's Made** Four editions of the series, including at: **4.00** Making blast doors. **4.30** The creation of carbon fibre and hood ornaments.
5.00 **Alaska: Homestead Rescue** Novice farmsteaders in Iowa are on the verge of losing the legacy of their late father.

10.00 Conspiracies & Coverups

7.00 **Wheeler Dealers** After years of searching, Mike has found the ultimate '80s hot hatch – the Renault 5 GT Turbo.
8.00 **Gold Rush** With new claims and machines, the gold miners of the Yukon put everything on the line to strike it rich.
9.00 **Expedition X** New edition Phil Torres and Heather Amaro investigate Predjama Castle, exploring its cave system for clues.
10.00 **Conspiracies & Coverups** New edition Testing technologies behind storm and weather manipulation conspiracies.
11.00 **Expedition Bigfoot** The team uncover more evidence that Bigfoot is breeding in Northern California.
12.00 M'T **Border Control: Spain**
1.00 AM **Expedition X** As 9.00pm.
2.00 **Conspiracies & Coverups**
3.00 **Gold Divers**
4.00 **to 5.00** AM **Moonshiners**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Fish or Die**
10.00 **Tanked** A feng shui tank.
11.00 **Animal Cops Houston**
1.00 PM **Alaska: Homestead Rescue** Documentary.
2.00 **Pit Bulls & Parolees**
3.00 **The Zoo: San Diego**
5.00 **Lone Star Law** Gould and Hickerson attempt to save an injured pelican.
6.00 **Dr Jeff: Rocky Mountain Vet** Rocky, a young pitbull, fights for his life after being bitten by a rattlesnake.

9.00 Alaska: The Last Frontier

7.00 **Treehouse Masters** The gang gather around the campfire to laugh about the jokes they have played on each other.
8.00 **My Extreme Animal Phobia** Phobia expert Dr Robin Zasio comes to the aid of Katie, who is afraid of spiders.
9.00 **Alaska: The Last Frontier** Atz Lee's return to the Hunter's Cabin is rudely interrupted, and he turns to a veteran for help.
10.00 **Edge of Alaska** Neil prepares to reopen the Motherlode mine, but a new arrival could bring an end to his mining empire.
11.00 **Deadly Islands** Problems encountered during the filming of the series.
12.00 M'T **Alaska: Homestead Rescue** Documentary.
1.00 AM **Speed of Life**
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops Philadelphia**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **WW2: Hell Under the Sea**
9.00 **Best of the World's Destinations** Guizhou.
10.00 **Pacific War Megawrecks: Drain the Oceans**
11.00 **Lost Treasures of Egypt**
12.00 NOON **Construction Fails**
1.00 PM **Car S.O.S**
2.00 **Air Crash Investigation**
3.00 **Chernobyl: Inside the Meltdown** Documentary.
4.00 **Seconds from Disaster**
5.00 **Car S.O.S** An Alfa Romeo.
6.00 **Airport Security: Rome** A DJ is hiding drugs in shower gel.

7.00 Air Crash Investigation

7.00 **Air Crash Investigation** Investigators try to gain access to the site where a Santa Barbara Airlines flight crashed in 2008.
8.00 **Air Crash Investigation** How a pilot saved the day when he lost all engines of the aircraft after flying through a thunderstorm.
9.00 **Air Crash Investigation** Exploring the crash of Arrow Air Flight 1285, a crash that killed 248 American soldiers in 1985.
10.00 **Construction Fails** A look at shocking engineering failures, including footage of an incident in Thailand.
11.00 **Air Crash Investigation** A plane that burst into flames on the runway.
12.00 M'T **Ultimate Airport Dubai**
1.00 AM **To Catch a Smuggler**
2.00 **Bid & Destroy**
2.30 **To Catch a Smuggler**
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Trials of the Wild**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Canadian Pickers**
8.45 **Pawn Stars** Double bill.
10.10 **Storage Wars** Four editions.
12.00 NOON **Hannibal: A March on Rome** Documentary.
1.00 PM **Ancient Aliens: Origins**
3.00 **Hardcore Pawn** Six editions of the series, including at: **5.00** Les tells a woman her gold bracelet is fake. **5.30** Les makes a decision that threatens to backfire.
6.00 **American Pickers** Mike Wolfe visits a time-capsule drugstore in Indiana.

10.00 Ancient Aliens: Origins

7.00 **Forged in Fire** Two previous champions will face off in a five-hour challenge, making a blade inspired by Hollywood.
8.00 **Clash of Ancient Warriors** The Battle of Thermopylae, between the Persian Empire and Greek city-states.
9.00 **Clash of Ancient Warriors** The Battle of Teutoburg Forest, which created the Latin-Germanic divide.
10.00 **Ancient Aliens: Origins** New edition Exploring hidden worlds as myths of gods, giants and cave dwellers emerge.
12.00 M'T **Ultimate Mysteries** Bennington, Bermuda and Bridgewater triangles. **12.55** AM The fate of UFO chaser Captain Mantell. **1.50** Experts investigate whether Betty and Barney Hill were abducted by aliens.
2.50 **Ancient Aliens: Origins**
4.25 **Pawn Stars** Documentary.
5.10 **to 6.00** AM **American Pickers**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **Urban Secrets**
7.00 **Discovering: Jean Harlow**
8.00 **The Directors**
8.55 **The Comedy Store**
10.00 **David Frost Vs**
11.00 **The Nineties**
12.00 NOON **All That Breathes**
2.00 PM **FILM Dogtown and Z-Boys** Documentary. (2001, 15, 91min) ★★★
3.50 **My Icon: Kadeen Corbin**
4.00 **The Directors**
5.00 **Discovering: Jean Harlow**
5.55 **The Comedy Store** 5/5. The impact of Mitzi Shore's death.

7.00 The Essex Murders

7.00 **The Essex Murders: Who Killed Goldfinger?** 1/3. Documentary investigating the 2015 murder of John Palmer.
8.05 **The Essex Murders: Who Killed Goldfinger?** 2/3. The search for John Palmer's killer leads officers to Tenerife.
9.10 **The Essex Murders: Who Killed Goldfinger?** 3/3. A professional hitman is suspected in John Palmer's murder.
10.15 **Chernobyl: The Lost Tapes** Newly discovered archive footage and witness accounts reveal the story behind the 1986 nuclear disaster.
12.15 AM **2000 Meters to Andriivka** A Ukrainian platoon attempt to liberate a village from Russian forces.
2.30 **Pete Doherty: Stranger in My Own Skin** The career of The Libertines co-frontman.
4.30 **PL Legends: Robbie Fowler**
5.00 **to 6.00** AM **Discovering: Jean Harlow**

7 PM
8 PM
9 PM
10 PM

Friday

Quest

140/141 149 128/137 17 145 18

6.00 AM **The Repair Shop**
7.00 **Salvage Hunters: The Restorers**
8.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters**
11.00 **Outback Crystal Hunters** Double bill.
1.00 PM **Wheeler Dealers**
2.00 **Shed and Buried**
3.00 **Shed and Buried: Classic Cars**
4.00 **Find It, Fix It, Flog It**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip**
9.00 **The Repair Shop** Items include a suitcase made out of cardboard that came on the *Windrush*. **10.00** The team restore a silver tea set and a leather desk folder.
11.00 **How Do They Do It?**
1.00 AM **Wheeler Dealers**
3.00 **Shed and Buried**
4.00 **to 5.00** AM **How It's Made**

+1 hr 240/241 328/337 70

Quest Red

149 150 137/346 40 146 34

7.00 AM **Forensic Detectives**
9.00 **FBI Files** Double bill.
11.00 **Judge Rinder's Crime Stories** A drugs bust.
12.00 NOON **Betrayed**
1.00 PM **On the Case with Paula Zahn**
2.00 **Murder on CCTV**
3.00 **A Killer's Mistake**
4.00 **American Monster**
6.00 **Evil Lives Here: Shadows of Death**
7.00 **Judge Rinder's Crime Stories** Julie Archer.
8.00 **Murder on CCTV**
9.00 **NEW SERIES People Magazine Presents: Crimes of the 90s** A look at the 1990 murder of Dianne Hood. **10.00** New edition A sadistic murderer terrorises Dallas in 1991.
11.00 **Murder on CCTV**
12.00 M'T **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1 hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **UK Crime Files: Lady Killer** How the murder of an actor triggered a nationwide manhunt.
8.00 **UK Crime Files: Brighton Trunk Murders** How the bodies of two women are found in cars.
9.00 **New Scotland Yard Files** The connections between two deaths.
10.00 **Murder by the Sea** The case of Herbert Bennett, who strangled his wife with a bootlace.
11.00 **Murder UK**
12.00 M'T **UK Crime Files: Lady Killer**
1.00 AM **UK Crime Files: Brighton Trunk Murders** As 8.00pm.
2.00 **Murder by the Sea**
3.00 **Murder UK**
4.00 **to 6.00** AM **Close Calls: On Camera**

+1 hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **UK Crime Files: Murder in the Family**
9.55 **UK Crime Files: The Road Rage Killer**
11.00 **48 Hours** Alex Pennig.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **UK Crime Files: Murder – Buried Alive**
3.00 **UK Crime Files: Murder – Smoke and Lies**
4.00 **48 Hours** Documentary.
5.00 **Medical Detectives** A house fire kills the only doctor in a small town. **5.30** A 77-year-old on a road trip is attacked by a thief and shot to death. **6.00** A criminally charged sex offender and murderer attacks. **6.30** A massive explosion claims the life of a California farmhand.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Road Wars**
7.00 **Send in the Dogs**
8.00 **Caught Red Handed**
10.00 **Brit Cops: Frontline Crime UK** Documentary.
11.00 **Britain's Most Evil Killers**
12.00 NOON **Killer in My...**
1.00 PM **Catching the Killer**
2.00 **World's Most Evil Killers**
3.00 **Murders That Shocked the Nation**
4.00 **Killing Mum and Dad**
5.00 **Killer in My Village**
6.00 **World's Most Evil Killers**
7.00 **Catching the Killer**
8.00 **Britain's Most Evil Killers**
9.00 **How I Caught the Killer**
10.00 **Monster Preacher**
11.40 **World's Most Evil Killers**
12.45 AM **How I Caught the Killer** Mark Sievers.
1.50 **The Real CSI: Miami**
2.55 **Britain's Most Evil Killers**
4.00 **Brit Cops: Rapid Response** Documentary.
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Grand Tours of...**
8.50 **Wrecks That Changed...**
9.50 **Conquistadors: The Rise and Fall**
10.50 **The Roman Fleet**
12.00 NOON **Hitler's Gold**
1.00 PM **Grand Tours of the Scottish Islands**
1.40 **Wrecks That Changed the World**
2.50 **Conquistadors: The Rise and Fall**
3.50 **The Roman Fleet**
5.00 **Hitler's Gold**
6.00 **The Bush Years: Family, Duty, Power**
6.55 **Wrecks That Changed the World**
7.55 **Conquistadors: The Rise and Fall**
8.55 **NEW The Roman Fleet** Constructing a historical replica of a Roman ship..
10.00 **Hitler's Gold**
11.00 **Conquistadors: The Rise and Fall**
12.00 M'T **The Roman Fleet**
1.10 **to 2.00** AM **Grand Tours of the Scottish Islands**

FRIDAY

Friday

Sky Nature

124/125 113/114 135 354 369

6.00 AM **Undiscovered Vistas**
7.00 **Monkey Life**
8.00 **Great Blue Wild**
9.00 **Wild Dogs: Pack vs Pride**
10.00 **Over Australia**
11.00 **Wildlife Icons**
12.00 NOON **Mysteries of the Mekong** Documentary.
1.00 PM **Monkey Life**
2.00 **Great Blue Wild**
3.00 **Wild Dogs: Pack vs Pride**
4.00 **Over Australia**
5.00 **Wildlife Icons**
6.00 **Mysteries of the Mekong**
7.00 **Monkey Life** Double bill.
8.00 **The Kimberley: Australia's Wild West** Documentary.
9.00 **Wildlife ER**
10.00 **Mysteries of the Mekong**
11.00 **Wildlife Icons**
12.00 M'T **Gangs of Baboon Falls**
1.00 AM **Undiscovered Vistas**
2.00 **The Kimberley: Australia's Wild West** Documentary.
3.00 **Wildlife ER**
4.00 **Great Blue Wild**
5.00 **to 6.00** AM **Wild Dogs: Pack vs Pride**

Crime+Investigation

139/140 142 133

6.00 AM **The First 48**
7.00 **Homicide Hunter**
9.00 **Fugitives Caught on Tape**
9.30 **My Strange Arrest**
10.30 **Court Cam**
11.00 **Cops Who Kill with Will Mellor** Triple bill of editions.
2.00 PM **I Met My Murderer Online**
3.00 **Accident, Suicide or Murder?**
6.00 **On the Case with Paula Zahn**
7.00 **The First 48** Detectives search for the killer of a young mother.
8.00 **I Met My Murderer Online**
9.00 **Fugitives Caught on Tape** New editions Footage of a drunk driver taunting troopers. **9.30** A runaway truck drags along a mobile home.
10.00 **My Strange Arrest**
10.30 **Court Cam**
11.00 **Ozark Law**
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **Interrogation Raw**
2.00 **Homicide Hunter**
3.00 **Imperfect Murder**
5.00 **to 6.00** AM **I Met My Murderer Online**

+1 hour 256 333

U&Eden

166 134/162 176 57 160 71

9.00 AM **Simon Reeve's South America** Documentary.
10.00 **The Lakes with Simon Reeve**
1.00 PM **Simon Reeve's South America** Documentary.
2.00 **The Lakes with Simon Reeve**
5.00 **One Foot in the Grave** 1/6. A hole appears in the garden, causing Victor to fly into a rage. **5.40** 2/6. Margaret collapses with exhaustion and Victor tries to nurse her back to health. **6.20** 3/6. The Meldrews, Mrs Warboys and Nick Swainey spend a day boating. **7.00** 4/6. After the Meldrews return home from a dreary holiday, Margaret considers embarking on an affair. **7.40** 5/6. Victor is told to stay at home while waiting to be called for jury service. **8.20** 6/6. A conjuring trick ends in disaster, while Mrs Warboys becomes convinced her husband is having an affair. (S4)
8.55 PM **to 6.00** AM **One Foot in the Grave**

+1 hour 266 376

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Hell on Earth: WWII**
9.00 **Hitler's Engineers**
10.00 **Hitler's Coup 1923**
11.00 **Ancient Aliens**
1.00 PM **The Abyss: Rise & Fall of the Nazis** Five editions.
6.00 **The Proof Is Out There**
7.00 **Hitler's Engineers**
8.00 **Hitler's Coup 1923** The infamous Beer Hall Putsch, an attempt by Adolf Hitler to take power in Germany by force.
9.00 **Mysteries Unearthed with Danny Trejo** The presenter explores some of the most valuable treasures found in the most unlikely of ways.
10.00 **Holy Marvels with Dennis Quaid** The whereabouts of various sacred artefacts.
11.00 **Ancient Aliens**
1.00 AM **Alien Files Reopened**
2.00 **Cutty Sark: Out of the Ashes**
3.00 **Digging for Britain: WWII Special** A search for artefacts from World War Two.
4.00 **Mysteries from Above**
5.00 **to 6.00** AM **Canadian Pickers**

WILD

165 145 182

8.00 AM **Yukon Vet**
9.00 **Bizarre Animal Friends**
10.00 **World's Weirdest Animal Faces**
11.00 **Python Hunters**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Birth of Europe**
3.00 **Africa's Hunters**
4.00 **Secrets of the Zoo: Tampa**
5.00 **The Incredible Dr Pol**
6.00 **Yukon Vet**
7.00 **Secrets of the Zoo: Tampa** Strawberries prove a useful tool in training an orangutan.
8.00 **Africa's Deadliest** Compilation of highlights from the series.
9.00 **Gorongosa: Paradise Reborn** The story of one of the greatest wildlife restoration efforts in history in Gorongosa National Park in Mozambique.
10.00 **Alaska: The Next Generation**
11.00 **Ice Road Rescue**
12.00 M'T **Savage Kingdom**
1.00 AM **Animal Fight Club**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet**
4.00 **to 5.00** AM **Animal Fight Club**

ID

154 140 166

8.00 AM **The 1990s: The Deadliest Decade** Documentary.
9.00 **Still a Mystery**
11.00 **People Magazine Investigates**
12.00 NOON **Forbidden: Dying for Love** Documentary.
1.00 PM **Still a Mystery**
3.00 **People Magazine Investigates**
4.00 **Forbidden: Dying for Love**
5.00 **On the Case with Paula Zahn**
7.00 **Mean Girl Murders** A group of girls begin lifelong friendships at church camp. Life takes them down different roads but their bond remains – until one of them disappears. **8.00** A Homecoming Queen and a Dairy Princess are murdered in Wisconsin.
9.00 **Feuds Turned Fatal**
10.00 **Portals to Hell**
11.00 **Paranormal Lockdown with Nick Groff** Reported hauntings inside a former infirmary.
12.00 M'T **Kindred Spirits**
2.00 AM **On the Case with Paula Zahn** Double bill of editions.
4.00 **to 6.00** AM **Mean Girl Murders**

+1 hour 254 366

Discovery Science

167 148 179

8.00 AM **How the Universe Works**
11.00 **Extreme Engineering**
1.00 PM **Codes and Conspiracies**
3.00 **How to Survive an Asteroid Strike: An Asteroid Day Special**
4.00 **How the Universe Works**
6.00 **How It's Made**
8.00 **How It's Made: Dream Cars** A look at how a Morgan Aero Coupe is manufactured. **8.30** The Porsche 911.
9.00 **Mummies Unwrapped** Archaeologist Ramy Romany investigates mummified bodies found in the Peruvian jungle. **10.00** The mummified bodies of three Incan children that were discovered in the Andes.
11.00 **Cooper's Treasure** Adventurer Darrell Miklos trues to decode a map created by former astronaut Gordon Cooper. **12.00** M'T Darrell seeks clues from Cooper's past.
1.00 AM **How to Survive an Asteroid Strike: An Asteroid Day Special**
2.00 **How the Universe Works**
4.00 **to 6.00** AM **Cooper's Treasure**

+1 hr 267 379

Discovery History

161/172 147 181

7.00 AM **Expedition Unknown: Hunt for Extraterrestrials**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **How the Universe Works** Experts examine a secret structure in space.
1.00 PM **NASA's Unexplained Files**
2.00 **Aliens in Alaska**
3.00 **Expedition Unknown**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Expedition Unknown: Hunt for Extraterrestrials**
9.00 **Legendary Locations**
10.00 **How Do They Do It?**
11.00 **Salvage Hunters: The Restorers** Upholsterer Craig attempts to restore a Robert Dawes reclining library chair.
12.00 M'T **How the Universe Works**
1.00 AM **Mysteries at the Museum**
3.00 **Expedition X**
4.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

Discovery Turbo

158 146 180

7.00 AM **How Do They Do It?**
8.00 **Motor Pickers**
9.00 **Salvage Hunters: Classic Cars**
10.00 **Shed and Buried: Classic Cars**
11.00 **Richard Hammond's Workshop** Richard's new workshop is finally opened.
12.00 NOON **Roadworthy Rescues**
1.00 PM **Garage Rehab**
2.00 **Ant Anstead Master Mechanic**
3.00 **James May and the Dull Men**
4.00 **Salvage Hunters: Classic Cars**
5.00 **Mike Brewer: Born Dealer**
6.00 **Wheeler Dealers**
7.00 **Shed and Buried: Classic Cars**
8.00 **Mike Brewer: Born Dealer** Mike trades a classic Citroën for an F-Type Jaguar.
9.00 **Roadworthy Rescues** Derek takes on a DeLorean.
10.00 **James May and the Dull Men**
11.00 **Wheeler Dealers**
12.00 M'T **Mike Brewer: Born Dealer**
1.00 AM **Richard Hammond's Workshop** As 11.00am.
2.00 **Iron Resurrection**
3.00 **to 4.00** AM **Wheeler Dealers**

+1 hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

6.00 AM **Flavia** As 5.00am.
7.45 **Blue Moon** Biographical drama. (2025, 15, 100min) ★★★★
9.35 **PREMIERE The Conjuring: Last Rites** As 8.00pm.
11.55 **Regretting You** As 5.50pm.
2.00 PM **The Bad Guys 2** Animation. (2025, PG) ★★★★
4.00 **A Big Bold Beautiful Journey** Romantic drama. (2025, 15, 109min) ★★★
5.50 **Regretting You** Comedy drama. (2025, 12, 116min) ★★★

8.00 The Conjuring: Last Rites

8.00 PREMIERE The Conjuring: Last Rites Mystery drama starring Patrick Wilson and Vera Farmiga. Paranormal investigators Ed and Lorraine Warren take on one last case involving mysterious entities they must confront. (2025, 15, 135min) ★★★ *See review, page 23.* SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 Weapons Horror thriller starring Julia Garner, Josh Brolin and Amy Madigan. All but one child from the same class vanish on the same night. (2025, 18, 128min) ★★★★★ SEX ●●● VIOLENCE ●●● LANG ●●●

12.40 AM **Pillion** Dark comedy. (2025, 18, 107min) ★★★
2.40 **Hostages** Comedy thriller. (2025, 15, 90min) ★★★
4.30 **Sky Cinema Preview**
5.00 **to 6.45** AM **Flavia** Adventure. (2026, PG, 105min) ★★★

Sky Cinema Biopics

303 303 403 503 517

7.45 AM **The Young Messiah**
9.45 **The Death of Stalin** (2017)
11.45 **Save the Cinema** Drama. (2021, 12, 109min) ★★★
1.45 PM **The United States vs. Billie Holiday** Biopic. (2021, 15, 126min) ★★★
4.05 **I, Tonya** Biopic starring Margot Robbie and Allison Janney. (2017, 15, 119min) ★★★★
6.05 **The Colour Room** Period drama with Phoebe Dynevor. (2021, PG, 109min) ★★★★

10.10 Coach Carter

8.00 The Blind Side Fact-based drama starring Sandra Bullock. A wealthy white southerner adopts a homeless black teenager and spurs him on to sporting success. With Tim McGraw and Quinton Aaron. (2009, 12, 129min) ★★★ SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 Coach Carter Fact-based sports drama with Samuel L Jackson. A high-school basketball coach creates a scandal when he suspends his undefeated team for failing to keep up their academic grades. (2004, 12, 136min) ★★★ SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Lee** Biographical drama starring Kate Winslet. (2023, 15, 117min) ★★★
2.30 **The Death of Stalin** Satire. (2017, 15, 106min) ★★★★
4.20 **to 6.15** AM **The Young Messiah** Biblical drama. (2016, 12, 111min) ★★

Sky Cinema Drama

310 310 410 510 524

6.15 AM **Turtles All the Way Down** Drama starring Isabela Merced. (2024, 12, 111min) ★★★★
8.15 **Oslo** Fact-based drama. (2021, 15, 118min) ★★★
10.15 **An Officer and a Gentleman**
12.25 PM **The Cut** Sports thriller. (2024, 12, 99min) ★★★
2.10 **About Time** Romantic comedy fantasy with Domhnall Gleeson. (2013, 12, 120min) ★★★
4.20 **Chicago** Oscar-winning screen version of the Broadway musical. (2002, 12, 112min) ★★★★
6.15 **About a Boy** Comedy drama based on the novel by Nick Hornby, starring Hugh Grant. (2002, 12, 101min) ★★★★
8.00 **The Shawshank Redemption** Prison drama starring Tim Robbins and Morgan Freeman. (1994, 15, 142min) ★★★★★
10.30 **Nuremberg** Thriller starring Russell Crowe and Rami Malek. (2025, 15, 148min) ★★★★★
1.05 AM **An Officer and a Gentleman** Romantic drama. (1981, 15, 125min) ★★★★
3.20 **to 6.30** AM **Horizon: An American Saga – Chapter 1** Western starring Kevin Costner, who also co-wrote and directed. (2024, 15, 181min) ★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.30 AM **Sky Cinema Preview**
7.15 **Timestalker** Fantasy comedy. (2024, 15, 89min) ★★★★
8.50 **Mickey 17** Sci-fi comedy. (2024, 15, 137min) ★★★
11.10 **Cloverfield** Offbeat disaster movie. (2007, 15, 81min) ★★★
12.40 PM **Gravity** Space thriller. (2013, 12, 91min) ★★★★★
2.20 **10 Cloverfield Lane** Thriller. (2016, 12, 103min) ★★★★
4.10 **Back to the Future Part II** Comedy adventure sequel. (1989, PG, 107min) ★★★
6.10 **Back to the Future Part III** Comedy adventure sequel. (1990, PG, 112min) ★★★★
8.00 **The Crazies** Horror remake starring Timothy Olyphant. (2010, 15, 101min) ★★★★
9.45 **28 Years Later** Danny Boyle's horror sequel with Jodie Comer. (2025, 15, 115min) ★★★★
11.45 **Die Alone** Horror thriller. (2024, 15, 91min) ★★★★
1.20 AM **The Running Man** Sci-fi fantasy adventure starring Arnold Schwarzenegger. (1987, 18, 101min) ★★★
3.05 **MaXXXine** Thriller starring Mia Goth. (2024, 18, 110min) ★★★
4.55 **to 6.45** AM **The Watched** Horror. (2024, 15, 102min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

6.40 AM **The Hobbit: The Battle of the Five Armies** Fantasy. (2014, 12, 144min) ★★★
9.10 **Hook** Fantasy. (1991, U) ★★★
11.35 **Paddington in Peru** Comedy. (2024, PG, 106min) ★★★★
1.30 PM **The Hobbit: An Unexpected Journey** (2012)
4.20 **Daddy Day Care** Comedy. (2003, PG, 92min) ★★★
6.00 **Pokemon: Detective Pikachu** Fantasy adventure. (2019, PG, 100min) ★★★★

6.00 Pokémon: Detective...

7.50 **Smurfs** Live-action animated musical fantasy comedy with the voices of Rihanna and James Corden. Papa Smurf is kidnapped by evil wizards. (2025, PG, 89min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

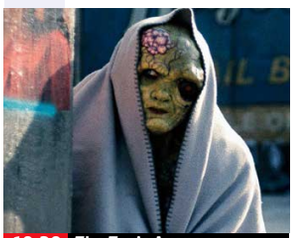
9.25 **The Hobbit: An Unexpected Journey** Peter Jackson's epic fantasy adventure based on JRR Tolkien's children's novel, starring Martin Freeman, Ian McKellen and Richard Armitage. (2012, 12, 165min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Harold and the Purple Crayon** Family adventure. (2024, PG, 87min) ★★★
2.00 **Spy Kids 2: Island of Lost Dreams** Action comedy sequel. (2002, U, 100min) ★★★★
3.50 **Jack the Giant Slayer** Fantasy. (2013, 12, 114min) ★★★
5.50 **to 7.20** AM **Pets on a Train** Animated family adventure. (2025, PG, 87min) ★★★

Sky Cinema Action

306 306 407 507 521

6.10 AM **Uncharted** Adventure. (2022, 12, 116min) ★★★
8.15 **The Amazing Spider-Man** Fantasy. (2012, 12) ★★★
10.40 **The Amazing Spider-Man 2** Fantasy adventure sequel. (2014, 12, 142min) ★★★
1.10 PM **Spider-Man** Fantasy. (2002, 12, 121min) ★★★★
3.20 **Spider-Man 2** Fantasy sequel. (2004, PG, 127min) ★★★★
5.35 **Spider-Man 3** Fantasy sequel. (2007, 12, 139min) ★★★



10.30 The Toxic Avenger

8.00 **Transformers** Sci-fi action adventure starring Shia LaBeouf, Tyrese Gibson and Josh Duhamel. A geeky teenager finds himself caught up in a titanic struggle between good and evil robots who are battling to recover their life source. (2007, 12, 144min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.30 **The Toxic Avenger** Horror comedy starring Peter Dinklage. A horrible toxic accident transforms a downtrodden janitor into a new evolution of hero. (2023, 18, 102min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Indiana Jones and the Kingdom of the Crystal Skull** Adventure. (2008, 12) ★★★
2.25 **Streetfighter** Action drama. (1994, 12, 102min) ★★
4.10 **to 6.10** AM **The Brothers Grimm** Fantasy adventure. (2005, 12, 118min) ★★★

Sky Cinema Comedy

308 308 408 508 522

7.30 AM **Miss Congeniality** Comedy. (2000, 12) ★★★★
9.25 **Miss Congeniality 2: Armed and Fabulous** (2005, 12) ★★
11.25 **Mean Girls** (2004, 12) ★★★★
1.05 PM **The Hangover** Comedy. (2009, 15, 99min) ★★★★
2.50 **The Hangover Part II** Comedy sequel. (2011, 15, 101min) ★★
4.35 **The Hangover Part III** Comedy sequel. (2013, 15, 100min) ★★
6.20 **Team America: World Police** Spoof. (2004, 15) ★★★★

6.20 Team America: World...

8.00 **Liar Liar** Comedy with Jim Carrey. An unscrupulous lawyer is forced to tell the truth for one day after his five-year-old son is granted his birthday wish. (1997, 12, 86min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

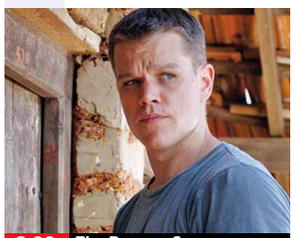
9.30 **Blades of Glory** Slapstick comedy starring Will Ferrell and Jon Heder. Two ice skating rivals who have been banned from the sport for life make a comeback by teaming up as the first all-male figure skating pair in history. (2007, 12, 93min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.05 **Beetlejuice Beetlejuice** Horror comedy. (2024, 12) ★★★★
12.55 AM **Sausage Party** Animation. (2016, 15, 89min) ★★★
2.30 **Blazing Saddles** Spoof. (1974, 12, 90min) ★★★★
4.05 **Caddyshack** Comedy. (1980, 15, 95min) ★★★
5.45 **to 7.10** AM **This Is Spinal Tap** Spoof. (1983, 15) ★★★★★

Sky Cinema Thriller

309 309 409 509 523

7.00 AM **Juror #2** Legal thriller. (2024, 12, 113min) ★★★★
9.00 **Vanilla Sky** Fantasy drama. (2001, 15, 136min) ★★★
11.25 **The Perfect Storm** Fact-based action drama. (2000, 12, 129min) ★★★★
1.40 PM **Ocean's Twelve** Thriller. (2004, 12, 125min) ★★★★
3.50 **Ocean's Thirteen** Thriller. (2007, PG, 122min) ★★★
5.55 **The Bourne Identity** Thriller. (2002, 12, 119min) ★★★★★



8.00 The Bourne Supremacy

8.00 **The Bourne Supremacy** Spy thriller sequel based on the novel by Robert Ludlum, starring Matt Damon. A former CIA assassin tries to discover why his enemies want to kill him. With Franka Potente. (2004, 12, 108min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

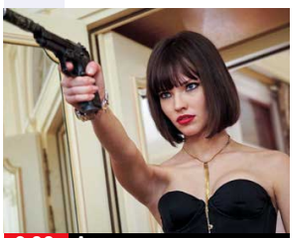
10.00 **American Gangster** Ridley Scott's epic crime drama starring Denzel Washington and Russell Crowe. A Harlem gangster makes a fortune from heroin in the 1970s but comes up against an incorruptible cop. (2007, 18, 157min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.40 AM **The Krays** Crime drama. (1990, 18, 119min) ★★★
2.45 **Speak No Evil** Horror. (2024, 15, 110min) ★★★★
4.40 **to 6.10** AM **The Desperate Hour** Mystery thriller. (2021, 12, 84min) ★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Broken Arrow** Western. (1950, PG, 93min) ★★★★
12.50 PM **Gun Fury** Western. (1953, U, 83min) ★★★
2.30 **Siege of the Saxons** Medieval action adventure starring Ronald Lewis and Janette Scott. (1963, U, 85min) ★★★
4.15 **Cleopatra** Epic historical drama starring Elizabeth Taylor and Richard Burton. (1963, PG, 241min) ★★★★



9.00 Anna

Cleopatra (film started at 4.15pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Anna** Action thriller starring Sasha Luss and Helen Mirren. A young Russian woman who is the victim of domestic abuse becomes a feared assassin for the KGB. With Luke Evans, Cillian Murphy and Lera Abova. (2019, 15, 118min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **Alita: Battle Angel** Sci-fi adventure starring Rosa Salazar and Christoph Waltz. In the 26th century, cyborg Alita is repaired by a kindly technician with a dark secret. (2019, 12, 117min) ★★★★
1.40 **to 3.30** AM **Sheroes** Comedy adventure starring Sasha Luss and Wallis Day. (2023, 18, 91min) ★★★

+1 hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema 5 Star Movies

302 302 402 502 516

6.00 AM **The Fugitive** As 1.55am.
8.15 **Black Bag** As 12.20am.
9.55 **The Day of the Jackal** Thriller. (1973, 15, 142min) ★★★★★
12.20 PM **Companion** Sci-fi horror. (2024, 15, 97min) ★★★★
2.05 **Mad Max 2** Thriller sequel. (1981, 18, 95min) ★★★★
3.50 **Full Metal Jacket** Stanley Kubrick's Vietnam War drama. (1987, 15, 115min) ★★★★
5.50 **Cool Hand Luke** Prison drama. (1967, 15, 126min) ★★★★★
8.00 **Sinners** Horror starring Michael B Jordan. Twin brothers return to their hometown, and find a dark force waiting to welcome them back. (2025, 15, 132min) ★★★★
10.20 **Final Destination: Bloodlines** Supernatural horror starring Kaitlyn Santa Juana. Plagued by a recurring nightmare, a student returns home to save her family from a horrific fate. (2025, 15, 110min) ★★★★
12.20 AM **Black Bag** Spy thriller starring Michael Fassbender. (2024, 15, 94min) ★★★★
1.55 **The Fugitive** Action thriller starring Harrison Ford. (1993, 15, 128min) ★★★★★
4.05 **The Cinema List: Video Games**
4.30 **to 6.40** AM **Cool Hand Luke**

Sky Cinema Greats

307 307 404 504 518

6.20 AM **The Italian Job** Crime caper. (1969, PG, 100min) ★★★★★
8.10 **The Warriors** As 3.30am.
9.50 **Shenandoah** As 5.10am.
11.40 **Raiders of the Lost Ark** Steven Spielberg's adventure. (1981, PG, 115min) ★★★★★
1.40 PM **Indiana Jones and the Temple of Doom** Steven Spielberg's action adventure. (1984, PG, 118min) ★★★
3.40 **Indiana Jones and the Last Crusade** Steven Spielberg's adventure with Harrison Ford. (1989, PG, 127min) ★★★★★
5.50 **Jaws** Steven Spielberg's thriller starring Roy Scheider, Robert Shaw and Richard Dreyfuss. (1975, 12, 125min) ★★★★★
8.00 **Jaws 2** Adventure thriller sequel starring Roy Scheider, Lorraine Gary and Murray Hamilton. (1978, PG, 115min) ★★★
10.00 **Jaws 3** Shark attack adventure sequel. (1983, 12, 99min) ★★
11.40 **Interview with the Vampire** Horror with Tom Cruise and Brad Pitt. (1994, 18, 122min) ★★★★
1.45 AM **The Italian Job** As 6.20pm.
3.30 **The Warriors** Urban thriller. (1979, 15, 94min) ★★★
5.10 **to 7.00** AM **Shenandoah** Western. (1965, PG) ★★★★

Sky Cinema Animation

312 315 405 500 514

7.15 AM **Pil's Adventures** (2021)
9.00 **The Secret Life of Pets** Animated family adventure. (2016, U, 83min) ★★★
10.40 **Rebellious** As 7.15pm.
12.30 PM **Antz** Animated comedy. (1998, PG, 83min) ★★★
2.10 **Paws of Fury: The Legend of Hank** Animated comedy with the voice of Michael Cera. (2022, PG, 98min) ★★★
4.00 **The Secret Life of Pets 2** Animated adventure sequel. (2019, U, 86min) ★★★
5.35 **Pil's Adventures** Animated adventure. (2021, U, 89min) ★★
7.15 **Rebellious** Animated fantasy adventure featuring the voice of Vanessa Johansson. (2024, PG, 94min) ★★★
9.00 **Scarygirl** Animated fantasy. (2023, PG, 90min) ★★★
10.40 **Fox and Hare Save the Forest** Animated family adventure. (2024, U, 71min) ★★★
12.05 AM **Rock Dog** Animation. (2016, PG, 90min) ★★★
1.45 **Deep Sea** Animated adventure. (2023, PG, 112min) ★★★
3.45 **Paws of Fury: The Legend of Hank** As shown at 2.10pm.
5.35 **to 7.20** AM **Sneaks** Animated comedy. (2025, PG, 92min) ★★

Disney+ Cinema

305

6.00 AM **Bambi** Classic cartoon. (1942, U, 69min) ★★★★★
7.20 **Pocahontas** Animation. (1995, U, 81min) ★★★
8.40 **Confessions of a Shopaholic** Comedy. (2008, PG) ★★★
10.30 **The Aristocats** Animation. (1970, U, 78min) ★★★★★
11.50 **Inspector Gadget** Live-action adaptation of the cartoon series. (1999, U, 77min) ★★★
1.15 PM **The Princess Diaries** Comedy. (2001, U, 115min) ★★★
3.15 **Monsters, Inc** Animation. (2001, U, 95min) ★★★★★
4.50 **Percy Jackson & the Lightning Thief** Fantasy adventure. (2010, PG, 114min) ★★★
6.50 **National Treasure** Adventure. (2004, PG, 131min) ★★★★
9.00 **Freaky Friday** Fantasy comedy remake starring Jamie Lee Curtis. (2003, PG, 97min) ★★★
10.40 **Iron Man** Action adventure. (2008, 12, 120min) ★★★★
12.45 AM **Let's Be Cops** Comedy. (2014, 15, 101min) ★★
2.35 **Black Swan** Psychological thriller. (2010, 15, 108min) ★★★
4.25 **Toy Story** Animated adventure. (1995, PG, 77min) ★★★★★
5.45 **to 6.00** AM **Myth: A Frozen Tale** Animated short.

Talking Pictures

328 445 82 306 36

6.00 AM **Emergency Call** Thriller. (1952, b/w, U, 90min) ★★
7.45 **To Have and to Hold** Drama. (1950, b/w, PG, 63min) ★★★
9.00 **The Red House** Thriller. (1947, b/w, PG, 100min) ★★★
11.00 **Poldark** Historical drama. (1996, PG, 102min) ★★
1.05 PM **Edgar Wallace Mystery Theatre** *Playback:* 4/6. (S3)
2.15 **The Adventures of Robin Hood**
2.45 **Last Holiday** Comedy drama. (1950, b/w, U, 88min) ★★★
4.30 **The Cheaters** 8/12. (S1)
5.00 **Cactus Flower** Romantic comedy. (1969, PG, 103min) ★★★
7.00 **Z Cars** 33/42. (S2)
8.00 **Public Eye** 6/7. (S4)
9.05 **The Reckless Moment** Thriller. (1949, b/w, 12, 79min) ★★★
10.45 **Cellar Club with Caroline Munro**
10.50 **The Omega Factor** 1/10. (S1)
11.50 **Cellar Club with Caroline Munro**
11.55 **A Saint, a Woman, a Devil** Drama. (1977, 18, 92min) ★★★
1.45 AM **Cellar Club with Caroline...**
1.50 **Too Young to Love** Courtroom drama starring Thomas Mitchell. (1960, b/w, 12, 84min) ★★★
3.30 **As Long as They're Happy** Musical. (1955, U, 91min) ★★★
5.20 **Look at Life**
5.30 **to 6.00** AM **Out of Town**

FRIDAY Sport

24 April

Friday

Sky Sports Main Event

401 401 501 419 439

6.00 AM LIVE **DP World Tour Golf** Coverage of day two of the Volvo China Open staged at Shanghai Enhance Anting Golf Club.
10.30 LIVE **WTA & ATP Tennis** Coverage of the fourth day of the Madrid Open, a clay-court tournament at La Caja Mágica.
4.00 PM LIVE **LPGA Tour Golf** Coverage of the first session on the second day of the Chevron Championship at Memorial Park Golf Course in Houston, Texas.
7.30 LIVE **FNF** **Sunderland v Nottingham Forest.** Coverage of the Premier League encounter at the Stadium of Light. Kick-off is at **8.00pm**.
10.30 LIVE **PGA Tour Golf** Round two of the Zurich Classic of New Orleans held at TPC Louisiana.
11.00 LIVE **LPGA Tour Golf** The second session on day two of the Chevron Championship.
1.00 AM **NFL Draft** The second and third round of selections.
4.00 **Sky Sports News**
5.30 **to 6.00** AM LIVE **DP World Tour Golf** Coverage of the third day of the Volvo China Open.

Sky Sports Premier League

402 402 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League Icons**
9.00 **Premier League Stories**
9.30 **The Big Interview**
10.00 **Sky Sports FC**
12.00 NOON **Total Football**
4.00 PM **Fantasy Show**
4.30 **Premier League Preview**
5.00 **Premier League Friday**
7.00 **Premier League Preview**
7.30 LIVE **FNF** **Sunderland v Nottingham Forest.** The Premier League match from the Stadium of Light. Sunderland claimed a 1-0 win in September's reverse fixture and they have a strong home record this term so will fancy their chances of another win. Kick-off **8.00pm**.
10.30 **Premier League Stories**
11.00 **The Big Interview**
11.30 **Netbusters** Recent action.
12.00 M'T **FNF** Highlights from Sunderland v Nottingham Forest.
12.30 AM **Premier League Stories**
1.00 **PL Retro** Birmingham City v Aston Villa from 2002.
3.00 **PL Greatest Games**
4.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 503 421 441

6.00 AM **EFL Cup Retro**
8.45 **EFL Greatest Games**
10.00 **Championship Season Review**
11.00 **EFL Rivalries**
12.00 NOON **EFL Highlights**
12.30 PM **Bundesliga Weekly**
1.00 **EFL League One Goals**
1.30 **EFL League Two Goals**
2.00 **EFL Highlights**
4.00 **Bundesliga Weekly**
4.30 **EFL League One Goals**
5.00 **EFL League Two Goals**
5.30 **EFL Highlights** Championship.
6.00 **Bundesliga Weekly**
6.30 **EFL Highlights**
7.30 LIVE **EFL** **Leicester City v Millwall.** The Championship match staged at the King Power Stadium. Both these teams are in need of points, with Leicester battling to avoid the drop and the Lions aiming to win promotion. Kick-off **8.00pm**.
10.30 **EFL Greatest Games**
12.00 M'T **EFL Cup Retro**
2.00 AM **There's Only One Sauzee**
2.30 **Dundee United: Champions 83**
3.00 **EFL Greatest Games**
4.00 **Championship Season Review**
5.00 **Best Goals: EFL Cup 2022/23**
5.30 **to 6.00** AM **EFL Trophy**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **IPL** T20 highlights.
10.50 LIVE **County Championship Cricket** **Surrey v Essex.** Coverage of day one of the Division One match at Kia Oval in London. Surrey finished last season as runners-up to Nottinghamshire, while Essex ended the campaign in sixth place.
2.50 PM LIVE **IPL** **Royal Challengers Bengaluru v Gujarat Titans.** The T20 match held at M. Chinnaswamy Stadium. The Royal Challengers are the reigning champions, and the Titans were defeated by Mumbai Indians in last year's Eliminator.
7.00 **Best of ICC WT20**
8.00 **IPL** Highlights from Mumbai Indians v Chennai Super Kings. **9.00** Royal Challengers Bengaluru v Gujarat Titans. **10.00** Highlights from Lucknow Super Giants v Rajasthan Royals. **11.00** Royal Challengers Bengaluru v Gujarat Titans.
12.00 M'T **Best of ICC WT20**
12.30 AM **IPL** A chance to see the T20 match between Royal Challengers Bengaluru and Gujarat Titans.
4.45 **to 6.00** AM **Best of ICC WT20**

Sky Sports Golf

406 406 506 423 443

6.00 AM LIVE **DP World Tour Golf** Day two of the Volvo China Open at Shanghai Enhance Anting Golf Club.
10.30 **Chronicles of a Champion Golfer** A profile of Nick Faldo.
11.00 **Scotland's Greatest Golf Holes**
11.30 **Trey's Tips** Golf advice.
11.45 **PGA Tour Champions**
12.45 PM **LPGA Tour Golf**
1.45 LIVE **PGA Tour Golf** The featured groups on day two of the Zurich Classic of New Orleans from TPC Louisiana in Avondale.
4.00 LIVE **LPGA Tour Golf** The first session on day two of the Chevron Championship at Memorial Park Golf Course in Houston, Texas.
8.00 LIVE **PGA Tour Golf** Day two of the Zurich Classic of New Orleans from TPC Louisiana in Avondale.
11.00 LIVE **LPGA Tour Golf** The second session on day two of the Chevron Championship staged at Memorial Park Golf Course.
1.00 AM **PGA Tour Champions**
2.00 **PGA Tour Golf** Zurich Classic.
4.00 **Golf Academy**
5.00 **School of Golf**
5.30 **to 6.00** AM LIVE **DP World Tour Golf** Coverage of the third day of the Volvo China Open.

TNT Sports 1

410 413 521 408 430

6.00 AM **Football** Action and features.
7.30 **WRC: More Than Machine**
8.00 LIVE **World Rally Championship** Special stage two of the Rally Islas Canarias.
10.15 **TNT Sports Reload**
10.30 LIVE **AFL** **Richmond Tigers v Melbourne Demons.** Bounce-up **10.40am**.
1.30 PM **Premier League**
2.15 LIVE **Snooker World Championship** Coverage of the second round on day seven.
5.30 **TNT Sports Reload**
5.45 **Serie A – Full Impact**
6.15 **TNT Sports Reload**
6.30 **Premier League Preview**
7.00 LIVE **Gallagher PREM** **Newcastle Red Bulls v Bristol Bears.** Kick-off **7.45pm**.
10.00 **UEFA Champions League**
10.30 **MLB Highlights**
12.00 M'T LIVE **MLB** **Atlanta Braves v Philadelphia Phillies.** Start-time **12.15am**.
3.00 AM **MLB** Baseball action.
4.00 **Serie A** Napoli v Cremonese.
5.00 **MotoGP** Grand Prix of Spain.
5.30 **to 6.00** AM **World Rally Championship**

TNT Sports 2

411 414 522 409 431

6.00 AM **World Superbike Highlights**
7.00 **MotoGP Highlights**
8.00 LIVE **MotoGP** The Grand Prix of the Spain MotoGP, Moto2 and Moto3 first free practice sessions.
10.45 **MotoGP** Highlights.
12.15 PM LIVE **MotoGP** The Grand Prix of the Spain MotoGP, Moto2 and Moto3 first practice sessions.
3.15 **Race Bikes** Mountain Bike racing.
3.45 **Inside Serie A**
4.15 **Ally's Social Club**
5.00 **Premier League**
5.45 LIVE **World Rally Championship** Special stage seven of the Rally Islas Canarias.
7.00 **Inside Serie A**
7.30 LIVE **Serie A** **Napoli v Cremonese.** Coverage from Stadio Diego Armando Maradona. Kick-off **7.45pm**.
9.45 **MotoGP** Grand Prix of Spain.
10.15 **Discovery Golf**
10.45 **TNT Sports Reload**
11.00 **World Rally Championship**
11.30 **Isuzu UTE A-League**
12.30 AM **The Gallagher PREM**
1.30 **AFL** Recent action.
3.00 **to 6.00** AM LIVE **AFL** **Hawthorn Hawks v Gold Coast Suns.** Bounce-up **3.15am**.

Sky Sports Action

412 410 510 426 446

6.00 AM **Super League Highlights**
7.45 **World Club Challenge**
8.00 **Super League Highlights**
8.30 LIVE **Super Rugby** **Crusaders v NSW Waratahs.** The match from the 11th round of fixtures at One NZ Stadium in Christchurch. Kick-off **8.35am**.
10.30 **Super League Highlights**
11.00 LIVE **NRL** **Brisbane Broncos v Canterbury-Bankstown Bulldogs.** Coverage of the match from the eighth round of fixtures at Suncorp Stadium. Kick-off **11.00am**.
1.00 PM **Good Morning Football**
3.00 **NFL Highlights** Action from Denver Broncos v Buffalo Bills.
4.00 **Super League Highlights**
5.00 **NBC's Pro-Football Talk**
7.00 **NFL Draft Kick-Off** A look ahead to day two of the NFL draft.
12.00 M'T **NFL Draft** The second and third round of selections held in Pittsburgh, Pennsylvania.
4.00 AM **Super League Highlights**
4.45 **NFL Bitesize Highlights**
5.00 **Super Bowl LX** Seattle Seahawks v New England Patriots.
5.15 **to 6.00** AM **NFL Bitesize Highlights**

Sky Sports Sky Sports+

404 404 504 427 447

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
8.30 LIVE **Super Rugby** **Crusaders v NSW Waratahs.** The match from the 11th round of fixtures at One NZ Stadium in Christchurch. Kick-off **8.35am**.
10.30 **Sky Sports FC**
10.50 LIVE **County Championship Cricket** **Surrey v Essex.** Coverage of the opening day of the Division One match staged at Kia Oval in London. Surrey finished last season as runners-up to Nottinghamshire, while Essex ended the campaign in sixth place.
6.00 PM **Premier League Friday**
7.00 **Sports Centre**
7.30 LIVE **Super League** **Warrington Wolves v Wigan Warriors.** Coverage of the top-flight match from Halliwell Jones Stadium. Kick-off **8.00pm**.
10.15 **EFL Greatest Games**
10.30 **Back Pages Tonight**
11.00 **Sky Sports News**
12.00 M'T **EFL Greatest Games**
2.00 AM **Super League** Warrington Wolves v Wigan Warriors.
4.45 **to 6.00** AM **EFL Greatest Games**

Sky Sports Tennis

408 408 508 425 445

6.00 AM **WTA & ATP Tennis**
10.00 LIVE **WTA & ATP Tennis** Coverage of day four of the Madrid Open at La Caja Mágica, featuring matches in the second round of the men's and women's draws. The number one seed at last year's tournament, Alexander Zverev, got his quest for the title underway at this stage with a win over Roberto Bautista Agut.
11.00 PM **ATP Tennis** Miami Open.
12.00 M'T **ATP & WTA Tour Classics**
1.00 AM **US Open Classic Matches**
2.00 **WTA & ATP Tennis**
3.00 **US Open Classic Matches**
4.00 **ATP & WTA Tour Classics**
5.00 **to 6.00** AM **ATP Tennis**

Sky Sports Mix

416 412 511 429 449

6.00 AM **EFL Greatest Games**
7.00 **Premier League Darts**
11.00 **EFL Greatest Games**
11.30 **ATP Tennis** Monte-Carlo Masters.
12.30 PM LIVE **Ladies European Tour Golf** Day two of the Investec South African Women's Open at Royal Cape Golf Club, Cape Town.
4.30 **EFL Greatest Games**
5.00 **ATP Tennis** Recent finals.
7.00 **NFL Draft Kick-Off**
12.00 M'T **NFL Draft** The second and third round of selections.
4.00 AM **One Championship Weekly**
4.30 **to 6.00** AM **Greatest Games**

TNT Sports 3

413 415 523 410 432

6.00 AM **Football** Highlights.
7.45 **The Gallagher PREM**
8.00 **Snooker World Championship**
10.00 LIVE **Snooker World Championship** Coverage of the second round on day seven.
1.00 PM **MLB Highlights**
2.00 **TNT Sports Reload**
2.15 LIVE **Snooker World Championship** Further coverage from Sheffield's Crucible Theatre.
5.30 **Fencing Grand Prix**
6.30 LIVE **Snooker World Championship** Continued coverage of the seventh day.
10.00 **Cycling** News and highlights.
11.30 **Race Bikes** Mountain Bike racing.
12.00 M'T **MotoGP** Grand Prix of Spain.
12.30 AM **Inside Serie A**
1.00 **Snooker World Championship**
3.00 LIVE **A-League Women** **Canberra United v Melbourne Victory.** The Elimination Final.
5.00 **The Cycling Show**
5.30 **to 6.00** AM **Race Bikes**

TNT Sports 4

414 416 524 411 434

6.00 AM **AFL** Recent action.
7.30 **Golf** Highlights and news.
9.00 **TNT Sports Reload**
9.15 **Men's Cycling Pro Series**
11.15 LIVE **World Rally Championship** Special stage four of the Rally Islas Canarias.
12.30 PM LIVE **Men's Cycling Pro Series** Coverage of the fifth and final stage of the Tour of the Alps.
2.30 LIVE **World Rally Championship** Special stage five of the Rally Islas Canarias.
4.45 **Supercars Championship**
6.45 **FIA World Endurance Championship Highlights**
7.45 **WRC: More Than Machine**
8.15 LIVE **World Rally Championship** Special stage eight of the Rally Islas Canarias.
10.00 **AFL** Recent action.
11.30 **Supercars Championship**
1.30 AM **Serie A** Napoli v Cremonese.
2.30 **World Rally Championship**
3.00 **to 6.00** AM **Motocross**

Premier Sports 1

419 551

6.00 AM **Eredivisie** PSV v PEC Zwolle.
8.00 **Coppa Italia** Inter Milan v Como.
10.00 **Top 14 Rugby Union Highlights**
10.30 **European Le Mans Series**
11.00 **LaLiga** A match replay.
1.00 PM **NASCAR Highlights**
2.00 **NHL Tonight** Play-off preview.
3.00 **LaLiga Match Highlights**
4.30 **Top 14 Rugby Union Highlights**
5.00 **Champions Cup Highlights**
6.00 **URC in 60** Recent action.
7.00 LIVE **United Rugby Championship** **Edinburgh v Sharks.** Coverage of the match staged at Hive Stadium. Kick-off **7.45pm**.
10.00 **URC SEND IT**
10.40 **LaLiga Match Highlights**
11.00 **NASCAR Highlights** Action from the AdventHealth 400.
12.00 M'T LIVE **NHL Ice Hockey** Coverage of a play-off game.
3.00 AM **Sporting Countdowns**
3.30 **to 6.00** AM **United Rugby Championship**

Premier Sports 2

420 552

6.00 AM **Football's Greatest**
6.30 **LaLiga** Las Palmas v Alavés.
8.30 **NHL Ice Hockey** Action from a play-off match.
10.30 **LaLiga** Another chance to see Rayo Vallecano v Real Sociedad. **12.30** PM Another chance to see Atlético Madrid v Barcelona.
2.30 **Temples of Sport**
3.30 **United Rugby Championship** A chance to see Dragons v Bulls. **5.30** Edinburgh v Zebre Parma.
7.30 LIVE **United Rugby Championship** **Zebre Parma v Dragons.** Coverage from Stadio Sergio Lanfranchi. Kick-off **7.45pm**.
9.45 **Champions Cup Highlights** Action from the quarter-finals.
10.45 **Africa Eco Race**
11.00 **LaLiga** Athletic Club v Osasuna.
1.00 AM **Football's Greatest**
2.00 **NHL Tonight** Top 10 players.
3.00 **to 6.00** AM LIVE **NHL Ice Hockey** A play-off match.

Sky Sports F1

407 407 507 424 444

6.00 AM **Formula 1** Highlights.
10.00 **Formula 3** Australian Grand Prix.
11.00 **Formula 2** From Australia.
12.30 PM **Formula 1** Australian GP.
2.35 **Ted's Notebook**
3.05 **Oscar Piastri Drives a Supercar**
3.30 **F1 Academy Highlights**
5.30 **Formula 1** Chinese Grand Prix.
6.30 **Ted's Notebook**
7.00 **Formula 1** Chinese Grand Prix.
9.20 **Ted's Notebook**
9.50 **Gabriel Bortoleto IV**
10.00 **Formula 1** Japanese Grand Prix.
12.15 AM **Ted's Notebook**
12.45 **F1 Feature**
1.00 **The Best of Australia & China**
2.00 **F1 Explained**
3.00 **The Best of Australia & China**
4.00 **F1 Explained**
5.00 **to 6.00** AM **The Best of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

KIDS WATCHLIST

Great shows for young viewers (from tots to teens) on linear TV and streaming

BBC iPLAYER Balamory

Weekdays, 5pm, CBeebies & BBC iPlayer

What's the story in Balamory? After a break of 20 years – we are all eager to find out! And, never fear, nursery teacher Miss Hoolie (Julie Wilson Nimmo, right) is back too.

The brand new series will combine familiar faces with a host of new townsfolk – alongside stories, comedy, songs and adventures all designed for a preschool audience.

Brand new characters include local vet Dr Ollie (Carl Spencer), who lives with his two children, Harbour Master (William Andrews) and scientist Ava Potts (Danielle Jam) – who has some big shoes to fill, she replaces Archie the inventor!

tv My Brother the Minotaur

Friday, Apple TV

This animated series focuses on a young minotaur – half boy, half bull –who was raised in the human world.

With the help of his human brother, he recruits a group of his friends to investigate the mystery of his past and fulfil his destiny – all the while battling dark forces that are determined to see him fail.

More great shows to watch this week...

Blue Peter's Northern Ireland Adventure

Friday, 5pm, CBBC & BBC iPlayer

Joel learns how potatoes are turned into tasty crisps, while Shini cares for horses before saddling up for a ride.

The Lady Grace Mysteries NEW

Mon&Tue, 5pm, CBBC & BBC iPlayer

The teen detective, who works as a spy for Queen Elizabeth I, investigates after the Crown of St Benedict is stolen from inside a guarded room.

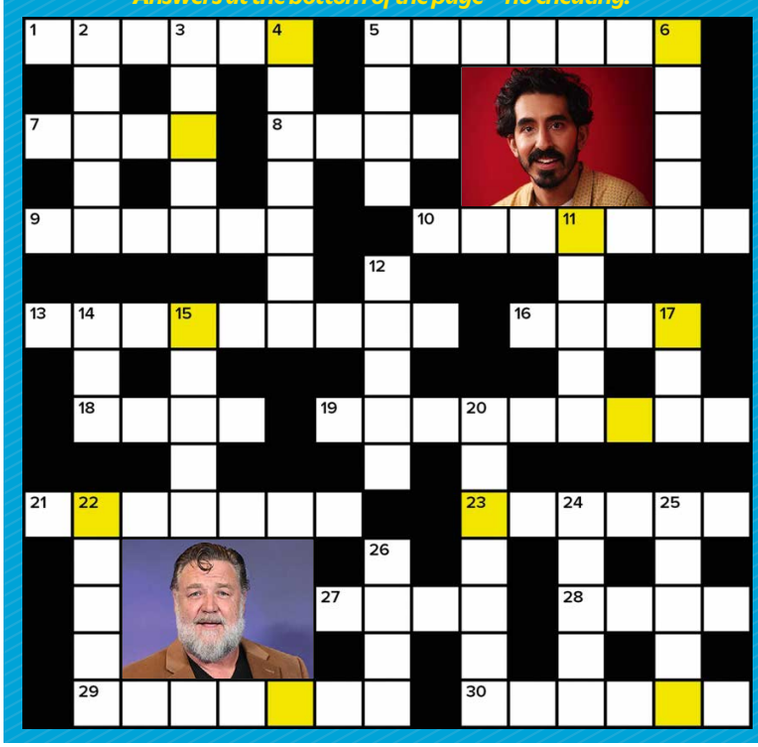
Earth Day: Live Lesson NEW

Wednesday, 11am, CBBC

Megan McCubbin and Ade Adepitan set pupils a mission to help band manager Hacker T Dog put on a low-carbon concert.

CROSSWORD

Solve the clues in our just-for-fun crossword puzzle and re-arrange the shaded squares so the letters spell out British actor (7,4). Answers at the bottom of the page – no cheating!



ACROSS

1 Tears for Fears hit (6)
5 See picture clue: *Gladiator* star, ------- Crowe (7)
7 Actor in 007 film *Skyfall*, Dame ---- Dench (4)
8 TV host, ---- Roslin (4)
9 Actor in *New Amsterdam*, ------ Agyeman (6)
10 Lucy -------, *Xena: Warrior Princess* star (7)
13 Dawn French's role in hit sitcom *The Vicar of Dibley*, ---------- Granger (9)
16 Marvel film, *Spider-Man: Far ---- Home* (4)
18 Hit 1984 Phil Collins song, *Against All ---- (Take a Look at Me Now)* (4)
19 Vicki Pepperdine's role in *Worzel Gummidge* (4,5)
21 1990s crime drama that starred Clive Owen (7)
23 1980 Star Wars film, *The* ------ *Strikes Back* (6)
27 US actor, ---- Pitt (4)
28 ---- Jones, English star of the 2016 movie remake of *Dad's Army* (4)
29 Dame Patricia Routledge comedy series, ------- *up Appearances* (7)
30 ------ Emmerich, director of *Moonfall* (6)

DOWN

2 Late *Blade Runner* actor, Rutger ----- (5)
3 *Joyful* -----, musical movie starring Queen Latifah (5)
4 British film and TV series starring Vicky McClure, *This Is* ------- (7)
5 ---- Rose, star of film *John Wick: Chapter 2* (4)
6 Jamie -----, Warren Fox in E4 soap *Hollyoaks* (5)
11 ----- Luft, actor daughter of Judy Garland (5)
12 Guitarist with rock band AC/DC, ----- Young (5)
14 *The* --- *Has Landed*, hit 1999 Robbie Williams compilation album (3)
15 Actor who starred in *Benny &Joon*, ----- Quinn (5)
17 Comedian and TV host, --- Giedroyc (3)
20 *The Voyage of the Dawn* -------, Narnia sequel (7)
22 *Frida* star, Salma ----- (5)
24 See picture clue: *Skins* and *Slumdog Millionaire* actor, Dev ----- (5)
25 Swedish songwriter and singer of hit 2010 track *Dancing on My Own* (5)
26 1975 Roxy Music hit, *Love Is the* ---- (4)

CROSSWORD SOLUTION

ANSWER: Melanie Hill **ACROSS:** 1 Change 5 Russell 7 Judi 8 Gaby 9 Freema 10 Lawless 13 Geraldine 16 From 18 Odds 19 Aunt Sally 21 Chancer 23 Empire 27 Brad 28 Toby 29 Keeping 30 Roland **DOWN:** 2 Hauer 3 Noise 4 England 5 Ruby 6 Lomas 11 Lorna 12 Angus 14 Ego 15 Aidan 17 Mel 20 Treader 22 Hayek 24 Patel 25 Robyn 26 Drug

We are committed to only using magazine paper that is derived from responsibly managed, certified forestry and chlorine-free manufacture. The paper in this magazine was sourced and produced from sustainable managed forests, conforming to strict environmental and socioeconomic standards.

Recycle

WORDS: JAMES AVANN. PHOTOS: GETTY, BBC, APPLE TV

Coming soon

Clement and Walker as the ill-fated friends

Alice and Steve

Jemaine Clement and Nicola Walker star in a comedy about the destruction of a long friendship

FIRST LOOK

A pair of previously tight-knit best pals become sworn enemies in Disney+'s upcoming comedy drama *Alice and Steve*.

The six-part series, airing later this year and penned by Sophie Goodhart, sees Nicola Walker play Alice, who has been mates with Steve (Jemaine Clement) for decades, but tensions arise when she shockingly finds out that he is dating her 26-year-old daughter Izzy (Yali Topol Margalith).

As Alice tries to put an end to the romance, which she views as a terrible betrayal, Steve goes all out to defend his actions, and a bitter vendetta ensues, leading their friendship to fall apart in a spectacular fashion.

EAGER ADVERSARIES

Joel Fry co-stars as Alice's husband Daniel, while Marcia Warren is her mum Val, and Tyrese Eaton-Dyce is her son Dom. Eilidh Fisher and Ebony Aboagye also appear.

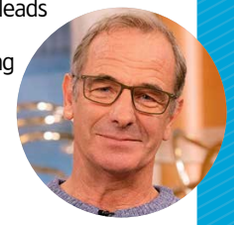
'I'm thrilled to be stepping into the fabulous world of friendship, motherhood, marriage, frantic revenge and fierce love that Sophie Goodhart has created, and to be doing it with Jemaine Clement is completely joyful!' says Walker.

'I really relate to Steve – he's classy, stylish and an all-round good guy – except for when he isn't,' adds Clement. 'I'm excited to be working with the wonderful Nicola Walker and seeing how Steve and Alice's relationship descends into absolute chaos.'

WHAT'S NEXT FOR...

Robson Green

The actor will star in BBC1's eight-part drama **The Northumbria Mysteries** as Joe Ruby, who leads a haphazard life but ends up joining a savvy Oxford-educated cop to solve crimes in the north-east of England.



Gabrielle Creevy

In BBC1's four-part drama **The Witch Farm**, inspired by real events, the actor will team up with Michael Socha to play a couple who move to a Welsh farmhouse and are plagued by apparent paranormal activity.

Coming Back

For a new run of BBC1's genealogy show **Who Do You Think You Are?**, airing later this spring, Toby Jones (pictured), Dame Harriet Walter, Amy Dowden, Adeel Akhtar and Zoe Ball are among those exploring their family trees.

BBC1 crime drama **Lynley** will return for a second series as cop duo Thomas Lynley (Leo Suter) and Barbara Havers (Sofia Barclay) investigate fresh cases including deaths at a horse-racing estate and a military base.

Next week

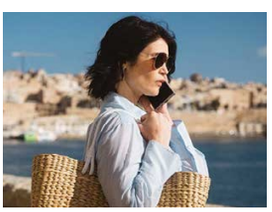
On sale Tuesday 21 April

The Cage

Michael Socha and Sheridan Smith star in BBC1's drama about casino workers in hot water.

Prisoner

A convict (Tahar Rahim) and his prison escort (Izuka Hoyle) come under fire in Sky Atlantic's thriller.



Secret Service

Gemma Arterton plays an MI6 agent investigating claims about a top politician in ITV1's drama.

Widow's Bay

Apple TV's drama sees Matthew Rhys as the mayor of a US island town beset by strange events.

TV&Satellite week

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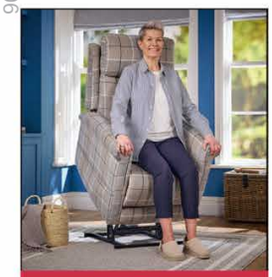

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